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Research Paper

Fenofibrate Inhibits Cytochrome P450 Epoxidase 2C Activity to Suppress Pathological Ocular Angiogenesis

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A B S T R A C T

Neovascular eye diseases including retinopathy of prematurity, diabetic retinopathy and age-related-macular-degeneration are major causes of blindness. Fenofibrate treatment in type 2 diabetes patients reduces progression of diabetic retinopathy independent of its peroxisome proliferator-activated receptor (PPAR)α agonist lipid lowering effect. The mechanism is unknown. Fenofibrate binds to and inhibits cytochrome P450 epoxidase (CYP)2C with higher affinity than to PPARα. CYP2C metabolizes ω-3 long-chain polyunsaturated fatty acids (LCPUFAs). While ω-3 LCPUFA products from other metabolizing pathways decrease retinal and choroidal neovascularization, CYP2C products of both ω-3 and ω-6 LCPUFAs promote angiogenesis. We hypothesized that fenofibrate inhibits retinopathy by reducing CYP2C ω-3 LCPUFA (and ω-6 LCPUFA) pro-angiogenic metabolites. Fenofibrate reduced retinal and choroidal neovascularization in PPARα−/−mice and augmented ω-3 LCPUFA protection via CYP2C inhibition. Fenofibrate suppressed retinal and choroidal neovascularization in mice overexpressing human CYP2C8 in endothelial cells and reduced plasma levels of the pro-angiogenic ω-3 LCPUFA CYP2C8 product, 19,20-epoxydocosapentaenoic acid, 19,20-epoxydocosapentaenoic acid reversed fenofibrate-induced suppression of angiogenesis ex vivo and suppression of endothelial cell functions in vitro. In summary fenofibrate suppressed retinal and choroidal neovascularization via CYP2C inhibition as well as by acting as an agonist of PPARα. Fenofibrate augmented the overall protective effects of ω-3 LCPUFAs on neovascular eye diseases.

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1. Introduction

Pathological ocular neovascularization causes vision loss in retinopathy of prematurity in children, in proliferative diabetic retinopathy in adults, and in age-related macular degeneration (AMD) in the elderly population (Hellstrom et al., 2013; Antonetti et al., 2012; Gibson, 2012). Neovascularization can be suppressed with anti-angiogenic agents, such as anti-vascular endothelial growth factor (VEGF) molecules (Cheung et al., 2012; Liu et al., 2015). However, anti-VEGF therapy can also suppress normal vessel growth and neuronal survival (Suzuki et al., 2011; Sato et al., 2012). Therefore, therapeutic agents inhibiting ocular neovascularization with fewer adverse effects are desirable. Fenofibrate reduces serum cholesterol and triglyceride levels in patients at risk for cardiovascular disease such as those with diabetes mellitus (Keech et al., 2005). Fenofibrate also reduces the risk of proliferative diabetic retinopathy by 35–40% as noted in two intervention trials of >20,000 patients with type 2 diabetes mellitus, the Fenofibrate Intervention and Event Lowering in Diabetes (FIELD) and the Action to Control Cardiovascular Risk in Diabetes (ACCORD) studies (Keech et al., 2007; Group et al., 2010). The MacuFen study also suggests that fenofibrate treatment decreases volume of diabetic macular edema (Massin et al., 2014). The mechanism underlying the protective effect of fenofibrate on diabetic retinopathy is independent of its ability to initiate a peroxisome proliferator-activated receptor (PPAR) α-mediated lipid lowering effect (Bogdanov et al., 2015; Simo et al., 2015). There are no clinical
studies on the effects of fenofibrate on other neovascular eye diseases, although fenofibrate has been shown to have a potent anti-apotptic effect in the ischemic retina, to suppress ischemia-induced endothelial progenitor cell mobilization and homing, and to inhibit angiogenesis in vivo and in vitro (Moran et al., 2014; Wang et al., 2014; Varet et al., 2003).

Fenofibrate is a well-known PPARα agonist, but an in vitro assessment of 209 frequently prescribed drugs and related xenobiotics suggests that it is also a potent inhibitor of cytochrome P450 epoxygenase (CYP) 2C (Walsky et al., 2005). The affinity of fenofibrate to CYP2C is >10 times higher (EC50 = 2.39 ± 0.4 μM) than to PPARα (EC50 = 30 μM) (Schoonjans et al., 1996). We hypothesized that the suppressive effects of fenofibrate on retinopathy might be mediated through suppression of CYP2C pro-angiogenic metabolites. Important CYP2C substrates with respect to retinopathy are ω-3 and ω-6 long-chain polyunsaturated fatty acids (LCPUFAs). The major ω-3 and ω-6 LCPUFAs found in the eye are respectively docosahexaenoic acid (DHA, C22:6 ω-3) and arachidonic acid (AA, C20:4 ω-6) (SanGiovanni et al., 2009a). DHA is present in the retina at a higher concentration (20%) than in any other tissues (SanGiovanni and Chew, 2005; Sapieha et al., 2012).

LCPUFAs (and their biologically active pro and anti-angiogenic metabolites) influence the development of neovascular eye diseases (SanGiovanni and Chew, 2005; Sapieha et al., 2012; Stahl et al., 2011; Fu et al., 2016). Dietary intake of ω-3 versus ω-6 LCPUFAs is associated with suppression of pathological retinal angiogenesis in animal models for retinopathy of prematurity, proliferative diabetic retinopathy and AMD (Connor et al., 2007; Gong et al., 2015) with the implication that the sum total of ω-3 LCPUFA metabolites are anti-angiogenic. Bioactive ω-3 and ω-6 LCPUFA metabolites are produced by three major enzyme systems: the cyclooxygenases (COX), lipooxygenases (LOX) and CYPs. Although cyclooxygenase and lipooxygenase ω-6 LCPUFA-derived metabolites are generally pro-angiogenic, ω-3 LCPUFA-derived cyclooxygenase analogues are generally anti-angiogenic including prostaglandin E3, which inhibits endothelial tubule formation (Szymczak et al., 2008), and the 5-lipooxygenase metabolite 4-hydroxydocosahexaenoic acid reduces much of the anti-retinopathy effect of ω-3 LCPUFA diet in mouse retinopathy. 4-Hydroxydocosahexaenoic acid reduces retinal inflammation and inhibits endothelial cell functions by activating PPARγ (Sapieha et al., 2011). CYP2C metabolizes LCPUFAs to biologically active, pro-angiogenic epoxides (Tsao et al., 2001). While ω-3 LCPUFA products from the other metabolic pathways inhibit angiogenesis, CYP2C metabolites derived from ω-3 (and ω-6) LCPUFAs, such as 19,20-epoxydocosapentaenoic acid (EDP) and 14,15-epoxyeicosatrienoic acid (EET), promote retinal neovascularization (Shao et al., 2014), suggesting that CYP2C inhibition would be beneficial neovascular eye diseases. We hypothesized that the inhibitory effect of fenofibrate on retinopathy (seen in the FIELD and ACCORD studies) is due to CYP2C inhibition and reduction in levels of pro-angiogenic CYP2C metabolites.

Current mouse models for diabetic retinopathy do not develop neovascularization. To evaluate fenofibrate effects on neovascular eye diseases we employed the mouse model of oxygen-induced retinopathy (OIR), which has reproducible and quantifiable retinal neovascularization similar to proliferative diabetic retinopathy as well as the laser-induced choroidal neovascularization (CNV) model of neovascular AMD (Smith et al., 1994; Gong et al., 2015). Fenofibrate suppressed both retinal and choroidal neovascularization in association with lowering the plasma levels of CYP2C metabolites and enhanced the protective effects of ω-3 LCPUFAs on pathological choroidal and retinal angiogenesis. This study suggested that fenofibrate suppressed neovascularization through both PPARα agonist activity and CYP2C inhibition.

2. Materials and Methods

2.1. Mice

C57BL/6 mice were purchased from the Jackson Laboratory (000664, Bar Harbor, ME). For dietary experiments, the ω-6 LCPUFA AA and the ω-3 LCPUFAs DHA and eicosapentaenoic acid (EPA) were obtained from DSM Nutritional Products (TE Heerlen, Netherlands) and integrated into the rodent feed at Research Diets (New Brunswick, NJ) (Connor et al., 2007; Shao et al., 2014). The raw materials (TS0002988, DSM) were analyzed to confirm composition and the absence of peroxides, dioxin, benzopyrene or heavy metal contaminants (EPA11615.07/111001). The mice were fed a defined rodent diet with 10% (wt/wt) safflower oil containing either 2% ω-6 LCPUFA (AA) and no ω-3 LCPUFAs (DHA and EPA), or 2% ω-3 LCPUFAs and no ω-6 LCPUFA from postnatal day (P) 1 to P17 for the mouse model of OIR or from 7 days before laser photoagulation for the laser-induced CNV model. All animal experiments complied with the Animal Research: Reporting of In Vivo Experiments (ARRIVE) guidelines, were carried out in accordance with the National Institutes of Health guide for the care and use of Laboratory animals (NIH Publications No. 8023, revised 1978), and were approved by the Boston Children's Hospital Animal Care and Use Committee.

2.2. Oxygen-induced Retinopathy

The mouse OIR model was used as described (Smith et al., 1994; Stahl et al., 2009; Connor et al., 2009; Stahl et al., 2010). Briefly to induce retinal neovascularization, mouse pups and their nursing mother were exposed to 75 ± 3% oxygen from P7 to P12. For the higher dose fenofibrate (F6020, Sigma-Aldrich, St. Louis, MO) treatment (100 mg/kg/day) fenofibrate was dissolved in corn oil (CB267, Sigma-Aldrich) to make 100 mg/ml solution and pure corn oil was used as vehicle control. For the lower dose treatment (10 mg/kg/day), fenofibrate was dissolved in 10% dimethyl sulfoxide (DMSO, D2650, Sigma-Aldrich) to make a 10 mg/ml solution and 10% DMSO was used as vehicle control. After return to room air, mice were orally gavaged with fenofibrate (100 or 10 mg/kg) or vehicle control daily from P12 to P16. At P17, eyes were enucleated immediately after euthanasia and fixed in 4% paraformaldehyde (P6148, Sigma-Aldrich) in phosphate buffered saline (PBS, 10010-023, Thermo Fisher Scientific, Waltham, MA) for 1 h at room temperature. Retinas were then dissected and stained overnight with Alexa Fluor 594 conjugated isoelectin GS-IB4 (10 μg/ml) at room temperature. After washing with PBS, retinas were mounted onto microscope slides (12-550-15, Thermo Fisher Scientific) at room temperature. The raw materials (TS00002988, DSM) were analyzed to confirm composition and the absence of peroxides, dioxin, benzopyrene or heavy metal contaminants (EPA11615.07/111001). Retinal images were taken using a fluorescence microscope (AxioObserver.Z1, Carl Zeiss Microscopy, Jena, Germany) with image software (AxioVision 4.6.3.0, Carl Zeiss Microscopy). Retinal neovascularization was analyzed with the SWIFT_NV macro plugin in ImageJ (Connor et al., 2009).

2.3. Laser-induced Choroidal Neovascularization

The mouse model of laser-induced CNV was used as reported (Poor et al., 2014; Gong et al., 2015). Laser photoagulation was induced using an image-guided laser system (Micron IV, Phoenix Research Laboratories, Pleasanton, CA) in mice ages 6–8 weeks. Four laser burns at equal distance from the optic nerve head were generated in each eye by a green Argon laser pulse with a wavelength of 532 nm, a fixed diameter of 50 μm, duration of 70 ms, and power level of 240 mW. Eyes were enucleated 7 days after laser photoagulation and fixed with 4% paraformaldehyde in PBS for 1 h at room temperature. The posterior eye cups consisting of the retinal pigment epithelium/choroid/sclera were dissected and permeabilized with 0.1% Triton X-100 (× 100, Thermo Fisher Scientific) in PBS for 1 h at room temperature. The CNV lesions were stained overnight with isoelectin GS-IB4 (10 μg/ml) at room temperature. After washing with PBS, the posterior eye cups were mounted with the scleral side down. Fluorescent images were taken and the areas of lesions were quantified in a masked fashion.
2.4. LC/MS/MS Oxylipid Analysis

Plasma levels of CYP2C8 products from ω-3 and ω-6 LCPUFAs were determined by liquid chromatography tandem mass spectrometry (LC/MS/MS) after liquid/liquid extraction with ethyl acetate as previously described (Edin et al., 2011; Shao et al., 2014). Online liquid chromatography of extracted samples was performed with an Agilent 1200 Series capillary high performance liquid chromatography (Agilent Technologies, Santa Clara, CA). Separation was achieved using a Phenomenex Luna column (5 m, 150 × 1 mm, Phenomenex, Torrance, CA). Analysis was performed on an MDS Sciex API 3000 equipped with a TurbolonSpray source (Applied Biosystems, Foster City, CA).

2.5. Aortic Ring Assay

Aortas from 3 to 8 week old C57BL/6 J mice were dissected and cut into ~1 mm thick rings (Baker et al., 2012), embedded into growth factor reduced Matrigel (354230, Coming, Corning, New York), and grown in complete classic medium (4Z0-500, Cell Systems, Kirkland, WA) supplemented with culture media (4CB-500, Cell Systems) and Penicillin-Streptomycin (Thermo Fisher) at 37 °C with 5% CO2. Fenofibrate (30 μM, 90,568, Sigma-Aldrich), DHA (10 μM, 90310, Cayman Chemical, Ann Arbor, Michigan) or 19,20-EDP (1 μM, 10175, Cayman Chemical) was added to the culture medium 48 h later, and medium was changed every other day. Phase contrast photos of individual explants were taken 6 days after placing and the spraying area was quantified with ImageJ with a semi-automated macro plugin for quantification of vessel sprouts.

2.6. Choroidal Sprouting Assay

Retinal pigment epithelium/choroid/sclera complex (also referred to as “choroid explant”) from 3 week old C57BL/6 J mice was dissected and cut into approximately 1 mm × 1 mm pieces (Shao et al., 2013). The choroid explants were embedded into growth factor reduced Matrigel, cultured and imaged with similar methods used for the aortic ring assay described above.

2.7. Tubule Formation Assay

Human retinal microvascular endothelial cells (HRMECs, ACBRI 181 Cell system) were cultured in endothelial cell growth medium (EGM-2 MV, cc-3202, Lonza, Basel, Switzerland) and used from passage 5 to 8. Cells were seeded onto plates pre-coated with growth factor reduced Matrigel at a density of 2 × 10^5 cells/ml and incubated in EGM-2 MV supplemented with fenofibric acid (10 μM), 19,20-EDP (1 μM), DHA (30 μM) or corresponding vehicle controls at 37 °C with 5% CO2 for 6 h. Phase contrast photos were taken, and the tubule formation was analyzed with Angiogenesis Analyzer for ImageJ.

2.8. Wound Healing Assay

HRMEC were grown to confluence on plates pre-coated with gelatin (0.5 μg/ml, G9391, Sigma-Aldrich). After treatment with mitomycin C (10 μg/ml, Sigma-Aldrich) for 20 min at 37 °C, monolayers were washed, scratched with a pipet tip and incubated in EGM-2 MV at 37 °C for 24 h. Phase contrast photos were taken, and cell migration was quantified by measuring the width of the cell-free zone (distance between the edges of the injured monolayer) at 5 distinct positions (Gong et al., 2013; He et al., 2016). All assays were performed in triplicate.

2.9. Qualitative Real-time Polymerase Chain Reaction

Total RNA was extracted from retinas or HRMECs using RNeasy Kit (74106, Qiagen, Hilden, Germany), and reverse transcribed using random hexamers and SuperScript III Reverse Transcriptase (Thermo Fisher) according to the manufacturer's instructions (Yang et al., 2011; Yang et al., 2013). Quantitative analysis of gene expression was determined using an ABI Prism 7700 Sequence Detection System (Applied Biosystems) and the SYBR Green Master Mix kit (KK4600, Kapa Biosystems, Wilmington, MA)(He et al., 2014) with primers listed below: CYP2C8 (F: 5’-TGTGTCTCTGTGTGTG, R: 5’-ATATGGGGAATT GCCCTT), Acox1 (F: 5’-GAGCAGCAGCGTCTTTT, R: 5’- CAGGACTA TGGCATATTGGGAG), Pdk4 (F: 5’- ACAGACATCATATTGTGTCCTT, R: 5’-GCTGCATATCCCTAAATGGC), AOX1 (F: 5’-ACTCAGGACGCGTTA TG, R: 5’-AGGGTCAGGATGCCCCAA), PDK4 (F: 5’-GAGGATTTCTTCCG CTACA, R: 5’-ACAGGACATCTTCTGCGAAA), and Cyclphin A (F: 5’-AGG TGGAGACCAACAGCGAG, R: 5’-TGCGGGAAGTGGACAGGACA) using comparative CT (ΔΔCT) method and related to control group.

2.10. Statistical Analysis

Data are presented as mean ± standard error of the mean (SEM). Student’s t-test was used to compare between 2 groups of samples. For multiple comparisons with additional interventions, two-way ANOVA followed by Tukey’s post hoc test was performed using Prism 6 (Graph-Pad, San Diego, CA). The criterion for significance was set at a probability of ≤0.05.

3. Results

3.1. Fenofibrate Reduced Ocular Neovascularization via a PPARα-independent Pathway

To determine if fenofibrate suppressed pathological choroidal and retinal angiogenesis through PPARα alone, both wild-type C57BL/6 and Pparα knock out mice were orally gavaged with fenofibrate at 100 μg/g/day or corn oil as vehicle control, and subjected to both OIR and laser-induced CNV. Fenofibrate inhibited retinal neovascularization by 33% (P = 5.0 × 10^-10) and CNV by 40% (P = 1.9 × 10^-7) in wild-type mice. In Pparα knock out mice, daily intake of fenofibrate inhibited retinal and choroidal neovascularization by 18% (P = 0.027) and 25% (P = 3.5 × 10^-8) respectively (Fig. 1a–d), suggesting that in addition to the PPARα pathway, other pathways are involved in the regulation of pathological ocular angiogenesis by fenofibrate. The mRNA levels of two PPARα target genes, Acx1 and Pdk4, were not induced by fenofibrate in the Pparα knockout retina, suggesting that fenofibrate did not act through PPARα activation (Fig. 1e&f). These results suggested that fenofibrate suppressed pathological ocular angiogenesis through PPARα-independent as well as PPARα-dependent pathways.

3.2. Fenofibrate Suppressed Ocular Neovascularization via CYP2C8 Inhibition

To determine if fenofibrate suppressed choroidal and retinal neovascularization via CYP2C8 inhibition we used a low dose to primarily inhibit CYP2C activity with minimal PPARα activation (Fig. 2a). To determine the dose at which fenofibrate mainly functions through the CYP2C pathway, Tle2-driven human CYP2C8 overexpressing transgenic mice and their wild-type littermates were orally gavaged with fenofibrate at several low doses. We found that 10 μg/g/day, 1/10 of the standard human dose, decreased the plasma levels of the DHA-derived CYP2C product, 19,20-EDP, by 40% (P = 0.018) in wild-type and 24% (P = 0.019) in CYP2C8 overexpressing mice (Fig. 2b), but had no effect on CYP2C expression or on mRNA levels of PPARα target genes Acx1 and Pdk4 (Fig. 2c–f). The levels of the COX and LOX metabolites, prostaglandin E2 and 5-hydroxyeicosatetraenoic acid respectively, were unchanged suggesting no effect on the COX and LOX metabolizing pathways (Supplemental Table 1). Daily intake of fenofibrate at this low
3.3. Fenoﬁbrate Enhanced the Protective Effects of ω-3 LCPUFAs on Ocular Neovascularization

To test the hypothesis that fenoﬁbrate, as a potent inhibitor of CYP2C, increases the protective effects of ω-3 LCPUFAs on pathological ocular angiogenesis, C57BL/6 mice on a deﬁned isocaloric diet enriched with either ω-6 or ω-3 LCPUFAs were orally gavaged with fenoﬁbrate or vehicle control and P7 pups subjected to OIR and 6–8 week old mice subjected to laser-induced CNV. OIR pups of mothers fed with ω-3 versus ω-6 LCPUFA enriched diets reduced retinal neovascularization at P17 by 25% (P = 0.023) (Fig. 4a,b). Laser-induced CNV lesion areas were reduced by 24% (P = 2.3 × 10^{-4}) at 7 days after laser photocoagulation in mice fed with a ω-3 versus ω-6 LCPUFA diet. Fenoﬁbrate increased the protective effect of ω-3 LCPUFAs on retinal and choroidal neovascularization by 12% (P = 0.031) and 23% (P = 2.2 × 10^{-7}) respectively (Fig. 4c&d). Fenoﬁbrate-treated animals in the ω-6 LCPUFA dietary group showed similar effects as animals in the ω-3 LCPUFA dietary group that were not treated with fenoﬁbrate. These results indicated that fenoﬁbrate enhanced ω-3 LCPUFA protection on retinal and choroidal neovascularization.

3.4. 19,20-EDP but not DHA Reversed Inhibition of ex vivo Angiogenesis by Fenoﬁbric Acid

To examine whether fenoﬁbrate reduced neovascularization via CYP2C inhibition and decreased levels of its DHA metabolites, we investigated the effects of fenoﬁbric acid, the biologically active derivative of fenoﬁbrate, on angiogenesis in ex vivo tissue explants. In an aortic ring angiogenic assay, fenoﬁbric acid inhibited aortic ring sprouting by 41% (P = 0.0057), and the CYP2C DHA product, 19,20-EDP, reversed
fenofibric acid suppression of angiogenesis by 42% ($P = 0.0069$) (Fig. 4a,c). In the choroidal sprouting assay, similar results were observed. Fenofibric acid decreased the sprouting area from choroidal explants by 51% ($P = 0.0053$), and 19,20-EDP reversed its inhibitory effects by 37% ($P = 0.0035$) (Fig. 4b,d). The addition of DHA, the precursor of not only CYP2C-derived 19,20-EDP but also of COX and LOX derived anti-angiogenic metabolites, further potentiated the anti-angiogenic effect of fenofibrate acid on the aortic ring and choroidal explant sprouting (Fig. 5). Co-treatment with fenofibric acid and DHA led to 78% ($P = 2.4 \times 10^{-4}$) and 41% ($P = 0.031$) reduction in sprouting area from aorta and choroid versus 62% ($P = 0.0049$) and 32% ($P = 0.030$) reduction with fenofibric acid alone and 43% ($P = 9.6 \times 10^{-5}$) and 13% ($P = 0.042$) reduction with DHA alone (Fig. 6). These data suggested that fenofibric acid inhibited angiogenesis ex vivo via CYP2C inhibition resulting in decreased levels of CYP2C DHA pro-angiogenic products including 19,20-EDP.

3.5. 19,20-EDP but not DHA Reversed the Inhibition of Endothelial Cell Functions by Fenofibric Acid

To clarify the specific cell type and behavior of the anti-angiogenic effects of fenofibric acid in ocular neovascularization, we examined fenofibrate’s effects on endothelial cell tubule formation and migration in vitro using HRMECs. Fenofibric acid suppressed tubule formation compared with cells treated with vehicle control, resulting in fewer tube junctions (Fig. 7a,c). In addition, fenofibric acid suppressed HRMEC migration in a wound healing scratch assay (Fig. 7b,d). 19,20-EDP rescued the suppression of HRMEC tubule formation and migration by fenofibric acid (Fig. 7). However, DHA did not reverse the inhibition of endothelial cell tubule formation or migration by fenofibric acid, but further augmented the inhibitory effects of fenofibric acid (Fig. 7). These results indicated that fenofibric acid impaired endothelial cell functions via CYP2C inhibition and the DHA metabolites of CYP2C could reverse its inhibition.

4. Discussion

Fenofibrate has been found in interventional clinical studies (FIELD, ACCORD and MacuFen) to reduce the rates of progression of sight-threatening diabetic retinopathy and the volume of macular edema (Keech et al., 2007; Group et al., 2010; Massin et al., 2014). The anti-retinopathy effects appear to be independent of a fenofibrate-driven activation of PPARx and subsequent lipid lowering effect (Keech et al., 2007; Wong et al., 2012; Yu and Lyons, 2013). We found that fenofibrate inhibited neovascularization in Ppara knockout mice through inhibition of CYP2C to decrease CYP2C-derived ω-3 LCPUFA pro-angiogenic metabolites as well as via PPARα activation.

The fenofibrate dose that we used in mice in this study (100 mg/kg/day) (Hu et al., 2013) is comparable to that used in the FIELD and ACCORD clinical trials for lipid lowering effects and induced the expression of PPARα target genes, such as Acox1 and Pdk4, in the retina. Because the index of human equivalent dose to mice is 0.081 and absorption after oral gavage in rodents is 25–50% (Reagan-Shaw et al., 2008), the corresponding human dose is 2–4 mg/kg/day which is comparable to the dose used in the FIELD (200 mg/60 kg/day or ~3.3 mg/kg/day) and the ACCORD (160 mg/60 kg/day or ~2.7 mg/kg/day) studies (Keech et al., 2005; Chew et al., 2007), suggesting that PPARα activation might contribute to the beneficial effects of fenofibrate on retinopathy...
progression in patients with type 2 diabetes. The affinity of fenofibrate to CYP2C is >10 times higher than to PPARα (Walsky et al., 2005; Schoonjans et al., 1996). We found that oral gavage of fenofibrate at one tenth the dose (10 mg/kg/day) in mice decreased the plasma levels of LCPUFA products metabolized by CYP2C including 19,20-EDP and 14,15-EET, but had no measurable effect on PPARα target gene mRNA expression in the retina, suggesting that in humans, inhibition of CYP2C activity by fenofibrate might also contribute to its protective effects on pathological ocular angiogenesis in these two large-scale clinical trials.

Fenofibrate is pharmacologically inactive and with ingestion undergoes rapid hydrolysis of the ester bond to form the active metabolite fenofibric acid (Wang et al., 2014). Fenofibrate inhibits angiogenesis in vivo and in vitro by decreasing basic fibroblast growth factor-induced Akt activation and cytokine-induced vascular cell adhesion molecule 1 expression in endothelial cells through PPARα activation (Varet et al., 2003; Marx et al., 1999). Fenofibrate also affects retinal endothelial cells in a PPARα-independent manner. For example, fenofibrate regulates the survival of HRMECs, but pretreatment with the PPARα antagonist MK 886 fails to alter this effect. Another selective agonist of PPARα, WY-14643, has no discernible effect on HRMEC survival (Kim et al., 2004; Shao et al., 2014). Fenofibrate is identified by in vitro screening as a potent suppressor of CYP2C8, as well as CYP2C9 (Walsky et al., 2005). In our studies, fenofibrate reduced retinal and choroidal neovascularization not only in Tie2-driven human CYP2C8 transgenic mice but also in wild-type mice, which suggested that fenofibrate inhibited not only exogenous human CYP2C8 but also endogenous mouse CYP2C activity. We also showed that fenofibrate had no effect on CYP2C8 and CYP2C9 mRNA levels, indicating that its protective effects on ocular neovascularization were mediated by CYP2C activity but not expression.

Dietary intake of ω-3 versus ω-6 LCPUFAs reduces pathological ocular angiogenesis (Connor et al., 2007; Koto et al., 2007; Moghaddam-Taaheri et al., 2011). The ω-3 LCPUFA, DHA, inhibits angiogenesis ex vivo and endothelial functions in vitro, which is consistent with previous publications and likely related to its metabolites produced through cyclooxygenase and lipoxygenase, rather than through CYP pathways (Sapieha et al., 2011; Szymczak et al., 2008; Gong et al., 2016). The different effects reported on CNV of an exogenously delivered single ω-3 LCPUFA CYP

Fig. 3. Fenofibrate at a low dose suppressed both retinal and choroidal neovascularization in mice overexpressing CYP2C8. Tie2-driven CYP2C8 overexpression transgenic (Tg) and wild-type (WT) littermate mice were subjected to OIR (a, scale bar, 1 mm) or laser-induced CNV (b, scale bar, 500 μm; ON, optic nerve). The mice were orally gavaged with fenofibrate (10 mg/g/day) or 10% DMSO as vehicle control from P12 to P16 for OIR or for 7 days after laser photocoagulation respectively. Retinal and choroidal whole-mount vessels were stained with isolectin GS-IB4 at P17 or 7 days after laser photocoagulation respectively. Fenofibrate at the lower dose suppressed the induction of retinal (c) neovascularization (NV, white arrows) and laser-induced CNV lesion area (d) in CYP2C8 Tg mice. n = 10–12 mice/group. * P < 0.05; *** P < 0.001.
metabolite might result from a different plasma concentration due to exogenous administration rather than an evaluation of the sum total of all metabolites after inhibition of CYP2C activity (Yanai et al., 2014; Gong et al., 2016). DHA supplementation did not reverse the angiogenesis inhibitory effects of fenofibrate, but further increased the suppression of angiogenesis, suggesting that DHA on balance was metabolized by other enzymes into anti-angiogenic metabolites and that fenofibrate functioned downstream of DHA. In contrast to the modest increase in anti-angiogenic effects of DHA on the inhibition of angiogenesis with fenofibrate, addition of CYP2C products derived from DHA, such as 19,20-EDP, reversed the inhibitory effects of fenofibrate on angiogenesis ex vivo and endothelial cell functions in vitro, suggesting that fenofibrate functioned upstream of CYP2C products. Our results suggested that inhibition of CYP2C activity by fenofibrate augmented the protective effect of ω-3 LCPUFAs on pathological angiogenesis.

Fenofibrate reversed the induction of retinal and choroidal neovascularization in CYP2C8 overexpressing mice fed either a ω-3 or ω-6 LCPUFA enriched diet, suggesting that CYP2C products derived from both ω-3 and ω-6 LCPUFAs were pro-angiogenic in the retina and choroid. A previous study shows that 19,20-EDP inhibits tumor growth and human umbilical vein endothelial cell functions in vitro (Zhang et al., 2013). The different expression pattern of growth factors and metabolic enzymes in the retina and in tumor might contribute to the different effects of the CYP2C metabolite observed, indicating a tissue-specific role of 19,20-EDP. Knowledge on the molecular mechanism or regulation of angiogenesis and endothelial cell behaviors by CYP2C metabolites, such as EDPS and EETs, is still limited. Previous studies suggest that 11,12-EET induces angiogenesis in human umbilical vein endothelial cells through the phosphatidylinositol-3-OH kinase pathway mediating phosphorylation of FOXO factors which cause decreased expression of the cyclin dependent kinase inhibitor p27Kip1, and that 14,15-EET promotes angiogenesis in a mouse wound healing model through VEGF induction (Potente et al., 2003; Sander et al., 2013). A recent study indicates that 11,12-EET promotes hematopoietic stem and progenitor cell specification by increasing activator protein 1 and runx1 transcription through the phosphatidylinositol-3-OH kinase pathway (Li et al., 2015), which has also been implicated in advanced AMD by our previous work (SanGiovanni et al., 2009b). More research on the direct target and downstream pathways of CYP2C metabolites is needed.

In summary we found that fenofibrate inhibited pathological ocular angiogenesis by suppressing CYP2C activity that led to decreased levels of CYP2C pro-angiogenic products from both ω-6 and ω-3 LCPUFAs. Dietary intake of ω-3 LCPUFAs helped prevent retinal and choroidal neovascularization and CYP2C inhibition by fenofibrate enhanced the protective effects of ω-3 LCPUFAs against pathological angiogenesis in the eye. Combination therapy of dietary ω-3 LCPUFA supplementation with fenofibrate may be a promising approach to prevent incidence or progression of abnormal retinal and choroidal neovascularization.

Conflicts of Interest

The authors declare no conflicts of interest.

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Fig. 5. 19,20-EDP reversed the inhibition of angiogenesis ex vivo by fenofibric acid. Aortic rings (a) and choroidal explants (b) were treated with fenofibric acid (20 μM) or 1% DMSO as vehicle control, and 19,20-EDP (1 μM) or ethanol (ETOH) as vehicle control for 6 days after tissue planting. Scale bar, 1 mm. 19,20-EDP reversed the inhibition of aortic ring (c) and choroidal (d) sprouting by fenofibric acid. n = 6. *P < 0.05; **P < 0.01.

Fig. 6. DHA enhanced the inhibition of angiogenesis ex vivo by fenofibric acid. Aortic rings (a) and choroidal explants (b) were treated with fenofibric acid (20 μM) or 1% DMSO as vehicle control, and DHA (30 μM) or 10% BSA as vehicle control for 6 days after tissue planting. Scale bar, 1 mm. DHA enhanced the inhibition of aortic ring (c) and choroidal (d) sprouting by fenofibric acid. n = 6. *P < 0.05; **P < 0.01; ***P < 0.001.
Author Contributions


Fig. 7. 19,20-EDP reversed the inhibition of endothelial cell tubule formation and migration by fenofibrac acid. Representative photos of HRMEC tubule formation (a) and scratch wound healing assays (b) treated with fenofibrac acid (20 μM) or 1% DMSO as vehicle control, and 19,20-EDP (1 μM) or ETOH as vehicle control. Scale bar, 500 μm. Dashed lines indicate scratched area and white arrows indicate cell-free zone 24 h later. 19,20-EDP reversed the inhibition of endothelial cell tubule formation (c) and migration (d) by fenofibrac acid. n = 6. *P < 0.05; **P < 0.01; ***P < 0.001.

Fig. 8. DHA enhanced the inhibition of human endothelial cell tubule formation and migration by fenofibrac acid. Representative photos of HRMEC tubule formation (a) and scratch wound healing assays (b) with fenofibrac acid treatment (20 μM) or 1% DMSO as vehicle control, and DHA (30 μM) or 10% BSA as vehicle control. Scale bar, 500 μm. Dashed lines indicate scratched area and white arrows indicate cell-free zone 24 h later. DHA enhanced the inhibition of endothelial cell tubule formation (c) and migration (d) by fenofibrac acid. n = 6. ***P < 0.001.
experiments, Y.G., M.L.E., J.P.S.G., D.C.Z. and L.E.H.S. analyzed the results. All authors reviewed the manuscript.

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Appendix A. Supplementary Data

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References


