Peritoneal Tuberculosis in a Pregnant Woman from Haiti, United States

To the Editor: A 29-year-old woman at 23 weeks’ gestation during her first pregnancy came to our hospital’s obstetrics clinic after 6 days of vaginal bleeding and abdominal pain. She had not experienced fever, sweating, weight loss, contractions, or other symptoms. She was otherwise healthy; she was taking no medications, but was taking iron and multivitamin supplements. She had legally immigrated to the United States from Haiti 8 months previously and had no known tuberculosis contacts. Physical examination disclosed brown vaginal discharge, and a closed cervix. Obstetric ultrasound was normal, and vaginal swab samples were negative for Neisseria gonorrhoea and Chlamydia trachomatis. Over the ensuing 2 weeks, her vaginal bleeding and abdominal pain worsened. She was admitted to the hospital. Physical examination revealed vaginal bleeding, but her condition was otherwise unchanged. Routine laboratory studies were normal. Repeat obstetric ultrasound showed a viable fetus, ascites, and a 15 × 15 × 3–cm rind of echogenic material anterior to the uterus. This abnormality was in the upper abdomen, an area not imaged on her previous ultrasound. Abdominal magnetic resonance imaging revealed moderate ascites and a 21 × 14 × 3–cm omental mass of intermediate intensity on T1 and T2 sequences; there was no lymphadenopathy (Figure). A tiny left pleural effusion was seen on chest radiograph. Routine HIV and tuberculin skin test results had been negative 4 months previously, and pre-immigration examination results and chest radiograph had been normal.

Fine-needle aspiration of the omental mass was nondiagnostic. The patient’s vaginal bleeding and abdominal pain persisted, and her cervix dilated. She had an oral temperature of 38.9°C Celsius. Exploratory laparotomy demonstrated a friable omental mass with implants on the small bowel; a partial omentectomy was performed at 26 weeks’ gestation. During this procedure, the patient gave birth to a male infant.

Multiple granulomata, some containing acid-fast bacilli, were identified upon histologic examination of the omentum (Technical Appendix Figure, wwwnc.cdc.gov/EID/article/19/3/12-1109-Techapp1.pdf). Transcription-mediated amplification of the specimen was positive for Mycobacterium tuberculosis rRNA; cultures later grew M. tuberculosis susceptible to all first-line antituberculosis medications. Sputum smears and cultures were not performed. The patient’s treatment began with isoniazid, rifampin, ethambutol, and pyrazinamide; her fevers and abdominal pain
resolved. Her son was admitted to the neonatal intensive care unit and was placed on antimycobacterial therapy. He also recovered and was discharged after 135 days.

This case highlights several issues related to tuberculosis epidemiology and diagnosis. Although pulmonary disease is the most common manifestation of tuberculosis overall, extrapulmonary tuberculosis accounts for a significant and increasing proportion of cases in the United States (1). Pregnancy is associated with greater likelihood of extrapulmonary disease; extrapulmonary infection accounts for 13% of all cases worldwide (2) but 50% of cases in pregnancy, according to a recent study (3).

The frequency of peritoneal tuberculosis in pregnancy is unknown; few cases have been reported in the literature (4–7), although we know of 3 additional cases from Haiti (online Technical Appendix Table). However, cases are likely underdiagnosed or diagnosed late in the course of illness. Underdiagnosis and delayed diagnosis may be caused by the nonspecific nature of symptoms, commonly abdominal pain and ascites, which can be attributed to pregnancy itself or obstetrical complications. These erroneous explanations for symptoms are reflected in this patient, whose symptoms were initially attributed to abrupton and who was not diagnosed with tuberculosis until >3 weeks after seeking medical assistance. Such delays in diagnosis are typical of peritoneal tuberculosis and are associated with increased death rates (8). In many cases, clinical features cannot distinguish peritoneal tuberculosis from malignancy, necessitating more extensive evaluation (7).

Failure to diagnose peritoneal tuberculosis, in pregnancy or otherwise, might also stem from the insensitivity of noninvasive diagnostic testing. Paracentesis with acid-fast staining detects only a minority of cases (8). The sensitivity of mycobacterial cultures of ascites fluid varies, and culture results are often not available for weeks (8). Ascites fluid adenosine deaminase has shown promise as a reliable, minimally invasive diagnostic test in resource-poor countries, but was insensitive in a United States study (9). In addition, although tuberculin skin testing and interferon gamma release assay performance are not affected by pregnancy (10), neither can distinguish active from latent infection. Without diagnostic clinical features or sensitive noninvasive tests, the diagnosis of peritoneal tuberculosis might only be confirmed through laparoscopy or laparotomy, as in our case. Such invasive testing methods and facilities, equipment, and personnel might not be readily available in resource-poor settings.

This case also illustrates the ongoing threat of tuberculosis in countries of all income levels. It is not clear where our patient contracted tuberculosis; she was most likely exposed in Haiti, but transmission within her Haitian community in the United States, or from another source, is also possible. Regardless, as in her case, a majority of tuberculosis cases within the United States occur in foreign-born persons. Given the ease and frequency of travel, lapses in tuberculosis control in any locale are likely to have effects more broadly. Wherever they work, clinicians must maintain vigilance for tuberculosis in all of its protean forms.

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Kevin L. Ard, Brian T. Chan, Danny A. Milner, Jr., Paul E. Farmer, and Serena P. Koenig

Affiliations: Brigham and Women’s Hospital, Boston, Massachusetts, USA (K.L. Ard, B.T. Chan, D.A. Milner Jr, P.E. Farmer, S.P. Koenig); and Massachusetts General Hospital, Boston (K.L. Ard, B.T. Chan)

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References


Microsporidial Keratoconjunctivitis Outbreak among Athletes from Hong Kong Who Visited Singapore, 2012

To the Editor: An international outbreak of microsporidial keratoconjunctivitis related to soil contact in a Singapore sport venue during April was reported to Hong Kong Department of Health, People’s Republic of China, in May 2012. Microsporidia are obligate intracellular, unicellular, eukaryotic, parasitic protists related to fungi (1). Fourteen species of microsporidia have been detected in humans (1). Several species of microsporidia, such as *Vittaforma corneae*, can cause keratoconjunctivitis (1). An increasing incidence of microsporidial keratitis in Singapore that is strongly correlated with exposure to soil was reported during 2004–2007 (2). In a case series of 22 patients during 2006–2008 in Singapore, soil or mud were reported as predominant ocular contaminants that were contacted by athletes during sporting activities, such as playing rugby in muddy fields (3).

The outbreak reported in May 2012 affected 34 (41%) of 82 rugby players from Hong Kong who had participated in a rugby tournament in Singapore during April 21–22, 2012. In addition to the affected athletes from Hong Kong, there were 89, 15, 13, and 9 affected players, respectively, from Singapore, Malaysia, Australia, and United Arab Emirates (4). We conducted a retrospective cohort study among players from Hong Kong to identify potential risk and preventive factors for microsporidial keratoconjunctivitis.

The rugby tournament involved ≈1,600 boys and girls from 16 rugby clubs in Singapore, Hong Kong, Malaysia, Australia, and the United Arab Emirates. We invited 82 boys (8–16 years of age) from 2 Hong Kong rugby clubs that participated in the tournament to participate in telephone interviews during May 18–25, 2012. Using a standardized questionnaire, we collected information describing demographics and potential risk and preventive factors. We defined a case-patient as any player who had eye redness and 1 of the following ocular signs or symptoms since April 21: pain, discharge, swelling, or itchiness.

We interviewed 73 (89%) of the 82 players: 34 (47%) met the case definition. The median age of case-patients was 13 years (range 9–16 years); these figures were not different from those of the cohort (median age 13 years, range 8–16 years).

Onset of the reported 34 cases ranged from April 26 through May 22, peaking on May 7 (Figure). The distribution of onset of cases over time indicates a point-source outbreak and reflects a wide range of incubation periods. Symptom onset occurred a median of 15 days (range 5–31 days) after opening day of the tournament.

Except for 2 players who had histories of asthma, all players reported good past health. Ocular signs and symptoms of the 34 case-patients were redness (100%), pain (53%), itchiness (53%), discharge (47%), and swelling (41%). Corneal scraping samples from 3 players were positive for *V. corneae* by PCR.

Heavy rainfall on playing fields was reported on April 21, when all the players from Hong Kong participated in the games and were exposed to soil and muddy water. Some players washed their eyes after exposure to the dirt in the field. We identified the following as preventive factors for keratoconjunctivitis: individual eye washing by bottled or tap water (relative risk [RR] 0.38, 95% CI 0.23–0.62), bottled water (RR 0.44, 95% CI 0.25–0.76) and tap water (RR 0.50, 95% CI 0.27–0.92). Group eye washing with water from a hose held by a trainer was not preventive. It is possible that individual eye washing by the players was more thorough.

The 47% attack rate among the players from Hong Kong is higher than the overall 10% (160/1,600) attack rate for tournament participants. Rugby players from Hong Kong might have been less aware of the risk of contracting microsporidial keratoconjunctivitis through soil or muddy water exposure than were players from other locations.