Single-stage Total Cranial Vault Remodeling for Correction of Turricephaly

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Single-stage total cranial vault remodeling for correction of turriccephaly:

Description of a new technique

S. Alex Rottgers MD
Ingrid Ganske, MD MPA
Isabelle Citron, BmBCH
Mark Proctor, MD
John G Meara, MD DMD MBA

1- Pediatric Plastic and Reconstructive Surgery, Johns Hopkins All Children’s Hospital
2- Department of Plastic and Oral Surgery, Boston Children’s Hospital

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Corresponding Author:
Isabelle Citron - Isabelle.Citron@gmail.com

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Abstract

Background

Turricephaly is considered one of the most difficult cranial deformities to correct as addressing cranial height can result in increased intracranial pressure. We describe a new technique of total calvarial remodeling with bony transposition to simultaneously correct turricephaly and brachycephaly whilst preserving intracranial volume.

Methods

A retrospective review of patients undergoing single-stage cranial vault remodeling by a single surgeon (JGM) at a single centre between 2007 and 2015, was performed.

The procedure consists of a frontal bandeau followed by a 1cm 360° axial strip craniectomy. The strip is then rotated 90 degrees into a coronal orientation and interposed between fronto-parietal and parito-occipital segments. Modification for occipital widening can also be performed.

Results

Six patients with turribrachycephaly underwent the procedure over the 8 year period. Four patients were operated at less than one year of age, one patient
underwent surgery at 2 years and one at 9 years. Mean operative time was 4 hours and mean transfusion was 300cc. There were no major complications. Mean cranial height reduction achieved was 1.6 cm (range 1.0-2.0cm) and mean anterior-posterior expansion was 3.4cm (range 2.3-4.5cm). Patients also showed improvement in supraorbital retrusion.

**Conclusion**

Single-stage cranial vault remodeling with axial strip craniectomy and coronal interposition is safe and allows for simultaneous correction of turricephaly and brachycephaly whilst preserving intracranial volume.
Introduction

Turricephaly/turribrachycephaly, or abnormal cranial height, is considered one of the most difficult cranial deformities to correct. Abnormal height of the skull is a phenotypic dysmorphology that can result from numerous syndromes and different patterns of suture fusion.\(^1\) Turricephaly is seen with bilateral coronal craniosynostosis, Kleeblattschädel, and oxycephaly, as all include a component of increased vertical height of the skull, usually with associated brachycephaly; as a result, the term turribrachycephaly is commonly used when both phenotypes are present. Some surgical procedures such as those pioneered by Marchac, focus on increasing cranial volumes and normalizing fronto-orbital aesthetics without addressing the excess height.\(^2\) Other techniques attempt to modestly lower the cranial vertex height without addressing the brachycephaly. These partial approaches are due in part to the perceived difficulty in addressing both the excess height (turricephaly) and anteroposterior deficiency (brachycephaly) in a single procedure.

It is generally accepted that the best way to address turricephaly is to prevent its development by relieving intracranial constriction early and thus mitigating the forces driving vertical growth.\(^3\) This has motivated the utilization of early posterior vault distraction to treat bilateral coronal synostosis.\(^4\)–\(^8\) However, not all turricephaly can be avoided, as some disease phenotypes are not amenable to preventative surgery and some patients present after the development of turricephaly.
The senior author has routinely utilized the Melbourne technique of total calvarial vault remodeling to treat sagittal craniosynostosis. In this procedure, a coronal strip of bone is removed from the parietal region, rotated 90 degrees, and is transposed to the occiput. This relocated segment decreases the cranial length of the scaphocephalic skull and elevates the occiput to correct the bathrocephaly component of the anomaly. A similar concept of bony transposition, in reverse orientation, can be used to decrease the vertical height of the cranium and increase its anterior-posterior length. In this manuscript, we report a new technique of total calvarial vault remodeling employing this concept to correct turribrachycephaly.
Procedure

Pre-operative preparation, indications and patient selection

All patients have a comprehensive pre-operative work up including neurological examination, CT scan, anesthesia evaluation, ophthalmologic assessment and are seen in a joint plastic and neurosurgery clinic. Indications for this procedure are turriencephaly and brachycephaly and morphologic abnormality with or without raised intracranial pressure, not suitable for prophylactic early endoscopic suture release. The aims of the surgery can be; (1) cosmetic: improved cranial morphology (2) functional: improved ocular protection (3) Neurological: reduction of raised intracranial pressure. The procedure is best performed after the age of 8-9 months to ensure adequate bone strength for a secure fixation. A patient-specific intra-operative plan is developed for each patient based on their unique morphology. In one patient, a 3-dimensional model was made and marked with dental tape to assess optimal procedure dimensions.

Intra-operative

The following paragraph gives a description of the principles of the technique, however patient specific adaptation to each dimension can be made for each unique patient. After completion of a bilateral coronal incision and elevation of anterior and posterior scalp flaps, a standard 1.0-1.5cm frontal bandeau is designed (Figure 1.1). Above the bandeau, a 1-2cm wide axially oriented strip craniectomy is designed to remove 180 degrees of the calvarial circumference. This is continued posteriorly as an occipital strip craniectomy of identical width. A fronto-parietal and parieto-
occipital craniotomy are designed so that the entire calvarium is removed in five pieces including the fronto-parietal segment, parieto-occipital segment, anterior strip craniectomy, posterior strip craniectomy, and frontal bandage. The exact dimensions of the strip are decided empirically by the plastic surgery and neurosurgery team based on individual patient morphology and the amount of AP lengthening desired. Consideration is also given to the downward pressure on the brain that will result with a given strip width and downward displacement of the calvarial bone.

The axially oriented strip craniectomies are rotated 90 degrees into a coronal orientation (Figure 1.2). These segments are interposed between the fronto-parietal and parieto-occipital segments so that the cranial height is decreased by a distance corresponding to their width and the cranial length is increased by the combined width of the strips. All bony parts are secured together using resorbable plates and PDS suture to form a single construct which is then fixated to the cranial base. The remodeled calvarium is positioned relative to the skull base so that the AP lengthening is divided equally anterior and posterior, unless greater expansion is desired in one direction.

A modification of this technique can be employed if widening of the occiput is needed to normalize cranial proportions (Figure 1.3). The parieto-occipital craniotomy can be split in half. A portion of one of the axially oriented strip craniectomy segments can be interposed into this defect. The remaining axial strips are placed coronally to lengthen the cranium and small defects left in the inferior
temporoparietal region can are filled with particulate bone grafts as described by Greene et al. ¹⁰

Following the removal of the cranial segments, the dura expands and relaxes. Barrel staving the posterior and lateral scull base allows further expansion and the AP expansion provides the volume needed to accommodate the decrease in cranial height. Galeal scoring can be performed as appropriate, however, none of our cases required more than minor scoring for closure of the scalp flaps. The deep sutures used for closure were either 3-0 PDS or 3-0 Monocryl for the latter cases. The skin closure was accomplished with 4-0 or 5-0 Chromic sutures. CSF diversion and intracranial pressure monitoring have not been necessary during or after this procedure.
Methods

A retrospective chart review of patients undergoing cranial vault remodeling procedures by the senior author (JGM) between 2007 and 2015 was completed. Patients with craniosynostosis who underwent single-stage total cranial vault remodeling for correction of turricephaly, as described above, were identified. Records were reviewed to determine patient demographics, estimated blood loss, transfusion requirements, operative time, and complications. Height reduction and AP expansion was measured intraoperatively based on the dimensions of the cranial strips utilized.

This study was approved by the institutional review board of Boston Children’s Hospital [IRB-P00027020].
Results

Six consecutive patients (3 female/3 male) underwent single-stage total cranial vault remodeling for correction of turribrachycephalic head shape. Three of the patients had pan-synostosis, while the other three had severely turribrachycephalic bilateral coronal synostosis. Genetic testing confirmed a diagnosis for three patients (one each Apert, Crouzon syndrome with acanthosis nigricans, and Muenke). One patient with pansynostosis also had bilateral anopthalmos and developmental delay without definitive genetic diagnosis; and two patients’ families opted not to pursue testing. Two patients had evidence of elevated intracranial pressure.

Total cranial vault remodeling was performed between 8-11 months of age in three patients, however two of the patients presented at 2 years of age and one patient at 9 years of age. These variations represent the different ages at which the patients presented as opposed to preferred timing of intervention. Average weight at time of procedure was 11kg (range 8-22.6kg). Mean operative time was four hours (range 3.2-4.7); blood loss was 310cc (range 250-550cc); and patients were transfused an average 300cc of packed cells (range 90-580).

There were no deaths, major complications, or secondary procedures. One patient had several spitting sutures over two years post-operatively.

The average height reduction was 1.6cm (range 1.0-2.0), and the average AP expansion was 3.4cm (range 2.3-4.5cm). Two of the six patients had the modification for additional occipital width expansion. Postoperatively, cranial morphology was subjectively improved in all patients.
Discussion

Few publications have described techniques targeted specifically at the correction of turribrachycephaly. Surgical prevention of turricephaly is preferable to treatment and most surgeons have considered turribrachycephaly correction difficult, potentially dangerous and aesthetically unrewarding.³,⁸

Single-stage approaches to turricephaly have been described. Persing et al. published a technique remodeling the entire cranium to correct turricephaly in a single operation.¹¹ A plate of bone at the vertex is removed in continuity with four vertical struts of bone anterior, bilaterally, and posterior. These struts are remodeled and shortened to increase the circumference and length of skull while decreasing the height. The intervening frontal and parieto-occipital cranial segments are remodeled to improve the contour of the skull. The potential shortcoming of this technique is that it attempts to decrease the height of the calvarium without allowing significant expansion in another direction. Additionally, lateral orbitozygomatic osteotomies with greenstick fracture of the supraorbital bar is discussed, however, they stop short of advancing the fronto-orbital bandeau.¹¹ This approach limits the amount of height reduction that can be achieved due to concerns for compressing the brain.

In addition, in most severely turribrachycephlic calvarial vaults, excess height is not the only dysmorphism. Most require expansion in the anteroposterior dimension as well – both excess height and deficient AP dimensions
are concurrently addressed in the technique described in this paper. Similar principles are employed in reductive cranioplasty for hydrocephalus to decrease the vertical height of the skull by creating a sagittal bandeau to control the height of the reconstructed calvarium.\textsuperscript{12} Donauer et al. describe another single stage technique that attempts to address the mid and posterior calvarium, however, they do not address the frontal height or allow for anterior movement of the fronto-orbital bandeau with the frontal bone to allow for anteroposterior expansion.\textsuperscript{13}

These limitations with single stage procedures have motivated two-stage approaches, such as the strategy of posterior cranial vault remodeling or distraction followed by fronto-orbital advancement for the treatment of bilateral coronal craniosynostosis.\textsuperscript{3, 6, 8} Jarrah\textsuperscript{y et al.} described a two-stage approach to treatment of the Kleeblattschädel deformity.\textsuperscript{14} In this technique, the turricephaly is directly addressed with wedge excisions of bone and vertical compression of the calvarium during an initial fronto-orbital advancement and again during a second-stage posterior cranial vault remodeling.

This paper describes the principles of a new technique for single stage correction of turribrachycephaly by allowing for ample expansion in the anteroposterior dimension to compensate for decreased vertex height. This technique addresses all dimensions of the dysmorphism seen in this phenotype as concurrent fronto-orbital advancement corrects the supraorbital retrusion often associated with the turribrachycephaly, thus also reducing the risk of ocular exposure. [Figure 2, Figure 3]
The removal of an axially oriented ring of bone allows reduction of the cranial height while providing bone grafts to increase cranial AP length. The technique allows precise control of remodeling dimensions. The reduction in height is simply calculated as the width of the axial strip and the associated increase in anteroposterior dimension is generally twice the width of axial strip. Although this simple translocation usually does not require additional modification to the bone segments that are moved, there is a great deal of intra-operative flexibility to adapt the procedure to the individual patient. For example, in the author’s experience, at times a single strip or a partial strip was used to augment the AP dimensions to avoid an excessive advancement, or bone was used for additional occipital widening.

The relative simplicity of these overall principles allows for a rapid and precise reconstruction (mean 4hrs). The procedure can be safely performed in a supine position. Our series had acceptable perioperative risk, transfusion needs and calvarial healing. In the single patient with post-operative wound healing issues and spitting sutures, the scalp was closed with PDS deep dermal sutures. Since changing to Monocryl sutures in 2011 the senior author (JGM) has had no further cases of suture spitting in the post-operative period.

The technique can be modified, as described, to widen the occiput when necessary. With either the standard technique or with the occipital expansion modification, there may be areas of dura that remain uncovered by bone following translocation of the segments. These spaces can easily be grafted using the particulate bone cranioplasty technique described by Greene et al, and good bony coverage was seen postoperatively in this patient series.10 [Figure 2.3]
The suggested 1-2cm dimensions for the axial strips are empirically derived based on a clinical assessment of the desired AP movement and downward displacement of the calvarium. This width has provided the best balance of obtaining tension-free scalp closure, the amount of downward movement and AP forces that the dura and brain can withstand, and the amount the OS-ACOR relationship can be advanced without creating a dysmorphic appearance. In the future, as 3-dimensional modeling becomes faster and cheaper, simulation of the procedure can be systematically performed pre-operatively to optimize dimensions for each individual patient and reduce procedure times. Additionally, routine recording of pre and post-operative OS-ACOR ratios will allow more objective measurement of changes in cranial morphology.
Conclusion

Single stage total cranial vault remodeling is an innovative and efficient reconstructive technique to simultaneously address turricephaly and brachycephaly deformities, supra-orbital retrusion and provide ocular protection.

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References


Figure legends:

Figure 1: Operative steps to performing single stage total calvarial vault remodeling

**Figure 1.A- Osteotomy markings** A- Fronto-Parietal Segment. B- Parieto-Occipital Segment. C- Anterior axial cranial strip D- Posterior axial cranial strip. E- Frontal Bandeau

**Figure 1.B- Final position of cranial segments.** A- Fronto-Parietal Segment with barrel staves. Now displaced anteriorly by the width of C. B- Parieto-Occipital Segment now posteriorly displaced by the width of D. E- Frontal bandeau advanced by width of C. NB photograph shows modified procedure with occipital widening

**Figure 1.C- Modification to include occipital widening.**

**Figure 2:** Patient with pansynostosis, severe turricephaly and signs of increased intracranial pressure. Patient underwent total calvarial vault remodeling with occipital widening modification and fronto-orbital advancement of 15 mm at 18 months of age.

**Figure 2.A Pre-operative 3D reconstruction and clinical photographs**

**Figure 2.B Clinical photographs one year post procedure.**
Figure 2.C Post operative 3D reconstruction and clinical photographs at 2.5 years post procedure. Note complete re-ossification of the temporal area.