Selective ROCK2 inhibition in focal cerebral ischemia

The Harvard community has made this article openly available. Please share how this access benefits you. Your story matters.
Selective ROCK2 inhibition in focal cerebral ischemia

Jeong Hyun Lee¹, Yi Zheng¹, Daniel von Bornstadt¹, Ying Wei¹, Aygul Balcioglu¹, Ali Daneshmand¹, Nilufer Yalcin¹, Esther Yu¹, Fanny Herisson¹, Yahya B. Atalay¹, Maya H. Kim¹, Yong-Joo Ahn¹, Mustafa Balkaya¹, Paul Sweetnam², Olivier Schueller², Masha V. Poyurovsky³, Hyung-Hwan Kim¹, Eng H. Lo⁴, Karen L. Furie⁵ & Cenk Ayata¹,⁶

¹Neurovascular Research Laboratory, Department of Radiology, Massachusetts General Hospital, Harvard Medical School, Charlestown, Massachusetts, 02129
²Surface Logix Inc, Brighton, Massachusetts, 02135
³Kadmon Research Institute, New York, New York, 10016
⁴Neuroprotection Research Laboratory, Department of Radiology, Massachusetts General Hospital, Harvard Medical School, Charlestown, Massachusetts, 02129
⁵Department of Neurology, Rhode Island Hospital, Providence, Rhode Island, 02903
⁶Stroke Service and Neuroscience Intensive Care Unit, Department of Neurology, Massachusetts General Hospital, Harvard Medical School, Boston, Massachusetts, 02114

Correspondence
Cenk Ayata, Neurovascular Research Laboratory, Massachusetts General Hospital, 149 13th Street, Room 6403, Charlestown, MA 02129. Tel: (617) 726-8021; Fax: (617) 726-2547; E-mail: cayata@partners.org

Present address
Jeong Hyun Lee, Division of Drug Discovery Research, Korea Research Institute of Chemical Technology, 141 Gajeongro, Yuseonggu, Daejeon, 305-600, Korea

Received: 9 May 2013; Revised: 14 October 2013; Accepted: 18 October 2013

doi: 10.1002/acn3.19

Abstract
Objective: Rho-associated kinase (ROCK) is a key regulator of numerous processes in multiple cell types relevant in stroke pathophysiology. ROCK inhibitors have improved outcome in experimental models of acute ischemic or hemorrhagic stroke. However, the relevant ROCK isoform (ROCK1 or ROCK2) in acute stroke is not known. Methods: We characterized the pharmacodynamic and pharmacokinetic profile, and tested the efficacy and safety of a novel selective ROCK2 inhibitor KD025 (formerly SLx-2119) in focal cerebral ischemia models in mice. Results: KD025 dose-dependently reduced infarct volume after transient middle cerebral artery occlusion. The therapeutic window was at least 3 h from stroke onset, and the efficacy was sustained for at least 4 weeks. KD025 was at least as efficacious in aged, diabetic or female mice, as in normal adult males. Concurrent treatment with atorvastatin was safe, but not additive or synergistic. KD025 was also safe in a permanent ischemia model, albeit with diminished efficacy. As one mechanism of protection, KD025 improved cortical perfusion in a distal middle cerebral artery occlusion model, implicating enhanced collateral flow. Unlike isoform-nonselective ROCK inhibitors, KD025 did not cause significant hypotension, a dose-limiting side effect in acute ischemic stroke. Interpretation: Altogether, these data show that KD025 is efficacious and safe in acute focal cerebral ischemia in mice, implicating ROCK2 as the relevant isoform in acute ischemic stroke. Data suggest that selective ROCK2 inhibition has a favorable safety profile to facilitate clinical translation.

Introduction
Rho-associated protein kinase (ROCK) is an immediate downstream effector for Rho GTPases, and a key regulator of cytoskeletal dynamics, affecting numerous intracellular processes such as cell motility and contraction. Many of these cellular processes in vascular smooth muscle, endothelial cells, neurons, glia, leukocytes, and platelets, are relevant to the pathophysiology of stroke, making ROCK a unique pleiotropic target with multiple potentially synergistic mechanisms against ischemic injury.¹ ROCK has two isoforms that differ in their expression patterns in various tissues and cell types. Data suggest that ROCK2 is the predominant isoform expressed in neurons and vasculature.²–⁴ ROCK has been targeted in neurovascular diseases such as stroke for almost two decades. Small molecule ROCK inhibitors have improved outcome in experimental models of acute ischemic or hemorrhagic stroke. However, the relevant ROCK isoform (ROCK1 or ROCK2) in acute stroke is not known.

¹ROCK has two isoforms that differ in their expression patterns in various tissues and cell types. Data suggest that ROCK2 is the predominant isoform expressed in neurons and vasculature.²–⁴
inflammatory properties, and reduce blood viscosity. ROCK inhibition has also been shown to preserve blood–brain barrier, suppress apoptotic cell death in penumbra, induce a pro-survival phenotype in astrocytes, and to improve neuroplasticity and recovery after spinal cord injury. Presumably a reflection of these converging mechanisms, ROCK inhibitors have been uniformly efficacious in various animal models of focal or global cerebral ischemia, and reduced hemorrhage rate after thrombolysis. However, available inhibitors do not distinguish between the two isoforms, and can induce severe hypotension as a dose-limiting side effect that might compromise perfusion pressure and exacerbate ischemia in a subset of acute stroke patients.

Therefore, we systematically investigated the efficacy and safety of a novel ROCK2-selective inhibitor KD025 in rodent models of focal cerebral ischemia toward clinical translation. KD025 has 200-fold higher selectivity toward ROCK2 (IC\textsubscript{50} 105 nmol/L) compared with ROCK1 (IC\textsubscript{50} 24 \textmu mol/L). Our results show that selective ROCK2 inhibition is at least as efficacious as previously published isoform-nonselective inhibitors such as hydroxyfasudil, and has a favorable safety profile for clinical translation.

Methods

All experimental procedures were carried out in accordance with the Guide for Care and Use of Laboratory Animals (NIH Publication No. 85-23, 1996), and were approved by the institutional review board (MGH Subcommittee on Research Animal Care).

Study design

The clinical failure of many candidate drugs that showed promise in acute experimental ischemia underscores the importance of rigorous and comprehensive preclinical testing along published guidelines and recommendations by expert panels, including STAIR\textsuperscript{17–19} and ARRIVE.\textsuperscript{20} Therefore, we randomized and concealed allocation to treatment arms, reported all mortality as well as attrition due to other causes, and analyzed the data according to intention-to-treat principle and did not exclude animals showing signs of adverse effects such as vomiting or aspiration. Multiple experimenters blinded to the treatment group performed surgeries (J. H. L., Y. Z., Y. W., D. v.B.) and assessed endpoints (M. B., J. H. L., A. D., Y. W., D. v.B., Y. Z.). These experimenters did not administer the treatments as KD025 could be distinguished from the vehicle by its yellow color.

Animals and drug treatments

Young adult (C57BL/6, 2–3 months old, male 22–30 g, female 16–23 g), aged (C57BL/6, 12 months old, 33–52 g), or type 2 diabetic mice (db/db, B6.BKS(D)-Lepr\textsuperscript{db/db}), Jackson Laboratory; 2–3 months old, male, 33–50 g) were used in all experiments. Only one animal was excluded due to technical failure (hemorrhage during filament middle cerebral artery occlusion [fMCAO] in db/db mouse assigned to the vehicle group). KD025 (formerly SLx-2119) was kindly provided by Kadmon Corporation (New York, NY). Vehicle (0.4% methylcellulose) or KD025 (100, 200 or 300 mg/kg) was administered every 12 h via orogastric gavage. The dosing paradigm was chosen based on the pharmacokinetic profile after oral administration in mice (see below). Atorvastatin (4 mg/mL) was dissolved in phosphate-buffered saline (pH 7.4) containing 45% 3-hydroxypropyl-B-cyclohexedrin and 10% ethanol, and administered at a dose of 20 mg/kg per day as a single daily intraperitoneal injection for 2 weeks as previously described.\textsuperscript{21}

ROCK1 versus ROCK2 selectivity

Recombinant ROCK1 and ROCK2 enzymes (truncated catalytic domains) were purchased from Invitrogen (#PV3691 and PV3759, Carlsbad, CA) and enzymatic activity was determined using [\textsuperscript{33}P]ATP (5 mmol/L) and S6 kinase substrate (17 mmol/L). The reaction was run for 45 min at room temperature and was terminated by addition of phosphoric acid. [\textsuperscript{33}P] phosphorylated S6 peptide was isolated by membrane filtration. The background was estimated by running the reaction in the absence of enzyme and radioactivity was assessed using a Microbeta Jet.

Pharmacokinetic studies

We measured plasma and brain concentrations of KD025 in male mice. Animals received 100 or 200 mg/kg KD025 twice a day for a total of five doses via orogastric gavage. Blood and brain tissue were collected at different time points after the last dose. For each time point, a different group of mice was sacrificed (n = 5 each). Whole blood was collected via jugular vein into K\textsubscript{3} ethylenediaminetetraacetic acid (EDTA) tubes, and centrifuged at 1000 g for 3 min at 4°C. Immediately following blood collection, mice were perfused with saline through the left ventricle to clear intravascular blood, and brains were harvested. All samples were stored at −80°C until analysis. Plasma and tissue KD025 concentrations were measured using high-resolution mass spectrometry (Thermo Fisher Q-Exactive; WIL Research Laboratories, Ashland, OH). Pharmacokinetic parameters were calculated using PKSolver.\textsuperscript{22}
A noncompartmental analysis was performed. The slope of the terminal log-linear part of the concentration versus time curve ($\Delta z$) was calculated using the best-fit method. In addition, a one-compartmental analysis was performed for zero- or first-order kinetic models.

**Recombinant ROCK1 and ROCK2 assays**

Compound dilutions and reactions were performed in 96-well polystyrene low-binding plates. Filtration was done in 96-well filter plates containing hydrophilic phospho-cellulose cation exchanger membranes (Millipore, Bedford, MA). Enzymatic activity of the recombinant ROCK1 and ROCK2 (Invitrogen Corporation, Carlsbad, CA) was measured radiometrically in 50 μL of reaction mixture containing assay buffer (50 mmol/L Tris, pH 7.5, 0.1 mmol/L ethyleneglycoltetraacetic acid, 10 mmol/L magnesium acetate and 1 mmol/L dithiothreitol). Long S6 peptide (KE AKEKRQEIQKRRRLASTSKGSGSKQ, 30 μmol/L, America Peptide Company, Sunnyvale, CA), ROCK (4 mU per reaction) and ATP (10 μmol/L, Sigma-Aldrich, St. Louis, MO; 1 μCi [γ-35P]ATP, Perkin Elmer, Waltham, MA) and test compound were diluted to a final dimethylsulfoxide concentration of 1%. The reaction was incubated for 45 min at room temperature and stopped with 25 μL of 3% phosphoric acid. Phosphorylated long S6 peptide was separated from unreacted [γ-33P]ATP by filtration of the quenched reaction contents through a P30 phospho-celullose filter plate using the Millipore Multiscreen® vacuum manifold system (Millipore, Bedford, MA). Each filter was washed three times with 75 μL of 75 mmol/L phosphoric acid and one time with 30 μL of 100% methanol. Filter plates were allowed to dry and 30 μL of Opti-Phase ‘SuperMix’ scintillation fluid (Perkin Elmer) was added to each well. 33Phosphorous was quantified in an 1450 MicroBeta (Perkin Elmer) scintillation counter and corrected by subtracting the radioactivity associated with the background samples. Data were analyzed and expressed as percent inhibition using the formula \(((U - B)/(C - B)) \times 100\) where $U$ is the unknown value, $B$ is the average of staurosporine background wells, and $C$ is the average of control wells. Curve fitting was performed by GraphPad Prism software using sigmoidal dose-response (variable slope) equation type analysis to generate IC50 values.Ki values were calculated from an equation of $K_i = IC_{50}/(1 + [S]/K_m)$, where $[S]$ and $K_m$ are the concentration of ATP and the $K_m$ value of ATP, respectively.23

**fMCAO and outcome assessments**

Permanent or 1 h transient fMCAO was induced in mice under isoflurane anesthesia (2.5% induction, 1.2% maintenance, in 70% N2O/30% O2).24 Intraluminal filament (Doccol Corporation, Sharon, MA) was inserted through the external carotid artery. Mice were allowed to awaken from anesthesia after occlusion, and briefly reanesthetized for filament removal in the transient ischemia group. Occlusion was confirmed using laser Doppler flowmetry (Perimed, Ardmore, PA) over the core MCA territory. Rectal temperature was controlled at 37°C by a servo-controlled heating pad (FHC, Bowdoin, ME) during the procedures. In all survival experiments, mice were placed in a temperature-controlled incubator with easy access to food and water after the procedure. Neurological deficits were assessed 48 h after reperfusion, using five-point grading: 0, normal; 1, forepaw monoparesis; 2, circling to one side; 3, falling to one side; 4, no spontaneous walking and a depressed level of consciousness. At 48 h after fMCAO, infarct areas were measured on ten 1 mm-thick 2,3,5-triphenyltetrazolium chloride (TTC)-stained coronal sections, integrated to calculate the infarct volume, and corrected for ischemic edema by subtracting the volume of ipsilateral non-infarcted tissue from the contralateral hemisphere. In addition, we assessed the incidence of hemorrhagic transformation on the same TTC-stained sections using a semi-quantitative grading system. In a separate group of mice, we assessed outcome at 4 weeks. To enhance long-term survival in this group, we administered intraperitoneal saline supplements (1 cc/day) and ampicillin (1 mg/day) for up to 7 days. Tissue outcome was quantified by measuring ipsilateral and contralateral hemispheric volumes and calculating tissue loss and atrophy using coronal cryosections. Neurological outcome was assessed weekly using the adhesive removal test, where the time (sec) to remove a sticky tape placed under the contralateral forepaw was quantified (maximum 180 sec).25,26

**Distal middle cerebral artery occlusion (dMCAO) and laser speckle flowmetry**

Mice (male, 25–30 g) were anesthetized with isoflurane as above, intubated, and mechanically ventilated to maintain arterial pH and blood gas values within normal range, and femoral artery catheterized for continuous blood pressure monitoring and blood sampling. Mice were then placed in a stereotaxic frame, a temporal burr hole (2 mm diameter) was drilled above the zygomatic arch, and middle cerebral artery was occluded just distal to the

<table>
<thead>
<tr>
<th>Table 1. ROCK1 versus ROCK2 selectivity of KD025 in comparison with Y27632 and fasudil.</th>
</tr>
</thead>
<tbody>
<tr>
<td>ROCK2 K_i (nmol/L)</td>
</tr>
<tr>
<td>---------------------</td>
</tr>
<tr>
<td>ROCK2</td>
</tr>
<tr>
<td>ROCK1</td>
</tr>
</tbody>
</table>

inferior cerebral vein using a microvascular clip. Cortical perfusion was imaged throughout the experiment using laser speckle flowmetry through intact skull.\(^3\) Cerebral blood flow (CBF) changes were calculated for each pixel relative to preischemic baseline, and the area of cortex with residual CBF less than or equal to 20%, 21–30% and 31–40% was determined by thresholding.

**Western blotting**

Whole mouse brains were collected at 36 and 72 h after 1 h fMCAO. Brain and heart were homogenized in lysis buffer (150 mmol/L NaCl, 50 mmol/L Tris pH 8.0, 0.5% NP-40, 50 mmol/L NaF, and 2 mmol/L EDTA, protease inhibitor cocktail, HALT\(^{TM}\) phosphatase inhibitor cocktail (Thermo Fisher Scientific, Waltham, MA) and incubated on ice 20–30 min. After centrifugation at 14,000g for 10 min at 4°C, the supernatant was collected. Protein concentration was determined with the Bio-Rad DC protein assay reagent (Bio-Rad, Hercules, CA). The protein lysates were separated on 4–15% sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE) and transferred onto nitrocellulose membrane. Blots were incubated with primary anti-p-MYPT1\(^{Thr696}\) (BD, San Diego, CA) antibody, followed by horseradish peroxidase-conjugated secondary antibody, and visualized by enhanced chemiluminescence reagents (ECL, Fisher Scientific, Waltham, MA).

**Statistical analysis**

Data were analyzed using Prism v 6.0b (GraphPad Software, San Diego, CA), and expressed as median with interquartile and full range (box and whisker plots) or mean ± standard error (SEM, line graphs, tables). Statistical methods and group sizes are given in figure legends. \(P < 0.05\) was considered statistically significant.

**Results**

**ROCK1 versus ROCK2 selectivity**

KD025 selectively inhibited ROCK2 with IC\(_{50}\) values ~60 nmol/L, but had little effect on ROCK1 enzymatic activity at concentrations up to 10 μmol/L in a recombinant enzyme system (Fig. 1A). ROCK2 inhibition was competitive with ATP (Fig. 1B). Table 1 shows the estimated \(K_i\) values of KD025 compared to the non isoform selective inhibitors Y27632 and fasudil in ROCK activity assay. KD025 also inhibited ROCK activity in brain and heart when administered systemically, as measured by the degree of MYPT1\(^{Thr696}\) phosphorylation (Fig. 1C).

**Pharmacokinetic profile**

To guide the dose and dose interval selection, we determined the pharmacokinetic profile of KD025 in mice. We administered the drug via orogastric gavage twice a day for 2 days and measured blood and brain tissue levels at predetermined time points starting immediately before the last dose at 48 h (time 0; Fig. 2). We used both noncompartmental analysis, and zero and first-order kinetic absorption models for one-compartmental analysis (Table 2). Plasma drug levels fitted better to the first-order absorption model (\(R^2 = 0.98\), Akaike Information Criterion [AIC] = 6.52), whereas the brain drug levels fitted better to zero order absorption model (\(R^2 = 0.98\), AIC = 6.52). Peak plasma and brain concentrations were reached within 2 h of dosing, and exceeded the in vitro IC\(_{50}\) by almost 10-fold. Brain exposure was ~5% of plasma exposure based on brain/plasma area under the concentration (AUC) ratio. Half-life was shorter in the brain than plasma (2 vs. 5 h), presumably due to the higher elimination constant, distribution volume, and clearance rate for the brain. Observed mean residence time was 4 and 7 h for brain and plasma, respectively, suggesting that the compound did not accumulate in the body at the dosing interval selected in this study (accumulation factor [R] 1.15 and 1.02 for plasma and brain, respectively). Nevertheless, 200 mg/kg dose level provided sustained plasma and tissue concentrations for at least 12 h. Altogether, these data suggest that the selected dose levels and twice a day dosing paradigm were appropriate to test efficacy and safety in ischemia models.

**Dose-response relationship**

In initial experiments to determine the optimal dose, we started the treatment 24 h before 1 h transient fMCAO and continued until sacrifice at 48 h (Fig. 3). We found a U-shaped dose response relationship where 100 and 200 mg/kg dose levels reduced infarct volume by 30% and 40%, respectively. Efficacy was partially lost at 300 mg/kg dose level, and we observed increased incidence of vomiting and respiratory difficulties presumably due to aspiration; these animals were nevertheless included in the analyses. At the optimal dose level of 200 mg/kg, infarct volume reduction was most prominent at middle to posterior coronal slice levels. Neurological deficits, crudely assessed using the 5-point scoring system prior to sacrifice, were also ameliorated. On the basis of these data, we used the optimal dose of 200 mg/kg in all subsequent experiments.

**Ischemic tissue perfusion**

We have previously shown that isoform-nonselective ROCK inhibition acutely augments perfusion in ischemic
Figure 1. ROCK1 versus ROCK2 selectivity, in vitro. (A) KD025 selectively inhibited ROCK2 over ROCK1, whereas isoform-nonselective Y27632 inhibited ROCK1 and ROCK2 to a similar extent in a recombinant enzyme system with truncated catalytic domains. IC_{50} values for each drug are indicated on the graphs. (B) ROCK2 inhibition by KD025 was competitive with ATP. (C) Systemic administration of KD025 (200 mg/kg via oral gavage 1 h before harvesting the tissues) inhibited ROCK activity in the brain, as well as in the heart, as measured by MYPT1 phosphorylation in mice (n = 2 each vehicle and KD025). Total MYPT1 levels did not show a consistent change. The effect was comparable to that of isoform non-selective ROCK inhibitor hydroxyfasudil (HF, 10 mg/kg, intraperitoneal).

Figure 2. Pharmacokinetic analysis. (A) KD025, 100 or 200 mg/kg, was administered (arrows) via oral gavage every 12 h for 48 h (five doses). Plasma and tissue samples were collected at 0, 1, 2, 4, 6, 9, and 12 h after the last 100 mg/kg dose (triangles), and at 0, 1, and 9 h after the last 200 mg/kg dose (circles) (n = 5 mice for each time point and dose level). Note that only a subset of time points was studied at the higher dose level. (B) Plasma (circles) and brain tissue (squares) KD025 concentrations are shown at 100 mg/kg (left panel) or 200 mg/kg (right panel) dose levels. Mean ± SEM.
Table 2. Pharmacokinetic (PK) parameters at 100 mg/kg KD025 dose level.

<table>
<thead>
<tr>
<th></th>
<th>Plasma</th>
<th>Brain</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Non-compartmental analysis</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$AUC_{\text{tr}}$ (h $\times$ $\mu$g/mL)</td>
<td>51.93</td>
<td>2.37</td>
</tr>
<tr>
<td>$CL$ (L/h)</td>
<td>1.93</td>
<td>–</td>
</tr>
<tr>
<td>$MRT$ (h)</td>
<td>6.81</td>
<td>4.17</td>
</tr>
<tr>
<td>$V$ (L)</td>
<td>11.58</td>
<td>–</td>
</tr>
<tr>
<td>$A_{\text{a}}$ (1/h)</td>
<td>0.16</td>
<td>0.31</td>
</tr>
<tr>
<td>$T_{1/2}$ (h)</td>
<td>4.16</td>
<td>2.21</td>
</tr>
<tr>
<td>$AUC_{\text{tr}}$ (h $\times$ $\mu$g/mL)</td>
<td>42.31</td>
<td>2.28</td>
</tr>
<tr>
<td>$T_{\text{max}}$ (h)</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>$C_{\text{max}}$ ($\mu$g/mL)</td>
<td>7.28</td>
<td>0.54</td>
</tr>
<tr>
<td><strong>One-compartment first-order kinetic absorption model</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$AUC_{\text{tr}}$ (h $\times$ $\mu$g/mL)</td>
<td>44.83</td>
<td>2.05</td>
</tr>
<tr>
<td>$CL$ (L/h)</td>
<td>2.23</td>
<td>–</td>
</tr>
<tr>
<td>$V$ (L)</td>
<td>11.90</td>
<td>–</td>
</tr>
<tr>
<td>$K_{\text{a}}$ (1/h)</td>
<td>2.23</td>
<td>–</td>
</tr>
<tr>
<td>$K_{\text{e}}$ (1/h)</td>
<td>0.18</td>
<td>0.32</td>
</tr>
<tr>
<td>$A$ ($\mu$g/mL)</td>
<td>9.16</td>
<td>0.67</td>
</tr>
<tr>
<td>$T_{1/2}$ (h)</td>
<td>3.69</td>
<td>2.12</td>
</tr>
<tr>
<td>$T_{\text{max}}$ (h)</td>
<td>1.21</td>
<td>2</td>
</tr>
<tr>
<td>$MRT$ (h)</td>
<td>5.78</td>
<td>3.06</td>
</tr>
</tbody>
</table>

$AUC$, area under the concentration versus time curve; $AUC_{\text{tr}}$, AUC until infinity; $CL$, total body clearance; $MRT$, mean residence time; $V$, volume of distribution; $K_{\text{a}}$, absorption rate constant; $K_{\text{e}}$, elimination rate constant; $A$, absorption; $A_{\text{a}}$, slope of the log-linear terminal phase; $T_{1/2}$, half-life; $AUC_{\text{tr}}$, AUC until last measurement time point; $T_{\text{max}}$, time to maximum concentration; $C_{\text{max}}$, maximum concentration.

tissue. To test whether ROCK2 selective inhibitor KD025 shares this mechanism, we imaged the perfusion defect during dMCAO using laser speckle flowmetry noninvasively through intact skull. KD025 (200 mg/kg 90 min before dMCAO) significantly reduced the area of perfusion defect when compared with vehicle-treated animals (Fig. 4). These data suggest that selective ROCK2 inhibition improves cortical perfusion during acute cerebral arterial occlusion, an effect shared with isoform-nonselective ROCK inhibitors.

**Therapeutic window of postischemic treatment**

To determine the utility of KD025 as an acute stroke intervention, we next tested whether KD025 is efficacious when administered as a postischemic treatment alone. When administered starting 1 or 3 h after the onset of fMCAO, KD025 (200 mg/kg) significantly reduced infarct volumes by 34% and 26%, respectively (Fig. 5). Efficacy was completely lost if the treatment was started 6 h after ischemia onset. Therefore, the therapeutic window of efficacy was at least 3 h. In all subsequent experiments, we tested the optimal efficacy time point of 1 h after ischemia onset.

**Long-term sustained efficacy**

We next tested in a separate group of mice whether improved tissue outcome measured at 48 h was sustained (Fig. 6). Because accurate histological demarcation of infarcts at late time points is difficult, we used tissue loss and atrophy as an endpoint, calculated by measuring the ipsilateral and contralateral hemispheric volumes. KD025 (200 mg/kg twice a day for 36 h starting 1 h after ischemia onset) significantly reduced tissue loss in the ipsilateral hemisphere compared with vehicle when measured 4 weeks after ischemia. These data suggest that the beneficial effect of KD025 on tissue outcome is sustained into the subacute to chronic stage. Contralateral hemispheric atrophy as well as the neurological deficits also tended to be milder in the KD025 group, although these did not reach statistical significance.

**Efficacy in female, aged, or diabetic animals**

Successful translation of stroke therapeutics critically depends on robust demonstration of efficacy in all clinically relevant cohorts. To this end, we tested KD025 in female and aged male mice, as well as in a mouse model of type 2 diabetes, a comorbid vascular risk factor common in stroke patients and associated with ROCK upregulation contributing to worse outcomes. Female mice developed overall smaller infarcts (Fig. 7) compared with males (see Figs. 3, 5). KD025 appeared even more efficacious in females (42% reduction in infarct volume). Infarct volumes in aged males (12 months; Fig. 7) were comparable to young animals (see Figs. 3, 5). KD025 reduced infarct volume by 34% compared with vehicle in aged mice. Type 2 diabetic db/db mice tended to develop larger infarct volumes (Fig. 7) compared with age-matched wild-type mice (Figs. 3, 5). KD025 reduced infarct volumes by 32% compared with vehicle in diabetic mice. These data suggest that KD025 maintains its efficacy in clinically relevant cohorts.

**Safety in combination with statins**

Statins inhibit ROCK signaling by reducing the synthesis of isoprenyl intermediates of cholesterol metabolism that are critical for Rho activation. This is believed to be responsible, at least in part, for the pleiotropic actions of statins. Therefore, KD025 may have additive or synergistic interactions with statins that may potentially be unsafe. We tested this in mice pretreated with atorvastatin (20 mg/kg per day) for 2 weeks. KD025 was safe in atorvastatin-pretreated mice, but did not show an additive or synergistic effect (Fig. 8A).
Safety in permanent ischemia

Although most cerebral arterial occlusions eventually recanalize, it is impossible to predict whether an occlusion will remain permanent in the hyperacute stage. If the drug were not safe in the absence of reperfusion, this would preclude its hyperacute administration in the field, adding to the delay in treatment initiation until imaging demonstration of recanalization. We, therefore, tested the safety of KD025 in permanent fMCAO. Because the model carries a high mortality over time, we assessed the infarct volume at 24 h after ischemia onset to minimize excess losses. As expected, infarct volumes were larger at middle and posterior coronal slice levels (1 mm-thick) in KD025 (200 mg/kg) group compared with vehicle (n = 7 and 11, respectively). *P < 0.05 versus vehicle. Mean ± SEM. Two-way ANOVA followed by Sidak’s multiple comparisons test. (E) Neurological deficits were milder in KD025-treated groups compared with vehicle when assessed at 48 h (see Methods for scoring system). *P < 0.05 versus vehicle. Kruskal–Wallis test.

Other safety endpoints

Hemorrhagic transformation, weight loss, and mortality were recorded in all experiments. None of these safety endpoints was significantly altered by KD025 in any of the experimental groups, except for increased weight loss when it was combined with atorvastatin (Table 3; Fig. S1). Because we did not have a sham group, it is unclear whether this increased weight loss is directly related to ischemia.

Systemic physiology

Previously tested isoform-nonselective inhibitors cause hypotension that can be detrimental in acute stroke. Therefore, we tested the systemic physiological effects of
the maximally efficacious KD025 dose level (200 mg/kg) in mice. Arterial blood pressures were only 8% lower in KD025 group compared with vehicle (Table 4), suggesting that the hypotensive effect of KD025 is much less potent than the previously tested isoform-nonselective ROCK inhibitors. Other systemic physiological parameters did not significantly differ between the groups.

**Discussion**

These data implicate for the first time ROCK2 as the relevant isoform in acute stroke. We found the novel ROCK2-selective small molecule inhibitor KD025 dose-dependently safe and efficacious in both males and females, with a therapeutic window of at least 3 h. The effect size was comparable to previously published isoform-nonselective inhibitors in similar animal models. Improved tissue outcomes persisted for at least 4 weeks, and were maintained in aged and diabetic animals. Moreover, the drug was safe in combination with a statin and in permanent ischemia, and unlike previously tested inhibitors, did not cause severe hypotension. It is, of course, possible that the dose-response and the therapeutic window, efficacy on long-term outcome, and efficacy and safety in the permanent occlusion model may all be different in females, in comorbid animal models, and in combination with a statin. Unfortunately, testing all variables in all animal cohorts is not a feasible approach, and would have limited relevance in patient care, as the efficacy and safety profile would have to be characterized in clinical studies. Nevertheless, these data suggest that KD025 holds promise for rapid clinical translation in stroke. An intravenous formulation, if and when available, may augment efficacy by rapidly achieving therapeutic plasma levels when administered in the hyperacute stage, although its hypotensive effect may also be stronger and dose-limiting.

Although ROCK2 is the main isoform expressed in the brain, predominantly in neurons, both isoforms are also expressed in many other cell types relevant for acute stroke pathophysiology. For example, ROCK
modulates endothelial nitric oxide synthase (eNOS) activity, and ROCK inhibitors acutely improve ischemic tissue perfusion in an eNOS-dependent manner. ROCK2-selective KD025 also improved ischemic tissue perfusion in this study (Fig. 3), and has been shown to mimic the effects of isoform-nonselective inhibitors in endothelial migration assays, suggesting that ROCK2 is the main target isoform in endothelial cells. Moreover, cerebral hypoxia and reoxygenation induces ROCK2 expression in microglia, and ROCK inhibitors suppress microglial inflammatory response and ameliorate injury in this model. ROCK inhibition also suppresses leukocyte infiltration after ischemia, although ROCK1 may be the primary target for this effect. In platelets, ROCK promotes aggregation and thrombus contraction, although not all studies agree. Altogether, these data suggest that ROCK is a pleiotropic target acting through multiple independent mechanisms, and that brain penetration may not be a prerequisite for ROCK inhibitors to be neuroprotective in acute stroke. Nevertheless, our therapeutic paradigm achieved good brain tissue levels and target activity, which may be further enhanced upon ischemic blood–brain barrier disruption.

Hypotension is an important safety concern in acute stroke. Isoform-nonselective ROCK inhibitors have acute and potent hypotensive effects that can be dose-limiting in acute stroke, particularly if complete reperfusion has not been achieved. KD025 induced only mild hypotension even at the maximally efficacious dose level, suggesting a more favorable safety profile. Indeed, the absence of hypotension probably allowed an even more potent improvement in perfusion by KD025 compared with isoform-nonselective inhibitors. Another potential safety concern is platelet inhibition, although an antithrombotic effect may in fact improve tissue perfusion in acute stroke as an additional mechanism of protection. Our semi-quantitative analysis did not detect an increase in the incidence of hemorrhagic transformation in the transient fMCAO model (Fig. S1), and ROCK inhibitors reportedly ameliorated tPA-induced hemorrhagic transformation in one study.

Therapeutic time window is another important consideration in acute stroke therapy. Most if not all postischemic interventions gradually lose their efficacy as a function of time between stroke onset and treatment. In our studies, KD025 administered 1 h after stroke onset was only marginally less efficacious than 24 h preischemic treatment. Indeed, the therapeutic window was between 3 and 6 h, similar to tPA. While this is a relatively short time window for treatments that require vigorous screening prior to instituting the treatment (e.g., tPA), a drug with a favorable safety profile can easily be administered in the field thus markedly reducing the
time to treatment. This was the case in field administration of stroke therapy-magnesium (FAST-MAG) trial, where median treatment onset was 100 min after stroke onset and 70% of patients received treatment within 2 h. KD025 showed no major side effects in one phase I study in healthy volunteers (Surface Logix, Brighton, MA), and the results of a subsequent extended dose range phase I study (Kadmon Corporation, New York, NY) are expected in the near future. It should also be noted that KD025 required 1–2 h to reach the peak plasma levels after oral administration, suggesting that its therapeutic window for biological effect is even wider, and that an intravenous formulation can achieve efficacy even at later time points.
In summary, the novel ROCK2-selective kinase inhibitor KD025 showed good efficacy on cerebral ischemic outcome in multiple experimental cohorts with a therapeutic window and safety profile favorable for rapid clinical translation. Future experiments will need to test safety in a second species, and in embolic MCAO with or without thrombolysis.

Acknowledgments

This study was supported by National Institutes of Health (NS061505), The Heitman Foundation, and The Ellison Foundation. Study sponsors had no involvement in study design, data collection, analysis and interpretation, writing the report, or decision to publish.

Author Contributions


Conflict of Interest

None declared.

References


Table 3. Safety endpoints.

<table>
<thead>
<tr>
<th>Experiment</th>
<th>Treatment onset</th>
<th>Dose level (mg/kg)</th>
<th>Weight loss (g)</th>
<th>Mortality</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dose response</td>
<td>24 h preischemic</td>
<td>Vehicle</td>
<td>5.3 ± 0.5</td>
<td>0/6</td>
</tr>
<tr>
<td></td>
<td>100</td>
<td>4.3 ± 0.6</td>
<td>0/6</td>
<td></td>
</tr>
<tr>
<td></td>
<td>200</td>
<td>3.5 ± 0.4</td>
<td>1/8</td>
<td></td>
</tr>
<tr>
<td></td>
<td>300</td>
<td>4.5 ± 0.5</td>
<td>2/9</td>
<td></td>
</tr>
<tr>
<td>Therapeutic window</td>
<td>1–6 h postischemic</td>
<td>Vehicle</td>
<td>4.9 ± 0.3</td>
<td>1/30</td>
</tr>
<tr>
<td></td>
<td>1 h postischemic</td>
<td>200</td>
<td>5.7 ± 0.2</td>
<td>1/9</td>
</tr>
<tr>
<td></td>
<td>3 h postischemic</td>
<td>200</td>
<td>5.2 ± 0.2</td>
<td>0/15</td>
</tr>
<tr>
<td></td>
<td>6 h postischemic</td>
<td>200</td>
<td>5.6 ± 0.3</td>
<td>1/8</td>
</tr>
<tr>
<td>Female</td>
<td>1 h postischemic</td>
<td>Vehicle</td>
<td>2.9 ± 0.5</td>
<td>0/9</td>
</tr>
<tr>
<td></td>
<td>200</td>
<td>3.5 ± 0.4</td>
<td>0/9</td>
<td></td>
</tr>
<tr>
<td>Aged (12 months)</td>
<td>1 h postischemic</td>
<td>Vehicle</td>
<td>4.2 ± 0.7</td>
<td>1/7</td>
</tr>
<tr>
<td>Diabetic (db/db)</td>
<td>1 h postischemic</td>
<td>Vehicle</td>
<td>3.8 ± 0.3</td>
<td>0/6</td>
</tr>
<tr>
<td></td>
<td>200</td>
<td>3.8 ± 0.3</td>
<td>0/8</td>
<td></td>
</tr>
<tr>
<td>Atonvastatin (20 mg/kg)</td>
<td>1 h postischemic</td>
<td>Vehicle</td>
<td>3.3 ± 0.8</td>
<td>1/7</td>
</tr>
<tr>
<td></td>
<td>200</td>
<td>5.7 ± 0.3*</td>
<td>1/7</td>
<td></td>
</tr>
<tr>
<td>Permanent ischemia</td>
<td>1 h postischemic</td>
<td>Vehicle</td>
<td>4.0 ± 0.3</td>
<td>2/12</td>
</tr>
<tr>
<td></td>
<td>200</td>
<td>3.5 ± 0.3</td>
<td>6/15</td>
<td></td>
</tr>
</tbody>
</table>

All treatments were administered every 12 h via oral gavage until sacrifice at 48 h (24 h in permanent ischemia experiment). Please see Methods and Results for details of experimental groups and protocols, and the treatment paradigms. Weight loss expressed as mean ± SEM. *P < 0.05 versus atorvastatin plus vehicle. Unpaired t-test or one-way ANOVA for weight loss, chi-square or Fisher’s exact test for mortality.

Table 4. Systemic physiological parameters.

<table>
<thead>
<tr>
<th></th>
<th>BP (mmHg)</th>
<th>HR (bpm)</th>
<th>pH</th>
<th>pCO₂ (mmHg)</th>
<th>pO₂ (mmHg)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vehicle</td>
<td>84 ± 1</td>
<td>571 ± 32</td>
<td>7.34 ± 0.01</td>
<td>33 ± 2</td>
<td>135 ± 10</td>
</tr>
<tr>
<td>KD025 (200 mg/kg)</td>
<td>77 ± 3*</td>
<td>618 ± 19</td>
<td>7.36 ± 0.02</td>
<td>29 ± 2</td>
<td>135 ± 13</td>
</tr>
</tbody>
</table>

*P = 0.06 versus vehicle. Unpaired t-test. N = 5 mice each. Mean ± SEM.


**Supporting Information**

Additional Supporting Information may be found in the online version of this article:

**Figure S1.** Hemorrhagic transformation. To perform a semi-quantitative assessment of the incidence of hemorrhagic transformation, we developed a grading system based on the following criteria: Grade 0, no hemorrhage; Grade 1, single small hemorrhage; Grade 2, a single large, or multiple small hemorrhages (arrowheads). Boxes, median, and interquartile range; whiskers, min–max; +, mean. Mann–Whitney or Kruskal–Wallis test.