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# HIV RISK-RELATED BEHAVIORS AND WILLINGNESS TO USE PRE-EXPOSURE PROPHYLAXIS AMONG BLACK AMERICANS WITH AN ARREST HISTORY ASSOCIATION BETWEEN HIV TESTING AND HIV-RELATED RISK BEHAVIORS AMONG US-BORN AND NON-US BORN BLACK INDIVIDUALS LIVING IN THE US

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# PAPER 1

# HIV RISK-RELATED BEHAVIORS AND WILLINGNESS TO USE PRE-EXPOSURE PROPHYLAXIS AMONG BLACK AMERICANS WITH AN ARREST HISTORY

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#### Abstract

**Objective:** Black individuals in the U.S. are arrested and incarcerated at a significantly higher rate than White individuals, and incarceration is associated with increased HIV vulnerability. Pre-exposure prophylaxis (PrEP) reduces the risk for HIV transmission, but little is known about the relationship between HIV risk behavior and willingness to use PrEP among black individuals with an arrest history. Method: 868 individuals completed a nationally representative survey and provided baseline data on sexual risk. Participants were grouped as those with a history of arrest (N= 226) and those with no history of arrest (N=619) based on self-reported arrest history. Our study examined HIV risk behaviors associated with willingness to use PrEP between those with arrest history and those without arrest history. Results: Participants with an arrest history were more likely to have a lifetime history of anal sex (p<0.0001) and sexually transmitted diseases (p=0.0007). A history of multiple sexual partners in the past 3 months was associated with PrEP willingness in individuals with an arrest history [aPR 2.61 (1.77, 3.85), p<0.0001], adjusting for other covariates in the model. **Conclusions:** Differences in risk behavior and willingness to use PrEP exist by arrest history. Understanding these risk behaviors are necessary to increase access to PrEP. PrEP uptake and adherence interventions, when recommended and made available for individuals at substantive risk of HIV infection at the time of arrest and during incarceration, are essential to reducing the spread of HIV in correctional facilities and in communities to which they return.

Keywords: HIV risk; PrEP; Willingness; Arrest history; Correctional facilities

# Introduction

HIV prevalence is 5 times higher among prison inmates than in the general population (1). Prior studies suggest that, compared with individuals with no criminal justice (CJ) involvement, individuals with histories of arrest and incarceration are more likely to report higher rates of sexually transmitted diseases (STDs), multiple sexual partners, inconsistent condom use, and are more likely to report drug use during sex (2–7). Individuals who have a history of arrest also have higher rates of mental health challenges, which increase their risk of substance use disorder and other HIV risk behaviors (8,9).

CJ settings present an important opportunity to provide and link at-risk individuals to PrEP services. Individuals who frequently come into contact with CJ systems are those from populations with a higher risk of HIV infection (i.e., people who inject drugs, black men who have sex with men, commercial sex workers) (10–15). HIV risk is substantially high upon release from prisons or jails, during re-entry to the community, when they face numerous competing risks such as substance use relapse, unstable housing, unemployment, lack of health insurance, loss of social support, stigma and discrimination, and untreated psychiatric disorders (16). These intersecting risks, exacerbated by involvement with the CJ systems, make it crucial to engage these subpopulations in HIV prevention interventions at the time of arrest, during incarceration, and during community re-entry.

Pre-exposure prophylaxis (PrEP) can dramatically reduce rates of HIV transmission if taken daily by HIV-negative individuals. The U.S. Food and Drug Administration (FDA) approved the use of emtricitabine/tenofovir disoproxil fumarate (Truvada) and

emtricitabine/tenofovir alafenamide (Descovy) in 2012 and 2019 respectively as PrEP for the prevention of HIV infection. The World Health Organization (WHO) has also recommended PrEP as part of comprehensive HIV prevention for key populations at risk of HIV infection (17,18), which includes adults with criminal justice involvement (19). Despite these recommendations, implementing PrEP in criminal justice settings and during community re-entry for individuals at high risk remains low (20,21). PrEP's optimal impact among inmates and subpopulations they intersect with after release depends on its awareness, acceptability, uptake, and adherence.

In the U.S., more than 10 million individuals are arrested per year (22). Given the higher risk for undiagnosed HIV infection within this population, routine HIV testing has been suggested during the intake process (23). HIV testing has been implemented successfully in several intake settings and has led to earlier diagnosis and treatment (24,25). The provision of an HIV test ensures the identification of PrEP candidates. Understanding best practices for PrEP screening and linkage during the course of an individual's CJ involvement is essential. This could happen at the time of arrest, during the first medical visit, or during re-entry to the community. Thus, the purpose of our study was to determine willingness to use PrEP among a national sample of black individuals with an arrest history, many of whom are at high risk and would benefit from PrEP use during initial contact with the CJ system.

## Methods

## Study Sample and Data Collection

Data for this study were drawn from the National Survey on HIV in the Black Community (NSHBC), a nationally representative survey of Black/ African-Americans in the U.S.

(26). The survey was conducted from February to April 2016. Participants were drawn from a probability-based web panel designed to represent adults living in U.S. households. Panel members were recruited through address-based sampling and random-digit dialing to ensure that households served by cell phones and without landline service were included. Households without internet access were provided with hardware and access.

#### Survey Development

Cognitive interviews were performed to develop the survey with a sample of 30 selfidentified black individuals in the Boston area between the ages of 18–50 (mean age was 39.1) to evaluate potential sources of response bias. Participants were recruited by word-of-mouth and flyers from local community-based organizations. Interviews were conducted at community-based settings and assessed respondent motivation, question comprehension, ability to recall information, cultural applicability, and the impact of social desirability bias regarding sensitive questions. The final survey comprised of questions and scales edited based on these findings.

#### Inclusion Criteria and Participants:

Eligible participants had to: self-identify as Black/African American; be between 18 and 50 years of age; and be able to provide written informed consent. Ethical approval was obtained from the Boston Children's Hospital Institutional Review Board. 1,969 Black participants were sampled from the national web panel of more than 55,000 respondents. Of those 1,969 participants, 896 (46%) consented to complete a brief socio-demographic survey confirming their age and race. Of the 896 who consented, 868 (97%) were eligible and completed the NSHBC. Surveys were administered via

email. Participants completed the survey in 13 minutes (median). For the purpose of our study, of the 868 who completed the survey, 13 participants who reported known HIV infection were excluded. Post-stratification weights were created so that estimates represent adults living in the U.S. households according to benchmarks from the 2016 population survey (27).

# Study Measures

Socio-*Demographic Characteristics*: Demographic characteristics included age, gender identity, marital status, annual income, employment status, education level, and U.S. region. Arrest history, regardless of subsequent conviction or plea, was measured by asking participants to answer yes or no with the following statement, "In your lifetime, have you ever been arrested?"

*Sexual Risk*: Participants were asked if they had multiple sexual partners in the past 3 months, condomless sexual activity in the past 3 months, and a lifetime history of anal sex and STDs.

*PrEP Willingness*: PrEP willingness was assessed by asking participants to answer yes or no with the statement; "If a pill (drug/medication) that could prevent transmission of HIV from an infected (HIV positive) sex partner to an uninfected (HIV negative) partner were available I would take it."

# **Statistical Analysis**

Descriptive statistics (such as mean, standard deviation, frequency, and percent) were used to summarize data. A chi-square test or two-sample t-test was used to assess the association between arrest history and various demographic and sexual risk variables. Bivariate analyses using post-stratification weighted robust Poisson regression models

were conducted to identify the potential associations between covariates of interest and PrEP willingness. To adjust for the effect of several covariates simultaneously, multivariate post-stratification weighted robust Poisson regression models were used. Multivariate models controlling for the possible confounding effects of participants' age and sex included covariates that were significant in the bivariate models (p<0.05), and were constructed separately for those with and without an arrest history. Prevalence ratios (PRs), adjusted prevalence ratios (aPRs), 95% confidence intervals (Cls), and p-values were calculated. A two-sided significance level of 0.05 was used for all statistical tests. SAS version 9.4 was used to conduct all statistical analyses.

# Results

# Demographic Characteristic (Table 1)

A total of 868 participants completed the survey. There were 226 participants reporting a history of arrest. The average age (SD) of participants with a history of arrest was 35.9 (8.58) years, and the majority were males (61.4% vs. 38.6% female). More than half of those with an arrest history (56.5%) were single, 68.5% were employed, 22.8% reported willingness to use PrEP, 31.8% had annual household incomes less than \$25,000 per year, and more than half (53.5%) reported some college or higher degrees. Demographics differences between individuals with a history of arrest and those with no arrest history are presented in Table 1. Compared to individuals with no history of arrest, those who reported arrest history were more likely to be males, older, and willing to use PrEP. There was also a significant association between arrest history and both level of education and income.

# Sexual Risk and HIV Testing by Arrest History (Table 2)

Sexual risk and HIV testing differ between individuals with a history of arrest and those without an arrest history. Compared to individuals without an arrest history, those with an arrest history were more likely to: have a lifetime history of anal sex (51.3% vs. 29.5%; p<0.0001), have a lifetime history of STD (36.9% vs. 24.4%; p=0.0007) and have tested for HIV in the last 12 months (36.2% vs. 24.5%; p=0.0009). There were no significant differences between individuals who had an arrest history and those without an arrest history in terms of condomless sex and multiple sexual partners in the past 3 months.

# Models for Willingness to Use PrEP (Table 3)

HIV risk behaviors and PrEP willingness differ between individuals with an arrest history and those without an arrest history. Among participants with an arrest history (Table 3A), in bivariate analysis, multiple sexual partners in the past 3 months [PR 2.51 (1.72, 3.68), p<0.0001] was associated with PrEP willingness. In multivariate analysis, adjusting for all other covariates in the model, multiple sexual partners in the past 3 months [aPR 2.61 (1.77, 3.85), p<0.0001], remained significant. In the bivariate analysis for participants with no arrest history (Table 3B), individuals who reported single marital status [PR 1.69 (1.13, 2.53), p=0.0101], multiple sexual partners in the past 3 months [PR 1.79 (1.09, 2.96), p=0.0225] and had a lifetime history of anal sex [PR 1.54 (1.06, 2.23), p=0.0231] were more willing to use PrEP compared to their respective counterparts. In multivariate analysis, adjusting for all other covariates in the model, single marital status [aPR 1.69 (1.13, 2.53), p=0.0113] and a lifetime history of anal sex [aPR 1.46 (1.01, 2.12), p=0.0429], remained significant.

# Discussion

This study investigated the association between HIV risk behaviors and willingness to use PrEP in a sample of black individuals. We confirmed that individuals with a history of arrest were significantly more likely to have a lifetime history of anal sex and STDs. We also found an increased willingness to use PrEP among individuals with an arrest history who reported a history of multiple sexual partners. Willingness to use PrEP was also associated with single marital status and a lifetime history of anal sex in those with no arrest history.

Correctional institutions may serve as an optimal platform to offer PrEP to high-risk individuals at the time of arrest and during incarceration. Individuals who frequently come into contact with CJ systems experience a confluence of factors at the individual and community level, such as substance abuse, inconsistent condom use, lack of health insurance, and housing instability that heighten their risk of HIV infection. These intersecting risks make it crucial to engage this key population in HIV prevention interventions while in correctional institutions and upon release (16).

In this study, we hypothesized that willingness to use PrEP willingness would be associated with HIV risk behaviors. Participants might be more willing to use PrEP because they have a higher likelihood of engaging in risky sexual behaviors, supporting findings from previous studies that uptake and adherence to PrEP are directly related to and influenced by one's risk perception (18,28). We found that willingness to use PrEP was associated with a history of multiple sexual partners in individuals with an arrest history. Therefore, clinical screening for an arrest history as a social determinant of health may be needed to identify and respond to the health needs of Black individuals.

In addition, a history of criminal justice involvement should at least be screened for HIV risk and PrEP eligibility (28,33,34).

Implementing effective PrEP interventions at any time during arrest and incarceration and during community re-entry requires identification of best practices for the timing of screening and linkage to PrEP services, establishing guidelines and standards of PrEP care, determining the feasibility and acceptability of CJ-based PrEP provision, and training CJ-healthcare providers to assess and address risk and indication for PrEP (18). It is crucial that healthcare providers, public health practitioners, researchers, and those who work in the legal system fully understand the drivers of PrEP willingness and how to implement effective PrEP interventions in this key population. As biomedical HIV prevention expands, correctional facilities may serve as an effective platform to provide linkage to PrEP for at-risk individuals during the course of their CJ involvement.

#### Limitations

This study has several limitations. Although our study was administered to a nationally representative sample of black individuals, findings may not be generalizable to other groups. However, we believe that responses from all members of this study sample are important in understanding willingness to use PrEP among the highest risk individuals. In addition, we used a cross-sectional study design in which HIV risks and a history of arrest were assessed as past behaviors, whereas PrEP awareness and willingness were measured as present beliefs; thus, we cannot draw causal inferences about the direction of associations. For example, it is possible that individuals with an arrest history were more willing to use PrEP because they have a higher likelihood of engaging in risky sexual behaviors. We reported having a history of anal sex and

multiple partners as HIV risk factors, but we did not assess whether protections such as condoms were used during sexual intercourse or for each partner, which would have decreased HIV risk. Also, we did not specifically target recruitment around high-risk individuals, and thus any effects of high-risk sexual behavior could have been underestimated. Our survey was self-reported and may be subject to social desirability and recall bias. The issue of social desirability bias, where anonymity and confidentiality cannot be guaranteed at the time of data collection, was minimized by anonymous administration via email. However, our findings regarding HIV risk behaviors and PrEP awareness and uptake are likely conservative estimates. We attempted to minimize recall bias by asking participants to recall sexual intercourse and other risk behaviors within a short timeframe prior to survey administration (e.g., history of condomless sex and multiple sexual partners within the past 3 months). In addition, as PrEP becomes more widely available in black communities, responses to this survey may be different in the current setting. Therefore, future investigations will need to reassess current trends of HIV risk behaviors in the context of PrEP and involvement with the criminal justice system. For example, people who had misconceptions about PrEP and other biomedical prevention options (such as treatment as prevention) at the time this survey was administered may have changed their minds with recent advances in HIV prevention programs and services.

# Conclusion

Our study adds to the current body of knowledge by exploring the differences in HIV risk behaviors and willingness to use PrEP among black individuals with an arrest history and those without an arrest history. We found that individuals with a history of arrest

were significantly more likely to have a lifetime history of anal sex and STDs. Also, a history of multiple sexual partners was associated with willingness to use PrEP among individuals with an arrest history. Understanding these risk behaviors are necessary to increase HIV testing and PrEP screening and linkage in correctional facilities. Future research should build on this study to reexamine current trends in HIV risk behaviors in the context of PrEP and criminal justice system involvement.

| Characteristic   | Total      | History of   | No History of | P-value <sup>2</sup> |
|--|------------|--------------|---------------|----------------------|
|  | (n=855)    | Arrest       | Arrest        |                      |
|  |            | (n=226)      | (n=619)       |                      |
| Age, mean (SD)   | 33.59      | 35.86 (8.58) | 32.77 (9.30)  | <0.0001              |
|  | (9.20)     |              |               |                      |
| Gender, n (%)  |            |              |               | <0.0001              |
| Male   | 340 (45.6) | 127 (61.4)   | 208 (39.6)    |                      |
| Female   | 515 (54.4) | 99 (38.6)    | 411 (60.4)    |                      |
| Marital Status, n (%)  |            |              |               | 0.0821               |
| Single (never married,   | 533 (61.6) | 130 (56.5)   | 395 (63.1)    |                      |
| widowed, divorced, separated)  |            |              |               |                      |
| Others (married,   | 322 (38.4) | 96 (43.5)    | 224 (36.9)    |                      |
| living/cohabiting with partner)  |            |              |               |                      |
| Employed, n (%)  | 610 (71.6) | 151 (68.5)   | 450 (72.6)    | 0.2488               |
| Education Level, n (%)   |            |              |               | <0.0001              |
| <high school<="" td=""><td>58 (11.0)</td><td>32 (21.2)</td><td>26 (7.5)</td><td></td></high> | 58 (11.0)  | 32 (21.2)    | 26 (7.5)      |                      |
| High School or GED   | 175 (32.7) | 42 (25.3)    | 131 (35.1)    |                      |
| Some College or higher   | 622 (56.3) | 153 (53.5)   | 462 (57.4)    |                      |
| Annual Income, n (%)   |            |              |               | 0.0144               |
| <\$25,000  | 314 (24.9) | 98 (31.8)    | 210 (22.1)    |                      |
| \$25,000 - \$49,000  | 208 (26.9) | 54 (24.8)    | 150 (27.3)    |                      |
| \$50,000 and above   | 333 (48.2) | 74 (43.4)    | 259 (50.6)    |                      |

Table 1: Descriptive Statistics for Demographics of Study Sample by Arrest History

| U.S. Region, n (%) |            |            |            | 0.2562 |
|--------------------|------------|------------|------------|--------|
| Northeast          | 149 (18.2) | 32 (16.5)  | 117 (19.0) |        |
| Midwest            | 172 (17.1) | 57 (20.6)  | 113 (15.8) |        |
| South              | 433 (54.1) | 111 (54.5) | 316 (53.9) |        |
| West               | 101 (10.6) | 26 (8.4)   | 73 (11.3)  |        |
| PrEP Willingness   | 225 (26.0) | 78 (22.8)  | 145 (34.3) | 0.0008 |

<sup>1</sup>Unweighted counts, weighted percentages

<sup>2</sup>P-values generated from two-sample t-tests for continuous variables and chi-square

tests of independence for categorical variables

| Characteristic                               | Total      | History of | No History | P-value <sup>2</sup> |
|--|------------|------------|------------|----------------------|
|  | (n=855)    | Arrest     | of Arrest  |                      |
|  |            | (n=226)    | (n=619)    |                      |
| Condomless Sex, last 3 months                | 410 (57.8) | 126 (63.4) | 284 (56.1) | 0.0729               |
| Multiple Partners, last 3 months             | 80 (9.4)   | 28 (11.6)  | 51 (8.5)   | 0.1689               |
| Anal Sex, lifetime                           | 308 (35.7) | 121 (51.3) | 184 (29.5) | <0.0001              |
| History of STD, lifetime                     | 211 (28.0) | 78 (36.9)  | 132 (24.4) | 0.0007               |
| HIV Testing, last 12 months                  | 248 (27.6) | 87 (36.2)  | 160 (24.5) | 0.0009               |
| <sup>1</sup> Unweighted counts, weighted per | centages   |            |            | 1                    |

Table 2: Risk-Related Variables and HIV Testing, by Arrest History

ounts, weighted percent ıg y

<sup>2</sup>P-values generated from chi-square test of independence

Table 3A: Models for PrEP Willingness in Participants with an Arrest History

|   |     | Bivariate         |        | Multivariate |        |
|---|-----|-------------------|--------|--------------|--------|
|   | N   | PR (95%CI)        | P-     | aPR          | P-     |
| Factors   |     |                   | value  | (95%CI)      | value  |
| Male (ref: female)  | 225 | 0.84 (0.54, 1.31) | 0.4360 | 0.78 (0.51,  | 0.2501 |
|   |     |                   |        | 1.19)        |        |
| Age 25 to 34 (ref: all other  | 225 | 1.03 (0.63, 1.69) | 0.9167 | 0.94 (0.60,  | 0.8055 |
| ages)   |     |                   |        | 1.49)        |        |
| Unemployed (ref: employed)  | 225 | 1.15 (0.73, 1.82) | 0.5498 |              |        |
| Income <25K (ref: >=25K)  | 225 | 1.14 (0.74, 1.76) | 0.5554 |              |        |
| Single (ref: others)  | 225 | 1.48 (0.90, 2.44) | 0.1242 |              |        |
| Educational level <high school<="" td=""><td>225</td><td>1.33 (0.77, 2.30)</td><td>0.3136</td><td></td><td></td></high> | 225 | 1.33 (0.77, 2.30) | 0.3136 |              |        |
| (ref: >=High school)  |     |                   |        |              |        |
| Condomless Sex, last 3  | 207 | 1.24 (0.77, 2.00) | 0.3842 |              |        |
| months  |     |                   |        |              |        |
| Multiple Partners, last 3   | 225 | 2.51 (1.72, 3.68) | <0.000 | 2.61 (1.77,  | <0.00  |
| months  |     |                   | 1      | 3.85)        | 01     |
| Anal Sex, lifetime  | 225 | 1.14 (0.72, 1.79) | 0.5815 |              |        |
| HIV Testing, last 12 months   | 218 | 1.14 (0.73, 1.79) | 0.5648 |              |        |
| History of STD, lifetime  | 208 | 1.39 (0.88, 2.20) | 0.1525 |              |        |
| Knowledge of PrEP   | 225 | 1.27 (0.68, 2.37) | 0.4525 |              |        |

Table 3B: Models for PrEP Willingness in Participants with No Arrest History

|   |     | Bivariate         |        | Multivariate |        |
|---|-----|-------------------|--------|--------------|--------|
|   | N   | PR (95%CI)        | P-     | aPR          | P-     |
| Factors   |     |                   | value  | (95%CI)      | value  |
| Male (ref: female)  | 615 | 0.83 (0.56, 1.24) | 0.3748 | 0.85 (0.58,  | 0.4036 |
|   |     |                   |        | 1.24)        |        |
| Age 25 to 34 (ref: all other ages)  | 615 | 1.14 (0.78, 1.66) | 0.4869 | 1.08 (0.75,  | 0.6690 |
|   |     |                   |        | 1.56)        |        |
| Unemployed (ref: employed)  | 615 | 1.37 (0.92, 2.02) | 0.1184 |              |        |
| Income <25K (ref: >=25K)  | 615 | 1.41 (0.99, 2.00) | 0.0538 |              |        |
| Single (ref: others)  | 615 | 1.69 (1.13, 2.53) | 0.0101 | 1.69 (1.13,  | 0.0113 |
|   |     |                   |        | 2.53)        |        |
| Educational level <high school<="" td=""><td>615</td><td>1.66 (0.88, 3.15)</td><td>0.1182</td><td></td><td></td></high> | 615 | 1.66 (0.88, 3.15) | 0.1182 |              |        |
| (ref: >=High school)  |     |                   |        |              |        |
| Condomless Sex, last 3 months   | 507 | 0.99 (0.67, 1.45) | 0.9478 |              |        |
| Multiple Partners, last 3 months  | 606 | 1.79 (1.09, 2.96) | 0.0225 | 1.46 (0.87,  | 0.1483 |
|   |     |                   |        | 2.43)        |        |
| Anal Sex, lifetime  | 609 | 1.54 (1.06, 2.23) | 0.0231 | 1.46 (1.01,  | 0.0429 |
|   |     |                   |        | 2.12)        |        |
| HIV Testing, last 12 months   | 590 | 1.25 (0.83, 1.89) | 0.2753 |              |        |
| History of STD, lifetime  | 511 | 1.39 (0.94, 2.08) | 0.1011 |              |        |
| Knowledge of PrEP   | 613 | 1.37 (0.88, 2.13) | 0.1597 |              |        |

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# PAPER 2

# ASSOCIATION BETWEEN HIV TESTING AND HIV-RELATED RISK BEHAVIORS AMONG US-BORN AND NON-US BORN BLACK INDIVIDUALS LIVING IN THE US

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# Abstract

**Background**: Despite improvements in HIV prevention and treatment, Black individuals continue to be disproportionately affected by the HIV epidemic in the US. Using data from the National Survey on HIV in the Black Community, we examined the differences in demographic characteristics, risk behaviors, and HIV testing between US and non-US born black adults. **Methods**: 868 individuals completed the survey and provided baseline data on sexual risk. Participants were grouped as US-born (N= 763) and non-US born (N=101) based on self-reported place of birth. **Results**: Amongst US-born participants, males were less likely to test for HIV, whereas those who reported a lifetime history of anal sex and sexually transmitted diseases (STDs) were more likely to test for HIV. Non-US born participants who reported a single marital status were less likely to test for HIV. Non-US born participants: Some differences in predictors of HIV testing exist by place of birth. Understanding these differences is needed to develop HIV/AIDS prevention and treatment programs for US and non-US born black individuals.

Keywords: HIV/AIDS, Testing; Risk behaviors; US-born; non-US born

# Introduction

Black individuals living in the US are disproportionately affected by HIV (1). HIV prevalence is 8 times higher among young Black men than in their White counterparts (2). The black population in the US is diverse in many aspects, including by nativity or country of origin. Efforts have been made to identify and address barriers to HIV testing and prevention services in subpopulations within the black community at higher risk for HIV infection, such as people who inject drugs, those who engage in high-risk heterosexual sex, and men who have sex with men (3). However, there is more to be done to address risk factors and barriers to HIV testing and treatment faced by non-US born (i.e. foreign-born or immigrant) black individuals, many of whom have immigrated to the US from countries in the Caribbean and sub-Saharan Africa with high HIV prevalence. The Centers for Disease Control and Prevention (CDC) data on national population-based monitoring of the HIV epidemic in the US for Black Americans show important differences in HIV epidemiology and risk behaviors among black individuals related to the place of birth (4). According to the Census Bureau, about 10% of the black population in the US in 2016 was non-US born (5). National HIV surveillance data has shown that the number of annual HIV diagnoses among non-US born individuals in the US is growing (6). Despite this increase, few studies have examined the differences between US-born and non-US born Black individuals in regards to HIV risk-related behaviors and uptake of HIV testing at the national level (7–9).

Determinants of HIV testing and HIV-transmission risk factors among US-born black populations may differ from those among non-US born individuals. Non-US born individuals are more likely to face challenges in accessing health care than US-born

individuals due to lack of access to health insurance and health information, racial discrimination, language and cultural barriers, and immigration-related factors (3,10–14). A comprehensive approach to addressing these challenges is needed to better understand the health status and health education needs and guide the development of effective HIV prevention and treatment programs for this group. This paper expands on previous studies to better understand differences in demographic characteristics, risk-related behaviors, and uptake of HIV testing among US-born and non-US born black individuals.

# Methods

### Study Sample and Data Collection

Data for this study were drawn from the National Survey on HIV in the Black Community (NSHBC), a nationally representative survey of black individuals in the US (15) conducted from February to April 2016. Participants were drawn from a probabilitybased web panel designed to represent adults living in US households. Panel members were recruited through address-based sampling and random-digit dialing to ensure that households served by cell phones and without landline service were included. Households without internet access were provided with hardware and access(16).

# Survey Development

Cognitive interviews were performed to develop the survey with a sample of 30 selfidentified black individuals in the Boston area between the ages of 18–50 (mean age: 39.1) to evaluate potential sources of response bias. Participants were recruited by word-of-mouth and flyers from local community-based organizations. Interviews were conducted at community-based settings and assessed respondent motivation, question

comprehension, ability to recall information, cultural applicability, and the impact of social desirability bias regarding sensitive questions. The final survey comprised of questions and scales edited based on these findings (16,17).

# Inclusion Criteria and Participants:

Eligible participants had to: self-identify as Black; be between 18 and 50 years of age, and be able to provide written informed consent. Ethical approval was obtained from the Boston Children's Hospital Institutional Review Board. A total of 1,969 black participants were sampled from the national web panel of more than 55,000 respondents. Of those 1,969 participants, 896 (46%) consented to complete a brief socio-demographic survey confirming their age and race. Of the 896 who consented, 868 (97%) were eligible and completed the NSHBC. Surveys were administered via email. Participants completed the survey in 13 minutes (median). Post-stratification weights were created so that estimates represent adults living in US households according to benchmarks from the 2016 population survey (16,18).

#### Study Measures

*Socio-Demographic Characteristics*: Demographic characteristics included age, gender identity, marital status, annual income, employment status, education level, and US region. Place of birth was assessed by asking participants to answer yes or no with the following statement, "Were you born in the United States or its territories (Puerto Rico, US Virgin Islands, etc.)?"

Sexual Risk Factors: Participants were asked if they had multiple sexual partners in the past 3 months, condomless sex in the past 3 months, and a lifetime history of anal sex and sexually transmitted diseases (STDs).

*HIV Testing:* HIV testing was assessed in all respondents by asking them to answer yes or no with the following statement, "Have you ever tested for HIV."

### Statistical Analysis

Descriptive statistics (e.g., mean, standard deviation, frequency, percentages) were used to summarize data. A chi-square test or two-sample t-test was used to assess the association between birth country status and various demographic and sexual risk variables. Bivariate analyses using post-stratification weighted robust Poisson regression models were conducted to identify the potential associations between covariates of interest and lifetime HIV testing status. To adjust for the effect of several covariates simultaneously, multivariate post-stratification weighted robust Poisson regression models were used. Covariates that were found to be significant in the bivariate models (p<0.05) were included in the multivariate models. The multivariate models were constructed separately for those who were born in the US and those who were born outside of the US. Prevalence ratios (PRs), adjusted prevalence ratios (aPRs), 95% confidence intervals (CIs), and p-values were calculated. A two-sided significance level of 0.05 was used for all statistical tests. SAS version 9.4 was used to conduct all statistical analyses.

# Results

#### Demographic Characteristics

A total of 868 participants completed the survey (Table 1). Of those, 101 (11.3%) were non-US born compared to 763 (88.7%) US-born participants. The average age (SD) of non-US born participants was 33.83 (8.63) years, and the majority were females (54.9%)

vs. 45.1% male). More than half of non-US born participants (50.5%) were single, 68.9% were employed, 31.3% had annual household incomes less than \$25,000 per year, and more than half (61.3%) reported some college or higher degrees. Compared to non-US born participants, US-born participants were more likely to report single marital status. There was also a significant association between place of birth and participants' annual income level and US region of residence.

#### Sexual Risk by Birth Place Status

Some sexual risk factors differed by place of birth (Table 2). Compared to non-US born participants, individuals born in the US were more likely to have a lifetime history of anal sex (37.7% vs. 23.2%; p=0.0057) and a lifetime history of STDs (30.2% vs. 16.1%; p=0.0088). There were no significant differences by place of birth regarding condomless sex and multiple sexual partners in the past 3 months.

# Models for HIV Testing

Patterns of HIV testing by demographic characteristics and risk behaviors differed by place of birth (Table 3). In the bivariate analysis for non-US born participants (Table 3A), single marital status [PR 0.55 (0.37, 0.81), p=0.0026], income less than \$25,000 per year [PR 0.58 (0.37, 0.91), p=0.0184], and a lifetime history of STDs [PR 1.49 (1.20, 1.85), p=0.0003] were associated with HIV testing. In multivariable analysis, adjusting for all other covariates in the model, HIV testing was less prevalent in those who reported single marital status [aPR 0.63 (0.41, 0.96), p=0.0324] and more prevalent in those who had a lifetime history of STDs [aPR 1.34 (1.08, 1.65), p=0.0067]. Among US-born participants (Table 3B), in bivariate analysis, male sex [PR 0.83 (0.74, 0.95), p=0.0048], reporting multiple sexual partners in the past 3 months [PR 1.26 (1.13,

1.41), p<0.0001], noting a lifetime history of anal sex [PR 1.36 (1.22, 1.51), p<0.0001], having a history of STD [PR 1.32 (1.21, 1.44), p<0001], having knowledge of PrEP [PR 1.14 (1.01, 1.30), p=0.0401], and indicating willingness to use PrEP [PR 1.23 (1.11, 1.36), p<0.0001], were found to be associated with HIV testing. In multivariable analysis, adjusting for all other covariates in the model, HIV testing was less prevalent in males [aPR 0.88 (0.78, 0.99), p=0.0349], and more prevalent in those who reported a lifetime history of anal sex [aPR 1.13 (1.02, 1.25), p=0.0172], reported a history of STDs [aPR 1.20 (1.11, 1.30), p<0001], and were willing to take PrEP [aPR 1.14 (1.05, 1.24), p=0.0017].

# Discussion

This study explored the association between HIV testing and HIV risk behaviors among US-born and non-US born black individuals in the United States. The Black population is diverse in many aspects, including by country of origin. While some immigrants have undergone acculturation, many have made efforts to maintain their indigenous native languages, religions, and culture. Therefore, formulating generalizable conclusions is challenging. However, determining whether US-born and non-US born black individuals are different in terms of HIV testing and risk-related behaviors is important, and findings should drive the development of appropriate strategies to improve access to services. This study found that differences do exist between US-born blacks and non-US born blacks.

Our results show that individuals born in the US were significantly more likely to have a lifetime history of anal sex and STDs. We also found that US-born participants who reported a lifetime history of anal sex and a history of STDs and who were willing to

take PrEP were more likely to test for HIV. However, non-US born individuals who are single are less likely to get tested for HIV. These findings suggest that individuals born in the US might be more likely to screen for HIV because they have a higher likelihood of engaging in risky sexual behaviors and are more aware of the factors that put them at risk for HIV. Compared to women, US-born men were less likely to get tested for HIV, perhaps because women are offered HIV testing as part of antenatal care, regardless of their behavioral risk factors (19). It may also be due to low-risk perception, stigma, and fear associated with HIV testing among young black men (20). Therefore, investing in public health education programs and campaigns to decrease stigma and discrimination and improve HIV awareness and knowledge may be vital in increasing HIV testing among black men.

Lack of basic HIV knowledge may limit one's ability to access HIV-related prevention services and prevent infection. The Centers for Disease Control and Prevention has invested in public health campaigns to improve HIV knowledge and awareness domestically and decrease stigma and discrimination. More so, through the President's Emergency Plan for AIDS Relief (PEPFAR), the US government has spent millions of dollars in Africa and the Caribbean on HIV education, knowledge, and advocacy. Yet, in this study, we found that non-US born individuals who reported single marital status were less likely to get tested for HIV. More efforts need to be undertaken to develop culturally appropriate and targeted HIV prevention outreach and programs that reach diverse immigrant communities. This work is complicated by other factors within these communities, such as lack of health insurance and challenges navigating the healthcare

system (21,22), cultural, religious, and traditional values (23,24), and low English proficiency (6,23).

Barriers to HIV testing specific to the immigrant experience, such as confusion over health care entitlements, undocumented status, and fear of deportation if one tests positive, have been noted here in the US in immigrant populations from Latin America (25). It is crucial that when HIV testing is offered to these individuals, they are informed that a positive test result will not lead to any legal issue or deportation. Through the HIV/AIDS Drug Assistance Programs that the Ryan White Care Act funds, these individuals must be made aware that treatment services are available and that the cost of PrEP can be covered regardless of immigration status.

For both US-born and non-US born individuals, a lifetime history of STD was associated with a greater likelihood of HIV testing. This finding underscores the importance of integrating HIV services into routine STD clinical care in expanding HIV testing and treatment for populations at risk of both infections.

# Limitations

This study has several limitations. The survey was administered to a sample of black individuals, and findings may not be generalizable. Second, our dependent variable was assessed by self-report, as opposed to determination from an objective source, such as a medical record. Self-report of HIV testing is subject to recall bias and tends to over-report actual HIV testing. Patients often assume that they have undergone HIV testing as a component of a routine evaluation when it has not occurred. However, because of our desire to capture individuals who may not access health care and have a record of testing available, we chose to assess HIV testing by self-report. Third, we did not ask for

information regarding immigration status. This is highly sensitive information, and it is likely that non-US born individuals with immigration issues and fear of deportation may be unwilling to report their actual immigration status. In addition, we do not have data regarding region or country of origin and the length of time since the initial immigration. Previous studies have suggested that the length of time since initial immigration is a predictor of not having had a recent HIV test. The survey was self-reported and may be subject to social desirability and recall bias. The issue of social desirability bias was minimized by anonymous administration via email. However, our findings regarding HIV testing and risk behaviors are likely conservative estimates. We attempted to minimize recall bias by asking participants to recall risk behaviors within a short timeframe prior to survey administration (e.g., history of condomless sex and multiple sexual partners within the past 3 months). As HIV education and testing become more widely available in black communities, responses to this survey may be different in the current setting. Therefore, future studies should reassess current trends of HIV testing and risk behaviors in the context of the country of birth and length of residency. For example, new immigrants who lacked basic HIV knowledge and unaware of their risk behaviors at the time the survey was administered may have now been educated on HIV and its related risk behaviors.

# Conclusion

Since the beginning of the HIV epidemic in the US, disparities by race and ethnicity in HIV seroprevalence have persisted. To overcome these disparities, there is a need to develop strategies that effectively address risk behaviors and improve access to HIV prevention and testing services, particularly in high-risk populations. Our study explored

the association between HIV testing and risk behaviors in US-born and non-US born black populations. We found that non-US born individuals who reported single marital status and US-born males are less likely to get tested for HIV infection. Our findings suggest that work remains to be done to increase HIV testing in black individuals. Therefore, it is crucial to invest in tailored and culturally appropriate HIV education and campaigns to improve HIV knowledge in this population.

| Characteristics   | Total      | US-Born      | Non-US       | P-value <sup>a</sup> |
|---|------------|--------------|--------------|----------------------|
|   | (n=868)    | (n=763)      | Born         |                      |
|   |            |              | (n=101)      |                      |
| Age, mean (SD)  | 33.63      | 33.60 (9.28) | 33.83 (8.63) | 0.8198               |
|   | (9.20)     |              |              |                      |
| Gender, n (%)   |            |              |              | 0.9262               |
| Male  | 346 (45.4) | 303 (45.6)   | 43 (45.1)    |                      |
| Female  | 522 (54.6) | 460 (54.4)   | 58 (54.9)    |                      |
| Marital Status, n (%)   |            |              |              | 0.0158               |
| Single (never married,  | 541 (61.6) | 486 (63.1)   | 53 (50.5)    |                      |
| widowed, divorced, separated)   |            |              |              |                      |
| Others (married,  | 327 (38.4) | 277 (36.9)   | 48 (49.5)    |                      |
| living/cohabiting with partner)   |            |              |              |                      |
| Employed, n (%)   | 618 (71.3) | 546 (71.5)   | 68 (68.9)    | 0.5950               |
| Education Level, n (%)  |            |              |              | 0.0741               |
| <high school<="" td=""><td>62 (11.4)</td><td>49 (10.8)</td><td>12 (15.3)</td><td></td></high> | 62 (11.4)  | 49 (10.8)    | 12 (15.3)    |                      |
| High School or GED  | 179 (32.8) | 163 (34.1)   | 16 (23.4)    |                      |
| Some College or higher  | 627 (55.9) | 551 (55.2)   | 73 (61.3)    |                      |
| Annual Income, n (%)  |            |              |              | 0.0007               |
| <\$25,000   | 322 (25.3) | 280 (24.5)   | 41 (31.3)    |                      |
| \$25,000 - \$49,000   | 211 (27.0) | 196 (28.9)   | 12 (10.6)    |                      |

Table 1: Descriptive Statistics for Demographics of Study Sample by Birth Place Status

| \$50,000 and above            | 335 (47.7) | 287 (46.6) | 48 (58.1) |         |
|-------------------------------|------------|------------|-----------|---------|
| US Region, n (%)              |            |            |           | <0.0001 |
| Northeast                     | 152 (18.2) | 115 (16.0) | 36 (34.3) |         |
| Midwest                       | 175 (17.2) | 155 (16.8) | 19 (20.0) |         |
| South                         | 439 (54.1) | 398 (56.4) | 39 (36.6) |         |
| West                          | 102 (10.6) | 95 (10.8)  | 7 (9.1)   |         |
| Ever Tested for HIV, Lifetime | 627 (72.8) | 557 (73.6) | 68 (66.0) | 0.1169  |

\*Unweighted counts, weighted percentages

<sup>a</sup>P-values are generated from two-sample t-tests or chi-square tests of independence,

as appropriate

# Table 2: Risk Variables by Birth Place Status

| Characteristic                   | Total      | US-Born    | Non-US Born | P-value <sup>2</sup> |
|----------------------------------|------------|------------|-------------|----------------------|
|                                  | (n=868)    | (n=763)    | (n=101)     |                      |
| Condomless Sex, last 3 months    | 417 (57.8) | 375 (57.8) | 41 (58.1)   | 0.9636               |
|                                  |            |            |             |                      |
| Multiple Partners, last 3 months | 85 (9.6)   | 74 (9.6)   | 11 (9.9)    | 0.9289               |
|                                  |            |            |             |                      |
| Anal Sex, lifetime               | 318 (36.1) | 292 (37.7) | 25 (23.2)   | 0.0057               |
|                                  |            |            |             |                      |
| History of STDs, lifetime        | 219 (28.6) | 206 (30.2) | 13 (16.1)   | 0.0088               |
|                                  |            |            |             |                      |
|                                  |            |            |             |                      |

<sup>1</sup>Unweighted counts, weighted percentages

<sup>2</sup>P-values generated from chi-square test of independence

Table 3A: Model for HIV Testing among non-US Born Participants

|   |    | Bivariate         | Multivar<br>(N=8 | riate<br>1)             |             |
|---|----|-------------------|------------------|-------------------------|-------------|
| Factors   | Ν  | PR (95%CI)        | P-<br>value      | aPR<br>(95%CI)          | P-<br>value |
| Male (ref: female)  | 97 | 1.07 (0.75, 1.51) | 0.7234           |                         |             |
| Age 25 to 34 (ref: all other ages)                                  | 97 | 0.91 (0.60, 1.39) | 0.6674           |                         |             |
| Unemployed (ref: employed)  | 97 | 0.70 (0.45, 1.07) | 0.0991           |                         |             |
| Income <25K (ref: >=25K)  | 97 | 0.58 (0.37, 0.91) | 0.0184           | 0.91<br>(0.59,<br>1.39) | 0.656<br>6  |
| Single (ref: others)  | 97 | 0.55 (0.37, 0.81) | 0.0026           | 0.63<br>(0.41,<br>0.96) | 0.032<br>4  |
| Uninsured (ref: no)   | 87 | 1.04 (0.66, 1.63) | 0.8788           |                         |             |
| Educational level <high school<br="">(ref: &gt;=High school)</high> | 97 | 0.52 (0.22, 1.19) | 0.1187           |                         |             |
| Condomless Sex, last 3 months                                       | 79 | 1.03 (0.73, 1.44) | 0.8766           |                         |             |
| Multiple Partners, last 3 months                                    | 95 | 1.22 (0.81, 1.84) | 0.3446           |                         |             |
| Anal Sex, lifetime  | 94 | 1.34 (0.98, 1.83) | 0.0709           |                         |             |
| History of STDs, lifetime   | 81 | 1.49 (1.20, 1.85) | 0.0003           | 1.34<br>(1.08,<br>1.65) | 0.006<br>7  |
| Knowledge of PrEP   | 97 | 0.84 (0.53, 1.34) | 0.4669           |                         |             |

| Willingness to take PrEP   | 96 | 0.89 (0.54, 1.46) | 0.6472 |  |
|--|----|-------------------|--------|--|
| Any days with Depression in past 30 (ref: none)                                  | 97 | 0.95 (0.66, 1.37) | 0.7728 |  |
| Quality of care received<br>excellent, very good, or good<br>(ref: poor or fair) | 84 | 0.79 (0.55, 1.15) | 0.2270 |  |
| Last seen doctor more than 1<br>year ago or never (ref: 1 year<br>ago or less)   | 97 | 0.85 (0.54, 1.33) | 0.4668 |  |

Table 3B: Model for HIV Testing among US Born Participants

|                                    |     | Bivariate            |         | Multivariate<br>(N=622) |             |
|------------------------------------|-----|----------------------|---------|-------------------------|-------------|
| Factors                            | N   | PR (95%CI)           | P-value | aPR<br>(95%CI)          | P-<br>value |
| Male (ref: female)                 | 732 | 0.83 (0.74,<br>0.95) | 0.0048  | 0.88 (0.78,<br>0.99)    | 0.0349      |
| Age 25 to 34 (ref: all other ages) | 732 | 1.12 (1.00,<br>1.25) | 0.0571  |                         |             |
| Unemployed (ref: employed)         | 732 | 0.89 (0.77,<br>1.02) | 0.0988  |                         |             |
| Income <25K (ref: >=25K)           | 732 | 0.98 (0.87,<br>1.11) | 0.7829  |                         |             |
| Single (ref: others)               | 732 | 0.96 (0.85,<br>1.08) | 0.5078  |                         |             |
| Uninsured (ref: no)                | 676 | 1.00 (0.84,<br>1.18) | 0.9800  |                         |             |

| Educational level <high<br>school (ref: &gt;=High school)</high<br>              | 732 | 1.14 (0.96,<br>1.36) | 0.1413  |                      |             |
|--|-----|----------------------|---------|----------------------|-------------|
| Condomless Sex, last 3 months  | 627 | 1.08 (0.97,<br>1.22) | 0.1668  |                      |             |
| Multiple Partners, last 3 months   | 725 | 1.26 (1.13,<br>1.41) | <0.0001 | 1.03 (0.93,<br>1.16) | 0.5537      |
| Anal Sex, lifetime   | 729 | 1.36 (1.22,<br>1.51) | <0.0001 | 1.13 (1.02,<br>1.25) | 0.0172      |
| History of STDs, lifetime  | 627 | 1.32 (1.21,<br>1.44) | <0.0001 | 1.20 (1.11,<br>1.30) | <0.000<br>1 |
| Knowledge of PrEP  | 729 | 1.14 (1.01,<br>1.30) | 0.0401  | 1.08 (0.97,<br>1.20) | 0.1864      |
| Willingness to take PrEP   | 728 | 1.23 (1.11,<br>1.36) | <0.0001 | 1.14 (1.05,<br>1.24) | 0.0017      |
| Any days with Depression in past 30 (ref: none)                                  | 730 | 1.11 (0.99,<br>1.24) | 0.0737  |                      |             |
| Quality of care received<br>excellent, very good, or good<br>(ref: poor or fair) | 589 | 0.96 (0.80,<br>1.15) | 0.6292  |                      |             |
| Last seen doctor more than 1<br>year ago or never (ref: 1 year<br>ago or less)   | 730 | 0.89 (0.75,<br>1.05) | 0.1586  |                      |             |

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