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The neuropeptide neuromedin U promotes autoantibody-mediated arthritis

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Abstract  
Introduction: Neuromedin U (NMU) is a neuropeptide with pro-inflammatory activity. The primary goal of this study was to determine if NMU promotes autoantibody-induced arthritis. Additional studies addressed the cellular source of NMU and sought to define the NMU receptor responsible for its pro-inflammatory effects.  
Methods: Serum containing arthritogenic autoantibodies from K/BxN mice was used to induce arthritis in mice genetically lacking NMU. Parallel experiments examined whether NMU deficiency impacted the early mast-cell-dependent vascular leak response induced by these autoantibodies. Bone-marrow chimeric mice were generated to determine whether pro-inflammatory NMU is derived from hematopoietic cells or stromal cells. Mice lacking the known NMU receptors singly and in combination were used to determine susceptibility to serum-transferred arthritis and in vitro cellular responses to NMU.  
Results: NMU-deficient mice developed less severe arthritis than control mice. Vascular leak was not affected by NMU deficiency. NMU expression by bone-marrow-derived cells mediated the pro-arthritogenic effect. Deficiency of all of the known NMU receptors, however, had no impact on arthritis severity and did not affect the ability of NMU to stimulate intracellular calcium flux.  
Conclusions: NMU-deficient mice are protected from developing autoantibody-induced inflammatory arthritis. NMU derived from hematopoietic cells, not neurons, promotes the development of autoantibody-induced inflammatory arthritis. This effect is mediated by a receptor other than the currently known NMU receptors.

Introduction  
Neuromedin U (NMU) is an evolutionarily conserved short neuropeptide with multiple physiologic effects. Named for its ability to induce uterine contraction, NMU has also been reported to play roles in metabolic and feeding regulation, pain perception, bone remodeling, blood pressure and contraction of smooth muscle in a variety of organs. NMU is widely expressed, with highest levels in the central nervous system and gastrointestinal tract [1]. NMU has not been detected in the circulation, suggesting that it acts primarily as a neurotransmitter and/or that it is short-lived [2].  

Two NMU receptors have been identified, NMUR1 and NMUR2 [1,3]. Both of these are G-protein-coupled receptors with seven transmembrane domains. In most species studied, including the mouse, NMUR1 is widely expressed, predominantly in the gastrointestinal tract and also in immune cells, whereas the expression of NMUR2 is limited to the central nervous system. Binding of NMU to either receptor results in the elevation of intracellular calcium [4].  

Several immunostimulatory activities have been attributed to NMU. In a mouse Th2 cell clone, stimulation with NMU led to intracellular calcium flux and the synthesis and release of IL-4, IL-5, IL-6, IL-10 and IL-13 [5]. More recently, attention has focused on the role of NMU on cells of the innate immune system. NMU induced calcium flux in, and degranulation of, mast cells and was required for mast-cell-mediated inflammation triggered by local injection of complete Freund’s adjuvant [6]. In a mouse model of asthma, NMU activated
NMUR2 (cated, 150 tored as previously described [22]. Unless otherwise indi-
K/BxN serum-transferred arthritis was induced and moni-
Arthritis induction and related studies
Mice with a targeted deletion of the gene encoding
NMU (Nmu tm1Mko), NMUR1 (Nmurt1 tm1Rtor) and
NMUR2 (Nmurt2 tm1Rtor) or NTSR1 (Ntsr1 tm1Hmno) on
the C57BL/6 (B6) background have been described
[18-20]. The nomenclature for the targeted alleles is
obtained from Mouse Genome Informatics [21]. Non-
obese diabetic and B6 mice were obtained from Jackson
Laboratory, Bar Harbor, ME, USA. KRN TCR transgenic
mice were bred in house. Mice were maintained in spe-
cific-pathogen-free colonies at Harvard Medical School or
the University of Minnesota, under protocols approved by
the Harvard Medical Area Standing Committee on Animals or the University of Minnesota’s
Institutional Animal Care and Use Committee.

Arthritis induction and related studies
K/BxN serum-transferred arthritis was induced and moni-
tored as previously described [22]. Unless otherwise indi-
cated, 150 μL of serum obtained from eight-week-old K/
BxN mice was injected intraperitoneally into 6- to 8-week-
old recipients on days 0 and 2. The arthritis scoring, mea-
surement of ankle thickening and determination of anti-
GPI immunoglobulin G (IgG) titers were performed as
previously described [23]. For arthritis scoring, each paw
was assigned a score of 0 (no arthritis) to 3 (maximum
severity), resulting in a total range of 0 to 12 for an individu-
al mouse. Mast cells were identified by toluidine blue
staining, as previously described [11]. Vascular leak studies
and generation of bone-marrow chimeric mice were per-
formed as previously described [22]. Complete blood
counts were performed using a Hemavet 950FS (Drew
Scientific, Dallas, TX, USA).

Materials and methods
Mice
Calcium flux
Following lysis of red blood cells, splenocytes were
resuspended in Roswell Park Memorial Institute med-
ium plus 10% fetal bovine serum, and were loaded with
Indo-1 AM (Invitrogen, Grand Island, NY, USA) for 30 minutes at 37°C. The cells were washed
and resuspended at 5 x 10^6 cells/mL. Following the
addition of indicated concentrations of rat NMU-23
(sequence YKVNEYQGPVAPSFGFLFRPRN; Gen-
Script, Piscataway, NJ, USA) or 1 μg/mL ionomycin
(MP Biomedicals, LLC, Solon, OH, USA) in 12.5%
dimethyl sulfoxide in water, the cells were analyzed on
an LSRII flow cytometer (BD Biosciences, San Diego,
CA, USA). Data were analyzed using FlowJo software (Treestar, Ashland, OR, USA).

Statistical analysis
Statistical differences between the mean values for
groups were calculated using an unpaired Student’s two-
tailed t test. Arthritis severity scores were compared
with a repeated-measures analysis of variance. For
experiments involving more than two groups, a post-hoc
Tukey’s multiple comparison test was used. P values <
0.05 were considered significant. Analyses were per-
formed with SPSS 17.0.

Results
We utilized Nmu gene knockout (NMU-KO) mice to
investigate a potential role for NMU in the pathogenesis of autoantibody-mediated arthritis. After injection of
arthritogenic serum from K/BxN TCR transgenic mice,
NMU-KO mice developed less severe arthritis than litter-
termate controls (Figure 1A, B). Histological examina-
tion of the ankles was consistent with the clinical
scoring, with less inflammation present in the NMU-
deficient mice (Figure 1C). We confirmed that NMU-
KO and control mice maintained equivalent titers of the
pathogenic anti-GPI IgG (Figure 1D). These results indi-
cate that NMU promotes the development of autoanti-
body-induced arthritis.

NMU has been shown to directly activate mast cells to
produce vasodilation and plasma extravasation in
response to complete Freund’s adjuvant [6]. Similarly,
we and others have shown that systemic injection of
serum from K/BxN mice results in rapid induction of
mast-cell- and neutrophil-dependent vascular permeabil-
ity in the paws of mice [22,24,25]. Although some mast-
cell-deficient mouse strains (W/W^b) are protected from developing K/BxN serum-transferred arthritis [11,16]
whereas others (W/W^b) are not [26,27], both the W/W^b
and W^b strains lack the early vascular response induced
by administration of serum from K/BxN mice, verifying the mast-cell-dependence of this response [22] (BAB,
RW, CB and DM, unpublished work). We therefore
sought to determine whether NMU deficiency impacted these earliest events induced by K/BxN serum. We first verified that deficiency of NMU did not interfere with mast cell differentiation; mast cells were easily identified and present in equivalent numbers in the skin of B6 and NMU-KO mice (Figure 2A). In addition, the number and frequency of other leukocyte subpopulations and platelets were unaltered in the NMU-KO mice relative to controls (Figure 2B). Prior studies have shown that macrophages derived from NMU-KO mice produced normal levels of IL-1\(\beta\) and TNF, critical arthritogenic cytokines in K/BxN serum-transferred arthritis and also IL-12p40 following lipopolysaccharide stimulation. IL-6 production by NMU-KO macrophages was decreased relative to control macrophages, but IL-6 is dispensable for serum-transferred arthritis [8,10]. Similarly, mast cells from NMU-KO mice degranulated normally in vivo after the injection of NMU or substance P [6]. Consistent with these observations, we found that injection of K/BxN serum resulted in a similar vascular leak response in NMU-KO mice and wild-type littermates (Figure 2C). These findings indicate that the reduction in arthritis severity in NMU-KO mice was due neither to impaired differentiation nor a decreased inherent functional capacity of the main innate immune cell...
types that contribute to the multistep pathogenesis of arthritis in this model. In addition, the arthritis-promoting effect of NMU likely occurred at a timepoint after the initial vascular leak response.

NMU is best known as a neurotransmitter. However, other cell types, including hematopoietic cells, express NMU. Prior studies have not established whether NMU production by hematopoietic cells or stromal cells (for example, neurons) is responsible for its pro-inflammatory effects [6-8]. To address this question, we generated bone-marrow chimeric mice using wildtype B6 mice and NMU-KO mice in each possible donor:recipient combination. Following bone marrow engraftment, we induced arthritis with serum. Mice that had received wildtype bone marrow developed more severe arthritis than those that received NMU-KO bone marrow, irrespective of the NMU status of the recipient mouse (Figure 3). These findings establish that NMU expression by bone-marrow-derived cells, not neurons or other stromal cells, is responsible for the pro-arthritogenic activity of NMU.

Two main receptors for NMU have been identified, NMUR1 and NMUR2. The former is widely expressed, whereas expression of the latter is restricted essentially to the central nervous system. We utilized gene-knockout mice to determine which receptor mediates the pro-inflammatory activity of NMU. Mice lacking NMUR1, NMUR2 or both receptors developed arthritis in an essentially indistinguishable way from control mice (Figure 4). This observation suggests that another NMU receptor may be involved.

The only other NMU receptor reported in the literature is a heterodimer of the neurotensin receptor 1 (NTSR1) and the growth hormone secretagogue receptor 1 b, identified in human lung cancer cells [28]. Therefore, we investigated the possibility that this receptor was responsible for the arthritis-promoting effect of NMU. Ntsr1-deficient mice developed serum-transferred arthritis equivalent to that of controls (Figure 5). We therefore bred mice lacking Nmurl, Nmur2 and Ntsr1. These mice, lacking all known NMU receptors, also remained susceptible to serum-transferred arthritis, even when given doses of serum lower than usual in an effort to accentuate any potential differences between the groups (Figure 5). This result was unexpected, and prompted us to perform additional in vitro studies to determine if cellular responses to NMU were intact in these triple-NMU-receptor knockout mice.

NMU stimulation of cells causes intracellular calcium flux. Stimulation of splenocytes from Nmurl/Nmur2/Ntsr1 triple-knockout mice with a range of concentrations of NMU provoked intracellular calcium flux indistinguishable from that induced in splenocytes from control mice, demonstrating that the splenocytes from these triple-knockout mice must utilize another mechanism to detect NMU (Figure 6). Considered together, our findings indicate that NMU can promote the development of autoantibody-mediated arthritis through a receptor distinct from the currently known NMU receptors.

Discussion

Neuropeptides are increasingly recognized as potential contributors to inflammatory diseases. For instance, the neuropeptide substance P is involved in a variety of inflammatory conditions, including being upregulated in the inflamed synovium of patients with rheumatoid arthritis [29]. In addition, catecholamine-producing cells...
are present in the synovial tissue of mice and human patients with inflammatory arthritis [30]. Understanding how neuropeptides promote inflammatory diseases is expected to lead to new therapeutic approaches.

Based on a series of reports describing the pro-inflammatory properties of NMU [6-8], we tested the hypothesis that NMU can promote the development of autoantibody-mediated arthritis. Indeed, our results demonstrated that mice lacking NMU were protected from K/BxN serum-transferred arthritis. This protection was not due to impaired differentiation of the key innate immune cell types (that is, neutrophils, platelets and

![Graph](image1)

**Figure 4 NMUR1 and NMUR2 are dispensable for the induction of autoantibody-mediated arthritis** Serum from K/BxN mice was injected into mice lacking NMUR1, NMUR2, both NMUR1 and NMUR2, or littermate controls animals on days 0 and 2. The development of arthritis was assessed by determination of (A) arthritis score and (B) ankle thickening. Data plotted are means ± SEM and are compiled from four experiments with eight to fourteen animals per genotype. For arthritis score (A), there were no statistical differences between the four groups. For ankle thickening (B), ankle thickening scores increased slightly more rapidly in the NMUR1-/- mice relative to the control mice ($P = 0.042$) and relative to the NMUR2-/- mice ($P = 0.015$). There were no statistically significant differences between the other groups of mice (repeated-measures analysis of variance followed by post-hoc Tukey’s multiple comparison test). SEM: standard error of the mean.

![Graph](image2)

**Figure 5 Mice lacking all known NMU receptors remain susceptible to autoantibody-mediated arthritis** Serum from K/BxN mice was injected into mice lacking NTSR1 or mice lacking NMUR1, NMUR2, and NTSR1 on days 0 and 2 (100 μL/injection). The development of arthritis was assessed by determination of (A) arthritis score and (B) ankle thickening. Data plotted are means ± SEM and represent one of three independent experiments with a total of eight to fifteen mice per group. There were no statistically significant differences between the groups (repeated-measures analysis of variance followed by post-hoc Tukey’s multiple comparison test). NMU: neuromedin U; SEM: standard error of the mean.
mast cells) implicated in this disease model. Nor did NMU interfere with the earliest vascular events provoked by injection of autoantibodies, but more likely at a later time. NMU can directly activate effector cells, such as mast cells, eosinophils and macrophages, to elicit a variety of cellular responses including degranulation, adhesion, chemotaxis and production of the pro-inflammatory cytokine IL-6 [6-8]. Therefore, it is likely that NMU acts on multiple cell types to elicit a variety of pro-inflammatory activities that drive the inflammatory arthritis in this model.

Although it is known that NMU can be produced by hematopoietic cells [8,31], most prior studies have focused on neurons as being the most likely source of pro-inflammatory NMU [6-8]. Our reciprocal bone-marrow transplantation experiments showed clearly that NMU derived from hematopoietic cells was critical for its pro-arthritogenic activity. Our findings are consistent with the finding that NMU is not a marker of peripheral sympathetic or sensory nerve fibers [3]. Similarly, our results support previous findings that substance P and neuropeptide Y are neuropeptides produced not only by neurons but also by immune cells [29,32], and that inflammatory arthritis is accompanied by a loss of sympathetic nerve fibers which appear to be replaced by synovial cells that synthesize catecholamines [30]. Thus, although neuropeptides are typically initially characterized based on their expression in neurons, their pro-inflammatory properties might be attributed instead to their expression by cells of the immune system, as we have shown. Therefore, the involvement of a neuropeptide in an inflammatory disease does not necessarily imply neuro-immune connections or neuro-immune cross-talk other than expression of similar neuropeptides by these cell types.

Additionally, although it is theoretically possible that NMU-deficient mice were protected from autoantibody-induced arthritis due to developmental or metabolic abnormalities in the mice, our finding that the protective effect of NMU deficiency was transferrable with bone marrow-derived cells suggests that such a scenario is unlikely.

Defining the receptors that a pro-inflammatory substance engages to elicit inflammation is important for the development of potential therapeutic agents. NMUR1 is widely expressed, and Nmur1-deficient mice have impaired contraction of certain smooth muscle tissues in the gastrointestinal tract [33]. NMUR2 is expressed primarily in the central nervous system, and Nmur2-deficient mice have been shown to have impaired responses to pain in some assays; in contrast, these pain responses were normal in Nmur1-deficient mice [20]. With respect to inflammatory responses, inflammation induced by the injection of complete Freund’s adjuvant was normal in mice lacking both receptors [20]. Similarly, we have shown here that autoantibody-induced arthritis was unimpaired in these same Nmur1/Nmur2-deficient mice. We further have shown that the only other reported functional NMU receptor, a heterodimer of NTSR1 and the growth hormone secretagogue receptor 1 b, was also dispensable for the development of serum-transferred arthritis. Recent evidence, however, suggests that NMU-induced suppression of food intake and weight gain remained intact in mice lacking NTSR1, suggesting that NTSR1 may not serve as an NMU receptor in vivo [34]; this is
consistent with our in vitro findings. It is theoretically possible that the related NTSR2 could serve as an NMU receptor, though this has not been demonstrated experimentally.

Our results suggest that an as-yet-unidentified NMU receptor is responsible for the pro-inflammatory effects of NMU. It is likely, based on the structure of the known NMU receptors, that this receptor will belong to a large family of seven transmembrane spanning G-protein-coupled receptors. It is of course possible that the expression of this putative additional NMU receptor is upregulated in the mice we studied here, as a physiologic compensatory mechanism for the absence of the known NMU receptors, and that its contribution to the pro-inflammatory activities of NMU is therefore apparent only in the absence of the known NMU receptors. It has been shown, for instance, that the expression of NMUR1 is increased in macrophages derived from NMU-KO mice, supporting the notion that such compensatory mechanisms might exist [8]. Further investigations such as the use of NMUR1- and NMUR2-specific short-acting antagonists and/or identification of this putative additional NMU receptor should help to clarify this point.

In summary, we have shown that mice genetically deficient in NMU expression were protected from developing autoantibody-induced inflammatory arthritis. In this model, bone-marrow-derived cells rather than neurons served as the critical source of NMU. The arthrogenic activity of NMU may be mediated via a receptor other than the currently defined NMU receptors. Our results indicate that targeting NMU or its receptors could be an attractive approach to therapeutic intervention in inflammatory arthritis, but also suggest that further delineation and definition of the key NMU receptors will first be required. More broadly, our findings demonstrate that neuropeptides expressed by immune cells can be important contributors to the pathogenesis of inflammatory arthritis.

Conclusions
NMU produced by bone-marrow-derived cells promoted autoantibody-mediated arthritis in mice. The arthrogenic activity of NMU was mediated by a receptor other than the currently known NMU receptors. This study points to NMU as a new potential therapeutic target in inflammatory arthritis.

Abbreviations
B6: C57BL/6; GPI: glucose-6-phosphate isomerase; IgG: Immunoglobulin G; IL: interleukin; KO: knockout; NMU: neuromedin U; TCR: T cell receptor; TNF: tumor necrosis factor.

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Authors’ contributions
SWM and JLA designed and performed the experiments and prepared and edited the manuscript. PG performed the statistical analysis. RW oversaw imaging experiments and edited the manuscript. EW provided Ntsr1 knockout mice and edited the manuscript. RT provided Nmur1 and Nmur2 knockout mice and edited the manuscript. MK provided NMU knockout mice and edited the manuscript. CB and DM designed and oversaw the experiments and edited the manuscript. BAB designed, performed and oversaw experiments, performed statistical analysis and wrote and edited the manuscript. All authors read and approved the final manuscript.

Competing interests
RT is an employee of Regeneron Pharmaceuticals. CB, DM and BAB have filed a United States patent application describing NMU as a therapeutic target in rheumatoid arthritis.

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