Cellular and Cytokine Responses to Salmonella enterica Serotype Typhi Proteins in Patients with Typhoid Fever in Bangladesh

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Abstract. We assessed interferon-gamma (IFN-γ) responses via enzyme-linked immunosorbent spot (ELISPOT) to a number of S. Typhi antigens in samples from humans with S. Typhi bacteremia and typhoid fever in Bangladesh. Compared with responses in healthy endemic zone controls, there were significantly increased IFN-γ responses at the time of clinical presentation (acute phase) and at convalescence 14–28 days later. The majority (80–90%) of IFN-γ expressing T cells were CD4+. We observed a significant increase in interleukin-17 (IL-17) positive CD4 + T cells at convalescent versus acute stage of infection using an intracellular cytokine staining assay. We also found that stimulated peripheral blood mononuclear cells (PBMCs) produced significantly increased levels of a number of cytokines at the convalescent versus acute phase of infection, including IFN-γ, MIP-1β, sCD40L, TNF-β, IL-13, and IL-9. These results suggest that S. Typhi antigens induce a predominantly Th1 response, but that elevations in other cytokines may be modulatory.

INTRODUCTION

Typhoid fever is a systemic illness caused by infection with Salmonella enterica serotype Typhi, a Gram-negative intracellular bacterium. Worldwide, typhoid fever affects an estimated 21 million people each year, causing over 200,000 deaths, with the highest incidence in South Central and Southeast Asia.1 Salmonella enterica serotype Typhi is a human-restricted pathogen, a reality that has complicated advancing our understanding of host-pathogen interactions. Specifically, data on human immune responses during wild-type typhoid fever in humans are sparse, especially data on cellular responses that may be critical in controlling and clearing S. Typhi infection.

Volunteer challenge studies of wild-type S. Typhi infection performed in the 1960s and 1970s suggested a key role for cellular immune responses; however, these studies were performed before the availability of modern immunologic techniques.2 Our current understanding of cellular responses during S. Typhi infection are extrapolated from murine models of S. Typhimurium infection (that cause a systemic typhoidal-like illness in mice), and from human studies with attenuated S. Typhi live vaccine strains.3 From murine studies with S. Typhimurium, it has been shown that interferon-gamma (IFN-γ) produced by Th1 cells plays an important role in bacterial killing, and depletion of Th1-associated cytokines (i.e., IFN-γ, interleukin-12 [IL-12], or tumor necrosis factor α [TNF-α]) reduces the protective immune response conferred by attenuated live Salmonella vaccines.4 In healthy North American volunteers, oral ingestion of live attenuated S. Typhi strains has been shown to elicit CD4 and CD8 T cell responses, with induction of Th1 cytokine responses including IFN-γ and TNF-α to S. Typhi antigens.56

We have previously shown in patients with wild-type typhoid fever in Bangladesh that lymphocytes stimulated with S. Typhi antigens produce strong IFN-γ CD4 responses.7 Here, we report a further assessment of the cellular and cytokine responses in patients with typhoid fever after stimulation with a number of S. Typhi antigens, including those identified by a high-throughput screen to identify proteins that generate an immune response.8

MATERIALS AND METHODS

Study participants. We enrolled individuals (2–17 years of age) who presented to either the Kamalapur field station or Dhaka hospital of the International Centre for Diarrheal Disease Research, Bangladesh (icddr,b) in Dhaka. The Kamalapur field site is a clinic located in an urban community mostly consisting of urban slums. We collected venous blood from patients presenting with 3–5 days of fever for whom there was clinical suspicion of enteric fever by study clinic staff. Clinical features of study participants are listed in Table 1; we collected venous blood in tryptic soy broth (TSB) blood culture bottles and incubated these in a BacT/Alert automated system (bioMerieux, New Delhi, India). Positive cultures were confirmed by S. Typhi antisera agglutination and standard biochemical methods.9 We confirmed S. Typhi bacteremia in 10 patients, and obtained additional samples from those patients at acute (2–3 days later) and convalescent (14–28 days later) stages of illness. Patients were treated at the discretion of the attending physician, usually receiving oral cefixime or parenteral ceftriaxone. All patients recovered. We also obtained blood samples from 10 healthy Bangladeshi volunteers as endemic zone healthy controls. This study was approved by the Ethical Research Committee of the icddr,b and the Institutional Review Board of the Massachusetts General Hospital. Informed consent was obtained from all adult participants and from parents or legal guardians of minors.
Clinical features of study participants with bacteremia-confirmed typhoid fever in this study

<table>
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<tr>
<td>Sample size (N)</td>
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<tr>
<td>Median age in years (25th and 75th percentile)</td>
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<td>Gender (male)</td>
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<td>Median maximum temp (°C)</td>
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<td>Duration of fever in days (median)</td>
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for 45 min. We then washed and fixed the cells in cell fix buffer (BD Bioscience), and kept cells at 4°C until flow cytometry was performed. We focused our analysis on these 4 pro-inflammatory regulatory cytokines as surrogate markers of Th1 (IFN-γ), Th2 (IL-13), Treg (IL-10), and Th17 (IL-17) responses. We performed flow cytometry with a FACS Aria III (BD Bioscience). We identified the lymphocyte population on forward versus side scatter plot, and then we gated for CD3+ sub-populations. We used FlowJo software for flow cytometry data analysis (Treestar, Ashland, OR). We subtracted unstimulated responses from the antigen-specific responses and performed statistical comparison using the Student’s t-test.

Cytokine assay by Luminex. We cultured PBMCs from three bacteremic patients with MP antigen and collected culture supernatant after 48 hours of incubation at 37°C in 5% CO2. We measured concentrations of cytokines using a Luminex human cytokine/chemokine assay kit (Millipore) according to manufacturer’s instructions; briefly, we filtered culture supernatant through a nitrocellulose membrane to remove debris. We prepared standards in Assay Buffer in 10-fold dilutions, and added 25 μL of each standard to a final volume with media of 50 μL. In sample wells, we added 25 μL of assay buffer and 25 μL of culture supernatant to make a final volume of 50 μL. We incubated the plates at room temperature for 1 hour with shaking, and gently removed fluid by vacuum and washed the wells twice with wash buffer. We then added 25 μL of detection antibody to each well, covered the plate with aluminum foil, and incubated it for 1 hour at room temperature. After incubation, we added 25 μL streptavidin-phycoerythrin to each well, and incubated the plates for another 30 minutes with shaking. After washing, we added 150 μL of FACS fluid (BD Bioscience) to each well and analyzed results in Luminex 100 IS (Bio-Rad, Hercules, CA). We subtracted unstimulated cytokine values (pg/mL) from the stimulated value to calculate net stimulation, log transformed the data, and compared means using a paired t-test. We calculated relative change by dividing mean net stimulation at convalescent stage by mean net stimulation at acute stage.

RESULTS

IFN-γ responses by ELISPOT. Using the ELISPOT method, we found significantly increased IFN-γ responses at both acute and convalescent stages of infection upon stimulation with all S. Typhi proteins except STY0909, compared with endemic-zone healthy controls (Figure 1). We did note a significant increase in IFN-γ response in convalescent compared with acute samples for STY1522 (a putative secreted hydrolase, \( P = 0.03 \)); and a trend was seen for Phage shock protein E (STY 1375, \( P = 0.06 \)) and a putative fimbrial subunit, StcA (STY2381, \( P = 0.08 \)). Minimal responses were detected to our negative control (KLH), and responses to the positive control (PHA) did not differ significantly between patients or healthy controls.

CD4 and CD8 responses. Using intracellular staining and flow cytometry, we found that the majority (60–80%) of cells producing IFN-γ in response to all antigens tested at both the acute stage and convalescence were CD4+ T cells, with a smaller number (10–20%) of CD8+ cells (Figure 2). The IL-17 responses in CD4+ cells to S. Typhi antigens MP and STY3089 were also detectable at convalescence, but not during the acute stage of illness (Figure 3). We did not see any intracellular expression of IL-10 or IL-13 in CD4+ or CD8+ cells.

Figure 1. Interferon-gamma (IFN-γ) enzyme-linked immunosorbent spot (ELISPOT) responses to S. Typhi antigens in peripheral blood mononuclear cells (PBMCs) from patients with typhoid fever at acute and convalescent phases of illness. KLH = keyhole limpet hemocyanin; PHA = phytohaemagglutinin; HC = healthy controls; MP = membrane preparation. * indicates statistically significant increase (\( P < 0.05 \)) at acute and convalescent phase of illness in typhoid fever patients compared with healthy controls. \( \Phi \) indicates statistically significant increase (\( P < 0.05 \)) at acute compared with convalescent phase of illness in typhoid fever patients.
Cytokine responses in culture supernatants. To further characterize the cytokine responses during the acute versus convalescent stages of infection, we used the human cytokine/chemokine premixed multiplex assay (Millipore) to measure the concentration of 39 cytokines in culture supernatants of PBMCs stimulated with S. Typhi MP antigen for 48 hours (Supplemental Table 1). We found significant increases for the following cytokines expressed from stimulated PBMCs in convalescent versus acute stages of illness: IFN-γ, MIP-1β, IL-13, sCD40L, Fractalkin, IL-9, TNF-β, Eotaxin, and IL-15 (Table 3).

**DISCUSSION**

Protective immune responses to S. Typhi infection are complex and involve both humoral and cellular immune responses. Antibodies play a role in host defense against extracellular Salmonella, and bactericidal activity of serum increases with age in typhoid-endemic areas. However, because S. Typhi can persist intracellularly, cell-mediated immunity is critical to clearance of infection. Animal studies of S. Typhimurium suggest that IFN-γ CD4 and CD8 responses are important mediators in eliminating infection, and oral attenuated Salmonella vaccines (e.g., Ty21a and CVD 908) that are protective have been shown to stimulate strong cellular immune responses, including proliferative responses and secretion of Th1-type cytokines (e.g., IFN-γ and TNF-α) after stimulation with specific S. Typhi antigens. However, there are few data on cell-mediated immune responses in humans during wild-type S. Typhi infection, especially to purified antigens. We have previously shown that IFN-γ responses against S. Typhi antigens are elevated in both acute and convalescent stages of human infection compared with healthy controls, and in this report we confirm such findings using additional antigens previously identified by humoral immunoproteomic screening. We also show a CD4+ IL-17 response to infection, and the production of several other cytokines. The increased IFN-γ response seen in this analysis is consistent with other human studies. A transcriptional analysis of the peripheral blood of patients with acute typhoid fever also showed increased expression of genes associated with a response to IFN-γ compared with healthy controls. Using an ELISPOT assay, we found that the majority of the target antigens, including FliC and fimbria-associated proteins, induced a significant increase in IFN-γ responses in both acute and convalescent phases of infection compared with healthy controls. FliC is a bacterial flagellin known to induce an innate response through its activity on TLR5 or NLRC4, and its use as a diagnostic marker of acute typhoid fever has been
suggested. When administered as a vaccine antigen in mice, FliC enhanced subsequent induction of IFN-γ CD4 responses and bacterial clearance in mice subsequently infected with S. Typhimurium. A number of fimbrial subunits and fimbria-associated proteins also induced an IFN-γ response, including StaB, SteEF, StcA, and FimF. The staB, steEF, and stcA are part of putative chaperone-usher-dependent fimbrial operons: staA-G is encoded within Salmonella pathogenicity island (SPI) 6 of S. Typhi and is rarely found in other Salmonella spp.; steA-G is found in a number of Salmonella serotypes, but is not found in S. Typhimurium; stcABCD is found in both S. Typhi and S. Typhimurium and is thought to contribute to long-term intestinal carriage in a murine model. The fimF encodes the adpator component of a mannose-sensitive type I fimbria encoded by the fim gene cluster, which is well conserved among Salmonella serotypes and mediates attachment to epithelial cells. Mutations in the fimF gene of S. Typhimurium result in a nonfimbriate phenotype.

The IFN-γ responses were also seen to a putative hydrolyase encoded by STY1522, phage shock protein E (pspE), and ABC transporter, LsrA. The lsrA (STY3796) is the first gene of the lsr (luxS regulated) operon, which encodes an ABC transporter for the quorum sensing molecule, autoinducer-2. It has been suggested that quorum sensing may play a role in the ability of S. Typhimurium to invade epithelial cells through regulation of SPI-1 and flagellar genes.

In S. Typhi-infected humans, our group has previously shown that the majority of lymphocytes involved in IFN-γ responses to S. Typhi proteins, including MP, PagC, and StaF, are CD4+ cells. In this study, we extended these observations to SteE, a fimbrial subunit protein, and CsgD, a major transcriptional regulator of biofilm formation in the S. Typhimurium model; we also show that ~80% of IFN-γ secretion originates from CD4 cells. As the most prominent IFN-γ responses were observed with MP stimulation, we proceeded to use MP to stimulate cells for subsequent analysis of cytokine responses.

Lymphocytes of S. Typhi-infected patients in convalescence stimulated with MP for 48 hours generated significantly higher IFN-γ, MIP-1β, TNF-β, IL-13, and IL-9 responses than lymphocytes of the same patients in the acute phase of infection. Some of the highest fold changes were seen predominantly in IFN-γ, MIP-1β, and sCD40L, suggesting that in patients with typhoid fever, antigen-specific responses are predominantly Th1 associated. Whether these fold changes reflect an increase in cytokine expression per activated cell, or an increase in a population of cells is uncertain because the assay was based on total PBMCs. A high fold change was also seen with macrophage inflammatory protein 1-β (MIP-1β), a protein associated with recruitment of T cells and macrophages. In an in vitro and in vivo model of Listeria monocytogenes, MIP-1β (along with MIP-1α, RANTES, and ATAC, the latter not measured in our analysis) are co-secreted with IFN-γ and acts synergistically to drive a Th1 response. Furthermore, sCD40L stimulation has been shown to play a role in regulating Th1 responses through increased T cell stimulation and production of IFN-γ. In addition to elevations seen in Th1-associated cytokines, elevations of the Th2-associated cytokines, IL-13 and IL-9, were also present suggesting that these cytokines may act as modulators of the Th1 response. Interestingly, a number of cytokines associated with neutrophil activity were elevated above the level of detection in our assay (Supplementary Table 1), including GRO and IL-8, at both the acute and convalescent phases of illness. This observation may support previous results that found that the early host transcriptional response to S. Typhi infection was dominated by a neutrophil response; one limitation of this analysis is that as a result of sample volume limitations, we were unable to evaluate changes in cytokine response serially over multiple incubation times. Our findings, however, add to data from previous studies of typhoid patients, which showed expression of genes associated with IFN-γ and Th1-type responses.

Using intracellular staining by flow cytometry, we also showed that lymphocytes from convalescing typhoid patients stimulated for 6 hours with MP contained more CD4+ cells expressing IL-17 compared with patients in the acute stage of typhoid fever. In an experimental simian immunodeficiency virus (SIV) infection model, an impairment of the IL-17 axis results in dissemination of S. Typhimurium. Our findings also suggest that IL-17 may play a role during systemic Salmonella infection in humans, and add to prior findings in mice where the IL-17 response of ileal T lymphocytes was shown to also play an important role in the early stages of protection against S. Typhimurium. The absence of changes in intracellular expression of other cytokines after 6 hours of stimulation, in contrast with their elevations as soluble forms at 48 hours, may reflect cascade induction. These observations are limited by the fact that, because of sample volume limitations, we were unable to evaluate intracellular cytokines serially at multiple incubation times.

Our study has a number of limitations, including the absence of febrile control patients with documented illness other than S. Typhi, and our inability to perform all analyses with each antigen in each patient because of a limited quantity of blood and antigens. Our study is also one of characterization, and because of its use of freshly harvested human blood does not include a mechanistic analysis. However, despite these limitations, our report represents one of the first descriptions of cellular and cytokine responses in humans after stimulation may reflect IL-17 expression as an early cytokine, and that other cytokines such as IFN-γ may be induced later. The absence of changes in intracellular expression of other cytokines after 6 hours of stimulation, in contrast with their elevations as soluble forms at 48 hours, may reflect cascade induction. These observations are limited by the fact that, because of sample volume limitations, we were unable to evaluate intracellular cytokines serially at multiple incubation times.

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