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Difference-frequency generation with quantumlimited efficiency in triply-resonant nonlinear cavities

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Abstract: We present a comprehensive study of second-order nonlinear difference frequency generation in triply resonant cavities using a theoretical framework based on coupled-mode theory. We show that optimal "quantum-limited" conversion efficiency can be achieved at any pump power when the powers at the pump and idler frequencies satisfy a critical relationship. We demonstrate the existence of a broad parameter range in which all triply-resonant DFG processes exhibit monostable conversion. We also demonstrate the existence of a geometry-dependent bistable region.

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1. Introduction

Cavity resonant enhancement of nonlinear processes has been studied for several decades, and intra-cavity nonlinear frequency conversion is now used to generate coherent light across much of the electromagnetic spectrum from a small number of primary laser sources [1–7]. In the last decade, there has been renewed interest in applications of nonlinear frequency

conversion with the emergence of nanoscale photonic structures, which can confine light to ultra-small volumes for long periods of time, allowing for the strong interaction of light with matter [8–29]. For example, nonlinear processes have been considered recently for the generation of coherent radiation in the THz frequency range [9–12,25,26,30,31]. There has been some prior theoretical work on nonlinear frequency conversion in resonant systems [5,9– 11,13–21,32–37]; however, these processes are generally treated in the undepleted pump limit, in which reverse processes are neglected, and which lead to incorrect results in the limit of high conversion efficiency. A theoretical framework based on coupled-mode theory has been developed for second $(\chi^{(2)})$ and third $(\chi^{(3)})$ harmonic generation in doubly resonant cavities, which remains valid in the high-efficiency limit and the validity of which is not restricted to a specific geometry [21,23,24]. This type of self-consistent treatment is possible in nonlinear mixing where all relevant modes are resonant (e.g. fundamental and secondharmonic) because the resonant enhancement of the density of optical modes at each frequency causes the nonlinear interaction of these modes to be strongly favored over other processes [21,23,24]. In particular [21], proved the existence of a critical power (that depends on the cavity parameters, e.g. frequencies, Quality (Q) factors, mode-overlap) at which 100% conversion is possible, and beyond which efficiency decreases [21]. In addition, in the case of $\chi^{(3)}$ harmonic generation, it was shown that the inclusion of self-phase modulation and crossphase modulation allow for a rich diversity of dynamics, including limit cycles and multistable solutions [24].

In this paper we extend the framework of [21,22,38,39] to the case of difference-frequency generation (DFG) caused by a second-order $(\chi^{(2)})$ nonlinear polarization in a resonant photonic structure. In contrast to [9,11,12,26], we consider the case where both the input pump (highest frequency) and idler waves are resonant, as well as the generated signal wave at the difference frequency. We show that CW conversion from pump to signal with quantum-limited efficiency (complete depletion of the pump) is possible in such a system for any power at the pump frequency, provided there is a critical input power at the idler frequency. The steadystate solutions to the coupled wave Eqs. and their corresponding conversion efficiencies are shown to depend only on universal dimensionless parameters, indicating that their structure is qualitatively the same in all geometries. While the stability of these solutions is the only feature that is geometry-dependent, we demonstrate that in a certain region of the pump-idler power-space, there is only one steady-state solution to the coupled-wave Eqs. that is stable in all geometries. Within this range, when the pump-idler power relationship necessary for quantum-limited conversion is satisfied, quantum-limited conversion is the only stable solution for all triply-resonant geometries. Outside of this region, we show that bistability exists. We show that the effect of linear losses (e.g. scattering and absorption) results in a rescaling of the conversion efficiency and input powers, with the dynamics remaining qualitatively the same. The maximum efficiency is attained in the over-coupled limit, when the Q-factor is limited by coupling to the input/output port.

2. Coupled Wave Analysis

The general framework of our temporal CMT model is shown in Fig. 1. Our cavity has three resonant modes at frequencies, ω_1 (pump), ω_2 (idler), and ω_T (signal) which satisfy $\omega_T = \omega_1 - \omega_2$. The electric field in each cavity mode, $E_k(\mathbf{r},t)$ (where k = 1, 2, T), is decomposed into $E_k(\mathbf{r},t) = E_{k,0}(\mathbf{r})a_k(t)\exp(i\omega_k t)$, where $E_{k,0}$ are the normalized mode profiles $(\int d^3\mathbf{r}c|E_{k,0}|^2 = 1)$ and $a_k(t)$ are the slowly varying wave amplitudes, normalized so that $|a_k|^2$ is the energy stored in each resonant mode [21]. Energy is coupled in/out of each cavity mode through a designated input/output port (e.g. waveguide). The propagating modes in the input/output ports are similarly represented. The relevant incoming and outgoing wave amplitudes are represented by the variables $s_k^+(t)$ and $s_k(t)$, respectively, where $|s_k^+(t)|^2$ is the power of the propagating mode [21].



Fig. 1. - Schematic of the CMT framework of triply-resonant DFG. Three resonant modes, $a_k(t)$, are coupled through a second order nonlinear interaction (satisfying $\omega_T = \omega_1 - \omega_2$). All three modes leak energy at a rate, γ_k , into the outgoing waves, s_k^- . The monochromatic input waves which drive the pump (ω_1) and signal (ω_2) modes are represented by the amplitudes, s_k^+ . The coupling strength is described by the constant, β .

Leakage from a cavity mode is described by the loss rate, $\gamma_k = \omega_k/2Q_k$, where Q_k is the Quality factor of the k^{th} mode. We decompose this cavity loss rate into $\gamma_k = \gamma_{k,s} + \gamma_{k,l}$ [21,22,38,39], where, $\gamma_{k,1}$ represents intrinsic losses (absorption/scattering), while $\gamma_{k,s}$ represents coupling to the input/output port. The incoming and outgoing waves are related by [21,38,39]

$$s_k^- = -s_k^+ + \sqrt{2\gamma_{k,s}}a_k \tag{1}$$

A detailed description of the CMT formalism for nonlinear mixing between resonant modes is described in [14,21,22,38,39]. The theory assumes that the nonlinear polarizations are sufficiently weak to be treated in the perturbative limit ($\partial P_{k,\text{NL}} \ll P_k$). By extending the formalism in [21] to non-degenerate three-wave mixing, where we assume there is no input at the signal frequency ($s_T^+ = 0$), the coupled wave Eqs. can be written as

$$\frac{da_1}{dt} = -\gamma_1 a_1 - i\omega_1 \beta_1 a_2 a_T + \sqrt{2\gamma_1 \Gamma_1} s_1^+$$
(2)

$$\frac{da_2}{dt} = -\gamma_2 a_2 - i\omega_2 \beta_2 a_1 a_T^* + \sqrt{2\gamma_2 \Gamma_2} s_2^+$$
(3)

$$\frac{da_T}{dt} = -\gamma_T a_T - i\omega_T \beta_T a_1 a_2^* \tag{4}$$

where $\Gamma_k \equiv \gamma_{k,s}/\gamma_k$ is the fraction of power escaping from the cavity that is collected into the input/output waveguide. The coupling constants (β_k) are determined by first-order perturbation theory, with the normalization such that $|a_k|^2$ is the energy stored in each mode to remain consistent with Eqs. (1)-(4) [21,22,38,39]. This yields the following expression for the coupling coefficients:

$$\beta = \beta_1 = \beta_2^* = \beta_T^* = \frac{1}{4} \frac{\int d^3 \vec{x} \sum_{i,j,k} \varepsilon_0 \chi_{ijk}^{(2)} E_{1,i}^* (E_{2,j} E_{T,k} + E_{T,j} E_{2,k})}{\sqrt{\int d^3 \vec{x} \varepsilon \left|\vec{E}_1\right|^2} \sqrt{\int d^3 \vec{x} \varepsilon \left|\vec{E}_2\right|^2} \sqrt{\int d^3 \vec{x} \varepsilon \left|\vec{E}_T\right|^2}}$$
(5)

where $\varepsilon = \varepsilon_r \varepsilon_0$ is the spatially varying dielectric constant at the corresponding resonance frequency. The above Eqs. (subject to Kleimann symmetry in $\chi^{(2)}$) satisfy the energy conservation condition, $\beta_1 = \beta_2^* = \beta_T^*$. Hereafter we will replace the parameters, β_k , with the

single parameter, β , which is defined in Eq. (5), with β represented in units of J^{-1/2} [40]. Optimization of the mode overlap, β , in Eq. (5) is analogous to satisfying the phase-matching condition in the nonlinear mixing of propagating modes.

3. Quantum-Limited Conversion

DFG efficiency can be assessed by analyzing the steady state solutions $(da_k(t)/dt = ds_k^{\pm}(t)/dt = 0)$ of Eqs. (2)-(4). In contrast with degenerate nonlinear frequency conversion (e.g. second-harmonic generation) [21], the non-degenerate case (e.g. DFG) does not allow for 100% conversion of power from ω_1 to ω_T . This arises because the destruction of a photon at ω_1 and the creation of a photon at ω_T is always accompanied by the creation of a second photon at ω_2 . This fundamental constraint is described by the Manley-Rowe relations [1]. Considering also losses (Γ_k), the quantum limit of conversion efficiency is given by:

$$\frac{\left|s_{T}^{-}\right|^{2}}{\left|s_{1}^{+}\right|^{2}} \leq \frac{\omega_{T}}{\omega_{I}} \Gamma_{I} \Gamma_{T}$$

$$\tag{6}$$

This condition can be derived directly from Eqs. (2)-(4) in the steady-state, and will be shown once we re-express Eqs. (2)-(4) in dimensionless form. The conversion efficiency is maximized by maximizing the ratios, Γ_1 and Γ_T . This means that over-coupling the cavity modes to the input/output waveguide is essential to achieving high conversion efficiency. In other words, it is more important that the Q-factors be limited by leakage to the desired output port than that they have a higher value but lack a well-defined output channel. This is a wellknown condition for low-loss operation in resonant devices [38,39]. However, notice that the loss ratio in the idler, Γ_2 , does not appear in Eq. (6), i.e. it does not affect the overall efficiency. This is because the input wave at ω_2 is not down-converted, but rather amplified; therefore, losses can be compensated for by pumping in more power at this frequency. One can find a critical relationship between the input powers, $|s_1^+|^2$ and $|s_2^+|^2$ that allows for maximum conversion efficiency (complete depletion of the pump) by imposing either of the following equivalent constraints: $s_1^- = 0$ or an equality in Eq. (6). This relationship is given by:

$$\left|s_{2}^{+}\right|^{2} = \frac{\omega_{2}\left|1 - \frac{4}{\omega_{1}}\left|\beta\right|^{2} Q_{1} Q_{2} Q_{T} \Gamma_{1}\left|s_{1}^{+}\right|^{2}\right|^{2}}{16\left|\beta\right|^{2} Q_{1} Q_{2} Q_{T} \Gamma_{2}}$$
(7)

Notice that the power coupled into the cavity at the idler frequency, $|s_2^+|^2$, depletes the signal (ω_T) when nonlinearly converted (via sum-frequency generation), and produces power at the pump (ω_1) . Therefore, in the case in which the pump is completely depleted $(s_1^- = 0)$, no net power from the idler frequency is converted and $|s_2^-|^2 = |s_2^+|^2 + |s_1^+|^2\Gamma_1\Gamma_2\omega_2/\omega_1$. The conversion of the total input power, $|s_1^+|^2 + |s_2^+|^2$, is thus maximized in the limit $|s_2^+|^2 \rightarrow 0$, $|s_1^+|^2 = \omega_1/(4|\beta|^2Q_1Q_2Q_T\Gamma_1)$. Note, however, that Eqs. (2)-(4) require a non-zero value (this can be arbitrarily small) of $|s_2^+|^2$ for non-zero conversion efficiency. Note also that the power at which total conversion is optimal decreases with increasing Q-factors and vice-versa. This means that lower Q-factors are desirable for high power applications. As an example, consider the case where $\lambda_1 = 1.000\mu$ m, $\lambda_2 = 1.111\mu$ m, $\lambda_T = 10.00\mu$ m, in a cavity composed of a typical III-V semiconductor such as GaAs. Taking the magnitude of the second-order effective nonlinear susceptibility to be $d_{eff} = 274 \text{ pm/V}$ [41], and assuming a constant field in each cavity with an optimal overlap [21], the critical power for optimal total power conversion (where $|s_2^+|^2 \rightarrow 0$) would be reached at $|s_1^+|^2 = 4.4$ mW for $Q_1 = Q_2 = Q_T = 10^4$. The actual implementation of a triply-resonant system characterized by high Q/V ratios for the three frequencies involved in the nonlinear frequency mixing process and high modal overlap is a challenging problem and is out of the scope of this paper. This problem will be addressed in detail in a separate publication [42].

Equation (7) also allows for quantum-limited conversion for an arbitrarily small value of $|s_1^+|^2$ as $|s_2^+|^2 \rightarrow \omega_2/(16|\beta|^2 Q_1 Q_2 Q_T \Gamma_2)$. This is a unique property of the non-degeneracy of DFG, and could prove useful for low power applications [38,43,44]. A similar result was found in the quantum limit for doubly resonant DFG, specifically that a single photon could be converted with high fidelity from ω_1 to ω_T , given an appropriate pump power at ω_2 [44]. Note that in both limits the optimal input power is proportional to $1/Q_1Q_2Q_T$. A similar result was found in the degenerate case of second-harmonic generation, where the critical power was shown to scale as $1/Q_1Q_2^2$ [21]. A related enhancement factor was also reported earlier in the undepleted-pump limit [19]. In the specific case of THz generation through DFG of telecom-band modes ($\omega_1 \approx \omega_2$), assuming the two telecom-band modes have the same mode volume ($V_1 \approx V_2$), then under the conditions of best possible overlap [21], the overlap would scale as $\beta \sim 1/V_T^{1/2}$. This means that in triply resonant THz generation, the mode volumes of the telecom-band cavities do not affect the strength of the nonlinear coupling as long as they match each other (i.e. $V_1 \approx V_2$).

4. Stability and Universal Structure

We now analyze the structure of Eqs. (2-4) in detail. We aim to identify dynamics that are qualitatively universal to all triply-resonant DFG processes; i.e., they do not depend explicitly on $\{Q_k, \omega_k, \beta\}$. To do this, it is helpful to redefine our variables $\{a_k, s_k^{\pm}\}$ in a dimensionless form that removes as many of the parameters, $\{Q_k, \omega_k, \beta\}$, as possible. This is best accomplished by rescaling the variables, $\{t, a_k, s_k^{\pm}\}$, as follows:

$$T \equiv \gamma_1 t = \frac{\omega_1 t}{2Q_1} \tag{8}$$

$$A_{k} \equiv 2\sqrt{\frac{Q_{1}Q_{2}Q_{T}}{Q_{k}}} [\beta^{*} + \delta_{k,T}(-i\beta - \beta^{*})]a_{k}$$

$$\tag{9}$$

$$S_{k} \equiv 4 \sqrt{\frac{Q_{1}Q_{2}Q_{T}\Gamma_{k}}{\omega_{k}}} \beta^{*} s_{k}^{+}$$
(10)

where $\delta_{k,T}$ is the Kronecker delta. We will also define a dimensionless parameter that quantifies the DFG efficiency:

$$E_{ff} = \frac{\omega_1}{\Gamma_1 \Gamma_T \omega_T} \frac{\left| s_T^- \right|^2}{\left| s_1^+ \right|^2} = 4 \frac{U_T}{P_1}$$
(11)

where we have introduced the notation, $|A_k|^2 \equiv U_k$, $|S_k|^2 \equiv P_k$ for the normalized energy and power, respectively. In this notation, the quantum limit corresponds to $E_{ff} = 1$. The dimensionless coupled-mode equations are given by

$$\frac{dA_{1}}{dT} = -A_{1} + A_{2}A_{T} + S_{1}$$
(12)

$$\frac{dA_2}{dT} = r_2[-A_2 - A_1A_T^* + S_2]$$
(13)

$$\frac{dA_T}{dT} = r_T [-A_T - A_1 A_2^*]$$
(14)

where $r_k = \gamma_k/\gamma_1$. Since S_1 and S_2 denote amplitudes of waves with different frequencies, the time origin can be redefined so that both S_1 and S_2 are positive real numbers (i.e. the waves are

in phase at T = 0), assuming that the waves are not phase-modulated. It follows that the normalized mode amplitudes, A_1 , A_2 and A_T are purely real in any steady-state solution. In the steady state, Eqs. (12)-(14) simplify to,

$$A_1 = \frac{S_1}{(1+U_2)}$$
(15)

$$A_2 = \frac{S_2}{(1 - U_1)} \tag{16}$$

$$A_T = -A_1 A_2 \tag{17}$$

The steady-state solutions $(dA_k/dT = 0)$ do not depend on the geometry-specific parameters, r_k , and thus can be treated in a general form for an arbitrary system. Specifically, the conditions for efficient conversion will depend only on the generalized input parameters, S_k , whose magnitudes are related to the input wave amplitudes by Eq. (10). However, the stability of the steady-state solutions may in general depend on the specific geometry (r_k) , as shown below. An analogous simplification was also found in third-harmonic generation $(\chi^{(3)})$ in doubly-resonant systems [24]; however, in this case the competition between frequency conversion and self-action processes (self-phase modulation and cross-phase modulation) prevented the structure of the steady-state solutions from being completely geometryindependent.



Fig. 2. – Maximum (a) and minimum (b) normalized efficiency parameter (E_{ff}) for stable CW DFG ($E_{ff} = 1$ corresponds to quantum-limited conversion), plotted as a function of normalized powers of the pump (P_1) and idler (P_2) input waves. The solid line denotes the critical relationship between P_1 and P_2 where $E_{ff} = 1$ is possible ($P_2 = (1 - P_1/4)^2$). The dotted line (shown in (a), (b) and (c)) denotes the onset of multi-stability (sadde-node bifurcation). To the left of the dotted line (in all three plots), there is only one steady state solution to the coupled wave equations, which is stable for all geometries (any r_2 and r_T). To the right of the dotted line, there are three steady-state solutions and bistable behavior is observed for small values of r_2 and r_T . The two stable solutions are shown in (a) and (b) (the unstable solution is not shown). Stability in this region was assessed using $r_2 = r_T = 0.4$ (typical values for a near-degenerate coupled cavity system where all the modes have similar Q-factors). The stability of the solutions in the multi-stable region depends on the parameters, r_2 and r_T (see Fig. 3 for example). (c) Stable conversion efficiency reached after a step-excitation ($U_k(T = 0) = 0$, $P_k(T \ge 0) = 0$) for $r_2 = r_T = 0.4$. To the left of the dashed line, this solution is solution is solution is solution is solutions in the multi-stable region depends on the parameters, r_2 and r_T (see Fig. 3 for example). (c) Stable conversion efficiency reached after a step-excitation ($U_k(T = 0) = 0$, $P_k(T \ge 0) = 0$) for $r_2 = r_T = 0.4$. To the left of the dashed line, this solution is stable in all geometries (any r_2, r_T).

Using Eqs. (15)-(17), the dimensionless efficiency parameter can be expressed in the steady state purely as a function of the energy in the idler cavity, U_2 :

$$E_{ff} = \frac{4U_2}{\left(1 + U_2\right)^2} \tag{18}$$

We can now easily verify that the quantum limit is enforced by Eqs. (2)-(4); that is, that $E_{ff} \le 1$ in the steady state. Further, the quantum-limited conversion is achieved when

$$U_2 = 1, U_1 = U_T = \frac{P_1}{4}, P_2 = (1 - \frac{P_1}{4})^2$$
(19)

Stability of steady-state solutions in a nonlinear dynamical system can be analyzed qualitatively based on the eigenvalues of the points' Jacobian matrices. A steady state is stable if all the eigenvalues of its Jacobian have a negative real part [45]. The Jacobian for a steady state of Eqs. (12)-(14) can be written as:

$$J = \begin{bmatrix} -1 & A_T & A_2 \\ -r_2 A_T & -r_2 & -r_2 A_1 \\ -r_T A_2 & -r_T A_1 & -r_T \end{bmatrix}$$
(20)

Figure 2 shows the structure of the steady-state solutions for $r_2 = r_T = 0.4$. The stable solutions with maximum- and minimum-efficiency are shown in Fig. 2(a) and 2(b), respectively. The dotted line in Fig. 2 indicates a saddle-node bifurcation. In the region to the left of this line (lower values of P_1), there is only one steady-state solution. To the right of this line, there are three possible steady states for every combination of CW input powers, two of which are stable.

Given that there exists a large region of the $\{P_1, P_2\}$ parameter space with only one solution to Eqs. (15)-(17), one would expect there to exist a subset of this region where this solution is stable for any geometry $\{r_2, r_T\}$. In fact, it can be shown that *in the entire region this solution is stable in all geometries* (in the region where there is only one solution). This can be proven by analyzing the Jacobian's characteristic polynomial using the Routh-Hurwitz algorithm [46]. The characteristic polynomial of Eq. (20) can be written in the form $\lambda^3 + B\lambda^2 + C\lambda + D = 0$. Using Eqs. (15)-(17) to simplify, we find that:

$$B = 1 + r_2 + r_T \tag{21}$$

$$C = r_2 r_T (1 - U_1) + r_2 (1 + \frac{1}{4} E_{ff} P_1) + r_T (1 + U_2)$$
(22)

$$D = r_2 r_T (1 - U_1 + U_2 + \frac{3}{4} E_{ff} P_1)$$
(23)

Note that all variables in Eqs. (21)-(23) can only have real positive values. The signs of the real parts of the Jacobian's eigenvalues can be determined by analyzing the first column of the Routh-Hurwitz matrix. If all entries in the column have the same sign then there are no eigenvalues with positive real parts [46]. For our Jacobian, this column is given by

$$\left\{H_{i,1}\right\} = \begin{bmatrix} 1\\ B\\ \frac{1}{B}(BC - D)\\ D \end{bmatrix}$$
(24)

The additional constraint that no eigenvalues have a real part equal to zero imposes the further constraints: (BC - D), $D \neq 0$. If we require $U_1 \leq 1$, all the coefficients (B-D) are strictly positive. In this case, both constraints are reduced to a single condition, (BC - D) > 0. The term, BC - D, can be expressed as

$$BC - D = r_2 r_T [(r_2 + r_T)(1 - U_1) + 2(1 - \frac{E_{ff}P_1}{4})] + (1 + \frac{E_{ff}P_1}{4})(1 + r_2)r_2 + (1 + U_2)(1 + r_T)r_T \quad (25)$$

Therefore, a steady-state solution is stable in all geometries when $U_1 \le 1$, $P_1 \le 4/E_{ff}$. It follows from Eq. (25) that all steady states are stable when $P_1 \le 1$. In fact, we find numerically that these conditions are satisfied for the steady-state solution everywhere in the region of monostability (Fig. 2, to the left of the dotted line). Thus, we expect universal dynamics in this region of $\{P_1, P_2\}$ space, with the conversion efficiency stabilizing to a value determined purely by the input powers, P_1 , P_2 , shown in Fig. 2. Furthermore, for all $P_1 < 4$, the solution with quantum-limited efficiency given in Eq. (19) is universally stable (for all r_2 and r_T). For Eq. (19) with $P_1 > 4$, stability is guaranteed by Eqs. (21)-(25) when $r_T < 0.414$ (or $2^{1/2} - 1$). Figure 3 demonstrates how the stability of the high-efficiency solutions varies with the geometric parameters, r_2 and r_T , for $P_1 > 4$ when P_1 and P_2 are related by Eq. (19). When r_2 and r_T are both large, there remains only one stable solution (shown by the black curve in Fig. 3) for all P_1 , which has quantum-limited efficiency for $P_1 < 4$.

Stability is also independent of the parameters, $\{r_2, r_T\}$, in the limit $P_2 \ll 1$. We expect there to be multiple steady states for $P_1 > 1$ (see Fig. 2). We can analytically determine the efficiencies and stabilities of all steady-state solutions in this limit. For any value of $P_1 \neq 1$, there is one solution where $U_1 \rightarrow P_1$, $U_2 \rightarrow 0$, and $E_{ff} \rightarrow 0$ (see Eqs. (15)-(17)). This will be the only solution for $P_1 < 1$. In particular, it follows directly from Eqs. (21)-(25) that this solution is universally stable for $P_1 < 1$ and universally unstable for $P_1 > 1$. For $P_1 > 1$, there is an additional pair of solutions in which $U_1 \rightarrow 1^+$, and $U_1 \rightarrow 1^-$. These solutions differ only by the sign of A_2 (phase), both having $U_2 = P_1^{1/2} - 1$, and $E_{ff} = 4(P_1^{1/2} - 1)/P_1$. It can also be shown directly from Eqs. (21)-(25) that both of these solutions are stable for all geometries. This means that to a good approximation, all geometries display only one stable conversion efficiency as a function of P_1 for $P_2 \ll 1$.



Fig. 3. Plots showing the effect of geometry $\{r_2, r_T\}$ on the conversion efficiency and stability of steady-state solutions for $P_2 = (1 - P_1/4)^2$, with (a) $r_2 = r_T = 0.4$ and (b) $r_2 = r_T = 2$. The onset of multiple solutions occurs at $P_1 \approx 2.55$. Solid lines indicate stable conversion efficiencies; dashed lines indicate unstable conversion. The black line indicates the solution that is approached after a step excitation $(U_k (T = 0) = 0, P_k (T \ge 0) = \text{constant}, P_k (T < 0) = 0)$ and red lines are used to denote all other solutions. While the conversion efficiency of all solutions is geometry-independent, note that the stability of quantum-limited efficiency changes with geometry (r_2, r_T) . In (a) the high-efficiency solution is stable everywhere in the plot, but is unstable for $P_1 > 10$ in (b) when r_2 and r_7 are increased from 0.4 to 2. For sufficiently large r_2 and r_7 , the system approaches mono-stability for all P_1 (all solutions denoted in red become unstable).

In addition to verifying the stability of high-conversion-efficiency solutions, it is important to assess how these solutions can be excited. In the monostable region, the efficiency will

stabilize at the value shown in Fig. 2 for all excitations; however, different excitation patterns can lead to different long-time stabilities in the bistable region, as was also shown for multistable conversion in doubly-resonant third-harmonic generation [24]. Figure 2(c) shows the asymptotic solution reached after a simple step excitation $(U_k (T = 0) = 0, P_k (T \ge 0) =$ constant, $P_k(T < 0) = 0, \gamma_2 = \gamma_T = 0.4$). For $P_1 < 4$, quantum-limited conversion is achieved from a step excitation when P_2 is given by Eq. (19), but this is not true for $P_1 > 4$. A more complicated excitation scheme would be required to excite the high-efficiency solution in this case [24]. The particular class of "easily accessible" steady-state solutions shown in Fig. 2(c) has a slightly increased domain of universal stability ($U_1 \le 1, P_1 \le 4/E_{ff}$, indicated by the region to the left of the dashed line in Fig. 2(c)) which extends beyond the region of monostability. Universal stability is guaranteed in this set of solutions for all $P_1 < 4$.

5. Validity Limits

We now consider which regions of the dimensionless parameter space are accessible for a given geometry (Q_k, ω_k, β) . Sufficient resonant enhancement of the density of optical modes at each of the three frequencies $(Q_k >> 1)$ is required in order to effectively suppress coupling to other frequencies (e.g. the sum frequency, $\omega_1 + \omega_2$). CMT relies on the slowly-varying amplitude approximation $(|da_k/dt| \ll |\omega_k a_k|)$. In the steady-state, this condition maps into the dimensionless parameter space as follows:

$$\frac{U_1}{2Q_2} << 1, \frac{U_2}{2Q_1} << 1 \tag{26}$$

This places a lower bound on the pump and idler Q-factors for a given steady-state solution to be accessible. In the case that $E_{ff} = 1$, Eq. (26) reduces to,

$$P_1 << 8Q_2$$
 (27)

When Eqs. (26)-(27) are not satisfied, it implies that the nonlinear terms in Eqs. (2)-(4) are sufficiently large that the perturbative treatment of the nonlinearity and the slowly varying amplitude approximation are no longer valid. A final consideration is that the energy in the cavity must be sufficiently below the threshold for the appearance of higher-order regimes or material damage. While Eqs. (26)-(27) ensure that second-order nonlinear effects remain in the perturbative limit, the nonlinear coupling strength (quantified by β) must also be sufficiently large for high-efficiency conversion to be achievable below the damage threshold. Efficiency can be expressed as a function of only the generalized energy in the idler cavity, U_2 . Quantum-limited conversion requires $U_2 = 1$, and optimal total power conversion ($P_1 = 4$, $P_2 \rightarrow 0$) occurs when $U_k = 1$ for all three modes. When this occurs, the actual mode energies are given by $|a_k|^2 = Q_k/4Q_1Q_2Q_T|\beta|^2$. This energy must be below the material and frequency dependent threshold for the appearance of higher-order nonlinear effects or material damage (breakdown) in a specific geometry. Increasing the nonlinear mode-overlap, β , reduces the energy required for high-efficiency conversion.

6. Conclusion

In this paper we have presented a general analysis of nonlinear second-order difference frequency generation (DFG) where all three waves are resonant. We have shown that the Eqs. governing the system can be scaled into a set of universal dimensionless parameters and that the steady-state solutions (corresponding to CW conversion) only depend on the generalized parameters, P_1 and P_2 , which are directly proportional to the input powers of the pump and idler, respectively. As P_1 increases for any fixed P_2 , a saddle-node bifurcation is reached. Below this point, there exists only one steady-state solution with universal stability, and above this point, there exist three solutions with geometry-dependent stabilities. In many geometries, this results in bistability. We have demonstrated that CW conversion from pump to signal with quantum-limited efficiency is possible in such a system for *any* power of the pump wave,

provided a specific input power at the idler frequency. In this case, the pump beam is perfectly depleted and the pump:signal conversion ratio is given by the frequency ratio. Quantum-limited conversion can occur with arbitrarily small idler power – optimizing total power conversion - when the pump power approaches the critical value, which scales as the inverse of the product of the three cavity mode Q-factors. Thus, optimal conversion occurs at higher power with decreased Q-factors and vice-versa. This critical power also acts as a threshold below-which quantum-limited conversion is always stable and above-which the stability depends on geometry. We have shown that linear losses do not qualitatively change the dynamics, but do cause a reduction in conversion efficiency. The efficiency is optimal when theoretical Q-factors are limited by coupling to the input/output port (overcoupled). We expect a similar universal framework to exist for second-order sum-frequency generation.

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