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Fast, Label-Free Tracking of Single Viruses and Weakly Scattering Nanoparticles in a Nanofluidic Optical Fiber

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ABSTRACT High-speed tracking of single particles is a gateway to understanding physical, chemical, and biological processes at the nanoscale. It is also a major experimental challenge, particularly for small, nanometer-scale particles. Although methods such as confocal or fluorescence microscopy offer both high spatial resolution and high signal-to-background ratios, the fluorescence emission lifetime limits the measurement speed, while photobleaching and thermal diffusion limit the duration of measurements. Here we present a tracking method based on elastic light scattering that enables long-duration measurements of nanoparticle dynamics at rates of thousands of frames per second. We contain the particles within a single-mode silica fiber having a subwavelength, nanofluidic channel and illuminate them using the fiber’s strongly confined optical mode. The diffusing particles in this cylindrical geometry are continuously illuminated inside the collection focal plane. We show that the method can track unlabeled dielectric particles as small as 20 nm as well as individual cowpea chlorotic mottle virus (CCMV) virions—26 nm in size and 4.6 megadaltons in mass—at rates of over 3 kHz for durations of tens of seconds. Our setup is easily incorporated into common optical microscopes and extends their detection range to nanometer-scale particles and macromolecules. The ease-of-use and performance of this technique support its potential for widespread applications in medical diagnostics and micro total analysis systems.

KEYWORDS: nanofluidics · single particle tracking · virus detection · self-diffusion · label-free · biosensing

Measuring the dynamics of nanoparticles inside biomolecular solutions and mixtures reveals critical information about molecular-scale interactions,¹ self-assembly pathways,² the composition of the local environment,³ and the activity of components such as molecular motors.⁴,⁵ To make such measurements, one must not only detect the nanoparticles but also track their motion in real space. Whereas detection involves determining the existence of a particle, and possibly measuring its size or position, tracking involves repeatedly measuring its position on time scales shorter than the characteristic diffusion or advection time. The spatial precision of these position measurements should be comparable to molecular scales, particularly when the particles are used as probes of the local environment. Despite many recent advances in detection⁶–⁹ and optical nanoscopy,¹⁰–¹² a method with sufficiently high spatial and temporal precision to track weakly scattering and rapidly diffusing nanoparticles such as liposomes or viruses is still missing.

Tracking such nanoparticles is difficult because it requires both high measurement rates and long observation times to obtain good statistics on the motion. In fluorescence
microscopy and associated techniques, the most commonly used methods in biophysical tracking experiments, the measurement rate is limited by the inherently low fluorescent emission rate, and the longest observation time is limited by photobleaching. Even in the absence of bleaching, the observation time is limited to the time the labeled particle spends in the imaging focal plane or illuminated volume. For a mobile particle in a viscous liquid such as water, this time scale decreases linearly with the particle size; it takes only a few microseconds for a 20 nm-diameter particle to diffuse over a distance equal to its own diameter. Tracking nanoparticles in free solution over long times therefore requires methods such as anti-Brownian electrostatic trapping.13 Wang and Moerner14 have recently pushed fluorescent tracking close to its physical limits by combining electrostatic trapping, photon-stamped positioning, and advanced machine-learning algorithms.

Detection schemes that use elastic light scattering have advantages over fluorescence methods for tracking on short time scales. Unlike fluorescence, elastic scattering is an instantaneous and energy-conserving process and thus offers an almost unlimited photon budget, enabling high measurement rates. However, because the intensity of light elastically scattered from nanoparticles scales as the sixth power of the particle size, small nanoparticles can be difficult to detect over the background scattering. Established techniques such as dark-field or total internal reflection microscopy can reduce the background, but they still illuminate a large area, making it difficult to eliminate unwanted scattering from dust or surface defects. Furthermore, the observation time is again limited by how quickly the nanoparticles diffuse out of the illuminated volume. Alternative methods such as interferometric detection15–18 or measuring optical absorption with photothermal microscopy20 can detect the elastic scattering from nanoscale objects such as single viruses by measuring the deviations from background scattering induced by the presence of the object. However, if the background varies over time, the fluctuations in background can overwhelm the signal from the detected objects. Hence in these differential schemes the objects are typically immobilized, confined to a surface, or labeled with a strongly scattering metal particle.15,17 These constraints make these methods less suitable for studying processes such as nucleation and growth in their natural three-dimensional environment.

Here we present a technique that can track mobile, unlabeled nanoparticles and macromolecules over a wide range of time scales, from microseconds to tens of seconds, and in principle for much longer. The key element of our technique is a single-mode, step-index optical fiber with an open nanoscale channel inside the high-index core (Figure 1a,b). This channel is filled with a liquid containing the nanoparticles. Light is then guided through the fiber’s core. Because the channel diameter is smaller than the wavelength of light, a portion of the optical mode in the fiber overlaps with the nanochannel cross section as depicted in Figure 1c,d. The guided light scatters off the nanoparticles, travels through the transparent fiber cladding, and is collected by a microscope objective mounted perpendicular to the fiber axis.

This arrangement has three key features that enable simultaneously high-speed and long-duration measurements of nanoparticle dynamics. First, the orthogonal arrangement of illumination and detection directions efficiently separates the two and provides high signal-to-background ratio, obviating the need to immobilize the nanoparticles. Furthermore, the drawn silica fiber has an extremely low residual background scattering that is static and can easily be subtracted. Second, the fiber prevents the particles from background scattering that is static and can easily be subtracted. Secondly, the channel is extremely low residual background scattering that is static and can easily be subtracted. Third, the coherence of the elastically scattered light enables interferometric measurements of distances between particles.

We show that the technique can track multiple dielectric particles as small as 19 nm in diameter at frame rates up to 3.5 kHz, the maximum allowed by our detector. Since we use elastic scattering, for any value of the exposure time the in-coupled light intensity can be adjusted to fill the full electronic dynamic range of the sensor. Therefore, much higher speeds are possible. To demonstrate the usefulness of the technique for biophysical experiments and diagnostic applications, we track unlabeled, freely diffusing, single cowpea chlorotic mottle virus (CCMV) virions with a molecular weight of only 4.6 megadaltons. To our knowledge, this is the smallest virus to be tracked at the single virion level with optical scattering (previous experiments using interferometric scattering18 tracked single virions of Simian virus 40 (45 nm in diameter) bound to a lipid bilayer at frame rates of up to 130 Hz). While CCMV is pathogenic only in plants, it is representative of a large number of positive-sense single-stranded RNA viruses that infect animals and humans. Additionally, outside of its natural host,21 CCMV and its close relative brome mosaic virus have been exploited in the fabrication of novel nanomaterials,22 nanoreactors,23 and delivery vectors for small molecules24 and genes.25 Our method has the potential to probe the various dynamical processes both within the viral life-cycle and within the broader field of viral nanoscience.

RESULTS AND DISCUSSION

Background Scattering. Our nanofluidic step index fiber consists of a hollow cylinder (inner channel...
diameter 250 nm, outer dielectric core diameter 3 µm; see Figure 1b) made of high-index-doped silica, surrounded by a concentric fused silica fiber with a slightly lower refractive index (for details of the fabrication procedure see Methods section). We design the fiber with a subwavelength channel so that the guided optical mode has a large fraction of its field within the channel, even though it has a lower refractive index than silica. The structure therefore allows strong guided illumination of an aqueous sample. In the experiments detailed below, laser light is coupled into one end of the fiber, and the nanoparticle suspension is pulled into the opposite end by capillary forces. We collect the scattered light and image the channel with a 60 × 0.95-NA oil-immersion objective placed perpendicular to the fiber (Figure 1a). To minimize cylindrical lensing by the outer interface of the fiber, we immerse the fiber cladding in index-matching oil on top of a flat glass slide. Images of the nanoparticles are captured by a high-speed sCMOS camera.

The background scattering in our nanofluidic fiber is several orders of magnitude lower than in other opto-fluidic devices used for particle detection, such as lithographically fabricated waveguides. The propagation loss of the fundamental core mode is smaller than 50 dB/km in the visible range; equivalently, only one part in 10⁸ of the in-coupled power is lost per micrometer of propagation length along the fiber (see Supporting Information). The loss, which is primarily due to scattering from different material interfaces, generates a stationary background speckle in our images. Though the loss is higher than in commercially available optical fibers, the resulting background speckle is weak; comparable to scattering from a 15 nm dielectric nanoparticle. Because this background is stationary, it can be removed through image processing. Furthermore, we anticipate that the fiber fabrication process could be optimized to achieve even lower losses. Other silica-based fibers such as photonic-crystal fibers can in principle guide both light and fluids in the core, but the array of holes surrounding the core obstructs the image, preventing accurate particle localization and tracking.

Tracking Weakly Scattering Nanoparticles. Using the nanofluidic optical fiber, we are able to image and track freely diffusing polystyrene nanoparticles as small as 19 nm. Although the size of these dielectric particles is similar to that of gold nanoparticles used in other tracking experiments, their scattering cross-section is about 1000 times smaller, owing to much
smaller refractive index contrast and absence of plasmonic enhancement. Nonetheless we are able to image them at frame rates of 1 kHz under a guided optical power of <10 mW. A single frame of raw data showing several particles of different sizes in a mixture of particles of diameters 19, 35, and 51 nm (sizes reported by the manufacturers) is shown in Figure 1e. Within each such frame we are able to capture multiple particles with scattering intensities spanning 2 orders of magnitude.

To identify particles within the mixture, we localize their positions from the images and construct tracks using custom-developed software (see Supporting Information). An example time-trace obtained by this procedure is shown in Figure 2a. We can distinguish different particles in the mixture by their intensities and, after analyzing their tracks (Figure S3 in Supporting Information), by their diffusion coefficients. To obtain more accurate tracks for the smallest particles, we use a suspension containing only 19 nm particles and triple the illumination power. For each track we calculate the diffusion coefficient and the average scattered intensity, normalized to the average background scattering. The diffusion coefficient and scattered intensity distributions are plotted as a function of the specified diameters of the particles in Figure 2b,c.

The data shown in these plots allow us to quantify the precision and accuracy of our method. We first examine the precision. The variations in particle size as extracted from the diffusion coefficients seen in Figure 2b are larger than those extracted from the measured intensities. This difference can be traced to the uncertainty in localizing the position of the particles. We quantify the localization error by examining the measured displacements. For the 35 and 51 nm-size particles, the displacement distributions are Gaussian at all lag times, and the mean-square displacements (MSD) for about 95% of our trajectories scale linearly with lag time down to the smallest measured lag time (1 ms). For the 19 nm particles, the MSDs are linear down to about 5 ms. By considering the largest positive intercepts in the plot of MSD as a function of lag time, we estimate a localization error of <50 nm for the larger particles and 300 nm for the 19 nm particles. These errors are dominated by dynamical tracking errors stemming from the blurring of the point spread function as the particles diffuse during the 1 ms exposure. The dynamic errors could be further improved by using a higher-speed camera or pulsed illumination and a collection objective with a larger numerical aperture. Although our setup was not optimized to reduce the dynamic error, in all cases the localization precision is subwavelength.

Figure 2. Tracking of unlabeled dielectric nanoparticles. (a) Axial position of polystyrene nanoparticles as a function of time, as measured by our tracking algorithm for a representative data set. Colors show the measured intensity of the particle as a function of position. The inset shows part of a track (red line) overlaid on the intensity data. (b) The inverse of the measured diffusion coefficient as a function of particle diameter (as specified by the manufacturer). Error bars represent the standard deviation of the distribution of diffusion coefficients measured for different particles of the same size. The red dashed line represents the values expected for unhindered bulk diffusion, while the yellow dashed line, calculated according to the model of Dechadilok and Deen,\textsuperscript{30} takes into account the hydrodynamic drag in the capillary using no fit parameters. (c) Log–log plot of the measured normalized scattered intensity as a function of the particle diameter. The dashed line represents the Rayleigh scattering formula. (d) Histograms of the detected intensities for all particles (blue bars) and of the mean intensity of a single particle from each batch (red curves).
To characterize the accuracy, we examine the diffusion coefficients obtained from the displacements. Owing to the hydrodynamic resistance of the walls of the capillary, the measured diffusion coefficients are smaller than the ones measured by dynamic light scattering in the bulk. However, the measured values are in good agreement with those predicted by a model (yellow dashed line in Figure 2b) of hindered diffusion in a tight capillary. The model has no fit parameters. The agreement with expectations from hydrodynamics attests to the accuracy of the technique.

We foresee several possible analytical and biophysical applications for our method: characterizing the concentration and size distribution of nanoparticles in suspension, measuring the dynamics of small protein aggregates such as viruses, and measuring the interactions between nanoparticles or biomolecules. In what follows, we describe the results of three sets of experiments showing that the technique can acquire the key information required for each of these applications.

**Characterizing Nanoparticles.** First, we show that our method can be used to characterize the size distribution of nanoparticles in small fluid volumes. This is a common challenge in nanotechnology, nanomedicine, and clinical diagnostics. Our method yields two independent measures of the particle size: the diffusivity, which can be used to determine the hydrodynamic radius, and the scattering intensity, which can be used to find the optical diameter, if the particle shape and refractive index are known. The error in the particle size obtained from the diffusivity depends on the length of available tracks; the longer the duration of the track, the more precise is the estimate of the diffusivity. As in dynamic light scattering, the principal advantage of measuring the size through the diffusivity is that the refractive index need not be known.

If, however, the index is known, then the particle-size distribution can be more precisely evaluated from the scattered intensity, which scales as the sixth power of the particle size (Figure 2c). This measurement is akin to static light scattering, except that here it can be done on individual particles. The measured intensity for each particle fluctuates in time, owing to the nonuniform intensity distribution of the mode in the fiber (see Supporting Information and Figure S5). These fluctuations are, however, averaged out for exposure times longer than 10 ms. We find that the width of the intensity histogram for a single particle, measured over an entire trajectory, is smaller than the width of the histogram of an ensemble of particles from the same batch (Figure 2d). Hence even narrow size distributions can be characterized. From the intensity histograms shown in Figure 2d, we calculate the mean diameter and coefficient of variation (CV), the ratio of the standard deviation to the mean, in three different batches of polystyrene nanoparticles. From our tracking measurements we estimate the mean sizes and polydispersity of the three particle batches to be 52.2 nm with CV of 6%, 39.6 nm with CV of 11.5%, and 23.5 nm with CV of 31%. The values for the CV are reasonable, lying between those reported by the manufacturer and those measured by dynamic light scattering in bulk, and the diameters are in good agreement with both data sets.

**Tracking Small RNA-Virus Particles.** Second, we show that the method has sufficient sensitivity to follow the dynamics of small protein aggregates. We demonstrate this by measuring the motion of individual wild-type CCMV virions (Figure 3) that are freely diffusing in water. The hydrodynamic diameter of these particles, as measured by dynamic light scattering (see Supporting Information), is 26 ± 5 nm, which agrees with that measured previously by cryo-electron microscopy. The scattering cross-section is 2.3 × 10⁻³ nm², as estimated from the mass of each virion, assuming an average refractive index of 1.45 for protein. Because this cross-section is smaller than that of the 19 nm polystyrene spheres, detecting and tracking the virions is a challenge: we find that the scattering signal from a single virion in a channel with diameter of 400 nm is about 0.3 times the average background scattering in the fiber. Note that the channel diameter for this experiment is larger than that used for the polystyrene spheres, and hence the average mode intensity inside the channel is smaller. However, after background subtraction, we obtain a signal to background ratio (SBR) of 10, which is sufficient to track individual virions for tens of seconds (Figure 3b).

We measure an average diffusion coefficient of 15.0 ± 3.6 μm²/s, which agrees with the theoretical value of 13.5 μm²/s calculated using the hindered diffusion model for 26 nm spheres in a 400 nm cylindrical channel. The hindered diffusion coefficient is about 20% lower than that expected in the bulk (16.8 μm²/s). To further verify that we are indeed tracking the virus, we examine the polydispersity, as determined by the distribution of the detected scattered intensity. We find an upper bound on the mass polydispersity of 7.4% (see Supporting Information), consistent with the narrow size distribution expected of the virions. To our knowledge, these are the smallest viruses that have been tracked in real space using elastic light scattering.

**Measuring Particle–Particle Interactions from Interference of Scattered Light.** Third and finally, we show that the method can be used to resolve the distance between two diffusing nanoparticles that are within a wavelength of one another and to measure their interactions. To make this measurement, we take advantage of the coherence of elastic light scattering. In coherent scattering, the total intensity of two particles that are closer than roughly half the wavelength to one another is greater than the sum of the intensities of two isolated
particles, owing to constructive interference. The non-linear superposition of intensities in elastic scattering enables instantaneous distance measurements that are not possible in fluorescence or incoherent scattering techniques, which rely on time-averaged emission rates.

We measure the interaction between two particles whose tracks cross (Figure 4a,b). For ease of analysis, we choose a case where one of the particles is temporarily stuck to the wall of the core (Figure 4a). We define the enhancement of the intensity at the location of the immobile particle as \( F = (I_1 + I_2) / C_0 I_1 \), where \( I_1 \) is the measured intensity, \( I_1 \) the scattered intensity from the immobile particle, and \( I_2 \) that of the mobile particle. As can be seen in Figure 4b, the measured intensity of the moving nanoparticle is enhanced by factors between 1.6 and 2.7 when it passes the fixed particle (note that the enhancement factor, which is proportional to \((I_1/I_2)\), can be even larger if the enhancing particle is brighter than the probed one). By considering the measurement geometry and the actual mode profile, we can map the enhancement factor onto the separation between the two particles. This mapping works within a limited but well-defined uncertainty interval for distances smaller than 300 nm. The mapping and the attributed statistical uncertainty are shown in Figure 4c (for details of the analysis, see Supporting Information).

The relation between enhancement and separation allows us to measure the distribution of interparticle distances (Figure 4d) by looking only at the intensity fluctuations. It is possible to make this measurement even when it is not possible to localize the individual particles. The distances are calculated by collecting all the data points in which the enhancement is larger than 1.5, for which the value of the enhancement maps onto a narrow, monomodal distribution of distances. Assuming Boltzmann statistics, we then calculate the interaction potential as a function of distance between the two particles (Figure 4e). The measured interaction potential is consistent with expectations for two particles interacting through a short-range electrostatic repulsion: it is flat at distances larger than the Debye length, which we estimate to be 3 nm, and the variations are small compared to the thermal energy \( k_B T \).

CONCLUSIONS

We have shown that the opto-fluidic fiber platform enables the simultaneous measurement of the hydrodynamics and optical properties of unlabeled, freely diffusing nanoparticles with subwavelength precision and microsecond time resolution. Here we consider the applications for this technique, and we discuss the limits to sensitivity and temporal resolution. First, we note that one potential issue with our method is clogging. Owing to the high surface-to-volume ratio in our setup, the channel might clog if samples can stick to the glass. While we did not observe any attraction between the latex nanoparticles or CCMV viruses and the surface, other proteins or particles, particularly...
positively charged ones, might pose a problem. Therefore, it will be necessary to develop techniques to functionalize the channel walls through, for example, silane chemistry.

Second, we note that there are some applications that are not well-suited for the method; in particular, it would be difficult to measure dynamics in living cells or cell extracts, where the large density of scatterers would likely overwhelm the signal from the particles of interest. Fluorescent techniques have an advantage for such applications: they can track labeled particles on a dark background even in dense media, albeit with low temporal resolution.

A more natural application for our method is the study of biochemical processes that occur in vitro. The fiber may be ideal for probing the nucleation and growth of biomolecular aggregates such as fibrils or viruses. In such systems, nucleation may take a long time to occur but growth can proceed much more rapidly. Our method is well-suited to studying such processes because it can probe a wide range of time scales, from microseconds to many seconds (and longer). It would be particularly interesting to follow the self-assembly of individual viral capsids from their constituent proteins and nucleic acids. This key step in the viral life cycle is thought to follow a nucleation-and-growth pathway, but direct experimental evidence for the assembly mechanism is scarce.

There are further applications in medical diagnostics and colloidal science. Diagnostic applications could take advantage of the broadband transmission of the fiber, which enables multicolor spectroscopic measurements at high spatial and temporal resolution. Simultaneous spectroscopy and tracking could detect specific pathogens or disease markers, such as extracellular vesicles, in bodily fluids. Applications in colloidal science include characterizing single particles and measuring dynamics. The fiber geometry allows one to measure scattering at multiple angles and polarizations simultaneously, enabling high-precision, single-particle dynamic and static light scattering measurements. Such experiments could quantify the shape and rotational diffusion of nonspherical particles or aggregates. The platform could also be a useful tool for controlled measurements of electrostatic and electrokinetic effects in transport of charged particles through nanopores. By combining particle tracking with capillary electrophoresis, it may even be possible to study the charging dynamics of proteins at a single-particle level in biologically relevant environments.

Some of these applications will require improving the sensitivity and temporal resolution of the device. The sensitivity is currently limited by background scattering, which can be reduced in two ways. First, the fiber design and fabrication can be optimized; the current fibers are prototypes, and there are several
parameters that can be varied in later production runs to make them smoother and more homogeneous. Second, one can use a low-coherence light source or rapidly modulate the laser current to reduce the background speckle. The temporal resolution in our experiments is limited by the detector speed; the intensities we measure for our weakest scatterers, CCMV virions, are well above photon shot noise even at kilohertz frame rates. As in other techniques, the shot noise poses the ultimate limit on temporal resolution if the camera is sufficiently fast. However, because our method is based on elastic scattering, it is possible to use high illumination intensities (and, if necessary, short pulses) without thermally damaging the sample. Thus, the shot-noise limit can be reduced further than in techniques that rely on inelastic scattering or fluorescence. Furthermore, the scattering of specific particles or complexes of interest can be enhanced by conjugating them to strongly scattering nanoparticles. With both lower background and enhanced scattering, it may even be possible to measure the dynamics of single proteins.

**METHODS**

**Fiber Fabrication.** We use the same type of core material (GeO₂-doped silica) as in telecommunications fibers to take advantage of the same well-established and mature fabrication procedures used for state-of-the-art single-mode fibers, which can be adapted for large scale production. Our fiber has a high-index core with a diameter of 3 μm, which is chosen to provide a cutoff wavelength in the near-infrared. This core size ensures that only one mode propagates in the fiber at 670 nm, which is the wavelength we use in most of our experiments. We use different fibers with inner-channel diameters varying between 200 to 400 nm, which is small enough so that a significant fraction of the mode lies inside the channel but large enough for the particles to diffuse freely (see Figure 1). The outer diameter of the fiber is 200 μm.

Fabricating the fiber involves first producing a few-centimeter-thick synthetic silica preform with a GeO₂-doped core and central hole. To make the fiber, the preform is thermally drawn at high temperatures. The outer diameter of the fiber is controlled during the drawing. The nanochannel diameter is set by the size of the initial hole and the outer diameter. Its diameter is measured after drawing using scanning electron microscopy. It is possible to fabricate kilometers of opto-fluidic fibers with negligible variations in the inner channel diameter.

**The Experimental Setup.** Light from a solid-state single-mode laser (660 nm, Laser Quantum) is coupled with a 10 x objective into a 100 mm-long piece of the opto-fluidic fiber. The opposite end of the fiber is laid on a coverslip and fixed with adhesive tape. We image the core of the fiber from its side, at a distance of roughly 20 mm from the end of the fiber segment, using a homemade microscope with a 60 x NA Olympus oil-immersion objective, 400 x magnification, and an effective field of view of more than 200 μm along the fiber. The fiber is immersed in index-matching oil on top of a glass slide to avoid lensing by the outer cylindrical fiber surface. A small drop of suspension containing the particles is placed on the end of the fiber opposite from the source, and the liquid is pulled into the fiber by capillary forces. At a particle concentration of 10 nM, we observe about one particle per 10 μm of fiber. The particle concentration in the core is typically less than that in the bulk suspension due to the difference between the flow rates of the liquid and the suspended particles through the entrance of the fiber. The scattered light from the diffusing particles is recorded using a sCMOS camera (Hamamatsu Orca Flash 4) with a maximum frame rate of 3.5 kHz for a 6 pixel by 1024 pixel area. The procedures for data analysis are explained in detail in the Supporting Information.

**Confict of Interest:** The authors declare the following competing financial interest(s): Stefan Weidlich works for Heraeus Quarzglas GmbH & Co. KG, which is a global supplier of silica products. Within their portfolio, Heraeus Quarzglas also offers material solutions for the fiber optical industry.

**Supporting Information Available:** The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acsnano.5b05646.

Additional details on methods, including: calibration of background scattering; particles and their characterization; the tracking algorithm; calculating the particle’s diffusion constant and size; the effect of the fiber’s mode profile; calculation of the size distribution of CCMV virions based on tracking; relation between intensity enhancement and separation in the two particle measurements; and extracting the interaction potential from separation measurements (PDF).

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**REFERENCES AND NOTES**


