Reduction of Caudate Nucleus Volumes in Neuroleptic-Naïve Female Subjects with Schizotypal Personality Disorder

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Abstract

Background—The caudate nucleus might contribute to the psychopathological and cognitive deficits observed in schizotypal personality disorder (SPD), a schizophrenia spectrum disorder. Here we focused on female patients, because this group is underrepresented in studies of SPD and schizophrenia, and we might learn more about the caudate and clinical and cognitive impairments that are unique to female patients diagnosed with SPD.

Methods—Magnetic resonance imaging scans, obtained on a 1.5-T magnet with 1.5-mm contiguous slices, were used to measure the caudate in 32 neuroleptic-naïve women with SPD and in 29 female normal comparison subjects. Subjects were group-matched for age, parental socioeconomic status, and intelligence quotient.

Results—We found significantly reduced left and right caudate relative volume (8.3%, 7.7%) in female SPD subjects compared with normal comparison subjects. In female SPD subjects, we found significant correlations between smaller total caudate relative volume and worse performance on the Wisconsin Card Sorting test (nonperseverative errors) and on the California Verbal Learning Test (verbal memory and learning), and significant correlations between smaller total caudate relative volume and both positive and negative symptoms on the Structured Interview for Schizotypy.

Conclusions—These findings demonstrate that, for female SPD subjects, smaller caudate volume is associated with poorer cognitive performance and more schizotypal symptomatology.

Keywords

Schizotypal personality disorder; female; caudate nucleus; MRI; neuroleptic naïve; psychopathology
The caudate nucleus, in turn, sends projections to the globus pallidus and substantia nigra, pars reticulata, which then project, through the thalamus, back to the DLPC (Alexander et al. 1986, 1990). It has been proposed that the caudate nucleus, acting through such frontal–subcortical circuits, helps to modulate executive functioning, including working memory (Cummings 1993). Furthermore, the limbic circuit of the basal ganglia, originating in the anterior cingulate gyrus and orbitofrontal cortex, innervates the nucleus accumbens, part of the basal ganglia (Alexander et al. 1990). It is through these latter projections that the caudate nucleus as we define it in this article, which includes part of the nucleus accumbens, might play an important role in the modulation of emotion. In addition, the caudate nucleus, through its connections with other cortical regions, including the temporal lobe, might help to mediate other memory and learning functions (Calabresi et al. 1997).

Evidence supporting a role for the caudate nucleus in cognitive functioning is further provided by clinical case reports (Bokura and Robinson 1997; Kessels et al. 1999; Pickett et al. 1998). In addition, Richfield et al. (1987) published a case report demonstrating that bilateral destruction of the caudate nucleus produced deficits in memory, learning, motivation, and behavior without producing any motor deficits. Furthermore, both functional and structural neuroimaging studies have implicated abnormalities in basal ganglia structures in disorders affecting cognition and emotion, such as schizophrenia or schizotypal personality disorder (SPD) (Buchsbaum et al. 1992; Cohen et al. 1997; Hokama et al. 1995; Levitt et al. 2002; Shihabuddin et al. 2001).

We have focused on SPD, instead of schizophrenia, for our study of the caudate because individuals with SPD have less severe behavioral and neuropsychological symptoms than do those with schizophrenia (Voglmaier et al. 2000) and hence do not require neuroleptic treatment, nor do they typically become hospitalized. Thus, by studying SPD, we avoid the twin confounds on the caudate of the potential effects of chronic hospitalization and of the use of neuroleptic medications (Chakos et al. 1994; Gur et al. 1998; Keshavan et al. 1998). Furthermore, genetic studies support the idea that SPD is genetically related to schizophrenia (i.e., is in the schizophrenia spectrum) (Kendler et al. 1993a; Siever et al. 1990, 1993). Specifically, prior studies suggest a greater prevalence of SPD in the relatives of schizophrenic patients than in comparison groups (Kendler 1985; Kendler et al. 1993b; Kety et al. 1994). Furthermore, the deficit-like symptoms (negative or cognitive symptoms) (Torgersen et al. 2002; Tsuang et al. 1999) and positive symptoms (Fanous et al. 2001) of SPD show a genetic relationship with schizophrenia. Subjects diagnosed with SPD also share a number of psychophysiological abnormalities observed in schizophrenia, including deficits in prepulse inhibition (Cadenhead et al. 2000) and numerous cognitive deficits (Niznikiewicz et al. 1999). Additionally structural and functional studies have suggested that temporal lobe (Dickey et al. 2002, 2003), striatum and thalamus (Byne et al. 2001; Shihabuddin et al. 2001), and ventricle volume (Buchsbaum et al. 1997) are abnormal in SPD, as well as in schizophrenia. Taken together, the genetic, cognitive, and brain morphological similarities reported between schizophrenia and SPD (Dickey et al. 2002; Siever and Davis 2004) suggest that the pathology found in SPD has implications for understanding pathology in schizophrenia.

For the above reasons, we performed our initial study of the caudate nucleus in male SPD subjects, in which we found a reduction in its volume (Levitt et al. 2002). Recent studies, however, have reported findings that the volume of the caudate nucleus in schizophrenia (Gunduz et al. 2002) and in SPD subjects (Suzuki et al. 2004) was not significantly different compared with normal control (NC) subjects, which contradicted our findings (Levitt et al. 2002) and other prior studies (Corson et al. 1999; Keshavan et al. 1998). There are several possible reasons for this lack of agreement. First, caudate nucleus volume is affected by drugs, particularly neuroleptic medications, and thus medication status is an important variable that must be controlled (Chakos et al. 1994; Keshavan et al. 1994, 1998). Of note, however, even in
studies with drug-naïve subjects, there are inconsistencies in the literature with regard to
caudate nucleus volume in schizophrenia. For instance, there were no differences in caudate
nucleus volume reported in neuroleptic-naïve, first-episode patients (Chakos et al 1994;
Gunduz et al 2002; Gur et al 1998) compared with control subjects. Furthermore, the
inconsistency in these studies might be due to the differences in their sampling, scanning, and
measurement methods. For this reason, it is necessary to replicate the caudate nucleus volume
study with a bigger sample size, under strict control of confounding factors. Second, gender is
an additional variable that might affect both the size (Goldstein et al 2002) and function of the
caudate nucleus. Thus, the mixture of male and female subjects in studies might influence
results. More specifically, several groups have examined the influence of gender on caudate
nucleus volume and function. For example, neuroimaging studies of the caudate nucleus have
reported relatively larger caudate volume (Filipek et al 1994; Goldstein et al 2001; Murphy et
al 1996) and higher caudate presynaptic dopamine synthesis capacity (Laakso et al 2002) in
healthy women compared with healthy men. Moreover, Voglmaier et al (2005) reported that,
compared with male SPD subjects, female SPD subjects showed less verbal learning deficits,
which is in accord with findings in schizophrenia (Goldstein et al 1998). Studies of gender
difference in schizophrenia also have suggested that female schizophrenic patients are prone
to show more positive and fewer negative symptoms and a better response to neuroleptics
(Goldstein and Levine 2000; Tamminga 1997), suggesting that gender might have an effect on
cognitive and clinical symptoms (Davatzikos and Resnick 1998) in SPD or schizophrenia.

Generally, there has been less research on the caudate nucleus in female subjects with either
schizophrenia or SPD. Prior studies have included female subjects but generally only in small
samples. For example, in a study of SPD subjects, Suzuki et al (2004) found that the volume
of the caudate nucleus in female SPD subjects was larger (although not significantly so)
compared with female NC subjects. This study, however, had only small numbers of female
subjects mixed together with the male subjects. Hence, on the basis of these prior studies, it
remains unclear whether the size of the caudate nucleus of female subjects with either
schizophrenia or SPD is different from that in normal female subjects.

In this study, we selected neuroleptic-naïve, female subjects alone, to control for the potentially
confounding effects of medication and gender. Furthermore, we obtained neuropsychological
and clinical data for our subjects, to test possible associations between caudate nucleus volume
and psychopathology. To date, there has been little work on the relationship between the
cognitive functions and volume of the caudate nucleus or subcortical structures in female SPD.
For this reason, we tested the hypothesis that female SPD subjects, similar to their male SPD
counterparts, would have smaller caudate nucleus volume. Previous research by our group had
shown that the neuropsychological deficits in female SPD subjects exist, though they differ
from those in male subjects. For example, female SPD subjects showed abnormal verbal
learning on the California Verbal Learning Test, but these deficits were less severe than those
found in male SPD subjects (Voglmaier et al 2005). Nonetheless, given that executive
functioning can be adversely affected by caudate nucleus lesions, given the anatomical
connections with the DLPFC (see above) and that such disturbances might impact on verbal
learning, we thought it important to test whether neuroleptic-naïve female SPD subjects would
similarly show abnormalities in the caudate nucleus, as we previously showed in male SPD
subjects (Levitt et al 2002). Conversely, a prior study by Shihabuddin et al (2001) in both male
and female SPD subjects found a positive association between caudate nucleus size and clinical
symptoms. These results suggested to us that further research on the psychopathological
implications of caudate nucleus volume, especially in female SPD subjects, was warranted. In
the present study of neuroleptic-naïve female SPD, and on the basis of our prior findings of
reduced caudate volume in male neuroleptic-naïve SPD subjects, which was associated with
more perseverative errors (Levitt et al 2002), we formulated several hypotheses. First, we
hypothesized that the caudate nucleus volume in neuroleptic-naïve female SPD subjects would
be smaller than in female NC subjects. Second, we hypothesized that diminished caudate nucleus volume in female SPD would correlate with poorer neuropsychological functioning. Third, we hypothesized that worse clinical symptomatology in female SPD would parallel worse neuropsychological functioning and, in turn, would correlate with smaller caudate nucleus volume.

**Methods and Materials**

**Subjects**

Thirty-two neuroleptic-naïve female subjects diagnosed with SPD and 29 female NC subjects, right-handed, underwent magnetic resonance imaging (MRI) scanning. Both SPD and NC subjects were recruited from the community through advertisements. Subjects underwent a telephone screening, which reduced the total subjects from 911 to 294 women according to the following inclusion criteria: 1) age between 18 and 55 years; 2) English as the primary language; 3) no history of neurological disorder with loss of consciousness for >2 min; 4) no history of electroconvulsive therapy, no drug or alcohol dependence, and no abuse in the last year; and 5) no history of current or past use of neuroleptics ever and psychotropic medications in the past year (including serotonin reuptake inhibitors). The Structured Clinical Interview for DSM-IV–Patient Edition (First et al 1997) and its personality disorder version were used to make DSM-IV diagnoses and to exclude any Axis I psychotic or bipolar disorder from both groups and Axis I or II diagnoses from the NC subjects. Interviews were conducted by either a licensed psychiatrist (CCD) or a psychologist (MMV). Interrater reliability for the diagnosis of SPD has been high (κ = .89, n = 25). Of the 294 subjects, 32 met DSM-IV criteria for SPD and completed the neuropsychological and clinical evaluation. Subjects with SPD met criteria for other comorbid personality and Axis I disorders, including paranoid (n = 10), borderline (n = 9), and narcissistic personality disorder (n = 3), depression (n = 7), dysthymia (n = 2), panic disorder (n = 2), generalized anxiety disorder (n = 1), phobic disorder (n = 1), and alcohol or substance abuse (n = 2); all substance abuse occurred more than 2 years before testing.

Both groups were group-matched for demographic variables; however, the groups differed in self-assessed socioeconomic status (SES) (Table 1). After a full description of the study to the subjects, written informed consent was obtained. Handedness was evaluated with the Edinburgh inventory (Oldfield 1971). Socioeconomic status of SPD and NC subjects and their parents were evaluated by the Hollingshead two-factor index (Hollingshead 1965), whereby a higher score indicates lower SES.

**Neuropsychological and Clinical Measures**

Subjects with SPD underwent a neuropsychological and psychopathological evaluation, performed as follows. We used two cognitive domains. One was executive function, tested by perseverative or nonperseverative errors. This function was measured with the Wisconsin Card Sorting Test (WCST) and the Delayed Alternation Test (Oscar-Berman 1991; Seidman et al 1995). Another domain we assessed was verbal learning capacity, measured by the California Verbal Learning Test (CVLT). The CVLT included trial 5 raw scores and total words learned (trials 1–5) raw scores for verbal learning and memory. Additionally, a modified Structured Interview for Schizotypy (SIS; Kendler et al 1989) was used for the assessment of subtle positive and negative symptoms in subjects with SPD. For clinical measurements of schizotypal symptoms, we used the SIS instead of the Scale for the Assessment of Negative Symptoms (Andreasen 1981) and Positive Symptoms (Andreasen 1984) because we assumed that the SIS was more appropriate for measuring subtle symptoms of SPD. The use of the SIS interview began in the middle of our project, and for this reason only 16 of the total 32 subjects with SPD completed the SIS. For the SIS, symptoms such as the magical thinking, ideas of references, illusions, suspiciousness, and psychotic-like symptoms constitute the positive
symptoms because of their phenomenological similarities with schizophrenia. On the other hand, symptoms of restricted emotion, social isolation, introversion, and sensitivity to rejection were characterized as negative symptoms or deficit-related symptoms.

MRI Image Acquisition and Postprocessing

Images were acquired from a 1.5-T General Electric scanner (GE Medical Systems, Milwaukee, Wisconsin). The MRI methodology used in this study has been previously described (Dickey et al 2000). Briefly, a 1.5-mm-thick coronal series of contiguous spoiled-gradient recalled acquisition (SPGR) images (repetition time, 35 msec; echo time, 5 msec; voxel dimensions, 0.9375 x 0.9375 x 1.5 mm) was used for delineating and measuring caudate nucleus. Then an axial series of contiguous double-echo (proton density and T2-weighted) images (repetition time, 3000 msec; echo time, 30 and 80 msec; voxel dimensions, 0.9375 x 0.9375 x 3.0 mm) was acquired. An anisotropic diffusion filter was applied to the images to reduce noise before processing each set of scans. The intensity information from both the SPGR and T2 images was then used in a fully automated segmentation program to evaluate total intracranial content (ICC).

Caudate Nucleus Regions of Interest: Anatomical Landmarks

The caudate nucleus regions of interest (ROIs) were manually outlined on the SPGR without knowledge of diagnosis and other demographic features of the subjects, with a software package for three-dimensional medical image analysis (3D Slicer; Pieper et al 2004) on a workstation. The head, body, and tail portions were included up to the point where the tail curved ventrally to border the lateral aspect of the atrium of the lateral ventricles. The anterior coursing of the tail was excluded because it was indistinct as a result of partial voluming (Figure 1). Because of difficulty separating the nucleus accumbens (ventral striatum) from the merged caudate and putamen nuclei anteriorly, a vertical line was drawn from the most ventral point of the internal capsule inferiorly to the external capsule and was considered to be the lateral bound of the caudate nucleus (Hokama et al 1995). We also parcellated the caudate nucleus into its head (anterior) and body (posterior) portions for separate analysis, because the head portion of the caudate nucleus is located most anteriorly, hence it receives its major innervation from the more anterior part of the cortex, namely, dorsolateral, orbitofrontal, and limbic area of cortex (Alexander et al 1986). We used the interventricular foramen of Monroe, bilaterally, as the anatomical landmark for this division (Levitt et al 2002). This foramen was defined, bilaterally, by the most posterior coronal slice where any part of the anterior column of the fornix could still be visualized. Our posterior boundary, for this parcellation, was the coronal slice before the atrium.

Interrater reliability (based on intraclass correlation coefficients) among three raters (MK, KRL, PZ) for whole left (r = .95), right (r = .94), and total caudate volume (r = .97) were high; interrater reliabilities were also high for left (r = .91) and right (r = .87) anterior and left (r = .97) and right (r = .91) posterior caudate nucleus ROIs. Interrater reliabilities were computed by three raters on the brain scans of five randomly selected subjects from the pool of subjects. All ROI measurements were performed by one researcher (MK).

Statistical Analyses

Relative brain volumes were used for statistical analyses of MRI structural measures to correct for variation in head size. Relative volumes were obtained by dividing absolute volumes by total ICC and multiplying by 100. The effects of laterality (left vs. right caudate) alone on the caudate nucleus, and then laterality (left vs. right) plus portion (anterior vs. posterior caudate) on the caudate nucleus were examined by repeated-measures analysis of covariance (ANCOVA), with group (subjects with SPD vs. NC subjects) as the between-subject factor, laterality (left vs. right) or laterality plus portion (anterior vs. posterior) as the within-subject
factors, and age or age and SES as covariates. If a main effect for group was found, then follow-up planned Student’s t tests, with significance set at \( p < .05 \) (two-tailed), were used to test the mean difference between groups in relative volumes of each caudate ROI. We also performed similar analyses of absolute brain volumes, covarying for ICC and age or ICC, age, and SES.

To control for the effect of age, a partial correlation analysis was used, with two-tailed \( p \) values, for all within-group correlations between total caudate relative volume and measures of neuropsychological and clinical scores.

**Results**

**Caudate Nucleus Volume Measures**

As shown in Table 2, repeated-measures ANCOVA of caudate nucleus relative volumes revealed a significant difference, showing a main effect of group (SPD vs. NC subjects) \( F(1,56) = 13.5, p = .001 \), with no effect of laterality (left vs. right side) \( F(1,56) = .7, p = .4 \). There was no interaction between group and laterality \( F(1,56) = 1.9, p = .17 \), laterality and age \( F(1,56) = .7, p = .4 \), or laterality and SES \( F(1,56) = 1.8, p = .17 \). We also performed repeated-measures ANCOVA of absolute volumes with the two covariates age and ICC or with the three covariates age, SES, and ICC, which parallels the results with relative volumes. We also performed a repeated-measures analysis with a mixed-models approach for confirmatory purposes, which did not alter the above results. An additional analysis without age as a covariate was also carried out, which parallels the results from repeated measures ANCOVA with covariates, showing a main effect of group \( F(1,59) = 12.1, p = .001 \), with no interaction between group and laterality \( F(1,59) = .5, p = .48 \).

Follow-up planned contrasts applying Student’s \( t \) tests showed that left \( t(46.6) = -3.43, p = .001 \) and right \( t(45.9) = -3.23, p = .011 \) caudate nucleus relative volumes were significantly smaller in SPD than in NC subjects; however, there was no significant difference \( [n(59) = .79, p = .43] \) in asymmetry \( [(\text{right} - \text{left relative volumes}) \times 100/(\text{right} + \text{left relative volumes})] \) between SPD and NC subjects. Repeating the same analysis for absolute volume yielded similar results for absolute volumes (Table 2 and Figure 2).

The Shapiro and Wilk tests showed normal distributions for the volumes of both SPD and NC subjects: left \( W(32) = .95, p = .35 \) and right \( W(32) = .97, p = .45 \) caudate of SPDs; left \( W(29) = .97, p = .53 \) and right \( W(29) = .98, p = .77 \) caudate of NC subjects. In percentage terms, we found that the left and right caudate nucleus relative volumes in the subjects with SPD were, respectively, 8.3% and 7.7% smaller than in NC subjects.

We performed an analysis of relative volumes of the caudate nucleus, parcellated into anterior and posterior portions. Repeated-measures ANCOVA revealed significant differences for group \( F(1,56) = 13.5, p = .001 \), with no effect of laterality \( F(1,56) = .5, p = .48 \). There were no statistically significant interactions between group and laterality \( F(1,56) = 1.5, p = .23 \), group and portion (anterior or posterior portions) \( F(1,56) = 3.2, p = .07 \), or portion and laterality \( F(1,56) = .2, p = .68 \). Follow-up Student’s \( t \) tests yielded significant differences for left \( t(39.9) = -2.91, p = .005 \) and right \( t(40.2) = -2.66, p = .01 \) anterior caudate relative volumes and also for left \( t(59) = -2.39, p = .02 \) and right \( t(59) = -2.36, p = .02 \) posterior caudate relative volumes (Table 2). The results of the same statistical analyses performed on absolute volumes in parcellated caudate portions of interest and covarying for intracranial contents fully paralleled those for relative volumes. There were no significant group differences between subjects with SPD and NC subjects in total intracranial volumes \( t(59) = -.19, p = .85 \).
Of note, we did not find any difference in caudate volume between SPD subjects without depression and those who were comorbid for depression \[(r(30) = .02, p = .41)\].

**Correlations Between Caudate Nucleus Volumes and Neuropsychological Measures in Subjects with Schizotypal Personality Disorder**

We found significant correlations between caudate nucleus volumes and cognitive measures of abstract concept formation and verbal memory (learning) capacity, which showed that smaller caudate volumes were associated with worse cognitive performance in SPD subjects (Table 3). Specifically, we found negative correlations between nonperseverative errors \([r(28) = -.50, p = .005]\) on WCST and total caudate relative volumes. Moreover, we found positive correlations between list A trial 5 raw scores in the CVLT and total caudate relative volumes \([r(28) = .38, p = .04]\) and trend-level correlations between list A total words learned (trials 1–5) raw scores and total caudate relative volumes \([r(28) = .37, p = .051]\). In contrast, there were no significant correlations in the control group. Furthermore, we compared the difference of correlation coefficients between groups using Fisher’s \(z\) transformation. The results showed that the WCST nonperseveration error \((p = .01)\) and CVLT 1–5 raw scores \((p = .05)\) showed significant differences between groups (Table 3).

**Correlations Between Caudate Nucleus Volumes and Measures of Psychopathology in Subjects with Schizotypal Personality Disorder**

For clinical measures, we found significant inverse correlations between the caudate nucleus relative volumes and clinical symptoms, which revealed that smaller caudate volumes were associated with worse symptoms (Table 4). Specifically, we found negative correlations between total caudate relative volumes with SIS positive symptom scores of illusion \((r = -.64, n = 15, p = .005)\) and psychotic-like symptoms \((r = -.70, n = 15, p = .002)\). In addition, we found a negative correlation between total caudate relative volumes and the negative symptom of sensitivity (to criticism) on the SIS \((r = -.62, n = 15, p = .007)\).

**Discussion**

There were three major findings. First, we found that left and right caudate nucleus relative volumes in female subjects with SPD were significantly smaller than those of NC subjects by 8.3% and 7.7%, respectively. These data are consistent with findings of reduced caudate nucleus volume reported in our prior study of male SPD (Levitt et al 2002) and in studies of neuroleptic-naïve patients with schizophrenia (Corson et al 1999; Keshavan et al 1998). Second, in our female SPD subjects, we found that smaller total relative caudate volume correlated with more nonperseverative errors on the WCST and poorer scores on the CVLT. Third, we found that smaller relative caudate volume correlated with more severe clinical symptoms. Of particular note, and as other data suggest, the absence of prefrontal cortex volume reduction in SPD (Buchsbaum et al 2002; Siever et al 2002), as well as neuropsychological and clinical data indicating prefrontal cortex-like abnormalities in SPD, suggest that the abnormalities might arise elsewhere in the fronto–subcortico–thalamo circuitry. Our findings of decreased MRI volumes in both female and male (Levitt et al 2002) subjects with SPD point to the caudate nucleus as a likely potential source.

Our findings are especially noteworthy because, to our knowledge, this is the largest study sample of the caudate nucleus in female subjects with SPD and the first such findings in a neuroleptic-naïve group of female subjects with a disorder that is considered to be in the schizophrenia spectrum. Furthermore, studies of SPD in female subjects, alone, help to elucidate specific associations between caudate nucleus volume and psychopathology in women, which might or might not resemble the specific associations found in male subjects. Of further note, as previously reviewed in the Introduction, some studies of neuroleptic-naïve patients diagnosed with...
schizophrenia have not shown significant caudate volume reduction (Chakos et al. 1994; Gunduz et al. 2002; Gur et al. 1998). Of these studies, Gunduz et al. (2002) reported larger caudate nucleus volume in patients diagnosed with schizophrenia compared with control subjects, although this was not statistically significant.

With regard to our specific neuropsychological findings, in our female SPD sample, caudate nucleus volume was associated with concept formation errors, that is, nonperseverative errors, in the WCST (Spreen and Strauss 1998), whereas in our prior male sample (Levitt et al. 2002), we found correlations between caudate nucleus volume and perseverative errors on a delayed alternation task and on a verbal working memory task. Hence, in both male and female samples we found that smaller caudate nucleus volume was associated with worse executive functioning, yet the specific cognitive impairments were not identical. Moreover, Gabrieli (1998) has reviewed findings indicating that patients with basal ganglia lesions, as well as those with prefrontal cortical lesions, have reduced working memory capacity and that this reduced working memory capacity limits reasoning ability. These findings are consistent with our finding, which shows poorer abstract concept formation performance on the WCST in female SPD subjects as their caudate nucleus volume decreases, reflecting that WCST performance is closely related to working memory ability (Fristoe et al. 1997; Spreen and Strauss 1998). This association might be explained by pathology in the caudate nucleus that impairs working memory and, in turn, is expressed, especially in female subjects, as poorer performance in abstract reasoning. As we mentioned earlier, through its anatomic connections to the prefrontal cortex, the caudate nucleus might also help to modulate executive functioning, including working memory, through basal ganglia–thalamo–cortical feedback loops, such as the loop originating in the DLPFC (Alexander et al. 1986; Cummings 1993).

With respect to performance on the CVLT in female SPD subjects, we found that reduced verbal learning performance was associated with reduced caudate nucleus volume. Of note, however, the CVLT total trial 1–5 raw scores correlation with total caudate nucleus volume was only a trend-level finding, whereas the trial 5 raw scores, which significantly correlated with total caudate volume, are a post hoc finding and thus should be interpreted cautiously. As a possible explanation for these findings, the caudate nucleus might mediate memory and learning processes through its anatomic connections with the temporal lobe (Calabresi et al. 1997; Sakai and Passingham 2004). Taken together, these correlations suggest that in female SPD subjects the caudate nucleus might be involved with both concept formation and with verbal learning, two of the key deficits in this population (Voglmaier et al. 1997, 2000).

Of further interest are the number of correlations we found between clinical symptoms from the SIS, a useful measure for the type of subtle symptoms characteristic of SPD, and caudate nucleus relative volumes. Other investigators have also reported interesting clinical correlates of caudate nucleus MR volumes. For example, Scheepers et al. (2001) found correlations between an increase in caudate volume, over time, and clinical symptom (negative and general symptoms) improvement in schizophrenic patients taking clozapine. In contrast to these findings in which larger volumes predict higher functioning, Shihabuddin et al. (2001) reported that DSM-III psychotic-like symptoms in SPD and caudate nucleus volume were positively correlated, suggesting that higher volume predicted worse symptoms. The findings in these two studies, however, were based primarily on male subjects, and the methods they used for measuring caudate nucleus volume, as well as the demographic characteristics of their samples, differed from ours. Furthermore, both of these studies used different clinical measures than we did to assess positive and negative symptoms. We used the SIS, which, we believe, is particularly well suited for measuring the type of subtle psychotic symptoms found in SPD.

The association between negative and positive symptoms and caudate nucleus volumes that we found might be explained in the following manner. Because the limbic loop of the fronto-
striato–thalamic circuitry originates, in part, from the anterior cingulate gyrus and sends projections to the caudate nucleus (Alexander et al 1986, 1990), we believe that caudate abnormalities might indirectly impact on the functioning of the anterior cingulate gyrus, thereby resulting in negative symptoms. Neurological lesions in the anterior cingulate, for example, can lead to the syndrome of akinetic mutism (Cummings 1993). Similarly, as regards the inverse correlations we found between positive symptoms and caudate nucleus volume, because of the extensive connections between the DLPFC and the caudate nucleus, abnormal DLPFC functioning, secondary to pathology in the caudate nucleus, might result. We hypothesized that such abnormal DLPFC function, with consequent abnormal executive functioning, could result in both cognitive (Delazer et al 2004) and positive symptoms (Park and McTigue 1997; Sabri et al 1997).

A key strength of our study is that we eliminated the possible confound of neuroleptic treatment, which affects the size of the basal ganglia. Prior MRI studies of the striatum have shown that first-episode schizophrenic and schizoaffective subjects showed enlargement of caudate nucleus volume while taking conventional neuroleptics (Chakos et al 1994; Keshavan et al 1998) or decreases in caudate nucleus volume when typical neuroleptics were replaced by an atypical antipsychotic, clozapine (Gur et al 1998). A potential shortcoming of our study is that we obtained subjects from the community, which might yield less severely affected subjects than if subjects were chosen from clinic groups. This approach, however, has the important advantage of finding subjects not yet exposed to neuroleptics or other psychotropic medications. Another possible limitation of our study is that we did not eliminate the potential effect of having comorbid depression in seven of our SPD subjects. Of note here, prior work (Parashos et al 1998) has demonstrated decreased caudate nucleus volume in patients with depression. We, however, did evaluate SPD subjects with and without depression, and we did not find a statistically significant difference in caudate volume between these two groups. In addition, we did not apply corrections for multiple testing of correlation analyses, which is a potential limitation in our findings, although we performed a Fisher’s $z$-transformation analysis for comparisons between correlations found in SPD and normal control groups, showing group differences in the WCST nonperseveration error and CVLT 1–5 raw scores, as we mentioned earlier in Table 3.

In summary, we found reduced caudate nucleus volume in female SPD that significantly correlated with worse cognitive performance (e.g., more nonperseverative errors and worse verbal learning scores) and more severe clinical symptoms (e.g., illusion, psychotic-like symptoms, and sensitivity). These findings, taken together with our prior findings in male SPD (Levitt et al 2002), suggest that the caudate nucleus is potentially intrinsically abnormal in schizophrenia spectrum disorders. Moreover, our findings suggest that the caudate nucleus, through its effect on cortical–subcortical circuitry, might play a key role in affecting the clinical and cognitive symptoms that are observed in both male and female SPD subjects.

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Figure 1.
Three-dimensional renderings of left and right anterior (head) and posterior portions of the caudate nucleus superimposed on a magnetic resonance imaging coronal and axial slice of a normal comparison subject. The left and right anterior portion (head) of the caudate nuclei are color-coded in blue and green, and the left and right posterior caudate nuclei are color-coded in yellow and red.
Figure 2.
Scatter plots of left and right relative caudate nucleus volumes in female schizotypal personality disorder and normal comparison subjects. *Follow-up planned contrasts applying Student’s t tests showed that left \( t(46.6) = -3.43, p < .01 \) and right \( t(45.9) = -3.23, p = .01 \) caudate relative volumes were significantly smaller in subjects with schizotypal personality disorder than in normal comparison subjects. Horizontal lines represent means.
Table 1
Demographic Characteristics of Subjects with Schizotypal Personality Disorder and Normal Comparison Subjects

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Subjects with Schizotypal Personality Disorder (n = 32)</th>
<th>Comparison Subjects (n = 29)</th>
<th>Analysis by Student’s t Test (Two-Tailed)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean</td>
<td>SD</td>
<td>Mean</td>
</tr>
<tr>
<td>Age (y)</td>
<td>30.0</td>
<td>9.2</td>
<td>32.0</td>
</tr>
<tr>
<td>Education (y)</td>
<td>15.6</td>
<td>2.1</td>
<td>16.5</td>
</tr>
<tr>
<td>IQ</td>
<td>115.8</td>
<td>10.5</td>
<td>118.5</td>
</tr>
<tr>
<td>Socioeconomic Statusa</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Parental</td>
<td>4.1</td>
<td>1.0</td>
<td>4.4</td>
</tr>
<tr>
<td>Self</td>
<td>2.8</td>
<td>1.2</td>
<td>4.0</td>
</tr>
<tr>
<td>Edinburgh Handed Inventoryb</td>
<td>63.7</td>
<td>23.5</td>
<td>72.8</td>
</tr>
<tr>
<td>Race</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>African American</td>
<td>3</td>
<td></td>
<td>2</td>
</tr>
<tr>
<td>White</td>
<td>27</td>
<td>27</td>
<td>27</td>
</tr>
<tr>
<td>Asian</td>
<td>2</td>
<td></td>
<td>0</td>
</tr>
</tbody>
</table>

IQ, intelligence quotient.

*Higher numbers represent higher socioeconomic status, based on the Hollingshead two-factor index of socioeconomic status.

Data were missing for three schizotypal personality disorder and three normal comparison subjects.
## Table 2
Absolute and Relative Volume of Caudate Nuclei Regions of Interest in Subjects with Schizotypal Personality Disorder and Normal Comparison Subjects

<table>
<thead>
<tr>
<th>Measure</th>
<th>Subjects with Schizotypal Personality Disorder (n = 32)</th>
<th>Comparison Subjects (n = 29)</th>
<th>Analysis with Student’s <em>t</em> Test (Two-Tailed)</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Intracranial Volume (mL)</strong></td>
<td>1360.90, SD = 91.99</td>
<td>1365.49, SD = 100.41</td>
<td><em>(t)</em> = -.1959</td>
<td>.85</td>
</tr>
<tr>
<td><strong>Right Caudate Nucleus</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Absolute volume (mL)</td>
<td>4.41&lt;sup&gt;a&lt;/sup&gt;, SD = .36</td>
<td>4.79, SD = .48</td>
<td><em>(t)</em> = -3.759</td>
<td>&lt;.01</td>
</tr>
<tr>
<td>Relative volume (%)</td>
<td>.325&lt;sup&gt;b&lt;/sup&gt;</td>
<td>.352, SD = .039</td>
<td><em>(t)</em> = -3.2345.9</td>
<td>.01</td>
</tr>
<tr>
<td><strong>Left Caudate Nucleus</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Absolute volume (mL)</td>
<td>4.35&lt;sup&gt;a&lt;/sup&gt;, SD = .38</td>
<td>4.75, SD = .49</td>
<td><em>(t)</em> = -3.655</td>
<td>&lt;.01</td>
</tr>
<tr>
<td>Relative volume (%)</td>
<td>.320&lt;sup&gt;b&lt;/sup&gt;</td>
<td>.349, SD = .039</td>
<td><em>(t)</em> = -3.4346.6</td>
<td>&lt;.01</td>
</tr>
<tr>
<td><strong>Right Anterior Caudate Nucleus</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Absolute volume (mL)</td>
<td>3.63&lt;sup&gt;c&lt;/sup&gt;, SD = .27</td>
<td>3.91, SD = .45</td>
<td><em>(t)</em> = -2.8344.6</td>
<td>&lt;.01</td>
</tr>
<tr>
<td>Relative volume (%)</td>
<td>.267&lt;sup&gt;d&lt;/sup&gt;</td>
<td>.287, SD = .036</td>
<td><em>(t)</em> = -2.6640.2</td>
<td>.01</td>
</tr>
<tr>
<td><strong>Left Anterior Caudate Nucleus</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Absolute volume (mL)</td>
<td>3.56&lt;sup&gt;c&lt;/sup&gt;, SD = .30</td>
<td>3.86, SD = .44</td>
<td><em>(t)</em> = -3.0448.4</td>
<td>&lt;.01</td>
</tr>
<tr>
<td>Relative volume (%)</td>
<td>.262&lt;sup&gt;d&lt;/sup&gt;</td>
<td>.284, SD = .036</td>
<td><em>(t)</em> = -2.9139.9</td>
<td>&lt;.01</td>
</tr>
<tr>
<td><strong>Right Posterior Caudate Nucleus</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Absolute volume (mL)</td>
<td>.78&lt;sup&gt;c&lt;/sup&gt;, SD = .18</td>
<td>.89, SD = .15</td>
<td><em>(t)</em> = -2.4259</td>
<td>.02</td>
</tr>
<tr>
<td>Relative volume (%)</td>
<td>.058&lt;sup&gt;d&lt;/sup&gt;</td>
<td>.065, SD = .011</td>
<td><em>(t)</em> = -2.3659</td>
<td>.02</td>
</tr>
<tr>
<td><strong>Left Posterior Caudate Nucleus</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Absolute volume (mL)</td>
<td>.79&lt;sup&gt;c&lt;/sup&gt;, SD = .17</td>
<td>.89, SD = .15</td>
<td><em>(t)</em> = -2.5959</td>
<td>.01</td>
</tr>
<tr>
<td>Relative volume (%)</td>
<td>.058&lt;sup&gt;d&lt;/sup&gt;</td>
<td>.062, SD = .012</td>
<td><em>(t)</em> = -2.3959</td>
<td>.02</td>
</tr>
</tbody>
</table>

<sup>a</sup>Repeated-measures analysis of covariance (ANCOVA) of absolute volume with age, total intracranial volume, and socioeconomic status score as covariates and group (subjects with schizotypal personality disorder vs. comparison subjects) as the between-subjects factor, and laterality (left vs. right) as the within-subjects factor revealed a main effect for group *(F(1,56) = 12.6, p < .01)*.

<sup>b</sup>Repeated-measures ANCOVA of relative volume with group as the between-subjects factor, laterality as the within-subjects factor, and age and socioeconomic status score as covariates revealed a main effect for group *(F(1, 56) = 13.5, p < .01)*.

<sup>c</sup>Repeated-measures ANCOVA of absolute volume with age, total intracranial volume, and socioeconomic status score as covariates, group as the between-subjects factor, and laterality and portion (anterior versus posterior) as the within-subjects factor revealed a main effect for group *(F(1, 56) = 12.6, p < .01)*.

<sup>d</sup>Repeated-measures ANCOVA of relative volume with group as the between-subjects factor, laterality and portion as the within-subjects factor, and age and socioeconomic status score as covariates revealed a main effect for group *(F(1, 56) = 13.5, p < .01)*.
### Table 3

Partial Correlations Between Caudate Nucleus Relative Volumes and Scores for Neuropsychological Test

<table>
<thead>
<tr>
<th>Measure</th>
<th>Subjects with Schizotypal Personality Disorder (df = 28)</th>
<th>Comparison Subjects (df = 26)</th>
<th>Comparison Between Groups&lt;sup&gt;a&lt;/sup&gt;</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Correlation Coefficients&lt;sup&gt;b&lt;/sup&gt;</td>
<td>p</td>
<td>Correlation Coefficients&lt;sup&gt;b&lt;/sup&gt;</td>
</tr>
<tr>
<td>WCST</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Perseverative errors</td>
<td>−.26</td>
<td>.173</td>
<td>.04</td>
</tr>
<tr>
<td>Nonperseverative errors</td>
<td>−.50</td>
<td>.005</td>
<td>.11</td>
</tr>
<tr>
<td>CVLT</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Trial 5 raw</td>
<td>.38</td>
<td>.040</td>
<td>.21</td>
</tr>
<tr>
<td>Trial 1–5 raw</td>
<td>.37</td>
<td>.051</td>
<td>−.05</td>
</tr>
<tr>
<td>DAT</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Perseveration errors</td>
<td>−.26</td>
<td>.174</td>
<td>−.32</td>
</tr>
</tbody>
</table>

WCST, Wisconsin Card Sorting Test; CVLT, California Verbal Learning Test; DAT, Delayed Alternation Test.

<sup>a</sup>Comparison between correlation coefficients of two groups using Fisher’s z-transformation.

<sup>b</sup>Age is partialled out in the partial correlation analysis (two-tailed).
Table 4
Partial Correlations Between Caudate Nucleus Relative Volumes and Scores for Structured Interview for Schizotypy of Subjects with Schizotypal Personality Disorder

<table>
<thead>
<tr>
<th>SIS Measure</th>
<th>Correlation Coefficients (p Value)$^a$</th>
</tr>
</thead>
<tbody>
<tr>
<td>Positive Symptoms</td>
<td></td>
</tr>
<tr>
<td>Idea of reference</td>
<td>$-0.26 (.175)$</td>
</tr>
<tr>
<td>Suspiciousness</td>
<td>$-0.43 (.055)$</td>
</tr>
<tr>
<td>Magical thinking</td>
<td>$-0.36 (.092)$</td>
</tr>
<tr>
<td>Illusion</td>
<td>$-0.64 (.005)$</td>
</tr>
<tr>
<td>Psychotic-like symptoms</td>
<td>$-0.70 (.002)$</td>
</tr>
<tr>
<td>Negative Symptoms</td>
<td></td>
</tr>
<tr>
<td>Sensitivity</td>
<td>$-0.62 (.007)$</td>
</tr>
<tr>
<td>Restricted emotion</td>
<td>$-0.01 (.485)$</td>
</tr>
<tr>
<td>Social isolation</td>
<td>$-0.35 (.103)$</td>
</tr>
<tr>
<td>Introversion</td>
<td>$-0.23 (.204)$</td>
</tr>
</tbody>
</table>

SIS, Structured Interview for Schizotypy.

$^a$ Age is partialled out in the partial correlation analysis (df = 13, two-tailed).