Child Custody Revisited

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CHILD CUSTODY REVISITED

ROBERT MNOOKIN*

I
INTRODUCTION

When Professors Katharine Bartlett and Elizabeth Scott proposed a symposium and accompanying issue of Law and Contemporary Problems organized around my article Child-Custody Adjudication: Judicial Functions in the Face of Indeterminacy,1 I was flattered, thrilled, and most of all surprised: flattered because of the extraordinarily generous ways they characterized the importance of the article to the development of family-law scholarship, thrilled because they suggested a number of leading family-law scholars had agreed to reflect on the article’s impact and contemporary relevance, and surprised because my article was nearly forty years old.

It was also with a tinge of trepidation that I approached the prospect of the symposium. For the first fifteen years of my academic career, my central scholarly concerns were children and the law broadly, and issues relating to divorce custody and the foster-care system in particular.2 But in the last twenty years I have focused nearly exclusively on conflict resolution, negotiation, and alternative dispute resolution, not family law. I was only generally abreast of developments in custody law. I had given no thought to the continuing relevance, if any, of my article. Truth be told, I had not even looked at, much less read, the article in more than twenty years.

When my article appeared, Gerald Ford was President. International concerns focused on the Soviet Union and the Cold War. The median household income in the United States was $11,800, and the average cost of a new house was $39,000.3 I wrote the article on a typewriter. There were no personal computers, or cell phones. There was no world-wide web. I wondered, Would the social, economic, political, technological, and legal changes since 1975 make my analysis seem strangely out-of-date?

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This article is also available at http://lcp.law.duke.edu/.

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1. 39 LAW & CONTEMP. PROBS. 226 (Summer 1975).


I have now reread my article in light of the fascinating contributions to this issue of *Law and Contemporary Problems*. I have asked myself, Are the article’s two core themes—relating to the indeterminacy of the best-interests standard and differentiating child protection from private dispute resolution—still relevant? To what extent have changes in social norms, technology, and legal doctrine made my analysis unresponsive to contemporary challenges for custody law and policy? With profound gratitude to Professors Bartlett and Scott, I offer here my observations regarding these questions.

II

THE INDETERMINACY CLAIM

The first, most fundamental claim in my article was that the best-interests standard was indeterminate. I exposed the indeterminacy of this custody standard by framing the judge’s decision under the standard “as a problem of rational choice” between custodial alternatives in which the judge was being asked to choose the alternative that would maximize “what is best for a particular child.” Drawing on decision theory, a rational decisionmaker would need to (1) specify alternative outcomes and predict the probability that each outcome might occur, and (2) assign to each outcome a utility measure that integrated his values and allowed comparisons among alternative outcomes. To do this the judge would need considerable information, predictive ability, and some source “for the values to measure utility for the child.”

After framing the best-interests standard in this way, I exposed its indeterminacy with two basic arguments: First, “[f]or most custody cases, existing psychological theories simply do not yield confident predictions of the [long-term] effects of alternative custody dispositions.” Second, “even if accurate predictions were possible in more cases, our society today lacks any clear-cut consensus about the values to be used in determining what is ‘best’ or ‘least detrimental.’” None of the authors in this issue express any disagreement with either of these two basic assertions.

With respect to the first of these indeterminacy arguments, I claimed, “[P]resent-day knowledge about human behavior provides no basis for the kind of individualized predictions required by the best-interests standard.” I pointed out that there were “numerous competing theories of human behavior, based on radically different conceptions of the nature of man” and that “no consensus exists that any one is correct.” This remains true today.

5. *Id.* at 256.
6. *Id.* at 257.
7. *Id.* at 229.
8. *Id.*
9. *Id.* at 258.
10. *Id.*
Mental-health professionals still lack the capacity to make accurate predictions about the long-term impact of alternative custodial dispositions on children. Indeed, Professors Elizabeth Scott and Robert Emery suggest mental-health professionals today continue to use the illusion of scientific expertise to obscure the deficiencies of the best-interests standard, not simply as expert witnesses in trials but throughout the dispute-resolution process. Scott and Emery see this as deeply problematic because such professionals “lack the scientific knowledge to guide them in linking clinical observations or test data to qualitative proxies for best interests or in comparing incommensurable factors to make custody recommendations to the court.” Nonetheless it appears that mental-health professionals’ plans today might play an increasingly important role throughout the dispute-resolution process. Psychologists and mental-health professionals continue to make predictive claims that cannot be justified by social-science research.

My second indeterminacy argument also remains as relevant today as it was in 1975. The lack of a social consensus about values still plagues best-interests determinations. Determining what is best for a particular child inevitably involves judgments about the hierarchy of and trade-offs between often competing values. Presumably with the goal of providing greater guidance and more consistent decisionmaking, many states now list criteria that a court is asked to use in applying the best-interests standard. But, as Professor Bartlett demonstrates, “the[ ] criteria encompass every factor potentially relevant to a child’s welfare,” and “most of the criteria are themselves open-ended and subjective.” In other words, the criteria do little to guide and regulate judicial decisionmaking.

I would stand by my general critique of using an indeterminate standard for child-custody adjudication. Using a best-interests standard poses fundamental questions of fairness. It risks violating the “fundamental precept that like cases should be decided alike.” It largely removes the special burden of justification that is characteristic of adjudication, and it involves using the judicial process in a way that is quite uncharacteristic of traditional adjudication: It requires predictions of what will happen in the future and not determinations of what happened in the past. A broad “person-oriented” standard risks that a judge’s

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12. Id. at 92.
13. Kimberly Emery and Robert Emery point out that “expert” psychological evaluations by mental-health professionals are now increasingly used as part of the “dispute-resolution funnel” to encourage settlement as part of the dispute-resolution process before a judge is asked to adjudicate a conflict. See Kimberly C. Emery & Robert E. Emery, Who Knows What is Best for Children? Honoring Agreements and Contracts Between Parents Who Live Apart, 77 LAW & CONTEMP. PROBS., no. 1, 2014 at 151, 159–61.
15. Id.
16. See Mnookin, supra note 1, at 263.
decision will be based on “unarticulated (perhaps even unconscious) predictions and preferences that could be questioned if expressed.”

In this regard, I find the distinction offered by Daniel Kahneman in his recent book *Thinking, Fast and Slow* relevant both to my deconstruction of the best-interests standard and my critique of its use as an adjudicatory standard. Kahneman’s core idea is that human beings think in two very different ways.

One cognitive system (what he calls “System 1” or thinking fast) is fast, instinctive, almost automatic; it draws on emotions and can be subconscious and stereotypic. A second way of thinking, (“System 2”) is slower, more deliberative, and logical. It is effortful, conscious, and calculating.

The decision-analytic framework I used in deconstructing the best-interests standard is quintessentially a system-two method of thinking, a paradigmatic example of what Kahneman would characterize as thinking slow. And the product of my decision-analytic framework—the two-prong test—would also be thinking slow, were judges to ever engage in it. By describing the best-interests standard in these terms, I exposed its indeterminacy. But in so doing, I never thought I was actually describing how judges make custody decisions. Indeed, a primary problem of an indeterminate custody standard is that it invites judges to make decisions by “thinking fast”—relying primarily on the basis of intuition, visceral reaction, and gut feeling about to the parties before them.

With respect to indeterminacy, I should underscore an important limitation on the scope of my claim: Not all custody disputes are plagued by indeterminacy. Some custody disputes are “easy” to decide because there is a social consensus about “what is very bad.” If one placement exposes a child to substantial short-run risks of serious harm, especially irreversible harm, while another placement poses no such risk, the choice is clear-cut and easy. There is no need to make longer-term predictions or more complicated evaluations of what is likely to happen to the child’s long-run development. However, “to be easy, a case must involve only one claimant who is well known to the child and whose conduct does not endanger the child.” More typically, custody disputes involve more difficult choices because they do not fit this pattern. In many private disputes, the court must choose between two claimants who each offer

17. *Id.*
19. *Id.* at 415.
20. *Id.*
21. *Id.*
22. *Id.*
23. As Bartlett relates, one court noted that “[o]ften trial judges who see the witnesses in a custody dispute come away with a gut feeling that one parent is a better fit than the other, though it may be difficult to explain the underlying reasons.” Bartlett, *supra* note 14, at 66 (emphasis added) (internal quotation marks omitted) (citing McKee v. Dicus, 785 N.W.2d 733, 738 (Iowa Ct. App. 2010)).
25. *Id.*
26. *Id.*
advantages and disadvantages and neither of whom would endanger the child. In child-neglect proceedings, the existing home is typically far from optimal, but placing the child with a foster family unknown to the child can pose serious risks as well.

III
THE CLAIM CONCERNING TWO FUNCTIONS

My second fundamental claim in my article was that child-custody adjudication can be best understood by differentiating between two different judicial functions: child protection and private dispute resolution.27 The distinction between these two functions remains critical because the implications of indeterminacy are quite different depending on the function at issue.28 Because the policy goals related to each function are different, the search for a single set of substantive standards and procedures to govern all custody disputes would be as unwise today as it would have been forty years ago. None of the authors would appear to disagree.

The child-protection function involves the judicial enforcement of state-imposed minimum standards of parental behavior believed necessary for the protection of the child. Defining the proper scope for “child protection” poses fundamental questions concerning political and moral philosophy about the proper allocation of power and responsibility between the family and the state. The use of an indeterminate legal standard confers broad discretion and can invite inappropriate intrusion into the family.

Adjudication implicates the child-protection function most commonly in juvenile-court neglect or dependency proceedings. These occur within an elaborate juvenile-court and social-welfare bureaucracy with responsibility for a foster-care system. The state may retain oversight over the child for an extended period of time—often years. An indeterminate best-interests standard gives too much discretion to social workers, probation officers, and juvenile-court judges to inappropriately remove children from parental custody. And for those children who are removed, an indeterminate best-interests standard does too little to ensure bureaucratic accountability once such children are in foster care.

The procedures and standards for private dispute resolution play a very different role. This function involves resolving disputes between private

27. Id. at 229.
28. The distinction also remains analytically useful in understanding the different strands of contemporary custody law: divorce custody proceedings, guardianship proceedings, juvenile-court neglect proceedings, and involuntary termination of parental rights as part of adoption. I demonstrate that “either function can be involved in a judicial proceeding involving the application of any of the four strands of custody law, and a single case may involve both strands.” Id. at 248–49. A recent Supreme Court decision involved a private custody dispute in the context of an adoption between a Native American biological father and adoptive parents. Adoptive Couple v. Baby Girl, 133 S. Ct. 2552 (2013).
individuals—typically two parents—who cannot agree on how to share responsibility for the child. The state is providing a forum for resolving conflicts that the parties have not been able to resolve on their own. Once the dispute is resolved, the judge is typically out of the picture. The state retains no broad authority over the child or the family.

None of this is meant to suggest that we should be unconcerned about the use of an indeterminate standard for private dispute resolution. Its use raises important questions concerning fairness because of the breadth of the largely unreviewable discretion it gives to a judge. Moreover, an indeterminate standard makes it difficult to predict the outcome of litigation. This uncertainty might encourage more litigation and make the dispute-resolution process more protracted and costly.

Neither my analysis of the two functions nor my critique of the best-interests standard was based on the Constitution. As Professor Emily Buss correctly points out, I gave the Supreme Court’s jurisprudence “only the slightest of nods” in reaching my conclusions. Nor did my article focus on the constitutional dimensions of parental rights, or the outer limits of a state’s authority to intervene into the family in the exercise of its parens patriae power. It pleases me that Professor Buss identifies what she sees as “the striking correlation” between my “child-focused legal prescriptions and the parent-focused developments in constitutional law” that has developed since my article appeared. I can hardly claim credit for prescience. But I suspect part of the explanation lies in what I identified as the “starting point” for my policy analysis.

In my article I expressed a preference for what I characterized as “family autonomy”: A starting point that “assumes that power and responsibility for children generally ought to be vested in private hands—essentially the family—except in cases where government rule can be justified.” I cited Pierce v. Society of Sisters in support of this position. Supreme Court decisions since my article certainly suggest that the Constitution itself would impose substantive and procedural limitations on the state’s power to remove children from

29. See Emily Buss, An Off-Label Use of Parental Rights? The Unanticipated Doctrinal Antidote for Professor Mnookin’s Diagnosis, 77 LAW & CONTEMP. PROBS., no. 1, 2014 at 1, 2.
30. As Professor Buss notes, in 1975 there were only a handful of Supreme Court cases that touched upon the constitutional basis for parental rights. Id. at 2. She identifies Meyer, Pierce, Prince, Yoder, and Stanley. Id. at 3. The first edition of my casebook, which appeared in 1978, did, among other things, focus on the constitutional dimensions of the allocation of power and responsibility for children. See ROBERT H. MNOOKIN, CHILD, FAMILY AND STATE: PROBLEMS AND MATERIALS ON CHILDREN AND THE LAW (1st ed. 1978). Now in its sixth edition, the amount of constitutional material in the casebook has expanded considerably over the years. Compare MNOOKIN & WEISBERG, supra note 2, with MNOOKIN, supra.
31. See Buss, supra note 29, at 2.
32. See Mnookin, supra note 1, at 266. The other two starting points were (1) state paternalism, which assumes that the state has primary responsibility for children and ought to exercise full control over their lives, except where delegation of the family is justified, and (2) agnosticism, which rests on no preference and instead approaches individual policy issues on their own merits.
33. Id. at 266–67 & n.188 (citing Pierce v. Society of Sisters, 268 U.S. 510, 534–35 (1925)).
Indeed, with respect to the child-protection function, Professor Buss hints that the requirement of “reasonable efforts” before removal might have a constitutional underpinning. With respect to private dispute resolution, as Buss points out there is no constitutional impediment to my stated preference for a psychological parent’s claim over that of a genetic parent who lacks any substantial prior connection to the child’s life.

IV

CHANGING GENDER ROLES AND CUSTODY STANDARDS

Claims relating to gender roles and gender equity have long been central to family-law policy debates. In my article I traced the prior evolution of custody standards from a paternal preference, through fault-based standards, to a maternal preference. Indeed, in 1975 I reported that the maternal preference was rapidly “being displaced by a formal insistence on a neutral application of the best-interests standard.” I attributed the trend to “no fault divorce, the changing social conception of the appropriate sex roles, and the women’s movement.”

The contributions to this issue of Law and Contemporary Problems suggest that today the indeterminate best-interests standard is still the dominant standard. But during the intervening years, advocates worked with limited

34. See Troxel v. Granville, 530 U.S. 57 (2000) (holding that in light of constitutional right of parents to rear their children, Washington state allowing any third party to petition state courts for child-visitiation rights over parental objections is unconstitutional; Santosky v. Kramer, 455 U.S. 745 (1982) (holding that the Due Process Clause of the Fourteenth Amendment requires more than a preponderance-of-the-evidence standard in any procedure in which a state seeks to terminate the rights of parents in light of evidence that the child is neglected).

35. See Buss, supra note 29, at 19.

36. Id. at 27. Relevant in this regard is the recent Supreme Court decision rejecting a statutory claim brought under the federal Indian Child Welfare Act of 1978 (ICWA), 25 U.S.C. §§ 1901–1963 (2006), by a biological father who sought to block an adoption. See Adoptive Couple v. Baby Girl, 133 S. Ct. 2552 (2013). In Adoptive Couple v. Baby Girl, the South Carolina Supreme Court had read the ICWA to deny an adoption that would have otherwise have been valid under state law on the basis of an objection by the Native American biological father, who had had no previous role in the child’s life. Id. at 2556. In a majority opinion for the Court, after “assuming for sake of argument” that the biological father was a “parent” under the ICWA, Justice Alito chose to read the statutory provisions narrowly, and therefore rejected the father’s claim. Id. at 2557. In his dissent, Justice Scalia wrote, “The Court’s opinion, it seems to me, needlessly demeans the rights of parenthood. It has been the constant practice of the common law to respect the entitlement of those who bring a child into the world to raise the child. We do not inquire whether leaving the child with his parents is ‘in the best interests of the child.’ It sometimes is not; he would be better off raised by someone else. But parents have their rights, no less than children do. This father wants to raise his daughter, and the statute amply protects his right to do so.” Id. at 2572 (Scalia, J., dissenting).

37. See Mnookin, supra note 1.

38. Id. at 235.

39. Id. at 235–36.

40. As earlier noted, many states now identify factors that courts are to take into account in determining best interests, but Professor Bartlett demonstrates these changes do little to make the standard more determinate. Bartlett, supra note 14, at 30.
success to displace the best-interests standard with new custody standards, which were much more determinate. In courts and state legislatures a gender war over custody standards has marked the last forty years.\textsuperscript{41} The main contenders have been (1) presumptions in favor of joint custody\textsuperscript{42} and (2) presumptions that would base custody on how parents allocated child-rearing responsibilities before they separated.\textsuperscript{43} Fathers’ rights groups have relentlessly pressed for joint-custody presumptions, and women’s groups have vigilantly resisted.\textsuperscript{44} The approximation standard has been vigorously opposed by fathers’ groups, while supported by the elite American Law Institute (ALI).\textsuperscript{45} One of the puzzles explored in this issue of \textit{Law and Contemporary Problems} is why women’s groups have not championed this alternative.\textsuperscript{46} To put the battles over divorce-custody standards in perspective, I have found it helpful to look at the extent to which the division of responsibilities between fathers and mothers in two-parent households has evolved.

A. Evolving Gender Roles and the Division of Family Responsibilities

Within a household with children and two parents living together, there are three major functions that must be performed: (1) providing for the economic support of the family, (2) providing day-to-day care for the children, and (3) performing the household chores to keep the family enterprise going. With respect to all three functions, there have been dramatic changes.

Forty years ago, the “traditional” middle-class American arrangement involved a considerable degree of gender-role differentiation: The father was the breadwinner responsible for working outside the home to earn income for the family, and the mother was primarily responsible for child rearing and housework. She had no paid work in the labor market outside the home.

After World War II and through 1960 this traditional allocation was clearly dominant. By the time my article appeared this traditional allocation was already breaking down. Today it is the exception and not the rule. In 1960, only 27.6\% of married women with children under eighteen participated in the labor

\textsuperscript{41} See Scott & Emery, \textit{supra} note 11, at 76–83.

\textsuperscript{42} See id. at 77–80; see also Bartlett, \textit{supra} note 14, at 30.

\textsuperscript{43} I refer here to both the primary-parent standard and the approximation standard. See Richard Neely, \textit{The Primary Caretaker Parent Rule: Child Custody and the Dynamics of Greed}, 3 \textit{YALE L. & POL’Y REV.} 168, 169 (1984) (describing the primary-parent standard); Elizabeth S. Scott, \textit{Pluralism, Parental Preference and Child Custody}, 80 \textit{CALIF. L. REV.} 615, 617 (1992) (describing the approximation standard); see also \textit{PRINCIPLES OF THE LAW OF FAMILY DISSOLUTION: ANALYSIS AND RECOMMENDATIONS} § 2.08 (2002); Bartlett, \textit{supra} note 14, at 32; Scott & Emery, \textit{supra} note 11, at 76. Although very similar, the two are not identical. A court applying the primary-parent standard would award custody to a parent who had done more, such that he or she was “primary.” A court applying the approximation standard would allocate time after divorce in a way that approximated how the parents shared responsibilities during the marriage.

\textsuperscript{44} See Susan Dominus, \textit{The Fathers’ Crusade}, \textit{N.Y. TIMES MAG.}, May 8, 2005, at 26, 50.

\textsuperscript{45} \textit{PRINCIPLES OF THE LAW OF FAMILY DISSOLUTION: ANALYSIS AND RECOMMENDATIONS} § 2.08 (2002).

\textsuperscript{46} See Scott & Emery, \textit{supra} note 11, at 70–71.
force. By 1975, when my article was written that percentage had risen to 44.9%; by 2012 it had reached nearly 70%.\(^7\)

The increases are especially striking for women with young children. In 1960, the participation rate for married women with children under six years old was only 18.6%; by the time my article appeared in 1975 that percentage had increased to 36.7%; by 2013 it was 63.9%.\(^7\)

![Mothers in the Labor Force](image)


A very recent Pew Research report demonstrates, as the charts from the report excerpted below show, that fathers are spending more time on childcare and on housework.\(^9\) Based on time-allocation surveys going back to 1965, Pew

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48. The precise number was 68.5%. See id.; Letter from Steven Hipple, Economist, Bureau of Labor Statistics, Dep’t of Labor, to author (June 10, 2013) (on file with author); see also Arleen Leibowitz & Jacob Alex Klerman, Explaining Changes in Married Mothers’ Employment Over Time, 32 DEMOGRAPHY 365, 365 (1995) (“Among all married mothers of children under age 6, labor force participation (LFP) rates doubled between 1970 and 1990... from 30% to 59%.”).


concluded, “Fathers have nearly tripled their time with children since 1965.” A large gender gap in time spent with children remains: “[M]others spend about twice as much time with their children as fathers do.” (In 2011, mothers spent about 13.5 hours per week, compared with 7.3 hours for fathers).

There is a similar trend for housework. “Fathers’ time spent doing household chores has more than doubled since 1965 (from an average of about four hours per week to about 10 hours).” Mothers’ time doing housework has decreased significantly over the same timeframe (from 32 hours per week to 18). The Pew report concludes,

Fathers now spend more time engaged in housework and child care than they did half a century ago . . . . Fathers have by no means caught up to mothers in terms of time spent caring for children and doing housework chores, but there has been some gender convergence in the way they divide their time between work and home.”

51. Id.
52. See id. at 28.
53. Id.
54. Id. at 32.
55. Id. at 33.
56. Id. at 3.
These trends provide fuel for both sides of the gender wars that plague divorce policy. On the one hand, fathers’ groups point to the fact that today married women work in proportions nearly equal to men. They can also claim that during marriage fathers are now spending more time with the children. But women’s advocates can show that during marriage mothers earn less than


58. Id.
fathers and have far greater child-rearing responsibilities. The legal standards
governing both the financial and custodial arrangements should reflect these
realities.

B. The Joint-Custody Presumption

I have long opposed presumptions in favor of joint physical custody. About
three years after my child-custody adjudication article was published, I wrote
Bargaining in the Shadow of the Law: The Case of Divorce with Lewis
Kornhauser. Our core insight was that the legal standard used by courts to
adjudicate disputes also provides a backdrop for out-of-court bargaining. We
suggested that a joint-custody standard created a dilemma: Although it had
some good characteristics as a background rule for private ordering outside of
court it was inappropriate as a standard for a judge in court to impose.

The advantages of the joint-custody rule from the perspective of bargaining
are that it does not disadvantage the relatively risk-averse parent, reduces the
scope for strategic behavior, and imposes lower transaction costs. Nevertheless,

We do not think it good for children to feel caught in the middle of parental conflict,
and in those cases where the parents are involved in bitter dispute, we believe a
presumption for joint custody would do harm. Our study suggests that in a number of
cases in which families today adopt joint physical custody, there has been substantial
legal conflict. To the extent that this custody arrangement is the result of
encouragement by mediators, or judges for that matter, we think it is unwise. We wish
to note, however, that joint custody can work very well when parents are able to
cooperate. Thus we are by no means recommending that joint custody be denied to
parents who want to try it.

I found fascinating the article by Bruce Smyth, Richard Chisholm, Bryan
Rodgers, and Vu Son, reporting on their valuable research on the Australian

59. See Lyn Craig, Does Father Care Mean Fathers Share?: A Comparison of How Mothers and
60. See Mnookin & Kornhauser, supra note 2.
61. Id.
62. Id. at 980 (internal citations omitted).
63. See Mnookin, supra note 1, at 150.
64. See MACCOBY & MNOOKIN, supra note 2, at 284–85 (1992).
experience with legislation encouraging “shared-time parenting.” They study is intriguing and their empirical findings are important and very valuable.

I would offer the following five observations. First, the Australian legislation was the result of lobbying by fathers’ groups. Second, the Australian law on its face does not create a presumption in favor of joint physical custody. Instead, the Australian presumption of “equal, shared parental responsibility” is akin to a presumption in favor of what in the United States would be characterized as joint legal (as opposed to physical) custody. Third, since the reforms of 2006, shared-time parenting is not being imposed frequently by courts in contested cases. Figure 4 in Smyth, Chisholm, Rodgers, and Son’s article suggests that in the most recent time period only three percent of litigated cases resulted in court orders of equal time. As Smyth, Chisholm, Rodgers, and Son report this decline “seems appropriate . . . because fully adjudicated cases tend to exhibit entrenched, high levels of parental conflict.” Fourth, equal-time arrangements were the result of negotiated settlements in between fourteen and nineteen percent of litigated cases. Fifth, “shared parenting” is being adopted most frequently by “cooperative parents,” typically middle class persons with elementary school–aged children. In our California study we also found that shared parenting was rarely chosen by divorcing parents with either very young children or teenage children.

C. The Approximation Standard

Were I in a state legislature I would vote in favor of the ALI proposals and prefer the approximation standard to the indeterminate best-interests standard for the resolution of private disputes. What explains the “puzzling persistence”


66. Fehlberg also suggests that Australia provides a broad range of family-support services to divorcing couples that I would hope American states might consider. Fehlberg et al., supra note 65, at 326–27.


69. Smyth et al., supra note 65, at 141.

70. Smyth et al., supra note 65, at 137 fig.5.

71. In our study, there were 166 cases in which the decree provided for joint custody. But nearly all of these were the result of a negotiated or mediated resolution. Of the 933 cases in our study, a judge decided only fourteen, which is 1.5%. Of these adjudicated cases that a judge decided, only four resulted in a joint-custody award.

72. See MACCOBY & MNOOKIN, supra note 2, at 239.

73. Id. at 247.
of the best-interests standard?74

Scott and Emery suggest, correctly in my view, that the best-interests standard offers lawmakers safe shelter in circumstances when either of the two more determinate alternatives—joint custody or the approximation standard—are sure to provoke hostile fire from either mothers’ advocates or fathers’ groups.75 But a puzzle remains. What explains the failure of women’s advocates to more actively champion the approximation standard given that, at least under current parental-role allocation, it more often than not results in the mother being recognized as the primary custodial parent?76

Part of the answer lies in the data about the continued evolution of gender roles during marriage and the fact that the best-interests standard is more “neutral.” In my article, I underscored that “[s]ex-based rules have been tried historically and are now being discarded (correctly in my view) because they reflect value judgments and sexual stereotypes that our society is in the process of rejecting.”77

The approximation standard is gender neutral on its face. It does not explicitly provide for a maternal preference. Those fathers who during marriage spent considerable time with the children would have that prior commitment honored. Nonetheless, given the data concerning the actual allocation of child-rearing responsibilities in most marriages, a legal realist might claim that the approximation standard amounts to a maternal preference “in disguise.”78 Although dressed up in gender-neutral garb, in actual operation it would typically result in something akin to a maternal preference. This explains the vehement political opposition of fathers’ groups.

That the approximation standard can be seen as a disguised maternal preference also explains the ambivalence some feminists perhaps feel. Many women are deeply troubled by the extent to which gender-role differentiation persists in our society. The roles of women within the household—especially with regard to parenting—and opportunities in the labor market are connected. During marriage the mother in most American families today has much greater child-rearing responsibility than the father.79 Many feminists aspire for a world in which fathers and mothers share child-rearing responsibilities much more equally.80 Reinforcing the current reality—which, as the data shows, is a long way from equal distribution—sacrifices that dream and might perpetuate the stereotype that mothers should be primarily responsible for childrearing.

74. See Scott & Emery, supra note 11, at 69.
75. Id. at 82–83.
76. Of course, should gender roles continue to evolve, resulting in more equal sharing of parental responsibilities, the approximation standard would itself evolve away from a de facto maternal preference.
77. Mnookin, supra note 1, at 284.
78. See MacCoby & Mnookin, supra note 2, at 284–85.
79. Id.
There is also a fairness argument. After all, as David Chambers argued, there was no evidence, other than for very young children, that after divorce a fit father could not learn to be as good a primary parent as a mother who had previously occupied that role.\footnote{See David L. Chambers, \textit{Rethinking the Substantive Rules for Custody Disputes in Divorce}, 83 \textit{Mich. L. Rev.} 477, 511 (1984).} Although there is some power to this argument, as Chambers recognized, it does not make the approximation standard unfair to fathers.\footnote{\textit{Id.}} During the marriage, a father who has played a substantial role in child rearing would at the time of divorce bargain against a backdrop that considered that reality. As Eleanor Maccoby and I pointed out,

A woman who has served as the primary parent, after all, has already largely developed and demonstrated the skills to care for the child on an everyday basis. While her post-divorce role as custodial parent would require change, she has much less to learn in most cases than the father.

I remain of the view that “her experience as well as his inexperience strikes us as relevant to the custodial decision.”\footnote{\textit{Id.}} Moreover, during a time that gender roles are evolving, the approximation standard provides a transitional rule that appeals to my pragmatic instincts.

D. The Impact of Law on Social Change

Let me add a few words explaining why I believe that even if widely adopted as a replacement to the best-interests standard, the ALI standard would not in actual operation lead to a distribution of outcomes that would be substantially different than presently achieved under the best-interests standard. I am of the view that changes in custody standards are unlikely to have a significant impact on how parents allocate child-rearing responsibilities either before or after divorce. Law more typically reflects and perhaps reinforces the underlying social reality. Changing gender roles poses a macrochallenge that is too formidable for law to affect substantially.\footnote{\textit{Id. at 280.}}

Claims relating to gender equality and gender equity have been central to family-law policy debates for decades. As Eleanor Maccoby and I found in our empirical study of California divorce, gender-role differentiation with respect to parenting that follows divorce rests largely on differential roles that parents occupied before the separation.\footnote{See \textit{MACCOBY & MNOOKIN}, \textit{supra} note 2, at 279.}

Unless family law can modify predivorce roles, I remain doubtful that custody standards can have much greater impact on the postdivorce division of responsibilities: “[M]ost divorcing families couples would still end up allocating primary child-rearing responsibilities to mothers.”\footnote{\textit{Id. at 280.}} I think this would be true under a best-interests standard. I also think it would be true under the
approximation standard. Indeed, Smyth, Chisholm, Rodgers, and Son’s article suggests that it remains true in Australia, notwithstanding Australia’s presumption in favor of shared parental responsibility. 88

This is not to say custody standards are of no practical importance. A standard might affect outcomes in some cases, and a custody standard might have some impact on the mother’s bargaining power with respect to economic issues. The approximation standard might increase the bargaining position of women and decrease the risk that fathers could strategically use a custody claim under the vague best-interests standard as a bargaining chip to reduce economic support. 89 But as we found in Dividing the Child, even under the best-interests standard, at least where there are reasonably precise support guidelines, there is no evidence that a father’s strategic use of custody conflict leads to less financial support for women. 90

E. Custody Conflicts Involving Same-Sex Households

Nancy Polikoff correctly points out that in my article I did not anticipate the way “legal” and “cultural” changes might disrupt the assumed definition of natural parent. 91 There is not a word in my article about custody disputes involving same-sex couples and I did not anticipate the remarkable changes in public attitudes towards same-sex adoption 92 and same-sex marriage. 93 Nor is there a discussion of conflicts that can arise today where a child has been conceived through new assisted reproductive technologies or carried to term through a surrogacy arrangement. Since 1975 extraordinary technological developments have created radically new possibilities in terms of human reproduction. 94 In vitro fertilization did not exist in 1975. 95 These developments

88. See Smyth et al., supra note 65, at 137 fig.5, 138.
89. See MacCoby & Mnookin, supra note 2, at 284 (discussing the primary-parent standard in this regard).
90. Id. at 11.
92. Surveys suggest that the percentage of Americans now supporting adoption by same-sex couples has more than doubled in the last eighteen years. See Susan Page, Attitudes Toward Gays Changing Fast, Poll Finds, USA Today, Dec. 6, 2012, at A1.
93. In 1996 when the Defense of Marriage Act was signed, it was estimated that only one-quarter of the American public supported same sex marriage. Public Opinion of Same-Sex Marriage in the United States, WIKIPEDIA, http://en.wikipedia.org/wiki/Public_opinion_of_same-sex_marriage_in_the_United_States (last modified June 6, 2014). A May 9, 2013 Washington Post–ABC News poll found that 55% of Americans support same-sex marriage, 40% oppose, and 5% are undecided. The same poll suggests that one-third of those who now support same-sex marriage say they once held the opposite view and have changed their opinion. Gary Langer, Poll Finds Majority Acceptance of Gays From the B-Ball Court to the Boy Scouts (2013), available at http://www.langerresearch.com/uploads/1144a19GayRights.pdf. Media reports covering same-sex parenting have become increasingly mainstream. For example, a recent Vermont Public Radio audio report detailed a same-sex couple’s efforts to have the nonbiological mother formally adopt their child. See Abigail Mnookin, Second Parent Adoption, Vt. Pub. Radio (Aug. 8, 2013, 3:43 PM), http://digital.vpr.net/post/mnookin-second-parent-adoption.
94. See Polikoff, supra note 91, at 209–11.
have brought to court disputes that do not fit comfortably or neatly into existing legal categories.95

Polikoff’s article is centrally concerned with the sort of custody dispute that might arise between two mothers who while living in a lesbian relationship have decided “to bring a child into their relationship and to raise that child together, with each of them acting as a parent.”96 How should the law respond?

Let me first deal with the easy case. Suppose the second mom who is not biologically related to the child, with the consent of the biological mother, goes through a state-sanctioned adoption process and becomes an adoptive parent. As Polikoff presumably recognizes, a court applying the test I proposed in my article would not differentiate the rights of an adoptive parent from those of a biological or “natural” parent.97 In other words, if the second mom had adopted the child she would in my view stand on equal legal footing with the biological mother.

But suppose the second mom does not adopt the child. Under the approach suggested in my article, what would her rights be? For private dispute resolution, I proposed three intermediate rules that I claimed were not plagued by indeterminacy: (1) custody should not be awarded to a claimant whose limitations or conduct would endanger the health of a child under the minimum standards of child protection, (2) the court should prefer a psychological parent over any claimant, including a “natural” or biological parent, who, from the child’s perspective, is not a psychological parent, and (3) subject to the first two rules, “natural parents” (by which I meant biological parents) should be preferred over others.98

The second mom would surely qualify as a “psychological” parent. For some disputes this rule would vindicate the relational interests of the second mom. She would prevail in a custody fight with a nonparent third party—perhaps a collateral relative of some sort—who is not a psychological parent. It would also cover a case in which the biological mom had somehow become a stranger to the child.

Polikoff’s concern, however, is my response to what I see as a harder case—a custody fight between two moms, both of whom are psychological parents, but only one of whom is a biological or adoptive parent. The application of my third intermediate rule, with its preference for a “natural parent” would seem to place a biological mother who is also a psychological parent on a superior footing to a second mom who is not biologically related to the child but is a psychological parent.

95. Id. at 211–19.
97. See Polikoff, supra note 91, at 196.
98. See id. at 195 (indicating that “adoptive” and “natural” parents are both included in the Uniform Parentage Act).
99. See Mnookin, supra note 1, at 282–83.
I must confess I did not have a case like this in mind when I proposed my third intermediate rule that “natural parents should be preferred over others.” I justified this third standard by claiming that

[in a dispute where the natural parent poses no danger to the child’s physical health and is viewed by the child as a psychological parent, a preference for that natural parent over a third party gives expression to broadly shared social values about parental responsibilities for the welfare of their offspring and reflects the importance to the child of a sense of lineage.

But when the two parents have raised the child together since infancy, I am unsure there is “a broadly shared social value” that would support the preference. I am sympathetic to Polikoff’s claim that the lesbian partner who has raised the child since birth should be treated as a parent for purposes of the private dispute–settlement function—a parent on equal footing with a biological or “natural” parent. When the two moms are married at the time of the child’s arrival in the household, this would not seem much of a doctrinal stretch. Even if the moms are not married, I suspect some courts will develop a doctrine of de facto adoption that could be applied to Polikoff’s case.

For me the most difficult case would be dispute in a state where both marriage and adoption were available to the second mom when the child arrived but neither was pursued. In such circumstances, I am not persuaded the de facto parent should stand on an equal footing with the biological parent. I am not offended by the notion that equal footing should require either marriage or a formal legal adoption by the second mom, assuming state law provides these options. I would apply the same standard to an unmarried heterosexual couple that had raised a child since birth if the child is biologically related to only one parent and has not been adopted by the other.

F. Process Implications

In my article I suggested that a “primary implication of the indeterminacy of the best-interests standard is that the legal process should encourage the parties themselves to work out their own resolution.” Since the article, there has been extraordinary expansion of the use of a variety of mediation and other methods to facilitate parental negotiation. Scott and Emery are entirely correct when they point out that the indeterminacy of the best-interests standard is an important rationale for mediation. As I and others have noted, the traditional adversarial process used to resolve custody conflicts can in itself often make things worse for the child. It can inflame conflict, and further strain or even destroy a conflicted coparenting relationship. I entirely endorse the notion that

100. Id.
101. Id.
102. Id.
104. See Mnookin, supra note 1, at 292.
105. See Scott & Emery, supra note 11, at 108.
106. Mnookin & Kornhauser, supra note 2, at 956.
there should be judicial deference to parental agreements. In this regard I completely agree with the ALI’s recommendation. I am moreover very sympathetic with Kimberly Emery and Robert Emery’s suggestion that we eliminate judicial review of consensual parental agreements concerning custody altogether.

In her fascinating article, Jana Singer explores “the close connection between changes in substantive child-custody doctrine and changes in custody dispute-resolution processes over the past thirty years.” She is surely correct that the “unmediated best-interests standard, and the ensuing rejection of the sole-custody paradigm, paved the way for the shift from adversarial to nonadversarial resolution in divorce-related parenting disputes.” Indeed, if the function is to facilitate private dispute settlement, then members of the legal system should devote energy to thinking about processes that might encourage and facilitate the resolution of disputes without the need for formal adjudication.

What I found especially intriguing was Singer’s claim that the shift from adversarial to nonadversarial dispute resolution has itself had an effect on the substantive standards—to a degree it has “delegalized custody decisionmaking and has diminished the importance of custody as a legal concept.” A striking example relates to the contemporary emphasis on the parenting plan. To frame the parental decision in terms of a parental-planning process—of how to allocate responsibilities for childrearing—rather than a decision about who has custody and who has visitation rights is surely constructive. I share Singer’s view that “collaborative lawyering” also represents a process innovation that probably diminishes the importance of the formal legal custody norms in framing and resolving family disputes.

108. Emery & Emery, supra note 13, at 168–69, Lewis Kornhauser and I examined the possible justifications for requiring judicial proceedings in cases where there was no dispute and largely found them wanting. See Mnookin & Kornhauser, supra note 2, at 992–96.
110. Id.
111. Id. at 178.
113. Singer, supra note 109, at 190–91.
V

THE CHILD-PROTECTION FUNCTION

I learned a great deal from Clare Huntington's wonderful article, *The Child-Welfare System and the Limits of Determinacy*. Huntington describes both the legislative overhaul of the child-welfare system—particularly with respect to federal legislation—that has occurred since my article and what is known of its present operation. She encapsulates her findings as follows:

To a remarkable degree, the reforms Mnookin proposed to the child-welfare system are what Congress and the states adopted in the following two decades. And yet reading Mnookin's article is also a *Groundhog Day* experience. The problems he described with the child-welfare system nearly forty years ago sound all too familiar today.

To address the deficiencies of the foster-care system, I proposed two core reforms. First, I proposed a much stricter standard for removing a child from parental custody. I suggested that removal only be allowed (1) if there is “an immediate and substantial danger to the child’s health” and (2) if there were “no reasonable means” acceptable to the parents by which the state could protect the child’s health without removal.

Second, for those children that were removed I suggested the use of time limits. During an initial period the state should be required to make reunification efforts. Then, after a fixed period of time, if notwithstanding these reunification efforts the child could not be safely returned to his home, the state should focus its efforts on permanency planning, preferably through adoption or guardianship.

The Adoption Assistance and Child Welfare Act of 1980 (AACWA) had as its stated goals protecting children within their homes and, for children that had to be removed more promptly, taking action to return them to parental custody. As Huntington points out, the federal legislation requires states to develop somewhat more focused standards for removal and significantly authorized funds both for “preservation services” and for “reunification services.” As Huntington documents, the AACWA did not succeed in reducing the foster-care population. She also shows, however, that notwithstanding the new federal mandates, the states often provided little in the

115. *Id.* at 222–29.
116. *See id.* at 221.
117. *See Mnookin, supra* note 1, at 278.
118. *Id.*
119. *Id.*
120. *Id.* at 280.
121. *Id.*
122. *Id.*
125. *Id.* at 228.
way of preservation services and courts did little to provide for accountability.\textsuperscript{126}

The Adoption and Safe Families Act of 1997 (ASFA)\textsuperscript{127} shifted the focus away from reducing the number of removals and getting children back home more promptly and towards stimulating more timely permanency planning.\textsuperscript{128} As Huntington notes, the ASFA set a time limit on family-reunification efforts and conditioned federal funds on permanency planning and substantial state efforts to terminate parental rights for children who had been in foster care for more than a given period of time.\textsuperscript{129} It also created subsidies for adoption.\textsuperscript{130}

As a result of these congressional actions all states now require child-welfare agencies to provide preservation services.\textsuperscript{131} But Huntington reports neither the states nor Congress have invested much by way of resources in these services.\textsuperscript{132} It is troubling to learn that evaluations of the impact suggest that these services might not have much effect on the maltreatment rates for children. It is nonetheless stunning that Congress allocates twelve times as much for foster-care services as for family services.\textsuperscript{133}

Regrettably no state has yet adopted a stringent removal standard.\textsuperscript{134} Huntington therefore finds that “despite a greater emphasis on family preservation, the underlying removal standard has not changed much since 1975 and is not significantly more determinate.”\textsuperscript{135}

Huntington also reports that the ASFA has resulted in the states incorporating time limits for children in foster care, and placing much more emphasis on permanency planning for children taken from parental custody.\textsuperscript{136} These efforts aimed at permanency planning are obviously having an effect. The foster-care population has declined substantially since my article.\textsuperscript{137} The primary reason for this is that the average stay in foster care has become on balance shorter.\textsuperscript{138} I think this is largely the result of permanency planning.

Professor Huntington makes a strong case for reorienting the child-welfare system towards prevention.\textsuperscript{139} I would certainly support the sorts of policies she suggests, and particularly think that nurse and family-support programs and

\begin{footnotesize}
\begin{itemize}
\item \textsuperscript{126} Id.
\item \textsuperscript{129} Huntington, supra note 114, at 229.
\item \textsuperscript{130} Id.
\item \textsuperscript{131} Id.
\item \textsuperscript{132} Id. at 231–32.
\item \textsuperscript{133} Id.
\item \textsuperscript{134} Id. at 230.
\item \textsuperscript{135} Id.
\item \textsuperscript{136} Id. at 221–23.
\item \textsuperscript{139} Huntington, supra note 114, at 245–48.
\end{itemize}
\end{footnotesize}
child-centered early-childhood education are worthy of support. For me her article suggests some interesting questions about how law can be used to provide greater bureaucratic accountability, as well as to elucidate the extent to which services are successful in preventing harm and the degree to which spending money to provide incentives and subsides might be more important than legal constraints.

VI
CONCLUSION

The articles in this issue suggest both continuity and change. For the private dispute-resolution function, the indeterminate best-interests standard remains ascendant notwithstanding my critique. Indeed, for this function the most important reason for the continuing relevance of my old article is the stubborn persistence of the best-interests standard. Moreover, for reasons I articulated in my article, the lack of a social consensus about appropriate gender roles makes it difficult to formulate alternative standards that would be broadly accepted. With respect to process, however, the years since my article have witnessed an explosive growth of mediation and other less adversarial methods of resolving conflicts.

With respect to child protection, the law has substantially changed, largely as a result of federal legislation and dollars that have influenced the states. But states have not changed the legal standards governing removal, and I suspect children today are being placed in foster care in circumstances when preventive and preservation services would have allowed them to be protected within their homes. On the other hand, I am gratified by the evidence that my suggestions for time limits after placement have not only been adopted but appear to be having a beneficial effect.

To answer the questions I posed at the outset, I believe the article’s two core themes have withstood the test of time remarkably well. And to a surprising degree, the analysis remains relevant to contemporary challenges for custody law and policy.