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Effects of Orography and Surface Heat Fluxes on the South Asian Summer Monsoon

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ABSTRACT

A high-resolution (40 km horizontal) global model is used to examine controls on the South Asian summer monsoon by orography and surface heat fluxes. In a series of integrations with altered topography and reduced surface heat fluxes, monsoon strength, as indicated by a vertical wind shear index, is highly correlated with the amplitude of the maximum boundary layer equivalent potential temperature (θ_{eb}) over South Asia. Removal of the Tibetan Plateau while preserving the Himalayas and adjacent mountain ranges has little effect on monsoon strength, and monsoon strength decreases approximately linearly as the height of the Himalayas is reduced. In terms of surface heat flux changes, monsoon strength is most sensitive to those in the location of the θ_{eb} maximum just south of the Himalayas. These results are consistent with the recent idea that topography creates a strong monsoon by insulating the thermal maximum from dry extratropical air. However, monsoon strength is found to be more sensitive to variations in the θ_{eb} maximum when topography is altered than when surface heat fluxes are reduced, and it is suggested that free-tropospheric humidity changes lead to deviations from strict convective quasi equilibrium and cause this difference. When topography is reduced, dry extratropical air intrudes into the troposphere over the θ_{eb} maximum and is entrained by local deep convection, requiring a higher θ_{eb} to achieve convective equilibrium with a given upper-tropospheric temperature and associated balanced monsoon flow. These results illustrate potential complexities that need to be included in simple theories for monsoon strength built on strict convective quasi equilibrium.

1. Introduction

The boreal summer South Asian monsoon is a major feature of the general circulation of the Earth's atmosphere and affects the lives of billions of people (e.g., [Lau et al. 2006](#)). The thermally direct monsoon circulation is caused by the thermodynamic contrast between the Eurasian continent and the Indian Ocean. In particular, the Tibetan Plateau has for decades been thought to drive this large-scale monsoon by acting as an elevated heat source ([Yeh et al. 1957](#)). The sensible heat flux from the surface of the Tibetan Plateau in spring was argued to heat air

above the plateau to higher temperatures than air over surrounding nonelevated surfaces, leading to the reversal of the free-tropospheric meridional temperature gradient that accompanies the onset of the monsoon. The meridional temperature gradient would then be maintained through the summer by a combination of surface heat fluxes, the diabatic heating of precipitating convection that is caused by the plateau-induced ascent, and adiabatic warming by dynamically induced subsidence (e.g., [He et al. 1987](#); [Yanai et al. 1992](#); [Wu and Zhang 1998](#)). The importance of elevated heating seemed to be supported by the fact that the intensity and northward extent of monsoon precipitation were greatly reduced in model simulations in which all topography was removed (e.g., [Hahn and Manabe 1975](#); [Prell and Kutzbach 1992](#)). Temporal correlations between Tibetan Plateau uplift

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and some proxy indicators of monsoon strength seem to support the idea that elevated topography creates a strong monsoon (e.g., An et al. 2001), but there is considerable uncertainty in the timing of orographic uplift and in the interpretation of proxies for monsoon strength (see review by Molnar et al. 2010).

While Asian topography is clearly needed to produce a strong monsoon circulation, the roles of the broad Tibetan Plateau and the comparatively narrow mountain ranges adjacent to the plateau (e.g., the Himalayas) were not distinguished in many previous modeling studies (e.g., Abe et al. 2003; Yasunari et al. 2006). As reproduced in Fig. 1a, modern observations (e.g., Boos and Emanuel 2009) show that the maximum free-tropospheric temperature is centered slightly south of the peaks of the Himalayas (the thick white curve in Fig. 1a) instead of being centered over or to the northwest of the Tibetan Plateau as one would expect for the response to a heat source (e.g., Gill 1980). The free-tropospheric temperature maximum lies almost directly over the maximum boundary layer equivalent potential temperature (θ_{eb} ; Fig. 1b), consistent with convective quasi-equilibrium treatments of precipitating large-scale flow as discussed in Boos and Emanuel (2009), and the maximum θ_{eb} is located over the nonelevated region of northern India. These facts, together with the existence of sharp horizontal gradients in θ_{eb} coincident with the Himalayas and adjacent mountain ranges, led Boos and Kuang (2010) to hypothesize that topography creates a strong monsoon primarily by insulating the monsoon thermal maximum from the low θ_{eb} (i.e., dry) air of the Asian continental interior (see also Chakraborty et al. 2006). They confirmed that the monsoon circulation is largely unchanged by removal of the Tibetan Plateau in a climate model as long as the Himalayas and adjacent mountain ranges are preserved. These model results and observations of θ_{eb} are consistent with the idea that the elevated heating over the Tibetan Plateau is not crucial to the monsoon, but the radiative and surface heat fluxes over the nonelevated parts of northern India are important. Wu et al. (2012) subsequently argued that the surface sensible heat flux from the southern slopes of the Himalayas provides an elevated heating that drives a large part of the monsoon and showed that monsoon strength decreased when sensible heating from these mountain ranges was suppressed in a climate model. However, additional model simulations showed that the monsoon is more sensitive to heat fluxes from nonelevated surfaces over northern India than it is to heat fluxes from the Himalayas and other elevated terrain (Boos and Kuang 2013). Thus, surface heat fluxes in the region of the θ_{eb} maximum seem to be most important for monsoon strength, with topography creating a strong

monsoon primarily by suppressing the horizontal advective flux of low equivalent potential temperature (θ_e) air into the thermal maximum.

However, all of the studies discussed above used models with coarse resolution that barely resolve topographic details in the regions of interest. For example, the narrow range of the Himalayas is not distinct from the Tibetan Plateau in a climate model integrated at 2° horizontal resolution. Cane (2010) noted the need for results concerning the role of topography in the South Asian summer monsoon to be reproduced in higher-resolution models. Boos and Hurley (2013) found that a collection of the latest generation of climate models has a negative bias in the strength of the monsoon thermal maximum that seems to be caused by an overly strong flow of dry air across the smoothed model topography. With these motivations, here we employ the Weather Research and Forecast (WRF) Model as a high-resolution general circulation model to explore the effects of orography and surface heat fluxes on the South Asian summer monsoon. This model is integrated at 40-km horizontal resolution, substantially finer than the roughly 200-km resolution employed by Boos and Kuang (2010) or the wavenumber 42 rhomboidal truncation used in the spectral model of Wu et al. (2012). Furthermore, we conducted a fairly large number of model experiments in which topographic heights and surface heat fluxes were altered. The results provide insight into the relative importance of topography and regional surface heat fluxes in setting the monsoon strength.

2. Model and methods

Using WRF version 3, 11 sets of global experiments were conducted. All integrations were performed with the horizontal resolution of 40 km and 40 vertical levels with prescribed sea surface temperature and sea ice. Convection is explicitly represented in the model using the reduced acceleration in the vertical (RAVE) methodology of Kuang et al. (2005), with a RAVE factor of 10. This method rescales convective motions and large-scale circulations and allows global integrations at coarser resolutions with explicit (rather than parameterized) convection. The Noah land surface model was used over land. When the topography was modified, only the surface elevations were changed, and all other fixed properties of the land, such as soil temperature at the lower boundary of the land surface model, were left unchanged. A sensible heat sink was prescribed in the land surface scheme in the experiments with reduced surface sensible heat fluxes. All runs were started in late February or early March using initial conditions from

FIG. 1. The thermodynamic structure, precipitation, and wind from observations, reanalysis data, and the CONTROL. (a) ERA-40 temperature averaged between 175 and 450 hPa. (b) ERA-40 θ_{eb} : θ_e about 20 hPa above the surface. (c) Vertical–meridional distributions of the θ_e from the ERA-40 averaged between 70° and 95°E along the lines at the same relative latitude with respect to the peaks of the Himalayas [indicated by the thick white curve in (a)]. (d) TRMM precipitation rate (color shading) and ERA-40 850-hPa winds (vectors). (e)–(h) The corresponding properties of averages of ensemble members from the CONTROL experiment. In (f), the white box denotes the domain in which regions covering $3.7 \times 10^6 \text{ km}^2$ of the highest θ_{eb} are identified to calculate the maximum θ_{eb} over northern India. The black box indicates the domain in the equatorial Indian Ocean where the reference θ_e^* is averaged over for $\Delta\theta_{ec}$. In (a), (b), (d), (e), (f), (h), the gray contours denote elevations with the interval of 1200 m. In (c), (g), the gray curve shows the maximum height of the orography along the relative latitude, so that, below the gray curve, along each relative latitude there are different numbers of invalid data points that are not considered into the average. In (h), the red box defines the region to calculate the mWYI.

TABLE 1. Experiments configuration: The elevations of the altered orography in HIM90, HIM66, HIM33, and FLAT are denoted by the thin gray contours in Figs. 2a–d with an interval of 1200 m. A sensible heat sink of 150 W m^{-2} is prescribed in the land surface scheme in the first group of experiments with reduced surface sensible heat fluxes. In the second group of experiments with reduced surface sensible heat fluxes, the magnitude of surface sensible heat fluxes forcing follows the distribution of differences between θ_{eb} values for the FLAT experiment and those for the CONTROL experiment. TIBET includes the part of the Tibetan Plateau north of the Himalayas as denoted by the thick black contour in Fig. 2e. HIM (thick black contour in Fig. 2f) is defined as the region above 1200 m on the southern slope of the Himalayas, 70° – 100°E , and covers $7.6 \times 10^5 \text{ km}^2$. INDIA (thick black contour in Fig. 2g) covers the same areal extent as HIM and is directly south of and adjacent to the HIM. INDIA2 (thick black contour in Fig. 2h) is defined as the region with the highest θ_{eb} in the CONTROL covering $7.6 \times 10^5 \text{ km}^2$. THERM (thick black contour in Fig. 6a) is the region south of the Himalayas, north to 22.5°N , 67° – 90°E .

	Variation in input	Note
CONTROL	—	
HIM90	Tibetan Plateau removed; 90% of Himalayas preserved	Fig. 2a
HIM66	Tibetan Plateau removed; 66% of Himalayas preserved	Fig. 2b
HIM33	Tibetan Plateau removed; 33% of Himalayas preserved	Fig. 2c
FLAT	elevation set to 0 north to 20°N , 60° – 120°E	Fig. 2d
TIBET	344 TW of sensible heat sink in TIBET (over the Tibetan Plateau)	Fig. 2e
HIM	114 TW of sensible heat sink in HIM (over southern slope of the Himalayas)	Fig. 2f
INDIA	114 TW of sensible heat sink in INDIA (over northern India)	Fig. 2g
INDIA2	114 TW of sensible heat sink in INDIA2 (over northern India)	Fig. 2h
THERM1	196 TW of sensible heat sink in THERM (over northern India)	Fig. 6a
THERM2	392 TW of sensible heat sink in THERM (over northern India)	Fig. 6a
THERM3	588 TW of sensible heat sink in THERM (over northern India)	Fig. 6a

the National Centers for Environmental Prediction reanalysis data, and time averages were taken and analyzed in June, July, and August.

Table 1 provides a brief summary of the experiments design. With no modification of the surface heat fluxes, the standard WRF topography (the thin gray contours in Fig. 1e) is used in the control simulations, referred to as CONTROL. The orography is modified in HIM90, HIM66, HIM33 and FLAT, and each experiment with altered orography consists of an ensemble of three simulations, integrated globally from 27 February, 1 March, and 3 March to 1 September 1999. For HIM90, the surface elevations are first set to zero north of the point at which the Himalayas reach 90% of the elevation of the highest

point at each longitude between 70° and 100°E , so that the bulk of the Tibetan Plateau is removed while the narrow range of the Himalayas is mostly preserved. Then a poleward slope of 10 m km^{-1} is applied north of the point with the highest elevation to avoid numerical instability. The thin gray contours in Fig. 2a denote the topography implemented in HIM90. We did not keep 100% of the maximum height at each longitude because the highest point is located north of the Himalayas at some longitudes. HIM66 and HIM33 are configured similarly as in HIM90, except that the Himalayas are truncated at 66% and 33% of the maximum height at each longitude, respectively. The topography for these two experiments is illustrated in Figs. 2b,c. In FLAT, the elevations are set to zero north of 20°N and between 60° and 120°E , as shown in Fig. 2d.

After the surface fluxes are calculated in the land surface scheme at each time step, a sensible heat sink of 150 W m^{-2} is applied to the bottom layer of the atmosphere over a series of target regions in the first group of experiments with reduced surface heat fluxes (i.e., TIBET, HIM, INDIA, and INDIA2). To improve the signal-to-noise ratio, the CONTROL, TIBET, HIM, INDIA, and INDIA2 experiments include 10 integrations, each starting from an individual date from 24 February through 5 March 1999. TIBET covers the regions with elevations higher than 1200 m north of the Himalayas between 70° and 100°E (denoted by the thick black contour in Fig. 2e), and the total reduction of surface sensible heat flux is 344 TW in the TIBET experiment. HIM is defined as the region above 1200 m on the southern slope of the Himalayas, between 70° and 100°E , and covers around $7.6 \times 10^5 \text{ km}^2$ (thick black contour in Fig. 2f). INDIA is the region covering the area of $7.6 \times 10^5 \text{ km}^2$, the same as HIM, and is south of and adjacent to HIM (thick black contour in Fig. 2g). INDIA2 (thick black contour in Fig. 2h) also covers $7.6 \times 10^5 \text{ km}^2$, but it consists of the regions with the highest θ_{eb} in the CONTROL. The total forcing of surface sensible heat fluxes in HIM, INDIA, and INDIA2 is 114 TW. We also conduct a second group of experiments with modified surface sensible heat fluxes. In THERM1, the amplitude of the surface heat flux forcing follows the distribution of differences between θ_{eb} values for the FLAT experiment and those for the CONTROL experiment, and the sensible heat flux is reduced over the region north of 22.5°N and south of the Himalayas between 67° and 92°E (thick black contour in Fig. 6a, described in more detail below). In total, 196 TW of surface sensible heat fluxes is eliminated in THERM1. Then, in THERM2 and THERM3, the remaining surface sensible heat flux forcing is doubled and tripled, respectively. For THERM1, THERM2, and THERM3, the second group of experiments with reduced surface heat fluxes, four integrations are conducted in

FIG. 2. The spatial distribution of θ_{eb} averaged for June, July, and August (color shading). The thick white contours denote the regions covering $3.7 \times 10^6 \text{ km}^2$ of the highest θ_{eb} within $50^\circ\text{--}100^\circ\text{E}$, $15^\circ\text{--}30^\circ\text{N}$. The thin gray contours denote elevations with the interval of 1200 m. (bottom) The thick black contours show the regions where a sensible heat sink is applied on the surface.

each experiment starting from 27 February, 1 March, 2 March, and 3 March.

The strength of the monsoon is quantified using an index based on the spatially averaged vertical wind shear (Webster and Yang 1992). To better represent the dominant mode of interannual variations of the South Asian summer monsoon, instead of using the original definition of the Webster–Yang index, we followed Wang et al. (2001) and used the modified Webster–Yang index (mWYI). This mWYI is defined as the difference in zonal wind between 200 and 850 hPa, averaged from 5° to 25°N and from 50° to 100°E (indicated by the red box in Fig. 1h). We also tried the Somali jet index defined by Boos and Emanuel (2009) to indicate the strength of the monsoon: the fact that the Somali jet index produced similar results as those from the mWYI suggests that our results are not highly sensitive to the choice of index.

3. Results and discussion

With realistic topography, the CONTROL runs produce similar precipitation to that estimated from the Tropical Rainfall Measuring Mission (TRMM) 3B43V6 data averaged for June, July, and August 1999 (Figs. 1d,h). The precipitation maxima are located off the Western Ghats in India, over the southern slope of the Himalayas

and the coastal mountains of Myanmar. The precipitation peaks at around 24 mm day^{-1} , similar to the observations. The simulated 850-hPa winds capture the main pattern of the large-scale circulation represented in 40-yr European Centre for Medium-Range Weather Forecasts Re-Analysis (ERA-40) data averaged for the same period. There is strong westerly flow over the north Indian Ocean and the Indian subcontinent. The modeled θ_{eb} (Fig. 1f) and upper-tropospheric temperature (Fig. 1e) generally agree with the ERA-40 data (Figs. 1a,b), with the θ_{eb} maximum positioned in north India and the center of maximum upper-tropospheric temperature located slightly south of the peaks of the narrow range of mountains (the thick white curve in Fig. 1e). Although the model results show some bias compared to the observationally based estimates, such as overly strong low-level westerlies and a θ_{eb} maximum that is slightly weaker and positioned too far south, the climatology produced by the WRF Model is substantially better than that produced by almost all global climate models previously used to study the boreal summer South Asian monsoon (e.g., Boos and Kuang 2010; Wu et al. 2012; Boos and Hurley 2013).

The vertical cross section of the θ_e profile from the CONTROL experiment (Fig. 1g), averaged between 70° and 95°E in relative distance to the peaks of the Himalayas

FIG. 3. Spatial distribution of the regression coefficient between the θ_{eb} and the mWYI from the CONTROL. Color shading represents the regression coefficients ($\text{K m}^{-1} \text{s}$) that are statistically significant at 95% confidence level. The thick black contours indicate regions with correlation coefficients of 0.3 and 0.7. The thin gray contours denote elevations with interval of 1200 m.

at that longitude, is also consistent, in spite of different resolutions, with that derived from the ERA-40 data (Fig. 1c). The gray curves in Figs. 1c,g define the maximum elevation along each relative latitude, with 0° in relative latitude representing the location of the Himalayan peaks (the thick white curves in Figs. 1a,e). The sharp gradient in θ_{eb} is consistent with the hypothesis that the Himalayas insulate the θ_{eb} maximum against the low θ_e air in the north. A rough scale for the anomalous horizontal moist static energy flux divergence in the experiments where the topography is eliminated can be estimated by $\langle v(\partial h/\partial y) \rangle$, where v , h , and y are the anomalous meridional velocity, the basic state moist static energy, and the meridional distance, respectively, and angle brackets denote a mass-weighted vertical integral. An estimate of the moist static energy gradient can be obtained from the θ_e field using $(\partial h/\partial y) \approx (c_{pd} T/\theta_e)(\partial \theta_e/\partial y)$, in which c_{pd} is the heat capacity for dry air and T is the temperature. Assuming the scale for v is 1 m s^{-1} and using a rough scale for $\partial \theta_e/\partial y$ from the observations, the anomalous horizontal moist static energy flux divergence is around 150 W m^{-2} . The scale for the anomalous moist static energy flux divergence in the experiments with altered orography is comparable with the imposed surface heat flux forcing in the experiments with reduced sensible heat fluxes, so we expect the response of the monsoon to share the same order of magnitude in the experiments with altered orography and reduced sensible heat fluxes.

The 10 integrations in CONTROL yield an average mWYI of $35.7 \pm 0.28 \text{ m s}^{-1}$, with the error of the mean

estimated assuming a Gaussian distribution of error. Using 3-month means for June, July, and August, we regress the mWYI on θ_{eb} at each horizontal location for the 10 integrations of the CONTROL experiment, which are analogs for 10 different monsoon seasons. As shown in Fig. 3, the mWYI is most strongly correlated with θ_{eb} in north India, very near the θ_{eb} maximum. The regression coefficients indicate the pattern of θ_{eb} anomaly in a year with strong monsoon circulation, and the contrast of regression coefficients between north India and the equatorial Indian Ocean shows that a stronger monsoon circulation is accompanied by a stronger meridional θ_{eb} gradient. The positive correlation over the Indian Ocean does not result from any local changes in sea surface temperature because sea surface temperature does not vary between the runs, so we conclude that it results from increased θ_{eb} because of intensified circulation. The positive signal in the East Asian marginal seas agrees with the results from the composite analysis by Wang et al. (2001) and was attributed to teleconnections with the surface warming associated with an anomalous anticyclone. The regression pattern for our model is similar to that calculated from 45 years of interannual variations in observed monsoon precipitation and θ_{eb} (Hurley and Boos 2013, their Fig. 2b).

When all orography is removed within $60^\circ\text{--}120^\circ\text{E}$, $20^\circ\text{--}90^\circ\text{N}$ in the FLAT experiment, the monsoon circulation weakens greatly as in previous studies (e.g., Chakraborty et al. 2002), and the mWYI drops to around 23 m s^{-1} (Fig. 4a). Precipitation over north India

FIG. 4. The monsoon strength plotted (a) against the maximum elevation of the orography in South Asia in the experiments with altered orography and (b) against total surface sensible heat flux forcing in the experiment with sensible heat sink. The averaged mWYI of 10 ensemble members is shown with error bars for CONTROL, TIBET, HIM, INDIA, and INDIA2; the data from individual simulations is plotted for HIM90, HIM66, HIM33, and FLAT, because there are only three ensemble members for each of these experiments.

drops by more than 70% compared to the CONTROL, and the Somali jet decreases by around 4 m s^{-1} from 12.3 m s^{-1} in the CONTROL. Also, the free-tropospheric temperature peak south of the Himalayas decreases in amplitude and shifts equatorward, and the θ_{eb} peak drops by around 2.5 K and moves southward to the Bay of Bengal (Fig. 2d). The fine resolution of this model allows a more careful look at how the monsoon strength changes when topography is modified. Results from the HIM90 experiment show that the mWYI slightly decreases, by less than 4 m s^{-1} , compared to the CONTROL experiment. Then the monsoon circulation gradually weakens as the peaks of the Himalayas further decrease to 66% and 33% of their height in CONTROL (Fig. 4a). These experiments confirm the conclusion by Boos and Kuang (2010) that the presence of the Tibetan Plateau is not required for the existence of a strong monsoon and that the monsoon weakens as the elevation of the Himalayas decreases. The decrease of the monsoon strength is approximately linear with the decrease in the maximum elevation of the insulation with no threshold behavior observed. TIBET, HIM, INDIA, and INDIA2 are then conducted with realistic topography but reduced surface sensible heat fluxes. Because the internal variability of the mWYI grows in this group of experiments, the number of integrations for each experiment is increased to 10 to improve the signal-to-noise ratio. There is a clear dependence of the mWYI on the surface heat flux forcing whether the forcing is over elevated terrain or not. A sensible heat sink of 150 W m^{-2} over INDIA2

decreases the mWYI by around 4.5 m s^{-1} , while the mWYI goes down by around 3 m s^{-1} when sensible heat sinks with the same magnitude per unit area are implemented over TIBET, HIM, and INDIA (Fig. 4b). Given the areal extent with reduced surface heat fluxes in different experiments, the monsoon is most sensitive to the forcing in INDIA2 (the nonelevated region in the location of the θ_{eb} maximum) and least sensitive to that in TIBET, which is more extensive than HIM, INDIA, and INDIA2.

Figure 2 shows the spatial distribution of the θ_{eb} in the experiments with orographic and surface heat flux forcing, as it was suggested that the θ_{eb} maximum in north India is closely associated with the monsoon strength. It should be noted that, though the surface heat fluxes do change when the orography is reduced, the surface heat fluxes anomaly in the experiments with altered orography is very small compared to that from the experiments with reduced surface sensible heat flux. As a result, the θ_e anomalies in HIM90, HIM66, HIM33, and FLAT can mainly be considered as results from increased mixing between the high θ_e air south of the Himalayas and the dry air north of the topographic barrier. In the experiments with altered orography, the dry air from the north penetrates into north India. As the maximum height of the Himalayas is reduced, the θ_{eb} over the Tibetan Plateau and north India decreases gradually and the regions with the highest θ_{eb} shift southward (Figs. 2a–d). For the first group of experiments with reduced surface sensible heat fluxes (Figs. 2e–h),

FIG. 5. The monsoon strength (indicated by mWYI) regressed against $\Delta\theta_{ec}$ (i.e., the difference between the maximum θ_{eb} over South Asia and the average free-tropospheric θ_e^* over the equatorial Indian Ocean) in the experiments with (a) altered orography and (b) reduced surface sensible heat fluxes. Each marker stands for an individual ensemble member, and the black line denotes the regression line.

significant negative θ_{eb} anomalies can be seen in the regions where the sensible heat sink is implemented (denoted by the thick black contours), and the regions with the highest θ_{eb} vary accordingly. The mWYI is most sensitive to the surface forcing in INDIA2 because the corresponding θ_{eb} perturbation is coincident with the region with maximum θ_{eb} in the CONTROL.

Figure 5 provides more insight into the thermal controls of the system. Since the strength of the monsoon is determined by horizontal thermal contrasts, the mWYI is plotted against an index, referred to as $\Delta\theta_{ec}$, representing the thermal contrast between South Asia and the equatorial Indian Ocean. We define $\Delta\theta_{ec}$ as the difference between a measure of the maximum θ_{eb} over South Asia and the average saturated equivalent potential temperature (θ_e^*) in the free troposphere over the equatorial Indian Ocean. In practice, regions covering $3.7 \times 10^6 \text{ km}^2$ of the highest θ_{eb} within $50^\circ\text{--}100^\circ\text{E}$, $15^\circ\text{--}30^\circ\text{N}$ (the white box in Fig. 1f) are first identified for each experiment, and the maximum θ_{eb} is then calculated as the average over these regions (indicated by the thick white contours in Figs. 2 and 6a). The θ_e^* is averaged horizontally over $50^\circ\text{--}100^\circ\text{E}$, $5^\circ\text{S}\text{--}5^\circ\text{N}$ (the black box in Fig. 1f) and vertically from 175 to 450 hPa. As expected, the mWYI is highly correlated with $\Delta\theta_{ec}$ for both the experiments with altered orography and reduced surface heat fluxes, with the correlation coefficient of 0.95 and 0.84, respectively (both significant at 99% confidence level). Although $\Delta\theta_{ec}$ was defined in this particular way to give a measure of thermal contrast that is related to the

vertical shear through thermal wind balance, the variability of the averaged free-tropospheric θ_e^* over the equatorial Indian Ocean is quite small among different experiments. The maximum θ_{eb} averaged over the northern region thus dominates the variability of the thermal contrast, so the maximum θ_{eb} alone also has high correlation with the mWYI.

The regression coefficients are estimated assuming the error variance on each axis is proportional to the variance of the corresponding variable. For the experiments with altered orography, the slope is $4.25 \text{ m s}^{-1} \text{ K}^{-1}$, with the 95% confidence interval spanning $3.66\text{--}4.83 \text{ m s}^{-1} \text{ K}^{-1}$. In contrast, for the experiments with reduced surface heat fluxes, the estimated slope is $2.15 \text{ m s}^{-1} \text{ K}^{-1}$ with a 95% confidence interval of $1.81\text{--}2.48 \text{ m s}^{-1} \text{ K}^{-1}$. The difference in the regression coefficients is discussed in the next few paragraphs.

Recall that, from Fig. 2, the pattern of the θ_{eb} in response to orographic forcing differs from the structure of the θ_{eb} in the experiments with reduced surface heat fluxes, and these differences could contribute to the difference in the regression coefficients between the two groups of experiments seen in Fig. 5. To clarify this issue, a second group of experiments with reduced surface sensible heat fluxes is conducted, in which the pattern of the surface flux forcing mimics the pattern of the θ_{eb} difference between the FLAT and CONTROL experiments. Taking the THERM1 experiment as an example, Fig. 6a shows that the second group of experiments with reduced surface heat fluxes yields a similar structure of

FIG. 6. (a) As in Fig. 2, but for the THERM1 experiment. (b) As in Fig. 5, but for the second group of experiments with reduced surface heat fluxes. Each marker stands for an individual integration from CONTROL, THERM1, THERM2, and THERM3, and the red solid line denotes the regression line for these simulations. As reference, the black dashed line is the same as the regression line in Fig. 5b for the first group of experiments with reduced sensible heat fluxes and the blue dashed line is the same as the regression line in Fig. 5a for the experiments with altered orography.

θ_{eb} as in the FLAT experiment (Fig. 2d), with the exception of the plateau region in which no heat flux anomalies were prescribed. The indices for monsoon strength and thermal contrast (i.e., mWYI and $\Delta\theta_{ec}$) from the second group of experiments with reduced surface heat fluxes are then regressed and presented in Fig. 6b. The regression line for the second group of experiments with reduced surface heat fluxes shows little difference from that for the first group. The difference in the regression coefficients between the experiments with altered orography and reduced surface heat fluxes is thus robust, and this finding motivates further examination of why altered orography produces a larger change in monsoon strength for a given perturbation in thermal contrast as measured by $\Delta\theta_{ec}$.

Because the perturbation to the saturation equivalent potential temperature (θ_e^*) is much smaller than the

mean value of θ_e^* , the mWYI is approximately proportional to the free-tropospheric meridional θ_e^* gradient according to the thermal wind relationship. In Figs. 7a,b the mWYI is regressed against free-tropospheric θ_e^* difference between South Asia and the equatorial Indian Ocean, with θ_e^* in South Asia averaged over the regions covering $3.7 \times 10^6 \text{ km}^2$ of the highest θ_{eb} as the thick white contours in Fig. 2 indicate. The very high correlations seen in Figs. 7a,b, as expected, confirm the accuracy of this approximate thermal wind relationship. The regression coefficients are indistinguishable between the experiments with altered orography and those with reduced surface heat fluxes. Thus, the difference in the slopes between Figs. 5a and 5b has to come from the coupling between the θ_{eb} and free-tropospheric θ_e^* . Without altering the orography, the values of the θ_{eb} anomalies are roughly the same as those of the θ_e^* anomalies (Fig. 7d), which suggests that θ_e^* is closely coupled to θ_{eb} as in strict convective quasi equilibrium. However, in the experiments with altered orography, the regressed line in Fig. 7c deviates from the identity line, and we suggest that this is because dry air from the north makes the entire troposphere less moist in the region of the θ_{eb} maximum. The effect of the reduced Himalayas on the humidity is clearly seen in Figs. 7e,f, where the anomalous relative humidity between 400 and 700 hPa is regressed against the θ_{eb} anomalies: the relative humidity drops by 0.026 K^{-1} in response to surface fluxes forcing (Fig. 7f), while it drops by 0.040 K^{-1} in response to altered orography (Fig. 7e). Figure 8 provides cross sections of relative humidity averaged between 70° and 95°E in relative distance to the highest elevation at that longitude. The orography creates a sharp gradient of relative humidity across the high mountains in the CONTROL (Fig. 8a). As the elevated orography is reduced, the troposphere becomes drier south of the Himalayas compared to the CONTROL (Figs. 8b–e). In contrast, in the experiments with reduced surface sensible heat fluxes, there are no significant changes in relative humidity in the free troposphere (Figs. 8f–i).

With a drier free troposphere, convective updrafts experience more severe loss of buoyancy from entrainment and require a more unstable stratification to balance the same large-scale forcing that generates convective instability. The realized convective quasi equilibrium thus deviates from a strict quasi equilibrium, in which θ_e^* anomalies are roughly equal to θ_{eb} anomalies (e.g., Emanuel et al. 1994). As a result, the free-tropospheric θ_e^* over the northern region decreases more than θ_{eb} in the altered orography runs, leading to a greater reduction in monsoon strength for a given decrease in θ_{eb} . The fact that deviations from strict quasi equilibrium can be important to the strength of the monsoon indicates the existence of complexity beyond that assumed in

FIG. 7. (a),(b) As in Fig. 5, but the mWYI is regressed against the difference of between the free-tropospheric θ_e^* averaged over the regions covering $3.7 \times 10^6 \text{ km}^2$ of the highest θ_{eb} and the average free-tropospheric θ_e^* over the equatorial Indian Ocean. (c),(d) As in (a),(b), but θ_e^* anomalies averaged over the regions covering $3.7 \times 10^6 \text{ km}^2$ of the highest θ_{eb} are plotted against θ_{eb} anomalies averaged in the same region. The dashed blue lines indicate the identity line. (e),(f) As in (c),(d), but the anomalous relative humidity between 400 and 700 hPa is plotted against θ_{eb} anomalies averaged over the regions covering $3.7 \times 10^6 \text{ km}^2$ of the highest θ_{eb} .

FIG. 8. (top) As in Fig. 1g, but for the relative humidity of the CONTROL. (middle),(bottom) As in (top), but for the relative humidity difference between the experiments and the CONTROL.

previous simple theories of the monsoon that are built upon strict quasi equilibrium (e.g., Emanuel 1995; Chou and Neelin 2003).

This article focuses on the main monsoon season only, but how the orography and surface heat fluxes affect the monsoon before and after the mature phase is also of scientific interest. Some previous studies suggested that latent and sensible heat fluxes over the elevated surface are significant to the timing of monsoon onset (e.g., Wu and Zhang 1998). On the other hand, Chakraborty et al. (2006) found evidence that monsoon onset requires surface moist static energy higher than a threshold value over India, and they linked the timing of monsoon onset to the west Himalayan orography as it blocks the cold extratropical air from entering northern India. More recent research has drawn attention to the importance of

mechanically induced downstream convergence to the monsoon onset (e.g., Park et al. 2012). We will investigate the effects of orography and surface heat fluxes on the onset and decay phase of the monsoon with the high-resolution model for future work.

4. Conclusions

A high-resolution global model that resolves topography better than previous studies was used to examine effects of orography and surface heat fluxes on the South Asian summer monsoon. Experiments with altered orography and reduced surface sensible heat fluxes were conducted. As might be expected for the thermally direct monsoon circulation, we found high correlation between the strength of the monsoon, measured by the

mWYI, and the thermal contrast between the θ_{eb} maximum in South Asia and the free-tropospheric θ_e^* over the equatorial Indian Ocean. The variability in the thermal contrast in these model integrations with fixed sea surface temperature is dominated by the θ_{eb} maximum, so the results can be interpreted under a convective quasi-equilibrium framework (e.g., Emanuel 1995; Prive and Plumb 2007a,b): the strength of the monsoon is closely associated with the amplitude of the θ_{eb} maximum located south of the Himalayas. It is shown that, when the bulk of the Tibetan Plateau is removed, the South Asian monsoon does not change much as long as the narrow range of the Himalayas is preserved. Without the Tibetan Plateau, the monsoon weakens as the height of the Himalayas decreases, because of enhanced penetration of the low θ_e air from the north. Decreased surface heat fluxes in different regions can also reduce the θ_{eb} maximum and weaken the monsoon, with the largest weakening occurring when the sensible heat sink is placed directly over the nonelevated regions with the highest θ_{eb} , consistent with the results of Boos and Kuang (2013).

However, given the same change in θ_{eb} , the monsoon changes more in the simulations with altered orography than in those with reduced surface heat fluxes. It is suggested that reduced orography brings dry air north of the Tibetan Plateau into the regions with the highest θ_{eb} and causes this difference. In the experiments with reduced surface heat fluxes, the value of anomalous upper-tropospheric θ_e^* is approximately tied to that of the θ_{eb} anomaly, as in strict convective quasi equilibrium. In contrast, when the free troposphere gets drier, convection requires a more unstable stratification, leading to a greater reduction in free-tropospheric θ_e^* than in θ_{eb} and hence a greater weakening of the monsoon. These results illustrate the importance of deviations from strict quasi equilibrium in setting the strength of the monsoon, a complexity that may need to be added to existing theories of the monsoon based on strict quasi equilibrium (e.g., Emanuel 1995; Chou and Neelin 2003), and call attention to an additional mechanism through which the monsoon may respond to changes in the hydrological cycle.

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