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SID-1 is a dsRNA-Selective dsRNA-gated Channel

Joseph D. Shih and Craig P. Hunter*

Department of Molecular and Cellular Biology, Harvard University, 16 Divinity Avenue, Cambridge, MA 02138

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*Corresponding author

Abbreviations: RNAi, RNA interference; RISC, RNAi induced silencing complex; dsRNA, double-stranded RNA; RdRP, RNA directed RNA polymerase; siRNA, short interfering RNA
Abstract
Systemic RNAi in *C. elegans* requires the widely conserved transmembrane protein SID-1 to transport RNAi silencing signals between cells. When expressed in *Drosophila* S2 cells, *C. elegans* SID-1 enables passive dsRNA uptake from the culture medium, suggesting that SID-1 functions as a channel for the transport of double-stranded RNA (dsRNA). Here we show that nucleic acid transport by SID-1 is specific for dsRNA and that addition of dsRNA to SID-1 expressing cells results in changes in membrane conductance, which indicate that SID-1 is a dsRNA gated channel protein. Consistent with passive bidirectional transport, we find that the RNA Induced Silencing Complex (RISC) is required to prevent export of imported dsRNA and that retention of dsRNA by RISC does not seem to involve processing of retained dsRNA into siRNAs. Finally, we show that mimics of natural molecules that contain both single- and double stranded dsRNA, such as hairpin RNA and pre-microRNA, can be transported by SID-1. These findings provide insight into the nature of potential endogenous RNA signaling molecules in animals.
Introduction

Systemic RNAi is the spreading of RNAi silencing to cells that do not initially encounter a dsRNA trigger. Systemic RNAi occurs in many organisms (Jose & Hunter, 2007), but has been best described in plants, where it serves primarily as an anti-viral mechanism (Baulcombe, 2004), and in Caenorhabditis elegans. In C. elegans, silencing triggered by injected, ingested, or locally expressed dsRNA can move throughout the organism to reduce endogenous gene expression in all non-neuronal cells, including the germline, thus transmitting silencing to the next generation (Fire et al., 1998; Tabara et al., 1998; Timmons & Fire, 1998; Winston et al., 2002; Jose & Hunter, 2007). A key component required for systemic RNAi in C. elegans is the broadly expressed transmembrane protein SID-1, which we identified in a screen for systemic RNAi defective mutants (Winston et al., 2002; Feinberg & Hunter, 2003). The process of systemic RNAi requires both export and import of silencing signals between cells, and analysis of sid-1 genetic mosaic animals shows that SID-1 is required for the import of RNAi silencing signals (Winston et al., 2002). SID-1 homologs are present in a variety of other invertebrates and in all sequenced vertebrate genomes, indicating an ancient origin and likely conserved function.

To characterize SID-1 activity we have expressed wild-type and mutant forms of C. elegans SID-1 in Drosophila S2 cells (Feinberg & Hunter, 2003; Shih et al., 2009). Drosophila S2 cells were initially selected for this analysis because Drosophila lacks a sid-1 homolog and systemic RNAi (Winston et al., 2002; Rognant et al., 2003) thus SID-1 activity could be analyzed in the absence of a competing endogenous activity. This has proven to be a powerful system to investigate the activity and mechanism of SID-1 dsRNA transport as SID-1 expressing S2 cells show rapid and sensitive silencing in response to low dsRNA concentrations (Feinberg & Hunter, 2003; Shih et al., 2009). Consistent with observed dsRNA induced silencing, Drosophila S2 cells expressing SID-1 rapidly internalize radiolabeled dsRNA (Feinberg & Hunter, 2003; Shih et al., 2009). Treating these cells with oligomycin to deplete ATP levels or performing the dsRNA uptake assay at 4°C has little effect on the extent or rate of dsRNA uptake, indicating that rather than acting as a pump or receptor, SID-1 functions as a dsRNA channel (Feinberg & Hunter, 2003; Shih et al., 2009). Similarly, over expression of SidT1, a mammalian SID-1 homolog, enhances siRNA uptake and silencing in human cells (Duxbury et al., 2005), and SidT1 knockdown disrupts the internalization of cholesterol-modified siRNA in human hepatic cells (Wolfrum et al., 2007). These results are consistent with a conserved dsRNA transport function for SID-1.

SID-1 was discovered because of its requirement for systemic RNAi in C. elegans. This led to the demonstration that cells expressing SID-1 passively import dsRNA. However, whether dsRNA transport is a selected function for SID-1 or whether SID-1 is a general transporter that can also transport dsRNA is unknown. Here we show that adding dsRNA to SID-1 expressing cells results in an increase in membrane conductance, consistent with the opening of dsRNA conducting channels. Using this assay and a modified version of a nucleic acid transport assay we demonstrate that SID-1 transport is selective and specific for dsRNA containing molecules. Consistent with the passive nature of dsRNA transport by SID-1, we demonstrate bidirectional dsRNA transport and show that the RISC is required for the retention of a portion of the internalized dsRNA. Furthermore, the RISC-retained dsRNA remains largely unprocessed, suggesting a dsRNA retention role for RISC that may function to extend silencing beyond the time of exposure and/or that may buffer systemic RNAi responses to small doses of dsRNA. Finally, we show that SID-1 dsRNA transport can accommodate single-stranded regions to transport microRNAs precursors and larger hairpin RNAs. These results, while
constraining SID-1 substrates to dsRNA molecules, dramatically expand the possible role of SID-1 and non-coding RNAs in intercellular signaling in *C. elegans*.

**Results**

**SID-1 is activated by dsRNA**

The structure and activity of SID-1 indicates that it may function as a dsRNA channel (Feinberg & Hunter, 2003). A channel with a pore large enough to transport dsRNA must be gated, and when open may produce a measurable current across the cell membrane. To test this idea we applied whole-cell electrophysiology methods to determine whether addition of dsRNA to SID-1 expressing *Drosophila* S2 cells would result in a measurable change in membrane conductance. We first established and verified a whole-cell patch connection by measuring the activity of an endogenous Cl⁻ channel in *Drosophila* S2 cells (Asmild & Willumsen, 2000). We then measured the change in current and membrane conductance of voltage clamped cells following the addition of 500 bp dsRNA to the bath solution (see Figure S1 for voltage ramp and current response). In nearly all cases, the current and membrane conductance increased, consistent with the opening of dsRNA conducting channels (Figure 1A). To verify that dsRNA was causing this conductance change, we washed away the dsRNA containing bath solution with fresh bath solution and noted that the conductance returned to the baseline level (Figure 1A). The dsRNA-induced increase in membrane conductance is SID-1 dependent as cells expressing the strong loss-of-function *sid-l(qt2)* mutant, which encodes an amino acid substituted SID-1(S536I) (Winston et al.), did not show a conductance change (Figure 1A).

The charge carrier in these experiments is unknown. The charge equivalent of naked dsRNA is 2e⁻ per basepair, or 10³ e⁻ per 500 bp dsRNA. In these experiments the SID-1-dependent portion of the current averaged 3.4 picoAmps, which corresponds to approximately 2 X 10⁴ e⁻ equivalent charges/second or 2 X 10⁴ 500 bp dsRNA molecules per second. Since under simple diffusion conditions up to approximately 3X10³ 500 bp dsRNA molecules per cell could be detected intracellularly (see below), it is not unreasonable that dsRNA could be the sole charge carrier in these experiments. However, during the experiment the cells are maintained in a simple salt solution, thus the ions in the buffer will both reduced the effective charge on dsRNA and may also contribute to all or a portion of the measured SID-1 dependent current. Thus, these experiments provide information only about SID-1 gating properties. In summary, SID-1 dsRNA transport is associated with changes in membrane conductance consistent with the activity of a dsRNA-activated channel.

**RISC is important for retention of internalized dsRNA**

We have previously shown that *Drosophila* S2 cells transfected with *C. elegans* SID-1 can import dsRNA in an energy independent manner (Feinberg & Hunter, 2003). This indicates that SID-1 can function as a passive dsRNA transporter. Consequently the net direction of dsRNA transport should depend on the concentration of dsRNA; flowing into cells when the extracellular dsRNA concentration is high and flowing out of cells during wash steps. Our observation that SID-1 expressing cells retain dsRNA likely reflects dsRNA-binding activity in the S2 cells; consequently only molecules that are retained would be detected as transported. To test this idea we developed a transport assay that is independent of retention and used RNAi to identify the major dsRNA retention activity in S2 cells.

Incubating control S2 cells with labeled dsRNA, followed by extensive washing results in significant SID-1 independent retention of dsRNA, reflecting either surface bound or internalized
dsRNA. While developing our previously described dsRNA uptake assay (Feinberg & Hunter, 2003), we determined that treating these extensively washed cells with trypsin significantly reduced the retention of dsRNA, therefore we inferred that most of the dsRNA was binding non-specifically to cell surface proteins. Similarly, trypsin treatment of SID-1 expressing cells should cleave the SID-1 extracellular domain and inactivate SID-1 dependent dsRNA transport. To test this idea, we first incubated the SID-1 expressing cells in dsRNA. By passive diffusion the net flow of dsRNA is into the cell, until the intracellular dsRNA concentration is similar to the dsRNA concentration in the medium. We then either washed the cells first with PBS followed by trypsin proteolysis (PBS-first protocol) or treated the cells first with trypsin followed by PBS washes (trypsin-first protocol). In the PBS-first protocol the dsRNA concentration in the wash solution is very low and by passive diffusion the net flow of dsRNA is out of the cell. The expectation is that only dsRNA that is not free to diffuse out (retained) will remain associated with the cells. In the trypsin-first protocol the N-terminal half of SID-1 is presumably digested, inactivating SID-1 dependent dsRNA transport (passive diffusion into or out of cells); the dsRNA that was passively transported in during the initial incubation is now ‘trapped’ inside the cell. Consistent with these expectations, we find that the amount of dsRNA ‘trapped’ inside the cell is linearly proportional to the amount originally in the medium (Figure 2A). In contrast, the amount of dsRNA retained in cells following the PBS-first protocol plateaued at the mass equivalence of 300 molecules of 500 bp dsRNA per cell (Figure 2A). We conclude that the non-retained dsRNA escaped during the wash steps. These results provide direct experimental support for bidirectional SID-1 dependent transport in S2 cells.

The amount of dsRNA retained after extensive washing plateaued (Figure 2A), suggesting the saturation of available dsRNA binding protein activity in S2 cells. Because SID-1 transported dsRNA causes dose-dependent RNAi, we hypothesized that the RNA induced silencing complex (RISC) may function to retain some or all of the imported dsRNA (Feinberg & Hunter, 2003). To determine whether RISC is important for dsRNA retention or whether other unknown dsRNA binding proteins sequester imported dsRNA in the cytoplasm, we used RNAi to knockdown select RISC components and then assayed radiolabeled dsRNA retention in Drosophila S2 cells expressing SID-1. We targeted two proteins, Argonaute2 (AGO2) and Dicer-2 (DCR2). DCR2 efficiently processes long dsRNA into siRNA, which then associate with AGO2 in RISC (Hammond et al., 2001; Lee et al., 2004). Additionally, knockdown of these components can affect the levels of other RISC components, thereby affecting the overall level of functional RISC (Liu et al., 2003; Liu et al., 2006; Rehwinkel et al., 2006; Kim et al., 2007). We found that knockdown of AGO2 or DCR2 (Supplemental Figure S2), relative to RNAi directed at luciferase as a control, reduced the amount of dsRNA retained in cells by 50-80% (Figure 2B, PBS) indicating that either RISC has a role in dsRNA retention or that it plays an active role in SID-1-mediated import; for example, binding to and ratcheting dsRNA into the cell through a SID-1 pore. To discriminate between these two possibilities, we determined whether knockdown of AGO2 and DCR2 would affect the amount of dsRNA trapped in S2 cells using the retention-independent, trypsin protease-first protocol. We found that reducing functional RISC had no effect on dsRNA transport (Figure 2B, trypsin), thus RISC is not involved in regulating or modulating SID-1 import of dsRNA; rather RISC is required for retention of imported dsRNA.

The RISC components AGO2 and DCR2 actively metabolize RNA. In vitro studies in Drosophila cell extracts demonstrate that DCR2 processing of long dsRNA into siRNA requires ATP, while AGO2 in active RISC requires ATP for efficient release of cleaved mRNA (Zamore...
et al., 2000; Bernstein et al., 2001; Haley & Zamore, 2004). Thus the apparent requirement for intact RISC for dsRNA retention may simply reflect an indirect effect of RNAi associated dsRNA processing. To determine whether RISC processing of imported dsRNA is important for dsRNA retention, we analyzed internalized radiolabeled dsRNA by polyacrylamide gel electrophoresis (Figure 2C). This analysis showed that some of the retained dsRNA appears to be 500 bp in size, but the majority of the retained RNA migrates with a mobility between 100 bp and 500 bp. However, only a small fraction of retained dsRNA was apparently processed to siRNA, the vast majority remaining greater than 100 bp even after ten hours. Because of this remarkable stability, we assume the intracellular RNA remains double stranded. In addition, ATP dependent processing of RNA is likely to be limited by performing the retention assays at 4°C. However, at both 4° C and 22° C knockdown of AGO2 and DCR2 reduced the amount of radiolabeled dsRNA retained in cells (Figure 2D). These results suggest the possibility that AGO2 and DCR2 have a dsRNA retention role that is independent of dsRNA cleavage or target mRNA slicing.

**SID-1 nucleic acid transport is selective for dsRNA**

The above results indicate that our previous inability to detect uptake of other nucleic acids may have been compromised by the requirement for retention of transported molecules. Therefore, we used both patch-clamp electrophysiology and the transport assay described above to broadly investigate the specificity of nucleic acid transport by SID-1. For each potential substrate, the membrane conductance of S2 cells expressing wild-type SID-1 was compared to cells expressing SID-1(S536I) and for the transport assay we compared addition of trypsin before and after the PBS washes. In all cases, we found that nucleic acids that induced SID-1-dependent currents were also transported into cells, and those that failed to activate the channel were not transported.

We first asked whether DNA could either activate SID-1 or be transported into SID-1 expressing cells. We found that addition of 500 bp dsDNA failed to activate the channel (Figure 1B, Figure 3A). To confirm that the cells were properly patched, we added dsRNA towards the end of each recording to confirm the expected change in conductance. Such confirmation was standard for all substrates that failed to cause activation. Consistent with the electrophysiology data, we failed to detect transport of radiolabeled 500 bp dsDNA in the trypsin-first transport assay (Figure 3B). To investigate the apparent selection for dsRNA we next determined that 500 bp DNA:RNA heteroduplex failed to activate SID-1 or be transported into SID-1 expressing S2 cells, indicating selection for dsRNA or against DNA (Figure 3). Consistent with a selection for dsRNA, we found that 25 nucleotide single-stranded RNA with no predicted secondary structure or self complementarity failed to either activate SID-1 or be transported into SID-1 expressing S2 cells (Figure 3).

RNA is distinguished from DNA by the presence of a 2’ hydroxyl on the ribose sugar and the base uridine rather than thymidine, either of which may be used to select for dsRNA. We first synthesized 500 bp dsRNA using TTP rather than UTP (TTP dsRNA) and found that 500 bp TTP dsRNA was indistinguishable from 500 bp dsRNA in our assays (Figure 3). We then used a modified RNA polymerase to synthesize a mixed 500 bp dsRNA, substituting dCTP for CTP (dCTP dsRNA). We found that although 500 bp dCTP dsRNA activated the SID-1 channel, its transport into cells was reduced compared to both 500 bp dsRNA and 500 bp TTP dsRNA (Figure 3). This indicates that the presence of deoxyribose interferes with transport. Furthermore the amount of retained dCTP dsRNA was independent of whether the cells were treated with trypsin before the wash steps. This result is consistent with several explanations; 1)
because fewer molecules were transported the available RISC was not saturated, 2) the incorporated dCTP may bind to non-RISC intercellular binding proteins, 3) export of dCTP dsRNA is more sensitive to the structural requirements for dsRNA than is import, thus less of it is exported after import. In summary, the electrophysiology and transport assay results indicate that SID-1 specificity for dsRNA structure is mediated by the ribose 2’ hydroxyl in dsRNA.

SID-1 can transport dsRNA with single-stranded regions
Many endogenous dsRNA containing molecules, such as microRNA precursors (pre-miRNA) and hairpin RNAs, include single-stranded RNA regions. To determine whether these kinds of molecules should be considered candidate substrates for SID-1 activity we tested two artificially constructed long hairpin RNA molecules (spn-4 and mex-5) that are in vivo triggers for systemic RNAi and two different double-stranded pre-miRNA hairpin molecules (let-7 and lin-4). We found that all of the above RNA molecules can activate SID-1 (Figure 4A) indicating that modified and partially double-stranded RNA molecules can stimulate SID-1 activity. Furthermore, all four were transported into and retained in Drosophila S2 cells, though not at the same efficiency as the 500 bp dsRNA (Figure 4B). This suggests that single-stranded domains may impede SID-1 transport and intracellular retention. In summary, dsRNAs that contain some single-stranded regions can activate SID-1 and be transported by SID-1.

Discussion
We have applied whole-cell electrophysiology methods and developed a retention-independent nucleic-acid transport assay to gain significant insights into the selectivity of the SID-1 dsRNA channel. Most significantly, the specificity of nucleic acid transport for dsRNA containing molecules indicates selection for dsRNA transport. Thus systemic RNAi is not a fortuitous phenomenon that occurs only in the presence of non-physiological levels of dsRNA. This is consistent with the observation that sid-1 is important for efficient transgene silencing in C. elegans (Jose et al., 2009). Furthermore, although our analysis is limited to Drosophila S2 cells, RISC is identified as an important intercellular dsRNA retention activity. Retention of unprocessed dsRNA may serve to extend the length of the silencing response. Finally, we show that SID-1 has the capacity to transport partially double-stranded RNAs analogous to endogenous non-coding RNAs, expanding the possibilities for RNA mediated cell signaling in animals.

SID-1 discrimination between dsRNA and dsDNA
The chemical difference that allows SID-1 to discriminate between RNA and DNA is a hydroxyl versus a hydrogen on the ribose 2’ carbon. This chemical difference results in profoundly different structures (Figure 5). dsRNA forms an A-form helix in which the bases stack more compactly and the phosphate groups orient inwards toward the deep major groove. In contrast, hydrated dsDNA forms a B-form helix in which the phosphate groups orient outwards and are exposed on the surface of the helix. However, the structural differences between dsRNA and A-form helix-like RNA:DNA hybrid molecules are likely the most instructive. Although NMR solution structures of hybrid molecules more strongly resemble a B-form helix (Conn et al., 1999), even the x-ray crystal data shows that the phosphate groups are surface exposed on one half of the helix.

Considering how these differences might function in SID-1 substrate recognition, we note two distinctions. First, in dsRNA the 2’ hydroxyl groups in each RNA chain lie across from
each other in the minor groove. Furthermore, end-on views show that these hydroxyls are surface accessible throughout the length of the helix. Thus, SID-1 may select for these paired hydroxyls in the minor groove. Second, the orientation of the phosphate groups in A-form dsRNA shifts their strong negative charge from the surface to the inside of the major groove. As a result the surface of the A-form helix is composed primarily of polar hydroxyl groups and non-polar CH2 groups. This surface is significantly less electronegative than that of DNA. As described above, although the RNA:DNA heteroduplex resembles dsRNA in the stacking of nucleotide bases, it resembles dsDNA in the placement of phosphate groups, and the 2’ hydroxyl groups on the RNA strand are recessed in the minor groove and no longer surface accessible. The sum effect is that in A-form dsRNA the C4’H and C5’H2 hydrocarbon groups are maximally surface exposed. This more neutral surface charge may underlie the selectivity for dsRNA and the diffusion-mediated transport of dsRNA through a protein pore. In summary, the minor chemical difference between RNA and DNA results in significant structural differences, and it is these large structural differences that likely guide the selectivity of nucleic acid transport by SID-1.

**SID-1 dependent bidirectional dsRNA transport in Drosophila S2 cells**

In *Drosophila* S2 cells, SID-1 enables both rapid and passive dsRNA import and export. The most likely explanation is that SID-1 is acting as a bidirectional, dsRNA-activated, dsRNA-conducting channel, but our experiments cannot rule out the possibility that SID-1 could activate endogenous *Drosophila* proteins that are transporting the dsRNA into or out of cells. If so, these *Drosophila* proteins must passively, and therefore bidirectionally, transport dsRNA, but only in the presence of SID-1. Although remote, it is possible that *Drosophila* S2 cells maintain an active dsRNA export system that is sensitive to trypsin digestion. Furthermore, it is important to emphasize that we have not yet directly demonstrated that nucleic acids pass through a SID-1 pore. To show directly that SID-1 is transporting nucleic acids would require reconstituting purified SID-1 in synthetic membranes or isolating SID-1 mutants with altered substrate specificity or transport rates.

**Passive retention of SID-1 internalized dsRNA by the RISC**

The export of a portion of internalized dsRNA is inhibited by RISC, most likely by direct binding. We demonstrated that partial knockdown of AGO2 or DCR2, and by proxy knockdown of RISC levels in general, dramatically reduced dsRNA retention (Figure 2B), suggesting that RISC is the primary “available” dsRNA binding activity in the cytosol. In principle, any dsRNA binding protein could contribute to retention. If any dsRNA binding protein were generally available to bind cytoplasmic dsRNA, it would likely compete with RISC for access to dsRNA triggers. Such genes have been identified in *C. elegans* as enhancers of RNAi and several of them are putative dsRNA binding proteins (Kennedy et al., 2004; Duchaine et al., 2006; Lee et al., 2006; Fischer et al., 2008). Unexpectedly, the RISC-dependent intracellular pool of dsRNA remains largely unprocessed (Figure 2C). While our observation is limited to *Drosophila* S2 cells, an unprocessed pool of dsRNA is also apparent in *C. elegans* following exposure to dsRNA (Tabara et al., 2002). A pool of dsRNA may function as a reserve, to extend the period of silencing beyond the time of the initial exposure. Alternatively, when the abundance of initiating dsRNA is low, the sequestering of long dsRNA may serve to limit the spread of systemic silencing. Dose dependent RNAi effects are apparent in many organisms, and have been reported for systemic RNAi in *C. elegans* (Timmons et al., 2003; Tijsterman et al., 2004).
Our characterization of SID-1 in *Drosophila* S2 cells has important implications for practical applications such as large-scale RNAi screens using insect and vertebrate cell lines that do not have efficient uptake of dsRNA. For example, heterologous expression of SID-1 in *Wnt* pathway sensitive *Drosophila* Kc<sub>167</sub> cells has enabled use of existing dsRNA resources to screen these cells to identify *Wnt* pathway genes (Bartscherer et al., 2006). Similarly, expression of *C. elegans* SID-1 in embryonic stem cells enables initiation of RNAi by addition of siRNA to the growth media (Tsang et al., 2007). Our findings show that at high dsRNA concentrations the available pool of RISC-dependent dsRNA-binding activity is rapidly saturated and that the off-rate is negligible (Shih et al., 2009). These results indicate little concern for the half-life of dsRNA in the extracellular environment. However, these results do suggest that serial dsRNA additions are unlikely to be effective.

**SID-1 dependent transport of RNA structurally analogous to endogenous non-coding RNAs**

We detected transport in SID-1 expressing S2 cells of dsRNA containing molecules structurally identical to or similar to endogenously expressed RNAs (Figure 4). So far, no evidence of non-autonomous effects has been described for these molecules, but very few have been tested (Zhang & Fire, 2010). Consistent with this possibility, *sid-1* mutant developmental and physiological phenotypes have recently been observed (J. Brooks and CPH, unpublished) and the extent of experimentally induced systemic RNAi can be regulated by starvation and exposure to non-specific RNA (Winston et al., 2002; Timmons et al., 2003). Furthermore, small RNAs and their double-stranded precursors are modified, (Chen, 2007) which may regulate their transport by SID-1. Indeed, we show that transport of dsRNA by SID-1 is sensitive to slight dsRNA modifications (Figure 3). Similarly, synthetic siRNAs, particularly those designed for therapeutic applications (Manoharan, 2004), are often synthesized with modified sugar-phosphate backbones and non-standard terminal nucleotides, modifications often designed to stabilize siRNA in sera. Such modifications may restrict uptake in SID-1 expressing mammalian cells, thus an in-depth characterization of SID-1 substrates may have importance for the design and delivery of RNAi-based therapeutics to target tissues expressing the SID-1 protein. Such studies may also provide insight into the nature of endogenous RNAs that mediate general systemic RNA signaling in the worm.

**Material and Methods**

**Cell culture.** *Drosophila* S2 were maintained at 27º C in Schneider’s *Drosophila* medium (Invitrogen) supplemented with 10% fetal bovine serum (Invitrogen) and 50 U/mg penicillin and streptomycin (Invitrogen). Transient transfections of S2 cells with pH235 (*Act-5::sid-1-FLAG*) and pH247 (*Act-5::sid-1(qt2)-FLAG*) were performed as described (Feinberg & Hunter, 2003) using Effectene transfection kit (Qiagen). To knockdown *Drosophila* RISC components, transfection was performed as described in the manufacturer’s protocol, except gene specific dsRNA was co-transfected with pH235 or pH247 at a 3:2 dsRNA:plasmid ratio.

**Nucleic acid strand synthesis.** Primer oligonucleotide sequences are listed (Table S1). 500 bp luciferase DNA was PCR amplified (plasmid pGL3-basic (Promega), primers Luc forward and Luc 500 reverse). GFP dsRNA, *spn-4* hairpin RNA, and *mex-5* hairpin RNA were all assembled from plasmid DNA templates (pPD128.110[T7::GFP::7T])(Timmons et al., 2001) pH203[T7::spn-4::GST::4-nps], and pH209[T7::mex-5::GST::5-xem]). RNA/DNA hybrid
was assembled from PCR product of 500 bp luciferase sense DNA (plasmid pGL3-basic (Promega), primers Luc forward and Luc 500 reverse) and 500 bp antisense RNA (plasmid pGL3-basic, primers Luc forward and Fluc 500 reverse T7). The RNA/DNA hybrid was treated with DNaseII (NEB) to remove any double stranded DNA.

Dual T7 PCR DNA templates for dsRNA: 500 bp dsRNA (plasmid pGL3-Basic, primers Fluc forward T7 and Fluc 500 reverse T7), let-7 pre-miRNA (C. elegans gDNA template, primers pre-let-7 forward T7, pre-let-7 reverse), lin-4 pre-miRNA (C. elegans gDNA template, primers pre-lin-4 forward T7, pre-lin-4 reverse), Argonaute2 dsRNA (plasmid RE04347 (DGRC), primers AGO2 forward T7 and AGO2 reverse T7), Dicer-2 dsRNA (plasmid SD11113 (DGRC), primers Dicer-2 forward T7 and Dicer-2 reverse T7). NTP’s were provided by Epicentre Technologies. Thymidine triphosphate on a ribose backbone (TTP) was provided by TriLink Biotechnologies. dCTP was incorporated into 500bp dsRNA using T7 D&RNA Polymerase (Sousa & Padilla, 1995). (Epicentre Technologies). 25 bp ssRNA was verified for absence of secondary structure by FastPCR 4.0 and RNAfold 1.5.

RNA was synthesized using Ampliscribe T7 kit (Epicentre). siRNA was prepared by treating 500 bp dsRNA with recombinant Dicer (Genlantis). Single strands were annealed by heating to 90°C followed by cooling one degree per eight seconds until reaching a temperature of 25°C. dsRNA was purified using Micro Bio-Spin 6 Chromatography Columns (Bio-Rad). Concentration and purity were verified by agarose gel electrophoresis and spectroscopy.

Blunt and overhanging termini for the 500bp dsRNA and 500bp dsDNA were tested in activation and transport assays. There was no difference in results from these assays, indicating that there are minimal differential effects from different termini. The precursor miRNA naturally have overhanging termini and were tested that way. The long hairpin RNA, other dsRNA constructs, and the DNA:RNA hybrid were created and tested with overhanging termini.

Radiolabeled RNA retention assay. All retention assays were performed in duplicate. In all radiolabeled dsRNA assays the amount of radiolabeled nucleic acid in S2 cells expressing the sid-1(qt2) mutant, SID-1(S356I), was subtracted from the radiolabeled nucleic acid in S2 cells expressing the SID-1(WT) to eliminate background non-SID-1 dependent transport. In the original protocol (Feinberg & Hunter, 2003) cells were first incubated in Schnieder’s media for 30 minutes. Then 10 ng/mL of 500 bp radiolabeled dsRNA was added at room temperature for 30 minutes. Media containing the dsRNA was removed and cells were then washed with ice-cold PBS to remove unbound dsRNA. 0.3 mL of 0.25% trypsin without EDTA (Invitrogen) was added for 15 minutes. Cold 0.7 mL of Schnieder’s media supplemented with 10% FBS and pen/strep was then added and cells were transferred to microcentrifuge tubes. Cells were pelleted, washed with PBS, and then solubilized with 0.1% SDS in water. Scintillation measurements were conducted in Ecoscint-A (National Diagnostics) on a LS1801 scintillation counter (Beckman). For the trypsin protease first uptake assay, after the initial incubation in dsRNA and removal of the media, 0.3ml of trypsin protease solution was added to the cells for 15 minutes. To impede export of internalized radiolabeled dsRNA into the trypsin solution, 500 ng/mL of appropriate length unlabeled dsRNA was added with the trypsin. These cells were then washed twice in PBS and prepared for dsRNA quantification as described above. Phenol/chloroform extracted RNA from 0.1% SDS solubilized cells was run on 6%
polyacrylamide gel, dried and exposed on a Fuji Type BAS-III imaging plate, which was read on a GE (Amerohan) Typhoon Trio Imager.

**Immunofluorescence.** Cells were allowed to adhere to poly-L-lysine coated slides, fixed with 4% paraformaldehyde, and permeabilized with 0.2% Triton X-100. Fixed cells were co-stained with anti-FLAG M2 monoclonal antibody (Sigma) and either rabbit anti-AGO2 polyclonal antibody (Förstemann et al., 2007) or rabbit anti-DCR2 antiserum (Liu et al., 2003) as the primary antibodies. Secondary antibodies used were rhodamine (TRITC)-conjugated donkey anti-rabbit and fluorescein (FITC)-conjugated goat anti-mouse antibodies (Jackson ImmunoResearch). Fluorescent images were collected on a Zeiss Axiovert 200M microscope using Axiovision 4.6 software.

**Whole cell recording.** *Drosophila* S2 cells were co-transfected with pHHC235 or pHHC247 and pEGFP-1 (*Act-5::EGFP*) at a 10:1 ratio. Currents were recorded 48-96 hours after transfection. Cells were allowed to settle on 12mm round glass coverslips (Ted Pella, Inc.) and positioned on a Diaphot 300 inverted microscope (Nikon) placed on an anti-vibration table surrounded by a Faraday cage. Pipettes were pulled from borosilicate glass capillaries (World Precision Instruments) and fire polished to a resistance of 5-10 MΩ on a MF-900 fire polisher (Narishiga). Cells with GFP expression were selected for patching. The tip of the pipette was brought into membrane contact with a MP-225 micromanipulator (Sutter Instrument Co.) and a slight negative pressure was applied to the pipette until a GΩ seal was achieved. Whole-cell configuration was set up by additional suction after seal formation. Whole cell currents were recorded on an Axopatch 200B amplifier controlled by a Digidata 1322A and pClamp 9.2 software (Molecular Devices), with data sampling at 5-10 kHz. Voltage ramps 2000 ms long from -100 mV to +100 mV were applied every 5 s from a holding potential of 0 mV. Nucleic acids were added directly to cells plated in bath solution. 0.3 – 8 nM of nucleic acid products were added to each experiment. Data were analyzed and displayed with Clampfit 9.2 (Axon Instruments). The bath solution was a modified version of standard SF9 Ringer: 17 mM NaCl, 110 mM NaGluconate, 5 mM KCl, 5 mM MgCl2, 4 mM CaCl2, 10 mM TES, 10 mM glucose, 50 mM sucrose, adjusted to pH 7.2 with NaOH with an osmolarity of 361 mOsm. The pipette solution contained 130 mM NaMethanesulfonate, 25 mM NaCl, 10 mM EGTA, 10 mM HEPES, adjusted to pH 7.2 with NaOH with an osmolarity of 330 mOsm.

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**Funding**

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**Supporting Online Material**

Fig. S1
Fig. S2
Figure 1. Double-stranded RNA induced conductance increases in Drosophila S2 cells expressing SID-1.
(A) Changes in whole-cell conductance of a SID-1(WT) (circles) or a SID-1(S536I) (squares) expressing cell in response to dsRNA addition to (white-filled circles) and subsequent replacement of the bath solution (grey-filled circles). (B) The addition of dsDNA and then dsRNA (grey-filled circles) to the bath solution of a patched, SID-1(WT) expressing S2 cell at the indicated sweeps.

Figure 2. Transport, retention, and processing of internalized dsRNA
(A) Trypsin protease treatment traps internalized dsRNA that would otherwise escape during PBS washes. SID-1 expressing S2 cells soaked in increasing concentrations of radiolabeled 500bp dsRNA were washed extensively in PBS buffer before (PBS) or after (trypsin) trypsin protease treatment (see text). For concentrations higher than 10 ng/mL, increasing amounts of unlabeled 500bp dsRNA was added and molecules per cell extrapolated. (B) RISC components are required for retention not transport. 500 bp radiolabeled dsRNA was added to Drosophila S2 cells that had been co-transfected with SID-1 expressing plasmids and dsRNA targeting RISC components DCR2 or AGO2 (Figure S1), or luciferase (control). Assays were performed for 30 minutes and then were washed extensively in PBS buffer before (PBS) or after (trypsin) trypsin protease treatment. The amount of internalized dsRNA was normalized to the control cells co-transfected with luciferase dsRNA. (C) Retained dsRNA is largely unprocessed. 6% polyacrylamide gel electrophoresis of retained radiolabeled 500 bp dsRNA extracted from SID-1 expressing Drosophila S2 cells washed with PBS prior to trypsin treatment, then incubated in fresh media for the indicated hours. siRNA size marker (21bp) is in the leftmost column, siRNA is highlighted in the box. Other dsRNA sizes are indicated on the far left. (D) RISC dependent retention is energy independent. 500 bp radiolabeled dsRNA was added to Drosophila S2 cells that had been co-transfected with SID-1 expressing plasmids and dsRNA targeting RISC components DCR2 or AGO2 (Figure S1) or luciferase (control). Retention assays with PBS wash prior to trypsin protease treatment were performed at 22°C or 4°C for 30 minutes and the amount of internalized dsRNA was normalized to the control cells co-transfected with luciferase dsRNA. Error bars = one standard deviation; P < 0.005, Student’s t-test.

Figure 3. Specificity of SID-1 activation, transport, and retention.
(A) Summary of normalized conductance change of SID-1(WT) (circles) or SID-1(S536I) (squares) expressing cells in response to the addition of the indicated nucleic acids. The normalized fold change in membrane conductance was calculated from the average conductance of ten consecutive time points after dsRNA addition divided by the average conductance of ten consecutive time points before dsRNA addition. The magnitude of the conductance change following addition of dsRNA was variable from cell to cell, likely reflecting relative SID-1 expression levels in these transiently transfected cells. The measured conductance for S2 cells ranged from 2.5-17 μS (microSiemens) in the absence of dsRNA and 3.5-25 μS in the presence of dsRNA, likely reflecting the variability in cell size. * = P< 0.001 (Kologonov-Smirnov test) for all results compared to SID-1(S536I) cells exposed to 500 bp dsRNA. (n) = number of patched cells. (B) Summary of transport and retention properties for the indicated nucleic acids.
SID-1 expressing S2 cells soaked in radiolabeled dsRNA were washed extensively in PBS buffer before (PBS) or after (trypsin) trypsin protease treatment. In order to increase assay sensitivity 5 ng/mL of nucleic acid was used instead of the standard 10 ng/mL. Error bars = one standard deviation; P < 0.005, Student’s t-test.

Figure 4. Transport of natural-like RNAs that contain single-stranded RNA regions.
(A) Summary of normalized conductance change of SID-1(WT) (circles) or SID-1(S536I) (squares) expressing cells in response to the addition of the indicated nucleic acids (see Figure 3 legend). * = P < 0.001, ** = P < 0.05 (Kologonov-Smirnoff test) for all results compared to SID-1(S536I) cells exposed to 500 bp dsRNA. (B) Summary of transport and retention properties for the indicated nucleic acids (see Figure 3 legend). Error bars = one standard deviation; P < 0.005, Student’s t-test.

Figure 5. Models of double-stranded nucleic acids.
Top row, end-on view of the indicated double-stranded nucleic acid. Bottom row, view orientated to highlight the major and minor grooves. Phosphate groups (PO₃) = yellow, Ribose 2’ O = magenta, 2’ H = black. Note that in dsRNA the yellow phosphate groups are oriented into the major groove, while in DNA and RNA:DNA hybrid molecules they are oriented towards the surface. Conversely, the magenta and black ribose 2’ hydroxyl are oriented towards the surface in dsRNA such that they are accessible along the length of the helix (end on view) while in RNA:DNA hybrid molecules they are displaced into the minor groove. Nucleic acid models generated using PDB files 1ZF0 for dsDNA, 280D for dsRNA, and 1FIX for the RNA:DNA hybrid from RSCB Protein Data Bank (http://www.pdb.org).
Figure 4

A

Average fold change in conductance

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<tr>
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<tr>
<td>lin-4 pre miRNA</td>
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<td>spn-4 pre hpRNA</td>
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<td>let-7 pre miRNA</td>
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</tr>
<tr>
<td>500 bp dsRNA</td>
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B

molecules of nucleic acid normalized to 500 bp dsRNA

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Figure 5

dsRNA       RNA::DNA     dsDNA

(dsRNA)    (RNA::DNA)  (dsDNA)
### Supporting information

**Table S1. Oligonucleotides used**

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<tr>
<td>Luc 500 reverse</td>
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<td>T7 ssRNA 25 bp</td>
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Figure S1. Voltage Ramp and current read of whole-cell patched S2 cell.
Whole cell patch current reads during voltage ramps (inset) of a Drosophila S2 cell expressing SID-1(WT) before (buffer) and after (dsRNA) dsRNA exposure. The voltage ramps started at 0 mV, dropped to -100 mV, ramped up to +100 mV, dropped to -120 mV, and reverted back to 0 mV. Each ramp was two seconds long, with five seconds between the start of each ramp.
“Figure S2. Antibody staining shows knockdown of AGO2 or DCR2 levels in cells co-transfected with SID-1::FLAG and dsRNA for AGO2 or DCR2. Panels A and B are the same image; panels C and D are the same image. Panels A and C have anti-FLAG staining; panels B and D do not. Note that cells with SID-1::FLAG staining (green) have reduced protein expression (red), while cells in the same image which do not have SID-1::FLAG staining have high protein expression. (A, B) *Drosophila* S2 cells co-transfected with SID-1::FLAG and AGO2 dsRNA were stained with anti-FLAG (green) and anti-AGO2 (red) antibody. (C, D) *Drosophila* S2 cells co-transfected with SID-1::FLAG and DCR2 dsRNA were stained with anti-FLAG (green) and anti-DCR2 (red) antiserum.”