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Dissection of the insulin signaling pathway via quantitative phosphoproteomics

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The insulin signaling pathway is of pivotal importance in metabolic diseases, such as diabetes, and in cellular processes, such as aging. Insulin activates a tyrosine phosphorylation cascade that branches to create a complex network affecting multiple biological processes. To understand the full spectrum of the tyrosine phosphorylation cascade, we have defined the tyrosine-phosphoproteome of the insulin signaling pathway, using high resolution mass spectrometry in combination with phosphotyrosine immunoprecipitation and stable isotope labeling by amino acids in cell culture (SILAC) in differentiated brown adipocytes. Of 40 identified insulin-induced effectors, 7 have not previously been described in insulin signaling, including SDR, PKC δ binding protein, LRP-6, and PISP/PDZK11, a potential calcium ATPase binding protein. A proteomic interaction screen with PISP/PDZK11 identified the calcium transporting ATPase SERCA2, supporting a connection to calcium signaling. The combination of quantitative phosphoproteomics with cell culture models provides a powerful strategy to dissect the insulin signaling pathways in intact cells.

diabetes | insulin action | tyrosine phosphorylation

Reversible phosphorylation is a major regulatory mechanism controlling the activity of proteins. Many signaling pathways, including the insulin/IGF-1 signaling pathway, transduce signals from the cell surface to downstream targets via tyrosine kinases and phosphatases (1). Insulin or IGF-1 binding initiates a complex cascade of events, starting with phosphorylation of specific tyrosine residues on the insulin and the IGF-1 receptors (2). Once activated, these receptors phosphorylate a number of docking proteins; the best characterized are the insulin receptor substrate (IRS) proteins 1–4 (3). IRS 1–4 interact with other intracellular signaling molecules primarily through SH2 domains leading to activation of several downstream pathways. These in turn coordinate and regulate vesicle trafficking, protein synthesis, and glucose uptake. The insulin receptor and its substrates, therefore, constitute the first critical node in the insulin signaling network (1) and thus define the full set of proteins that are tyrosine phosphorylated upon insulin stimulation and provide information that is central to determining the molecules involved in this signaling network.

Mass spectrometry (MS)-based proteomics has become increasingly powerful not only to identify complex protein mixtures but also regulated protein modifications (4). We have studied tyrosine phosphorylated effectors and interactors in the EGF pathway (5, 6) and others have used MS to study tyrosine phosphorylation of the insulin pathway in white adipocytes (7). To quantify the time course of stimulation, we employ stable isotope labeling with amino acids in cell culture (SILAC) (8). Labeling three cell states by SILAC allows measuring a time course of activation of tyrosine phosphorylation by quantifying the relative protein amounts after anti-phosphotyrosine immunoprecipitation. Here, we quantitatively assess temporal dynamics of tyrosine phosphorylation events upon insulin stimulation in differentiated brown adipocytes. We identify different protein “effector” classes that influence distinct branches of the insulin signaling pathway.

Results

SILAC Quantification Reveals 40 Insulin-Induced Effectors in Differentiated Brown Adipocytes. To characterize specific signaling events downstream of the insulin/IGF-1 receptors, we stimulated differentiated brown adipocytes with insulin and quantitatively analyzed the tyrosine phosphoproteome by MS compared with unstimulated control samples. For accurate quantitation of tyrosine phosphorylated (pY) proteins, stable isotope labeling in cell culture (SILAC) was used (8). In each experiment, one cell population was grown in unlabeled medium as a control and a second population was grown in medium substituted with $^{13}\text{C}_6^{15}\text{N}_4$ -Arg (Arg-10) and $^{13}\text{C}_6^{15}\text{N}_2$ -Lys (Lys-8). Peptides derived from proteins of the two cell populations then occur in doublets, with either 10-Da or 8-Da mass differences. After complete incorporation of the heavy or light SILAC amino acids in brown preadipocytes, cells were allowed to differentiate into brown adipocytes as described in ref. 9 (Fig. 1) and stimulated with 100 nM insulin for 5 min. Tyrosine phosphorylated proteins were immunoprecipitated by anti-pY antibodies from the lysates of the combined cell populations, separated by 1D gel electrophoresis and measured by MS. Quantitative analysis of the peptides identifying each protein resulted in a fold change (“activation”) between control and insulin-stimulated cells. The relative standard deviation (%SD) of all proteins revealed a quantitation precision better than $\pm 20\%$ [supporting information (SI) Fig. 4]. As in the experiments reported in ref. 6, we chose a minimum of a 1.3-fold change as biologically significant. In four independent experiments, we identified 33 proteins precipitated by anti-pY antibodies that had a 1.3-fold or higher change in the peak intensities upon 5 min of insulin stimulation (Table 1 and SI Tables 2–5).

Using this immunoprecipitation protocol, both the tyrosine phosphorylated proteins and molecules that have bound tightly to them can be detected. Of the 33 proteins identified, in most cases, the protein was known to be tyrosine phosphorylated or to associate with such a protein. These included proteins in the insulin pathway with a wide variety of cellular functions, including the insulin receptor substrates IRS-1, IRS-2, APS, and Shc, which served as positive controls. The identification of other effectors from different branches of the pathway, such as MAP kinases, showed that experimental conditions were also suitable to detect downstream factors. For this and subsequent experiments, we term the up-regulated proteins as activated proteins, defined as proteins with a

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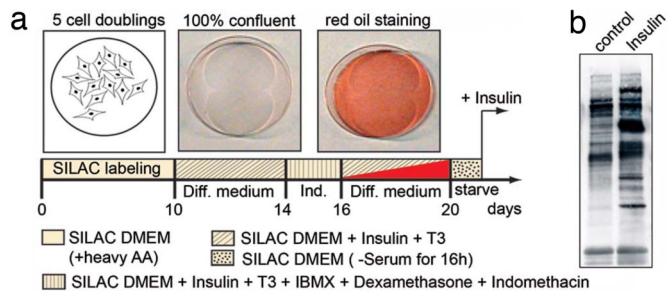


Fig. 1. Schematic overview of the differentiation protocol for immortalized brown adipocytes. (a) After SILAC labeling, cells were grown until confluence and differentiation was induced. At the indicated days, cells were stained with red oil, which is an indicator for differentiation. After 20 days, the differentiated cells were stimulated with insulin (5 min) for Western blot analysis. (b) After immunoprecipitation with the antiphosphotyrosine antibody (4G10) and SDS/PAGE, blots were probed with the same antibody. Diff. medium, differentiation medium; Ind., induction medium.

fold change >1.3 after insulin stimulation. Note that this activation could in principle down-regulate insulin signaling. Proteins with a fold change <0.7 were termed “deactivated.” The quantitative MS data were confirmed by standard Western blot analysis (Fig. 2).

Analysis of Temporal Activation Profiles Revealed Different Categories of Insulin-Induced Effectors. Signaling events are not regulated by a simple “on” and “off” switch at a single time point, but require a highly coordinated kinetic cascade of effectors and events. To capture the temporal dynamics of tyrosine phosphorylated proteins, we used a triple labeling SILAC experiments in which three differentially labeled cell populations were stimulated for different times (see also SI Fig. 5). The temporal proteome is encoded by the SILAC state of each cell population and the relative intensities of peptides from each state are a direct measure of their presence in the pY immunoprecipitate (6). The combination of two three-state experiments allowed us to generate a time profile for 0, 1, 5, 10, and 20 min (Fig. 3). The kinetic analysis revealed distinctive temporal patterns of insulin signaling. Based on the similarity of patterns, we grouped known and unknown candidate effectors into different branches of the pathway. As expected, one of the first tyrosine phosphorylation events upon insulin stimulation occurred on the IR itself. The IR was activated ≈ 20 -fold compared with unstimulated control within the first minute and remained fully activated for the next 5 min. After 20 min, IR phosphorylation/activation levels still remained at 85% of the maximum, reflecting the saturating insulin concentrations in this experiment (Fig. 3a and SI Tables 6 and 7). Insulin can also bind to the IGF-1 receptor and vice versa, albeit with a 10- to 100-fold lower affinity (10). In addition, some IGF-1 and insulin receptors exist as heterodimer hybrids allowing cross-phosphorylation of their intracellular kinase domains (11). Reflecting these mechanisms, the IGF-1R showed an early activation profile, similar to the insulin receptor, but with a fivefold lower activation. Therefore, at high insulin concentrations, downstream effectors may potentially reflect activity of either or both receptors (see below for a dissection of these pathways).

To date, at least 11 substrates of the IR and IGF-1R have been identified in different cellular systems (1). Of these, we detected the activation of five substrates in brown adipocytes. These included IRS-1, IRS-2, Gab-1, Shc, APS, and c-Cbl. For most of these substrates, we also sequenced the tyrosine phosphorylated peptides (Table 1, SI Fig. 6, and SI Table 8). For an accurate assignment of the phosphorylation sites in phosphopeptides, we used the post-translational modification (PTM) score. The PTM score is based on an algorithm that tests and scores all possible combination of serine, threonine, and tyrosine phosphorylations within a potential phosphopeptide (12). The substrate proteins IRS-1 and Shc showed a

similar kinetics of activation as the insulin receptor (Fig. 3a and b), suggesting physical proximity as has recently been found for Shc upon EGFR activation (13). In contrast, IRS-2 showed its highest activation after 1 min of stimulation, followed by rapid deactivation. This transient activation profile is consistent with the results of earlier experiments using L6 muscle cells (14). The rapid abrogation of the IRS-2 signal suggests fast negative feedback mechanisms, such as serine phosphorylation or activation of phosphotyrosine phosphatases. In support of this notion, we identified several IRS-2 peptides with phosphorylated S/T- sites (SI Fig. 6 and SI Table 8).

Tyrosine phosphorylation of substrate/adaptor proteins creates docking sites for several SH2-containing proteins that are central to insulin signaling (15), most importantly the regulatory subunit (p85) of the phosphatidylinositol 3-kinase (PI3K) (16). We detected the α and β isoforms of both the regulatory p85 and catalytic p110 subunit of PI3K (Fig. 3c) with the apparently most abundant species being p85 β . PI3K activation leads to the generation of 3-phosphorylated lipids (PIP₃) and their synthesis is counteracted by the SH2-domain-containing lipid phosphatase SHIP2 (17). The appearance of SHIP2 in the activation profile showed slower kinetics, being half-max at ≈ 3 min and reaching a fivefold maximum after ≈ 15 min (Fig. 3e).

The other major branch of the insulin signaling pathway is the activation of the Ras-MAP kinase cascade, which plays a role in control of cell growth and gene expression. Initial docking proteins in this cascade are the SH2-domain-containing protein Shc (18) and Gab-1 (19). After Shc activation (Fig. 3b) a strong activation of Erk-1 and Erk-2 was observed (Fig. 3g). Both MAP-kinases reached a maximum activation after 5 min and decreased at the 10- and 20-min time points. The stress induced MAP-kinase p38 showed only weak activation between 10 and 20 min (Fig. 3g).

An acute effect of insulin treatment is the rapid formation of caveolin-enriched lipid raft subdomains within the plasma membrane (20). Upon stimulation, the adapter protein containing a PH and SH2 domain (APS) (21) interacts with Cbl and CAP and relays the insulin signal to the accruing lipid raft structures. Caveolin-1 is known to become tyrosine phosphorylated and acts as a scaffolding protein to organize signaling molecules and receptor tyrosine kinases, such as the insulin receptor (20). Consistent with this finding, we detected Caveolin-1 (pY 14) and Caveolin-2 in the pY immunoprecipitated fraction (Fig. 3d). Both proteins showed interesting biphasic kinetics, with two maxima at 1 and 10 min and an intermittent decrease at the 5-min time point. This biphasic stimulation was supported by Western blot analysis (Fig. 3i). Polymerase I release transcription factor (PTRF) showed a similar activation profile to the caveolins. PTRF has been implicated in caveolar formation and is also known as Caveolin-60 (22). Two proteins not previously implicated in insulin signaling, serum deprivation response protein (Sdr) (23) and the PKC δ binding protein (also known as sdr-related gene product that binds to C-kinase) (24), had a biphasic activation profile, suggesting they might also associate with insulin dependent formation of lipid rafts.

The family of low density lipoprotein receptor-related proteins (LRP) is also known to be recruited to caveolae structures in response to insulin treatment (25). We identified LRP-1 as part of the activation response (Fig. 3d); however, in contrast to the caveolins, LRP-1 showed a slower increase and only one maximum at the 5-min time point, as did LRP-6, another lipoprotein that had not been implicated in insulin signaling (26). LRP-6 has also been reported to be a part of the Wnt/beta-catenin pathway (27) and could be an interesting candidate for cross-talk of the insulin and Wnt pathways.

Another effect of insulin treatment is the rapid reorganization of the actin cytoskeleton mediated mainly by small G proteins (28). Focal adhesion signaling complexes are also involved in this process. Fig. 3h (see also Fig. 2 for Western blot) shows a number of proteins involved in focal adhesion formation, such as the focal adhesion kinase FAK, paxillin, Beta-PIX, vinculin, and the

Table 1. Proteins activated after 5 min of insulin treatment

Ac. Id.	Name	Ratio	SD	pTyr sites
Known effectors of the insulin pathway				
P15208	Insulin receptor	23.0	7.7	pY1185
Q60751	IGF-1 receptor	6.3	2.5	—
P35569	IRS-1	12.7	1.5	pY891, pY983, pY1173
P81122	IRS-2	4.6	2.4	pY970
Q91VW7	Gab-1	5.8	3.2	pY259
Q9JID9	AP5	16.5	6.6	pY618
P98083	Shc	4.4	0.6	pY423
P22682	cCbl	3.9	0.5	—
P49817	Caveolin-1	4.7	1.4	pY14
Q9WVC3	Caveolin-2	3.5	2.1	—
O54724	Caveolin-60 / PRTF	2.2	0.4	—
Q91ZX7	LRP-1	3.1	0.8	—
P26450	PI3K p85 alpha	1.8	0.6	—
P42337	PI3K p110 alpha	1.7	0.5	pY317
O08908	PI3k p85 beta	2.8	1.0	—
Q8BXD7	PI3K p110 beta	1.7	0.6	—
Q80YB9	SHIP-2	6.2	2.4	—
Q77MK9	HnRNP Q	2.6	1.0	—
O54967	Ack1	1.3	0.02	pY842, pY533
Q63844	ERK-1	5.6	3.5	pY185
P27703	ERK-2	6.7	2.6	—
Q60631	Grb2	1.3	0.02	—
P35235	SHP-2	2.6	1.2	pY584
P57780	alpha-Actinin 4	1.7	0.3	—
Q9ESJ4	SPIN90	1.4	0.2	—
P46935	Nedd-4	1.3	0.1	—
Proteins not previously reported in insulin signaling				
Q9CZG9	PDZK11	10.5	1.1	—
O88572	LRP-6	3.2	0.7	—
Q921C5	Bicaudal D2	1.9	0.3	—
Q63918	SDR	1.9	0.2	—
Q9DBP6	VW bdg. protein 2	1.8	0.4	—
Q8C064	PKC delta bdg. Prot.	1.7	0.1	—
P39447	Tight junction ZO-1	1.6	0.2	—
Downregulated proteins				
P20152	Vimentin	0.6	0.1	—
Q9ES28	Rho-Gef 7	0.6	0.1	—
P07356	Annexin A2	0.6	0.1	—
Q8VI36	Paxillin	0.6	0.1	pY117
Q5F258	GIT-1	0.7	0.1	—
Q64727	Vinculin	0.7	0.0	—
P34152	FAK-1	0.7	0.1	pY614

The detected tyrosine phosphorylation sites are listed in the right column. Ac. Id., Swiss-Prot/TrEMBL.

G protein-coupled receptor kinase interactor 1 (GIT1). Somewhat surprisingly, these proteins showed deactivation in response to insulin. In most cases this was transient, reaching a nadir at 5 min. Annexin A2, a calcium-dependent phospholipid-binding protein, displayed a similarly rapid down regulation, followed by recovery and a second downward trend after 10 min. Other effectors, such as the Nck binding protein Spin 90, α -actinin-4, the cytoskeleton-like bicaudal D protein homolog 2, the tight junction ZO-1 protein, and the PDZ-containing protein PDZK11/PISP showed prominent activation and are likely further candidates to connect insulin signaling to cytoskeletal reorganization.

Signal attenuation is critical for the fine-tuning of signaling events. This attenuation can be achieved by serine/threonine phosphorylation or ubiquitination. A number of ubiquitin ligases have

been identified as important for the fast ubiquitination and subsequent degradation of receptor tyrosine kinases (29). Both c-Cbl and Nedd4 (30), two ubiquitin ligases, were identified after 5 min, and the Nedd4 activation profile is shown in (Fig. 3f).

PISP/PDZK11-pY7 Peptide Pull-Down Revealed Interaction with Myosins and with the Calcium Transporting ATPase SERCA2A. Among the proteins not previously described as insulin-induced candidate effectors, we were intrigued by the PDZ-containing protein PISP/PDZK11 because its dynamic profile and fold activation are very similar to IRS-1 (Fig. 3b). This ubiquitously expressed protein is named PISP for plasma membrane Ca^{2+} ATPase (PMCA)-interacting single-PDZ-protein (31). The early activation profile and the high fold change of PISP/PDZK11 suggest a direct function in the early steps of insulin signaling, which might link to the previously observed acute effects of insulin on calcium flux (32). To gain more insight into the function of the activation of the PISP/PDZK11 protein, we synthesized two tyrosine-containing desoxybiotin linked peptides derived from PISP/PDZK11 (including peptides containing tyrosines pTyr7 and pTyr10 in a phosphorylated and nonphosphorylated version to find phosphorylation-dependent binding partners (33). These phosphorylated and nonphosphorylated peptides were used as bait and incubated with lysates of SILAC light and heavy labeled cells, respectively. Peptides and binding partners were purified by streptavidin-coated beads, and the eluates were combined for in solution digest and MS analysis. We found that the PISP/PDZK11-pY7-containing sequence specifically interacted with myosin regulatory light chain 2, and two calcium binding proteins—SERCA2 and S100 calcium-binding protein A4 (SI Fig. 6 and SI Tables 9 and 10). Because PISP/PDZK11 is a potential calcium ATPase binding partner and we find that it interacts with proteins involved in calcium homeostasis, it is a possible link between insulin and calcium signaling.

Discussion

Here, we used high resolution quantitative proteomics technology to discover candidate effectors in the insulin pathway to delineate their temporal activation profile. As our model systems, we used immortalized adipocytes derived from brown fat tissue of newborn mice. Using the SILAC technology and anti-pY immunoprecipitation to quantify differentially pY phosphorylated proteins, we identified at total of 40 effectors in differentiated brown fat cells. Seven of these had not been previous reported to be involved in insulin signaling, indicating the power of this approach to discover new components of this signaling system. For the majority of insulin-activated proteins, for which tyrosine phosphorylation had not been reported, we were also able to sequence and quantitate the pY-containing peptides. Thus, this approach is not only suitable for the detection, but also the quantitation of tyrosine phosphorylated proteins upon insulin treatment.

Signaling events via hormones and receptor tyrosine kinases are very fast processes. To resolve these phosphorylation events, we included in our analysis very early (60 s) and two later (10–20 min) time points. Such a five-time-point kinetic dependably resolved the diverse temporal dynamics of tyrosine phosphorylation in this very complex signaling cascade (Fig. 2). One example of accurate profiling was highlighted by the different kinetics of phosphorylation of IRS-1 (pY 983, pY1173, and pY891) and IRS-2 (pY970 and pY528). The steady elevation of IRS-1 activation profile compared with the fast rise and fall of the IRS-2 activation reflects the different roles of these two key components of this insulin signaling nodes (1). Besides the identification of pY sites on IRS1/2, we detected several serine/threonine sites on IRS-1 and IRS-2. Studies reported that S/T phosphorylation on IRS proteins leads to inhibition of the insulin signal cascade (34). For example, phosphorylated serine 307 on IRS1 leads to attenuated insulin signaling in patients with type 2 diabetes (35). Therefore, the phosphorylation on serine/threonine residues seems to be a crucial step in inhibiting

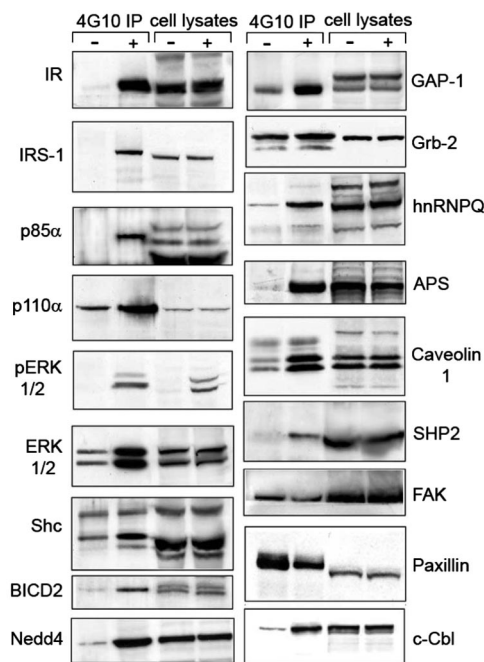


Fig. 2. Western blot analysis of selected insulin-dependent effectors. Brown adipocytes were stimulated with insulin for 5 min. After immunoprecipitation with an anti-phosphotyrosine antibody and SDS/PAGE, blots were probed with antibodies against the indicated proteins (*Right*). (*Left*) Represents the analysis of whole cell lysates to demonstrate equal loading. $-$, control, unstimulated cells; $+$, insulin treatment; IP, immunoprecipitation.

insulin signals. Although the physiological mechanisms remain poorly defined, the phosphorylation may block further tyrosine phosphorylation or induce intracellular degradation. Notably, we measured seven serine/threonine phosphorylation sites at these early time points. Although interpretation of their time course is complicated because the phosphotyrosine-containing protein was immunoprecipitated, they are potential new modulator sites for the

fast inhibition of IRS-2 function. Future studies of the temporal activation profile of these phosphopeptides will help to make clear the dynamic of insulin-induced IRS2 activation and deactivation.

After this first layer of tyrosine phosphorylated proteins, further downstream targets, such as members of the MAP kinase pathway also become tyrosine phosphorylated. Activation for the MAP kinases Erk-1 and Erk-2 was very transient, rising rapidly up to 5 min then declining by $>60\text{--}75\%$. In contrast, p38 was activated weakly and at later time points of 10–20 min.

Our unbiased phosphoproteomic approach allowed us to identify several components of the insulin signaling network. Among the novel candidate effectors, PISP/PDZK11, a protein with a single PDZ domain, showed the highest fold activation and similar kinetics as IRS-1. PDZK11 has been described as an interactor of the plasma membrane Ca^{2+} -ATPase (PMCA) and as an interactor for the Menkes copper ATPase (AIP1) (36). The dramatic increase in tyrosine phosphorylation of PDZK11 after insulin treatment strongly suggests its involvement in calcium signaling as part of the insulin cascade. There are several instances in which extracellular hormone stimulation leads to a rise of cytosolic Ca^{2+} , which in turn is quickly removed by calcium-pumps that either eject the calcium ions into the lumen of the endoplasmic reticulum or into the extracellular space (37). Recently, another PDZ domain-containing protein, Enigma, was found to interact with APS upon insulin stimulation in 3T3-L1 adipocytes, and this complex was critical to insulin-induced action cytoskeleton remodeling and Glut4 translocation (38). Interestingly, APS and several other cytoskeletal components become highly tyrosine phosphorylated upon 5 min of insulin stimulation as revealed by the current study. Thus, this forms a phosphoproteome network of insulin signaling involving the immediate substrate of insulin receptor APS, the PDZ domain-containing protein PDZK11, calcium binding proteins, and the cytoskeletons. This network may mediate critical function of insulin, such as regulation of glucose uptake. Insulin increases the phosphorylation of the myosin regulatory light chain 2 in adipocytes via the Ca^{2+} /Calmodulin-dependent myosin light chain kinase, which subsequently regulates GLUT4 translocation (39). With our pull down strategy, we identified the myosin regulatory light chain 2 as an interactor of the PISP/PDZK11 protein, and this may be a link to Ca^{2+} dependent phosphorylation and glucose uptake.

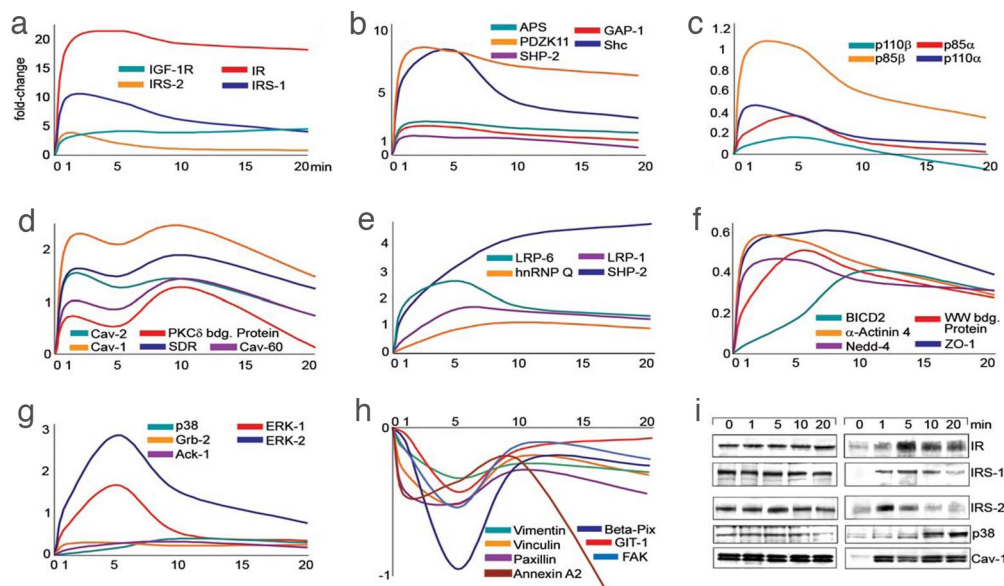


Fig. 3. Activation profiles of different categories of insulin-induced effectors. (*a–h*) To directly compare the kinetic profile of activated and deactivated effectors, all fold changes were normalized to zero ($x - 1$). Normalized inverted ratios were calculated for ratios smaller than one [$1 - (1/x)$]. (*i*) Western blot analysis of selected effectors. Brown adipocytes were stimulated for the indicated time intervals. After immunoprecipitation with anti-phosphotyrosine antibodies and SDS/PAGE, blots were probed with antibodies against the indicated proteins.

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