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Noninvasive Determination of 2-[18F]-Fluoroisonicotinic Acid Hydrazide Pharmacokinetics by Positron Emission Tomography in Mycobacterium tuberculosis-Infected Mice


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Noninvasive Determination of 2-[18F]-Fluoroisonicotinic Acid Hydrazide Pharmacokinetics by Positron Emission Tomography in Mycobacterium tuberculosis-Infected Mice


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Tuberculosis (TB) is a global pandemic requiring sustained therapy to facilitate curing and to prevent the emergence of drug resistance. There are few adequate tools to evaluate drug dynamics within infected tissues in vivo. In this report, we evaluated a fluorinated analog of isoniazid (INH), 2-[18F]-fluoroisonicotinic acid hydrazide (2-[18F]-INH), as a probe for imaging Mycobacterium tuberculosis-infected mice by dynamic positron emission tomography (PET). We developed a tail vein catheter system to safely deliver drugs to M. tuberculosis aerosol-infected mice inside sealed biocontainment devices. Imaging was rapid and noninvasive, and it could simultaneously visualize multiple tissues. Dynamic PET imaging demonstrated that 2-[18F]-INH was extensively distributed and rapidly accumulated at the sites of infection, including necrotic pulmonary TB lesions. Compared to uninfected animals, M. tuberculosis-infected mice had a significantly higher PET signal within the lungs (P < 0.05) despite similar PET activity in the liver (P > 0.85), suggesting that 2-[18F]-INH accumulated at the site of the pulmonary infection. Furthermore, our data indicated that similar to INH, 2-[18F]-INH required specific activation and accumulated within the bacterium.

Pathogen-specific metabolism makes positron-emitting INH analogs attractive candidates for development into imaging probes with the potential to both detect bacteria and yield pharmacokinetic data in situ. Since PET imaging is currently used clinically, this approach could be translated from preclinical studies to use in humans.

The importance of sustained, adequate antimicrobial therapy is highlighted by Mycobacterium tuberculosis, which is causing a global pandemic with an estimated 8.8 million new patients with active disease and 1.5 million deaths annually (41). Many of the 2.2 billion people latently infected with M. tuberculosis develop reactivation disease, sometimes decades after the initial infection (19). Coinfection with human immunodeficiency virus (HIV) increases the risk of relapse from a lifetime risk of 5 to 10% to approximately 10% per year (10).

Tuberculosis (TB) is typically treated with 6 months of combination therapy using isoniazid (INH) as a primary agent due to its remarkable sterilizing activity against actively dividing bacilli (9, 10). The treatment regimen was developed using serum pharmacokinetic (PK) values and historic measures of efficacy (5, 16). Nevertheless, a growing number of studies support the importance of monitoring drug concentration in infected tissues (17, 26), and current Food and Drug Administration (FDA) guidelines require tissue drug distribution studies at infected and uninfected sites (26). Serious consequences of inadequate drug concentration in target tissues include treatment failure and selection pressure (26). Patients with active disease and 1.5 million deaths annually (41). Many of the 2.2 billion people latently infected with M. tuberculosis develop reactivation disease, sometimes decades after the initial infection (19). Coinfection with human immunodeficiency virus (HIV) increases the risk of relapse from a lifetime risk of 5 to 10% to approximately 10% per year (10).

INH is a prodrug with complex bacterial metabolism. Consensus holds that it is first oxidized by the mycobacterial catalase-peroxidase enzyme KatG and then conjugates with NAD (39, 42) to form an INH-NAD adduct that inhibits the enoyl-acyl carrier protein (enoyl-ACP) reductase InhA, among other targets (3, 27, 34, 39, 42). INH is hypothesized to accumulate within the mycobacterium as trapped metabolites, including the INH-NAD adduct, which dissociates slowly from InhA (22, 33). To evaluate this hypothesis and explore the potential of INH as a reporter of bacterial localization in vivo, a method is needed that can report on drug concentration at the site of infection. New techniques, such as matrix-assisted laser desorption ionization (MALDI) mass spectrometry, have the power to detect drugs and their metabolites within a granuloma (32) but are invasive and rely on accurate resection of tissue. Positron emission tomography (PET) is a noninvasive alternative to determine the characteristics of drug absorption, distribution, and elimination in both clinical and preclinical settings (8, 12, 20). The pathogen-specific metabolism and accumulation of INH makes it an attractive imaging probe with the potential to both detect bacteria and yield pharmacokinetic data in situ. Since PET imaging is currently used clinically, this approach could be translated from preclinical studies to use in humans.
mine a multisite host pharmacokinetic profile of 2-[18F]-INH in M. tuberculosis-infected mice.

**MATERIALS AND METHODS**

The chemicals used in the study all were purchased from commercial vendors and were used without further purification except where stated. 18F was purchased from PETNET Solutions Inc. (Philadelphia, PA) on ion-exchange resin. Chemical and radiochemical purities were determined by thin-layer chromatography (TLC) and an analytical high-performance liquid chromatography (HPLC) system equipped with both UV and radioactivity detectors. The purities of the intermediate and final products were >95%.

**Synthesis of 2-F-INH and 2-[18F]-INH.** The synthesis of 2-fluoroisonicotinic acid hydrazide (2-F-INH) and 2-[18F]-fluro-isonicotinic acid hydrazide (2-[18F]-INH) were performed from 2-fluoropyridine-4-carboxylic acid as described previously (2, 35) (see Fig. S1 in the supplemental material for details). Radiochemical purity was determined by reverse-phase analytical high-performance liquid chromatography (HPLC) (PPF) by 2.5, 5-μm column; Phenomenex) using a mobile phase of 5% MeCN–95% H2O and confirmed by TLC (10% MeOH–90% CH2Cl2) cospotting of the labeled product with a standard.

**Inactivation of InhA by INH or 2-F-INH.** The M. tuberculosis enoyl-ACP reductase (InhA) was expressed and purified as previously described (23), and catalase peroxidase (KatG) was provided as a gift from Richard Maglozzo (Department of Chemistry, Brooklyn College, NY). Trans-2-dodecenyl-coenzyme A (DD-CoA) was synthesized from trans-dodecenoic acid as previously described (29). InhA (0.5 μM) was incubated with 0.5 μM KatG, 50 μM NAD, 50 μM INH (or F-INH), and 2 mM EDTA in a total volume of 1.0 ml at 25°C in buffer [30 mM piperazine-N,N′-bis(2-ethanesulfonic acid), 150 mM NaCl, pH 6.8]. Aliquots were taken at 5, 10, 20, 30, 40, 50, 60, 90, and 120 min, and then DD-CoA (20 μM) and NADH (250 μM) were added. InhA activity was measured by following the oxidation of NADH to NAD+ at 340 nm in a Cary 100 Bio spectrophotometer (Varian). InhA activity was expressed as a percentage of the value measured at time zero (43). Three independent replicates were used for each group.

**M. tuberculosis strains and in vitro uptake assays.** Frozen stocks of wild-type M. tuberculosis H37Rv as well as previously validated katG W149R, katG M1A, and inhA T(–) INH-resistant strains in the M. tuberculosis H37Rv background (1) were grown to mid-log phase in Middlebrook 7H9 broth supplemented with 10% oleic acid-albumin-dextrose-catalase (Difco, Detroit, MI) and 0.05% Tween 80 (Sigma). MICs were determined for each strain with INH and 2-F-INH by the broth macrodilution method (National Committee for Clinical Laboratory Standard M07-A8). 2-[18F]-INH uptake assays were performed by incubating bacterial cultures with 0.148 MBq of 2-[18F]-INH at 37°C with rapid agitation for 8 h. Heat-killed (90°C for 20 min) controls for each bacterial strain were similarly incubated with 2-[18F]-INH. Bacteria were pelleted by centrifugation and washed twice with phosphate-buffered saline (PBS). All live bacterial cultures were heat inactivated prior to measurements. The activity for each pellet was measured using an automated gamma counter (1282 Compugamma CS Universal gamma counter; LKB Wallac). Background counts were subtracted from sample counts. Five independent replicates were used for each sample.

**Murine M. tuberculosis model (in vivo aerosol infection).** Five- to 6-week-old female BALB/c (Charles River) or C3HeB/FeJ (Jackson Laboratory) mice were aerosol infected with log-phase broth cultures of M. tuberculosis H37Rv using the Middlebrook inhalation exposure system (Glas-Col). Mice were sacrificed the day after infection to determine the number of bacilli implanted in the lungs and also at the time of imaging. The entire lungs were homogenized in phosphate-buffered saline and plated onto Middlebrook 7H11 selective plates (Becton, Dickinson). At least 3 mice were used for each time point. All plates were incubated at 37°C for 4 weeks before the CFU were determined. A separate group of identically infected mice were used for imaging studies.

On-table injection system. A 30-gauge needle (BD Bioscience), attached to polyethylene-10 tubing (Brantree Scientific), was inserted into the lateral tail vein of anesthetized M. tuberculosis-infected mice as a catheter for on-table tracer delivery (see Fig. S2 in the supplemental material). The live animals were then placed inside sealed biocontainment devices as described before (7, 8), with the polyethylene-10 tubing extending through one of the ports of the biocontainment device. The device was seal tested, and a 1-ml insulin syringe was attached to the catheter hub to deliver radiotracer at the beginning of imaging.

[18F]FDG-PET and CT imaging. Mice were fasted for 12 h before each imaging time point. Water was provided ad libitum. On the day of imaging, each mouse was weighed, anesthetized, and then injected with (nominally) 7.4 MBq of [18F]-fluorodeoxyglucose ([18F]-FDG) via the tail vein and imaged 45 min postinjection using a Mosaic HP (Philips) small-animal PET imager using a single-frame, 15-min acquisition. A computed tomography (CT) scan was also performed at the same time using the NanoSPECT/CT (Bioscan) in vivo animal imager. PET images were reconstructed and coregistered with CT images. Three mice were used for each group. Amira version 5.4.2 (Amira) was used to visualize the images.

2-[18F]-INH-PET/CT imaging. One week later, the same mice previously imaged by [18F]-FDG were weighed, injected with (nominally) 7.4 MBq of 2-[18F]-INH via the tail vein, and imaged. Since 18F has a radioactive half-life of 109 min, it is completely decayed and does not interfere with the 2-[18F]-INH imaging 1 week later. C3HeB/FeJ mice were imaged 20 min postinjection using the Mosaic HP (Philips) small-animal PET imagers with a dynamic (list mode) acquisition for 120 min. BALB/c mice were imaged immediately after tracer injection by utilizing the on-table injection system. List-mode data were framed as follows: 5 times for 2 min each, and then 10 times for 5 min each. Injected and uninjectected controls were scanned two at a time as matched pairs, and data were obtained from 3 matched pairs (3 infected and 3 uninfected animals). CT scans were performed subsequent to PET imaging using the NanoSPECT/CT (Bioscan) in vivo animal imager. PET data were reconstructed and coregistered with CT images. Three mice were used for each group.

For semiquantitative analysis, 1 to 2 spherical (3-mm-diameter) regions of interest (ROI) were drawn manually using Amide version 0.9.1 (amide.sourceforge.net) in the lung, liver, and brain fields using CT as a guide. The standard uptake values (SUV) were computed by normalizing the ROI activity for each mouse to the injected dose and animal weight. For each group, the mean lung uptake of radioactivity at each time point was calculated by averaging the normalized lung SUV of all of the ROIs in that group. Amira was used to visualize the images.

All protocols were approved by the Johns Hopkins Biosafety, Radiation Safety, and Animal Care and Use Committees.

**Statistical analysis.** Statistical comparison between groups was performed using one-tail-distribution, two-sample, unequal-variance t tests in Excel 2007 (Microsoft). Data are presented on a linear scale as means ± standard errors for mean PET activities.

**RESULTS**

2-F-INH accumulates in M. tuberculosis. Respective MICs for 2-F-INH and INH were 8 and 0.025 μg/ml for the wild-type M. tuberculosis, >32 and >2 μg/ml for the katG promoter mutant (M1A), >32 and >1 μg/ml for the katG point mutant (W149R), and >32 and 0.1 μg/ml for the inhA promoter mutant (T(−)81). Time-dependent inactivation of InhA by INH and 2-F-INH as measured by monitoring the oxidation of NADH in vitro is shown in Fig. 1A. Inactivation of InhA followed first-order kinetics for the first 60 min with a rate constant of 0.0299 and 0.0104 min−1 for INH and 2-F-INH, respectively. Complete inhibition of InhA was achieved within 90 min with INH, whereas 2-F-INH required over 120 min. In the control groups (without KatG), InhA was only minimally inhibited by either INH or 2-F-INH, confirming that both INH and 2-F-INH required KatG activation prior to...
InhA inhibition. Finally, we tested the intracellular accumulation of 2-[18F]-INH in wild-type M. tuberculosis and INH-resistant strains (Fig. 1B). Following an 8-h incubation, 2-[18F]-INH readily accumulated within wild-type M. tuberculosis. Only the most INH-resistant strain, katG M1A, demonstrated significantly reduced intracellular accumulation of 2-[18F]-INH. No accumulation of 2-[18F]-INH was noted in any of the heat-killed strains (data not shown). Taken together, these data indicate that although the 2-fluoro group significantly reduces the antibacterial activity of INH and decreases the ability of INH to inhibit InhA, 2-F-INH follows a pattern of metabolism and bacterial uptake similar to that of INH.

PET imaging of 2-[18F]-INH in M. tuberculosis-infected mice. We hypothesized that the metabolism of INH by M. tuberculosis KatG results in selective intracellular trapping of INH and therefore generates a specific PET signal at the site of TB disease. 2-[18F]-INH was synthesized and purified by a modified method of Amartey et al. (2) with resultant specific activity of 7.4 to 11.1 MBq/μmol at the time of delivery to the animal.

Aerosol-infected BALB/c mice were imaged 8 weeks postinfection, at which point there was diffuse pulmonary disease and log_{10}(6.4 ± 0.3) CFU in the lungs. There was no significant difference in weight between the infected and uninfected animals (Fig. 3), suggesting that 2-[18F]-INH penetrated and concentrated at the site of TB lesions. As expected, and similar to that for BALB/c mice, uptake in the heart, liver, kidneys, and bladder was noted in both infected and uninfected animals.

Organ compartment pharmacokinetics of 2-[18F]-INH. Given the qualitative differences in 2-[18F]-INH-PET signal between M. tuberculosis-infected and uninfected mice, we performed additional quantitative analyses. Following simultaneous 2-[18F]-INH injections into paired infected and uninfected BALB/c mice, we performed dynamic PET acquisitions over time. As shown in Fig. 4A, there was significantly more 2-[18F]-INH-PET activity in the lung fields of infected mice than in uninfected controls from 40 min postinjection to the end of the recording at 60 min (P < 0.05). A signal-to-background ratio of 1.67 ± 0.04 was achieved from 40 to 60 min after tracer injection. Similarly, uptake of 2-[18F]-INH was also evaluated in the brain. Probe uptake peaked 15 min postinjection and then slowly diffused away (Fig. 4B). While the signal was greater in infected mice, it was not statistically significant (P > 0.50). As expected, the liver intensities were not significantly different (P > 0.85) between the infected and uninfected animals (Fig. 4C) but they demonstrated high activity, as this is the site of INH metabolism. To extrapolate these data into a therapeutic context, an INH dose of 6.25 mg/kg of body weight in BALB/c mice produces a maximum concentration of 3.5 μg/ml at 15 min (1). Using the heart as a proxy for the whole-blood concentration of 2-[18F]-INH, the C_{max} in infected lung is calculated to be 3.5 μg/ml, and it is 3.3 μg/ml in uninfected controls. The differential uptake ratios of heart, lung, brain, liver, and kidney that correspond to the C_{max} (at the 15-min time point) are presented in Table S1 in the supplemental material.

DISCUSSION

INH has been the mainstay of TB treatment since its introduction in 1952 (6, 33). While the absorption from the gastrointestinal
tract is rapid and biodistribution nearly approaches that of water (20, 40), the elimination of drug depends on age and genetic factors, following a trimodal distribution in the general population (30, 36). The pharmacokinetic variability of INH metabolism is associated with treatment failure as well as acquired drug resistance (31). Indeed, drug levels were found to be subtherapeutic among patients with a slow response to TB therapy, suggesting that individualized dosing is more effective than standard dosing (14). Like most antimicrobial agents, INH requires transport to the site of infection and interaction with the pathogen. As a result, determining the drug concentration at the site of action is a more accurate approach to determining pharmacodynamic relationships than plasma drug concentration (4). Traditional pharmacokinetic methods involve the sacrifice and dissection of animals, which in itself alters tissue physiology. One solution to this dilemma has been the use of clinical microdialysis for continuous monitoring of drug bioavailability (37), but the technique requires precise anatomic knowledge of the lesion location for probe insertion. TB produces diverse lesions that are often difficult to localize (11). In the current study, we therefore utilized PET im-

FIG 2 PET/CT imaging of M. tuberculosis-infected mice with diffuse pulmonary disease. Infected and uninfected BALR/c pairs were imaged after injection of 2-[18F]-FDG (A) or 2-[18F]-INH (B). Whole-animal sagittal and transverse sections are displayed as combined PET/CT images with heart (H), liver (L), kidneys (K), spleen (S), and bladder (B) marked. [18F]FDG-PET activity is noted in the lung fields in infected animals but not uninfected animals (A). Background uptake is noted in the heart, kidneys, and bladder of both the uninfected and infected animals. Similarly, diffuse 2-[18F]-INH-PET activity is noted in the lung fields of the infected animal but not the uninfected mouse (B). Background PET signal in the heart, liver, kidneys, and bladder is noted in both infected and uninfected animals.
aging, which can evaluate disease processes in live animals, deep within the body, noninvasively and relatively rapidly. An on-table injection and biocontainment system, developed in house, allowed us to determine the real-time pharmacokinetic profile of an $^{18}$F analog of INH in *M. tuberculosis*-infected mice. The approach was rapid and noninvasive and visualized the entire animal.

Our data support that similar to INH, 2-F-INH is activated by KatG and accumulates intracellularly in bacteria, but it has reduced activity against InhA. The weaker inhibition of InhA relative to INH may explain the decreased antibacterial activity of 2-F-INH against *M. tuberculosis*. Nevertheless, pathogen-specific enzymatic activation and presumed intracellular trapping make 2-F-INH an interesting candidate as an imaging probe for *M. tuberculosis* and for studying INH pharmacokinetics. By imaging infected and uninfected animals simultaneously, we not only determined organ-specific drug dynamics in challenging compartments like the central nervous system but also noted accumulation of 2-[18F]-INH in the lungs. Diffuse 2-[18F]-INH-PET activity was noted in the lungs of infected BALB/c mice with a signal-to-background ratio of 1.67 at 60 min after tracer injection.

**FIG 3** PET/CT imaging of *M. tuberculosis*-infected mice with discrete TB lesions, central necrosis, and hypoxia. Uninfected (A) and infected (B) C3HeB/FeJ pairs were imaged after injection of 2-[18F]-FDG (A) or 2-[18F]-INH (B). Whole-animal sagittal and transverse sections are displayed as combined PET/CT images with heart (H), liver (L), kidneys (K), and bladder (B) marked. Discrete foci of 2-[18F]-INH-PET activity colocalizing with the TB lesions (as seen on CT) is noted in the lung fields of the infected (B) but not the uninfected mouse (A), suggesting that 2-[18F]-INH penetrates and concentrates at the site of TB lesions. Uptake in the heart, liver, kidneys, and bladder is noted in both infected and uninfected animals.
higher PET activity noted in the lungs of infected animals, the similar levels of 2-[18F]-INH PET activity noted in the livers of infected versus uninfected mice argue against this as the dominant phenomena. In our analysis of the brain, we found that 2-[18F]-INH activity peaked 15 min after administration, consistent with the known rapid transit of INH across the blood-brain barrier (20).

We have previously utilized pulmonary [18F]FDG-PET imaging to monitor the response to TB treatments (8). However, [18F]FDG is a nonspecific marker of metabolic activity that relies upon a host inflammatory response. The various M. tuberculosis strains produce differing amounts of immune response, with Beijing/W producing significantly more inflammation than Canetti in the BALB/c mouse model of pulmonary infection (21). 2-[18F]-INH therefore would be predicted to be more sensitive than [18F]FDG-PET for diagnosis of the less virulent strains of TB. In addition, [18F]FDG-PET cannot discriminate sterile inflammation from infection (38). By targeting pathogen metabolism rather than the inflammatory response of the host, 18F analogs of INH could be more specific agents for detecting and monitoring TB treatments. Since activated INH binds with a significant residence time to InhA and is presumably trapped within bacteria, increasing the interval between tracer administration and imaging could further increase the signal-to-noise ratio by allowing the washout of the background PET signal. Since the half-life of 18F is only 109 min, use of a longer-lived PET isotope, such as 124I (half-life of 4.2 days), could be used to achieve this goal. Finally, the capacity to differentiate disease by INH-resistant strains would also be a useful corollary of 2-[18F]-INH imaging. Unfortunately this was not tested in the current study, since KatG is a significant virulence factor required for M. tuberculosis growth in vivo (18), and therefore it would be difficult to generate comparable disease or bacterial burden with the INH-resistant strains in our models. Additional limitations to the probe include relatively high background signal in the liver, heart, and bladder. In the case of disseminated infection, a bacterial signal from these tissues would be obscured with the current shorter half-life of 2-[18F]-INH.

In summary, we validated a fluorinated analog of INH, 2-[18F]-INH, as an imaging probe for determining drug PK in M. tuberculosis-infected mice. This approach is rapid and noninvasive, and it can simultaneously visualize multiple compartments. The pathogen-specific metabolism of INH makes it an attractive target for development as an imaging probe. The use of longer-lived positron-emitting isotopes may provide greater signal specificity and allow for development as a TB biomarker. Finally, since PET imaging is extensively used in humans, this technology is applicable for both preclinical and clinical studies with significant potential for translation to other anti-infectives.

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ERRATUM

Noninvasive Determination of 2-[18F]-Fluoroisonicotinic Acid Hydrazide Pharmacokinetics by Positron Emission Tomography in Mycobacterium tuberculosis-Infected Mice


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Volume 56, no. 12, p. 6284–6290, 2012. Page 6288: Figure 3 legend, lines 1 and 2, “Uninfected (A) and infected (B) C3HeB/FeJ pairs were imaged after injection of 2-[18F]-FDG (A) or 2-[18F]-INH (B)” should read “Uninfected (A) and infected (B) C3HeB/FeJ pairs were imaged after injection of 2-[18F]-INH.”