Characterization of Adherent Bacteroidales from Intestinal Biopsies of Children and Young Adults with Inflammatory Bowel Disease

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Characterization of Adherent Bacteroidales from Intestinal Biopsies of Children and Young Adults with Inflammatory Bowel Disease

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Abstract

There is extensive evidence implicating the intestinal microbiota in inflammatory bowel disease [IBD], but no microbial agent has been identified as a sole causative agent. Bacteroidales are numerically dominant intestinal organisms that associate with the mucosal surface and have properties that both positively and negatively affect the host. To determine precise numbers and species of Bacteroidales adherent to the mucosal surface in IBD patients, we performed a comprehensive culture based analysis of intestinal biopsies from pediatric Crohn’s disease [CD], ulcerative colitis [UC], and control subjects. We obtained biopsies from 94 patients and used multiplex PCR or 16S rDNA sequencing of Bacteroidales isolates for species identification. Eighteen different Bacteroidales species were identified in the study group, with up to ten different species per biopsy, a number higher than demonstrated using 16S rRNA gene sequencing methods. Species diversity was decreased in IBD compared to controls and with increasingly inflamed tissue. There were significant differences in predominant Bacteroidales species between biopsies from the three groups and from inflamed and uninflamed sites. Parabacteroides distasonis significantly decreased in inflamed tissue. All 373 Bacteroidales isolates collected in this study grew with mucus as the only utilisable carbon source suggesting this is a non-pathogenic feature of this bacterial order. Bacteroides fragilis isolates with the enterotoxin gene [bfl], previously associated with flares of colitis, were not found more often at inflamed colonic sites or within IBD subjects. B. fragilis isolates with the ability to synthesize the immunomodulatory polysaccharide A [PSA], previously shown to be protective in murine models of colitis, were not detected more often from healthy versus inflamed tissue.


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Introduction

Inflammatory bowel diseases, which include Crohn’s disease [CD] and ulcerative colitis [UC], are chronic, inflammatory, disorders of the gastrointestinal tract defined by clinical, pathological, endoscopic, and radiologic features [1]. The precise etiology of IBD is unknown. The current predominating hypothesis is that intestinal inflammation in IBD arises from an exaggerated immune response to the intestinal microbiota in genetically predisposed individuals. A role for intestinal bacteria in the pathogenesis of IBD is supported by clinical data. Patients who undergo surgical diversion of the fecal stream revert to uninflamed healthy intestines. However, when this previously excluded intestinal epithelium is re-exposed to the microbial laden fecal stream, inflammation recurs [2]. In addition, antibiotics that target anaerobic gut bacteria have shown some efficacy in the treatment of IBD [3,4].

Multiple studies have shown that the most numerically dominant bacteria in the human gut belong to two phyla: the Gram negative Bacteroidetes and the Gram positive Firmicutes [5]. The human gut Bacteroidetes are largely contained within the order Bacteroidales, which includes over 20 abundant human gut species. As fecal/luminal bacterial communities differ from mucosal communities [6], and the site of inflammation in IBD occurs at the mucosal surface, several studies have analyzed the mucosal associated bacterial population in IBD [7,8,9]. No clear consensus has been reached about total Bacteroidales levels or Bacteroidales species distribution between IBD subjects and controls, or between CD and UC [7,9]. However, Bacteroidales have been consistently shown to predominate at the mucosal surface where they are more transcriptionally active than Firmicutes [10].

Because Bacteroidales occupy a vital niche at the intestinal mucosal surface, they are able to interact with the host and have
been shown to modulate host immune and intestinal functions including mucosal barrier fortification [11], intestinal immune maturation [12], and angiogenesis [13]. Bacteroidales species can confer either beneficial or detrimental properties to the host depending upon their genetic content. *Bacteroides fragilis* type strain NCCT9343 synthesizes a polysaccharide [PSA] demonstrated to suppress colitis in an experimental animal model [12,14]. However, only 26% of the *B. fragilis* strains analyzed were shown to synthesize the same PSA molecule as the type strain [15] and therefore, not all *B. fragilis* strains may have this immunomodulatory capability. In addition, some *B. fragilis* strains produce an enterotoxin which induces colitis and colon cancer in animal models and has been associated with colitis flares in human studies [16]. Due to the extensive genetic and phenotypic variability of these organisms, geno- and phenotyping of *B. fragilis* strains from IBD patients is important to determine if there is a correlation between the presence *B. fragilis* strains synthesizing these molecules at the mucosal surface, and the progression or amelioration of disease.

Mouse models of IBD have shown that Bacteroidales species interact differently with the host depending on the particular bacterial species used [reviewed [17]]. For example, gnotobiotic -HLA-B27 transgenic rats develop colitis when monoassociated with *B. vulgatus*, but not with *Escherichia coli* or *Enterococcus faecalis* [18]. However, gnotobiotic IL-10 KO mice monoassociated with *B. vulgatus* develop colitis but not with *E. coli* or *E. faecalis* [19]. Conventionally housed mice, with a double knock out of the IL-10 receptor 2 and a dominant negative TGF-β-a combination of pathways often defective in subjects with IBD, developed intestinal inflammation only in the presence of certain Bacteroidales species [20]. Furthermore, treatment with antibiotics targeting Bacteroidales ameliorated disease [20]. This differential effect of *Bacteroides* species in IBD mouse models suggests the importance of characterizing Bacteroidales species distribution at the gut mucosal surface of IBD patients.

Pediatric IBD is increasing in incidence and in younger patients [21]. Pediatric patients often have a more aggressive disease and a more rapid progression. However, only two prior studies have examined intestinal biopsy tissue from pediatric subjects with IBD [22] [23]. These studies had fewer patients and biopsies, and did not specify or phenotypically characterize the resulting strains. Our study is the largest study using biopsy tissue from pediatric and young adult subjects with IBD including both treatment naive patients and those with pre-existing IBD. In this study, we performed a comprehensive culture-based analysis of Bacteroidales from mucosal biopsy tissue from pediatric subjects with CD, UC, and control subjects.

This study addresses several objectives. Using culture based methods, we quantified total mucosal Bacteroidales from IBD and control subjects to determine if the levels increased or decreased with the inflammatory state. We characterized which species of Bacteroidales are present at inflamed and non-inflamed mucosal sites in IBD subjects and in healthy control subjects and found previously unreported differences in Bacteroidales species distribution. We tested Bacteroidales isolates for strain specific features previously postulated to be protective or pathogenic in IBD. We assessed pro-inflammatory factors such as toxin production by *B. fragilis*, and the ability of Bacteroidales to use mucin as a carbon source, both features associated with diminishing host immune defenses [16,24]. We also assessed production of immunomodulatory PSA shown to be protective in murine colitis models. This study is the first to contain phenotypic analyses of the adherent Bacteroidales population from pediatric IBD subjects.

**Materials and Methods**

Patients and acquisition of samples

This study was approved by the Institutional Review Board of Boston Children’s Hospital and informed written consent was obtained from study subjects and/or their legal guardians. Subjects with previously diagnosed or suspected IBD undergoing colonoscopy were recruited as well as control subjects without IBD or other intestinal inflammatory disease. Subjects were recruited at Boston Children’s Hospital Gastroenterology endoscopy unit. 39 subjects had CD, 24 subjects had UC, and there were 31 control subjects (Table 1). Twelve subjects with CD and five subjects with UC were newly diagnosed. The majority (84%) of our subjects had three biospies taken (4 subjects had only 2 biopsies, and the first 6 subjects had six biopsies) with standard forceps from the terminal ileum, cecum to descending, and recto-sigmoid colon from grossly inflamed (when present) and non-inflamed sites [Table S1]. The presence or absence of inflammation was determined by histopathological review revealing that 79% of subjects with IBD had any degree of inflammation, and 41% were classified as moderate to severe inflammation. Control subjects did not have histologic evidence of intestinal inflammation detected on any of their biopsies. Inflammation status and sample location are indicated in Table S1. There were no significant differences in mean age (P = 0.22) or gender (P = 0.45) between control, CD, or UC cohorts. Disease phenotyping followed the Montreal classification [25] and disease activity was assessed using the Pediatric Ucerative Colitis Activity Index (PUCAI) [26] and Pediatric Crohn’s Disease Activity Index (PDCDAI) [27]. Other documented clinical parameters included medications, prior surgery, and disease activity. Control subjects with esophagitis or gastritis had not detected granulomas. Control subjects were ultimately diagnosed with one or more of the following: gastroesophageal reflux [9], functional abdominal pain [6], constipation [4], irritable bowel syndrome [5], isolated rectal bleeding [2], *Helicobacter pylori* gastritis [2], non-specific severe gastritis [1], Meckel’s diverticulum [1], and infectious diarrhea [1]. Some control subjects had autoimmune disorders; subject 8 has rheumatoid arthritis, subject 19 has cutaneous plaque morphia, subject 30 has psoriasis and psoriatic arthritis, subject 50 has type 1 diabetes, and subject 96 has multiple sclerosis.

Biopsy Processing and Culture

Each biopsy was placed in sterile 0.9% NaCl [saline] and transported to the laboratory at room temperature for immediate processing. Biopsies were washed three times by vigorously shaking with saline to remove non-adherent bacteria. Biopsies processing. Biopsies were washed three times by vigorously shaking with saline to remove non-adherent bacteria. Biopsies were washed three times by vigorously shaking with saline to remove non-adherent bacteria. Biopsies were washed three times by vigorously shaking with saline to remove non-adherent bacteria.
deviation (SD) per subject and 0–31 (mean 11.2±6.1 SD) per biopsy (depending on colony phenotypes). One isolate of each species from an inflamed and non-inflamed site identified at each time point was frozen at −80°C.

Multiplex PCR assays

The multiplex PCR assays are based on the design of Liu et. al. [28] and take advantage of the variable region between the 16S and 23S rRNA genes. All primers used in this study are listed in Table S2. Taq Mastermix (New England Biolabs Inc. Ipswich, MA, USA) was used for all PCRs and the conditions were as follows: multiplex I, 2 minutes 94°C, then 35 cycles of 94°C 30 s, 59°C 30 s, 68°C 45 s with a final 60 s extension at 68°C. The same conditions were used for multiplex II except the annealing temperature was 52°C. PCR products were resolved on 1.4% agarose gels. Larger colonies were first screened using multiplex I, if the species was not identified, multiplex II was performed. Small colonies were first screened using multiplex II, followed by multiplex I if they were negative with multiplex II. In total, 1450 isolates were speciated using this multiplex PCR. Additional primers were used to differentiate species that showed inconclusive results as previously described [42]. 134 isolates were analyzed to differentiate species that showed inconclusive results as previously described [42]. 134 isolates were analyzed to differentiate species that showed inconclusive results as previously described [42]. 134 isolates were analyzed.

Table 1. Study population demographics and disease phenotype.

<table>
<thead>
<tr>
<th>Age (years)</th>
<th>Control (n=31)</th>
<th>Crohn Disease (n=39)</th>
<th>Ulcerative Colitis (n=24)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mean ± SD (P=0.22)</td>
<td>14.6±3.8</td>
<td>15.3±4.6</td>
<td>16.6±4.5</td>
</tr>
<tr>
<td>Range</td>
<td>7.1–22.9</td>
<td>5.1–23.4</td>
<td>3.7–23.6</td>
</tr>
<tr>
<td>Female (P=0.45)</td>
<td>19</td>
<td>18</td>
<td>13</td>
</tr>
<tr>
<td>Immunosuppressed</td>
<td>1</td>
<td>21</td>
<td>8</td>
</tr>
<tr>
<td>Montreal criteria</td>
<td>ileal disease (L1)</td>
<td>10</td>
<td></td>
</tr>
<tr>
<td></td>
<td>colonic disease (L2)</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td></td>
<td>ileocolonic disease (L3)</td>
<td>26</td>
<td></td>
</tr>
<tr>
<td></td>
<td>isolated upper tract disease</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td></td>
<td>non-stricturing/penetrating (B1)</td>
<td>29</td>
<td></td>
</tr>
<tr>
<td></td>
<td>stricturing/penetrating (B2/B3)</td>
<td>9</td>
<td></td>
</tr>
<tr>
<td></td>
<td>perianal disease (P)</td>
<td>16</td>
<td></td>
</tr>
<tr>
<td>Ulcerative colitis type</td>
<td>pancolitis (E1)</td>
<td>11</td>
<td></td>
</tr>
<tr>
<td></td>
<td>left sided colitis (E2)</td>
<td>11</td>
<td></td>
</tr>
<tr>
<td></td>
<td>proctitis &lt;15cm (E3)</td>
<td>2</td>
<td></td>
</tr>
</tbody>
</table>

1. n = subject.
2. Immunosuppressed is defined as any patients taking immunomodulators and/or biologics.

B. fragilis polysaccharide A [PSA] dot blot

Three μl of B. fragilis grown to stationary phase were dotted on nitrocellulose membranes. The primary antibody was monoclonal antibody CE3 to the PSA of type strain B. fragilis NCTC 9343 [15]. The secondary antibody was an alkaline phosphatase-conjugated goat-anti-mouse IgG (Sigma-Aldrich, St. Louis, MO, USA). Blots were developed with phosphatase substrate (KPL, Gaithersburg, MD, USA). Any isolate that produced an ambiguous result was retested by Western immunoblot with the same primary and secondary antibodies. In total, all 113 isolates of B. fragilis that were retained as frozen stocks were analyzed.

Growth of strains on defined mucin agarose plates

Defined medium agarose plates [30] lacking glucose and containing 0.3% porcine gastric mucin (Sigma-Aldrich, St. Louis, MO, USA) as the sole utilisable carbon source were inoculated with strains and incubated anaerobically for 96 hours, at which time growth was monitored. Fourteen Bacteroidales species were tested on these defined agarose plates [30] lacking mucin and none grew.

Statistical Analysis

Study data were collected and managed using REDCap electronic data capture tools hosted at Boston Children’s Hospital [31]. REDCap (Research Electronic Data Capture) is a secure, web-based application designed to support data capture for research studies, providing [1] an intuitive interface for validated data entry [2] audit trails for tracking data manipulation and export procedures [3] automated export procedures for seamless data downloads to common statistical packages, and [4] procedures for importing data from external sources. Statistical analysis was conducted in SAS version 9.2 (SAS Institute, Cary, NC) and
Characterization of Bacteroidales in Pediatric IBD

Results

Total Bacteroidales per biopsy by cohort and degree of inflammation

Because some studies have shown that Bacteroidales differ in quantity at inflamed sites, we analyzed IBD cohorts by degree of inflammation combining moderate to severely inflamed biopsies, and biopsies with no or mild inflammation. Total adherent Bacteroidales ranged from zero to 4 log colony forming units (cfu) per biopsy. Total Bacteroidales per biopsy did not differ significantly based on biopsy location from terminal ileum to rectum (data not shown). Control biopsies had a mean ± SD of 3.0±0.9 cfu/biopsy which was not statistically different than the combined IBD cohort mean ± SD of 2.9±1.0 cfu/biopsy (P=0.74 (Table 2). When examining the entire IBD cohort, total Bacteroidales among inflamed biopsies were similar mean ± SD 2.8±1.1 to uninfamed IBD biopsies 3.0±1.0 (P=0.28 (Figure 1A, Table 2). When examined by severity of inflammation or comparing UC and CD, no significant differences in total Bacteroidales per biopsy were detected. Analysis of treatment naive subjects showed no significant differences in total Bacteroidales per biopsy by cohort or by degree of inflammation (Figure 1B, Table S3).

All but two control subjects (4, 50) had at least 10 cfu/biopsy, and usually more, whereas five UC subjects (9, 18, 55, 90, and 99) and six CD subjects (17, 27, 54, 63, 70, and 76) had no Bacteroidales detected on one or more of their biopsies. Of these five UC subjects, one (99) had no Bacteroidales detected on any biopsies and one (18) had Bacteroidales only detected on one biopsy at a low level (10 cfu/biopsy). Of the six with CD, one subject (76) had no Bacteroidales detected on any biopsies, and five subjects (17, 27, 54, 63, and 70) had none detected on just one biopsy. When subtracting the two newly diagnosed subjects with CD from the group, seven of eight had one characteristic in common, they were on a 5-aminosalicylic acid medication (5-ASA) alone or in combination with other anti-inflammatory medications.

Species Identification and Diversity

In total, from all subjects and sites, 18 different Bacteroidales species were identified: 14 Bacteroides species, two Parabacteroides species, a Dysgonomonas gadei and Ostorhabdus splanchicus [Porphyromonadaceae family] and a Prevotella bivia [Prevotellaceae family]. Infrequently, non-Bacteroidales species that had acquired antibiotic resistance allowing them to grow on these selective plates were detected. These species were Clostridium innocuum, Peptococcus acidilactici, E. coli, Staphylococcus epidermidis, Propionibacterium acnes, Proteus sp., and Staphylococcus sp. There was a positive correlation of 0.47 (P<0.0001) between total Bacteroidales concentration per biopsy with the number of species identified per biopsy, by Spearman rank correlation.

Distribution of Bacteroidales species between IBD cohorts and between IBD and control biopsies

Species analyses yielded several statistically significant differences between CD, UC, and control groups. P. distasonis was present on (38%) of control biopsy samples compared to (14%) of CD biopsies (P= 0.003). B. cellulosilyticus was also present more...
Table 2. Total Bacteroidales [cfu/biopsy] and number of different Bacteroidales species detected per biopsy by diagnoses and degree of inflammation in entire cohort.

<table>
<thead>
<tr>
<th>Subjects</th>
<th>Biopsies</th>
<th>Total Bacteroidales cfu/biopsy (mean log cfu/biopsy ± SD)</th>
<th>P</th>
<th>Bacteroidales species identified per biopsy Median (IQR)</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group (all)</td>
<td>IBD</td>
<td>63</td>
<td>192</td>
<td>2.9±1.0</td>
<td>0.74</td>
</tr>
<tr>
<td></td>
<td>Control</td>
<td>31</td>
<td>97</td>
<td>3.0±0.9</td>
<td>0.19</td>
</tr>
<tr>
<td></td>
<td>CD</td>
<td>39</td>
<td>121</td>
<td>3.1±1.0</td>
<td>0.75</td>
</tr>
<tr>
<td></td>
<td>UC</td>
<td>24</td>
<td>71</td>
<td>2.7±1.1</td>
<td>0.28</td>
</tr>
<tr>
<td></td>
<td>Control</td>
<td>31</td>
<td>97</td>
<td>3.0±0.9</td>
<td>0.19</td>
</tr>
<tr>
<td></td>
<td>UC</td>
<td>24</td>
<td>71</td>
<td>2.7±1.1</td>
<td>0.28</td>
</tr>
<tr>
<td></td>
<td>Control</td>
<td>31</td>
<td>97</td>
<td>3.0±0.9</td>
<td>0.19</td>
</tr>
<tr>
<td>IBD (63 subjects)</td>
<td>Inflammation</td>
<td>50</td>
<td>87</td>
<td>2.8±1.1</td>
<td>0.28</td>
</tr>
<tr>
<td></td>
<td>No Inflammation</td>
<td>56</td>
<td>105</td>
<td>3.0±1.0</td>
<td>2.5 (2, 4)</td>
</tr>
<tr>
<td></td>
<td>Moderate/severe inflammation</td>
<td>26</td>
<td>36</td>
<td>2.7±1.1</td>
<td>0.22</td>
</tr>
<tr>
<td></td>
<td>No/mild Inflammation</td>
<td>62</td>
<td>156</td>
<td>3.0±1.0</td>
<td>3 (2, 4)</td>
</tr>
<tr>
<td>CD (39 subjects)</td>
<td>Inflammation</td>
<td>27</td>
<td>47</td>
<td>2.9±1.0</td>
<td>0.33</td>
</tr>
<tr>
<td></td>
<td>No Inflammation</td>
<td>34</td>
<td>74</td>
<td>3.1±1.0</td>
<td>3 (2, 4)</td>
</tr>
<tr>
<td></td>
<td>Moderate/severe inflammation</td>
<td>16</td>
<td>22</td>
<td>2.7±1.0</td>
<td>0.12</td>
</tr>
<tr>
<td></td>
<td>No/mild Inflammation</td>
<td>38</td>
<td>99</td>
<td>3.1±1.0</td>
<td>3 (2, 4)</td>
</tr>
<tr>
<td>UC (24 subjects)</td>
<td>Inflammation</td>
<td>23</td>
<td>40</td>
<td>2.7±1.1</td>
<td>0.98</td>
</tr>
<tr>
<td></td>
<td>No Inflammation</td>
<td>22</td>
<td>31</td>
<td>2.7±1.0</td>
<td>2 (2, 4)</td>
</tr>
<tr>
<td></td>
<td>Moderate/severe inflammation</td>
<td>10</td>
<td>14</td>
<td>2.8±1.2</td>
<td>0.85</td>
</tr>
<tr>
<td></td>
<td>No/mild Inflammation</td>
<td>24</td>
<td>57</td>
<td>2.7±1.0</td>
<td>3 (2, 4)</td>
</tr>
</tbody>
</table>

*P*-value from generalized estimating equation, controlling for within-subject correlation.
doi:10.1371/journal.pone.0063686.t002
often in control biopsies (8%) compared to CD biopsies (1%) \((P=0.04)\). \(B.\) vulgatus was present on significantly fewer biopsy samples from UC subjects (25%) compared to subjects with CD (53\%, \(P=0.03\)) and control subjects (51\%, \(P=0.05\), Table 3).

**Distribution of Bacteroidales species in newly diagnosed subjects compared to those with longstanding disease**

Separate analyses of newly diagnosed IBD subjects were performed to avoid the potential effects that non-antibiotic medications may have on species distribution (Table S4). The distribution of \(P.\) distasonis had a similar trend to that of the entire cohort. \(P.\) distasonis remained significantly higher in controls compared to newly diagnosed patients with CD or UC in comparison to control subjects \((P=0.04 \text{ CD and } P=0.03 \text{ UC, Table S4})\). \(B.\) fragilidis was detected less often on control biopsies compared to UC biopsies \((P=0.01)\). However, in the cohort of new diagnoses, unique statistically significant differences emerged in the distribution of \(B.\) thetaiotaomicron and \(B.\) caccae that were not seen in the all inclusive cohort. \(B.\) thetaiotaomicron was more commonly present in UC compared to controls \((P=0.02)\) and compared to CD \((P=0.02)\). \(B.\) caccae was detected more often in newly diagnosed CD (45\%) versus controls (15\% \(P=0.02\)) and UC versus control \((P=0.05)\) (Table S4, Figure 2). Some differences in species distribution between the newly diagnosed cohort were detected (Table 3, Table S4) suggesting duration of disease and/or that anti-inflammatory medications may modulate species distribution on the intestinal surface.

**Bacteroidales species from inflamed and uninfamed biopsies**

In general, species detected on multiple biopsies within an individual showed a similar species distribution (Figure 2, Table 3 and S4). There were typically fewer species detected at inflamed areas compared to uninfamed areas within an individual (Figures 2 and 3). However, when comparing particular species distribution by degree of inflammation within our IBD cohorts, a few significant differences were observed. \(P.\) distasonis was detected on none of the moderate and severely inflamed biopsies from CD subjects and on 17\% of biopsies with no or mild inflammation \((P=0.04)\). In newly diagnosed subjects, no statistical differences were found in species distribution between moderate and severely inflamed biopsies compared to mildly inflamed and uninfamed biopsies (data not shown). This was likely due to lower number of samples in each group providing inadequate power. We compared CD and UC biopsies with moderate and severe inflammation to those from control subjects in order to assess the effect of inflammation on species distribution. We detected decreased \(B.\) vulgatus in UC compared to control biopsies \((P=0.02, \text{Table S5})\).

**Medication Effects**

5-aminosalicylic acid, (5-ASA) Medications: 5-ASA has been proposed to affect bacterial growth and the amount of mucosal-associated bacteria. 12/39 of the CD subjects, 17/24 of the UC subjects, and 1/31 control subjects were treated with a 5-ASA medication at the time of sample collection. There was no statistically significant difference in total Bacteroidales concentration on biopsies from subjects receiving 5-ASAs. However, there was a significant decrease in Bacteroidales diversity (number of detected species) at inflamed sites in patients treated with 5-ASA, mean ± SD 2.1±1.9, compared to 4.2±2.6 in patients not on 5-ASA \((P=0.03)\). The only significant species difference associated with 5-ASA treatment was a decrease in \(B.\) vulgatus at moderate to severely inflamed sites \((P=0.01)\).

**Species diversity and total Bacteroidales per biopsy comparing medications other than 5-ASA**

Previous groups have shown that anti-inflammatory medications used alone or in combination to treat IBD may have effects on the microbiota [32]. We compared species diversity (number of different Bacteroidales species detected by subject), and total Bacteroidales (cfu/biopsy) in IBD subjects compared to six control subjects who were not receiving medications. We compared medications alone and in combination (data not shown). There were no significant differences detected for either of these analyses, possibly due to the small number of subjects in each group.

**Bacteroidales growth on mucin**

The Bacteroidales species detected in this study were predominant species adherent to the mucosal surface. The presence of Bacteroidales embedded in the mucosal surface is potentially associated with the ability of these bacteria to utilize mucin as a source of nutrients. We tested 373 of our isolates for their ability to grow on defined mucin plates where mucin is supplied as the only utilizable carbon source. Every strain tested grew on minimal

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**Figure 2. Heatmaps of Bacteroidales species distribution and concentration by cohort.** A. Control cohort. B. UC cohort. C. CD cohort. Bacteroidales species are labeled at the top of the figure. Subject numbers are listed on the left. Each row represents the species detected on that subject’s biopsy (In cases where more than one biopsy of the same degree of inflammation was present, the detected species levels (cfu/biopsy) from each biopsy was averaged and all detected species from both biopsies were included). The degree of inflammation of the biopsy is indicated to the right of the biopsy (N: Non-inflamed, Mild, Mod: Moderate, or Svr: Severe). White lines demarcate biopsies from one subject.

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**Figure 3. Bacteroidales species diversity by degree of inflammation.** The median number of species per IBD biopsy detected from biopsies with no or mild inflammation (No/Mild) compared to IBD biopsies with moderate to severe inflammation (Mod/Svr). Error bars represent inter-quartile ranges. N equals the number of biopsies in each group. \(*P=0.02\). doi:10.1371/journal.pone.0063686.g003
mucin plates and these included: \textit{B. caccae}, 22; \textit{B. cellulosityicus}, 8; \textit{B. dorei}, 27; \textit{B. eggerthii}, 7; \textit{B. finegoldii}, 13; \textit{B. fragilis}, 50; \textit{B. intestinalis}, 3; \textit{B. ovatus}, 38; \textit{B. stercoris}, 13; \textit{B. thetataoaomicron}, 35; \textit{B. uniformis}, 32; \textit{B. vulgatus}, 46; \textit{B. xylanisolvens}, 18; \textit{P. distasonis}, 36; \textit{P. merdae}, 24; and \textit{Dysgonomonas gadei} 1.

Detection of \textit{bft} [\textit{B. fragilis} toxin gene]

\textit{bft} encodes for an enterotoxin that has been associated with colitis flares, colon cancer and diarrhea [33]. \textit{B. fragilis} isolates cultured from biopsy tissue were screened by PCR for the presence of the \textit{bft} gene. In total, 104 \textit{B. fragilis} isolates were screened; 40 from control tissue, 21 from non-inflamed CD biopsies, and 20 from inflamed CD biopsies, 10 from non-inflamed UC biopsies, and 13 from inflamed UC biopsies. Of these 104 \textit{B. fragilis} isolates, only six were \textit{bft} positive (Figure 4, Table 4). Of these six \textit{bft} positive isolates, three isolates were from biopsy tissue from control subjects (two biopsies were from the same control subject), one was from an uninfamed CD biopsy, and the remaining two were from uninfamed and inflamed biopsies from the same subject with UC. There were no statistically significant differences detected between UC and CD, between IBD and controls, or between strains from inflamed and uninfamed sites.

Analysis of PSA1 producing \textit{B. fragilis} isolates

Each strain of \textit{B. fragilis} synthesizes eight distinct capsular polysaccharides termed PSA-PSH [34]. For type strain NCTC 9343, the PSA polysaccharide [PSA1] is a zwitterionic molecule with immunomodulatory properties implicated in the amelioration of colitis [14]. As different strains of \textit{B. fragilis} produce different...
PSA-types [15], we screened the B. fragilis isolates from our biopsy samples to determine if the presence of strains producing this molecule were present more frequently from healthy mucosal tissue. A monoclonal antibody specific to the NCTC 9343 immunomodulatory PSA type [PSA1] was used [15,35,36]. In total, 59 B. fragilis isolates were screened of which, 20 (34%) reacted with the monoclonal antibody to the PSA of the type strain. Despite the anti-inflammatory properties described for this molecule, PSA1-producing B. fragilis were not found more frequently at non-inflamed sites in subjects with IBD compared to uninflamed sites. PSA1 producing B. fragilis were present on seven of 14 inflamed biopsies from CD subjects and two of seven inflamed biopsies from UC subjects. In addition, there was not a statistically significant difference between the presence of mucosally adherent PSA1-producing B. fragilis from controls versus IBD samples (P=0.73). There were also no statistically significant differences in PSA1 producing B. fragilis adherent to the mucosa at inflamed and uninflamed sites in CD (P = 0.68) or UC (P = 1.0). (P values were determined using a Fishers exact test to compare each group). A newly diagnosed subject with CD had a PSA1 positive B. fragilis isolate at both an inflamed and non-inflamed site. The B. fragilis strains from the same individual tended to all synthesize the immunomodulatory PSA or were all negative for this molecule regardless of inflamed or non-inflamed site (Table 4, Figure 5). However in one CD subject [56], two different B. fragilis strains were detected on the same inflamed sample, one producing the immunomodulatory PSA1 molecule, and one producing a different PSA type.

**Table 4. Number of biopsies with B. fragilis where bft or PSA was present.**

<table>
<thead>
<tr>
<th>bft positive B. fragilis</th>
<th>Control CD NI</th>
<th>CD I</th>
<th>UC NI</th>
<th>UC I</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/20</td>
<td>1/21</td>
<td>0/20</td>
<td>1/10</td>
<td>1/13</td>
</tr>
<tr>
<td>PSA1 positive B. fragilis</td>
<td>9/20</td>
<td>5/12</td>
<td>4/14</td>
<td>1/6</td>
</tr>
</tbody>
</table>

Abbreviations: CD = Crohn Disease, UC = Ulcerative Colitis, I = Inflamed biopsy tissue, NI = Non-Inflamed biopsy tissue. Denominator represents all biopsies in a cohort where B. fragilis was detected and numerators indicate:
1. bft detected by PCR. (No statistically significant differences were detected between groups).
2. PSA1 detected by immunoblot. (No statistically significant differences were detected between groups).

Figure 5. PSA analysis of B. fragilis isolates. A Western blot of PSA from B. fragilis isolates grown in vitro after isolation from control, CD and UC (inflamed (I) a non-inflamed (NI) biopsies. Panel A: Lanes 1–6 contain B. fragilis isolates from the biopsies control subjects (4, 6, 13, 34, 68, and 1). Lanes 7–8 contain isolates from non-inflamed and inflamed biopsies from subject 23 with UC. Lanes 9–11 contain isolates from inflamed and uninflamed biopsies from subjects with UC 32, 29 and 77. Panel B: Lane 1 contains B. fragilis type strain 9343 as a positive control. Lanes 2 and 3 contain isolates from a non-inflamed and then an inflamed biopsy from subject 47 with CD. Lanes 4–8 contain B. fragilis isolates from inflamed biopsies of subjects 26, 56, 64, 14, and 85 with CD.

Discussion

In this study, we quantified and identified to the species level mucosally adherent Bacteroidales species from the intestine of pediatric and young adult patients with IBD and controls. We focused on the Bacteroidales for several reasons. Bacteroidales occupy a vital niche at the intestinal mucosal surface where they have the potential to influence the host. Numerous studies have implicated Bacteroidales species in IBD [20,37,38]. In addition, Bacteroidales have been shown to modulate host immune and intestinal functions [12,39]. No other study has classified Bacteroidales to the species level as comprehensively as this study and no other study used a culture based approach, which is the most accurate quantitative method. Within our cohort, we obtained biopsies from newly diagnosed IBD subjects, as well as subjects with longstanding disease. We collected detailed phenotypic information about our subjects, which allowed us to make observations regarding variables such as the severity of inflammation and potential medication effects. In addition, we created a valuable strain bank from which we could perform further phenotypic analyses of the isolated strains.

Several studies have reported increases or decreases in Bacteroidales in mucosal samples of IBD subjects compared to controls [8,37,40,41], some also compare inflamed and non-inflamed sites [42]. No clear trend has emerged regarding total Bacteroidales in IBD. Unlike DNA-based approaches, our culture-based method guarantees precise measurements of live bacteria. We found no significant differences in total number of adherent Bacteroidales in IBD versus control or between CD and UC. There was large inter-individual variation in total Bacteroidales detected across our cohort from a few subjects with no detected Bacteroidales to those with log 4 cfu/biopsy. The log scale variability in total Bacteroidales by IBD cohorts and between individuals is consistent with other studies which performed anaerobic culture of biopsies [43,44]. This suggests there is not a “normal” amount of Bacteroidales present on all mucosal surfaces across subjects and may explain the varied conclusions of prior studies. There is a molecular basis for why the Bacteroidales are able to survive at inflamed sites. B. thetaiotaomicron has been shown to adapt to inflammation by turning on genes that metabolize host oxidative products [45] suggesting that at least some Bacteroides species may be better suited to survive in inflamed regions. As our study demonstrated numerous Bacteroidales species can survive at inflamed sites, this may be a shared feature of intestinal Bacteroidales species.

One of our significant findings was a decrease in Bacteroidales diversity, [number of different Bacteroides species per biopsy] at sites with increased inflammation in IBD subjects. Previous reports detected decreased bacterial diversity in IBD subjects compared to
controls [41] but have not reported changes in diversity with increased inflammation. In general, we noted larger inter-
individual variation and less intra-subject variation at the species level, similar to what other studies have shown with multiple
colionic biopsies from one individual [46] [9] [6] and in multiple
stool samples from the same individual [47].

There were no Bacteroidales species signatures for CD, UC or control biopsies. However, there were statistically significant
differences in certain species between cohorts. B. distasonis was
found more often in control subjects compared to CD subjects in
both newly diagnosed subjects and those with longstanding
disease. Its predominance at healthy and uninfamed sites suggests
a preference for adherence to ligands at uninfamed host sites, or
greater susceptibility to host inflammatory products. A recent
study reported a decrease of all Parabacteroides spp. at inflamed
compared to uninflamed sites [9], similar to our findings. Fecal
samples from pediatric subjects with IBD noted a similar decreases
in Parabacteroides in IBD subjects versus controls [48]. The only
other two pediatric studies which examined the microbiota of
intestinal biopsies found no difference in P. distasonis between IBD
subjects and controls [22] [23]. Interestingly, a recent study
demonstrated that oral administration of the membranous fraction
of P. distasonis significantly reduced the severity of intestinal
inflammation in murine models of colitis induced by dextran
sulphate sodium (DSS) [49].

B. thetaiotaomicron and B. fragilis contain enzymes that will
partially desulfate mucins [50] which may be a feature shared
among all Bacteroidales. The ability to degrade mucin has been
suggested as a way that members of the intestinal microbiota may
contribute to chronic inflammation, by compromising the
protection mucin provides the host epithelium [24,51]. We
examined the ability of the strains from this study to utilize mucin
as a carbon source for growth. All 573 of the strains we examined,
comprising 16 different Bacteroidales species, were able to grow
on plates with mucin as the sole utilizable carbon source. Since this
is a feature of all isolated Bacteroidales from both inflamed and
uninflamed sites, it is likely that this common feature has a primary
role in nutrient acquisition.

Some strains of B. fragilis produce an enterotoxin [Bacteroides
fragilis toxin, bft], which is correlated with pediatric diarrheal
disease, colitis flares, colon cancer, and exacerbation of colitis in
mouse models [reviewed [33]]. There were no differences in
presence of bft positive B. fragilis isolates between IBD subjects and
controls or between inflamed an uninflamed tissue, although very
few bft B. fragilis isolates were identified in total. One prior study
of an older cohort (mean age 45) detected bft B. fragilis isolates
more frequently from colonscopic washings of active IBD
patients than stool from control subjects [38]. Another study,
found no significant differences in bft” and negative strains
between active and inactive inflammation or between IBD
subtypes similar to our findings [52]. We have previously reported
bft carriage in fecal samples from adults as high as 57% of B. fragilis
isolates [47], therefore, it is possible that adults harbor more bft B.
fragilis strains than children.

We investigated an additional strain specific feature of B. fragilis,
the synthesis of an extensively studied immunomodulatory
capsular polysaccharide, PSA. Previous work has shown that B.
fragilis strain NCTC 9343 synthesizing the immunomodulatory
PSA is able to protect mice from Helicobacter hepaticus
inflammation [14]. Only 25% of B. fragilis strains previously analyzed were
found to synthesize the PSA1 molecule [15]. Based on the anti-
inflammatory activity of PSA1, it is possible that PSA1 producing

B. fragilis are present more frequently at uninflamed sites or in
biopsies from control sites versus inflamed sites of IBD patients.
However, we found no significant differences between these
cohorts. As the synthesis of PSA is under complex regulation [34]
[53], it is possible that only a small population of B. fragilis with
the ability to synthesize PSA1 were actually doing so.

5-aminosylclic acid, 5-ASA has been used for decades to treat
IBD. 5-ASAs affect the host mucosal immune response but also
have been shown to affect distribution, growth, and transcriptional
responses of gut bacteria [54]. Additionally, 5-ASAs have been
shown to decrease total concentrations of mucosal associated
bacteria on human colonic biopsies when compared to control
biopsies or biopsies from subjects treated with azathioprine [32]. Our
study showed 5-ASAs decreased mucosally adherent Bacter-
oidales diversity at sites of increased inflammation. As Bacteroi-
dales and Firmicutes are the predominant bacterial phyla at the
colonic mucosal surface, some of the therapeutic effect of 5-ASAs
may be by decreasing the host’s bacterial burden at mucosal sites.
Further studies are need to investigate if Bacteroidales growth is
affected by the presence of 5-ASA, if any species specific factors
can explain the relative decrease in certain species at inflamed
sites, and if the drug also reduces the mucosal burden of
predominant Gram positive commensal species.

Further study of the mechanisms in which these dominant
commensals interact with the inflamed and healthy host intestinal
epithelium is warranted. Our valuable collection of strains from
inflamed and healthy subjects will provide a resource for further
study.

Supporting Information

Table S1 Biopsy distribution and location. (DOC)

Table S2 Primers used in this study. (DOC)

Table S3 Total Bacteroidales (cfu/biopsy) and number of
different Bacteroidales species detected per biopsy by
diagnoses and degree of inflammation in newly diag-
nosed subjects. (DOC)

Table S4 Comparison of Bacteroidales species by
disease status [IBD vs. controls] and study group [CD,
UC, and controls] in biopsies from 17 newly diagnosed
subjects. (DOC)

Table S5 Comparison of Bacteroidales species distribu-
tion from biopsies with moderate or severe inflam-
lation to biopsies from control subjects. (DOC)

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this study and the BCH gastroenterologists who obtained biopsies.

Author Contributions

Conceived and designed the experiments: NLZ LEC AB SBS. Performed
the experiments: NLZ BJA SWF. Analyzed the data: NLZ PDM BJA
LEC. Contributed reagents/materials/analysis tools: NLZ LEC AB
PDM SBS. Wrote the paper: NLZ LEC AB.
References


