



Comparative Genetic Architectures of Schizophrenia in East Asian and European Populations

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Comparative genetic architectures of schizophrenia in East Asian and European populations

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- 83 †Lists of participants and their affiliations appear in the Supplementary Information
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- 85 86

87 Author summary

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- 89 Schizophrenia is a severe psychiatric disorder with a lifetime risk of about 1% world-wide. Most
- 90 large schizophrenia genetic studies have studied people of primarily European ancestry,
- 91 potentially missing important biological insights. Here we present a study of East Asian
- 92 participants (22,778 schizophrenia cases and 35,362 controls), identifying 21 genome-wide
- 93 significant schizophrenia associations in 19 genetic loci. Over the genome, the common genetic
- 94 variants that confer risk for schizophrenia have highly similar effects in those of East Asian and
- 95 European ancestry (r_{α} =0.98), indicating for the first time that the genetic basis of schizophrenia
- 96 and its biology are broadly shared across these world populations. A fixed-effect meta-analysis
- 97 including individuals from East Asian and European ancestries revealed 208 genome-wide
- 98 significant schizophrenia associations in 176 genetic loci (53 novel). Trans-ancestry fine-
- 99 mapping more precisely isolated schizophrenia causal alleles in 70% of these loci. Despite
- 100 consistent genetic effects across populations, polygenic risk models trained in one population
- 101 have reduced performance in the other, highlighting the importance of including all major
- 102 ancestral groups with sufficient sample size to ensure the findings have maximum relevance for
- 103 all populations.

104 Schizophrenia is an often disabling psychiatric disorder which occurs worldwide with a lifetime 105 risk of about 1%¹. It is well-established that genetic factors contribute to susceptibility of 106 schizophrenia. Recently, 145 genetic loci have been associated with schizophrenia in samples 107 of primarily European ancestry^{2,3} (EUR) but this still represents the tip of the iceberg with 108 respect to common variant liability to the disorder: the highly polygenic nature of common 109 variation underlying this disorder predicts that there are hundreds more loci to be discovered⁴. 110 Most genetic studies of schizophrenia have been in EUR samples with relatively few studies in other populations^{5–8}. This is a significant deficiency for multiple reasons, particularly 111 112 as it greatly limits the discovery of biological clues about schizophrenia. For some causal 113 variants, ancestry-related heterogeneity yields varying allele frequency and linkage 114 disequilibrium (LD) patterns such that associations that can be detected in one population may 115 not be readily detected in others. Examples include a nonsense variant in TBC1D4 which 116 confers muscle insulin resistance and increases risk for type 2 diabetes that is common in Greenland but is rare or absent in other populations⁹, several Asian-specific coding variants 117 which influence blood lipids¹⁰, a variant highly protective against alcoholism that is common in 118 Asian populations but very uncommon elsewhere¹¹, and two loci associated with major 119 depression¹²that are more common in the Chinese populations than EUR^{12,13} (rs12415800: 45%) 120 121 versus 2%, and rs35936514: 28% versus 6%).

Even if alleles have similar frequencies across populations, the effects of alleles on risk might be specific to certain populations if there are prominent but local contributions of clinical heterogeneity, gene-environment (GxE) or gene-gene (GxG) interactions. In addition, there have been debates about differences in prevalence, symptomatology, etiology, outcome, and course of illness across geographical regions^{14–19}. Understanding the genetic architecture of schizophrenia across populations provides insights in whether any differences represent etiologic heterogeneity on the illness.

Finally, polygenic risk score (PRS) prediction is emerging as a useful tool for studying the effects of genetic liability, identifying more homogeneous phenotypes, and stratifying patients, but the applicability of training data from EUR studies to those of non-European ancestry has not been fully assessed, leaving us with an uncertainty as to the biological implications and utility in non-Europeans²⁰.

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135 Schizophrenia genetic associations in the East Asian populations

To systematically examine the genetic architecture of schizophrenia in individuals of East Asian ancestry (EAS), we compiled 22,778 schizophrenia cases and 35,362 controls from 20 samples

from Singapore, Japan, Indonesia, Korea, Hong Kong, Taiwan, and mainland China (Extended
Data Table 1). Individual-level genotypes were available from 16 samples (Extended Data Table
1a), on which we performed quality control, imputation and association tests (Methods and
Supplementary Table 1). Two samples (TAI-1 and TAI-2) were trio-based and pseudo-controls
were used. Four samples made available summary statistics for 22K-31K selected variants
(Methods) which had been analyzed in published studies^{7,8}.

144 We used a two-stage study design (Extended Data Table 1a). Stage 1 included 13 145 samples for which we had individual genotype data (13.305 cases and 16.244 controls after 146 quality control). Stage 2 incorporated the remaining 7 samples: full genotype data from 3 147 samples that arrived after the Stage 1 data freeze and summary statistics (for selected variants) 148 from 4 samples (Extended Data Table 1). Meta-analyses across Stage 1 samples and across all 149 EAS samples were conducted using a fixed-effect model with inverse-variance weighting. QQ 150 plots (Extended Data Fig. 1) showed no inflation of test statistics (particularly that ancestry 151 effects have been well controlled) with λ_{qc} =1.14, λ_{1000} =1.01 and LD Score regression²¹ (LDSC) 152 intercept=1.0145±0.011 using Stage 1 samples.

153 Combining Stages 1 and 2, we found 21 genome-wide significant associations at 19 loci 154 (Table 1, Fig. 1a and Supplementary Table 2), an additional 14 associations over the most 155 recent schizophrenia genetic study of Chinese ancestry⁸. Most associations were characterized 156 by marked differences in allele frequencies between the EAS and EUR samples; for 15 of 21 157 loci, the index variants had a higher minor allele frequencies (MAF) in EAS than EUR. The 158 higher allele frequency potentially confers better power to detect associations in EAS. For 159 example, we identified a locus (Fig. 1b) with the top association (rs374528934) having strong 160 evidence in EAS ($P = 5 \times 10^{-11}$) but not in EUR using the Stage 1 samples. rs374528934 has MAF of 45% in EAS but only 0.7% in EUR. No other variant in this locus is significantly 161 162 associated with schizophrenia in EUR. This locus contains CACNA2D2 (the calcium channel $\alpha 2\delta$ -2 subunit) associated with childhood epilepsy^{22,23}, and to which the anticonvulsant 163 medication gabapentin binds, suggesting a path for further therapeutic investigation²³. This 164 165 finding also adds new evidence to the calcium signaling pathway suggested to be implicated in psychiatric disorders^{24,25}. The absence of the MHC association is evaluated in Discussion. 166 167

168 Genetic effects are consistent across populations

169 While it is assumed that biological pathways underlying complex human disorders are generally

- 170 consistent across populations, genetic heterogeneity has been observed. For example,
- 171 rs4246905, a variant in the TNFSF15-TNFSF8 locus, has a much larger protective effect for

Crohn's disease in EAS than EUR (95% confidence interval of odds ratio: 0.52-0.64 vs 0.85-0.89)²⁶. For causal variants, heterogeneity of genetic effect across populations could arise from clinical heterogeneity, differences in pathophysiology, exposures to different environmental factors (GxE interaction), or interaction with other genetic factors (GxG interaction) that act nonadditively with risk alleles. This large EAS sample allowed us, for the first time, to explore the heterogeneity of genetic effects influencing liability to schizophrenia across two major world populations.

Using LDSC²¹, we found the SNP-heritability of schizophrenia is very similar in EAS (0.23±0.03) and EUR (0.24±0.02) (Methods and Extended Data Fig. 2a). We also found that the common-variant genetic correlation for schizophrenia between EAS and EUR was indistinguishable from 1 (r_g =0.98±0.03) (using POPCORN²⁷, a method designed for crossancestry comparisons). This finding indicates that the common variant genetic architecture of schizophrenia is basically identical across EAS and EUR.

Genetic correlations between schizophrenia and 11 other psychiatric disorders and
behavior traits also showed no significant differences when estimated within EUR and across
EAS-EUR (Extended Data Fig.2b). In agreement with recent reports^{28–31}, we observed
significant positive genetic correlations for schizophrenia with bipolar disorder, major depressive
disorder, anorexia nervosa, neuroticism, autism spectrum disorder, and educational attainment.
We observed significant negative correlations with general intelligence, fluid intelligence score,
prospective memory, and subjective well-being.

192 We used partitioned LDSC²¹ to look for heritability enrichment in diverse functional 193 genomic annotations defined and used in previous publications^{32,33} (Methods and Extended 194 Data Figure 2c,d). Using EAS Stage 1 samples, we observed significant enrichment (after 195 Bonferroni correction) in regions conserved across 29 mammals (Conserved LindbladToh³⁴). No 196 other annotations were significantly enriched, and there were no significant differences between 197 EUR-only and EAS-only enrichments (*P*=0.16, two-sided paired t test).

198 We identified gene-sets that are enriched for schizophrenia genetic associations using MAGMA³⁵ and gene-set definitions from a recent schizophrenia exome sequencing study³⁶ 199 200 (Methods). Despite large differences in sample size and genetic background, the gene-sets 201 implicated in EAS and EUR samples were highly consistent: we observed no significant 202 differences between gene-set ranks using the EAS samples from the ranks using EUR samples 203 (P = 0.72, Wilcoxon test). In addition, 9 of the top 10 gene-sets identified using the EAS 204 samples are also among the top 10 gene-sets identified using EUR samples (Extended Data 205 Figure 3).

206 A study of EUR individuals suggested that common schizophrenia alleles are under strong background selection³. We performed two analyses and found that the natural selection 207 208 signatures, including positive and background selections, are consistent in schizophrenia-209 associated loci across EAS and EUR populations. First, we compared the signatures in the top 210 100 associated loci in EAS to those in EUR. Among the selection signatures we calculated 211 (Methods), none showed a significant difference across populations (Extended Data Figure 4a, 212 P > 0.05 for all panels, two-sided t test). We next asked whether the population differentiation 213 drives schizophrenia variants to have different effect in different populations. Using 295 214 autosomal variants that are genome-wide significant in EAS, EUR or EAS-EUR combined 215 samples, we did not observe a correlation (R^2 =0.003, Extended Data Figure 4b) between the 216 population differentiation (measured by F_{st}) and the heterogeneity of effect size (measured by 217 $log_{10}P$ -value from the heterogeneity test across EAS and EUR).

218 We compared the effect size estimates for schizophrenia associations in EAS versus 219 those in EUR. A precise comparison requires disease-causal variants and equivalent case and 220 control ascertainment schemes to avoid heterogeneity driven by differences in LD and 221 heterogeneity due to differences in cases and in controls. As we do not know the causal alleles 222 at the associated loci, we used the most significantly associated variants in EAS that are in LD 223 $(R^2>0.8)$ with the most significantly associated variants in EUR at each locus as an 224 approximation. We also restricted the comparison to variants that have $P < 10^{-10}$ in EUR and 225 MAF > 10% in EAS as the estimates of the effect sizes for relatively common alleles that 226 substantially surpass genome-wide significance are least subject to inflationary bias in the 227 discovery set. None of the 21 associations that met these criteria showed significant differences 228 in the direction of effect (Fig. 2a) and moreover, the magnitude of the effect size was consistent 229 across the two populations with a modest bias from the winner's curse in the discovery (EUR) 230 samples (slope=0.67±0.09).

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232 Schizophrenia genetic associations from the meta-analysis of EAS and EUR

As the genetic effects observed in EAS are largely consistent with those observed in EUR, we performed a meta-analysis including the EUR and EAS samples (Stages 1 and 2) using a fixedeffect model with inverse-variance weighting³⁷. The EUR samples in this analysis (56,418 cases and 78,818 controls) included all samples of EUR ancestry from the previous publication² with the exclusion of three samples of EAS ancestry and the deCODE samples (1,513 cases and 66,236 controls) which only had summary statistics for selected variants. The three EAS

samples (IMH-1, HNK-1 and JPN-1) excluded from EUR samples were included in our EASStage 1.

241 We identified 208 independent (both in EAS and EUR) variants associated with 242 schizophrenia across 176 genetic loci (Fig. 2b and Supplementary Tables 3 and 4), among 243 which 53 loci were novel (not reported in ref 2,3,7,8). Of the 108 schizophrenia-associated loci 244 reported in the previous EUR study², 89 remained significant in this study (Supplementary Table 245 5). As suggested by Pardiñas *et al.*³, this reflects an expected over-estimation of the effect sizes 246 due to the winner's curse in the previous study, but does not mean the 19 loci not significant in 247 this study were false-positives in the previous study. In addition, deCODE samples were not 248 included in this analysis.

249

250 Population diversity improves fine-mapping

Due to LD, disease-associated loci from genome-wide association studies usually implicate genomic regions containing many associated variants. A number of approaches allow for the associated variants to be refined to a smaller set of the most plausible (or credible) candidate causal variants^{38–41}. Loci implicated in psychiatric disorders usually have small effect sizes and as a result, have generally poor performance using such approaches^{2,3}.

Diversity in genetic background across populations can be used to improve fine-mapping 256 resolution⁴². Here we demonstrate that resolution can be improved by exploiting differences in 257 258 the patterns of LD between causal (directly associated) and LD (indirectly) associated variants. 259 Based on the premise that genetic effects are highly consistent across populations, the causal 260 variants will have consistent effects across populations whereas non-causal variants can have 261 inconsistent effects due to population-specific LD patterns. We therefore expect causal variants 262 to have greater statistical significance and less heterogeneity in trans-ancestry meta-analysis 263 compared to other alleles that are indirectly associated via LD (Extended Data Figure 5). Using 264 a new algorithm based on this presumption (Methods), we fine-mapped 133 schizophrenia 265 associations that reached genome-wide significance in the EUR and EAS (Stage 1) combined 266 meta-analysis (Supplementary Table 6). Stage 2 EAS samples were excluded because not all 267 had full genome coverage, which confounds the fine-mapping outcome (Methods).

268 Results from this EAS-EUR trans-ancestry approach improved upon those using only 269 EUR, with 93 loci mapped to a smaller number of candidate causal variants. For example, a 270 locus on chromosome 1 (238.8-239.4 Mb) which initially contained 7 potentially causal variants 271 based on a published fine-mapping method³⁸ and EUR samples was resolved to a single 272 variant, rs11587347, with 97.6% probability (Fig. 3a). This variant showed strong association in

both populations, while the other 6 variants are equally associated in EUR but not in EAS (Fig.
3b, c). Over all associations, the median size of the 95% credible set, defined as the minimum
list of variants that were >95% likely to contain the causal variant, dropped from 57 to 34; and
the number of associations mapped to ≤5 variants increased from 8 to 15 (Fig. 3d). The number
of associations mapped to a single variant with greater than 50% probability increased from 16
to 20, and median size of the genomic regions the associations mapped decreased from 277 Kb
to 111 Kb.

280 Two schizophrenia associations were fine-mapped to coding variants including 281 SLC39A8 (A391T) with 44.8% probability, and WSCD2 (T226I) with 14.8% probability. The SLC39A8 A391T variant causes deficiency in manganese homeostasis⁴³ and glycosylation⁴⁴. 282 and is associated with Crohn's disease⁴⁵, human gut microbiome composition⁴⁵, hypertension⁴⁶ 283 and intelligence⁴⁷. In addition, using a similar strategy as in Huang et al.³⁸, we found a 284 285 schizophrenia association (mapped to rs1700006 with 16.1% causal probability) implicating a 286 conserved transcription factor binding site (MEF2), which is 14 kb downstream of the nicotinic 287 receptor subunits CHRNA3 and CHRNB4. Finally, we searched for but did not find any associations that implicate constrained nucleotides near exon splicing junctions⁴⁸. 288

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290 Transferability of genetics across populations

We compared the variance explained across EAS and EUR for genome-wide significant loci, 291 approximated as $2f(1-f)\log(OR)^2/(\pi^2/3)$ (ref 49), which explain >0.05% of the variance in 292 293 either ancestry (Extended Data Fig. 6). While these variants most often have the same effect 294 across populations, their allele frequencies can differ. Variance explained, combining the effect 295 size (OR) and prevalence of the risk allele (f), can be regarded as an approximate measure of 296 the importance of a causal variant in a population. We found that most of the difference in 297 variance explained is driven by allele frequency differences. One of the implications of this 298 observation, as suggested in recent studies^{20,50,51}, is that even if the risk alleles and effect sizes 299 are primarily shared across populations, the disease predictive power of individual alleles, and 300 of composite measures of those risk alleles such as PRS, may not be equivalent across 301 populations.

Here we evaluate this empirically. We assessed how much variation in schizophrenia risk can be explained in EAS using both EAS Stage 1 and EUR training data. Using a standard clumping approach, we first computed PRS using a leave-one-out meta-analysis approach with EAS summary statistics (Methods), which explained ~3% of schizophrenia risk using genomewide variants on the liability scale ($R^2 = 0.029$ at P=0.5). In contrast, when EUR summary

307 statistics were used to calculate PRS in the EAS samples, a maximum of only ~2% of schizophrenia risk was explained ($R^2 = 0.022$ at P=0.1) despite a greater than 3-fold larger EUR 308 309 effective sample size (Fig. 4 and Extended Data Fig. 7). The variance explained across various 310 P-value thresholds provides a proxy for the signal-to-noise ratio, which differs by training 311 population--relative to the EUR training data, variants from the EAS training data with more 312 permissive *P*-values improve the EAS prediction accuracy. These results indicate that larger 313 EAS studies will be needed to explain similar case/control variance as currently explained in 314 EUR individuals. Further, although individual loci typically have the same direction and similar 315 magnitude across populations, aggregating variants that differentially tag causal loci across 316 populations for genetic risk prediction results in considerable variability in prediction accuracy. 317

318 DISCUSSION

To date, most large-scale psychiatric genetics studies have been based on samples of primarily EUR ancestry⁶. To increase global coverage, we compiled the largest non-European psychiatric genetics cohort to date, and leveraged its size and diversity to provide new insights into the genetic architecture of schizophrenia. This study included all available major genotyped schizophrenia samples of East Asia ancestry, and presented analyses that had never been performed with sufficient power in psychiatric genetics.

325 When a single population is used to identify the disease-associated loci, the discovery is 326 skewed towards disease-associated variants that have greater allele frequency in that 327 population (Extended Data Figure 8). When multiple populations are used, disease-associated 328 variants are equally represented across the allele frequency spectrum in these populations 329 (Extended Data Figure 8). This demonstrates that including global samples improves power to 330 find disease associations for which the power varies across populations. In this study, for 331 example, more EUR than EAS samples would be required to detect around half of the new loci, 332 as the MAF is higher in EAS than in EUR in these loci.

333 For traits like body mass index and autoimmune diseases, we observed heterogeneity across populations in genetic effects^{26,52}, which may point to interactions between genetic 334 335 associations and environment factors and/or other genetic loci. In contrast, for schizophrenia, 336 we did not find significant heterogeneity across EAS and EUR ancestries. Analyses in genetic 337 heritability, genetic correlation, gene-set enrichment and natural selection signatures all 338 converge to the same conclusion that the schizophrenia biology is substantially shared across 339 EAS and EUR, and likely, across other major world populations. This remarkable genetic 340 correlation (r_a =0.98) across populations suggests, for the first time, that schizophrenia genetic

341 factors operate in an obedient fashion between ethnic and cultural backgrounds, and

342 schizophrenia across the world share the same genetic causes. Given that the mainstay

343 epidemiological factors (migration, urbanity and substance misuse) differ across populations,

this finding also suggests any specific genetic liability to schizophrenia acting via these routes isminimal.

We note that a direct comparison of the effect sizes estimated in EAS with those estimated in EUR has reduced accuracy as we do not know the exact schizophrenia causal variants. This is further complicated by inflation in effect size estimates due to the winner's curse, which are of different magnitudes due to the sample size. Increasing the sample size, especially in those of non-European ancestries, will reduce the bias and enable a better isolation of causal variants, leading to a more precise comparison of the genetic effect size across populations.

353 The major histocompatibility complex (MHC) hosts the strongest schizophrenia association in EUR⁵³. In this study, we did not find a significant schizophrenia association in 354 MHC in EAS. An earlier EUR study⁵⁴ mapped the MHC associations to a set of variants (in LD) 355 356 at both distal ends of the extended MHC (lead variant: rs13194504) and the complement component 4 (C4). Consistent with several studies of the Chinese ancestries^{7,8,55,56}, none of 357 358 these associations was significant in EAS in this study. We attribute this partially to low 359 frequencies: rs13194504 has MAF < 1% in EAS comparing with 9% in EUR, and the C4-BS allele is extremely uncommon in samples from China and Korea^{57,58}. Another reason may be the 360 361 EUR-specific LD. In EUR, multiple protective alleles that contribute to the MHC associations are 362 all on the same haplotype across about 6 Mb, due to an extremely long and EUR-specific 363 haplotype that generates LD patterns at 5-Mb scale. This is also the reason that that association 364 signals span so many Mb of genome, and the aggregate association signal (at variants that are 365 in partial LD to multiple signals) is stronger than the signals at the individual associations.

Two recent studies using individuals of Chinese ancestries^{7,8} reported variants in MHC 366 367 significantly associated with schizophrenia (rs115070292 and rs111782145 respectively, with very weak LD with each other: R^2 =0.07), which are different and not in LD with the EUR MHC 368 associations. rs115070292, from Yu et al.⁷, is more frequent in EAS (12%) than in EUR (2%) 369 370 with $P = 10^{-9}$ using 4,384 cases and 5,770 controls of Chinese ancestry. This variant was not 371 significantly associated in our study (P = 0.44) even though some samples of the Chinese 372 studies were included in the current study (BJM-1, 1,312 cases and 1,987 controls). OR 373 estimated from these shared samples marginally differs from that estimated using all EAS 374 samples (P=0.018), and this association showed marginally significant heterogeneity across all EAS samples (P=0.039). Similarly, we did not replicate the association at rs111782145 from Li et al.⁸ (P = 0.47) despite of the sample overlap (2,555 cases and 3,952 controls). Further investigation with more samples is needed to delineate MHC associations in EAS and Chinese.

378 Genetic associations usually implicate a large genomic region and thus it can be 379 challenging to map their molecular functions. We designed a novel algorithm to leverage the 380 population diversity to fine-map schizophrenia associations to precise sets of variants. Using 381 this algorithm we reduced the number of candidate variants associated with schizophrenia and

- 382 facilitated the functional interpretation of these associations. Our algorithm assumed that there
- is a single causal variant in a genetic locus associated with schizophrenia. Previous fine-
- mapping studies^{38,59} have confirmed that this assumption is valid for most genetic loci
- 385 associated with complex disorders.
- 386 Finally, this large-scale EAS sample allowed us to empirically evaluate the congruence

387 of the genetic basis of schizophrenia between EAS and EUR. In spite of a cross-population

388 genetic correlation indistinguishable from 1, we found that polygenic risk models trained in one

389 population have reduced performance in the other population due to different allele frequency

distributions and LD structures. This highlights the importance of including all major ancestral

391 groups in genomic studies both as a strategy to improve power to find disease associations and

to ensure the findings have maximum relevance for all populations.

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- 531

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577 Author contribution

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591

592 Author information

The study protocols were approved by the institutional review board at each center involved with

- recruitment. Informed consent and permission to share the data were obtained from all subjects,
- in compliance with the guidelines specified by the recruiting centre's institutional review board.
- 596 Samples that were recruited in mainland China were processed and analyzed in a Chinese
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Figure 1 | Genetic associations in East Asian populations. Horizontal line indicates the
 genome-wide significance threshold. a, Manhattan plot for schizophrenia genetic associations
 using East Asian samples (Stages 1 and 2). b, Regional association plot for a locus associated
 with schizophrenia using EAS Stage 1 samples.



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Figure 2 | Schizophrenia associations in EUR and EAS samples. a, Log odds ratio of top

610 schizophrenia associations estimated in EUR and EAS samples. Error bars indicate 95%

611 confidence interval. Dashed line indicates the diagonal line, and the solid line indicates the

612 regression line with intercept at 0. **b**, Manhattan plot for the schizophrenia genetic associations

- 613 from the EAS (Stages 1 and 2) + EUR meta-analysis.
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617 Figure 3 | Trans-ethnicity fine-mapping maps improves resolution. a, an association was

618 mapped to a single variant (rs11587347) after adding EAS samples and using the trans-

619 ancestry fine-mapping approach. Regional association plots were generated using

- 620 <u>http://locuszoom.org/</u> and LD from 1000 Genomes Project Phase 3 EUR subjects. **b**, LD with
- the lead variant (rs11587347). Red: perfect LD ($R^2=1$); white: no LD ($R^2=0$). **c**, The lead variant
- 622 (rs11587347) has strong association significance in both populations and low heterogeneity

623 across populations. **d**, Number of variants in the 95% credible set using the trans-ancestry

624 (EAS+EUR) and publish fine-mapping approaches (EUR only).



- 632 with a *P*-value more significant than the threshold. **b**, Case/control variance explained by the *n*
- 633 most significant independent variants.

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				Stage 1		Stage 2		Combined	
SNP	Chr	BP	AL	Р	OR	Р	OR	Р	OR
rs4660761	1	44440146	A/G	3.6E-06	0.91	3.53E-04	0.92	5.08E-09	0.91
rs848293	2	58382490	A/G	3.7E-10	0.90	3.10E-09	0.87	9.87E-18	0.89
rs17592552	2	201176071	T/C	8.4E-10	0.86	2.68E-05	0.89	1.50E-13	0.88
rs2073499	3	50374293	A/G	1.1E-09	0.89	2.14E-05	0.91	1.33E-13	0.90
rs76442143	3	51043599	T/C	6.9E-09	1.14	1.03E-02	1.08	6.40E-10	1.12
rs10935182	3	136137422	A/G	1.3E-06	0.90	1.33E-04	0.90	7.08E-10	0.90
rs4856763	3	161831675	A/G	3.9E-06	0.92	8.54E-06	0.91	1.73E-10	0.92
rs13096176	3	180752138	T/C	3.1E-07	0.88	2.21E-03	0.90	3.35E-09	0.89
rs6832165	4	24270210	C/G	3.7E-08	1.12	3.70E-01	1.08	2.79E-08	1.12
rs13142920	4	176728614	A/C	9.5E-05	0.93	5.85E-06	0.89	4.85E-09	0.92
rs4479913	6	165075210	A/G	3.6E-07	1.13	9.98E-05	1.12	1.53E-10	1.12
rs320696	7	137047137	A/C	5.5E-08	0.90	1.07E-02	0.93	2.81E-09	0.91
rs11986274	8	38259481	T/C	5.1E-04	1.07	2.73E-06	1.11	1.44E-08	1.08
rs2612614	8	65310836	A/G	2.2E-08	1.14	4.51E-02	1.06	1.62E-08	1.11
rs4147157	10	104536360	A/G	6.6E-10	0.90	3.87E-07	0.89	1.32E-15	0.89
rs10861879	12	108609634	A/G	4.8E-07	1.09	5.00E-03	1.07	1.18E-08	1.08
rs1984658	12	123483426	A/G	5.1E-11	0.89	2.14E-04	0.92	8.62E-14	0.90
rs9567393	13	32763757	A/G	3.5E-08	1.11	4.37E-03	1.07	1.13E-09	1.09
rs9890128	17	1273646	T/C	3.5E-08	0.90	2.44E-02	0.91	2.61E-09	0.90
rs11665111	18	77622996	T/C	5.2E-06	1.08	6.89E-04	1.09	1.46E-08	1.09
rs55642704	18	77688124	T/C	1.1E-06	1.09	7.11E-06	1.10	3.76E-11	1.09

635

636 **Table 1**. Genome-wide significant loci in the East Asian populations. BP: genomic position in

637 HG19. AL: Reference and non-reference alleles, OR: Odds-ratio, P: *P*-value.

638

639 METHODS

640 Overview of samples

641 The following samples were used in this study:

642 EAS samples, full-genome: genome-wide genotype data was obtained from 16 EAS 643 samples from Singapore, Japan, Indonesia, Korea, Hong Kong, Taiwan, and mainland China 644 (Extended Data Table 1). Two of these samples (TAI-1 and TAI-2) had parents off-spring trios, 645 and were processed as case/pseudo-controls. DSM-IV was used for diagnosing all 646 schizophrenia cases in these samples except for the tros (TAI-1 and TAI-2), for which DIGS was 647 used. All samples were processed according to quality control (QC) procedures reported in ref 648 2, with details reported in following sections. After QC, genotypes were phased and imputed against the 1000 Genomes Project Phase 3 reference panel⁶. Principal component analysis 649 650 (PCA) was conducted across samples via imputed best guess genotypes to identify and remove 651 overlapping samples across datasets, cryptic related samples and population outliers. Eight 652 principal components (PCs) that are associated to the case-control status were included in 653 univariate logistic regression to control for the population stratification in each sample.

EAS samples, selected variants: summary statistics was obtained for a set of variants from four EAS samples (BJM-2, BJM-3, BJM-4, BIX-5) which had been analyzed in published studies^{7,8}. The summary statistics included odds ratio, standard error, reference and tested alleles for variants that have $P < 10^{-5}$ in either Stage 1 or the meta-analysis combining Stage 1 and EUR samples. Between 22,156 and 31,626 variants were available after the exclusion of strand ambiguous⁶⁰ variants (Supplementary Table 1).

EUR samples: Genotypes for EUR schizophrenia patients and controls were obtained
 from the Psychiatric Genomics Consortium as reported in ref 2. All samples of EUR ancestry
 were included in this study except for the deCODE samples (1,513 cases and 66,236 controls).
 We also like to note that three samples of EAS ancestry reported in this publication were not
 included in the EUR samples in our analysis but were included in the EAS samples (IMH-1,
 HNK-1 and JPN-1). The same procedures used in processing EAS samples were applied to the
 EUR samples.

667

668 Quality control

669 Quality control procedures were carried out as part of the RICOPILI pipeline

670 (https://sites.google.com/a/broadinstitute.org/ricopili/home) with the following steps and

- parameters: 1) Excluding variants with call rate below 95%; 2) Excluding subjects with call rate
- below 98%; 3) Excluding monomorphic variants; 4) Excluding subjects with inbred coefficient

above 0.2 and below -0.2; 5) Excluding subjects with mismatch in reported gender and

- 674 chromosome X computed gender; 6) Excluding variants with missing rate differences greater
- than 2% between cases and controls; 7) Subsequent to step 6, exclude variants with call rate
- below 98%; and 8) Exclude variants in violation of Hardy-Weinberg equilibrium ($P < 10^{-6}$ for
- 677 controls or $P < 10^{-10}$ for cases). Numbers of variants or subjects removed in each step were
- 678 reported in Supplementary Table 1.
- 679

680 Phasing and imputation

- 681 All datasets were phased using SHAPEIT⁶¹ and IMPUTE2⁶² using regular steps and
- 682 parameters. Additional processing for trios (TAI-1 and TAI-2) was carried out such that
- 683 case/pseudo-controls were identified and imputed. All samples were imputed to the 1000
- 684 Genomes Project Phase 3 reference panel⁶³ (2504 subjects, including 504 EAS subjects).
- 685 Imputation procedures resulted in dosage files and best guess genotypes in PLINK⁶⁴ binary
- 686 format. The former was used for subsequent association analysis and the latter was used in the
- 687 PCA and PRS analyses.
- 688

689 Sample overlaps, population outliers and population stratification

- We used Eigenstrat⁶⁵ to calculate the principal components for all the samples using the best 690 691 auess genotypes from imputation (Extended Data Figure 9b). We computed the identity-by-692 descent matrix to identify intra- and inter- dataset sample overlaps. Samples with pi-hat > 0.2 693 were extracted, followed by Fisher-Yates shuffle on all samples. The number of times with 694 which each sample was related to another sample was tracked and samples that were related 695 to more than 25 samples were removed. When deciding which samples to retain, trio were 696 preferred, followed by cases, and thereafter a random sample for each related pair was 697 removed, 704 individuals were removed.
- To identify population outliers, k-means clustering was conducted using the first 20 PCs from PCA and covariates representing each of the 13 Stage 1 samples. Guided by results of kmeans clustering and visual inspection of PCA plots, 46 individuals were identified as outliers and were excluded. Further population-level inspection was carried out by merging the 1000 Genomes Project Phase 1 reference samples with Stage 1 samples and conducting PCA (Extended Data Figure 9a). Using similar approaches reported above, no further samples were excluded as population outliers.

- 705Eight PCs that are associated with case/control status with P < 0.2 were used as706covariates for association analysis in each sample (PCs 1, 4, 5, 6, 8, 9, 15, and 19). QQ plots707(Extended Data Figure 1) showed that the population structure has been well controlled.
- 708

709 Association analysis and meta-analysis

- Association analysis was carried out for each sample using PLINK⁶⁴ and genotype dosage from
- imputation. Only variants having imputation INFO \ge 0.6 and MAF \ge 1% were included in the
- analysis. We performed logistic regression with PCs identified in the prior subsection as
- 713 covariates to control for population stratification within each study. Fixed-effect meta-analysis⁶⁶,
- veighted by inverse-variance, was then used to combine the association results across
- samples. Meta-analysis for European samples were conducted in the same matter. In order to
- 716 find independent schizophrenia associations in both EUR and EAS populations (Supplementary
- Table 4), we performed LD clumping twice using the 1000 Genomes Project Phase 3 EUR and
- 718 EAS reference panels respectively (with default parameters in RICOPILI).
- 719

720 Chromosome X analysis

- 721 Chromosome X genotypes were processed separately from autosomal variants. Quality control 722 was conducted separately for males and females, using similar quality control parameters as 723 above. Cases and pseudo-controls were built out of the trios. Phasing and imputation were then 724 performed on males and females separately for each sample, followed by logistic regression 725 with the same PCs, and meta-analysis combining samples (same parameters as the autosomal 726 analyses). Results were generated for EAS Stage 1 samples and EUR-EAS combined samples 727 (excluding BIX1, BIX2 and BIX3). EAS Stage 2, BIX1, BIX2 and BIX3 samples do not have 728 chromosome X data and were therefore not analyzed.
- 729

730 Genetic correlation and heritability

Schizophrenia heritabilities in the observed scale for samples of EUR and EAS ancestry were estimated from their summary statistics using the LDSC²¹. We converted the heritabilities in the observed scale to liability scale assuming the schizophrenia population prevalence at 1%. The LD scores were pre-computed from the 1000 Genomes Project Phase 3 reference panel in EUR and EAS respectively (<u>https://github.com/bulik/ldsc</u>). Only autosomal variants having MAF greater than 5% in their respective population were included in the analysis, and variants in the

737 MHC region were not included due to the long range LD.

738 We computed the genetic correlations between schizophrenia and other traits within 739 EUR and across EUR and EAS. EUR and EAS (Stage 1 only) summary statistics for autosomal 740 variants from this study were used as schizophrenia genetic association inputs for their respective populations. Traits tested included schizophrenia², bipolar⁶⁷, major depression⁶⁸, 741 742 anorexia nervosa⁶⁹, neuroticism⁷⁰, autism spectrum disorder (PGC 2015 release), attention 743 deficit hyperactivity disorder (with samples of non-European ancestry removed, available at http://www.med.unc.edu/pgc)⁷¹, education attainment⁷², general intelligence⁷³, fluid intelligence 744 score and prospective memory result (using individuals from UK Biobank), and subjective well 745 746 being (SWB)⁷⁰. Only variants having MAF greater than 5% were available and included. 747 Variants in the MHC region were excluded from the analysis. Genetic correlations within EUR 748 were computed using LDSC with LD scores pre-computed on the 1000 Genomes Project Phase 749 3 reference panel (503 EUR subjects). Genetic correlations across EUR and EAS were computed using POPCORN²⁷. POPCORN uses a Bayesian approach which assumes that 750 751 genotypes are drawn separately from each population and effect sizes follow the infinitesimal 752 model. The inflation of z scores could then be modelled and a weighted likelihood function 753 which was maximized to find heritability and genetic correlation. Genetic correlations in 754 POPCORN were computed in the "genetic effect" mode, which estimates the correlation based 755 on the LD covariance scores and effect sizes from summary statistics.

756

757 Partitioned heritability

Partitioned LDSC³² was conducted to look for heritability enrichment in diverse annotations 758 759 using EAS (Stage 1) and EUR autosomal variants (summary statistics) respectively. LD scores for each annotation were computed using a combination of PLINK⁶⁴ and LDSC²¹ using the 1000 760 Genomes Project EAS and EUR subjects respectively. We used baseline annotations³² and 761 762 additional annotations including chromatin accessibility in brain dorso-lateral prefrontal cortex 763 through the Assay for Transposase-Accessible Chromatin using sequencing peaks (ATAC 764 Bryois)³³, conserved regions located in "ATAC Bryois" (ATAC Bryois & Conserved LindbladToh)³³, and introgressed regions from Neanderthal (Neanderthal Vernot)⁷⁴. Variants 765 766 can be included in multiple annotations. Multi-allelic variants were removed.

767

768 Gene-set analysis

769 We performed gene and gene-set based tests using MAGMA³⁵. Genome-wide summary

- statistics for autosomal variants from EAS, EUR and EAS+EUR meta-analyses were used in
- this analysis. Variant-to-gene annotation was performed using RefSeq NCBI37.3 with a window

772 of 5 Kb upstream and 1.5 Kb downstream. LD was taken from 1000 Genomes Project EAS, 773 EUR and EUR-EAS panels respectively. The gene-based *P*-values were computed using *F*-test 774 and multivariate linear model, and competitive tests were used for gene-set analysis. Seventy 775 gene-sets were selected and tested in this study (Supplementary Table 7) including those from 776 the Molecular Signatures Database databases⁷⁵, related to psychiatric diseases^{36,76,77} and from 777 'gwaspipeline' (https://github.com/freeseek/gwaspipeline/blob/master/makegenes.sh). Gene-778 sets were ranked for EUR, EAS and EAS+EUR analyses respectively. The top ranking gene-779 sets were compared across analyses to identify common schizophrenia pathways. Additionally, 780 Wilcoxon sign rank tests was conducted to compare the ranking of gene-sets between the EUR 781 and EAS datasets.

782

783 Natural selection analysis

784 We used the CHB and CEU panels from the 1000 Genomes Project Phase 3 to investigate the 785 natural selection signatures in schizophrenia-associated loci for EAS and EUR populations 786 respectively. We used the following selection signatures, with their sensitivity to timeframes 787 discussed in ref 3. *integrated Haplotype Score (iHS)*: iHS captures the haplotype homozygosity at a given variant. We calculated iHS using the R rehh package⁷⁸. Genetic distance between 788 789 variants was determined using HapMap phase II genetic map. Ancestral and derived alleles 790 were obtained from the 1000 Genome project, which inferred the ancestral state using six 791 primates on the EPO (Enredo-Pecan-Ortheus) pipeline. Only bi-allelic variants that have MAF ≥ 792 5% were included in the analysis. Cross Population Extended Haplotype Homozygosity 793 (XPEHH)⁷⁹: XPEHH detects variants under selection in one population but not the other. We 794 used CEU as the reference panel when calculating XPEHH for CHB and vice versa. Fixation 795 index (Fst): Fst measures the population differentiation due to genetic structure. We estimated *Fst* using the Weir and Cockerham approach⁸⁰, which is robust to sample size effects. *Absolute* 796 797 derived allele frequency difference ([\DAF]): [\DAF] measures population differentiation 798 between CHB and CEU populations. *Composite of Multiple signals (CMS)*^{81–83}: CMS combines iHS, XPEHH, Fst and |ΔDAF|. As a result, CMS potentially has better power to detect the 799

$$CMS = \prod_{i=1}^{n} p_i$$

800 selection signature. For each variant, i=1, in which p_i is the rank of the variant using 801 method *i*, sorted by increasing *P*-values, divided by the total number of variants. *B statistic:* B 802 statistic measures the background selection. We calculated the B statistic as in ref 84. 803

804 Trans-ethnicity fine-mapping

For a disease-associated genetic locus, fine-mapping defines a "credible set" of variants that
contains the causal variant with certain probability (e.g., 99% or 95%). The Bayesian finemapping approaches^{2,38,85,86} have been widely used for studies of a single ancestry. Here, we
extended a Bayesian fine-mapping approach⁸⁵ (Defining credible sets, Methods) to studies of
more than one ancestry.

Assume *D* represents the data including the genotype matrix *X* for all the *P* variants and disease status *Y* for *N* individuals, and β represents a collection of model parameters. We define the model, denoted by *A*, as the causal status for the *P* variants in locus: $A \equiv \{a_j\}$, in which a_j is the causal status for variant *j*. $a_j = 1$ if the variant *j* is causal, and $a_j = 0$ if it is not. We assume that there is one and only one genuine signal for each locus, and the causal variant is the same across all ancestries; therefore, one and only one of the *P* variants is causal:

816 $\sum_{j} a_{j} = 1$. For convenience, we define A_{j} as the model in which only variant j is causal, and 817 A_{0} as the model in which no variant is causal (null model). The probability of model A_{j} (where 818 variant j is the only causal variant in the locus) given the data (D) can be calculated using 819 Bayes's rule:

820

 $\Pr(A_j|D) = \Pr(D|A_j) \frac{\Pr(A_j)}{\Pr(D)}$

821 With the steepest descent approximation, the assumption of a flat prior on the model 822 parameters (β), and the assumption of one causal variant per locus (equation 2 in ref 85), 823 $\Pr(A_j|D)$ can be approximated as:

824

$$\Pr(A_j|D) \approx \Pr(D|A_j, \hat{\beta}_j) N^{-1/2} \frac{\Pr(A_j)}{\Pr(D)}, \tag{1}$$

in which *N* is the sample size. We denote χ_j^2 as the χ^2 test statistic for variant j, which can be calculated from the *P*-value from the meta-analysis combining EAS and EUR samples. Using equation 3 in ref 85, we have

828
$$\Pr(D|A_j, \hat{\beta}_j) \approx \exp(\frac{\chi_j^2}{2}) \Pr(D|A_0, \hat{\beta}_0)$$
(2)

Pr(A_j) is the prior probability that variant j is causal. We have shown that schizophrenia causal variants have consistent genetic effect across populations. Therefore we model the prior probability as a function of the heterogeneity measured in I^2 :

832
$$\Pr(A_j) = 1 - I_{j}^2$$
 (3)

Using equations 2 and 3, $\Pr(A_j|D)$ in equation 1 can be calculated as

$$\Pr(A_j|D) pprox \exp(rac{\chi_j^2}{2})(1-I_j^2)rac{N^{-1/2}}{\Pr(D)}\Pr(D|A_0,\hat{eta}_0)$$

834

We only use Stage 1 samples in fine-mapping so the variants have the same sample size (assuming all variants have good imputation quality). Therefore, $N^{-1/2}$, $\Pr(D)$ and $\Pr(D|A_0, \hat{\beta}_0)$ can be regarded as constants,

$$\Pr(A_j|D) \propto \exp(rac{\chi_j^2}{2})(1-I_j^2)$$

839 The normalized causal probability for variant j is then

$$P(A_j) = \Pr(A_j|D) / \sum_k \Pr(A_k|D)$$

840 841

838

1 and the 95% credit set of variants is defined as the smallest set of variants, S, such that

$$\sum_{A_j \in S} P(A_j) \ge 95\%$$

842 843

844 **Polygenic risk score analysis**

845 We constructed PRS using a pruning and thresholding approach in a study set of EAS

846 individuals with training summary statistics from either EUR or EAS individuals. In the former

case, we used summary statistics from all EUR individuals in this study; in the latter case, we

used a leave-one-out meta-analysis approach across the 13 Stage 1 samples to build PRS.

849 For the EUR training data, we extracted EUR individuals (FIN, GBR, CEU, IBS, TSI) 850 from 1000 Genomes Project⁶³ Phase 3 as an LD reference panel to greedily clump variants. For 851 the EAS LD reference panel, we created two panels: 1) an analogous EAS panel (CDX, CHB, 852 CHS, JPT, KHV) from 1000 Genome Project⁶³ Phase 3 (Fig. 4 and Extended Data Fig. c and d), 853 and 2) an LD panel from best guess genotypes from each cohort in the study (Extended Data 854 Fig. a,b,e,f). For both EAS and EUR prediction sets, we filtered to variants with a MAF greater 855 than 1% in each respective populations, and removed indels and strand ambiguous variants. 856 We subset each list of variants to those in the summary statistics with an imputation INFO > 0.9. 857 We then selected approximately independent loci at varying P-value thresholds or top-ranking nvariants using an LD threshold of $R^2 \le 0.1$ in a window of 500 kilobase pairs in PLINK⁶⁴ with the 858 --clump flag. We treated the MHC with additional caution to minimize overfitting in this region, 859 860 selecting only the most significant variant from the HLA region. To profile variants, we multiplied 861 the log odds ratio for selected variants by genotypes and summed these values across the

- 862 genome in PLINK⁶⁴ using the --score flag for each of the 13 EAS Stage 1 samples. We
- 863 assessed case/control variance explained by computing Nagelkerke's and a liability-scale

- 864 pseudo- R^2 as in Lee *et al.*⁸⁷ by comparing a full model with the PRS and 10 principal
- 865 components with a model excluding the PRS.
- 866

867 Data availability

- 868 Summary statistics from this study can be downloaded from
- 869 https://personal.broadinstitute.org/hhuang/PGC_SCZ_EAS/. Raw genotype data that support
- the findings of this study are available from the Psychiatric Genomics Consortium but
- restrictions apply to the availability of these data, which were used under licence for the current
- study, and so are not publicly available. Data are, however, available from the corresponding
- authors upon reasonable request and with the permission of the Psychiatric Genomics
- 874 Consortium.
- 875

876 Code availability

- 877 Computer code used to perform QC, PCA, imputation, association test and meta-analysis can
- 878 be downloaded from <u>https://github.com/Nealelab/ricopili/wiki</u>. Code for other analyses is
- 879 available upon request.
- 880
- 881

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Extended Data Figure 1. Quantile-quantile (QQ) plots. QQ plots for each EAS stage-1 samples (**a-m**) and meta-analyses including all EAS Stage 1 samples (**n**), Stages 1 and 2 samples (**o**) and all EUR and EAS (Stages 1 and 2) samples (**p**).Blue line indicates the expected null distribution, and the shaded area indicates the 95% confidence interval of the null distribution. Legend: "lambda"=genomic inflation factor; "lamda1000"=genomic inflation factor for an equivalent study of 1000 cases and 1000 controls; and "N(pvals)"=number of variants used in the plot. Autosomal variants that have minor allele frequency $\ge 1\%$ and INFO ≥ 0.6 from imputation were included. Observed *P*-values were capped at 10⁻¹² for visualization purpose.



Enrichment -log₁₀(pvalue)
 Extended Data Figure 2 | Heritability and genetic correlation. a, Heritability (h²) for the EAS and EUR samples. b, Genetic correlation between schizophrenia and other traits within EUR (blue) and across

13 EAS and EUR (red). Error bars indicate the 95% confidence interval. **c**, Enrichment and its corresponding

14 significance for heritability partitioned based on various annotations. **d**, Scatterplot showing the

enrichment versus the significance for heritability partitioned based on various annotations. More details are available in Methods.



b

a

Top 10 EUR and EAS Pathways

			EAS+EUR	EUR	EAS
$EAS \cap EUR$	9	PGC_SCZ_P10-4	101.39	112.54	6.05
		RBFOX1_RBFOX3	19.13	14.48	4.87
		POTENTIALLY_SYNAPTIC_ALL	17.20	11.90	4.44
		PLI09	14.60	11.75	3.96
		RBFOX2	14.09	12.45	3.37
		CHD8_HNSC	12.02	11.06	3.83
		FMRP	13.58	10.45	2.52
		CELF4	10.58	7.13	2.87
		CHD8_HNSC+HUMAN_BRAIN	7.44	6.83	2.32
EUR	1	CONSTRAINED	6.88	7.68	1.01
EAS	1	MIR-137	3.47	2.62	2.31

Extended Data Figure 3 | Gene-sets implicated by schizophrenia genetic associations. a, Overlap

of implicated gene-sets across EUR and EAS samples. b, List of the top 10 gene-sets implicated in the

17 18 19 20 EAS and EUR samples and their *P*-values in -log₁₀ scale. Descriptions of the gene-sets are available in Supplementary Table 8. 21

CELF4										
FMRP										
CHD8_HNSC										
										EAS
PLI09										EUR
POTENTIALLY_SYNAPTIC_ALL										
RBFOX2										
RBFOX1_RBFOX3										
	0	2	4	6	8	10	12	14	16	





22 23 24 25 26 Extended Data Figure 4 | Natural selection signals in EAS and EUR. a, Distributions of natural selection signals in the top 100 schizophrenia associations in EAS (red) and EUR (blue). b, Scatterplot of Fst versus the heterogeneity of effect size for schizophrenia associations. More details are available in

Methods.



Extended Data Figure 5 | Trans-ethnicity fine-mapping. Illustration of the fine-mapping method.



EUR

EAS

Extended Data Figure 6 | Variance explained for schizophrenia associations across EUR and EAS
 samples. Genome-wide significant associations that have variance explained greater than 0.05% in
 either EAS or EUR samples were plotted. One locus can host multiple independent associations.
 Different MAF is defined as *Fst*>0.01, and different OR is defined as heterogeneity test *P*-value < 0.05
 after bonferroni correction. Nearest genes to the associations were used as labels for associations when
 the text space is available, with the exception that the MHC locus was labeled as "MHC".



 P-value threshold
 Number of SNPs in PRS
 Extended Data Figure 7 | Genetic risk prediction accuracy in EAS from EAS or EUR training data.
 As in Fig. 4, PRS shows case/control variance explained with EUR and EAS samples using a leave-oneout meta-analysis approach for the EAS samples. Error bars indicate the 95% confidence intervals. a,b)
 Liability-scale variance explained when LD panel for clumping is from EUR 1000 Genomes Phase 3
 samples and best-guess genotypes are from each EAS cohort. c,d) Nagelkerke's *R*² for EAS prediction
 accuracy when LD panel for clumping is from EUR and EAS 1000 Genomes Phase 3 samples. E-F)
 Nagelkerke's *R*² for EAS prediction accuracy when LD panel for clumping is from EUR 1000 Genomes



45 46

Extended Data Figure 8 | Ratio of the heterozygote rate in EAS to that in EUR for existing and new

loci. Het(EAS) and Het(EUR), calculated as 2f(1 - f), are the heterozygote rates for a variant in EAS 47

48 and EUR respectively, in which f is the variant allele frequency in EAS or EUR. Power to identify genetic

49 associations increases with the expected non-centrality parameter for the association, which is 50 proportional to the heterozygote rate. Therefore we use the ratio of the heterozygote rate in EAS to that in

EUR as a measure of the relative power to identify genetic association of the same effect size in the two

populations. A ratio greater than 1 means EAS samples have more power to identify the association and

vice versa. Existing loci are those that are genome-wide significant in the previous study of European

51 52 53 54 ancestry², and new loci are those that are genome-wide significant just in this study combining EAS and

55 EUR samples.



56 57 58 59

Extended Data Figure 9 | Principal component analysis of EAS samples. a, EAS samples mapped to
 the global principal components created using 1000 Genomes Project Phase 1 samples. b, EAS cases

and controls mapped respectively to principal components created using all EAS samples in this study.

60 Extended Data Table 1 | Overview of samples and variants 61 a) Sample characteristics

Study	Case	Control	Chip	Design	Region	Raw data	Stage	X chr.
IMH-1	856	946	I_1M	CC	Singapore	Y	1	Y
IMH-2	766	913	I_OZH	CC	Singapore	Y	1	Y
HNK-1	476	2018	I_610	CC	Hong Kong	Y	1	Y
JPN-1	547	540	A_SNP5.0	CC	Japan	Y	1	Y
BIX-1	1045	2272	A_SNP6.0	CC	Mainland China	Y	1	Ν
BIX-2	1021	1001	A_SNP6.0	CC	Mainland China	Y	1	Ν
BIX-3	489	679	A_SNP6.0	CC	Mainland China	Y	1	Ν
XJU-1	1846	947	I_OZH	CC	Mainland China	Y	1	Y
UMC-1	2260	2241	I_Psyc	CC	Mainland China	Y	1	Y
UWA-1	988	1001	I_Psyc	CC	Indonesia	Y	1	Y
BJM-1	1312	1987	I_OZH	CC	Mainland China	Y	1	Y
TAI-1	1109	1109	I_Psyc	TRIO	Taiwan	Y	1	Y
TAI-2	590	590	I_Psyc	TRIO	Taiwan	Y	1	Y
KOR-1	687	492	A_KB	CC	Korea	Y	2	Ν
SIX-1	192	47	I_Psyc	CC	Mainland China	Y	2	Ν
BIX-4	399	478	I_GSA	CC	Mainland China	Y	2	Ν
BJM-2	746	1599	I_610	CC	Mainland China	Ν	2	Ν
BJM-3	1595	1447	I_660W	CC	Mainland China	Ν	2	Ν
BJM-4	710	680	I_OZH	CC	Mainland China	Ν	2	Ν
BIX-5	5144	14375	A_SNP6.0, A_CHB1, I_1M	СС	Mainland China	Ν	2	Ν
Total	22,778	35,362						

62 b) Meta-analysis summary

	EAS Stage 1	EAS Stages 1&2	EUR	EAS Stages 1&2 + EUR
N cases	13,305	22,778	33,640	56,418
N controls	16,244	35,362	43,456	78,818
N cases + controls	29,549	58,140	77,096	135,236
N variants (autosomes)	9,657,549	9,607,215	9,699,101	12,064,345
N variants (x chr.)	331,372	331,372	331,138	383,603
λ	1.145	1.133	1.471	1.350
λ 1000	1.010	1.005	1.012	1.005
N associations	8	21	116	208
N associated loci	7	19	102	176

63a, EAS samples used in this study. Details can be found in Supplementary Information. Sample numbers are post-64QC. Chip: I_1M: Human1M-Duo v3.0 DNA Analysis BeadChip; I_OZH: Illumina Infinium OmniZhongHua-8; I_610:65Human610-Quad BeadChip; I_Psyc: Illumina Infinium PsychArray-24; A_SNP6.0: Genome-Wide Human SNP Array6660; A_SNP5.0: Genome-Wide Human SNP Array 5.0; A_KB: Affy Korean Biobank chip; A_CHB1: Affy Axiom CHB167chip; I_GSA: Illumina Infinium Global Screening Array. All chips have genome-wide coverage. Design: study design,68either case-control (CC) or trio (TRIO). Raw data: whether individual-level genotypes were available and used in this69study. X chr.: whether the X chromosome genotypes were available and used. b, Summary of samples and variants70in this study. λ is the genomic inflation factor using postQC and imputation autosomal variants with MAF cut-off of 1%71and imputation INFO cut-off of 0.6. λ_1000 is the genomic inflation factor for an equivalent study of 1000 cases and73MAF≥1%, broken down to autosomes and X chromosomes respectively.