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Lysosomal dysfunction and impaired autophagy underlie the pathogenesis of amyloidogenic light chain-mediated cardiotoxicity

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Abstract

AL amyloidosis is the consequence of clonal production of amyloidogenic immunoglobulin light chain (LC) proteins, often resulting in a rapidly progressive and fatal amyloid cardiomyopathy. Recent work has found that amyloidogenic LC directly initiate a cardiotoxic response underlying the pathogenesis of the cardiomyopathy; however, the mechanisms that contribute to this proteotoxicity remain unknown. Using human amyloidogenic LC isolated from patients with amyloid cardiomyopathy, we reveal that dysregulation of autophagic flux is critical for mediating amyloidogenic LC proteotoxicity. Restoration of autophagic flux by pharmacological intervention using rapamycin protected against amyloidogenic LC-induced cardiotoxicity. Mechanistically, we identify impaired lysosomal function to be the major cause of defective autophagy and amyloidogenic LC-induced proteotoxicity. Collectively, these findings detail the downstream molecular mechanisms underlying AL amyloid cardiomyopathy and highlight potential targeting of autophagy and lysosomal dysfunction in patients with amyloid cardiomyopathy.

Keywords amyloidosis; autophagy; cardiac toxicity; lysosome; mitochondria

Subject Categories Cardiovascular System

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Introduction

AL or light chain amyloidosis (formerly known as primary amyloidosis) is the most commonly diagnosed systemic amyloidosis in the United States and Europe (Merlini et al., 2011), in which widespread tissue infiltration and deposition of amyloid fibrils derived from clonal immunoglobulin light chain (LC) proteins causes multi-organ dysfunction. Greater than 70% of patients with primary LC amyloidosis present with cardiac involvement (Madan et al., 2010; Falk, 2011), which can progress to debilitating heart failure symptoms and early cardiovascular death (Falk, 2005; Falk, 2011). To date, there are no targeted treatments for amyloid cardiomyopathy (Falk, 2011), owing to a lack of understanding of the basic mechanisms that underlie the pathogenesis of the disease. While amyloid fibril deposition within the heart has long been hypothesized to be responsible for disease pathophysiology, there often is dissociation between the degree of amyloid fibril deposition and cardiovascular outcomes. We and others have found that circulating amyloidogenic light chain proteins (AL-LC) directly initiate a potent cardiotoxic effect, independent of fibril deposition, and this cardiotoxicity is critical to manifestations of amyloid cardiomyopathy, both in vitro and in vivo (Liao et al., 2001; Brenner et al., 2004; Migrino et al., 2010, 2011; Shi et al., 2010; Sikkink & Ramirez-Alvarado, 2010; Shin et al., 2012). While these findings have changed our understanding of AL amyloid cardiomyopathy, from one of just passive fibril infiltration to also acknowledging a direct proteotoxicity, the basic mechanisms by which this proteotoxicity results in cardiomyopathy remain unknown. Furthermore, an increase in oxidative stress and reactive oxygen species (ROS) production is one of the consequences associated with AL-mediated proteotoxicity. However, the source for this increased ROS is unknown.

A growing body of evidence demonstrates that mitochondrial quality control alterations contribute and can be central to a number of human diseases including Alzheimer’s, Parkinson’s, Huntington’s, diabetes and cardiovascular disease (Harris & Rubinsztein, 2012; Nixon, 2013). The heart is particularly sensitive to perturbations of mitochondrial function, given the energetic requirements of contractile function. Removal of damaged mitochondria is essential
to prevent increased ROS generation, decreased ATP production and loss of cellular function. Damaged mitochondria are cleared intracellularly by a complex quality control mechanism involving mitophagy and the lysosome. Mitophagy refers to a macro-autophagic process that selectively removes mitochondria. Of note, macroautophagy has also been implicated in handling proteotoxic events that cannot be mediated by the proteasome. Herein, utilizing in vitro isolated cardiomyocytes and an in vivo zebrafish model of AL-LC toxicity, we find that disruption of autophagic flux is the underlying mechanism critical for the induction of mitochondrial dysfunction and development of AL amyloid cardiomyopathy.

**Results**

**AL-LC triggers mitochondrial dysfunction and ROS production**

We have shown that human AL-LC protein provokes excessive ROS production and subsequent cellular dysfunction and cell death in isolated cardiomyocytes (Brenner et al., 2004; Shi et al., 2010); however, the source of ROS production has yet to be identified. To determine whether mitochondria contribute to AL-LC-induced ROS production, isolated cardiomyocytes were pretreated with the mitochondrial-targeted ROS scavenger, Mito-TEMPO, and exposed to human AL-LC. Using the ROS-sensitive fluorescent dye, DCFDA, we found that increased AL-LC-elicited ROS was abolished with Mito-TEMPO to levels comparable to cells treated with vehicle (Veh) or control light chain (Con-LC) proteins isolated from patients with multiple myeloma (Fig 1A). In addition, AL-LC treatment of cardiomyocytes was associated with decreased mitochondrial membrane potential (depolarization) as determined by TMRE (Fig 1B). One process that could explain this depolarization is decreased mitochondrial bioenergetics function associated with decreased ATP synthesis. In order to confirm this, we measured cellular ATP levels, as mitochondria are the main contributor to ATP levels in cardiomyocytes. Total ATP levels were decreased by AL-LC and not by addition of Con-LC (Fig 1C). Thus, these data collectively demonstrate mitochondrial dysfunction and increased mitochondrial ROS production caused by AL-LC in cardiomyocytes.

**AL-LC impairs autophagic flux**

Defective mitochondria are cleared intracellularly by a complex macro-autophagic response (Codogno, 2014). By Western blot, levels of the autophagy marker LC3-II were markedly increased in cardiomyocytes exposed to AL-LC (Fig 1D), as well as the number of autophagosomes in AL-LC-exposed cardiomyocytes overexpressing GFP-LC3 (Mizushima et al., 2010), (Supplementary Fig S1). Increased LC3-II levels and number of autophagosomes (detected as GFP-LC3 punctae) may be indicative of either elevated autophagy induction or defective clearance. To distinguish between induction and clearance of autophagosomes, E64d and Pepstatin A were used to inhibit lysosomal enzymes and impede autophagosome clearance. LC3-II levels accumulated less after lysosome inhibition in AL-LC cardiomyocytes, indicative of a decrease in autophagosome clearance. This decrease was explained both by increased basal LC3-II levels and by decreased LC3-II levels after E64d and Pepstatin A treatments in AL-LC cardiomyocytes when compared to control (Fig 1E). Furthermore, AL-LC resulted in an increase in p62 accumulation, an established marker of autophagic clearance (Fig 1F). We next addressed whether this alteration in macroautophagy was also associated with decreased mitophagic clearance. Immunofluorescent staining of isolated adult cardiomyocytes exposed to AL-LC showed an increase in p62 levels co-localized with mitochondria, suggesting a perturbation in mitophagy (Fig 1G). Taken together, our data suggest a defect in autophagy flux in cardiomyocytes subjected to human AL-LC protein, with a corresponding inhibition of mitochondrial clearance.

**Restoration of autophagic flux attenuates AL-LC-induced cellular dysfunction and cell death in vitro**

To determine whether autophagy dysregulation was causal for AL-LC-induced cardiotoxicity, rapamycin, an inhibitor of mTOR signaling and a potent enhancer of both autophagosome formation and clearance, was used to restore autophagic flux in cardiomyocytes exposed to AL-LC. Restoration of autophagosome clearance by rapamycin was confirmed by significant reduction in p62 accumulation in cardiomyocytes exposed to AL-LC (Fig 2A). Concomitant with
Figure 1.
decreased p62 levels, rapamycin-treated cardiomyocytes showed significant attenuation of both mitochondrial dysfunction and intracellular ROS levels (Fig 2B and C), and protection against AL-LC-induced cellular contractile dysfunction (Fig 2D) and concomitant impaired intracellular calcium homeostasis (Fig 2E) as well as cell death (Fig 2F). Importantly, the concentration of rapamycin used (10 nM) (Dehay et al., 2010) did not affect downstream substrates of mTOR as measured by S6 kinase activation (Supplementary Fig S2). In addition, pharmacologic inhibition of autophagy by chloroquine (CQ) reversed rapamycin attenuation of p62 accumulation in cardiomyocytes exposed to AL-LC (Fig 2G) and abrogated the beneficial effects of rapamycin on contractile function (Fig 2D), calcium transient amplitude (Fig 2F) and cell survival (Fig 2H), consistent with rapamycin protecting against AL-LC via improvement of autophagic flux.

**Rapamycin protects against AL-LC proteotoxicity in vivo**

To determine the role of AL-LC-induced impaired autophagy in vivo, we utilized a recently reported zebrafish model of AL-LC cardiotoxicity, characterized by impaired cardiac function and early cardiovascular death following injection of human AL-LC (Mishra et al., 2013). Consistent with our in vitro findings, zebrafish injected with AL-LC showed increased LC3-II and p62 levels (Fig 3A–B) compared to Con-LC. Electron microscopy of heart tissue revealed increased autophagosome number as indicated by the accumulation of double-membrane vesicle structures with AL-LC exposure (Fig 3C). Autophagic flux was restored in AL-LC-injected zebrafish via treatment with 10 nM rapamycin (Tobin & Beales, 2008), seen by decreased p62 accumulation in cardiomyocytes exposed to AL-LC (Fig 3G) and restored to control levels with rapamycin treatment (Fig 3H). Rapamycin did not alter survival in Con-LC animals (Fig 3H). Together, our in vivo data provide further evidence for the central role of autophagic dysfunction in the pathogenesis of amyloid cardiotoxicity and highlight the use of rapamycin as a potential therapeutic approach for treatment of this disease.

**Lysosomal dysfunction directly contributes to AL-LC-triggered impaired autophagy**

Our results suggest that AL-LC-induced dysregulation of autophagic flux may reside at the stage of autophagosome clearance, the final step in the autophagy process in which the lysosome plays a pivotal role. We sought to examine lysosomal function in response to AL-LC exposure. The number of acidic vesicles (including lysosomes) per cell, as measured using LysoTracker staining, was markedly compromised in isolated cardiomyocytes exposed to AL-LC for 24 h (Fig 4A), concomitant with a loss of lysosomal acidity, assessed by LysoSensor, a pH-sensitive fluorescent probe (Fig 4B) 24 h following AL-LC exposure. Associated with loss of lysosomal function, quantitative PCR revealed downregulation of lysosome-related genes including cathepsin D, lysosomal-specific vacuolar ATPases (Fig 4C), as well as a transcriptional regulator of lysosomal biogenesis and function, TFEB (transcription factor EB) at the mRNA (Fig 4D) and protein (Fig 4E) levels following 24 h of AL-LC exposure. Importantly, decreased TFEB expression was restored to baseline levels following rapamycin treatment (Fig 4E).

To determine whether downregulation of TFEB is central to AL-LC-induced cardiotoxicity, TFEB was overexpressed in isolated cardiomyocytes (Supplementary Fig S3A) and in zebrafish (Supplementary Fig S3B). Overexpression of TFEB protected against contractile dysfunction and restored calcium transient amplitude in cardiomyocytes exposed to AL-LC (Fig 4F–G) and prevented AL-LC-associated cardiac cell death in vivo (Fig 4H) with greatly improved survival (Fig 4I).

To determine the temporal importance of lysosomal and autophagic dysfunction, we examined the time course of activation of previously established critical components of the AL-LC cardiotoxic response. We found that lysosomal function was impaired early, within 3 h of AL-LC exposure in isolated cardiomyocytes (Fig 5A). Six hours following AL-LC exposure, autophagic dysfunction was
Figure 2.
noted by accumulation of GFP-LC3, a result of reduced autophagic
degradation (Ni et al, 2011) (Fig 5B). Loss of mitochondrial clear-
ance was followed by decreased mitochondrial membrane potential,
as measured by the mitochondrial membrane potential-sensitive
dye TMRE (Fig 5C) at 12 and 24 h following AL-LC exposure,
respectively. Increased ROS was detected by DCFDA (Fig 5D) 24 h
following AL-LC exposure indicating it to be a late event. The
temporal cascade of molecular events triggered by the AL-LC is
summarized in Fig 5E.

**Human AL amyloid cardiomyopathy is associated with impaired
autophagy and defective lysosomal function**

To determine the applicability of our findings to human amyloid
cardiomyopathy, we examined markers of autophagy in heart tissue
samples obtained from patients with AL amyloid cardiomyopathy.
Electron microscopy of human heart tissue revealed dramatic differ-
ences in mitochondrial ultrastructure in amyloid cardiomyopathy,
with loss of normal spatial distribution between mitochondria and
cardiac myofilaments, as well as vacuolization, loss of cristae, swell-
ing and enlargement (Supplementary Fig S4). Significant accumula-
tion of autophagosomes was observed throughout the tissue
(Fig 6A) with increased LC3-II and p62 levels (Fig 6B and C) and a
decrease in TFEB expression (Fig 6D).

**Discussion**

Prior work has detailed an intrinsic cardiotoxic response to human
amyloidogenic light chain proteins that underlies the development of
AL amyloid cardiomyopathy (Liao et al, 2001; Brenner et al, 2004;
Migrino et al, 2010, 2011; Shi et al, 2010; Shin et al, 2012; Guan
et al, 2013; Mishra et al, 2013). While stress-activated kinases and
ROS generation have been identified as downstream components of
the cardiomyocyte response to human AL-LC, the fundamental cellu-
lar mechanisms underlying the proteotoxicity remain elusive. Here,
we find that inhibition of autophagic flux and, specifically, lysosomal
dysfunction is central to AL-LC cardiotoxicity and the development
of amyloid cardiomyopathy. We further demonstrate that restoration
of autophagic flux pharmacologically with rapamycin or genetically
through overexpression of TFEB protects against AL-LC cardioxic-
ity and may represent a novel therapeutic approach for treatment of
amyloid cardiomyopathy.

For our experiments, we utilized human Bence-Jones proteins to
study the signaling effects associated with toxic amyloid precursor
proteins. We found that light chain solubility is equivalent for AL-LC
and Con-LC at the 20 µg/ml concentration used in this study (Sup-
plementary Fig S5A). Additionally, under non-reducing native condi-
tions, we see that the majority of AL-LC and Con-LC proteins migrate
to a molecular weight consistent with a dimeric state (Sup-
plementary Fig S5B), while under reducing conditions, these proteins are
found at a molecular weight consistent with monomeric state (Sup-
plementary Fig S5C). Further investigation is necessary to determine
whether the dimer form of the light chain proteins observed in our
study represents a true oligomeric state or merely a state of associa-
tion. Light chain has two subtypes, lambda and kappa. For our
experiments presented in this study, the lambda subtype of AL-LC
and kappa subtype of Con-LC proteins were used. Importantly, prior
work from our group has found no difference in the cardiotoxic
response for amyloidogenic kappa versus lambda light chain proteins
(Guan et al, 2013; Mishra et al, 2013). These observations suggest that both kappa and lambda AL-LC proteins exert a similar
cardiotoxic response, whereas neither kappa nor lambda Con-LC
proteins resulted in cardiomyocyte toxicity or dysfunction, even at
tenfold higher concentrations in vitro (100 µg/ml) and in vivo
(1,000 µg/ml) than routinely used concentrations of AL-LC (Sup-
plementary Fig S6; Mishra et al, 2013).

Our previous studies have indicated that ROS generation is a
critical factor contributing to AL-LC-induced cellular pathology
where phenotypic rescue is seen with antioxidant administration
(Brenner et al, 2004; Shi et al, 2010). Data presented here expand
upon our previous work by demonstrating the mitochondrial origin
of the increased ROS. Mitochondrial dysfunction was found to be
closely associated with AL-LC-induced pathology, resulting from
impaired autophagic flux. Dysregulated autophagy has been impli-
cated as key in the pathology of a number of human diseases,
ranging from neurodegenerative to cardiovascular diseases, and
more recently, protein misfolding diseases including desmin-related

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**Figure 3. Restoration of autophagic flux via rapamycin attenuates AL-LC-induced cellular dysfunction and cell death in vivo.**

A, B Immunoblot analysis of LC3-II and p62 expression in zebrafish lysate, 3 days post-injection of Con-LC or AL-LC (100 µg/ml). GAPDH was used as a loading control. N = 5 (A); N = 4 (B). *P = 0.043; **P = 0.029.

C Transmission electron micrographs of cardiac tissue of Con-LC and AL-LC-injected zebrafish 3 days post-injection (5 days post-fertilization). Top panels show changes in mitochondrial morphology and presence of double-membrane structures (autophagosomes) at 6,800× in AL-LC fish compared to Con-LC fish. Bottom panel shows higher magnification of mitochondrial structure and autophagosomes. Scale bar = 500 nm. N = 3 per group. *P = 0.011.

D Zebrafish were treated with 10 nM rapamycin after receiving Con-LC or AL-LC injection. Immunoblot analysis was performed to measure p62 expression and normalized to GAPDH as a loading control. Fifteen fish were homogenized per experiment. Quantitative analysis is shown for comparison representative blots. N = 3. *P = 0.011.

E Peak flow was measured in zebrafish embryos using color Doppler echocardiography. Representative color Doppler peak flow tracings of zebrafish 3 days post-injection with or without treatment with rapamycin. Peak flow quantitation analysis is shown in the panel below. N = 5. *P = 0.001.

F Cell death was quantified in zebrafish 3 days post-injection with or without rapamycin treatment. Expression of active caspase 3 was measured using immunoblot. 35 zebrafish were homogenized per experiment. N = 4. *P = 0.029.

G Representative confocal images of hearts isolated from zebrafish 3 days post-injection with or without rapamycin treatment. Hearts are stained for TUNEL-positive nuclei (red) and DAPI counterstain. TUNEL-positive nuclei are quantified and graphed in the right panel. Scale bar = 25 µm. N = 4 per group. *P = 6.7 × 10^{-4}; **P = 0.001.

H Kaplan–Meier analysis of zebrafish survival following injection of Con-LC or AL-LC in the absence or presence of rapamycin. Survival was monitored daily. The survival of AL-LC-injected fish was significantly prolonged in the presence of rapamycin. N = 25 per group. *P = 0.0001.

Source data are available online for this figure.
Figure 3.
cardiomyopathy (Wong & Cuervo, 2010; Bhuiyan et al., 2013). Autophagy is a dynamic process that starts with the formation of a double-membrane autophagosome complex that engulfs and then degrades cellular waste products, including organelles such as defective mitochondria. Thus, defects in either formation or clearance of autophagosomes could result in the observed increased levels of LC3-II expression and the formation of double-membrane structures induced by AL-LC. Investigation of each step of the autophagic flux following AL-LC exposure was therefore required to identify the exact point of dysregulation in the autophagy pathway (Mizushima et al., 2010). Through use of lysosomal inhibitors, we found that formation of autophagosomes, as measured by LC3-II levels in AL-LC-exposed cardiomyocytes, was similar to control treated cells, indicating that the primary defect in AL-LC exposure is in autophagosome clearance. The autophagic substrate, p62, also known as sequestosome 1 (SQSTM1), is a scaffold protein that binds ubiquitinated protein leading to the formation of autophagosomes for subsequent degradation (Kubli & Gustafsson, 2012). We not only found increased p62 accumulation in our in vitro and in vivo experimental models in response to AL-LC, but also observed an increase in p62 levels in explanted human hearts from AL cardiomyopathy patients, further supporting a decrease in autophagic clearance as the cause for impaired autophagic flux. It is noteworthy that the increased p62 protein levels most likely resulted from protein accumulation and not increased transcription, as we find that p62 mRNA levels are not increased in AL cardiomyopathy patient hearts compared to control hearts (Supplementary Fig S7).

Recent studies have reported beneficial effects of rapamycin through autophagy activation in a number of experimental disease models (Bove et al., 2011; Cortes et al., 2012; Cai & Yan, 2013). Restoration of autophagic flux by rapamycin in our system was associated with protection against AL-LC-induced pathology. The beneficial effects of rapamycin were negated with chloroquine, which neutralizes lysosomal pH thereby inhibiting autophagosome clearance, supporting the conclusion that the mechanism of action of rapamycin was primarily through improvement of clearance. Lysosomal function plays a critical role in the clearance of autophagosomes (Eskelinen & Saftig, 2009), and dysfunction or deficiency of the lysosome has been implicated in other amyloid-related diseases, such as Parkinson’s disease (Dehay et al., 2010). In our disease model, we observed AL-LC-induced loss of lysosomal acidity, with associated downregulation of lysosomal genes and ATPases required for maintenance of pH, as well as decreased TFEB, a critical transcriptional regulator of lysosomes (Settembre et al., 2011; Decressac et al., 2013; Pastore et al., 2013). Furthermore, rapamycin administration resulted in a decrease in autophagosome accumulation and attenuated dopaminergic neuronal cell death, both of which were associated with increased numbers of functional lysomes (Dehay et al., 2010). In our systems, genetic overexpression of TFEB protected against AL-LC cardiotoxicity in vitro and in vivo and prolonged survival in our zebrafish model. Notably, rapamycin treatment restored TFEB expression to control levels in AL-LC-treated cardiomyocytes, further confirming that its mechanism of action was through targeting lysosomal function.

In summary, the studies presented here show that lysosomal-dependent autophagic dysregulation governs the pathogenesis of AL-LC-induced cellular dysfunction and death. The dysregulation of autophagy leads to the accumulation of depolarized mitochondria, subsequent generation of ROS, and eventual cellular dysfunction and cell death. The therapeutic potential of autophagy-related targets was evident following rescue of AL-LC-induced mortality in vivo not only using rapamycin, but also following transient overexpression of TFEB. Our temporal studies suggest that lysosomal insufficiency is among the earliest events that occur in response to AL-LC, and is subsequently followed by dysregulation of autophagy, mitochondrial dysfunction, ROS production, and ultimately overt cellular death and dysfunction. In conjunction with the evidence of profound lysosomal-dependent dysregulation of autophagy in patients with AL amyloid cardiomyopathy, these studies highlight the potential of targeting lysosomal-mediated autophagy as the treatment of the AL amyloid cardiomyopathy patients.

**Figure 4.** Lysosomal dysfunction contributes to AL-LC-induced dysregulation of autophagy and consequent cellular dysfunction and death in vitro and in vivo.

A. Lysosomal labeling using LysoTracker red in cardiomyocytes following exposure to vehicle, Con-LC or AL-LC is shown (top panels), with corresponding bright field images shown below. Quantitation of fluorescent signal is shown in the graph on the right. Scale bar = 50 μm. N = 6. *P = 0.009.

B. Alterations in lysosomal pH were measured using LysoSensor in cardiomyocytes treated with vehicle, Con-LC or AL-LC. pH changes were measured by calculating the ratio between green (basic) and red (acidic) LysoSensor signal. Quantitation is shown on the right indicating loss of lysosomal acidity in AL-LC treated cardiomyocytes. Scale bar = 10 μm. N = 8. *P = 0.038.

C. Quantitative PCR analysis of cardiomyocytes following 24-h exposure to vehicle, Con-LC or AL-LC reveals changes in mRNA encoding the lysosomal gene products cathepsin D and vacuolar ATPase subunits 1 and 2. All three targets were significantly downregulated in the AL-LC group. N = 3. *P = 0.005, αP = 0.002, **P = 1.9 × 10^-4.

D. Quantitative PCR analysis of cardiomyocytes following 24-h exposure to vehicle, Con-LC and AL-LC reveals decreased mRNA level of the lysosomal transcriptional factor TFEB. N = 4. *P = 0.003.

E. Protein expression of TFEB in cardiomyocytes was measured using immunoblot analysis following 24-h exposure to vehicle, Con-LC or AL-LC. AL-LC-induced downregulation of TFEB protein expression was prevented by rapamycin treatment. N = 3. *P = 0.043, **P = 0.032.

F. TFEB was overexpressed in cardiomyocytes using adenovirus, and adenoviral GFP overexpression was used as a control. Contractile function was measured following exposure to vehicle or AL-LC. In cells overexpressing TFEB, AL-LC-induced decreased cell shortening was rescued compared to GFP-expressing myocytes. N = 5. *P = 0.002.

G. TFEB was overexpressed in cardiomyocytes using adenovirus. Adeno-GFP was used as a control. Calcium transient amplitude was measured following exposure to either vehicle or AL-LC. In cells overexpressing TFEB, AL-LC-induced decrease in calcium amplitude was rescued compared to control groups. N = 5. *P = 0.002.

H. Hearts were isolated 2 days post-injection of vehicle, Con-LC or AL-LC from zebrafish overexpressing TFEB, or control mRNA. Hearts were stained for TUNEL-labeled nuclei with a DAPI counterstain. Cell death was calculated as a percent of TUNEL-positive nuclei to total cell number. Scale bar = 20 μm. N = 5–6 per group. *P = 0.003, **P = 0.002.

I. Kaplan–Meier analysis of survival following injection of Con-LC or AL-LC in zebrafish overexpressing control or TFEB mRNA. Survival was monitored daily. During the time course of transient overexpression of TFEB, AL-LC-induced mortality was rescued significantly. N = 25 per group. *P = 0.0003.
Figure 4.

A. LysoTracker vs DIC

B. LysoSensor Green vs LysoSensor Red vs Ratio

C. Graphs showing gene expression (fold change) for different groups.

D. Graph showing LysoSensor green/LysoSensor red ratios.

E. Graph showing TFEB/GAPDH (protein) with Rapamycin.

F. Graphs showing cell shortening for different groups with Adeno-GFP and Adeno-TFEB.

G. Graphs showing Ca²⁺ transient amplitude for different groups with Adeno-GFP and Adeno-TFEB.

H. Fluorescence images showing DAPI; blue; TUNEL; red.

I. Graph showing TUNEL positive cells for different groups with control mRNA and TFEB mRNA.

Figure 4.
Figure 5. Temporal analysis of AL-LC-induced toxicity and dysregulation of autophagy.

A Lysosomal labeling in cardiomyocytes following exposure to vehicle, Con-LC or AL-LC using LysoTracker red at 3, 6 and 12 h post-AL-LC exposure. Quantitation of fluorescent signal is shown in the graph. N = 3. *P = 0.011, †P = 0.032, **P = 0.029.

B Dysregulation of autophagy following AL-LC exposure was monitored using a GFP-LC3 cleavage assay. Degradation of the GFP-LC3 fusion protein was monitored via immunoblotting against GFP antibody at 2, 6, and 12 h post-AL-LC exposure. A significant delay in the degradation of GFP-LC fusion protein was seen by accumulation of GFP-LC fusion protein in cardiomyocytes starting 6 h following exposure to AL-LC. N = 5. *P = 0.003, †P = 0.038.

C Mitochondrial membrane potential was measured using TMRE fluorescent dye in cardiomyocytes 6, 12 and 24 h following treatment with vehicle or AL-LC. TMRE fluorescence signal was quantified and summarized in the graph. AL-LC exposure resulted in loss of mitochondrial membrane potential compared to the other groups at 12 and 24 h post-AL-LC exposure. N = 3. *P = 0.020, †P = 0.029.

D Using fluorescent indicator DCFDA, ROS was measured in isolated cardiomyocytes treated with vehicle, Con-LC and AL-LC for 3, 12 and 24 h. Quantitative analysis is summarized in the graph. AL-LC but not Con-LC increased ROS only at 24 h following AL-LC exposure. N = 3. *P = 0.004.

E Schematic illustration of temporal events involved in AL-LC-induced pathology.

Source data are available online for this figure.
Materials and Methods

Human tissues and light chain protein

All procedures related to human light chain protein and heart tissues were reviewed and approved by the Institutional Review Board (IRB) at Boston University School of Medicine and Massachusetts General Hospital. Bence-Jones proteins, including amyloidogenic LC isolated from AL amyloid patients (AL-LC) and non-amyloidogenic LC isolated from non-amyloidosis multiple myeloma patients (Con-LC), were obtained from urine purification in collaboration with Boston University Amyloidosis Center (Liao et al., 2001; Connors et al., 2007). Immunoblotting was used to determine the purity of LC proteins as described previously (Connors et al., 2007). Additional information regarding LC protein is listed in Supplementary Table S1. Explanted hearts of patients with AL amyloid cardiomyopathy were collected at the Massachusetts General Hospital. Non-disease control human hearts were purchased from the National Disease Research Interchange. Additional information regarding human samples is listed in Supplementary Table S2.

Animal care

All animal (rat and zebrafish) procedures were reviewed and approved by the Institutional Animal Care and Use Committee at Harvard Medical School. Rats and zebrafish were housed in Association for Assessment and Accreditation of Laboratory Animal Care (AAALC)-accredited animal care facilities under a 12-h light–dark cycle and were fed with laboratory chow. Adult rats for cardiomyocyte isolation were purchased from Charles River Laboratory (male Wistar rats, 180–220 g, catalog #003). Neonatal rats for cardiomyocyte isolation were purchased from Charles River Laboratory (Wistar rats, p1-p2, catalog #003). Wild-type zebrafish were purchased from Ekkwill Waterlife Resources (Ruskin). Care
and breeding of zebrafish were conducted as described previously (Guan et al., 2013; Mishra et al., 2013).

**Chemicals and reagents**

General chemicals and reagents were obtained from Sigma unless otherwise specified. Mito-TEMPO was from Santa Cruz Biotechnology. Low-glucose DMEM with phenol red or without phenol red, TMRE, LysoTracker Red, LysoSensor Blue/Yellow, DCFDA and Laminin were acquired from Invitrogen. Rapamycin was from Cell Signaling Technology. Trypsin and Collagenase were purchased from Williington. Antibodies were obtained from Santa Cruz Biotechnology (TFEB), Cell signaling Technology (total and phosphorylated S6 Kinase, COX4), MBL (LC3), R&D Systems (GAPDH), Sigma (β-actin), Abcam (active caspase 3) and Abnovo (p62). Secondary antibodies for immunohistochemistry (donkey anti-mouse antibody-Alexa Fluor 555 and donkey anti-rabbit antibody-Alexa Fluor 488) were from Invitrogen. Adenovirus purification kit, ATPLite kit and TUNEL kit were purchased from Adenopure, Perkin Elmer and Roche, respectively. Full-length human TFE-FBP-gfp adenovirus was purchased from Vector BioLabs, and aden-gfp virus was used as a control. MOIs of the two adenoviruses were adjusted to infect the adult cardiomyocytes for achieving an equal expression level of GFP as described previously. Experiments were started 24 h following adenovirus infection. Contractile function and intracellular calcium measurements were performed 24 h following AL-LC exposure.

**Cardiomyocyte isolation and culture**

As previously described (Jain et al., 2003), rat ventricular cardiomyocytes were isolated from adult male Wistar rats using a collagenase-based enzymatic digestion method. Cardiomyocytes were treated with vehicle (ultrapure water), 20 µg/ml of Con-LC or AL-LC at designated time points as described in the Results section. Neonatal rat cardiomyocytes were isolated from 1- to 2-day-old Wistar rats (Charles River Laboratory #003) as previously described (Guan et al., 2013).

**Cell contractility measurement and intracellular calcium measurements**

Cellular contractile function was measured in cultured adult ventricular cardiomyocytes using video edge detection, and intracellular calcium levels were determined with calcium-sensitive fluorescent dye Fura-2, as described previously (Shi et al., 2013). Calcium transient amplitude was calculated as the difference in the intracellular calcium levels between systolic and diastolic phases. Percentage cellular shortening was calculated as the ratio of the difference between systolic and diastolic cell length over diastolic cell length. Calcium transient amplitude was calculated as the difference in the intracellular calcium levels between systolic and diastolic phases.

**Cell death assays**

Cultured cardiomyocytes were washed with PBS and immediately fixed in 4% paraformaldehyde. Cells were permeabilized in pre-chilled methanol at −20°C for 30 min and incubated with TUNEL reaction mixture (Roche) in a moisture chamber for 1 h at 37°C. Slides were washed with PBS for three times and mounted in anti-fade medium containing DAPI (Vectorlabs). For detection of cell death in vivo, individual hearts were dissected from zebrafish in Tyrode’s solution containing 3% BSA. Hearts were transferred to a microwell plate and fixed in 4% paraformaldehyde for 20 min. Hearts were rinsed in PBS and permeabilized overnight in PBS with 0.1% Tween at 4°C. Hearts were washed three times in PBS, and cell death was detected using TUNEL reaction mixture (Roche) in a moisture chamber for 1 h at 37°C. Hearts were washed with PBS and placed directly into mounting medium containing DAPI. For cardiomyocytes, images were acquired with excitation wavelengths of 405 and 488 nm, and 4–5 pictures were taken from each slide using Axiovision fluorescence microscope (Zeiss). For whole fish hearts, images were taken with excitation wavelengths of 405 and 555 nm, and images were taken using LSM700 confocal microscope (Zeiss). Percent of apoptotic cell death was calculated as TUNEL-positive nuclei divided by total nuclei. TUNEL-positive nuclei were manually counted, and the total nuclei were counted using ImageJ software (NIH). All of the counting was performed in a blinded fashion. Expression of active caspase 3 for both cell lysates and zebrafish lysate was determined using immunoblotting against active caspase 3.

**RNA isolation and quantitative PCR**

To measure gene expression in mRNA level, total RNA was isolated using Trizol (Invitrogen) extraction method. Prior to synthesize cDNA, DNAase treatment was performed subsequently to remove the residual DNA contamination (Turbo DNAase, Ambion). iScript™ cDNA Synthesis Kit (Bio-Rad) was used for first-strand cDNA synthesis. Quantitative PCR was performed using standard curve method using the iCycler PCR (Bio-Rad). The primers are as follows: for rat cardiomyocytes, TFEF forward primer: CTGCAAGTCTGCCC AACATTG, reverse primer: CTGAGTGAGGGAGAACGAC; GAPDH forward primer: GTGATGCTGTCGTCAGTA, reverse primer: TTGTCGACATTCTTGAGGA; cathepsin D (Cts D) forward primer: GGGTTTCATGGGGATGGAC, reverse primer: GGAGCAAGTTAAGGAC; vacuolar ATPase subunit 2 (VOA2) forward primer: CAACGACCTCAACCCA, reverse primer: GTTAAACAGTGTGTCGG; COX4; for fish tissue, TFEB forward primer: CTCGAAGTCGGGGTTTCCGAGACCTCAACCCA, reverse primer: CCTCCCATCATCGAGGAC; CTS D forward primer: ACTCGTGGTGCATCTCAACAGACT. Secondary antibodies for immunohistochemistry (donkey anti-mouse antibody-Alexa Fluor 555 and donkey anti-rabbit antibody-Alexa Fluor 488) were from Invitrogen. Adenovirus purification kit, ATPLite kit and TUNEL kit were purchased from Vector BioLabs, and aden-gfp virus was used as a control. MOIs of the two adenoviruses were adjusted to infect the adult cardiomyocytes for achieving an equal expression level of GFP as described previously. Experiments were started 24 h following adenovirus infection. Cardiomyocyte isolation and culture measurements were performed 24 h following AL-LC exposure.

**Immunohistochemistry**

Following treatment, adult cardiomyocytes were washed twice with 1× PBS and then fixed/permeabilized with acetone/methanol (1:2) solution at −20°C for 20 min. Incubation with 3% BSA solution for 1 h at room temperature was performed to minimize non-specific binding. Cells were then incubated with two primary antibodies (anti-p62 [1:100] and COX4 [1:1,000]) at 4°C for 18 h followed by subsequent incubation with secondary antibodies (donkey anti-mouse Alexa Fluor 555 [1:300] and donkey anti-rabbit Alexa Fluor 488 [1:300]) for 1 h at 37°C to detect p62 and COX4, respectively.
After final washing with PBS, the slides were mounted with VECTASHIELD mounting media (Vector Lab). Zeiss LSM700 fluorescence confocal microscope was used to visualize p62 (Ex/Em: 550/600 nm) and COX4 (Ex/Em: 488/525 nm) with 63× lens. DAPI was used to stain for the nuclei.

**Immunoblot**

For rat cardiomyocytes, protein was extracted using cell lysis buffer (Cell Signaling) with 1 mM PMSF (Sigma) and then subjected to sonication. The protein concentration was determined by DC protein assay (Bio-Rad). For zebrafish, 15 embryos were suspended directly in 50–μl tissue homogenizer (TissueLyser II, Qiagen). Following homogenization, the samples were centrifuged and total protein homogenates were obtained. 30 μg of total protein or 18 μl of fish protein lysate was loaded onto Criterion XT bis-tris precast gels (4–12%) (Invitrogen) or PAGEr Gold precast gels (4–20%) (Lonzza) for electrophoresis. Protein was electrotransferred to a PVDF membrane (Millipore) at 30 volts for 16 h. Protein was blocked with 5% BSA in PBS, proteins of interest were detected by incubation with appropriate primary antibodies overnight at 4°C. After washing, blots were incubated with corresponding secondary antibodies. Odyssey infrared scanner (Li-Cor) was used to determine the infrared fluorescent signal, and GAPDH was used as a reference gene for normalization.

**Mitochondrial membrane potential and ATP measurement**

Following Con-LC, AL-LC (20 μg/ml) or vehicle administration for designated number of hours, cultured cardiomyocytes were incubated with cell permeable, mitochondrial membrane potential-sensitive fluorophore TMRE (Invitrogen) at the concentration of 10 nM for 30 min. Cardiomyocytes were then washed with warm PBS 2 times. TMRE fluorescence was acquired with excitation wavelengths of 555 nm, and 4–5 pictures were taken from each dish using LSM700 confocal microscopy (Zeiss). Mean fluorescence intensity of individual cardiomyocytes was determined per picture with ImageJ software (NIH). Cellular ATP level was determined with ATPlite kit according to the manufacture’s manual. Briefly, cardiomyocytes were cultured on a 12-well plate. Following 24-h treatment of LCs, warm PBS was used to wash cells gently. 75 μl of PBS was added to each well, followed by 75 μl of cell lysis buffer. Plate was subjected to 5-min shaking at 700 r.p.m. to break up the plasma membrane. 150 μl of ATP luminescent reaction buffer with substrate was added into each well, and the luminescence signal was measured with a SpectraMax M5 Microplate Reader (Molecular Device).

**ROS measurement**

Following Con-LC or AL-LC (20 μg/ml) or vehicle administration for designated number of hours, cultured cardiomyocytes were incubated with cell permeable, redox-sensitive fluorophore DCFDA (Invitrogen) at the concentration of 20 μM for 30 min. Cardiomyocytes were then washed with warm PBS 2 times. Cell images were acquired using LSM700 confocal microscopy (excitation wavelength at 488 nm) and analyzed with SigmaScan Pro. For determination of mitochondrial-derived ROS, cardiomyocytes were pre-treated with Mito-TEMPO (Santa Cruz Biotech), a mitochondrial-specific ROS scavenger, at a concentration of 100 nM for 45 min prior to experimental manipulation.

**Autophagic flux measurement**

For autophagosome clearance, adult rat cardiomyocytes were treated with either Con-LC or AL-LC (20 μg/ml) or vehicle for 24 h. Autophagy-specific substrate p62 was measured with immunoblotting. For autophagosome generation rate, adult rat cardiomyocytes were treated with either AL-LC (20 μg/ml) or vehicle for 48 h in the presence or absence of lysosomal inhibitors (E64d and Pepstatin A at the concentration of 5 μg/ml) (Hamacher-Brady et al, 2006). LC3-II levels were then measured with immunoblotting.

**GFP-LC3 cleavage assay**

Neonatal cardiomyocytes were infected with GFP-LC3 adenovirus. Twenty-four hours following adenoviral infection, neonatal cardiomyocytes were exposed to either vehicle, Con-LC or AL-LC for 2, 6 or 12 h. Following 1× PBS wash, cells were manually harvested using a cell lifter. Protein homogenate from harvested lysed cells are then subjected to immunoblotting for GFP. GFP antibody was used to detect the presence of GFP-LC3 fusion protein. Degradation of the fusion protein is reduced under conditions when autophagic flux is inhibited (Ni et al, 2011).

**LysoTracker and LysoSensor staining**

Following designated hour treatment with vehicle, Con-LC and AL-LC (20 μg/ml), cultured cardiomyocytes were incubated with cell permeable, lysosomal-specific probe LysoTracker (Invitrogen) at a concentration of 100 nM for 30 min. Cardiomyocytes were washed twice with warm PBS. Cell images were acquired using LSM700 confocal microscopy (excitation wavelength at 555 nm) and analyzed with ImageJ software. For determination of lysosomal pH, cardiomyocytes were incubated with LysoSensor Blue/Yellow (Invitrogen) at a concentration of 1 μM for 3 min prior to measurement using LSM710 two-photon confocal microscopy (excitation wavelength was 720 nm, and emission wavelengths were collected from 400 to 461 nm for the blue emission and 510 to 630 nm for the yellow emission). Images were analyzed using ImageJ software. Green fluorescence signal (blue emission) represents basic conditions, and red fluorescence signal (yellow emission) represents acidic conditions. Pseudocoloring (the ratio of green/red) was done to represent lysosomal pH.

**Electron microscopy**

1-mm³ cubes of human heart samples from either non-failing control or AL amyloid cardiomyopathy patients, or whole zebrafish embryos that had been injected with Con-LC or AL-LC, were fixed with 2.5% glutaraldehyde overnight at 4°C and then embeded in epoxy resins. Ultrathin sections (80 nm) were stained with uranyl acetate/lead citrate and then examined under the Tecnai G² electron microscope (FEI Inc) in Harvard Medical School EM core facility.
Assessment of cardiac function in zebrafish

Either Con-LC or AL-LC (100 µg/ml) was introduced into zebrafish circulation via venous injection as previously described. Following randomization, fish were treated with vehicle or rapamycin [10 nM] (Tobin & Beales, 2008). 5dpf zebrafish were embedded in 4 % low-melting agarose (Invitrogen) made with E3 water. E3 water was added to a level of 2 mm above the agarose. Color Doppler echocardiography was performed using MS700 probe (Vevo2100, Visual-Sonics) to determine the peak aortic flow velocity at 50 MHz. The color Doppler gate was placed on the dorsal edge of ventricle. The maximal flow velocity of each fish was acquired in a blinded fashion. Per each animal, the acquisition part starting at embedding was kept within 3 min to ensure fish health during time of measurement. 6–8 fish were examined for each group.

Transient TFEB overexpression zebrafish model

A pair of primers was designed to amplify fish TFEB mRNA from whole fish mRNA samples: upstream primer: ATTTAGGTGACACTATGAAATGCCTGACTCAGCGCTC; downstream primer: CCGCTCGAGTCACTGTATATC. mMESSAGE mMACHINE Kit (Invitrogen) was used to synthesize zebrafish TFEB mRNA. Reverse TFEB mRNA was synthesized for control. The quality/quantity of mRNA was determined by Nanodrop spectrometer (Thermo Scientific). 20 pg of mRNA was injected into zebrafish embryos at single cell stage. AL-LC was introduced into fish circulation via venous injection 2 days post-fertilization. Cardiac cell death was determined at 4dpf. Fish survival was monitored until day 7 post-fertilization.

Statistical analysis

All data are shown as mean ± standard error. Statistical differences between mean values for two groups were evaluated by Student’s t-test using GraphPad Prism software and confirmed using Microsoft Excel. Individual P-values are denoted within the figure legends. P < 0.05 was considered as significant.

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Conflict of interest

The authors declare that they have no conflict of interest.


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