Associated Links Among Smoking, Chronic Obstructive Pulmonary Disease, and Small Cell Lung Cancer: A Pooled Analysis in the International Lung Cancer Consortium

The Harvard community has made this article openly available. Please share how this access benefits you. Your story matters.

---

Citation

Published Version
doi:10.1016/j.ebiom.2015.09.031

Accessed
October 19, 2017 12:53:08 AM EDT

Citable Link
http://nrs.harvard.edu/urn-3:HUL.InstRepos:25658551

Terms of Use
This article was downloaded from Harvard University's DASH repository, and is made available under the terms and conditions applicable to Other Posted Material, as set forth at http://nrs.harvard.edu/urn-3:HUL.InstRepos:dash.current.terms-of-use#LAA

(Article begins on next page)
Associated Links Among Smoking, Chronic Obstructive Pulmonary Disease, and Small Cell Lung Cancer: A Pooled Analysis in the International Lung Cancer Consortium

Ruyi Huang a,b,1, Yongyue Wei a,b,a,1, Rayjean J. Hung c, Geoffrey Liu d, Li Su a, Ruyang Zhang a,b,a,1, Xuchen Zong e, Zuo-Feng Zhang e, Hal Morgenstern f,g, Irene Brüske h, Joachim Heinrich h, Yun-Chul Hong i, Jin Hee Kim j, Michele Cote k, Angela Wenzlai k, Ann G. Schwartz k, Isabelle Stucker l, John Mclaughlin m, Michael W. Marcus n, Michael P.A. Davies n, Triantafillos Liloglou n, John K. Field n, Keitaro Matsuo o, Matt Barnett p, Mark Thornquist p, Gary Goodman p, Yi Wang q, Size Chen q,s, Ping Yang q, Eric J. Duell i, Angeline S. Andrew u, Philip Lazarus v, Penella Woll w, Janet Horsman w, M. Dawn Teare w, Anath Flugelman x, Gad Rennert x, Yan Zhang y, Hermann Brenner y,z, Christa Stegmaier a,a, Erik H.F.M. van der Heijden a,b, Katja Aben a,b,a, Lambertus Kiemenny ab, Juan Barros-Dios ad, Monica Pérez-Ríos ad, Alberto Ruano-Ravina ad, Neil E. Caporaso a,e, Pier Alberto Bertazzi a,a,g, Maria Teresa Landi a,f,g, Juncheng Dai a,h, Hongbing Shen a,h, Guillermo Fernandez-Tardon a,i, Marta Rodriguez-Suarez aj, Adonina Tardon a,i, David C. Christiani a,a,k,a,l,*

a Department of Environmental Health, Harvard T.H. Chan School of Public Health, Boston, MA, USA
b Department of Medical Education, E-Da Hospital, and 1-Shen University, Taiwan
c Lunenfeld-Tanenbaum Research Institute of Mount Sinai Hospital, Toronto, Canada
d Princess Margaret Cancer Centre, University Health Network, University of Toronto, Toronto, Ontario, Canada
e Department of Epidemiology, UCLA Jonsson Comprehensive Cancer Center, Fielding School of Public Health, University of California at Los Angeles (UCLA), Los Angeles, CA, USA
f Department of Epidemiology, University of Michigan School of Public Health, Ann Arbor, MI, USA
Department of Environmental Health Sciences, University of Michigan School of Public Health, Ann Arbor, MI, USA
h Institute of Epidemiology I, Helmholtz Zentrum München, German Research Center for Environmental Health, Neuherberg, Germany
i Department of Preventive Medicine, Seoul National University College of Medicine, Republic of Korea
j Department of Environmental Health, Graduate School of Public Health, Seoul National University, Seoul, Republic of Korea
k Barbara Ann Karmanos Cancer Institute, and Department of Oncology, Wayne State University, Detroit, MI, USA
l Centre for Research in Epidemiology and Population Health, French Institute of Health and Medical Research, Villejuif, France
m Public Health Ontario, Toronto, Ontario, Canada
n Division of Molecular and Clinical Cancer Medicine, Institute of Translational Medicine, University of Liverpool, Liverpool, UK
o Division of Molecular Medicine, Aichi Cancer Center Research Institute, Nagoya, Japan
p Public Health Sciences Division, Fred Hutchinson Cancer Research Center, Seattle, WA, USA
q Division of Epidemiology, Department of Health Sciences Research, Mayo Clinic, Rochester, Minnesota, USA
r School of Environmental Science and Public Health, Wenzhou Medical University, China
s Department of Oncology, The First Affiliated Hospital of Guangdong Pharmaceutical University, Guangzhou, China
Unit of Nutrition and Cancer, Catalan Institute of Oncology (ICO-IDIBELL), Barcelona, Spain
t Norris Cotton Cancer Center, Geisel School of Medicine, Dartmouth College, Lebanon, NH, USA
e Pennsylvania College of Medicine, Hershey, PA, USA
v Sheffield School of Health and Related Research, Experimental Cancer Medicine Centre, University of Sheffield, Sheffield, UK
w National Israel Cancer Control Center, Carmel Medical Center and Technion, Israel
x Division of Clinical Epidemiology and Aging Research, German Cancer Research Center (DKFZ), Heidelberg, Germany
y German Cancer Consortium (DKTK), German Cancer Research Center (DKFZ), Heidelberg, Germany
z Saarland Cancer Registry, Saarbrücken, Germany
a Radboud University Medical Center, Radboud Institute for Health Sciences, Nijmegen, The Netherlands
b Netherlands Comprehensive Cancer Organisation, Utrecht, The Netherlands
c Service of Preventive Medicine, University Hospital Complex of Santiago de Compostela, Santiago de Compostela, Spain
d Genetic Epidemiology Branch, Division of Cancer Epidemiology and Genetics, National Cancer Institute, Rockville, MD, USA
e Epidemiology Unit, Fondazione IRCCS Ca' Granda — Ospedale Maggiore Policlinico, Milan, Italy
f Department of Clinical Sciences and Community Health, Universita’ degli Studi di Milano, Milan, Italy

Abbreviations: COPD, chronic obstructive pulmonary disease; CPG, cigarettes per day; ILCCO, International Lung Cancer Consortium; MeSH, medical subject headings; NSCLC, non-small cell lung cancer; OR, odds ratio; SCLC, small cell lung cancer.
1 The authors contributed equality to this study.

http://dx.doi.org/10.1016/j.ebiom.2015.09.031
2352-3964/© 2015 The Authors. Published by Elsevier B.V. This is an open access article under the CC BY-NC-ND license (http://creativecommons.org/licenses/by-nc-nd/4.0/).


1. Introduction

Small cell lung cancer (SCLC) comprises approximately 15–18% of all lung cancers worldwide (Fruh et al., 2013). SCLC is the most aggressive subtype of lung cancer and is characterized by rapid doubling time, high growth fraction, and early widespread metastasis (Kalemkerian et al., 2013). Despite high response rates to initial treatment, SCLC usually relapses and becomes refractory to treatment within one year. The median survival is 14–20 months for limited SCLC and 9–11 months for extensive SCLC (Kalemkerian et al., 2013). These statistics highlight the need for new tools to aid in diagnosis and prevention.

Smoking is the major risk factor for SCLC (Pesch et al., 2012; Engeland et al., 1996; Freedman et al., 2008). However, previous studies were limited in sample size and statistical power to estimate more precise effect size of smoking on SCLC risk as well as the non-linear exposure–response relationships, which have been thoroughly explored in the previous non-small cell lung cancer (NSCLC) studies (Zhai et al., 2014a, b). Furthermore, smoking is also an independent risk factor for chronic obstructive pulmonary disease (COPD), which shares similar genetic and biological characteristics to lung cancer (Houghton, 2013; Roca et al., 2012; Schwartz and Ruckdeschel, 2006; Young and Hopkins, 2011), while concomitant COPD has not been fully examined with regard to SCLC risk (Purdue et al., 2007; Fan et al., 2011). Precise understanding of the association between smoking, COPD, and SCLC using a large sample size will shed light on its pathogenesis.

To address these knowledge gaps, we conducted a pooling analysis of 24 case–control studies in the International Lung Cancer Consortium (ILCCO) that in total included 43,948 SCLC cases and 37,942 cancer-free controls. We examined: 1) exposure–response relationships between SCLC risk and cigarette smoking indicators, including cumulative smoking, age of initiation, and time since quitting smoking; 2) the association between physician diagnosis of COPD and SCLC risk; and 3) the interaction and mediation effects of COPD and cigarette smoking on SCLC risk.

2. Methods

2.1. Ethics

Individual studies were approved by their respective ethics committees.

2.2. Study Population

This pooled analysis comprised data from the ILCCO collaboration (http://ilcco.iarc.fr), which was established in 2004 to share data among ongoing lung cancer studies (Huang et al., 2008). We included 24 ILCCO studies that met the following criteria: 1) had histologically confirmed SCLC cases; 2) used a structured questionnaire to evaluate smoking behaviors; and 3) provided an intact study protocol. Among the 24 studies, two (Schottker et al., 2013; Goodman et al., 1998) were cohort studies. The remaining 22 had a case–control design, ten (Miller et al., 2002; Muscat et al., 1995; Loriot et al., 2000; Lopez-Cima et al., 2012; Kim and Hong, 2013; Ito et al., 2012; Lee et al., 2009; Ruano-Ravina et al., 2014; Zhang et al., 2010; Park et al., 2005) were hospital-based, ten studies (Kreienbrock et al., 2001; Landi et al., 2008; Luce and Stucker, 2011; Schwartz et al., 2009; Field et al., 2005; Heck et al., 2009; Sevilya et al., 2014; Cote et al., 2012; Hashibe et al., 2006; Wang et al., 2014) were population-based, and the other two (Yang et al., 2005; Brenner et al., 2010) were mixed case–control studies. The included studies were performed in North America (Goodman et al., 1998; Miller et al., 2002; Muscat et al., 1995; Park et al., 2005; Schwartz et al., 2009; Heck et al., 2009; Hashibe et al., 2006; Wang et al., 2014; Yang et al., 2005; Brenner et al., 2010), Europe (Schottker et al., 2013; Loriot et al., 2001; Lopez-Cima et al., 2012; Lee et al., 2009; Kreienbrock et al., 2001; Landi et al., 2008; Luce and Stucker, 2011; Field et al., 2005; Cote et al., 2012; Ruano-Ravina et al., 2004), and Asia and Oceania (Lopez-Cima et al., 2012; Kim and Hong, 2013; Ruano-Ravina et al., 2014; Heck et al., 2009). Each included study was approved by the institutional review boards of the respective institutions, and each participant provided informed consent.

2.3. Case Ascertainment

Incident lung cancer cases were diagnosed pathologically and verified through review of medical records (Schottker et al., 2013; Goodman et al., 1998; Miller et al., 2002; Muscat et al., 1995; Loriot et al., 2001; Kim and Hong, 2013; Ito et al., 2012; Lee et al., 2009; Ruano-Ravina et al., 2014; Park et al., 2005; Kreienbrock et al., 2001; Landi et al., 2008; Schwartz et al., 2009; Field et al., 2005; Wang et al., 2014; Yang et al., 2005; Brenner et al., 2010; Etzel et al., 2006), linkage to cancer registries (Lopez-Cima et al., 2012; Ito et al., 2012; Luce and Stucker, 2011; Schwartz et al., 2009; Cote et al., 2012; Hashibe et al., 2006; Wang et al., 2014) were population-based, and the other two (Yang et al., 2005; Brenner et al., 2010) were mixed case–control studies. The included studies were performed in North America (Goodman et al., 1998; Miller et al., 2002; Muscat et al., 1995; Park et al., 2005; Schwartz et al., 2009; Heck et al., 2009; Hashibe et al., 2006; Wang et al., 2014; Yang et al., 2005; Brenner et al., 2010), Europe (Schottker et al., 2013; Loriot et al., 2001; Lopez-Cima et al., 2012; Lee et al., 2009; Kreienbrock et al., 2001; Landi et al., 2008; Luce and Stucker, 2011; Field et al., 2005; Cote et al., 2012; Ruano-Ravina et al., 2004), and Asia and Oceania (Lopez-Cima et al., 2012; Kim and Hong, 2013; Ruano-Ravina et al., 2014; Heck et al., 2009). Each included study was approved by the institutional review boards of the respective institutions, and each participant provided informed consent.

2.4. Statistical Analysis

The high relapse and mortality rate of small-cell lung cancer (SCLC) fuels the need for epidemiologic study to aid in its prevention.

Methods: We included 24 studies from the ILCCO collaboration. Random-effects panel logistic regression and cubic spline regression were used to estimate the effects of smoking behaviors on SCLC risk and explore their non-linearity. Further, we explored whether the risk of smoking on SCLC was mediated through COPD.

Findings: Significant dose–response relationships of SCLC risk were observed for all quantitative smoking variables. Smoking pack-years were associated with a sharper increase of SCLC risk for pack-years ranged 0 to approximately 50. The former smokers with longer cessation showed a 43% decline in SCLC risk vs. subjects who had quit smoking < 5 years. Compared with non-COPD subjects, smoking behaviors showed a significantly higher effect on SCLC risk among COPD subjects, and further, COPD patients showed a 1.86-fold higher risk of SCLC. Furthermore, smoking behaviors on SCLC risk were significantly mediated through COPD which accounted for 0.70% to 7.55% of total effects.

Interpretation: This is the largest pooling study that provides improved understanding of smoking on SCLC, and further demonstrates a causal pathway through COPD that warrants further experimental study.

© 2015 The Authors. Published by Elsevier B.V. This is an open access article under the CC BY-NC-ND license (http://creativecommons.org/licenses/by-nc-nd/4.0/).
duration (1996). The non-linear association was explored by applying the restricted cubic spline models (Hastie and Tibshirani, 1995; Campbell, time since quitting smoking with the SCLC risks using estimates from ships, we plotted cumulative smoking, age of smoking initiation, and and Sloan, 1989). To better visualize the exposure egorical smoking variables into an ordinal regression model (Armstrong and Swanson, 1989). Among the ten studies that had COPD diagnostic information (Table S1), the baseline questionnaires listed chronic emphysema, bronchitis, and/or COPD, and other lung disorders such as asthma and tuberculosis. Each subject was asked to self-report whether he/she was ever diagnosed by a physician of chronic bronchitis, emphysema, or COPD, categorized as present or absent. Subjects who had physician diagnosed chronic emphysema, bronchitis, and/or COPD were defined as having COPD. One study also validated the COPD diagnosis with pulmonary function tests (Yang et al., 2005).

2.4. Smoking and Other Factors

All studies collected information on lifetime history of cigarette smoking, including age of initiation of smoking, duration, intensity, and time since quitting for former smokers. To explore the non-linear association between smoking and SCLC, we generated common categorical variables related to smoking status (never smoker defined as no cumulative smoking, current smoker defined as cumulative smoking of any amount plus time since quitting smoking less than or equal to 1 year, and former smoker defined as smokers who had quit more than 1 year before diagnosis or interview), daily smoking intensity (1–9, 10–19, 20–29, 30–39, and 40 or more cigarettes/day), smoking duration (1–19, 20–29, 30–39, 40–49, and 50 or more years), and lifetime cumulative smoking (1–19, 20–39, 40–59, 60–79, and 80 or more pack-years; one pack-year being equivalent to 20 cigarettes/day smoked during 1 year). Former smokers were further categorized according to age of smoking initiation (less than 15 years, 15–20, 20–25, 25–30, or more than 30 years) and time since quitting (<5, 5–9, 10–19, or 20 or more years).

Other variables included in the pooled analysis were gender, age at diagnosis or interview, geographical region (North America, Europe, and Asia and Oceania), self-reported race (Asian, Black, White, Hawaiian, Hispanic, Other), family history of lung cancer (yes, no), and education level (non-elementary, vocational, postsecondary, university).

2.5. Statistical Analysis

2.5.1. Non-linear Exposure–Response Relationships of Smoking Behaviors on SCLC

The odds ratios (ORs) of SCLC and their 95% confidence intervals (95% CIs) for daily smoking intensity, duration of smoking, lifetime cumulative smoking, age of smoking initiation, and time since quitting were estimated using random-effects panel logistic regression (Conway, 1990). This multilevel model takes account of the variation among studies (panels), and study heterogeneity, during model fitting. The \( p \) ranging from 0 to 1, represents the proportion of the total variance contributed by the panel (study)-level variance component. When \( p \) is zero, the panel-level variance component is negligible, and the estimators from the panel logistic regression are no different from that from the traditional logistic regression. Age at diagnosis and gender were adjusted for in all the regression models. Trends of SCLC risk across smoking categories were evaluated by fitting the categorical smoking variables into an ordinal regression model (Armstrong and Sloan, 1989). To better visualize the exposure–response relationship, we plotted cumulative smoking, age of smoking initiation, and time since quitting smoking with the SCLC risks using estimates from restricted cubic spline models (Hastie and Tibshirani, 1995; Campbell, 1996). The non-linear association was explored by applying the likelihood test to compare the spline model to its nested linear model. Subgroup analyses were performed stratified by COPD status, gender, study area (Caucasian-dominated areas vs. non-Caucasian dominated areas), source of controls (hospital-based controls vs. population-based controls), and 1st degree family history of lung cancer (yes vs. no), and the difference of risk effects between subgroups was evaluated by including the interaction term of smoking and stratifying variable into the model.

2.5.2. Interaction and Mediation Analyses

The associations between cumulative smoking and SCLC risk were further tested in subgroups with and without preexisting COPD. We conducted the Wald test for effect modification from COPD by adding an interaction term. It is well-established that smoking is the risk to both COPD and SCLC, and COPD is a risk factor to SCLC. To explore whether the effect of smoking on the risk of SCLC is mediated through COPD, the VanderWeele’s mediation analysis was performed (VanderWeele and Vansteelandt, 2010). The smoking effect on SCLC was decomposed to two parts: the indirect effect which represents the effect of smoking is mediated through COPD and the direct effect which represents the effect of smoking on SCLC by pathways other than COPD. To obtain direct and indirect effects of smoking on SCLC risk, ORs for mediation analysis in the case–control setting were calculated by combining the regression of COPD and the regression of SCLC risk (VanderWeele and Vansteelandt, 2010; VanderWeele et al., 2012). The proportion mediated was obtained by \( OR_{DI} \times (OR_{D} - 1) / (OR_{DI} \times OR_{D} - 1) \), where \( OR_{DI} \) is the direct effect odds ratio and \( OR_{D} \) is the indirect effect odds ratio (Campbell, 1996).

All tests were two-sided and evaluated using SAS software (version 9.4; SAS Institute, Cary, NC) or STATA statistical package (Version 14; Stata Corp, LP, College Station, TX, USA). A P-value of less than 0.05 was considered statistically significant.

3. Results

3.1. Characteristics of Study Populations

In the 24 studies with recruitment initiated since 1969, 4346 SCLC patients and 37,942 non-SCLC controls were identified (Table S1). Among ten studies with available COPD status, 1543 COPD and 14,665 non-COPD subjects were further analyzed to explore stratified and mediation effects. Demographic characteristics are summarized in Table 1. SCLC patients were significantly older, male-predominant, less educated, and more commonly had a family history of lung cancer than their respective controls (P < 0.01). For smoking behaviors, the proportions of current smokers/former smokers, the amount of lifetime cumulative smoking pack-years, smoking duration, and smoking intensity (cigarettes per day) in SCLCs or COPDs were significantly higher than in their respective controls, while the time since quitting smoking was significantly lower than that in controls (P < 0.01). The frequency of COPD diagnosis was higher among SCLC cases (20.6%) than controls (7.6%) (P < 0.001).

3.2. Association of Smoking Behaviors With SCLC Risk

Former smokers had a significantly higher risk on SCLC vs. non-smokers (OR, 6.21; 95% CI 5.21–7.41, P < 0.001) while a much higher risk existed among current smokers vs non-smokers (OR, 26.72; 95% CI 22.54–31.68, P < 0.001) (Table 2). A statistically significant dose–response for SCLC risk was observed for all quantitative smoking variables (Table 2). Cumulative smoking intensity (smoking pack-years) was associated with increased risk of SCLC vs. non-smokers in a significant dose–response manner [ORs ranged from 4.33 for those who had pack-years < 20 to 69.03 for those who had pack-years ≥ 80, P for trend (P_trend) < 0.001]. Smoking intensity had a
similar dose–response model (ORs from 4.35 - 10 cigarettes-per-day to 34.49 ≥ 40 cigarettes-per-day, \( P_{\text{trend}} < 0.001 \), as well as smoking duration (ORs ranged from 2.37 - 20 years to 48.80 ≥ 50 years, \( P_{\text{trend}} < 0.001 \), and age of initiation (ORs from 7.09, smoking after 30 to 24.04, smoking before 15, \( P_{\text{trend}} < 0.001 \)). The former smokers with longer cessation showed a considerably decreased risk on SCLC risk in a dose–response trend vs. subjects who had quit smoking for less than 5 years [OR for those who had quit for 5–9 years (OR_{5–9}), 0.57, 95% CI 0.45–0.73; OR_{10–19}, 0.28, 95% CI 0.23–0.36; OR_{≥ 20}, 0.11, 95% CI 0.09–0.14, \( P_{\text{trend}} < 0.001 \)]. The sensitivity analysis yielded similar results with further adjustment for study areas (Caucasian-dominated areas vs. non-Caucasian-dominated areas), source of controls (hospital-based vs. population-based), and family history of lung cancer (yes vs. no) (Table S2).

### 3.3. Stratified Analyses of Smoking Behaviors on SCLC Risk

Further, we performed the stratified analyses by COPD, gender, ethnicity, source of control, and 1st degree family history of lung cancer. All the smoking variables showed a higher effect on SCLC risk in COPD subgroup than those in non-COPD subjects with significance or borderline significance except for time since quitting smoking which was probably due to insufficient sample size (Table S2). Male smokers had a trend of stronger dose–response on SCLC risk than that in female but with a lack of statistical significance (Table S3). Smoking variables in Caucasian-dominated populations showed stronger effects on SCLC risk than those in non-Caucasian dominant populations (Table S4). No statistical significance was observed for time since quitting smoking probably due to insufficient sample size from non-Caucasian populations (Table S4).

Further, stratified analyses by control type showed a trend of higher effects of smoking behaviors on SCLC risk in the studies with population-based controls than those in the studies with hospital-based controls (Table S5). Furthermore, in stratified analysis by family history of lung cancer, smoking behaviors showed a trend of, but non-significant, stronger effects in subjects with family history of lung cancer than the others (Table S6).

### 3.4. Non-linear Exposure–Response Relationships

Further, non-linear exposure–response relationships of smoking pack-years and time since quitting smoking were explored using restricted cubic spline regression model (Fig. 1). The SCLC risk for cumulative smoking pack-years revealed an upward spline with a knot at approximately 50 pack-years (\( P_{\text{non-linear}} < 0.001 \); the slope of the first segment was larger than that of the second segment (Fig. 1a). The results were consistent in the subgroup analyses stratified by COPD status (Fig. 1b for non-COPD, 1c for COPD), by gender (Fig. 1d for male, 1e for female), and study area (Fig. 1f for Caucasian-dominated areas, Fig. 1g for non-Caucasian-dominated areas). In contrast, there were significantly decreasing trends between time since quitting smoking and SCLC risk among former smokers (Fig. 1h) which obtained consistent results among the subgroup analyses (Fig. 1i–m). We were not able to perform the cubic spline analysis among the former smokers in studies from non-Caucasian-dominated areas due to insufficient cases recruited.

### 3.5. Smoking Effect on SCLC Mediated Through COPD

Smoking behaviors were positively associated with COPD risk (Table S7). COPD status was independently associated with SCLC risk (OR, 1.86, 95% CI 1.61–2.16, \( P < 0.001 \)) with adjustment for age, gender, and smoking pack-years. Furthermore, to explore whether the association between smoking and SCLC risk was mediated through COPD, we performed a series of mediation analyses (Table 3). A statistically significant indirect effect on SCLC risk mediated through COPD was observed for former smokers (OR_{mediated}, 1.03, \( P < 0.001 \); proportion mediated (%M), 3.57% or current smokers (OR_{mediated}, 1.06, \( P < 0.001 \); %M, 5.86%). Smoking pack-years (OR_{mediated} Per SD, 1.03, \( P < 0.001 \); %M, 4.99%), smoking intensity (OR_{mediated} per SD, 1.01, \( P < 0.001 \); %M, 2.52%), smoking duration (OR_{mediated} Per SD, 1.05, \( P < 0.001 \); %M, 7.55%), and time since quitting smoking (OR_{mediated} per SD, 0.98, \( P = 0.005 \); %M, 0.70%). Overall, less than 10% of smoking’s risk effect on SCLC was mediated through COPD (Fig. 2).

### Table 1

Basic characteristics and smoking behaviors in the pooled dataset.

<table>
<thead>
<tr>
<th>Variable</th>
<th>SCLC (n = 4346)</th>
<th>COPD* (n = 503)</th>
<th>Non-COPD* (n = 1940)</th>
<th>Non-SCLC (n = 37,942)</th>
<th>COPD* (n = 1040)</th>
<th>Non-COPD* (n = 12,725)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Study area</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Caucasian-dominated</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Non-Caucasian-dominated</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Age, mean (SD)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gender (female), n (%)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ethnicity (Caucasian), n (%)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Education (greater than university), n (%)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>First degree family history of lung cancer (≥1), n (%)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Smoking status</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Never</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Former</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Current</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Smoking pack-years, mean (SD)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Smoking intensity (cigarettes per day), mean (SD)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Smoking duration (years), mean (SD)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Age of initiation (years), mean (SD)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Age of cessation (years), mean (SD)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Time since quitting smoking (years), mean (SD)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Values are presented as n (%) for categorical data or mean (standard deviation) [SD] for continuous variables. The categorical variables were tested by Fisher’s exact test and continuous variables were compared by Student t-test between groups/subgroups. The quantitative smoking variables were summarized among former or current smokers. SCLC: small cell lung cancer; COPD: chronic obstructive pulmonary disease.

a Subset of 10 studies that have reported COPD status in both case and control including the ReSoLuCENT study, NELCS, FHS, CAPUA, MSH-PMH, SLRI, ICARE, Mayo Clinic, MGH, and HMGU.

b P-value ≤ 0.01 of COPD vs. non-COPD among SCLC cases.

c P-value < 0.01 of SCLC vs. non-SCLC among overall samples.

d P-value < 0.01 of COPD vs. non-COPD among non-SCLC subjects.
Studies. When (St Sauver et al., 2012). The pooling study also took advantage of the of SCLC (Pesch et al., 2012). The major strength of this study is its among multiple quantitative smoking risk factors, COPD, and risk of SCLC (Vineis et al., 2000). Findings of very high relative risks by duration of smoking were seen in previous studies (Pesch et al., 2012; Zhai et al., 2014a; Vineis et al., 2000).

To our knowledge, this is the largest study investigating the relationship among multiple quantitative smoking risk factors, COPD, and risk of SCLC (Pesch et al., 2012). The major strength of this study is its large sample size, which allowed us to have greater power to detect the exposure–response relationship of smoking behaviors, COPD, and SCLC risk in more homogeneous subgroups, and the risks of smoking mediated through COPD (Zhai et al., 2014a). Furthermore, the multi-ethnic design makes this study generalizable to the other populations (St Sauver et al., 2012). The pooling study also took advantage of the well-structured questionnaires that collected data on detailed smoking behaviors such as cumulative smoking, age since smoking initiation, and time since quitting smoking, as well as COPD status.

Our study addressed the information gap regarding the non-linear exposure-response relationships between the cigarette smoking behaviors, COPD, and risk of SCLC. SCLC risk rises sharply with the first 50 pack-years of cumulative smoking, and increases continuously with further smoking. A similar steep slope with a subsequent leveling-off of lung cancer risk for intensity of smoking and a plateauing of the SCLC risks by duration of smoking were seen in previous studies (Pesch et al., 2012; Zhai et al., 2014a; Vineis et al., 2000). Findings of very high relative risks for SCLC in smokers are in agreement with experimental findings that more extensive damage triggers the regeneration of quiescent sub-populations of cells (Li and Clevers, 2010). Those cells that are centrally located in the lungs are possibly the cellular precursors of SCLC that might be explained by a potential saturation effect, or competing risks among heavy smokers (Vineis et al., 2000).

4. Discussion

Juvenile initiated cigarette smoking would have over 15-fold higher risk of SCLC in the following years compared with non-smokers. The results of the study indicate that more extensive damage triggers the regeneration of quiescent sub-populations of cells (Li and Clevers, 2010). Those cells that are centrally located in the lungs are possibly the cellular precursors of SCLC that react to more extensive damage (Liu and Engelhardt, 2008; Liu et al., 2012). The leveling-off association among extremely heavy and long-term smokers might be explained by a potential saturation effect, or competing risks among heavy smokers (Vineis et al., 2000).

To our knowledge, this is the largest study investigating the relationship among multiple quantitative smoking risk factors, COPD, and risk of SCLC (Pesch et al., 2012). The major strength of this study is its large sample size, which allowed us to have greater power to detect the exposure–response relationship of smoking behaviors, COPD, and SCLC risk in more homogeneous subgroups, and the risks of smoking mediated through COPD (Zhai et al., 2014a). Furthermore, the multi-ethnic design makes this study generalizable to the other populations (St Sauver et al., 2012). The pooling study also took advantage of the well-structured questionnaires that collected data on detailed smoking behaviors such as cumulative smoking, age since smoking initiation, and time since quitting smoking, as well as COPD status.

Our study addressed the information gap regarding the non-linear exposure-response relationships between the cigarette smoking behaviors, COPD, and risk of SCLC. SCLC risk rises sharply with the first 50 pack-years of cumulative smoking, and increases continuously with further smoking. A similar steep slope with a subsequent leveling-off of
early as possible. The risk remains 3.59 fold higher (95% CI 2.71–7.46, \(P < 0.001\)) after 20 years' cessation compared with never smokers. A possible mechanism for this long-term carcinogenic effect of smoking is that cigarette smoke can exert a wide range of irreversible changes in lung tissue that affect its function (Thorley and Tetley, 2007). The risk of lung cancer in patients with COPD has long been established (Zhai et al., 2014a; Purdue et al., 2007; Raviv et al., 2011). However, most of the studies focused on the risk of overall lung cancer or NSCLC, while the relationship with SCLC was rarely explored or underpowered (Kato et al., 2011). Our analysis offers insights suggesting that 86% of increased risk of SCLC occurs in persons with COPD independent from smoking. Further, our study suggests that smoking has a higher damaging effect on lungs among subjects diagnosed of COPD than non-COPD subjects, which indicates a synergistic mechanism in lung cancer pathophysiology. This finding agrees with that of our previous study of non-small cell lung cancer (Zhai et al., 2014a). One biological explanation for this association between COPD and SCLC is that long-term pulmonary inflammation from COPD damages lung tissue and produces free radicals that may induce mutagenesis during tissue regeneration (Ballaz and Mulshine, 2003). Another potential mechanistic explanation is that

![Image](image.png)
impaired mucociliary function in COPD patients could hamper the removal of harmful particles (Zhai et al., 2014b; Houtmeyers et al., 1999). Other mechanisms associated with the presence of COPD that might be associated with the inflammation and associated cytokines, development of lung cancer includes alterations to cell cycle regulation, shared genetic and epigenetic susceptibilities (Houghton, 2013). Furthermore, no study has previously investigated the role of COPD as a causal mediator between smoking and SCLC. Our study demonstrates that less than 10% of the smoking risk effect on SCLC is mediated through COPD. Wang et al. reported one-third of the effect of smoking behavior on lung cancer mediated through COPD. The findings indicate a histologically-different causal role of COPD among smoking and lung cancer, which warrants further validation and experimental study (Wang et al., 2010).

We acknowledge some limitations in our study. First, misclassification of SCLC or COPD has to be considered since our study included diverse countries in which different diagnostic criteria may apply. A pathology comparability analysis was performed by Stang et al. in a German case series; the agreement between pathologists was 94% for SCLC, and lower in never smokers (Stang et al., 2006). Second, studies included were lacking information on spirometry, and underdiagnostics of COPD was thus significant among non-COPD subjects, which is about 70% of the total population (Mannino et al., 2000; Lamprecht et al., 2015; Bednarek et al., 2008). Due to underdiagnosed COPD patients, risks of smoking behaviors among non-COPD subgroups were, to some extent, overestimated. However, physician-diagnosed COPD is compatible with spirometry-based COPD for epidemiological studies (Straus et al., 2002; Eisner et al., 2005; Murgia et al., 2014). A validation assessment also confirmed that self-reported physician–diagnosed COPD correlates with high rates of true COPD in medical records (Barr et al., 2002). Therefore, such underdiagnosis of COPD contributes to the more conservative results for the evaluation of the risk difference between COPD and non-COPD. On the other hand, a more accurate COPD diagnostic method will result in a higher stratified effect as well as stronger statistical power. Third, medication information of COPD patients was also important to this association study. Inhaled corticosteroids (ICS) are anti-inflammatory drugs that have proven benefits for worsening COPD patients (Kew and Seniukovich, 2014), as well as a decreased risk of lung cancer in a dose–response manner (Parimon et al., 2007; Lee et al., 2013). Statins are also recognized as powerful anti-inflammatory agents beyond low-density lipoprotein cholesterol reduction (Pruefer et al., 2002), which have a beneficial role in COPD treatment including reduced risk of lung cancer (Janda et al., 2009; van Gestel et al., 2009). Inclusion of the medication information in future study increases both statistical power and clinical interpretation. Besides, the source of controls, SCLC case ascertainment, COPD verification, geographical area, and recruitment period could explain partial heterogeneity. Though we detected a significant indirect effect of smoking on SCLC risk mediated by COPD, we were not able to determine the temporal relationship between COPD and SCLC in this study, and reverse causality of the pre-diagnosed stage of SCLC could thus possibly affect COPD development as well.

5. Conclusion

This study emphasizes the non-linear association of smoking with the relative risk of SCLC. The pattern is partially supported by prior SCLC studies (Pesch et al., 2012; Vines et al., 2000) and hypothesis-generating experiments. Smoking also has a strong effect on COPD, and COPD is an independent risk factor on SCLC, and further, a part of smoking risk effect on SCLC is mediated through COPD. The mutually shared genetic predisposition or common mechanistic pathway among smoking behaviors, COPD and SCLC warrants investigation to facilitate early detection of SCLC.

Funding

This work was supported by the National Institutes of Health and National Cancer Institute (Grants CA092824, CA074386, CA090578, ES00002, CA81027, CA84354, CA68384, the Intramural Research Program, CA060691, HHSN212001000028C, P30CA022453, CA167462, DA11386, CA90833, CA77954, CA09142, CA96134, and ES011667); BIS (Bundesamt für Strahlenschutz, Germany) (Grant St. Sch 1066, 4074, 4074/1); Mayo Clinic Foundation; Canadian Cancer Society Research Institute (Grant 020214); FIS/Spain (Grants FIS-01/310, FIS-P03/0365, and FIS-07-BIO060604); FICYT/Asturias (Grants FICYT PB02-67 and FICYT IB09-133); Roy Castle Lung Cancer Foundation in UK; Ministry of Education, Science, Sports, Culture, and Technology of Japan (Grants-in-Aid for Scientific Research on Priority and Innovative Areas); Ministry of Health, Labor, and Welfare of Japan [Third-Term Comprehensive 10-Year Strategy for Cancer Control]; National Cancer Center Research and Development Fund (23-A-4); Health and Labor Sciences Research Grants for Research on Applying Health Technology from Ministry of Health, Labor and Welfare; the Bi-national Israel–US Science Foundation; the Baden-Württemberg Ministry of Science Research and Arts Foundation; the Ann Fitzpatrick Alper Research Program for Environmental Genomics of the University of California at Los Angeles Jonsson Comprehensive Cancer Center. Dr. Wei is partially supported by the National Natural Science Foundation of China (Grant 81402764) and the Natural Science Foundation of Jiangsu, China (Grant BK20140907). Dr. Zhang is partially supported by the National Natural Science Foundation of China (Grant No. 81402763).
Role of Sponsors

The sponsors of all the funding bodies had no role in the design of the study, the collection and analysis of the data, or the preparation of the manuscript.

Author Contributions

Dr. Ru-Yi Huang generated the conception, done the data analysis, interpreted the data, and wrote the manuscript. Dr. Yongyue Wei generated the conception, done the data analysis, monitored the consortium work and offered statistical vising the manuscript. Dr. Rayjean Hung was in charge of the data and wrote the manuscript. Dr. Christiani wrote and supervised the project concept and was responsible for the final report.

Conflicts of Interest

We declare that we have no conflicts of interest.

Acknowledgments

We thank Dr. June Carroll and the Mount Sinai Hospital Granovsky Gluskin Family Medicine Centre for helping with the recruitment of the MSH-PMH study. We thank the study participants and the Lung Cancer Study Team of the MGH Thoracic Oncology Center.

Appendix A Supplementary Data

Supplementary data to this article can be found online at http://dx.doi.org/10.1016/j.ebiom.2015.09.031.

References


