Cysteinyl Leukotrienes and Their Receptors; Emerging Concepts

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INTRODUCTION

Leukotrienes are lipid mediators generated from arachidonic acid through the 5-lipoxygenase (5-LO) pathway. They are named for their cells of origin (leukocytes) and the presence of three positionally conserved double bonds (triens). The 2 classes of leukotrienes, cysteinyl leukotrienes (cys-LTs) and leukotriene B4 (LTB4), have broad array of bioactivities and cellular targets. Both 5-LO inhibitors and cys-LT receptor antagonists are useful for the treatment of asthma and rhinitis.1,2 Recently studies using molecular approaches have demonstrated that cys-LTs possess multiple cell targets and immunologic functions, and act through a receptor system far more complex than previously anticipated. This review highlights these recent studies and will consider their potential pathobiologic and therapeutic implications.

Key Words: Leukotrienes; 5-lipoxygenase; asthma; AERD

Regulation of leukotriene synthesis

Leukotriene synthesis is initiated during the activation of leukocytes, when arachidonic acid is liberated from the membrane phospholipids by a cytosolic phospholipase A2.3 5-LO activating protein presents arachidonic acid to 5-LO, which catalyzes the formation of 5-hydroperoxyeicosatetraenoic acid and then the unstable epoxide LTA4. In mast cells, macrophages, eosinophils, and basophils, LTA4, synthase (LTCS) conjugates LTA4 to reduced glutathione, forming LTC4, the parent of the cys-LTs.5 Once formed, LTC4 is transported to extracellular space via the ATP-binding cassette (ABC) transporters-1 and-4 and then metabolized to LTD4 and LTE4 by γ-glutamyl transpeptidases and dipeptidases, respectively. The rapid extracellular metabolism of LTC4 and LTD4 results in short biologic half-lives relative to the stable mediator LTE4, which is abundant and readily detected in biologic fluids. In neutrophils, LTA4 is hydrolyzed by a cytosolic LTA4 hydrolase enzyme to form LTB4, a dihydroxy leukotriene that is a potent chemoattractant for neutrophils and monocytes.6

5-LO activity is substantially upregulated when granulocytes are exposed ex vivo to hematopoietic cytokines such as GM-CSF or (in the case of eosinophils) IL-5.8,9 In cord blood-derived human mast cells, IL-3 and IL-5 enhance the function of 5-LO by inducing its import from the cytosol to the nucleoplasm, whereas IL-4 potently induces expression and function of LTCS.10 LTCS enzymatic function can be inhibited by protein kinase C (PKC)-dependent phosphorylation, which can limit the generation of cys-LTs ex vivo.11 5-LO activity is suppressed by stimuli that induce cyclic adenosine monophosphate (cAMP) accumulation, leading to serine phosphorylation of 5-LO by cAMP-dependent protein kinase A (PKA).12 These in vitro studies suggest that LT production is tightly regulated by...
the microenvironment and intracellular phosphorylation events, with mechanisms that can respectively enhance and limit the expression and function of the critical metabolic enzymes dependent on context.

**Cysteinyl leukotriene receptors**

Early pharmacologic profiling studies predicted the existence of at least 2 cys-LT receptors in mammalian tissues. The molecular characterization of the classical G protein-coupled receptors (GPCRs) partially reconciled this pharmacology. The type 1 cys-LT receptor, CysLT1R, is a high-affinity receptor for LTD4, and the target of antagonists (Montelukast, Zafirlukast, and Pranlukast) that are used for the management of asthma. The cloned human CysLT1R gene encodes a GPCR of 339 amino acids. Human CysLT1R mRNA is expressed in bronchial smooth muscle and substantially in myeloid cells, such as macrophages and mast cells. The human CysLT1R is 38% identical to CysLT4R in amino acid sequence. CysLT1R binds LTC4 and LTD4 with equal affinity, and binds LTD4 with affinity one-log less than CysLT1R. CysLT4R is resistant to Montelukast, and is expressed both on cells that also express CysLT1R (e.g., myeloid cells, smooth muscle), as well as endothelial cells, cardiac Purkinje cells, adrenal medulla, and brain. The incompletely overlapping distribution of the 2 classical receptors for cys-LTs suggests that they have both complementary and distinct functions.

In contrast to their affinities for LTC4 and LTD4, the cloned CysLT2R and CysLT4R receptors display trivial binding affinity for the stable metabolite LTE4. Nonetheless, studies of human tracheal explants and guinea pig tracheal rings had predicted the existence of a third cys-LT receptor with a preference for LTE4. LTE4 also was equipotent to its precursors for inducing wheal and flare responses when injected intradermally into humans. Recently GPR99, previously reported as an oxyglutarate receptor, was identified as a potential LTE4 receptor. LTE4 binds and activates GPR99 at low nM range concentrations in transfected cells, and resists blockade by MK571, a prototype CysLT1R antagonist. The ability of LTE4 to induce cutaneous vascular permeability in mice depends largely on the presence of GPR99. GPR99 mRNA is expressed strongly by kidney and smooth muscle. Precise definition of its cellular distribution awaits the development of suitable antibody reagents, and its role in allergic inflammation is to be determined.

**Regulation of cysteinyl leukotriene receptor function**

As is the case for the cys-LT synthesis, cellular responsiveness to cys-LTs can be modulated both by exogenous stimuli and intracellular phosphorylation events. IL-4 and IL-13 upregulate the expression and function of CysLT1R by human peripheral blood monocytes and monocyte-derived macrophages, but not IL-4, upregulates CysLT1R expression as well in human monocytes. IL-13 and transforming growth factor beta induce CysLT1R expression by human bronchial smooth muscle cells. CysLT1R can be inducibly expressed by mouse T cells stimulated through the T cell receptor. CysLT1R signaling is also controlled by PKA or PKC-dependent phosphorylation and desensitization. PKC mediates ligand-induced internalization of CysLT1R following stimulation with LTD4. PKC activation by members of the purinergic (P2Y) family of GPCRs, which are homologous to the cys-LT receptors, can induce heterologous, PKC-dependent phosphorylation and desensitization of CysLT1R without causing its internalization. Since nucleotides, the natural ligands for P2Y receptors, are released in large quantities during acute inflammatory responses, signaling through the cognate P2Y receptors may limit potentially deleterious effects of CysLT1R signaling in cells that express both classes of receptors (Figure). Moreover, the overlap in the cytokines (IL-4) and protein kinases (PKA, PKC) that respectively enhance and suppress the functions of the synthetic and receptor systems suggest that cys-LT production may be regulated in parallel with end-organ responsiveness.

CysLT1R functions can also be regulated by direct physical interactions with other GPCRs. CysLT1R and CysLT2R heterodimerize in cultured human mast cells. The presence of CysLT1R limits the levels of membrane expression of CysLT4R, and dampens the capacity of CysLT1R to induce phosphorylation of extracellular signal regulated kinase and proliferation in this cell type. GPR17, a GPCR homologous to CysLT1R and CysLT2R, was originally "deorphanized" as a dual-specific receptor for cys-LTs and uracil nucleotides. However, we and others could not reproduce GPR17 activation by either ligand type in various assay systems. Instead, GPR17 functions as a negative regulator of LTD4-mediated CysLT1R activation, and markedly reduces binding of LTD4 when the two receptors are co-expressed in cell lines. Accordingly, mice lacking GPR17 (Gpr17 mice) showed markedly enhanced CysLT1R-dependent tis-

![Figure](http://e-aair.org)
Cys-LTs in human allergic disease

Asthma and rhinitis

Based on their potencies as airway smooth muscle spasmo-
gens and inducers of vascular leak, cys-LTs were considered
potential pathogenetic mediators of asthma and rhinitis de-
cades before the cloning of the cys-LT receptors. When admin-
istered by inhalation to asthmatic and nonasthmatic human
subjects, both LTC₄ and LTD₄ induced bronchoconstriction at
doses several log-fold lower than histamine. The LTD₄ was a
weaker bronchoconstrictor than LTC₄ and LTD₄, but was ~1-log-
fold more potent in inducing bronchoconstriction in asthmatic
subjects relative to nonasthmatic controls. Additionally, when
delivered by inhalation, LTE₄ caused the accumulation of eo-
sinophils and basophils in the bronchial submucosa of mild
asthmatic subjects, whereas LTD₄ did not. In retrospect, these
findings not only implied that end-organ reactivity to LTE₄ is
specifically enhanced in asthma, but also suggested the exis-
tence of distinct receptors with a preference for binding and ac-
tivation by LTE₄.

Cys-LT production increases substantially in association with
allergic inflammation and asthma, likely reflecting the activa-
tion of mast cells and eosinophils in the lesional tissues. Un-
fractionated leukocytes from subjects with asthma generate
several fold higher levels of both LTD₄ and LTC₄ than do leuko-
cytes from the blood of nonasthmatic controls in response to
stimulation with calcium ionophore. Urinary levels of LTE₄ in-
crease during spontaneous asthma exacerbations, and corre-
late with decline in FEV₁. Treatments with either zileuton, a
5-LO inhibitor, or with antagonists of CysLT₁R each reduce the
frequency of asthma exacerbations. Intravenous Monteluk-
ast increases peak expiratory flow rates in adult asthmatic sub-
jects presenting to the emergency department with airflow ob-
struction compared with placebo. These findings suggest that
cys-LTs contribute substantially to exacerbations of asthma.
CysLT₁R antagonists also attenuate the magnitude of decline in
FEV₁ in response to allergen challenge. Cys-LT-generation en-
zymes are expressed by eosinophils, monocytes, and mast cells
in nasal biopsies from subjects with allergic rhinitis, and CysLT-
₁R and CysLT₂R localize to both hematopoietic and non-he-
matopoietic cell types in the nasal tissue. Additionally, CysLT-
₁R is expressed by human Th2 cells in peripheral blood from
atopic subjects. Montelukast, alone or in combination with an
H₁ histamine receptor antagonist, is superior to placebo for re-
ducing nasal congestion in the treatment of seasonal allergic
rhinitis. The effects of CysLT₁R antagonists on rhinitis may re-

clect the actions of the cys-LTs on the vasculature as well as resi-
dent inflammatory cells.

AERD

AERD is characterized by adult onset asthma, severe rhinosi-

nusitis with nasal polyps, and idiosyncratic respiratory reac-
tions to aspirin and other nonselective inhibitors of cyclooxy-
genase (COX). Baseline levels of urinary LTE₄ in subjects with
AERD exceed the levels seen in aspirin tolerant asthmatic con-
trasts by several fold, and increase further and markedly in re-
ponse to provocative challenge with aspirin. The administra-
tion of either Zileuton or CysLT₁R antagonists attenuates the se-
verity of aspirin-induced bronchoconstriction in AERD. Both
classes of drugs were also superior to placebo for improving si-
nonal nasal function. Thus, cys-LTs are involved in both the up-
per and lower respiratory tract pathology typical of AERD.

Eosinophils are the most abundant effector cell in bronchial
and nasal biopsies from patients with AERD, and show over-ex-
pression of LTC₄S protein relative to eosinophils in biopsies
from aspirin tolerant controls. Platelets, which lack 5-LO, also
express LTC₄S and can convert granulocyte-derived LTA₄ to
LTC₄ through a transcellular mechanism. In the blood and
nasal polyps from patients with AERD, eosinophils, monocytes,
and neutrophils display markedly increased numbers of adher-
ent platelets compared to samples from aspirin tolerant con-
trols. These adherent platelets contribute as much as 60% of
the LTC₄S activity associated with peripheral blood granulo-
cytes obtained from subjects with AERD, and the percentages
of blood granulocytes that are platelet-adherent correlated
strongly with the levels of urinary LTE₄. Mast cell activation ac-
companies the responses to aspirin challenge in AERD, and
the administration of mast cell stabilizing cromone drugs
blocks the rise in urinary LTE₄ that accompanies reactions.
Collectively, these studies suggest that the dysregulation of cys-
LT production in AERD reflects several cell types. Recently de-
veloped models of AERD in mice (see below) may more pre-
cisely define the cellular and molecular mechanisms respon-
sible for dysregulated cys-LT production in AERD.

In addition to dysregulated cys-LT generation, subjects with
AERD show enhanced end-organ reactivity to cys-LTs. Com-
pared with aspirin tolerant asthmatic controls, individuals with
AERD demonstrate bronchoconstriction in response to inhaled
LTE₄ and LTD₄ at significantly lower doses. The numbers and
percentages of CysLT₁R-positive mast cells, eosinophils, and
monocytes in nasal biopsies from patients with AERD exceed
those observed in the tissues of aspirin-tolerant asthmatic con-
trasts. CysLT₁R expression on hematopoietic cells decreases
following desensitization to aspirin, a procedure that attenu-
ates bronchial reactivity to LTE₄. The numbers and distribu-
tions of CysLT₁R-positive cells do not differ between aspirin tol-
erant asthmatics and subjects with AERD. Interestingly, bron-
chial reactivity to inhaled LTD₄ in AERD or aspirin tolerant

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asthma does not correlate with the numbers of CysLT1R- or CysLT2R-expressing cells in bronchial biopsies. It is tempting to speculate that non-classical receptors, such as GPR99, may account for a component of the end organ responsiveness to cys-LTs (particularly to LTE4) observed in AERD.

Understanding functions of the cys-LTs and their receptors in mice

The development of mice lacking LTC4S (Ltc4s−/−), CysLT1R (Cysltr1−/−), CysLT2R (Cysltr2−/−), and both receptors (Cysltr1/Cysltr2−/−) has permitted in-depth studies of the role of cys-LTs in immune and inflammatory responses. These studies have revealed complex and, in some instances, unanticipated functions for cys-LTs and their receptors in a variety of biologic responses detailed below.

Vascular leak

In a mast cell and IgE-dependent model of passive cutaneous anaphylaxis, Ltc4s−/− mice displayed reductions in ear skin swelling of ~50% compared to wild-type (WT) mice. Intrapерitoneal injections of zymosan, a yeast cell wall glycan that elicits LTC4 generation from macrophages, induced vascular leak that was reduced in both the Ltc4s−/− and Cysltr1−/− strains by ~50% compared with WT controls. The responses of Cysltr2−/− mice were equivalent to those of WT controls. Thus, CysLT1R plays a key role in mediating vascular leak in models where cys-LTs are generated in response to antigen- or pathogen-dependent stimuli.

To determine whether additional cys-LT receptors participated in vascular leak, we subjected Cysltr1/Cysltr2−/− mice to direct intracutaneous challenges with cys-LTs. Surprisingly, LTC4 and LTD4 induced tissue edema in Cysltr1/Cysltr2−/− mice that was comparable to WT mice, and LTE4 induced marked tissue edema in this strain, with 64-fold enhanced sensitivity to LTE4 compared with WT controls. This enhanced response to LTE4 was inhibited by pretreatment of the mice with pertussis toxin and a Rho kinase inhibitor, suggesting that it was mediated by a previously unrecognized G protein-coupled cys-LT receptor with a preference for LTE4. Given that GPR99 bound LTE4 in transfected cells, we generated Gpr99−/− and Gpr99/Cysltr1/Cysltr2−/− mice for comparison with WT and Cysltr1/Cysltr2−/− mice. GPR99 deletion from the Cysltr1/Cysltr2−/− mice eliminated the vascular leak in response to the cys-LT ligands, indicating that GPR99 is likely to be a true cys-LT receptor. Furthermore, the Gpr99−/− mice showed a dose-dependent loss of LTE4-mediated vascular permeability, but not to LTC4 or LTD4, suggesting a preference of GPR99 for LTE4.

Th2 Immunity

Lung Th2 immunity to the house dust mite Dermatophagoides farinae (Df) requires stimulation of the myeloid C-type lectin receptor, Dectin-2. Based on a protocol of sensitization of naive WT mice by means of adoptive transfer of Df-pulsed dendritic cells (DCs), Th2 responses to Df require the expressions of LTC4S and CysLT1R by DCs. Interestingly, both Cysltr2−/− mice and Gpr17−/− mice showed markedly augmented eosinophilic pulmonary inflammation, serum IgE, and Th2 cytokine generation in response to Df sensitization and challenge compared to WT controls. DF-pulsed DCs derived from Cysltr2−/− mice and Gpr17−/− mice induce an enhanced pulmonary eosinophilic and Th2 immune response in WT mice when compared with WT DCs. The enhanced response induced by Gpr17−/− DCs was eliminated by introduction of the Cysltr1−/− allele, whereas the introduction of the Ltc4s−/− allele eliminated the potentiation of Th2 immunity induced by transfer of Cysltr2−/− DCs. Thus, constitutive downregulation of CysLT1R function by GPR17 and CysLT1R may be critical to maintain homeostasis during the induction of Th2 immunity, at least to allergens (and potentially microbes) that bear ligands for Dectin-2.

Activation of innate lymphoid cells

Type 2 innate lymphoid cells (ILC2) are innate lymphocytes that release large quantities of IL-5 and IL-13 when activated by cytokines, such as IL-33, IL-25, or thymic stromal lymphopoietin (TSLP), derived from epithelial cells. A recent study implicated the cys-LTs in the activation of ILC2 cells. Intrapulmonary challenge of mice with an extract from the mold Alternaria alternata strongly induced the generation of cys-LTs in the lung, and the recruitment and activation of ILC2. ILC2 expressed CysLT1R, and responded to stimulation in vitro and in vivo with LTD4, by proliferating and releasing cytokines. Interestingly, while both LTD4 and IL-33 caused lung ILC2 to generate IL-5 and IL-13, only LTD4 caused them to generate IL-4. Ex vivo stimulation of lung ILC2 with either LTD4 or LTE4 caused the production of IL-5. While the IL-5 production in response to LTD4 could be blocked by Montelukast, LTE4-induced IL-5 production was resistant to Montelukast. This study suggests that cys-LTs can contribute to Th2 immunity through direct actions at ILC2. These effects reflect cys-LT actions both classical and nonclassical receptors that can induce effector cytokine production.

Platelet-dependent pulmonary eosinophilia

Platelets are essential for the development of pulmonary eosinophilia and airway remodeling in mouse models of ovalbumin (OVA) sensitization and challenge. Activated platelets express P-selectin, which permits their adherence to leukocytes and primes leukocytes for directed migration via integrins. Mouse and human platelets express both CysLT1R and CysLT2R, as well as the P2Y12 receptor, a homologue of the cys-LT receptors that binds ADP. Stimulation of mouse platelets with LTC4 strongly induces their expression of P-selectin in an entirely CysLT2R-dependent manner, while LTD4 or LTE4 are inactive. Intratracheal administration of LTC4, but not LTD4, mark-
intratracheal administration of LTE4, 75,76 and LTE4, 2
Mice lacking mPGES-1 (Ptges−/−) and/or mPGES-1 expression. 81 Mice lacking mPGES-1 (Ptges−/−) cannot upregulate PGE2 production with inflammation, and display a remarkably AERD-like phenotype when subjected to a model of Dfi-induced pulmonary disease. Compared with WT controls, Ptges−/− mice show increased eosinophilic inflammation and levels of cys-LTs in the BAL fluid. Challenge with inhaled lysine aspirin causes marked increases in airway resistance, robust release of cys-LTs, and pulmonary mast cell activation in the Ptges−/− strain, but not in WT controls. 84 Aspirin challenge profoundly depletes lung PGE2 in the Ptges−/− mice, but not in the WT controls, suggesting that the mPGES-1 is needed to maintain PGE2 levels when COX-1 is inhibited. Ptges−/− mice also show increased numbers of platelet-adherent granulocytes in both the peripheral blood and lungs compared with WT controls. Importantly, cys-LT production, mast cell activation, and the changes in airway resistance were blocked by depletion of platelets or blockade of the TP receptor for thromboxane A2. This model may be useful in defining the potential pathogenetic role of GPR99, CysLT1R, and P2Y12 receptors in AERD, as well as unraveling the complex interplay between cys-LTs, platelets, and mast cells that lead to the physiologic response to aspirin challenges.

CONCLUSIONS

While the drugs capable of inhibiting cys-LT formation and blocking CysLT1-R are useful, it is clear that the cys-LT system is far more complex than initially appreciated. The involvement of the cys-LTs in the induction of Th2 immunity and the effector phase of the immune response suggests additional potential applications for currently available pharmacologic agents. However, the recognition that cys-LTs act through at least three receptors and the resistance of 2 of these (CysLT1R and GPR99) to the blockade by currently available drugs presents both challenges and opportunities for further therapeutic development. The availability of a broad array of valid animal models should facilitate progress in this area, while continuing to reveal unanticipated biological functions for the cys-LTs and their receptors.

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