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Short-Term Topical Bevacizumab in the Treatment of Stable Corneal Neovascularization

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Abstract

Purpose—To evaluate the safety and efficacy of topical bevacizumab in the treatment of corneal neovascularization (NV).

Design—Prospective, non-randomized, interventional case series.

Setting—Institutional, multicenter clinical trial.

Study Population—Twenty eyes from 20 patients with stable corneal NV.

Intervention Procedures—Patients were treated with topical 1.0% for 3 weeks and monitored for a total of 24 weeks.

Main Outcome Measures—Primary outcome measures included: neovascular area, defined as the area of the corneal vessels themselves; vessel caliber, defined as the mean corneal vessel diameter; and invasion area, defined as the fraction of the total cornea into which the vessels extended. The occurrence of ocular and systemic adverse events was closely monitored.
Results—As compared to the baseline visit, patients exhibited a statistically significant improvement in neovascular area by week 6 ($P = .007$) and vessel caliber by week 12 ($P = .006$). At the final visit, neovascular area, vessel caliber, and invasion area were reduced by 47.5%, 36.2%, and 20%, respectively. The decreases in neovascular area and vessel caliber were statistically significant ($P < .001$ and $P = .003$, respectively); however, the reduction in invasion area did not reach statistical significance ($P = .06$). There were no significant changes in the secondary outcomes and there were no adverse events.

Conclusions—Short-term topical bevacizumab treatment reduced the extent of stable corneal NV as measured by neovascular area and vessel caliber with no associated adverse events. Interestingly, the degree of treatment efficacy was inversely proportional to the baseline invasion area.

INTRODUCTION

The healthy cornea is a unique tissue devoid of blood and lymphatic vessels. This feature is necessary for the maintenance of corneal transparency and visual acuity. Corneal neovascularization (NV) can result from a variety of insults including corneal infection, inflammation, trauma, degeneration, ischemia, and the loss of limbal stem cells. Corneal NV is a devastating complication of the most common infectious causes of blindness in developed (herpetic keratitis) and developing (trachoma) countries. The presence of corneal vessels can influence corneal inflammation, scarring, edema, and lipid deposition, all of which serve to decrease corneal transparency. In the case of corneal transplantation, ocular immune privilege, which helps extend the survival of corneal allografts, can be abrogated by corneal NV. In fact, the presence of stromal vessels in the host cornea is one of the strongest risk factors for subsequent graft failure.

Angiogenesis is promoted by a complex array of microenvironmental changes that involve a diverse array of cellular and molecular mediators. Vascular endothelial growth factor (VEGF) is a key factor in the development of NV. Corneal epithelial cells, vascular endothelial cells, macrophages, and fibroblasts can produce VEGF. The production of VEGF is significantly elevated in inflamed and vascularized corneas. Bevacizumab (Avastin; Genentech; South San Francisco, CA) is a humanized, full-length, monoclonal anti-VEGF antibody that functions by binding and neutralizing VEGF, thereby inhibiting angiogenesis. Bevacizumab was first approved by the U.S. Food and Drug Administration in 2004 for the treatment of metastatic colorectal cancer. Since then, bevacizumab has been used ‘off-label’ to treat numerous cancers and a variety of ocular conditions including neovascular age-related macular degeneration, central retinal vein occlusion, proliferative diabetic retinopathy, iris NV, pterygium, and corneal NV. Preliminary results from our study of topical bevacizumab in the treatment of corneal NV were published in 2009. We reported a statistically significant improvement in several measures of corneal NV with no associated adverse events. However, the limited number of patients in that study precluded the achievement of definitive conclusions regarding the relationship between medication efficacy and clinical factors such as the extent of corneal NV. Several studies, in some cases involving prolonged treatment, have reported complications associated with the administration of topical bevacizumab that were not identified in our preliminary study, including spontaneous corneal epitheliopathy, stromal thinning, and corneal perforation. The present study was limited to cases of stable corneal NV in order to avoid conditions such as pre-existing corneal epitheliopathy that may be associated with adverse events; moreover, the exclusion of active corneal NV potentially reduced the confounding effects of active ocular surface inflammation. Herein, we present the results of a clinical trial involving 20 cases of stable corneal NV treated with topical
bevacizumab. Furthermore, we investigate potential correlations between treatment response and factors such as the extent of corneal NV and underlying disease state.

METHODS

Design

This was a prospective, open-label, multi-center, uncontrolled, single group, safety and efficacy study of bevacizumab administered topically to patients with corneal NV. Subjects were recruited and treated at either The Massachusetts Eye & Ear Infirmary, Boston MA, or The Walter Reed Army Medical Center, Washington DC.

Patient Selection

Male and female adult patients were considered for study inclusion if they exhibited clinically stable corneal NV that extended at least 2 mm beyond the limbus. Clinical stability was established using the following exclusion criteria: (1) current or recent (3 months) ocular infection; (2) ocular surgery on the study eye within the previous 3 months; (3) current or recent (3 months) contact lens use; and (4) a current or recent (3 months) persistent corneal epithelial defect (14 days in duration measuring more than 1 mm²). Additional exclusion criteria for patient selection included: (1) age 75 years or greater; (2) uncontrolled hypertension (systolic blood pressure ≥150 mm Hg or diastolic blood pressure ≥90 mm Hg); (3) history of a thromboembolic event; (4) diabetes mellitus; (5) coagulation abnormalities including the use of anticoagulation medications other than aspirin; (6) current or recent (≤3 mo) systemic corticosteroid therapy or periocular corticosteroid injection to the study eye; (7) recent (≤3 mo) change in dose or frequency of topical steroids or nonsteroidal anti-inflammatory agents; (8) ocular or periocular malignancy; (9) pregnant women, lactating women, or premenopausal women not using adequate contraception; (10) recent (≤3 mo) or planned surgery; (11) investigational therapy or anti-VEGF treatment within the past 60 days. Only 1 eye from each patient was selected for inclusion in this study.

Medication

A solution of 1.0% bevacizumab was formulated by the pharmacy at Massachusetts Eye & Ear Infirmary. Commercially available bevacizumab (25 mg/ml) was diluted in 0.01% benzalkonium chloride (0.1 mg/ml, pH = 6.2) to a concentration of 10 mg/ml. Study medication was stored in sterile, light-protected dropper containers at 2 to 8°C (36 to 46°F).

Treatment Protocol

All patients were provided with a solution of 1.0% bevacizumab. Treatment was administered via topical ocular instillation either 2 (n = 5) or 4 (n = 15) times per day over a period of 3 weeks. Patients were instructed to continue their usual ophthalmic medication regimens. Punctal plugs were placed in the patients’ superior and inferior puncta for the duration of the treatment (3 weeks) to minimize systemic drug absorption. The duration of treatment was limited to 3 weeks in order to minimize potential complications associated with long-term bevacizumab therapy.

Follow-Up Protocol

Study appointments were held during weeks 1, 3, 6, 12, and 24. A detailed review of medical history and a complete ocular examination including Snellen visual acuity measurement, slit lamp biomicroscopy, and central corneal thickness measurement were performed during each visit. Digital corneal photography was performed at the baseline visit and weeks 3, 6, 12, and 24. Blood pressure was monitored at all visits.
Safety Measures
The occurrence of ocular and systemic adverse events was closely monitored over the course of this study. Ocular adverse events were monitored through complete ocular examinations along with visual acuity measurement, intraocular pressure measurement, biomicroscopy, and corneal fluorescein staining. Systemic adverse events were identified through physical examinations, patient questioning, and blood pressure measurements taken throughout the study period.

Efficacy Measures
The primary measures of efficacy were the size and extent of corneal NV. The efficacy of bevacizumab in the treatment of corneal NV was evaluated by comparing corneal photographs taken at baseline with corneal photographs taken at follow-up visits. Secondary measures of efficacy included best-corrected visual acuity and central corneal thicknesses. Three primary metrics of corneal NV (Figure 1) were investigated: (1) neovascular area, the area of the corneal vessels when they are projected into the plane of a photograph; (2) vessel caliber, the mean diameter of the corneal vessels; and (3) invasion area, the fraction of the total corneal area into which the vessels extend. Digital slit-lamp corneal pictures were analyzed morphometrically using graphic editing software Photoshop CS2 (Adobe Systems Inc.; Berkeley, CA) and a program written in MATLAB® (MathWorks Inc.; Natick, MA). Through the use of the aforementioned software, we outlined the total corneal area and enhance blood vessel visibility with manual tracing. The non-vessel areas were excluded using a defined threshold while the remaining neovascular area was pixelated for quantification. Vessel area was normalized to the entire corneal area in order to obtain a neovascular area score for each cornea. Vessel caliber was calculated using a computational technique that measures the largest diameter circle (centered at each pixel) inside of a blood vessel. The mean value across all pixels within the vessels was used as an estimate of the mean vessel caliber for a given image. Invasion area was quantified by marking the end of all vascular sprouts and connecting these marks in order to define the contour of the invasion area. The measured invasion area was normalized to the entire corneal area.

Statistical Analyses
All data are expressed as mean ± standard error of the mean (SEM). To quantify changes in corneal NV, measurements in each metric were taken at each time point and were compared with their baseline values. A paired t-test was performed using 2-sided alternatives to compare cohort scores for each metric. Other tests used in this study include: correlation test, one-way analysis of variance (ANOVA), and Bonferroni’s multiple comparison test. A P-value < .05 was considered statistically significant. Statistics were calculated and graphs were composed using Microsoft Excel and Prism 5, version 5.0c (GraphPad Software Inc.; San Diego, CA).

RESULTS
Demographics
Twenty eyes from 20 patients with stable corneal NV were included in this study. Demographic factors are listed in the Table, including each patient’s age, sex, and cause of corneal NV. There were 12 male and 8 female patients included in this study with an average age of 52.5 ± 3.3 years (n = 20), ranging from 24 to 75 years. Eighteen patients completed 24 weeks of follow-up, whereas 2 patients terminated their study visits at week 6 due to non-study medication related issues.
Neovascular Area

There was a reduction in neovascular area by the end of the 3-week treatment period compared to baseline (Figure 2), but this was not statistically significant (mean = −12.2% ± 9.9%; n = 20; P = .234). There was a statistically significant decrease by week 6 (mean = −27.9% ± 9.2%; n = 20; P = .007), which was 3 weeks after the termination of treatment. Statistically significant reductions in neovascular area were also observed at week 12 (mean = −35.0% ± 11.9%; n = 18; P = .009) and week 24 (mean = −47.5% ± 8.8%; n = 18; P < .001). Interestingly, there was a significant decrease in neovascular area at week 24 when compared to week 3 (mean = −28.5%; P = .002), indicating a delayed yet sustained medication response. The response rate, defined as the percentage of patients showing reduction in corneal NV when compared to baseline, was 65.0% (13 out of 20 patients) for neovascular area at week 3, 85.0% (17/20) at week 6, 77.8% (14/18) at week 12, and 88.9% (16/18) at week 24.

Vessel Caliber

There were decreases in vessel caliber at week 3 (mean = −8.8% ± 9.3%; n = 20; P = .355) and week 6 (mean = −9.0% ± 13.4%; n = 20; P = .510) when compared with baseline, but these were not statistically significant (Figure 2). A statistically significant decrease (mean = −30.8% ± 9.8%; n = 18; P = .006) was observed by week 12, which was 9 weeks after the termination of treatment. At week 24, there was a statistically significant reduction in vessel caliber compared with baseline (P = .003). The mean change at week 24 was −36.2% ± 9.3% (n = 18) with a range from 59.4 to −99.9%. There was also a significant decrease in vessel caliber between weeks 3 and 24 (mean = −22.3%; P = .009), indicating a delayed medication response. The response rate in vessel caliber was 60.0% (12/20) at week 3, 65.0% (13/20) at week 6, 88.9% (16/18) at week 12, and 83.3% (15/18) at week 24.

Invasion Area

The reductions in invasion area from baseline were −3.6% ± 7.1% (n = 20) at week 3 and −20.0% ± 9.9% (n = 18) at week 24 (Figure 2). Compared to baseline, no statistically significant change in invasion area was noted at either week 3 or week 24 (P = .62 and .06, respectively). The response rate in invasion area was 50% (10/20) at week 3, 55% (11/20) at week 6, 55.6% (10/18) at week 12, and 66.7% (12/18) at week 24.

Drug Efficacy Relative to the Severity of Neovascularization and Background Etiology

Treatment response was defined as a measurable decrease in a corneal NV quantification metric as compared to baseline. By week 24, patients who responded to treatment (n = 15 out of 18) exhibited a correlation between the baseline level of invasion area and measured decreases in neovascular area and vessel caliber (P = .049 and .015, respectively) (Figure 3). For the purpose of additional analysis, these patients were separated into 3 distinct groups based on NV etiologies: (1) herpes simplex virus keratitis/herpes zoster ophthalmicus (HSV/HZO, n = 4), (2) penetrating keratoplasty (PKP, n = 5), and (3) limbal stem cell deficiency (LSCD, n = 4). Differences in treatment response were analyzed using ANOVA (analysis of variance) and Bonferroni’s multiple comparison test. Statistical analysis revealed that the improvements (decreases) in neovascular area for the HSV/HZO and LSCD groups were significantly greater than the improvement for the PKP group over the course of this study (P = .004, ANOVA; HSV/HZO vs PKP: P < .01, LSCD vs PKP: P < .05, Bonferroni’s multiple comparison test) (Figure 4, top). A similar statistically significant trend was noted in vessel caliber change for the HSV/HZO and LSCD groups when compared to the PKP group (P = .005, ANOVA; HSV/HZO vs PKP: P < .01, LSCD vs PKP: P < .05, Bonferroni’s multiple comparison test) (Figure 4, bottom).
Secondary Outcomes Measures

Snellen visual acuity values were converted to LogMAR equivalents for analysis. Mean corrected LogMAR visual acuity was 0.60 at the baseline visit, 0.63 at week 3, and 0.70 at week 24. Changes in visual acuity from baseline were not statistically significant at any of the follow-up time points. With no statistically significant differences observed over time, the mean central corneal thickness measurements were 484.1 μm at baseline, 506.6 μm at week 3, and 510.9 μm at week 24. No significant effect of topical bevacizumab was noted on either best corrected visual acuity or central corneal thickness.

Adverse Events

Mean arterial pressure (MAP; [(2*diastolic blood pressure) + systolic blood pressure] ÷ 3) from each visit was compared to the MAP recorded at baseline. The average MAP was 93.9 mmHg at baseline, 88.8 mmHg at week 3 (P = .09), and 96.1 mmHg at the final visit (P = .24). There were no statistically significant changes in MAP at any of the follow-up visits. No ocular or systemic adverse events were observed or reported.

DISCUSSION

The mode of action of bevacizumab involves the binding of VEGF-A, thereby preventing VEGF-A from ligating its receptors VEGFR-1 (Flt-1) and VEGFR-2 (KDR/Flk-1).21,22 By blocking the ligation of VEGF-A, bevacizumab prevents the stimulation of vascular endothelial cell migration, proliferation, and survival, as well as vascular permeability.23 The results of our study suggest that topical bevacizumab can effectively reduce the extent of clinically stable cornea NV as measured by neovascular area and vessel caliber. Although topical bevacizumab treatment also reduced the mean invasion area, this reduction was not statistically significant. These findings substantiate the reductions in neovascular area and vessel caliber reported by Koenig et al.,20 and refute the suggestion that antiangiogenic therapy can only suppress the growth of new vessels.24

The present study revealed a significant amount of variability in the calculated corneal NV quantification metrics. This is evident in the large standard deviations associated with neovascular area (Figure 2). There are several potential explanations for this variability. First, many of the underlying causes of corneal NV (e.g., herpes simplex virus keratitis [HSV]/herpes zoster ophthalmicus [HZO], penetrating keratoplasty [PKP], and limbal stem cell deficiency [LSCD]) have the potential to cause chronic ocular surface inflammation. There are numerous proangiogenic factors relevant to corneal NV other than VEGF-A, including basic fibroblast growth factor (bFGF), matrix metalloproteinase-2 (MMP-2), and interleukin-1 (IL-1), all of which are promoted by inflammation.10,25 Accordingly, the antiangiogenic properties of bevacizumab may be compromised by the activity of these proangiogenic factors in an inflamed ocular surface. Second, the assessment of corneal NV through capture via slit lamp microscopy is arguably not the most sensitive means of assessing minute changes in small NV fronds. Blood vessels can be obscured by fibrotic tissue or vessel exudates (lipid or protein). The use of fluorescein or indocyanine green angiography may provide better delineation of corneal vessels;26 however, these techniques are susceptible to variation based on factors such as the timing of image capture.

In the present study, 15 of the 18 patients who completed 24 weeks of follow-up exhibited a decrease in vessel caliber. The patients who did not respond to therapy had underlying etiologies that included HZO (patient 7), HSV (patient 8), and a history of corneal trauma (patient 20) (Table). After excluding these non-responders from the analysis, we found that, among the responders, the smaller the invasion area at baseline, the better the response to treatment (Figure 3, Figure 5). Regression modeling revealed that increasing invasion area...
was negatively correlated with bevacizumab treatment efficacy in terms of both neovascular area and vessel caliber. These findings are similar to those of the multivariate subgroup analyses in the Minimally Classic/Occult Trial of the Anti-VEGF Antibody Ranibizumab in the Treatment of Neovascular AMD (MINIMA), in which a larger choroidal NV lesion at baseline was associated with less response to ranibizumab treatment.27

Subgroup analysis revealed that patients with a history of PKP experienced less improvement in NV than patients with a history of HSV/HZO or LSCD (Figure 4, Figure 5). These findings differ from those of Koenig et al.20 In their study, patients with corneal NV associated with corneal graft failure experienced the greatest reduction in vessel diameter in response to anti-VEGF therapy. There are several potential explanations for this apparent dichotomy. All the patients in the PKP group in our study had stable NV, and most of these (4 out of 5) had significant fibrotic changes associated with extensive NV in the graft-host junction. This is in contrast to the series of Koenig et al.,20 in which most of the patients had active NV covering a relatively small area of the cornea. While our data suggest that patients with stable NV can respond to anti-VEGF therapy, it is possible that the endothelial cells in more established vessels (as noted in our PKP patients) are not as VEGF-dependent as newer, more active vessels, thereby explaining, at least in part, the differences in treatment efficacy observed between these studies.24 One potential confounding factor is the fact that the PKP patients in our study also exhibited a higher average invasion area at baseline than the HSV/HZO and LSCD patients — thus, it is difficult to determine whether baseline invasion area or background disease is more significantly correlated with treatment response. Regardless, our data suggest that low baseline invasion area is a good prognostic factor for topical bevacizumab treatment response.

No local or systemic adverse events were noted and systemic blood pressure remained stable over the course of this study. Theoretically, inhibition of the widely distributed VEGF-A isoform could cause adverse events through the promotion of hypertension, bleeding, proteinuria, and thromboembolic events. A Phase III clinical trial investigating intravitreal injections of ranibizumab (Lucentis; Genentech, South San Francisco, CA) in the treatment of age-related macular degeneration revealed a slightly increased, but not statistically significant, incidence of stroke and myocardial infarction.28 Based on potential complications such as these, it is important to observe appropriate precautions. All patients in our study were given punctal plugs to minimize systemic drug absorption. In addition, patients thought to be at increased risk for these complications were excluded from participation in this study; for example, patients over 75 years of age and those with a history of uncontrolled hypertension, diabetes mellitus, or past thromboembolic events.

In our study, topical 1.0% bevacizumab was not only well tolerated with no local irritation or allergic reactions, but also safe with no episodes of corneal epitheliopathy, thinning, or other ocular side effects. Vascular endothelial growth factor is known to induce neurite growth; therefore, VEGF inhibition at the ocular surface has the potential to induce ‘neurotrophic keratopathy’ if the duration of the therapy is prolonged.29 Previous studies have indicated that endothelial cell density remains relatively stable following anti-VEGF treatment either intracamerally or intravitrealy.30,31 Kim et al. reported that 60% (6 out of 10 eyes) of patients treated with topical bevacizumab experienced the spontaneous loss of epithelial integrity.19 However, their study used topical bevacizumab at a higher concentration (1.25%) for a longer duration (3 months) than our study, and corneal epitheliopathy was generally diagnosed during the second month of treatment.19 Koenig et al. reported that 16.7% (5 out of 30) of the eyes treated with topical bevacizumab developed new onset corneal epithelial defects, and one patient experienced a spontaneous corneal perforation.20 These adverse effects occurred primarily in corneas with pre-existing epithelial defects and corneas that had recently undergone surgery, both of which were
excluded from our study. To safeguard against possible adverse events, we used a relatively low concentration (1.0%) of drug for a short duration (3 weeks) of treatment.

In summary, our experience suggests that short-term topical bevacizumab treatment can reduce the extent of stable corneal NV as measured by the area and caliber of vessels. Moreover, the treatment effects persisted after treatment discontinuation. Interestingly, eyes with smaller areas of stable corneal NV at baseline experienced greater responses to topical bevacizumab treatment than eyes with larger areas of NV invasion, a finding that warrants further investigation.

Acknowledgments

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References


Biography

Sheng-Fu Cheng, MD, MBA, is a cornea specialist at Shin Kong Wu Ho-Su Memorial Hospital in Taipei, Taiwan. He received his medical degree from Taipei Medical University and completed his residency training in Ophthalmology at his current institution. He completed a fellowship at The Massachusetts Eye & Ear Infirmary and Schepens Eye Research Institute, Harvard Medical School, Boston, MA, in 2011. His areas of interest include ocular surface diseases, corneal neovascularization, and corneal transplantation.
Figure 1.
Quantification of corneal neovascularization. A graphics editing software (Photoshop CS2; Adobe Systems Inc.; Berkeley, CA) and a mathematical program (MATLAB; MathWorks Inc.; Natick, MA) were used to analyze slit lamp digital corneal photographs. These metrics were computed as follows: neovascular area, which measures the area of the corneal vessels themselves; vessel caliber, which determines an approximate mean diameter of the corneal vessels; and invasion area, which measures the fraction of corneal area in which neovascular incursion is seen.
Figure 2.
Summary of changes for all patients at various time points using three metrics of corneal neovascularization. The metrics used were: neovascular area, vessel caliber, and invasion area. Compared to the baseline visit, the neovascular area showed statistically significant decrease at week 6 ($P = .007$) and the vessel caliber at week 12 ($P = .006$). By week 24, the mean changes were $-47.5\% \pm 8.8\%$ (n = 18) for neovascular area, $-36.2\% \pm 10.4$ (n = 18) for vessel caliber, and $-20.0\% \pm 9.9\%$ (n = 18) for invasion area. The decreases in neovascular area and vessel caliber were statistically significant ($P < .001$ and $P = .003$, respectively), but invasion area was not ($P = .06$). Error bars represent SEM (standard error of mean). * $P < .05$, ** $P < .001$
Figure 3.
Correlation between the extent and reduction of corneal neovascularization. Patients with less invasion area at baseline experienced greater reductions in neovascular area and vessel caliber: reductions in neovascular area (Top) and vessel caliber (Bottom) showed statistically significant correlations with baseline invasion area ($P = .049$ and $P = .015$, respectively).
Figure 4.
Decrease in corneal neovascularization over 24 weeks of follow-up. The penetrating keratoplasty (PKP) group (n = 5) showed less improvement than the limbal stem cell deficiency (LSCD) group (n = 4) and herpetic simplex virus keratitis (HSV)/ herpetic zoster ophthalmicus (HZO) group (n = 4) either in (Top) neovascular area (P = .004, ANOVA; HSV/HZO vs PKP: P < .01, LSCD vs PKP: P < .05, Bonferroni’s multiple comparison test) or in (Bottom) vessel caliber (P = .005, ANOVA; HSV/HZO vs PKP: P < .01, LSCD vs PKP: P < .05, Bonferroni’s multiple comparison test).
Figure 5.
Representative cases of stable corneal neovascularization treated with topical bevacizumab. Patient 11 was a 75-year-old female with a failed corneal graft. (Top left) The baseline photograph revealed a corneal opacity with circumferential (360 degrees) neovascularization (NV) in the recipient bed. (Top right) After topical bevacizumab treatment, the NV showed only modest changes. Patient 4 was a 40-year-old male with a history of laser in situ keratomileusis and herpes simplex keratitis. (Bottom left) A relatively small area of corneal NV was present at baseline and by week 24 the NV had decreased significantly (Bottom right).
Table

Population Demographics of Patients with Stable Corneal Neovascularization Treated with Short-Term Topical Bevacizumab

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<td>QID</td>
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<td>Sex</td>
<td>Age (Yrs)</td>
<td>Diagnosis</td>
<td>Dosage</td>
<td>Weeks of Follow-up</td>
<td>Additional Medications</td>
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<sup>a</sup> Indicates a patient who did not respond to topical bevacizumab treatment.

<sup>b</sup> Abbreviations: HSV = herpes simplex virus; HZO = herpes zoster ophthalmicus; LASIK = laser in situ keratomileusis; LSCD = limbal stem cell deficiency; MGD = meibomian gland dysfunction; PKP = penetrating keratoplasty; S/P = status post; BID = 2 times per day; QID = 4 times per day.

<sup>c</sup> Additional Medications: 1 = artificial tears; 2 = topical steroid; 3 = topical antibiotics; 4 = oral antiviral; 5 = topical anti-glaucoma; 6 = topical cyclosporine; 7 = oral antibiotics.