Type 1 diabetes (T1D) remains a major health problem worldwide, with a steadily rising incidence yet no cure. Phosphoinositide 3-kinase-γ (PI3Kγ), a member of a family of lipid kinases expressed primarily in leukocytes, has been the subject of substantial research for its role in inflammatory diseases. However, the role of PI3Kγ inhibition in suppressing autoimmune T1D remains to be explored. We tested the role of the PI3Kγ inhibitor AS605240 in preventing and reversing diabetes in NOD mice and assessed the mechanisms by which this inhibition abrogates T1D. Our data indicate that the PI3Kγ pathway is highly activated in T1D. In NOD mice, we found upregulated expression of phosphorylated Akt (PAkt) in splenocytes. Notably, T regulatory cells (Tregs) showed significantly lower expression of PAkt compared with effector T cells. Inhibition of the PI3Kγ pathway by AS605240 efficiently suppressed effector T cells and induced Treg expansion through the cAMP response element-binding pathway. AS605240 effectively prevented and reversed autoimmune diabetes in NOD mice and suppressed T-cell activation and the production of inflammatory cytokines by autoreactive T cells in vitro and in vivo. These studies demonstrate the key role of the PI3Kγ pathway in determining the balance of Tregs and autoreactive cells regulating autoimmune diabetes. Diabetes 61:1509–1518, 2012

Phosphoinositide 3-kinases (PI3Ks) are a family of dual-specificity kinases with roles in multiple intracellular signaling pathways (1). The phosphoinositides, which are phosphorylated by PI3Ks at the 3'-OH position of the inositol ring, work as a docking platform for lipid-binding domains of various cellular proteins, such as protein kinase-B (PKB)/Akt. The latter triggers downstream kinase cascades involved in many cellular functions including cell survival and proliferation (2). Although PI3Ks are grouped into three classes, class I is the most studied and the most clinically relevant (1). Class IA includes three catalytic subunits, p110α, p110β, and p110δ, that are activated through tyrosine-kinase signaling (3). Class IB (PI3Kγ) is mainly activated by seven transmembrane G-protein-coupled receptors, which include the chemokine receptors (1,4). PI3Kγ has been shown to regulate T-cell activation in a T-cell receptor-dependent manner (5–7). Whereas expression of the PI3Kα and β-subunits is ubiquitous, PI3Kγ expression is mainly restricted to the hematopoietic system (8), which may limit the toxicity of specific inhibition compared with pan-PI3K inhibition. This has sparked great interest in its role in inflammatory diseases such as chronic obstructive pulmonary disease, pancreatitis, rheumatoid arthritis, and systemic lupus erythematosus (SLE) (8–10). As of yet, no data are available on the role of the PI3Kγ pathway in modulating autoimmune responses in type 1 diabetes (T1D) (11–13). Inhibiting a key signaling enzyme in the activation of T cells such as the PI3Kγ molecule can constitute a novel therapeutic modality for T1D, an autoimmune disease characterized by selective damage to pancreatic β-cells mediated mainly by autoreactive T cells (CD4+ and CD8+) (14,15). In this study, we used AS605240, a PI3Kγ inhibitor (PI3Kγ-i) (Merck-Serono), which has shown promising results in several animal disease models (8,9,16,17). We tested the effect of this PI3Kγ-i in preventing and reversing T1D in NOD mice in order to provide mechanistic data. Our results highlight the role of the PI3Kγ pathway in determining the balance of T regulatory cells (Tregs) and autoreactive cells in the pathogenesis of T1D.
was counted in each of the areas, and the percentage of positive CD3+PAkt+ cells to positive CD3+ was calculated. The mean of the percentage of the five areas was calculated.

Insulitis score. Insulitis scoring was performed on hematoxylin and eosin-stained pancreatic sections. A score of 0–4 was assigned based on islet infiltration by a blinded pathologist, as previously described (20). Insulitis scores were graded as follows: grade 0, normal islets; grade 1, mild mononuclear infiltration (<25%) at the periphery; grade 2, 25–50% infiltration; grade 3, >50% infiltration; and grade 4, islets completely infiltrated with no residual parenchyma remaining. At least 30 islets per group were analyzed and pooled from sections obtained from at least four different mice.

Isolation of cells from pancreas. The minced pancreas was washed twice with 10 mL Hanks’ balanced salt solution plus 10% fetal calf serum. The tissue was resuspended with 10 mL of Iscove’s modified Dulbecco’s medium containing 1 mg/mL collagenase (type IV; Sigma Chemical, St. Louis, MO) and incubated in a water bath for 30 min at 37°C with continuous shaking (100 cycles/min). Lymphocytes were isolated by Percoll technique and assessed with FACS analysis.

CD4+ T-cell extraction and CD25+ T-cell depletion. CD4+ cell extraction and CD25+ cell depletion from splenocytes of NOD or BDC2.5 mice were conducted using magnetic microbeads (Miltenyi Biotec, Auburn, CA). As measured by FACS analysis, the isolated cell population had a purity >95%.

Treg generation assay. A total of 2.5 x 10⁶ CD4+ T cells from NOD mice were cultured for 72 h with 1 μg/mL anti-CD3, 1 μg/mL anti-CD28, and 1 ng/mL transforming growth factor-β (TGF-β) with and without AS605240 (5 μM).

Adoptive cell transfer. A total of 20 x 10⁶ whole splenocytes or Treg-depleted splenocytes extracted from hyperglycemic NOD mice or AS605240-treated mice were adoptively transferred into NOD-scid hosts. Onset of diabetes was monitored at least three times per week.

Western blot. Western blots were performed as previously described (21). Immunoblot analysis was used for survival analysis, and a log-rank comparison of the Kaplan-Meier analysis was used for survival analysis, and a log-rank comparison of the groups was used to calculate P values. The t test was used for comparison of means between the experimental groups. Differences were considered to be significant when P was <0.05.

RESULTS
P13Kγ-i AS605240 suppresses intracellular PAkt in splenocytes of NOD mice. To examine the activity of the P13K–Akt pathway in autoimmune diabetes, lysates of splenocytes from early diabetic NOD mice were subjected to an ELISA assay that measures the level of Akt protein phosphorylated at Thr308. As shown in Fig. 1A, PAkt expression was significantly increased in the splenocytes of NOD mice compared with those from naive C57BL/6 mice of the same age. We then assessed the expression of PAkt in spleens of untreated NOD mice versus NOD mice treated with 30 mg/kg of AS605240 administrated i.p. daily for 7 days. Immunohistochemistry of splenocytes using 4',6-diamidino-2-phenylindole, CD3, and intracellular PAkt staining was performed. Histological analysis revealed significant suppression of positive PAkt in splenocytes of treated mice compared with control mice. The percentage of CD3+ cells expressing PAkt was significantly reduced in treated compared with control mice (38.04 ± 11.03% vs. 65.40 ± 6.78%, respectively; P = 0.002) (Supplementary Fig. 1). Western blot performed on splenocytes from AS605240-treated and control NOD mice showed suppression of PAkt in the spleen of treated NOD mice compared with control (Fig. 1B).

FIG. 1. AS605240 suppresses intracellular PAkt in splenocytes of NOD mice and delays diabetes onset. A: PAkt measurement by an ELISA assay of lysates from splenocytes of 12-week-old C57BL/6 and NOD mice shows higher levels of PAkt in NOD mice (*P < 0.05; n = 4 mice in each group). B: Western blot analysis of lysates from splenocytes of NOD mice treated with either AS605240 (30 mg/kg) or PBS control for 7 days (n = 3 mice in each group). C: Kaplan-Meier cumulative survival of NOD mice treated with AS605240 starting at 10 weeks of age showed 100% prevention for the duration of treatment of 7 weeks. The difference remains significant up to 15 weeks postinitial treatment (P < 0.05; n = 12–15 mice in each group). D: Representative example of IFN-γ ELISpot analysis after an ex vivo BDC2.5 pancreatic-peptide challenge of splenocytes isolated from normoglycemic NOD mice treated for 3 weeks compared with age-matched control NOD mice. Bar graph represents the frequency of IFN-γ-producing autoreactive cells (*P < 0.05; n = 4 mice in each group). Results are presented as the mean ± SEM. (A high-quality color representation of this figure is available in the online issue.)
AS605240 prevents autoimmune diabetes in prediabetic NOD mice. Ten-week-old prediabetic NOD mice were injected with 30 mg/kg of AS605240 i.p. daily for 7 weeks. As shown in Fig. 1C, AS605240 conferred 100% protection during the course of 7 weeks of therapy. Following discontinuation of therapy, 50 and 25% of the NOD mice remained free from diabetes at 25 and 30 weeks of age, respectively. No survival difference was observed in the NOD mice treated with the same volume of PBS (vehicle for the AS605240) as compared with untreated control (P = 0.7; n = 6 in each group). Histopathological analysis of the pancreatic islet morphology and infiltration was also performed at 3 and 10 weeks postinital treatment on control and treated animals (n = 4 mice/group). The AS605240-treated NOD mice had well-preserved islets with strong insulin staining at 3 weeks postinital treatment and a significantly lower insulitis score, whereas substantial islet infiltration was observed in untreated mice (Supplementary Fig. 2). We assessed the activity of autoreactive CD4+ T cells by measuring cytokine patterns after a BDC2.5-pancreatic-peptide challenge of spleenocytes recovered from AS605240-treated and untreated NOD mice at 3 and 10 weeks postinital treatment as previously described (19). Treated mice had a significantly lower frequency of autoreactive IFN-γ-producing CD4+ cells compared with untreated NOD mice after 3 weeks of treatment (P = 0.02) (Fig. 1D). At 20 weeks of age, AS605240-treated NOD mice showed minimal infiltration compared with the age-matched untreated control mice (Fig. 2A). Insulitis scoring was performed, which showed a significantly lower grade of insulitis in the AS605240-treated mice compared with the untreated NOD age-matched groups (Fig. 2B).

AS605240 suppresses autoreactive T cells while increasing Tregs in NOD mice. An enzyme-linked immunospot (ELISpot) assay on recovered splenocytes stimulated with BDC2.5-peptide ex vivo showed that treated animals had significantly lower frequency of autoreactive IFN-γ-producing CD4+ cells compared with untreated NOD mice at 10 weeks postinital treatment (P = 0.02) (Fig. 2C). Similarly, Luminex was used on supernatant collected from the ELISpot assay to measure various cytokines and chemokines involved in the pathogenesis of T1D. Our data showed marked suppression of inflammatory cytokines including Th1, Th2, and Th17 cells as well as IFN-γ-inducible protein-10, monocyte chemoattractant protein-1, and regulated on activation, normal T cell expressed and secreted chemokine secretion at 20 weeks of age (Fig. 2D). Flow cytometric analysis of splenocytes showed a decrease in the absolute number of effector CD4+ and CD8+ T cells identified as CD44highCD62Llow at 10 weeks postinital treatment (Fig. 2E), which was concurrent with a significant increase in the percentage of regulatory CD4+CD25+FoxP3+ cells in spleens of treated versus untreated mice (16.55 ± 1.6% vs. 9.84 ± 1.3%, respectively; P = 0.02) (Fig. 2F and G), with a tendency toward statistical significance in the absolute number (1.62 ± 0.19 × 10^6 vs. 1.28 ± 0.05 × 10^6, respectively; P = 0.07) (Fig. 2E). Of note, no difference was observed in the percentage of plasmacytoid dendritic cells defined as CD11c+CD11b−B220+ in the spleens of treated mice compared with control mice at 20 weeks of age (0.76 ± 0.00% vs. 0.73 ± 0.09%; P = 0.4).

AS605240 suppresses autoreactive T cells in vitro. Stimulating CD4+ BDC2.5 T cells with BDC2.5-peptide in vitro in the presence of AS605240 showed a dose-dependent suppression of autoreactive CD4+ T-cell proliferation in vitro (Fig. 3A) and production of IFN-γ in an ELISpot assay (Fig. 3B). We also examined the effect of PI3Kγ inhibition on the production of cytokines and chemokines pertinent to the pathogenesis of T1D by subjecting supernatant from the ELISpot to a Luminex assay (22). Autoreactive T cells treated with AS605240 also produced fewer multiple inflammatory cytokines such as IL-6 and IL-17 and chemokines such as IFN-γ-inducible protein-10 and monocyte chemoattractant protein-1 as shown in Fig. 3C. Adding IFN-γ (4 ng/mL), IL-2 (2 ng/mL), IL-6 (2 ng/mL), IL-17 (10 ng/mL), or a combination of these cytokines to the autoreactive assay failed to restore proliferation of the CD4+ BDC2.5 T cells inhibited by AS605240 (data not shown). Furthermore, we investigated whether AS605240 caused an increased rate of T-cell death, which in turn could provide an explanation for the lack of activation. No increase in cell death (positive for 7AAD and Annexin) or apoptosis (positive for Annexin and negative for 7AAD) was observed in CD4+ T cells treated with AS605240 (Supplementary Fig. 3).

AS605240 results in the expansion of Tregs. We then assessed the effects of inhibiting the CD4+ T cell PI3Kγ pathway on Treg generation in vitro. A total of 2.5 × 10^6 CD4+ T cells from NOD mice were cultured for 72 h in a Treg-generation assay, as described previously, using anti-CD3/CD28 stimulation and TGF-β with and without AS605240 (23,24). Flow cytometric analysis for CD4+CD25+FoxP3+ revealed a significant increase of FoxP3+ cells treated with AS605240 compared with untreated cells stimulated with anti-CD3/CD28 and TGF-β as measured by percentage (Fig. 3D) and absolute number (12 ± 1.72 × 10^3 vs. 6.1 ± 1.5 × 10^3, respectively; P = 0.02). However, no difference in Tregs was observed when the PI3Kγ-i was added to CD4+ T cells stimulated with anti-CD3/CD28 in the absence of TGF-β, as measured by percentage (Fig. 3D) and absolute number (2.97 ± 0.54 × 10^3 vs. 3.46 ± 0.64 × 10^3, respectively; P = 0.2). No significant increase in FoxP3+ cells was observed when CD25-depleted CD4+ T cells were treated with AS605240 compared with control (anti-CD3/CD28 and TGF-β) (data not shown). For the in vivo analysis, 10 × 10^6 BDC2.5 splenocytes with and without CD25 depletion were injected into the tail vein of NOD-scid mice. Both conditions were either treated by daily i.p. injections of 30 mg/kg AS605240 or left untreated. Results showed a significantly increased CD4+CD25+FoxP3+ Treg population in the spleen 7 days posttransfer of BDC2.5 splenocytes in the treated group compared with control by percentage analysis (22.73 ± 3.47% vs. 12.54 ± 0.60%, respectively; P = 0.02) and absolute count (3.80 ± 1.05 × 10^6 vs. 3.03 ± 0.29 × 10^6, respectively; P = 0.05). However, no significant increase in the CD4+CD25+FoxP3+ Treg population was observed after injection of CD25-depleted splenocytes whether they were followed by treatment or not (Fig. 3E).

cAMP response element-binding signaling is responsible for the expansion of Tregs under PI3Kγ inhibition. We then examined cell lysates from CD4+ T cells retrieved from the in vitro Treg-generation assay described above using anti-CD3/CD28 and TGF-β with or without PI3Kγ-i by an 8-plex Multi-Pathway Signaling Kit-Phosphoprotein (Milliplex MAP Kit; Millipore). We found that the addition of PI3Kγ-i increased the expression of phosphorylated cAMP response element-binding (CREB) compared with control (anti-CD3/CD28 and TGF-β). No differential increase was noted in the expression of extracellular signal–related kinase/mitogen-activated protein kinase, signal transducer and activator of transcription (STAT) 3,
inhibitory NF-κBα, Jun NH₂-terminal kinase, STAT5A/B, P70 S6 kinase, and p38 (Fig. 4A). CREB, a nuclear transcription factor responsible for cell survival and proliferation, was recently shown to increase FoxP3 transcription by binding to its promoter (25). We then examined the effect of CREB inhibitor on Tregs generation in our assay (26). Addition of PI3Kγ-i expanded Tregs significantly compared with control (anti-CD3/CD28 and TGF-β) (30.40 ± 2% vs. 14.65 ± 2.4%, respectively; *P < 0.05, n = 4 mice in each group). However, the addition of CREB inhibitor at 40 μmol/L to anti-CD3/CD28, TGF-β, and P3Kγ-i suppressed Treg generation compared with anti-CD3/CD28, TGF-β, and P3Kγ-i (5.05 ± 0.7% vs. 30.40 ± 2%, respectively; *P < 0.05, n = 4 mice in each group). Furthermore, addition of the same concentration of CREB inhibitor to anti-CD3/CD28 and TGF-β had no significant effect on Treg generation compared with control (18.43 ± 3.3% vs. 14.65 ± 2.4%, respectively; *P = 0.5; Fig. 4B and C). No increase in cell death (positive for 7AAD and Annexin) or apoptosis (positive for Annexin and negative for 7AAD) was observed in CD4+ T cells treated with CREB inhibitor (data not shown).

**AS605240 treatment reverses hyperglycemia in newly hyperglycemic NOD mice.** For reversal studies, NOD mice were observed for the development of hyperglycemia (>250 mg/dL). After two consecutive hyperglycemic
measurements were taken within 24 h, NOD mice were given 30 mg/kg of AS605240 i.p. daily for 3 weeks. None of the hyperglycemic NOD mice treated i.p. with PBS showed reversal of hyperglycemia (Fig. 5A). We observed diabetes reversal in 73% of AS605240-treated NOD hyperglycemic mice by the end of the 3 weeks of treatment (11 out of 15 treated hyperglycemic NOD mice). Twenty-five percent of mice showed long-standing reversal of diabetes following the discontinuation of AS605240 (Fig. 5B). Notably, an extended 8-week treatment regimen resulted in an initial reversal rate of 80% in the diabetic mice (four out of five mice) and normoglycemia for at least 13 weeks post-initial treatment in the reversed-treated mice. Three out of the four mice were still normoglycemic > 10 weeks after stopping administration of AS605240 (Fig. 5C). Histological analysis of untreated NOD mice after 3 weeks postonset of hyperglycemia showed necrotic islets with negative-staining insulin. In contrast, treated mice showed a lower percentage of infiltrates confined to the border of islets, positive FoxP3 cells, and strong staining for insulin (Supplementary Fig. 4). AS605240 treatment reverses hyperglycemia in early diabetic NOD mice through Tregs. Reversal NOD mice at 100 days postreversal had a significant increase in peripheral Tregs compared with age-matched diabetic NOD mice (Fig. 5D). To ensure the functionality of Tregs, 20–106 splenocytes (with and without CD25 depletion) from normoglycemic reversed NOD mice treated with AS605240 or untreated hyperglycemic NOD mice were adoptively transferred into NOD-scid mice. The control groups receiving whole splenocytes and CD25-depleted splenocytes from early diabetic NOD mice developed diabetes at 3 to 4 weeks of age. Likewise, mice receiving cells from non-diabetic 12-week-old NOD mice developed diabetes 3–5 weeks later. In comparison, mice injected with undepleted splenocytes obtained from reversed-treated NOD mice developed diabetes after 6–8 weeks, thus delaying diabetes onset by an additional 3–5 weeks when compared with mice receiving adoptive transfer of splenocytes from diabetic NOD mice. Depletion of CD25+ cells in the splenocytes of reversed mice abrogated the delay in diabetes
onset. As shown in Fig. 5, injection of CD25+ depleted splenocytes from reversed NOD mice led to the development of diabetes within 3 weeks postinjection. 

**AS605240 treatment suppresses T-cell infiltration in pancreatic islets while increasing Tregs.** FACS analysis of lymphocytes isolated from pancreata of reversed mice 3 weeks after daily treatment with PI3Kg-i shows significant suppression of CD4+ and CD8+ T cells infiltrating the pancreas in treated compared with PBS-treated mice (Fig. 6A and B). The percentage of CD4+ T cells in treated mice expressing FoxP3 as a marker of Tregs were significantly higher compared with PBS-treated mice (57.88 ± 7.84% vs. 17.87 ± 5.60%, respectively; P = 0.006) (Fig. 6C). No difference was observed in the granulocyte absolute count between treated and control mice (21.12 ± 6.29 × 10³ vs. 18.36 ± 6.00 × 10³, respectively; P = 0.7). Of note, no difference was observed in the pancreatic lymph nodes (80.75 ± 26.54 × 10³ vs. 67.24 ± 10.54 × 10³, respectively; P = 0.46).

**PI3Kγ inhibition suppresses the expression of PAkt (Ser473) in splenocytes of reversed mice.** Spleens from PI3Kγ-i-treated and PBS-treated NOD mice were subjected to phospho-FACS analysis. AS605240 treatment significantly reduced CD4+ and CD8+ T cells expressing high levels of PArk (Ser473) in reversed NOD mice 3 weeks posttreatment (Fig. 6D and E). Tregs from spleens of treated or control mice, defined as CD4+CD25+FoxP3+, expressed lower levels of intracellular PArk (Ser473) compared with effector cells, defined as CD4+CD25−FoxP3− (Fig. 6F).

**Establishing PI3Kγ inhibition-based strategies to reverse T1D.** Given the overt toxicity and lack of efficacy of monotherapeutic strategies, the need for developing combinatorial strategies is more pressing than ever before (27). We tested the combination of PI3Kg inhibition with one of the most clinically relevant immunomodulatory agents, anti-CD3 (28). We treated our hyperglycemic mice (defined as above) with a combination of AS605240 and anti-CD3 with one group receiving a single dose of anti-CD3 (12.5 μg) i.p. at the onset of hyperglycemia and the other receiving additional daily injections of AS605240 (30 mg/kg) i.p. daily for 3 weeks. As shown in Fig. 7A, none of the hyperglycemic anti-CD3–treated NOD mice showed reversal of hyperglycemia. However, our combinatorial protocol resulted in hyperglycemia reversal in 67% of the treated NOD mice (four out of six mice). All of the treated mice maintained normoglycemia for at least 13 weeks following the initiation of treatment (Fig. 7B). Finally, as mammalian...
target of rapamycin (mTOR) is downstream of the PI3K pathway, we were interested in comparing the therapeutic efficacy of rapamycin to that of AS605240 in early diabetic NOD mice. Hyperglycemic NOD mice were given 1 mg of rapamycin i.p. at days 0, 2, 4, 6, 8, and 10. As shown in Fig. 7C, none of the hyperglycemic NOD mice treated with rapamycin showed reversal of hyperglycemia.

FIG. 5. A: Blood glucose of PBS-treated early diabetic NOD mice shows absence of reversal in 100% of the mice (n = 7 mice). B: Blood glucose of treated early diabetic NOD mice with 30 mg/kg of AS605240 shows a 73% rate of reversal at 3 weeks post-start of treatment that becomes 25% at 13 weeks post-start of treatment (n = 14 mice). C: Blood glucose of treated early diabetic NOD mice with 30 mg/kg of AS605240 for 8 weeks shows 80% reversal at 10 weeks post-start of treatment (n = 5 mice). D: Representative example of FACS staining from splenocytes of treated reversal mice and age-matched diabetic NOD mice. Bar graph shows the absolute count of Tregs analyzed by flow cytometry in splenocytes of treated reversal mice compared with age-matched diabetic NOD mice (*P < 0.05; n = 4 mice in each group). E: Kaplan-Meier cumulative survival curves of diabetes onset in NOD-scid mice that received splenocytes harvested from treated reversal mice with or without CD25 depletion or from early diabetic control mice with or without CD25 depletion. Depleting Tregs prior to transfer of splenocytes into NOD-scid mice abrogates the delay in inducing diabetes by the splenocytes of reversal mice. No difference in diabetes onset was observed in NOD-scid mice that received splenocytes from early diabetic control mice with or without CD25 depletion (n = 3 to 4 mice in each group). Results are presented as the mean ± SEM. (A high-quality color representation of this figure is available in the online issue.)

DISCUSSION

There has been a significant increase in the incidence of T1D worldwide, rendering the disease a major global health care problem with no currently available curative therapy (12). Although clinical trials using known immunosuppressants have yielded promising results in preventing T1D, they have not met expectations due to their inadequacy and serious morbidity (13,29). This has prompted investigators to search for alternatives. In this regard, the PI3K pathway is an attractive target for T1D therapy. Among the various classes of PI3Ks, PI3Kγ is expressed mainly in leukocytes (8). The role of PI3Kγ in thymocyte survival and activation of mature T cells was first highlighted in mice lacking the p110 catalytic subunit of PI3Kγ (7,30,31). Barber et al. (32) has shown that deletion of the PI3K–PKB pathway, downstream of PI3Kγ, decreases survival of pathogenic CD4+ memory cells in mouse models of SLE. PI3Kγ has also been shown to play a critical role in the downstream signaling of TCR-mediated T-cell activation (5). The PI3Kγ pathway has also been shown to play a critical role in the chemotaxis of leukocytes as well (8,33). Although a growing body of work has highlighted the role of anti-PI3Kγ strategies in various diseases, the role of such therapy in T1D is unknown (8,9,16,34–36).

In this report, we have examined the immunoregulatory function of AS605240 in regulating T1D. We observed a significant activation of the PI3K–PKB pathway in the splenocytes of diabetic NOD mice compared with the splenocytes of C57BL/6 mice. AS605240 prevented T1D in
100% of prediabetic NOD mice during the course of therapy. Although PI3Kγ inhibition potently abrogated autoreactive T cells, it spared Tregs. Importantly, AS605240 increased the ratio of Tregs to effector populations in the treated mice, tipping the balance from autoreactive T cells to Tregs, thus conferring protection against autoimmune diabetes. This ratio has been reported to be central to the suppression of T1D in vivo and in vitro. We then studied signaling pathways known to induce FoxP3 expression, including extracellular signal–related kinase/mitogen-activated protein kinase, STAT3, P70 S6 kinase, inhibitory NF-κB, CREB, Jun NH$_2$-terminal kinase, STAT5A/B, and p38 (25,42–48). Phosphorylated CREB was elevated in CD4$^+$ T cells treated with PI3Kγ-i in our Treg generation assay. This increase was found to be increased in the spleen of treated reversal NOD mice compared with control NOD mice of the same age. Moreover, the pancreas of treated reversal NOD mice also showed significant suppression of CD4$^+$ and CD8$^+$ T cells compared with PBS-treated mice. Interestingly, the remaining CD4$^+$ T cells in treated mice mostly expressed FoxP3, a marker of Tregs, compared with PBS-treated controls. Our data indicate that expression of PAkt was preferentially higher in effector T cells. Notably, CD4$^+$ effector T cells had significantly higher levels of PAkt compared with Tregs in treated and control mice. Treated reversal mice also showed significant reduction in CD4$^+$ and CD8$^+$ T cells expressing high levels of PAkt (Ser$^{473}$) compared with PBS-treated controls. Our data suggest that the level of PAkt in an individual cell will determine its function as an effector or regulatory cell and that inhibition of PAkt will tip the balance from effector to regulatory cell.
To test the functionality of Tregs in maintaining tolerance to self-antigens in our system, at 100 days, we adoptively transferred splenocytes with and without Tregs from the treated reversed mice into NOD-scid mice. As compared with the splenocytes from early diabetic NOD mice, splenocytes from reversal-treated mice induced hyperglycemia later in NOD-scid mice. Depleting Tregs in splenocytes of the reversal mice abrogated this delay.

Major efforts are now underway to explore various options to further improve the outcome of combinational therapies (27). Anti-CD3 was reported to reverse diabetes in 75–80% of early diabetic NOD mice (50,51). Furthermore, anti-CD3 administered to patients with new-onset T1D preserved residual β-cell function for at least 18 months. However, the majority of patients treated with anti-CD3 had significant adverse events (52). A combination of a short-duration PI3Kg inhibition therapy and low-dose anti-CD3 could overcome those limitations and constitute a novel promising therapeutic strategy. To address the potential role of mTOR blockade in reversing T1D, we show that rapamycin does not reverse T1D, a result in concordance with previous reports (53). Interestingly, Valle et al. (51) have shown that rapamycin has a deleterious effect on T1D by breaking the anti-CD3-induced tolerance in NOD mice. These data indicate that blockade of mTOR does not play the major role in the antidiabetic effect of PI3Kg inhibition observed in this study.

It should be noted that future efforts are underway to develop inhibitors with greater specificity to the PI3Kγ subunit. Although AS605240 has been demonstrated to be specific to the PI3Kγ subunit, we cannot rule out minimal interaction with other subunits. Finally, whether the higher level of PAkt in NOD splenocytes relative to C57BL/6 splenocytes is due to an inherent activation of the PI3K pathway in NOD lymphocytes or due to the increased frequency of pathogenic T cells remains an interesting question for future studies.

In summary, these results provide vital preclinical data to support the concept of translating PI3Kγ inhibition therapy to patients with T1D.

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J.A. designed and performed experiments, analyzed and interpreted data, and drafted the manuscript. R.F.M. performed experiments, analyzed data, and revised the manuscript. W.E., M.M., N.E.H., S.Y., M.J., A.T., and A.P. performed experiments and analyzed data. P.F., T.R., and R.A. helped with the study design, interpreted the data, and critically revised and finalized the manuscript. R.A. is the guarantor of this work and, as such, had full access to all of the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis.

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