Decoding key nodes in the metabolism of cancer cells: sugar & spice and all things nice
Reuben J. Shaw¹* and Lewis C. Cantley²*

Abstract
In the past 5 years, a convergence of studies has resulted in a broad appreciation in the cancer research community that reprogramming of cellular metabolism may be more central to cancer than appreciated in the past 30 years. The re-emergence of cancer metabolism stems in part from discoveries that a number of common oncogenes and tumor suppressor genes more directly control cell metabolism than previously thought. In addition, a number of what would previously have been called "card-carrying" metabolic enzymes have been identified as human tumor suppressors or oncogenes, causally mutated in a variety of human cancers. This growing appreciation of the role of altered cell metabolism has led to further investigation into the rate-limiting proteins involved in different aspects of the unique metabolism of tumor cells. Targeting cancer metabolism with drugs requires a therapeutic window in which tumor cells, compared to normal tissues, have a greater dependence on specific metabolic enzymes. Themes that have emerged in the past decade of developing oncogene-targeted cancer therapeutics suggest that tumors with distinct oncogenic lesions are likely to require drugs that target distinct metabolic pathways. Ultimately, the hope is that detailed knowledge of oncogene and tumor suppressor gene functions and their effects on metabolism will lead to drug combinations that will be far more effective in treating cancers.

Introduction and context
During the process of tumorigenesis, genetic and epigenetic events allow the metabolism of the cancer cells to evolve in a manner that optimizes conditions for growth and survival in the tumor microenvironment. The observation by Otto Warburg in 1924 of increased reliance of tumor cells on aerobic glycolysis in the cytosol, and conversion of pyruvate to lactate rather than its entry into the mitochondrial pathway for oxidative phosphorylation, was one of the first identified biochemical distinctions of cancer cells [1]. Discoveries in the late 1970s and early 1980s revealed that cells could result from somatic mutations that caused either gain of function (oncogenes) or loss of function (tumor suppressors) of normal genes involved in cellular regulation. Since none of the early oncogenes or tumor suppressor genes were metabolic enzymes, and since studies in the 1960s and 1970s revealed exceptions to the Warburg observation, enthusiasm for the study of cancer cell metabolism waned. In the past ten years, a dramatic resurgence in interest in cancer metabolism has occurred as a number of tumor suppressors and oncogenes have been identified that directly regulate cellular metabolism (see figure 1), indicating a more prominent role for metabolism in tumorigenesis than previously appreciated [2]. In particular, a number of connections between cellular metabolism and the phosphoinositide-3-kinase/Akt pathway have been made, involving activation of the mammalian target of rapamycin (mTOR) signaling pathways [3]. mTOR has emerged as a coordinator of cell growth and metabolism in response to a wide variety of environmental cues including growth
factors and nutrients such as oxygen, glucose, and amino acids [4]. The last 5 years have seen tens of new components of this critical pathway decoded, linking growth and metabolism [3]. Another unexpected genetic link between tumorigenesis and metabolism was the identification of the LKB1/STK11 tumor suppressor (which switches cells from ATP consumption to ATP production) as the critical kinase needed to activate the AMP-activated protein kinase (AMPK) under conditions of low cellular energy [5-7]. This direct linkage of a tumor suppressor with a central regulator of cellular energy, lipid and glucose metabolism, has led to a number of new findings showing the convergent mechanisms by which AMPK reprograms cell metabolism in opposition to mTOR signaling [8]. As described in detail below, a number of additional connections have now led to a large number of labs decoding the circuitry by which mitogenic signaling pathways control metabolism. Reflecting the accumulated evidence suggesting that altered cellular metabolism is a common feature of most cancers, in an update on their seminal “Hallmarks of Cancer” review, Hanahan and Weinberg added
“deregulating cellular energetics” as an emerging seventh hallmark of cancer cells [9].

The emergence of 18-fluorodeoxyglucose positron emission tomography (FDG-PET) as a common imaging modality for visualizing a wide variety of human cancers poignantly illustrated Warburg’s observations, by showing the increased glucose utilization of tumors compared to most surrounding normal tissues. Initially it seemed counter-intuitive that tumor cells would switch towards the less-efficient ATP generation from aerobic glycolysis rather than from oxidative phosphorylation in mitochondria. However, increased glycolysis allows the diversion of glycolytic intermediates into intersecting biosynthetic pathways, including those generating amino acids and nucleosides, which fuel the biosynthesis of the macromolecules required for proliferating cells [2]. It should be pointed out that the increased glycolytic flux observed in some tumors does not remove the need for mitochondrial function, as mitochondria play key roles in biosynthetic pathways other than their role in ATP synthesis. Another broad finding has been the dependence of many cancer cells on elevated glutamine metabolism in addition to, or in some cases instead of, increased glucose metabolism. In fact, not all tumors exhibit high rates of glycolysis, as evidenced by their failure to be visualized by FDG-PET, and it is likely that many of these FDG-PET negative tumors are fueled by glutamine. The unique sensitivity of tumor cells to glutamine levels has been appreciated for a number of years, which is thought to due to the fact that like glucose, glutamine can be used to generate ATP as well as a number of key metabolic intermediates [10].

The past 5 years have witnessed an explosion of research in this area as more of the critical regulatory steps deregulated in tumors have been decoded. These advances have been accompanied by the hope that tumors may be targeted therapeutically by taking advantage of their unique metabolic needs and reprogramming, exposing a theoretical Achilles heel. As our knowledge of the key regulatory steps in metabolic reprogramming in different cancers advances, it also has begun to emerge that distinct oncogenes use complimentary molecular mechanisms to achieve the same ends of increased glucose and/or glutamine metabolism. Here we review a number of the recent advances in our understanding of the circuitry of cancer cell metabolism, and discuss how these pathways might be exploited therapeutically.

**Transcriptional control allows for coordinated reprogramming of metabolic enzymes**

Studies from different lines of investigation have revealed that a handful of transcription factors directly bind to the promoters of a number of metabolic enzymes. This allows for coordinate up- and down-regulation of entire metabolic processes based on the activity of these transcription factors. Best-appreciated currently are the transcription factors HIF-1 (hypoxia-inducible factor 1), c-Myc, and Srebp-1. The HIF-1a was initially discovered to directly bind to the promoter of one isoform of nearly every protein responsible for a step of glycolysis [11] from the glucose transporter (GLUT1) all the way through to pyruvate kinase, inducing their expression under hypoxic conditions. In addition, HIF-1a induces lactate production via increases in lactate dehydrogenase A mRNA and suppresses flux of pyruvate into oxidative phosphorylation by inducing the PDK1 (pyruvate dehydrogenase kinase 1) mRNA, and inhibits entry of pyruvate into the oxidative phosphorylation pathway [12,13]. The discovery that the von-Hippel Lindau tumor suppressor protein encodes a ubiquitin ligase responsible for HIF-1a protein turnover under normoxic conditions provided a direct link between glucose metabolism and some forms of cancer [14]. This increased reliance on glycolysis and movement away from oxidative phosphorylation makes sense, as a physiological response to oxygen deprivation in which oxidative phosphorylation would not be functional. Furthermore, HIF-1a translation and transcription are increased under normoxic conditions by the mammalian target of rapamycin complex 1 (mTORC1), providing another mechanism for HIF-1a upregulation across a broad spectrum of human cancers. As a side note, HIF-1a and its closely related transcription factor HIF-2a are thought to be redundant in many, though not all, functions and are co-regulated by many of the same mechanisms. Importantly, in different tissue contexts, distinctions in their function do exist and studies suggest that HIF-2a is more oncogenic than HIF-1a, and that in some contexts HIF-1a may actually suppress the oncogenic effects of HIF-2a [15].

The oncogene c-Myc was also found to bind directly to many of the same promoters as HIF-1a (lactate dehydrogenase A, HK2), synergizing with HIF-1a and the closely related transcription factor, HIF-2a, depending on the context [16]. Notably, unlike HIF-1a, c-Myc was also shown to control glutamine metabolism [17]. Myc control of glutamine metabolism probably operates via multiple mechanisms, but one interesting development was the discovery that Myc repression of the mIR23a/b microRNAs results in increased expression of mitochondrial glutaminase (GLS1), one of the rate-limiting regulators of glutamine metabolism [18]. Myc is thought to be altered in up to 40% of all human cancers, and thus...
its dual control of glucose and glutamine metabolism makes this a common mechanism by which these processes are increased in cancer.

An additional commonality of c-myc and HIF-1a is that they both have been shown to be translationally upregulated by mTORC1-signaling. Strikingly, a third transcription factor that controls cell metabolism is also a target of mTORC1-dependent translational control: Srebp-1 [19]. Srebp-1 was originally discovered as the sterol-sensing transcription factor that induces the expression of fatty acid synthesis genes in the liver in response to insulin and sterols in the blood. Studies over the past 5 years have revealed that Srebp-1 has general roles in lipid synthesis across most cell types that may be essential for increased lipid production during cell proliferation [20]. More recently, transcriptional profiling revealed that in fibroblasts, Srebp-1 is one of the main targets of mTORC1 in regulating transcription, and here Srebp-1 induces not only lipogenic genes but also several enzymes in the oxidative branch of the pentose phosphate pathway [19]. Thus, three main transcription factors controlled by mTORC1: HIF, Myc, and Srebp-1, emerge as central regulators of cellular metabolism that may be deregulated in a majority of tumor cells. HIFs shift glucose metabolism towards anaerobic glycolysis, together with c-Myc, which also increases glutamine metabolism, while Srebp-1 increases lipid production.

**Mechanisms controlling key metabolic regulators**

As common nodes for metabolic control have been revealed, a plethora of mechanisms have emerged to explain how the expression and activities of these enzymes are controlled, and these mechanisms are far more complex than the product inhibition models previously taught in introductory biochemistry classes. A few examples follow.

One of the newly appreciated steps by which mitogenic signals from oncogenic receptor tyrosine kinases connect to the glycolytic machinery is via inhibition of the M2 isoform of pyruvate kinase (PKM2) a key regulator of glycolysis [21,22]. This inhibition is accomplished by a novel mechanism in which binding of PKM2 to other tyrosine-phosphorylated proteins triggers release of the allosteric activator, fructose-1, 6-bisphosphate (FBP) which inhibits PKM2. Alternative splicing controls the swapping in and out of a single short exon that encodes residues in PKM2 that allow binding to phosphotyrosine and the linkage between phosphotyrosine binding and release of FBP. In contrast the PKM1 alternatively spliced form contains residues that maintain the enzyme in a highly active state, independent of FBP. Interestingly, the PKM1 isoform is expressed in most terminally differentiated, non-dividing cells, whereas all dividing cells that have been investigated, both normal and cancerous, express the M2 isoform. This splicing event is controlled, in part, by the expression of hnRNPA1 and A2 proteins whose promoters are in turn regulated by c-Myc [23,24]. In addition to the splicing to PKM2, the promoter is upregulated by HIF-1a in an mTORC1-dependent way, thus giving tumors with elevated mTOR activity higher levels of PKM2 [25]. Finally, the activity of PKM2 is also decreased by acetylation under high glucose conditions [26] consistent with suppression by pro-growth signals, such as tyrosine phosphorylation. Another unique function of the M2, but not M1, isoform of PKM was reported to be translocation to the nucleus and direct transactivation of HIF-1a [27]. In this capacity, PKM2 would be reinforcing its own expression and that of other HIF-1a targets reprogramming glucose metabolism.

Another example of multifaceted regulation is that of GLS1, which encodes a form of glutaminase that resides in the mitochondria and converts glutamine to glutamate, for use in TCA cycle anaplerosis. As aforementioned, glutaminase mRNA is upregulated by c-Myc through an indirect mechanism involving repression of miR23a/b, which targets GLS1. GLS1 mRNA has also been shown to be upregulated by NFkB, downstream of other oncogenic signals [28]. In addition, GLS1 is alternatively spliced to form a shorter protein, GAC, whose expression is elevated in certain cancers. Further links between cell proliferation and metabolism come from the observation that glutaminase protein levels are targeted by the APC/C protease during the cell cycle, ensuring a careful temporal control over glutaminase activity during the cell cycle [29].

Another metabolic enzyme whose turnover is controlled by APC/C is the “inducible” form of phosphofructokinase 2 (iPFK2/PFKFB3) [29]. PFKFBP3 is a HIF-1a target gene, upregulated in Ras-dependent tumor cells, and also has the unique distinction of being directly phosphorylated by Akt and AMPK on different sites [30]. The convergence of tyrosine and serine/threonine kinases, acetylases, ubiquitin ligases, miRNA, splicing, and transcriptional controls onto these 3 enzymes (PKM2, GLS1, and iPFK2/PFKFBP3) gives a hint of the level of complexity that is likely to emerge for many of the proteins at the nodes of metabolic control.

**Bona fide metabolic enzymes as tumor suppressors and oncogenes in human cancer**

Positional cloning efforts in familial cancer syndromes led to the identification of many if not most of the
known human tumor suppressors, ranging from retinoblastoma protein (Rb) to PTEN to the tuberous sclerosis complex proteins. Studies of inherited forms of human paraganglioma and pheochromocytosis led to identification of inactivating mutations in genes that encode the succinate dehydrogenase (SDH) complex subunits B, C, and D in these tumors. A second TCA cycle enzyme, fumarate hydratase, was also found to be responsible for rare inherited forms of leiomyoma and renal carcinomas [31]. These identifications fulfill Warburg’s prediction that defects in mitochondrial respiration may underlie human cancer, albeit only in these rare cases. Interestingly, a recent study identified mutations in the gene for a novel conserved protein required for flavination of SDH subunit A, termed SDH5, which was subsequently determined to account for some of the paraglioma cases not bearing mutations in other SDH genes [32].

More examples come from unbiased genomic sequencing in human glioblastomas, which first revealed missense mutations in isocitrate dehydrogenase genes, IDH1 and IDH2 [33]. Unexpectedly, the mutations found in IDH1 and IDH2 conferred a gain-of-function resulting in mutant forms of the enzyme capable of converting a-ketoglutarate into 2-hydroxyglutarate [28]. 2-hydroxyglutarate has been proposed to act as an oncometabolite [29,30], resulting in mutant forms of the enzyme capable of producing abnormal epigenetic marks. These findings, new tools for imaging tumors and, hopefully, new therapeutic agents targeting isocitrate dehydrogenase amplification, were uniquely sensitive to growth suppression by PHDGH shRNA, suggesting that agents targeting phosphoglycerate dehydrogenase may be useful in treating the subset of breast cancers that exhibit phosphoglycerate dehydrogenase gene amplification.

**Therapeutically targeting metabolism**

One of the exciting prospects for exploiting the unique metabolism of tumor cells is that there appear to be only a limited set of metabolic pathways that most cancer cells up-regulate to accomplish growth and survival. Altered metabolism in the tumor cells, compared with the tissue of origin creates a theoretical therapeutic window in which normal cells will not be affected by therapies targeting metabolism, though clearly those simply targeting the metabolism found in proliferating cells will not be any different than conventional chemotherapies. Targeting nucleotide synthesis enzymes needed by all cells going through S phase (e.g. 5FU, methotrexate). Similarly, metabolic drugs that inhibit lipogenic or other anabolic processes needed in all dividing cells or needed to maintain adult quiescent stem cells will not likely improve on existing therapies. However, as all advanced tumor cells reprogram their metabolism to some extent or another, decoding the specific enzymes and isoforms upregulated in each tumor type based on the genetic mutations present will allow a set of genotype-specific targeted therapeutics based on inhibition of metabolic enzymes. This is a largely unexplored space in current cancer research efforts. Based on our current understanding of pathways deregulated in cancer, investigation of a handful of promising therapeutic agents have begun, including agents targeting lactate dehydrogenase A and pyruvate dehydrogenase kinases and other glycolytic enzymes that have been validated by shRNA studies in tumor cells lines. It remains to be seen whether these early compounds have sufficient specificity and pharmaceutical properties to achieve target inhibition without off-target toxicity. Another challenge will be to identify the biomarkers that predict patients who are likely to respond to such therapies, as well as biomarkers that verify that the drug has hit its intended target.

**Future Prospects**

As the field of cancer cell metabolism continues to grow over the next decade, a better picture of what steps are universal across many tumor types and what metabolic reprogramming is unique to one particular tumor genotype or tissue type will emerge. Based on these findings, new tools for imaging tumors and, hopefully, new therapeutics will emerge. To get to the stage of new FDA-approved anti-cancer agents, much work is needed. It is likely that, through ongoing mutational analyses of human tumors and extensive functional RNAi screens, additional metabolic enzymes will emerge as candidates for therapeutic intervention. Once candidate genes are found, full genetic dissection of the requirement for these components in tumors from different tissues with different initiating mutations is needed. Even in cases where a particular metabolic enzyme is critical in a
specific tumor type, detailed studies are also needed to define likely resistance mechanisms and effective combinations of targeted therapeutics and metabolic therapeutics in specific tumor types. In short, cancers are far more complex than was once imagined and it is clear that many weapons will be needed to combat this devastating disease. Targets in the metabolic arena offer a new opportunity to expand the arsenal.

Abbreviations
AMPK, AMP-activated protein kinase; FBP, fructose-1,6-bisphosphate; FDG-PET, 18-flourodeoxyglucose positron emission tomography; HIF-1, hypoxia-inducible factor 1; mTOR, mammalian target of rapamycin; mTORC1, mammalian target of rapamycin complex 1; PKM2, pyruvate kinase M2; SDH, succinate dehydrogenase.

Competing interests
Lewis C. Cantley is a founder of Agios Pharmaceuticals, a company that focuses on drugs that target metabolic pathways.

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