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Actin polymerization stabilizes α4β1 integrin anchors that mediate monocyte adhesion

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Leukocytes arrested on inflamed endothelium via integrins are subjected to force imparted by flowing blood. How leukocytes respond to this force and resist detachment is poorly understood. Live-cell imaging with Lifeact-transfected U937 cells revealed that force triggers actin polymerization at upstream α4β1 integrin adhesion sites and the adjacent cortical cytoskeleton. Scanning electron microscopy revealed that this culminates in the formation of structures that anchor monocyte adhesion.

Inhibition of actin polymerization resulted in cell deformation, displacement, and detachment. Transfection of dominant-negative constructs and inhibition of function or expression revealed key signaling steps required for upstream actin polymerization and adhesion stabilization. These included activation of Rap1, phosphoinositide 3-kinase γ isoform, and Rac but not Cdc42. Thus, rapid signaling and structural adaptations enable leukocytes to stabilize adhesion and resist detachment forces.

Introduction

The actin cytoskeleton is dynamic and supports a multitude of essential functions in adherent and migrating cells from participating in the formation of protrusions to the generation of tensile forces and cell motility (Vicente-Manzanares and Sánchez-Madrid, 2004). In contrast, the role of the actin cytoskeleton remains poorly understood during recruitment of blood leukocytes into tissues.

Leukocyte recruitment is fundamental to inflammatory and homeostatic processes: host response to infection, pathogenesis of inflammatory disorders, and immune surveillance. Blood leukocytes are recruited through a multistep cascade of highly organized adhesive and signaling steps, including tethering and rolling along vascular endothelium, activation of integrins by chemokine signaling, arrest, stabilization of adhesion, intravascular crawling, and diapedesis (Butcher, 1991; Ley et al., 2007). Integrins are adhesion and signaling molecules expressed by most nucleated cells (Hynes, 2002). Signaling via chemokine G protein–coupled receptors (GPCRs) triggers rapid up-regulation of leukocyte αβ4 (very late antigen-4 [VLA-4]) and αβ1 (LFA-1) integrin affinity, which stabilizes bonds with VCAM-1 and ICAM-1, respectively (Constantin et al., 2000; Chan et al., 2001). Arrest is mediated by a relatively small number of integrins and must be rapidly stabilized. One mechanism for stabilization is integrin clustering upon ligand binding and intracellular signaling (outside-in signaling) through adapter proteins (Alon and Dustin, 2007). Linkage of VLA-4 to the actin cytoskeleton through the adapter protein paxillin is critical for stabilization of leukocyte adhesion when exposed to fluid flow and transmission of mechanical force (Alon et al., 2005). Despite this, the actin cytoskeleton in leukocytes has generally been viewed as a relatively static structure that tethers integrins in the cell membrane and restricts their lateral diffusion (Kucik et al., 1996; van Kooyk et al., 1999). Pharmacological inhibition of actin polymerization has been shown to increase LFA-1–mediated...
adhesion and also resulted in increased accumulation of integrins at the adhesion surface (van Kooyk et al., 1999; Kim et al., 2004). These experiments modeled the prolonged adhesion of contact-dependent cells. On the other hand, leukocytes undergoing recruitment adhere rapidly to the endothelium and resist detachment. There is a paucity of information on whether the actin cytoskeleton participates in adhesion stabilization and whether it adapts to external forces.

Mechanotransduction of fluid forces dramatically influences endothelial cell gene expression in vascular endothelium (Tzima et al., 2005) and neutrophil morphology (Coughlin and Schmid-Schönbein, 2004; Makino et al., 2006; Coughlin et al., 2008). All of these responses involve an intact actin cytoskeleton. Integrins are both force-bearing and force-sensing receptors and, thus, are critical to a variety of cell functions (Brakebusch and Fässler, 2003; Critchley, 2004). Integrin mechanotransduction is a key feature in strengthening integrin-mediated adhesion. For example, when force is applied to magnetic beads attached to cell surface integrins, cells are capable of producing a “stiffening” response thought to be a “strengthening” of the linkage to the actin cytoskeleton (Wang et al., 1993; Choquet et al., 1997).

Several signaling molecules have been implicated in mechanotransduction, including Rap1 and Rho family GTPases and phosphoinositide 3-kinase (PI3K). Rap1 is a small GTPase critical for integrin adhesive function (Bos et al., 2001; Shimonaka et al., 2003) and can be activated by tensile forces (Sawada et al., 2001). Rho small GTPases are critical players in actin polymerization. Rac, a member of the Rho family of small GTPases, has been shown to be critical for F-actin rearrangement in endothelial cells exposed to shear stress (Tzima et al., 2002). PI3K plays a key role in chemokine-induced cell adhesion under fluid flow and cell polarization during chemotactic migration (Sasaki et al., 2000; Smith et al., 2006; Heit et al., 2008). In addition, PI3K has been shown to be important for force-mediated activation of integrins (Katsumi et al., 2005).

Collectively, our data reveal that leukocytes adhering via VLA-4 adapt to external hydrodynamic force by forming upstream structures—“anchors” that stabilize adhesion. This process is dependent on actin polymerization and activation of Rap1 and Rac as well as PI3K-γ. We propose that leukocytes sense and respond to external forces through signaling and structural adaptations, which are indispensable for stabilization of rapid adhesion in the blood stream.

Results

Actin polymerization is critical for stabilization of integrin-mediated leukocyte adhesion and resistance to deformation upon exposure to fluid flow

We set out to investigate the structural and functional role of the actin cytoskeleton in VLA-4-mediated leukocyte adhesion under conditions of fluid flow. Cytochalasin D (CytoD) and Latrunculin B (LatB), two different inhibitors of actin polymerization, were used at concentrations (2 µM) that dramatically reduced F-actin polymerization in lamellipodia of monocyte-like U937 cells but minimally affected total F-actin content and increased clustering of cortical F-actin (Fig. S1, a–d). VLA-4 on the cell surface remained colocalized with F-actin, as measured by immunofluorescence microscopy and flow cytometry of cytoskeleton ghosts, suggesting that the CytoD or LatB did not disrupt the constitutive linkage between integrins and the cortical actin cytoskeleton (Fig. S1, d–f).

In the context of leukocyte recruitment from the blood into tissues, integrins with intermediate affinity can mediate slow rolling, and upon activation of leukocytes by chemokines, the rapid conversion of integrins to high affinity mediates arrest (Campbell et al., 1998; Chan et al., 2001). Therefore, we investigated the role of actin polymerization in VLA-4 affinity modulation by GPCR inside-out signaling. We found that neither CytoD nor LatB pretreatment blocked rapid FMLF (f-Met Leu Phe)-induced VLA-4 affinity up-regulation (Fig. S2 a), consistent with previous studies for VLA-4 and LFA-1 (Chan et al., 2001; Yu et al., 2010).

CytoD or LatB pretreatment inhibited arrest and accumulation of U937 cells induced by FMLF (Fig. S2 b) or chemokine stromal-derived factor 1 α(SDF-1α; Fig. 1 a). In assays in which maximal VLA-4 affinity was induced by manganese (Mn²⁺), CytoD or LatB also inhibited leukocyte accumulation on VCAM-1–coated flow chambers (Fig. 1 b). Integrin affinity up-regulation by Mn²⁺ does not require intracellular signaling through chemokine receptors, which can modulate leukocyte actin dynamics (Howard and Meyer, 1984). In detachment assays, both CytoD and LatB dramatically reduced the adhesion of Mn²⁺-treated U937 cells (Fig. 1 c), human peripheral blood monocytes (Fig. 1 c), and murine lymphocytes (not depicted) to VCAM-1–coated surfaces. Collectively, these data suggest that actin polymerization is required for blood leukocyte resistance to detachment under conditions of flow and implicate a role for actin polymerization in the stabilization of VLA-4–mediated leukocyte arrest but not integrin affinity modulation.

Adherent CytoD- or LatB-pretreated leukocytes were deformed after exposure to flow, in contrast to buffer-treated cells that maintained a spherical shape. Leukocytes were displaced from the initial adhesion site, and elongated structures were pulled from the cell body (Fig. 1 d). These structures remained attached to the VCAM-1–coated surface and sporadically would fracture and release tethered leukocytes. Scanning EM (SEM) of leukocytes fixed under flow revealed deformation of CytoD- or LatB-treated cells and abundant elongated structures without associated cell bodies (Fig. 1, e and f).

Blockade of actin polymerization leads to the extrusion of F-actin from the cell body

Visualization of F-actin revealed the effects of CytoD and LatB on U937 cells exposed to fluid flow. Immunostaining showed that elongated upstream structures contained F-actin and VLA-4, which were colocalized (Fig. 2 a). Because actin polymerization was blocked, these data suggest that F-actin was extruded from the cell body, as it was displaced from the attachment site. This possibility was investigated in real time using Lifeact-GFP–transfected U937 cells (Riedl et al., 2008). Upon introduction of flow, F-actin was extruded from the upstream cortical actin.
Fluid flow triggers the formation of upstream F-actin-rich anchors

The aforementioned experiments suggest that mechanical force exerted on adherent leukocytes as a consequence of fluid flow induces actin polymerization to withstand detachment and deformation. To directly evaluate this possibility, live-cell...
flow, but the most significant difference was the accumulation of F-actin in structures that contacted the adhesion surface upstream of the cell body and in the cortical actin cytoskeleton adjacent to the insertion site of these structures (Fig. 3a, Fig. S3d, and Video 6). Upstream accumulation of F-actin did not occur when cells adhered to poly-L-lysine were exposed to flow, but the most significant difference was the accumulation of F-actin in structures that contacted the adhesion surface upstream of the cell body and in the cortical actin cytoskeleton adjacent to the insertion site of these structures (Fig. 3a, Fig. S3d, and Video 6).
Fluid flow triggers the formation of upstream F-actin-rich anchors. (a and e–h) Live-cell imaging of Lifeact-GFP-transfected U937 cells. Cells suspended in an Mn²⁺-containing buffer were adhered under static conditions to a VCAM-1–coated surface of a flow chamber and then exposed to fluid flow (2 dynes/cm² for 2 min). (a) Images of a representative cell at the indicated levels from the adhesion surface before and after exposure to fluid flow.
Figure 4. Fluid flow primes leukocytes to resist detachment by inducing and maintaining F-actin in upstream anchors. (a) Detachment assays were performed with vehicle-, CytoD-, or LatB-pretreated U937 cells. Cells were adhered to a VCAM-1–coated surface. Fluid flow was introduced, either directly with 4 dynes/cm² (open symbols) or in a stepwise fashion (1, 2, and 4 dynes/cm²; solid symbols), and cells remaining adherent were quantified (means ± SD, n = 8; two IEs; *, P < 0.05; **, P < 0.005; ***, P < 0.0001 direct versus stepwise shear). (b) Increase in fluid flow induces F-actin accumulation in anchors. Representative confocal images of a Lifeact-GFP–transfected U937 cell exposed to fluid flow (shear stress: 2 and then 4 dynes/cm²). GFP accumulation is shown within anchors (solid arrowheads) and at their insertions (open arrowheads). The numbers at the bottom of the images refer to the height of each image above the adhesion surface. (c) Removal of fluid flow reduces F-actin accumulation in anchors. U937 cells adhered to VCAM-1 were exposed to fluid flow (2 dynes/cm² for 2 min), and then flow was stopped. Sequential z stacks of the same cell were obtained before (0 s) and after (300 s) flow was stopped. (left) Top and side view projections of a representative cell demonstrate that upstream anchors (solid arrowheads) diminished after cessation of flow. (right) Sequential images just above the adhesion surface illustrate progressively decreasing F-actin at anchor insertions (open arrowheads). See Videos 7 and 8. Arrows indicate the direction of fluid flow. Bars, 10 µm.

Increased F-actin appeared in upstream anchors and at sites of anchor insertion within the cortical actin cytoskeleton within seconds of introducing flow and gradually increased over time (Fig. 3, e and f; and Video 6). Exposure to fluid flow induced a twofold increase in F-actin accumulation at anchor insertion into the cortical F-actin relative to the downstream cortical cytoskeleton (Fig. 3, g and h; and Fig. S3 e). Collectively, our data suggest that leukocytes rapidly undergo a structural adaptation involving F-actin reorganization, which enables them to resist detachment forces imparted by fluid flow.

Significance of F-actin-rich upstream anchors

A biomechanical study has established that adhesion contact sites between microvilli at the rear of a spherical leukocyte and a flat surface experience the highest tension upon exposure to laminar flow (Chen and Springer, 1999); thus, it is possible that tension in leukocyte anchors provides a stimulus for actin polymerization. To evaluate this possibility, detachment assays were performed in which Mn²⁺-treated U937 cells were exposed to a defined hydrodynamic force either directly or in stepwise increase. Detachment assays were performed in which Mn²⁺-treated U937 cells were exposed to a defined hydrodynamic force either directly or in stepwise increase.
Rap1 accumulates at anchor insertions and prevents cell displacement

Rap1 is a known regulator of cell adhesion and cell spreading (Bos et al., 2001). Rap1 can be activated in response to cell stretching (Sawada et al., 2001, 2006). Therefore, we investigated a role for Rap1 in anchor formation. U937 cells were transfected with Rap1-GFP and Lifeact-RFP, adhered to VCAM-1, and exposed to fluid flow. A significant increase in Rap1 accumulation at the anchor insertion into the cortical cytoskeleton was observed (Fig. 5, a and c; and Fig. S4 a). Experiments with constitutively active Rap1-V12–GFP confirmed that accumulation of Rap1 was GTP bound (unpublished data). Leukocytes transfected with a dominant negative (dn) Rap1-N17–GFP failed to form F-actin–rich anchors. Furthermore, these cells were displaced from the initial adhesion site (Fig. 5, c–e). F-actin was extruded in a subset of dnRap1-transfected cells, analogous to cells pretreated with CytoD or LatB (unpublished data). These data suggest that upstream F-actin–rich anchor formation in response to lower hydrodynamic forces preconditions cells to resist a higher force.

Rac-dependent actin polymerization within anchors prevents cell displacement

Small GTPases of the Rac and Cdc42 families are well known inducers of actin polymerization (Ridley and Hall, 1992; Ridley et al., 1992; Hall, 1994). Rap1 effectors include guanine exchange factors (GEFs) that activate Rac (Arthur et al., 2004). Therefore, to determine whether fluid flow activated Rac and/or Cdc42, we transfected leukocytes with the p21-binding domain (PBD) of p21-activated kinase (PAK) fused to YFP (PAK-PBD-YFP), which can bind either GTP-bound Rac or Cdc42 (Manser et al., 1994). Leukocytes exposed to fluid flow had a significant increase in the accumulation of PAK-PBD-YFP (Fig. 5, a and b; and Fig. S4 b) at sites of anchor insertion. To determine the role of Rac versus Cdc42, U937 cells were transfected with dnRac-N17–GFP or dnCdc42-N17–GFP. Upon exposure to a fluid flow, cells transfected with dnRac-GFP were deformed and displaced from the initial adhesion site (Fig. 6, c–f; and Fig. S4 c). Stable anchors did not form, and F-actin was extruded in many cells (Fig. S4 c). Cells transfected with dnCdc42-GFP exhibited normal F-actin dynamics and anchor formation in response to flow (Fig. S4 c). These data support a role for Rac-dependent actin polymerization in the formation of anchors and stabilization of leukocyte adhesion.

PI3K activity is critical for leukocyte adhesion stabilization, resistance to deformation, and flow-induced actin polymerization

The PI3K family of lipid kinases can be activated by mechanical stretch (Katsumi et al., 2005) and can regulate Rac-mediated actin polymerization and polarization of cells during chemotaxis and phagocytosis (Sadhu et al., 2003; Srinivasan et al., 2003; Ferrandi et al., 2007). Previously, we observed that blockade of PI3K function did not affect VLA-4 affinity up-regulation by GPCR signaling (Hyduk et al., 2007), but integrin-mediated leukocyte adhesion was dramatically inhibited (Hyduk and Cybulsky, 2002). These observations are analogous to those made after inhibition of actin polymerization.
Inhibition of PI3K also recapitulated the action observed in adherent leukocytes (Fig. 10). Perfusion of Wort onto adherent U937 cells led to a gradual displacement of cells from their initial adhesion site and distortion (Fig. 7, d–f). Wort perfusion experiments confirm that ongoing activation of PI3K by fluid flow is required for maintenance of stable adhesion.

Blockade of PI3K prevents the accumulation of active Rac and F-actin in structural anchors

Because PI3K is a regulator of Rac activity (Han et al., 1998), we investigated whether it is required for Rac and F-actin accumulation within anchors. U937 cells transfected with PAK-PBD-YFP were pretreated with Wort and exposed to fluid flow. Blockade of PI3K reduced the accumulation of PAK-PBD-YFP at sites of anchor insertion (Fig. 8, a and b) in contrast to untreated cells (Fig. 6, a and b). Perfusion of Wort onto adherent Lifeact-GFP–transfected U937 cells led to a gradual degradation of F-actin within anchors (Fig. 8, c and Video 9). These cells were displaced from the VLA-4–mediated attachment site. Collectively, these data support a role for force-induced PI3K in regulating F-actin polymerization and adhesion stabilization.

Fluid flow activates PI3K at the upstream cell membrane and in anchors

We investigated spatial and temporal evidence for PI3K activation during formation of anchors. U937 cells were transfected with a GFP probe consisting of the pleckstrin homology (PH) domain of protein kinase B (AKT). The AKT-PH probe specifically binds phosphatidylinositol 3,4,5-triphosphate (PIP<sub>3</sub>), the main product catalyzed by PI3Ks (Yu et al., 2003). The basal level of PIP<sub>3</sub> in cells is low, and thus, AKT-PH-PH<sub>3</sub> is evenly distributed. Local activation of PI3Ks converts PIP<sub>3</sub> to PIP<sub>2</sub> in the cell membrane and leads to an increased local concentration of AKT-PH (Vanhaesebroeck and Waterfield, 1999; Botelho et al., 2000). U937 cells adhered under static conditions to VCAM-1 showed no preferential distribution of AKT-PH or a PLC-δ-PH<sub>3</sub>-probe that preferentially binds PIP<sub>3</sub> (Vanhaesebroeck and Waterfield, 1999; Botelho et al., 2000).

Several approaches were adopted to elucidate the function of fluid flow-induced PI3K activation. These included utilization of broad spectrum inhibitors, such as Wortmannin (Wort) and LY294002, a γ isoform inhibitor (AS605240), siRNA inhibition of PI3K-γ expression, and isolation of leukocytes from PI3K-γ knockout mice. All of these experiments yielded consistent data showing that PI3K is required for chemokine-induced leukocyte accumulation (Fig. 7, a), adhesion stabilization, and resistance to fluid flow, independent of chemokine signaling (Fig. 7, a and b). Inhibition of PI3K also recapitulated the deformation defects (Fig. 7, c), which we observed in leukocytes treated with inhibitors of actin polymerization (Fig. 2) and dnRac (Fig. 6). Pretreatment or perfusion of Wort onto adherent U937 cells led to a gradual displacement of cells from their initial adhesion site and distortion (Fig. 7, d–f). Wort perfusion experiments confirm that ongoing activation of PI3K by fluid flow is required for maintenance of stable adhesion.

Contact-dependent cells, such as fibroblasts and endothelial cells, continually generate internal traction forces via integrin-mediated adhesion to extracellular matrix (Ridley et al., 2003). In contrast, leukocytes in the vascular compartment must arrest on inflamed endothelium. This suddenly exposes them to high external forces from flowing blood, which requires leukocytes to resist this detaching force. We investigated the cellular and molecular responses of adherent leukocytes subjected to hydrodynamic forces. Our data reveal a mechanism that allows leukocytes to sense and resist these forces (Fig. 10). Exposure of blood leukocytes adherent via high affinity VLA-4 to an external force stretches microvilli and triggers localized accumulation of...
PI3K, Rap1, and Rac regulate upstream F-actin polymerization. As a result, F-actin–enriched anchors form and provide the tensile strength necessary to reinforce and resist a detaching force.

PSGL-1–mediated rolling results in a rapid elongation of microvilli and microridges and the formation of tethers (Schmidtke and Diamond, 2000; Ley et al., 2007). Tethers form as a result of separation of the lipid bilayer from the cortical cytoskeleton (Ramachandran et al., 2004), and tether formation has been associated with lower rolling velocities. In part, this may be because each tether acts as a fulcrum that promotes cell rotation, which changes the moment of force, and decreases the active Rap1 and PI3K, which regulate Rac-dependent actin polymerization. As a result, F-actin–enriched anchors form and provide the tensile strength necessary to reinforce and resist a detaching force.

Figure 7. PI3K activity is required for stable adhesion and resistance to flow-induced detachment and deformation. (a and b) Accumulation assays (2 dynes/cm² for 2 min) with U937 cells pretreated with vehicle or LY294002 (LY) or transfected with control or PI3K-γ siRNA. The extent of PI3K-γ knockdown by siRNA as determined by Western blotting was 85% (n = 3; see Fig. S5). The number of U937 cells that underwent arrest and remained adherent was quantified (n = 12 per group; three IEs; *, P < 0.001 relative to the control group). (b) Detachment assays with leukocytes (indicated) treated with PI3K inhibitors, 1 µM Wortmannin (Wort), 50 µM LY294002, and 100 µM AS605240 and transfected with control or PI3K-γ siRNA and CD8⁺ T cells isolated from wild-type and PI3K-γ knockout mice. The buffer contained Mn²⁺ (n = 10; three IEs; *, P < 0.05 relative to the control group). (c) Representative SEM images of 1 µM Wort-pretreated U937 cells and human monocytes adhered to VCAM-1 and then exposed to flow (2 dynes/cm² for 2 min). Arrowheads indicate the extrusion of F-actin upstream of the cell body. (d) Wort perfusion induces cell displacement. U937 cells adhered to VCAM-1 were exposed to fluid flow (2 dynes/cm² for 2 min). Vehicle or Wort (1 µM final concentration) was then added to the perfusion buffer (at time = 0 s). Representative sequential DIC images show Wort-induced cell displacement and distortion. Arrowheads indicate initial adhesion contact sites. (e) Displacement of U937 cells after exposure to fluid flow (2 dynes/cm²) for 40 s. Treatments are indicated (n = 3–10 cells per group; two IEs; *, P < 0.005; **, P < 0.0001). (f) Displacement over time of representative U937 cells. Error bars are means ± SD. Arrows indicate the direction of fluid flow.
cells (Fig. 3). Anchors were formed upon stretching of an upstream mediated adhesive contacts persisted (Figs. 2, 5, 6, and 7). F-actin was extruded from the cortical cytoskeleton, yet integrin-tether site of adhesion. Moreover, anchors were destabilized, and contrast, high affinity integrin bonds are more stable and main consistent with the transient nature of PSGL-1–selectin bonds. In 2010). However, unlike anchors, tethers are transient structures extended as much as 16 µm upstream of rolling neutrophils and counteracted hydrodynamic forces (Sundd et al., 2000). Recently, total internal reflectance fluorescence microscopy was used to visualize the formation of membrane tethers that extended as much as 16 µm upstream of rolling neutrophils and counteracted hydrodynamic forces (Sundd et al., 2000). In our study, leukocyte structural adaptations in response to fluid flow are dependent on force-induced adhesion, and subsequent pseudopod formation (Kortholt et al., 2010). Anchor dimen-

Figure 8. Inhibition of PI3K blocks the accumulation of PAK-PBD and F-actin in anchors and their insertion sites. (a and b) U937 cells transfected with PAK-PBD-YFP were pretreated with 1 µM Wort [30 min], adhered under static conditions to VCAM-1 [2 min], and then exposed to fluid flow (2 dynes/cm²) for 2 min. Confocal z stacks were obtained just before and after exposure to flow. (a) Optical slices at the level of anchor insertion (open arrowheads) showed that Wort inhibited PAK-PBD-YFP accumulation. Solid arrowheads indicate anchors. (b) Quantification of upstream versus downstream PAK-PBD-YFP accumulation (means ± SD; n = 5 cells per group; three IEs). MFI, mean fluorescence intensity. (c) Lifeact-GFP–transfected U937 cells were adhered to VCAM-1 and exposed to fluid flow (2 dynes/cm²). Wort was then added to the perfusion buffer (at time = 0 s). Sequential images show a gradual diminution of F-actin in upstream anchor insertions (open arrowheads). Closed arrowheads indicate anchors. See Video 9. Arrows indicate the direction of fluid flow. Bars, 10 µm.

strain experienced by PSGL-1–selectin bonds (Schmidtke and Diamond, 2000). Previously, total internal reflectance fluorescence microscopy was used to visualize the formation of membrane tethers that extended as much as 16 µm upstream of rolling neutrophils and counteracted hydrodynamic forces (Sundd et al., 2010). However, unlike anchors, tethers are transient structures consistent with the transient nature of PSGL-1–selectin bonds. In contrast, high affinity integrin bonds are more stable and maintain prolonged contact with activated endothelium. This leads to anchor formation. When we inhibited Rap1, PI3K, Rac, or actin polymerization, the cell body was displaced from the initial site of adhesion. Moreover, anchors were destabilized, and F-actin was extruded from the cortical cytoskeleton, yet integrin-mediated adhesive contacts persisted (Figs. 2, 5, 6, and 7).

Rapid accumulation of F-actin and anchor formation was observed in real time when fluid flow was applied to adherent cells (Fig. 3). Anchors were formed upon stretching of an upstream microvillus or microridge. Anchors were maintained for as long as cells were exposed to a hydrodynamic force (Fig. 4). The length and height of anchors can act as lever arms dissipating forces transmitted by integrin bonds, as previously described for selectin-mediated rolling (Alon et al., 1995). Anchor dimensions were proportionally similar in human monocytes and larger U937 cells, suggesting a potentially universal structural response in leukocytes to defined hydrodynamic forces (Fig. 3 c and Fig. S3, b and c).

The contribution of tensile forces to outside-in integrin signaling initiated by ligand binding and integrin clustering is poorly understood. We did not observe significant changes in cell morphology or in the distribution of F-actin when leukocytes with high affinity integrins were adhered to VCAM-1–coated surfaces under static conditions (Fig. 3 and Videos 4 and 5). Only after the application of fluid flow did F-actin accumulation and the formation of anchors occur. VLA-4 located at the tips of anchors bound to VCAM-1 on the adhesion surface, yet we observed F-actin accumulation throughout anchors and at their insertion in to the cortical cytoskeleton. This suggests that tension transmitted throughout anchors initiates signaling ultimately leading to actin polymerization. Potential mechanosensory molecules include adaptor proteins, such as p130cas (Sawada et al., 2006) stretch-activated receptors and/or channels (Matthews et al., 2006).

Consistent with a previous study (Sawada et al., 2001), we found that force induced active Rap1 accumulation at sites of anchor insertion, which was critical for adhesion stabilization (Fig. 5). The role of Rap1 in leukocyte arrest is controversial. Mn²⁺-induced T lymphocyte adhesion to ICAM-1 or VCAM-1 has been reported to be both dependent (de Bruyn et al., 2002) and independent (Ghandour et al., 2007) of Rap1. In the context of chemokine-induced arrest mediated by VLA-4, Rap1 was shown to be dispensable (Ghandour et al., 2007). The reasons for this discrepancy remain unclear, but it is possible that differences in expression or activation of Rap1 GEFs and GTPase-activating proteins are responsible.

Previous studies indicate that Rap1 signaling functions to activate PI3K (Fukuyama et al., 2006; Kortholt et al., 2010). It is possible that amplification loops might exist that regulate their activity. In Dictyostelium discoideum, activated Rap1 binds and activates PI3K, which in turn is critical for Rac activation, cell adhesion, and subsequent pseudopod formation (Kortholt et al., 2010). In E-cadherin–mediated cell–cell adhesion, PI3K was required for Rac1-dependent activation of Rac via Vav2, a Rac-GEF; in addition, overexpression of constitutively active Rap1 could not overcome the effects of PI3K inhibition, suggesting that PI3K is downstream of Rap1 (Fukuyama et al., 2006). Whether PI3K regulates Rap1-GEFs is not currently well understood.

Previous studies have demonstrated the activation of PI3K in cells exposed to tensile forces (Suzuma et al., 2002; Katsumi et al., 2005). In our study, leukocyte structural adaptations in response to fluid flow are dependent on force-induced activation of PI3K and localization of its product, PIP₃, within anchors (Fig. 9). PI3K activation was also required for Rac-dependent F-actin accumulation in anchors (Fig. 8). This finding is consistent with the established role of PI3K as a regulator of actin polymerization (Vanhaesebroeck and Waterfield, 1999;
PI3K, Rap1, and Rac regulate upstream F-actin

Figure 9. Fluid flow activates PI3K at the upstream cell membrane and in anchors. (a–d) U937 cells transfected with probes that bind to PIP$_3$ (AKT-PH-GFP) or PIP$_2$ (PLC-$
\gamma$-PH-GFP). Cells were adhered to a VCAM-1–coated surface and imaged before and after exposure to fluid flow (2 dynes/cm$^2$ for 2 min). Images of representative cells at levels above the adhesion surface to approximately the midpoint, with the corresponding GFP fluorescence profile at the white dashed lines. A difference between upstream and downstream GFP intensity was only observed in cells transfected with AKT-PH-GFP after exposure to fluid flow (dashed red lines in c vs. d). (e) Quantification of GFP fluorescence (means ± SD; n = 9 for flow and 4 for static; three IEs; *, P < 0.001) MFI, mean fluorescence intensity. (f and g) Accumulation of the AKT-PH-GFP (PIP$_3$), but not PLC-$
\gamma$–PH-GFP (PIP$_2$), probe in anchors. Images of collapsed z stacks (top and side views) of representative transfected U937 cells that were exposed to flow as in a–d. Each red dashed line is a reference line that was set at the downstream peak of AKT-PH or PLC-$
\gamma$–PH-GFP probe fluorescence intensity. This line facilitates comparison to the peak fluorescence intensity at the upstream edge of the cell. Increased upstream fluorescence is seen only with the AKT-PH-GFP probe. The corresponding GFP fluorescence profiles within the yellow boxes are shown below. Solid arrowheads indicate anchors, and open arrowheads show regions of anchor insertion. Arrows indicate the direction of fluid flow. Bars, 10 µm.

Pollard et al., 2000). The reinforcement of tension-bearing structures by actin polymerization is critical for adaptation of cells to external forces.

Materials and methods

Reagents and antibodies
Anti-human IgG F(ab)$_2$ (mouse adsorbed) for coating of adhesion surfaces was purchased from Invitrogen. Human SDF-1$\alpha$ was purchased from PeproTech, and human VCAM-1/fragment crystallizable (Fc) and ICAM-1/Fc were purchased from R&D Systems. HBSS (containing Ca$^{2+}$ and Mg$^{2+}$), manganese chloride, fMLF (the bacterial chemoattractant f-Met-Leu-Phe), and PKH-26 were purchased from Sigma-Aldrich. CryoD, LatB, LY294002, Wort, and PI3K-$\gamma$ inhibitor II AS605240 were purchased from EMD. 488 phalloidin was purchased from Invitrogen. Primary antibodies included mouse anti-human CD49d clone HP2/1 (AbD Serotec) and PKH-26 were purchased from Invitrogen. CD49d clone 44H6 (gift from M. Letarte, Hospital for Sick Children, Toronto, Ontario, Canada), FITC- or allophycocyanin (APC)-conjugated CD49d clone 9F10 (BioLegend), APC-conjugated anti-human CD14 clone 61D3 (eBioscience), and FITC-conjugated anti-mouse CD8 (BioLegend). Goat anti-mouse-Cy3 secondary antibodies were purchased from Jackson ImmunoResearch Laboratories, Inc.

Leukocytes

Cell culture. The myelomonocytic U937 cell line was obtained from American Type Culture Collection. A line of U937 cells transfected with human formyl peptide receptor (FPR; U937-FPR) was obtained from G.P. Downey (University of Toronto, Toronto, Ontario, Canada). U937 cells were cultured in RPMI 1640 supplemented with 10% heat-inactivated FBS. 500 g/ml geneticin was added to the culture medium when culturing U937-FPR cells. Cell culture reagents were purchased from Invitrogen.

Human monocytes. Human peripheral blood mononuclear cells depleted of platelets were isolated by an adapted density gradient centrifugation protocol (OptiPrep; Axis-Shield). Blood sample collection from healthy human volunteers was approved by the Research Ethics Board at University Health Network. In brief, venous blood anticoagulated with 2 mM EDTA was mixed with 1.85 g OptiPrep and 2 ml of solution B for every 5 ml of blood (100 ml of solution B = 3.42 ml NaCl, 1 ml Hepes, 2 ml EDTA, 1 ml plasma, and 92.5 ml distilled H$_2$O) to create a 1.091-g/ml density layer. Layered over the top was a 1.078-g/ml density layer made up of 2 ml of solution B (for every 5 ml of blood) and 3.02 g OptiPrep. Enriched mononuclear leukocytes were separated by centrifugation at 1,600 rpm for 30 min at 4°C. Monocytes were purified from peripheral blood mononuclear cells using the human monocyte enrichment kit (EasySep; STEMCELL Technologies) according to the manufacturer's protocol and used immediately. The purity of monocytes was determined by flow cytometry with the anti-human CD14 antibody and was routinely >90%.

Mouse lymphocytes. Axillary, cervical, and inguinal lymph nodes were harvested and gently dispersed, and cells were filtered through a 70-µm mesh. After a PBS wash, a negative selection process was performed using a CD8$^+$ T cell isolation kit (MACS; Miltenyi Biatex) according to the manufacturer's instructions. The purity of CD8$^+$ T cells was determined by flow cytometry and routinely was >90%.
The first 17 amino acids of the actin-binding domain of VCAM-1 as previously described (Hyduk et al., 2007). In brief, goat anti–human IgG F(ab)_2 was incubated at a low (10 µg/ml) or high (100 µg/ml) density for 60 min at 22°C. In some experiments with low density coating, 20 µg/ml human SDF-1α was co-coated (for 120 min at 22°C). Non-specific binding sites were blocked with 5% FBS for 60 min followed by VCAM-1/Fc for 60 min (5 µg/ml for low density or 20 µg/ml for high density experiments). Leukocyte accumulation and detachment assays were performed using parallel plate flow chambers (Glycotech) as previously described (Hyduk et al., 2007). Adhesion molecule–coated dishes served as the bottom surface, and a silicone gasket formed the flow path (0.254-mm height and 2.5-mm width). Flow chambers were maintained at 37°C with an infrared heat lamp. Cells were observed with an inverted phase-contrast microscope (Diaphot 300; Nikon), recorded with a video camera (DVC-151A; Sony) and time-lapse video cassette recorder (SIVS-3100; Sony), and analyzed offline using Image 4.0.2 (Scion). Where indicated, leukocytes were pretreated (for 30 min at 37°C) with either 2 µM CytoD, 2 µM LatB, 50 µM LY294002, 1 µM Wort, 100 µM PI3Kγ inhibitor II AS605240, or DMSO carrier. Alternatively, inhibitors were included within the perfusion assay buffer.

**Accumulation assays.** Leukocytes in assay buffer (HBSS with Ca^{2+} and Mg^{2+}, 0.5% FBS, and 10 mM Hapes) were infused [at a concentration of 1.0 × 10^6 cells/ml] with a programmable syringe pump (Kent Scientific) to achieve a wall shear stress of 1 or 2 dynes/cm². After 2 min of infusion, the number of leukocytes stationary for >5 s was determined in three to six non-overlapping high power fields. In some experiments, leukocytes were infused at 0.5 dynes/cm² for 30 s followed by an increased flow (2 dynes/cm²). After 60 s, cells were perfusion fixed by infusing 2.5% glutaraldehyde and 2.0% formaldehyde in 0.1 M phosphate buffer, pH 7.4, for 5 min.

**Detachment assays.** Leukocytes were infused at a concentration of 1.0 × 10^6 cells/ml via the outflow port into a flow chamber and allowed to settle under static conditions onto the adhesion surface for 2 min. After static adhesion, flow was introduced by perfusing assay buffer through the flow chamber with a programmable syringe pump. Incremental increases in shear stress occurred at 30-s intervals. The number of cells remaining stationary was determined offline using Image 4.0.2 (Scion) and analyzed using Image 4.0.2 (Scion).
were acquired by obtaining 0.2–0.5-µM-thick serial sections of an entire cell. 3D reconstructions from z stacks were performed using FV10-ASW acquisition software.

U937 cells were transfected with GFP, RFP, or YFP-tagged constructs using the Nucleofector 24 or 48 h before imaging. Transfected cells were infused into a flow chamber and allowed to settle for 1–2 min. At this time, a transfected U937 cell that was brightly fluorescent was identified, and images (including a z stack) were acquired under static conditions for 1 min. Fluid flow was introduced, and continuous real-time frame acquisition was continued for 2–5 min followed by a z stack. If the cell detached upon exposure to fluid flow or shortly thereafter, the experiment was terminated. Therefore, postshear serial z stacks and 3D reconstructions were obtained only when a selected cell did not detach. Occasionally, real-time imaging continued for 2–5 min once fluid flow was stopped. In some experiments, transfected U937 cells were pretreated with a pharmacological inhibitor (30 min at 37°C) before infusion into the flow chamber, whereas in other experiments, inhibitors were introduced into the assay buffer after stabilizing anchors formed (in response to fluid flow), and real-time imaging revealed the effect of the inhibitor on preformed anchors.

**Flow cytometry**

**Integrin and F-actin quantitation.** To quantify total leukocyte F-actin and α4β1 expression, U937 cells at a concentration of 1.0 × 10^6 cells/ml were placed in assay buffer and stained with 5 µg/ml anti-human CD49d (clone 44H6) or APC-conjugated anti-human CD49d (clone 9F10) for 30 min on ice. Cells were washed with PBS and fixed in 2% PFA. Cells were then blocked in 1% BSA for 1 h, permeabilized for 5 min with 0.1% Triton X-100 and incubated with Cy3-conjugated anti-mouse IgG secondary antibody (1:500 dilution) and 488 phalloidin (1:1,000 dilution; 1 h at 4°C in the dark). Cells were washed, centrifuged, and reconstituted in 500 µl PBS. A flow cytometer (LSR II; BD) was used.

**Integrin affinity assay.** Soluble LDV-FITC binding assay FITC-conjugated peptide 4[N(2-methylphenyl)ureido]phenoxyacetyl-leucyl-cys-aspartyl-valyl-cys-prolyl-alany-alany-l-lysine (LDV-FITC) was synthesized by Commonwealth Biotechnologies, Inc. and used as a ligand for VLA-4 integrins. The LDV-FITC binding assay was performed as previously described (Hyduk et al., 2011). In brief, U937-FPR cells (0.5 × 10^6 cells in 50 µl) pretreated with vehicle, CytoD, LatB, or LY294002 and siRNA-transfected cells were suspended in HBSS (1 mM CaCl2/MgCl2, pH 6.9). The solution was removed and washed three times with PHEM–1 µM phalloidin. Thereafter, cells were fixed with PHEM–1% glutaraldehyde for 10 min, removed, and replaced with 0.01% sodium azide. Coverslips were processed for EM as previously described (Hartwig and Shelvin, 1986). In brief, before detergent extraction, cells were washed in PHEM buffer (60 mM Pipes, 25 mM Hepes, 20 mM EGTA, and 2 mM MgCl2, pH 6.9). The PHEM buffer was aspirated, and 200 µl PHEM with 0.75% Triton X-100 and 1 µm phalloidin was added for 2 min. The solution was removed and washed three times with PHEM–1 µM phalloidin. Thereafter, cells were fixed with PHEM–1% glutaraldehyde for 10 min, removed, and replaced with 0.01% sodium azide. Coverslips were processed for EM as previously described (Hartwig and DeSisto, 1991). In brief, coverslips were washed extensively in distilled water, rapidly frozen on a helium-cooled copper block, freeze dried at –80°C, and rotary coated with 15 nm tantalum/tungsten at a 25° angle and 5 nm carbon at 90° without rotation. The metal replicas were floated off the coverslip using 25% hydrofluoric acid, washed in water, and collected on carbon-coated Formvar 200-mesh copper grids. Grids were photographed in an electron microscope (1200EX; JEOL) at 80 KV.

**Fluorescence microscopy analysis of VLA-4 colocalization with F-actin**

Leukocytes were adhered to coverslips coated with poly-lysine or VCAM-1. In static assays, cells were washed with assay buffer and incubated with 5 µg/ml mouse anti-human α4 integrin antibody (HPF2/1 or 44H6; for 1 h at 22°C). Coverslips were blocked with 5% FBS followed by a series of washes. Cells were simultaneously fixed in 2% PFA and permeabilized in 0.1% Triton X-100 (5 min at 22°C). Coverslips were washed with 0.1% Triton X-100 (1:1,000 dilution; Invitrogen) and goat–anti-mouse secondary antibody (1:500 dilution). In fluid flow experiments, leukocytes were preincubated for 5 min on ice with the 44H6 antibody before the parallel plate flow chamber assay. At the end of the assay, cells were perfused fixed with 2% PFA, washed, and stained with a secondary antibody and 488 phalloidin. Coverslips were mounted in antifade mounting medium (Vectorshield; Vector Laboratories) and imaged with a laser-scanning confocal microscope (FluoView 1000; Olympus) with a 60x oil immersion objective (Plan Apochromat; 1.42 NA).

**Live-cell imaging**

Real-time imaging was performed on a confocal microscope (FluoView 1000) equipped with a 60x oil immersion objective, FV10-ASW acquisition software (Olympus), and an environmental chamber that maintained parallel plate flow chambers at 37°C throughout the experiment. The frame acquisition rate ranged from 0.4 to 1.0 s per frame (indicated in the video legend). When required, a digital zoom ranging from 5.0 to 0.9 × was used (indicated in the video legend; refer to scale bars). Z stacks were acquired by obtaining 0.2–0.5-µm-thick serial sections of an entire cell's height as a measure of the anchor fluorescence profile. A plot profile...


