Common genetic variation at the IL1RL1 locus regulates IL-33/ST2 signaling

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The suppression of tumorigenicity 2/IL-33 (ST2/IL-33) pathway has been implicated in several immune and inflammatory diseases. ST2 is produced as 2 isoforms. The membrane-bound isoform (ST2L) induces an immune response when bound to its ligand, IL-33. The other isoform is a soluble protein (sST2) that is thought to be a decoy receptor for IL-33 signaling. Elevated sST2 levels in serum are associated with an increased risk for cardiovascular disease. We investigated the determinants of sST2 plasma concentrations in 2,991 Framingham Offspring Cohort participants. While clinical and environmental factors explained some variation in sST2 levels, much of the variation in sST2 production was driven by genetic factors. In a genome-wide association study (GWAS), multiple SNPs within IL1RL1 (the gene encoding ST2) demonstrated associations with sST2 concentrations. Five missense variants of IL1RL1 correlated with higher sST2 levels in the GWAS and mapped to the intracellular domain of ST2, which is absent in sST2. In a cell culture model, IL1RL1 missense variants increased sST2 expression by inducing IL-33 expression and enhancing IL-33 responsiveness (via ST2L). Our data suggest that genetic variation in IL1RL1 can result in increased levels of sST2 and alter immune and inflammatory signaling through the ST2/IL-33 pathway.

Introduction

Suppression of tumorigenicity 2 (ST2) is a member of the IL-1 receptor (IL-1R) family that plays a major role in immune and inflammatory responses. Alternative promoter activation and splicing produces both a membrane-bound protein (ST2L) and a soluble form (sST2) (1). The transmembrane form of ST2 is selectively expressed on Th2- but not Th1-type T cells, and binding of its ligand, IL-33, induces Th2 immune responses (2, 3).

In contrast, the soluble form of ST2 acts as a decoy receptor by sequestering IL-33 (4). The IL-33/ST2 pathway has important immunomodulatory effects (2, 3).

Clinically, the ST2/IL-33 signaling pathway participates in the pathophysiology of a number of inflammatory and immune diseases related to Th2 activation, including asthma (5), ulcerative colitis (6), and inflammatory arthritis (7). ST2 expression is also upregulated in cardiomyocytes in response to stress (8) and appears to have cardioprotective effects in experimental studies (9, 10). As a biomarker, circulating sST2 concentrations have been linked to worse prognosis in patients with heart failure (11–15), acute dyspnea (16), and acute coronary syndrome (17, 18) and also predict mortality and incident cardiovascular events in individuals without existing cardiovascular disease (19).

Both sST2 and its transmembrane form are encoded by IL-1R-like 1 (IL1RL1). Genetic variation in this pathway has been linked to a number of immune and inflammatory diseases (20). The contribution of IL1RL1 locus variants to interindividual variation in sST2 has not been investigated. The emergence of sST2 as an important predictor of cardiovascular risk and the important role

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Conflict of interest: Measurement of the sST2 assay was performed by Critical Diagnostics Inc. James L. Januzzi has received research grant funding from and has served on the advisory board for Critical Diagnostics Inc. Brigham and Women’s Hospital holds patents on ST2, listing Richard T. Lee as inventor.

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of the ST2/IL-33 pathway in inflammatory diseases highlight the value of understanding genetic determinants of sST2. The family-based FHS cohort provides a unique opportunity to examine the heritability of sST2 and to identify specific variants involved in this pathway. To perform a population-based study to examine genetic determinants of sST2 concentrations, coupled with experimental studies to elucidate the underlying molecular mechanisms.

**Results**

Clinical characteristics of the 2,991 FHS participants are presented in Supplemental Table 1 (supplemental material available online with this article; doi:10.1172/JCI7119DS1). The mean age of participants was 59 years, and 56% of participants were women. Soluble ST2 concentrations were higher in men compared with those in women ($P < 0.001$). Soluble ST2 concentrations were positively associated with age, systolic blood pressure, body-mass index, antihypertensive medication use, and diabetes mellitus ($P < 0.05$ for all). Together, these variables accounted for 14% of the variation in sST2 concentrations. The duration of hypertension or diabetes did not materially influence variation in sST2 concentrations. After additionally accounting for inflammatory conditions, clinical variables accounted for 14.8% of sST2 variation.

**Genetic correlates of sST2**

We conducted a GWAS of circulating sST2 concentrations. Quantile-quantile, Manhattan, and regional linkage disequilibrium plots are shown in Supplemental Figures 1–3. There were 388 SNPs associated with sST2 concentrations at $P < 5 \times 10^{-8}$, all on chromosome 2q12.1 (Supplemental Table 2). All genome-wide significant SNPs were located in a 400-kb linkage disequilibrium block that included IL1RL1 (the gene encoding ST2), IL1RL1, IL1RL2, IL18RAP, and SLC9A4 (Figure 1). Results for 11 genome-wide significant “independent” SNPs, defined as pairwise $r^2 < 0.2$, are shown in Table 1. In aggregate, these 11 “independent” genome-wide significant SNPs across the IL1RL1 locus accounted for 36% of heritability of sST2. In conditional analyses, 4 out of the 11 SNPs remained genome-wide significant, independent of each other (rs950880, rs13029918, rs1420103, and rs17639215), all within the IL1RL1 locus. The most significant SNP (rs950880, $P = 7.1 \times 10^{-94}$) accounted for 12% of the residual interindividual variability in circulating sST2 concentrations. Estimated mean sST2 concentrations were 43% higher in major homozygotes (CC) compared with minor homozygotes (AA). Three loci

### Table 2

Expression-associated SNPs

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<th>Tissue</th>
<th>eSNP $P$</th>
<th>Transcript</th>
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<td>rs10515921</td>
<td>1.85E-25</td>
<td>Blood</td>
<td>2.40E-33</td>
<td>IL18RAP</td>
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<td>rs13001325</td>
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<td>IL1R1</td>
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<td>rs13001325</td>
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<td>IL1RL1</td>
</tr>
<tr>
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<td>CD4+ lymphocytes</td>
<td>4.20E-04</td>
<td>IL1R1</td>
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<tr>
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<td>Blood</td>
<td>7.50E-09</td>
<td>IL1R1</td>
</tr>
</tbody>
</table>

| rs10515921 | 8.74E-08 | Intergenic     | 3.76E-10 | IL1RL1     |
| rs13029918 | 2.09E-22 | nSNP           | 5.21E-04 | IL1RL1     |
| rs1420103  | 4.33E-92 | Blood           | 8.90E-04 | IL1R1      |
| rs1420103  | 4.33E-92 | Lymphocytes     | 3.26E-04 | IL1R1      |
| rs1420103  | 4.33E-92 | CD4+ lymphocytes| 3.26E-04 | IL1R1      |
| rs1420103  | 4.33E-92 | Blood           | 3.26E-04 | IL1R1      |
| rs1946131  | 2.21E-27 | Blood           | 8.80E-41 | IL1R1      |
| rs741285  | 2.61E-33 | Blood           | 7.50E-09 | IL1R1      |

Pairwise linkage disequilibrium with top 10 sST2 loci: rs10515921 and rs17639215 ($r^2 = 0.94$); rs10001325 and rs950880; rs1420103 and rs950880; rs1946131 and rs12999542; rs741285 and rs1014286 ($r^2 = 1.0$ for all).
outside of the IL1RL1 locus had suggestive associations with sST2 (P < 1 × 10⁻⁶) and are displayed in Supplemental Table 3.

In silico association with expression SNPs. The top 10 sST2 SNPs (among 11 listed in Table 1) were explored in collected gene expression databases. There were 5 genome-wide significant sST2 SNPs associated with gene expression across a variety of tissue types (Table 2). Specifically, rs13001325 was associated with IL1RL1 gene expression (the gene encoding both soluble and transmembrane ST2) in several subtypes of brain tissue (prefrontal cortex, P = 1.95 × 10⁻¹²; cerebellum, P = 1.54 × 10⁻⁵; visual cortex, P = 1.85 × 10⁻⁷). The CC genotype of rs13001325 was associated with a higher IL1RL1 gene expression level as well as a higher circulating sST2 concentration when compared with the TT genotype (Supplemental Figure 4). Other ST2 variants were significantly associated with IL18RAP (P = 8.50 × 10⁻⁴¹, blood) and IL18R1 gene expression (P = 2.99 × 10⁻¹², prefrontal cortex).

In silico association with clinical phenotypes in published data. The G allele of rs1558648 was associated with lower sST2 concentrations in the FHS (0.88-fold change per G allele, P = 3.94 × 10⁻¹⁶) and higher all-cause mortality (hazard ratio [HR] 1.10 per G allele, 95% CI 1.03–1.16, P = 0.003) in the CHARGE consortium, which observed 8,444 deaths in 25,007 participants during an average follow-up of 10.6 years (22). The T allele of rs13019803 was associated with lower sST2 concentrations in the FHS (0.87-fold change per G allele, P = 5.95 × 10⁻²⁰), higher mortality in the CHARGE consortium (HR 1.06 per C allele, 95% CI 1.01–1.12, P = 0.03), and higher risk of coronary artery disease (odds ratio 1.06, 95% CI 1.00–1.11, P = 0.035) in the CARDIoGRAM consortium, which included 22,233 individuals with coronary artery disease and 64,762 controls (23). In relating sST2 SNPs to other clinical phenotypes (including blood pressure, body-mass index, lipids, fasting glucose, natriuretic peptides, C-reactive protein, and echocardiographic traits) in previously published studies, we found nominal associations with C-reactive protein for 2 SNPs (Supplemental Table 4).

Putative functional variants. Using GeneCruiser, we examined nonsynonymous SNPs (nSNPs) (missense variants) that had at least suggestive association with sST2 (P < 1 × 10⁻⁴), including SNPs that served as proxies (r² = 1.0) for nSNPs within the 1000 Genomes Pilot 1 data set (ref. 24 and Table 3). There were 6 missense variants located within the IL1RL1 gene, 5 of which had genome-wide significant associations with sST2 concentrations, including rs6749114 (proxy for rs10192036, Q501K), rs4988956 (A433T), rs10204137 (Q501R), rs10192157 (T549I), rs10206753 (L551S), and rs1041973 (A78AE). Base substitutions and corresponding amino acid changes for these coding mutations are listed in Table 3. In combination, these 6 missense mutations accounted for 5% of estimated heritability, with an effect estimate of 0.23 (standard error [s.e.] 0.02, P = 2.4 × 10⁻²⁰). When comparing major homozygotes with minor homozygotes, the estimated sST2 concentrations for these missense variants differed by 11% to 15% according to genotype (Supplemental Table 5). In conditional analyses, intracellular and extracellular variants appeared to be independently associated with sST2. For instance, in a model containing rs4988956 (A433T) and rs1041973 (A78E), both SNPs remained significantly associated with sST2 (P = 2.61 × 10⁻²⁴ and P = 7.67 × 10⁻¹⁵, respectively). In total, missense var-

Figure 1
Regional association plot of sST2 SNPs with P < 5 × 10⁻⁸. “CEU” refers to Utah residents with northern and western European ancestry from the CEPH collection. Recombination rates are superimposed in blue, and gene regions are in green.
In relating these 6 missense variants to other clinical phenotypes in large consortia, we found an association with asthma for 4 out of the 6 variants (lowest \( P = 4.8 \times 10^{-12} \) for rs10204137) (25).

Homology map of \( I L1R L1 \) missense variants and \( S T2 \) structure. Of the 6 missense variants mapping to \( I L1R L1 \), 5 were within the cytoplasmic Toll/IL-1R (TIR) domain of the transmembrane \( S T2 \) receptor (Figure 2A), and these intracellular variants are thus not part of the circulating sST2 protein. Of these cytoplasmic domain variants, A433T was located within the “box 2” region of sequence conservation, described in the IL-1RI TIR domain as important for IL-1 signaling (26). Q501R/K was within a conserved motif called “box 3,” but mutants of IL-1RI in box 3 did not significantly affect IL-1 signaling in previous experiments (26). Both T549I and L551S were near the C terminus of the transmembrane \( S T2 \) receptor and were not predicted to alter signaling function based on previous experiments (26).

Table 3

<table>
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<tr>
<th>Chr</th>
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<th>Position</th>
<th>Gene (NCBI 36.3)</th>
<th>Allele (major/minor)</th>
<th>Amino acid change</th>
<th>MAF</th>
<th>( \beta )</th>
<th>s.e.</th>
<th>( P )</th>
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</table>

\( MEP1A \), meprin A, \( \alpha \); \( TMEM63A \), transmembrane protein 63A. \(^a\)\(^i\) estimate represents estimated change in log-sST2 per minor allele. \(^a\)SNPs listed here are proxies for nSNP in 1000 Genomes Pilot 1 data set (rs6749114 serves as proxy for nSNP 10192036 \( \beta^2 = 1.0 \); rs2241132 serves as proxy for nSNP rs2228139 \( \beta^2 = 0.75 \); rs3799854 serves as proxy for nSNP rs1804211 \( \beta^2 = 1.0 \)). Pairwise linkage disequilibrium for SNPs listed in the table: rs6749114, rs4988956, rs10204137, rs10192157, rs10206753 \( \beta^2 = 1.0 \) for all; rs1804211 and rs2274656 \( \beta^2 = 0.9 \).
Q501K, Q501R, and L551S), and a construct containing the IL1RL1 intracellular domain variants (5-mut) were generated. Expression of ST2L mRNA and protein (detected in membrane fractions) was confirmed (Supplemental Figures 5 and 6). Eight different stable clones in each group were analyzed to reduce bias from clonal selection.

Intracellular domain variants (A433T, T549I, Q501K, Q501R, L551S, and 5-mut), but not the extracellular domain variant (A78E), were associated with increased basal sST2 expression when compared with WT expression (\(P < 0.05\) for all, Figure 3A). sST2 expression was highest in the 5-mut construct, suggesting that intracellular ST2L variants cooperatively regulate sST2 levels. This same pattern was consistent across different cell types (U937, Jurkat T, and A549 cells; Supplemental Figure 7). These findings suggest that intracellular domain variants of the transmembrane ST2 receptor may functionally regulate downstream signaling.

IL1RL1 intracellular missense variants resulted in higher sST2 and IL-33. Media from KU812 cells expressing WT and IL1RL1 missense variants were collected for ELISA analysis of (A) sST2, (B) IL-33, and (C) IL-1\(\beta\) levels. Horizontal bars indicate mean values, and symbols represent individual variants. *\(P < 0.05\), **\(P < 0.01\) vs. WT. (D) Effect of anti–IL-1\(\beta\) mAb on IL-33–induced sST2 expression. Dashed line indicates PBS-treated cells as referent group. Error bars represent mean ± SEM from 2 independent experiments. *\(P < 0.05\) vs. IL-33.
the interaction of IL-33, sST2, and IL-1β in the regulatory loop. Inhibition of IL-1β by anti–IL-1β mAb reduced basal expression of sST2 (Supplemental Figure 11A). Blocking of IL-33 by sST2 did not reduce the induction of IL-1β levels by the IL1RL1 variants (Supplemental Figure 11B). Furthermore, inhibition of IL-1β by anti–IL-1β reduced the basal IL-33 levels. IL-33 itself upregulated sST2 levels, which in turn reduced IL-1β levels (Supplemental Figure 11C). Our results revealed that both IL-33 and IL-1β drive sST2 expression and that IL-1β acts as an upstream inducer of IL-33 and maintains IL-33 expression by intracellular IL1RL1 variants (Supplemental Figure 11D). This suggests that IL1RL1 variants upregulated sST2 mainly through IL-33 autoregulation and that the enhanced IL-33 responsiveness by A433T and Q501R was mediated by IL-1β upregulation.

IL1RL1 missense variants modulate ST2 signaling pathways. The effect of IL1RL1 missense variants on known ST2 downstream regulatory pathways, including NF-κB, AP-1/c-Jun, AKT, and STAT3 (28–32), was examined in the presence and absence of IL-33 (Figure 4 and Supplemental Figure 12). The IL1RL1 intracellular missense variants (A433T, T549I, Q501K, Q501R, and L551S) were associated with higher basal phospho–NF-κB p65 and phospho–c-Jun levels (Figure 4, A and B). Consistent with enhanced IL-33 responsiveness in A433T and Q501R cells, levels of IL-33–induced NF-κB and c-Jun phosphorylation were enhanced in these 2 variants (Figure 4, B and D). In contrast, A433T and Q501R variants showed lower basal phospho-AKT levels (Figure 4E). IL-33 did not directly regulate AKT activation, since phospho-AKT levels were not affected with or without IL-33 stimulation (Figure 4F). IL1RL1 missense variants did not affect STAT3 signaling (Supplemental Figure 12). These results reveal increased activation of basal NF-κB and AP-1 associated with upregulation of sST2 expression by IL1RL1 intracellular variants. In addition, reduced AKT signaling by A433T and Q501R variants might be associated with enhanced IL-33 responsiveness.

We also found that inhibition of NF-κB and AP-1 reduced IL1RL1 proximal promoter activity, whereas distal promoter activity was inhibited by AP-1 blockade but not NF-κB inhibition. This suggests that both NF-κB and AP-1 are important for proximal promoter activation and that AP-1 is important for distal promoter activation by the intracellular IL1RL1 variants (Supplemental Figure 13).

Mal and MYD88 are required for intracellular IL1RL1 variant–induced sST2 expression. We also analyzed the subcellular localization of ST2L in IL1RL1 variants. ST2L was detected predominantly in the membrane fraction, and sST2 was detected in the cytosol fraction. The intracellular IL1RL1 variants upregulated cytosolic sST2 levels as well as the sST2 levels in the culture media. In addition, A433T and Q501R caused higher membrane ST2L expression (Supplemental Figure 6). To test the possibility that IL1RL1 variants interact with Mal, MYD88, and the PI3K subunits, we performed Co-IP assays and found that all of the IL1RL1 variants interacted with Mal and MYD88. In addition, binding of Mal to ST2L was increased by the intracellular variants. Only
A433T and Q501R interacted with the PI3K-p85 subunit, indicating that these 2 IL1RL1 variants may regulate the PI3K/AKT signaling pathway through the interaction of the ST2L intracellular domain with the PI3K-p85 subunit (Supplemental Figure 14).

We further examined the role of Mal, MYD88, and PI3K-p85 in sST2 induction by IL1RL1 variants. Knockdown of Mal and MYD88 by siRNA completely inhibited sST2 induction by intracellular IL1RL1 variants, indicating that Mal and MYD88 are necessary for ST2L-mediated sST2 induction. Knockdown of PI3K-p85 had no effect on IL-33–induced sST2, whereas knockdown of PI3K-p85 blocked A433T, Q501R, and 5-mut–enhanced IL-33 responsiveness (Supplemental Figure 15). These results suggest that the increased binding of Mal to the ST2L intracellular domain mediates sST2 expression seen in intracellular IL1RL1 variants. Furthermore, the recruitment of PI3K-p85 to A433T and Q501R mediates the enhanced IL-33 responsiveness.

IL-33–induced sST2 expression is reciprocally regulated by different signaling pathways. IL1RL1 intracellular variants caused increased basal activation of NF-κB and AP-1 and lower basal AKT phosphorylation in A433T and Q501R variants (Figure 4). We hypothesized that sST2 is reciprocally regulated by NF-κB, AP-1, and AKT pathways, and thus we investigated the role of PI3K/AKT/mTOR, ERK/NF-κB, and JNK/AP-1 pathways on IL-33–induced sST2 expression. Inhibitors of PI3K and mTOR further enhanced IL-33–induced sST2 expression (Figure 5A). In contrast, inhibitors of ERK, JNK, NF-κB, and AP-1 abrogated IL-33–induced sST2 expression, indicating that NF-κB and AP-1 are required for IL-33–induced sST2 expression (Figure 5A). These data suggest that increased binding of Mal to the ST2L intracellular domain mediates sST2 expression seen in intracellular IL1RL1 variants.
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reveal reciprocal regulation of IL-33–induced sST2 expression by PI3K/AKT/mTOR, ERK/NF-kB, and JNK/AP-1 pathways. 

Inhibition of the PI3K/AKT/mTOR axis increases IL-33 responsiveness and sST2 expression through IL-1β–mediated ST2L induction. Rapamycin has been shown to trigger ST2L expression through upregulating IL-1β (30). We found that inhibition of mTOR with rapamycin specifically induced ST2L but not sST2 expression in the absence of IL-33 (Figure 5, B and C). This effect was blocked by anti–IL-1β mAb, suggesting that IL-1β mediated rapamycin-triggered ST2L expression (Figure 5B). In addition, rapamycin enhanced IL-33–induced sST2 expression, an effect that was blocked by anti–IL-1β and anti-ST2 (Figure 5C). These results suggest that inhibition of the PI3K/AKT/mTOR axis can increase IL-33 responsiveness via IL-1β–triggered endogenous ST2L expression. This may be the underlying mechanism of enhanced IL-33 responsiveness in the A433T and Q501R variants, in which we found reduced AKT signaling.

NF-kB and AP-1 are required for IL-33 expression. To determine the mechanism for increased IL-33 expression in the presence of IL1RL1 intracellular variants, we examined the role of PI3K/AKT, NF-kB, and AP-1 in the regulation of IL-33 expression. Inhibition of PI3K, NF-kB, and AP-1 reduced basal IL-33 expression (P < 0.05; Figure 5D). IL33 mRNA expression was induced by IL-1β and IL-33 itself (P < 0.05), which in turn was blocked by inhibition of NF-kB and AP-1 but not affected by inhibition of PI3K/AKT. This indicated that NF-kB, AP-1, and PI3K/AKT signals are required for basal IL-33 expression, whereas only NF-kB and AP-1 are necessary for IL-33 induction after IL-1β and IL-33 stimulation.

In summary, our experiments demonstrate that IL-33 induces sST2 expression through NF-kB and AP-1 and that the IL1RL1 intracellular domain variants regulate IL-33–induced sST2 expression via 2 mechanisms: (a) enhanced induction of IL-33 via enhanced NF-kB and AP-1 signaling and (b) enhanced IL-33 responsiveness via increasing ST2L expression (Figure 5E).

Discussion

Our findings indicate that genetic factors account for up to 40% of the interindividual variability in circulating sST2 concentrations. This substantially exceeds the amount of variation in sST2 attributable to measured clinical and environmental factors (~14%), although this may be underestimated due to unmeasured clinical factors. Common genetic variants within or near the IL1RL1 gene alone accounted for more than 10% of the phenotypic variation in sST2, nearly as much as all measured clinical variables together. We mapped intracellular IL1RL1 missense variants associated with circulating sST2 concentrations in our GWAS to the TIR domain, a region important in downstream signaling. In molecular function studies, we demonstrate that these IL1RL1 missense variants expressed in membrane-bound ST2 (ST2L) but not expressed in its soluble form (sST2) can induce sST2 expression and that this occurs via a direct effect on ST2L expression and downstream signaling. Thus, genetic variants that change intracellular ST2 transmembrane signaling can induce human sST2, revealing a new pathway in immune and inflammatory regulation.

The ST2/IL-33 pathway plays a major role in immune and inflammatory responses by inducing Th2 immune responses (2, 3). Clinically, ST2 appears to contribute to the pathophysiology of a number of inflammatory and immune diseases related to Th2 activation, including asthma (5), ulcerative colitis (6), and inflammatory arthritis (7). Additionally, ST2 is emerging as an important mediator of cardiac remodeling as well as a valuable prognostic marker in cardiovascular disease (11–13, 15, 17, 33, 34). Understanding the genetic determinants of sST2 may lend important insights into regulation of the sST2 pathway and may lead to the discovery of novel therapeutic targets for the treatment of immune and cardiovascular disease.

The majority of sST2 gene variants in our study were located within or near IL1RL1, the gene coding for both transmembrane ST2 and sST2. IL1RL1 resides within a linkage disequilibrium block of 400 kb on chromosome 2q12, a region that includes a number of other cytokines, including IL-18 receptor 1 (IL18R1) and IL-18 receptor accessory protein (IL18RAP). Polymorphisms in this gene cluster have been associated previously with a number of immune and inflammatory conditions, including asthma (35), celiac disease (36), and type 1 diabetes mellitus (37). Many of these variants were associated with sST2 concentrations in our analysis (Supplemental Table 6). The immune effects of ST2 are corroborated by experimental evidence: membrane-bound ST2 is selectively expressed on Th2- but not Th1-type T helper cells, and activation of the ST2/IL-33 axis elaborates Th2 responses (2, 3). In general, the allergic phenotypes above are thought to be Th2-mediated processes, in contrast to atherosclerosis, which appears to be a Th1-driven process (38).

How these genetic variants differentially relate to these previously described immune and inflammatory diseases compared with cardiovascular disease is unknown. We found 2 variants with suggestive associations with clinical phenotypes. The directional-ity suggests that variants with lower sST2 concentrations may be associated with higher C-reactive protein and adverse outcomes, but these data should be considered hypothesis generating. This association is counter to clinical observations, in which higher sST2 concentrations were associated with adverse outcomes (19). Experimental data support an overall protective effect of IL33/ST2 signaling; activation of membrane-bound ST2L by IL33 leads to reduced hypertrophy and fibrosis (9). The genetic variants studied in our manuscript are located in membrane-bound ST2L, and we show that genetic variants in membrane-bound ST2L enhance both ST2 expression and also IL-33 responsiveness of ST2L itself. Thus, genetic variants likely influence both soluble and membrane-bound ST2. It may be that increased expression of ST2 reflects a compensatory response to cardiac stress, as seen with other molecules (such as BNP), in which the association of genetic variants with outcomes has the opposite directionality from circulating levels (39). We found strong evidence linking IL1RL1 genotypes with soluble ST2; on the other hand, the associations with clinical outcomes warrant further confirmation. Furthermore, because variants in this region are in high linkage disequilibrium, it is not possible to determine whether the effect is due solely to variants in IL1RL1 or neighboring loci within the linkage disequilibrium block, and identification of other causal variants requires additional study.

To our knowledge, our study is the first investigation to demonstrate associations between ST2 genotype and circulating human sST2 concentrations. We extended findings to in silico tissue expression: rs13001325 was associated with both sST2 concentrations and IL1RL1 gene expression in brain tissue. The directional-ity of the association was consistent among genotype, gene expression, and sST2 concentrations, lending additional weight to this finding. These data are consistent with prior gene expression studies, demonstrating significant sST2 mRNA levels in brain tissue compared with that in other organs (40).

We explored potential functional consequences of sST2 missense
variants in our GWAS first by homology mapping the variants to the IL-1R. The A78E variant mapped to the surface of sST2 and extracellular ST2L domain, with the side chain oriented toward the hydrophobic protein interior and, based on homology with the IL-1p receptor, would be unlikely to disrupt the IL-33 binding site. Of the remaining 5 IL1RL1 coding mutations, 4 mapped to the TIR domain on membrane-bound ST2, an intracellular signaling domain common to all Toll and IL-1Rs. The A433T variant would be predicted to have the highest probability of directly influencing TIR domain-mediated signaling by ST2. This variant was located in “box 2,” a region predicted by in silico docking studies to facilitate protein-protein interactions with the TIR domains of the adaptors proteins myeloid differentiation primary response gene 88 (MyD88) and MyD88 adapter-like (Mal), leading to expression of proinflammatory cytokines (41).

In order to elucidate the functional consequences of these IL1RL1 nsSNPs, we examined the effect of each of these missense mutations on sST2 expression in experimental studies. The extracellular A78E variant did not alter sST2 expression, suggesting that IL-33 binding to the extracellular ST2L domain was not altered by this variant. All other intracellular variants were associated with increased sST2 expression, indicating that signal transduction via the ST2L intracellular domain plays an important role in regulating sST2. This occurs via alterations in ST2 signaling pathways, including transcription factors NF-κB and AP-1 (28, 29), which are known to regulate sST2 expression, and the PI3K/AKT/mTOR pathway, which is known to regulate ST2L expression (30). The A433T and Q501R variants specifically demonstrated enhanced sST2 expression after IL-33 induction, which was blocked by both anti-ST2L mAb and anti–IL-1p. This suggests that mTOR-mediated ST2L expression contributes to increased IL-33–induced sST2 expression observed in these variants. Interestingly, while Q501R and Q501K variants both result in positively charged amino acid substitutions, they have differential effects on signaling pathways. Q501R but not Q501K inhibited the PI3K/AKT/mTOR pathway and increased IL-33 responsiveness through increasing endogenous ST2L expression. Furthermore, we found that A433T and Q501R interact with the PI3K-p85 subunit and may regulate AKT signaling by modulating the interaction of the ST2L TIR domain with other receptor tyrosine kinase or PI3K subunits (32, 42).

Due to the high degree of linkage disequilibrium at the IL1RL1 locus, it is not possible to determine where the true signal originates using population-based data. However, these experimental findings suggest that missense variants underlie, at least in part, the genetic determinants of sST2 concentrations. We found other intracellular variants associated with higher sST2 protein levels in KU812 human basophils as well as in A549, U937, and Jurkat T cells. This suggests that the regulation of sST2 expression by IL1RL1 missense variants can occur in human immune and epithelial cells.

Several limitations deserve mention. The relative contributions of clinical and genetic factors to variation in sST2 are estimates, and clearly unmeasured factors not included in our analysis may also influence sST2 concentrations. Specifically with regards to heritability estimates, the influence of shared genes and shared environmental exposures is often difficult to distinguish. However, we found no significant correlation of sST2 concentrations among spousal pairs, which suggests that shared environmental factors are probably less important.

In summary, our findings demonstrate substantial heritability of sST2 concentrations and identify a robust association with genetic variants within or near the IL1RL1 gene. In molecular studies, IL1RL1 missense variants identified using a population-based approach induced sST2 expression via direct effects on ST2L signaling and modulation of ST2 promoter activity. Studies elucidating the functional consequences of genetic variation in sST2-related genes may lead to a better understanding of the ST2 pathway and its possible influences on immune and inflammatory diseases, including cardiovascular disease.

Methods

Study sample

The FHS Offspring study is a prospective, observational, community-based study (45). Children (and spouses of the children) of FHS original cohort participants were recruited in 1971 and have since been followed with serial examinations. Soluble ST2 concentrations were measured on stored frozen blood specimens collected at the sixth examination cycle (1995–1998). A total of 2,991 participants were included in this analysis.

Laboratory testing

Blood samples collected after an overnight fast were centrifuged for storage at −70°C. sST2 concentrations were measured using a high-sensitivity sandwich immunoassay (Predose ST2; Critical Diagnostics) (46). The assay is stable over time and has a lower detection limit of 2 ng/mL. Within-run and total coefficients of variation are ≤2.5% and ≤4.0%, respectively (46).

Genome-wide genotyping and imputation

Genotyping was conducted using the Affymetrix 500K mapping array and the Affymetrix 50K gene-focused MIP array (dbGaP study accession phs000342.v7.p7). Genotypes from the Affymetrix 500K mapping array were called using Chiampo (47). For imputation of genotypes to the HapMap set of 2.5 million SNPs (CEU population, release 22, build 36; http://hapmap.org), a hidden Markov model was used, as implemented in MACH (version 1.0.15) (48).

In silico association of genetic variants with gene expression, clinical outcomes, and other cardiovascular biomarkers

The top 10 sST2 SNPs with pairwise $r^2 < 0.2$ were searched against a collected database of expression SNPs (eSNPs) to examine relations with cis gene expression levels across different tissue types (Supplemental Methods). Because circulating ST2 concentrations are associated with mortality and cardiovascular events, we performed look-ups in large GWASs for association of sST2 genetic variants with these clinical outcomes in research article
Soluble ST2 concentrations were log transformed due to right-skewed distribution. To examine the association of sST2 with clinical covariates, a forward selection regression model was used, with \( P < 0.05 \) for entry (details in the Supplemental Methods). Analyses were performed using SAS, version 9.1.3 (SAS Institute).

**Heritability.** Variance-component models were used to estimate the heritability of sST2 using Sequential Oligogenic Linkage Analysis Routine (50). Heritability estimates were age and sex adjusted and also multivariable adjusted (age, sex, systolic blood pressure, antihypertensive medication use, diabetes mellitus, and smoking status). Clinical covariates suspected to be potential confounders were selected based on prior studies (13, 34, 51). Secondary analyses are detailed in the Supplemental Methods.

GWAS. Associations of genetic variants and sST2 concentrations were tested using linear mixed-effects models to accommodate pedigree data under an additive genetic model, with covariates used for heritability analysis. Genome-wide association analyses were performed using R (52) and implemented using the lmkin function in the kinship package (53). Results were considered genome-wide significant at \( P < 5 \times 10^{-8} \). Soluble ST2 concentrations (back transformed from log-transformed data) were estimated by genotype for the top SNP.

**Study approval**

Participants provided informed consent, and the study was approved by the Institutional Review Board at Boston University Medical Center.

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