



# Physician and Patient Views on Public Physician Rating Websites: A Cross-Sectional Study

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**Scholarly Report submitted in partial fulfillment of the MD Degree at Harvard Medical School**

**Date:** 3 January 2019

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**Scholarly Report Title:** Physician and Patient Views on Public Physician Rating Websites: A Cross-Sectional Study

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**Title:** Physician and Patient Views on Public Physician Rating Websites: A Cross-Sectional Study

**Purpose:** Numerical ratings and narrative comments about individual physicians are increasingly available on public websites. The objective of this study was to assess patient and physician views on physician rating websites.

**Methods:** Design was a cross-sectional physician (electronic) and patient (paper) surveys conducted in August 2015. Participants included 1,936 physicians (response rate 43%, n=828) affiliated with one of 4 hospitals in a single large accountable health care organization in eastern Massachusetts; and 1,461 adult patients (response rate 34%, n= 494) that received care in this system in May 2015. The main measures were use of physician rating websites and support for making physician reviews obtained from health system patient experience surveys publicly available.

**Results:** 53% of physicians and 39% of patients reported having visited a physician rating website at least once. Physician support for sharing narrative comments obtained from patient experience surveys steadily declined when considering sharing within their own practice (33%), within their entire health care organization (28%), and publicly online for all consumers (21%). One-half (51%) of patients would like patient comments to be shared publicly online. The majority of physicians (78%) believed that posting patient comments online would have a negative effect on physician job stress; while smaller proportions perceived a negative effect on the physician-patient relationship (46%), health care overuse (34%), and patient-reported experiences of care (33%). Over one-quarter of patients (29%) believed that publication of their narrative comments would cause them to be less open.

**Conclusions:** Support for public sharing of health system patient experience survey data is not universal, and physicians and patients are not fully aligned. Health system leaders should take actions to promote transparency and engage patients, while minimizing physician job stress.

**Description of student contribution:**

Dr. Sequist developed the study idea and he and I designed the study methods together. I developed and executed the patient survey under the guidance of Dr. Sequist over a period of three months. More specifically, I pre-tested the survey with patients and physicians. I created and executed both the online physician survey and the paper patient survey. I randomly selected the patients to survey and I printed and mailed their surveys as well as reminders. I also created an online Qualtrics survey and emailed all physicians within the Partners network with survey reminders. I completed the data collection and recording. I then completed the data analysis and interpretation under Dr. Sequist's guidance. I wrote the first draft of the paper and then collaborated with my colleagues on further drafts. I submitted to JGIM and responded to their comments. I also consulted with Dr. Allen Kachalia, Chief Quality Officer and Vice President of Quality and Safety at Brigham and Women's Hospital, and Dr. Gregg Meyer, Chief Quality Officer at Partners, on study methods, survey design, and paper drafts.

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**Note:**

- Presented this work at SGIM National Conference in May 2017. Was a finalist for the national Lipkin Award, given by the Society of General Internal Medicine for most outstanding research nationally among fellows, residents, or students.

# Physician and Patient Views on Public Physician Rating Websites: A Cross-Sectional Study

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**BACKGROUND:** Numerical ratings and narrative comments about physicians are increasingly available online. These physician rating websites include independent websites reporting crowd-sourced data from online users and health systems reporting data from their internal patient experience surveys.

**OBJECTIVE:** To assess patient and physician views on physician rating websites.

**DESIGN:** Cross-sectional physician (electronic) and patient (paper) surveys conducted in August 2015.

**PARTICIPANTS:** Eight hundred twenty-eight physicians (response rate 43%) affiliated with one of four hospitals in a large accountable care organization in eastern Massachusetts; 494 adult patients (response rate 34%) who received care in this system in May 2015.

**MAIN MEASURES:** Use and perceptions of physician rating websites.

**KEY RESULTS:** Fifty-three percent of physicians and 39% of patients reported visiting a physician rating website at least once. Physicians reported higher levels of agreement with the accuracy of numerical data (53%) and narrative comments (62%) from health system patient experience surveys compared to numerical data (36%) and narrative comments (36%) on independent websites. Patients reported higher levels of agreement with trusting the accuracy of data obtained from independent websites (57%) compared to health system patient experience surveys (45%). Twenty-one percent of physicians and 51% of patients supported posting narrative comments online for all consumers. The majority (78%) of physicians believed that posting narrative comments online would increase physician job stress; smaller proportions perceived a negative effect on the physician-patient relationship (46%), health care overuse (34%), and patient-reported experiences of care (33%). Over one-fourth of patients (29%) believed that posting narrative comments would cause them to be less open.

**CONCLUSIONS:** Physicians and patients have different views on whether independent or health system physician rating websites are the more reliable source of information. Their views on whether such data should be shared on public websites are also discordant.

**KEY WORDS:** quality improvement; patient satisfaction; patient engagement; consumer health; doctor-patient relationships.

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## INTRODUCTION

Patient desire for information about their physicians has helped fuel the increasing availability of online ratings of individual physicians. There are two types of physician rating websites that differ in how they source their ratings of physicians. One type includes websites by private companies such as Healthgrades.com that report crowd-sourced data collected among online users ("independent websites").<sup>1,2</sup> Another type includes websites by health systems that report data collected from patients with recent office visits or hospitalizations as part of internal patient experience surveys ("health system websites").<sup>3</sup>

Independent websites traditionally include both numerical ratings and free-text narrative comments. The ability of the websites to gather and present real-time data in a manner that many Internet users have become accustomed to is quite attractive. However, these websites are currently limited, as few physicians are reviewed on the websites, and the number of ratings per physician is small.<sup>4</sup> In addition, the content of the ratings and comments may be flawed, in that the patients who choose to post reviews may not be representative of the patient population for a given physician.

In response to the limitations of independent websites, a few health systems have begun to post their internal patient experience survey results at the physician level to provide more information to patients. Numerical ratings and free-text narrative comments have been collected from standardized health system patient experience surveys for years as part of internal quality improvement programs.<sup>5,6</sup> Numerical ratings from these surveys have been available online for years, but only at the hospital or physician group practice level. Health systems are just beginning to post these numerical ratings at the individual physician level, and some are also posting narrative comments about individual physicians obtained from these surveys.<sup>7</sup> These data have the advantage of using a standardized survey [Consumer Assessment of Healthcare Providers and Systems (CAHPS®)] and systematic sampling based on interaction with the physician to better represent the patient

population using a combination of phone, mail, and email.<sup>8</sup> However, the source of these data may be less clear to patients searching for physician information online and, similar to the case with independent websites, the sample sizes may be insufficient for reliable reporting at the individual physician level.

The trend toward implementing physician rating websites raises important questions about how they are used, the perceptions of numerical ratings versus narrative comments, and the potential consequences of such websites from the perspective of both patients and physicians. Previous research has focused only on independent websites, where approximately one-fourth of patients reported using them,<sup>1</sup> and physicians reported concerns about the representativeness and impact of the data on these websites.<sup>9</sup>

We surveyed patients and physicians within a large accountable care organization to examine their perceptions of both independent and health system websites, including the reported use of, trust in, and potential consequences of both numerical ratings and narrative comments.

## METHODS

### Study Design

We conducted two cross-sectional surveys in August 2015: a web-based survey for physicians and a mailed survey for patients. Our surveys assessed 1) the use of physician rating websites, 2) the perceived accuracy of (physicians) or trust in (patients) the numerical rating scores and narrative comments, 3) support for making the numerical rating scores and narrative comments obtained from health system patient experience surveys publicly available, and 4) the perceived impact of publishing numerical rating scores and narrative comments from health system patient experience surveys. This study was deemed exempt from review by the Partners Human Research Committee.

### Settings and Participants

Surveyed physicians worked within a large healthcare organization that included two academic hospitals, three community hospitals, and affiliated ambulatory clinics. We emailed surveys to all 1936 physicians identified using health system administrative databases as practicing at four of the five hospitals or affiliated ambulatory clinics (one academic hospital and its affiliated ambulatory clinics opted out of the physician survey due to competing demands). We excluded residents, fellows, and physicians who had not provided patient care in the previous 6 months. We mailed surveys to a random sample of 1500 patients who were over 30 years old (300 per hospital and affiliated ambulatory clinics) and who had at least one hospitalization or ambulatory clinic visit during May 2015. We excluded adults under 30 years of age, as these younger, healthier patients have fewer health care visits and may be less

likely to visit physician rating websites. Neither physicians nor patients received an incentive for survey completion.

### Survey Development and Implementation

We developed and pilot tested the instruments via one-on-one cognitive interviewing<sup>10</sup> with 10 patients and 10 physicians. We administered the physician survey using the web-based REDCap data management and survey tool,<sup>11</sup> delivering three email reminders to non-responders at weekly intervals, achieving a 43% response rate (828/1936). No statistically significant variation was found in physician response rates across hospitals ( $p < 0.05$ ). Our final sample size was 808 after excluding 20 physicians who reported not having provided any patient care in the past 6 months. We administered the patient survey using a paper mailing, with one follow-up mailing to non-responders, achieving a 34% response rate (494/1461, after excluding 39 patients whose mailing addresses were no longer valid or who were deceased). We were unable to link patients to hospitals to determine patient response by institution.

### Outcomes and Measurements

**Use of Physician Rating Websites.** Physicians reported (yes or no) whether they had ever visited a physician rating website to find reviews about themselves. Patients reported (yes or no) whether they had searched for reviews about physicians online.

**Accuracy of or Trust in the Numerical Rating Scores and Narrative Comments.** Using a five-point scale (“strongly disagree”, “somewhat disagree”, “neutral”, “somewhat agree”, “strongly agree”), physicians who had been exposed to numerical and/or open-ended comments from independent websites or health system data reported their level of agreement with the statements “The numerical ratings [or open-ended comments] about me on public websites accurately reflect the quality of care that I provide” (regarding independent websites such as Healthgrades.com) and “The numerical ratings [or open-ended comments] from patient experience surveys accurately reflect the quality of care that I provide” (regarding health system patient experience data).

Using the same five-point scale, patients reported their level of agreement with the statements “I trust the reviews that I read online about doctors” (regarding independent websites) and “I would trust the reviews about doctors from standardized patient surveys if they were posted on the hospital website where the doctor works” (regarding health system patient experience data).

**Making Physician Ratings Available to the Public.** Using the same five-point scale from “strongly disagree” to “strongly agree”, physicians reported their level of support for making health system survey data available at three levels: among staff in their own clinical practice, among staff across their entire health care organization, and open to the public on their health system’s website. Patients reported their level of support for

making health system survey data available online using the same five-point scale.

**Perceived Impact of Publishing Numerical Ratings and Narrative Comments About Physicians.** Using a five-point scale (“very negative effect”, “somewhat negative effect”, “neutral”, “somewhat positive effect”, “very positive effect”), physicians reported the perceived effect of their hospital publishing numerical ratings and narrative comments from patient experience surveys online with regard to 1) the physician–patient relationship, 2) patient-reported experiences of care, 3) over-utilization of health care, and 4) physician job stress. Patients used a five-point scale (“strongly disagree”, “somewhat disagree”, “neutral”, “somewhat agree”, “strongly agree”) to respond to the statements “I would be less open with my anonymous written comments [number ratings] about the care I received from my doctor if my reviews were going to be publicly available on the Internet (even though my name would not be listed).”

## Statistical Analysis

We fit two separate multivariable logistic regression models with the dependent variable defined as ever visiting a physician rating website and the independent variables including either physician characteristics or patient characteristics collected via survey. The physician model fit age as a continuous variable, and categorical variables included physician sex, presence of ambulatory clinic time, and specialty (“primary care”, “medical specialty”, “surgery”, and “obstetrics/gynecology” relative to “other”). The patient model fit age as a continuous variable, and categorical variables included patient sex, race (black, Asian, Hispanic, and other, relative to white), presence of college-level education, health status (“very good”, “good”, “fair”, and “poor” relative to “excellent”), and access to the Internet on most days of the week. We used generalized estimating equations to adjust standard errors for clustering of physicians by hospitals. We calculated 95% confidence intervals for the descriptive survey data. All analyses were conducted using SAS Enterprise Guide version 4.3 (SAS Institute Inc., Cary, NC). Unanswered questions were excluded from the analyses.

## RESULTS

### Respondent Characteristics

Among physician respondents, the average age was 49 years, 28% reported having only inpatient clinical time, 41% reported having only ambulatory clinic time, and the mean number of clinic sessions per week was four (Table 1). The most frequent specialties were primary care (27%) and medical specialists (26%).

Among patient respondents, the average age was 66 years, the majority were female (63%) and white (87%), attended

**Table 1 Physician Respondent Characteristics**

	Physicians (n = 808)
Sociodemographic characteristics	
Mean age, years (SD)	49.0 (11.4)
Male, n (%)	413 (55)
Clinical characteristics	
Primary clinical specialty, n (%)	
Primary care	208 (27)
Medical specialty	200 (26)
Surgery	143 (19)
Obstetrics/gynecology	47 (6)
Other	161 (21)
Clinical practice, n (%)	
Inpatient only	228 (28)
Ambulatory only	332 (41)
Mean clinical sessions per week, n (SD)	4.6 (2.6)

college (79%), and reported access to the Internet on most days of the week (85%, Table 2). Less than one-third (28%) of patients reported having previously completed a hospital patient experience survey.

### Use of Physician Rating Websites

Both physicians (53%) and patients (39%) reported having visited a physician rating website at least once. In the physician logistic regression model, characteristics associated with greater odds of visiting a website included decreasing age in years (OR 1.03, 95% CI 1.02–1.03), having ambulatory clinical time (OR 2.1, 95% CI 1.4–3.2), and practicing in a surgical specialty (OR 1.4, 95% CI 1.2–1.7) or obstetrics/gynecology (OR 1.1, 95% CI 1.0–1.3). Physician sex was not associated with visiting a website.

Patient characteristics associated with greater odds of visiting a website included decreasing age in years (OR 1.04, 95%

**Table 2 Patient Respondent Characteristics**

	Patients (n = 494)
Sociodemographic characteristics	
Mean age, years (SD)	65.8 (14.2)
Male, n (%)	177 (37)
Race/ethnicity, n (%)	
White	420 (87)
Black	26 (5)
Asian	15 (3)
American Indian/Alaska Native	5 (1)
Other	16 (3)
Hispanic	17 (4)
Highest level of education, n (%)	
Grade 8 or less	10 (2)
Some high school, but did not graduate	18 (4)
High school graduate or GED	72 (15)
Some college or 2-year degree	127 (26)
4-year college graduate	89 (18)
More than 4-year college degree	167 (35)
Access to Internet on most days, n (%)	414 (85)
Clinical characteristics	
Overall health rating, n (%)	
Excellent	75 (15)
Very good	146 (30)
Good	150 (31)
Fair	102 (21)
Poor	17 (3)

CI 1.02–1.06), female sex (OR 1.9, 95% CI 1.2–3.0), college education or above (OR 2.6, 95% CI 1.2–5.3), and regular Internet access (OR 7.0, 95% CI 2.0–24.1). Patient race and health status were not associated with visiting a website.

**Accuracy of or Trust in Physician Rating Websites.** Physicians more frequently reported that they “somewhat” or “strongly” agreed with the accuracy of numerical data (53%, 95% CI 46–60%) and narrative comments (62%, 95% CI 55–68%) obtained from health system patient experience surveys compared to numerical data (36%, 95% CI 31–41%) and narrative comments (36%, 95% CI 30–42%) on independent websites (Table 3). Patients more frequently reported that they “somewhat” or “strongly” agreed with trusting the accuracy of data obtained from independent websites (57%, 95% CI 49–64%) compared to data from health system patient experience surveys (45%, 95% CI 41–50%, Table 3).

**Making Physician Ratings Available to the Public**

Physicians were less likely to support sharing of both numerical ratings and narrative comments obtained from health system patient experience surveys in increasingly public venues, with 21% “strongly” or “somewhat” supporting public sharing of narrative comments (Fig. 1). In contrast to physicians, one-half of patients “strongly” or “somewhat” supported making numerical ratings and narrative comments obtained from health system patient experience surveys available to the public.

**Perceived Impact of Publishing Numerical Rating Scores and Narrative Comments**

The majority of physicians (78%) reported that making numerical ratings and narrative comments from health system patient experience surveys publicly available would have a “somewhat” or “very” negative effect on physician job stress. Smaller proportions of physicians perceived a similarly

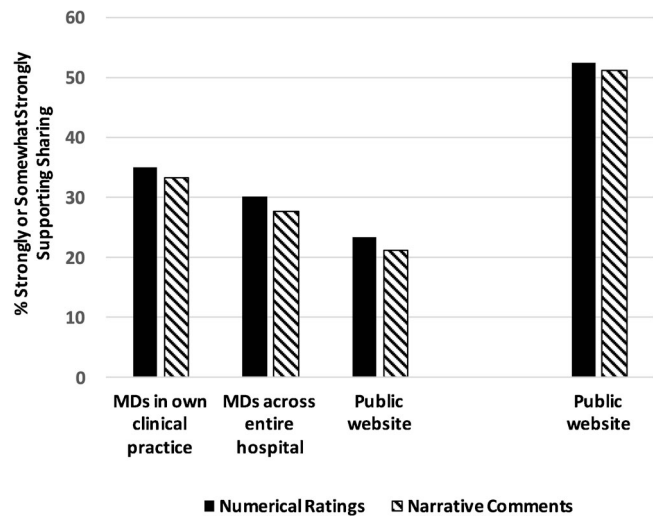


Figure 1 Physician and patient support for sharing physician rating data. Physician and patient ratings indicating very strong or somewhat strong support for sharing of data collected on health system patient experience surveys.

negative effect on the physician–patient relationship (46%), health care overuse (34%), and patient-reported experience of care (33%, Table 4).

Slightly more than one-fourth of patients reported that the publication of their narrative comments (29%) or numerical ratings (27%) from health system patient experience surveys would cause them to be less open about their feedback.

**DISCUSSION**

In a survey of physician and patient views on physician rating websites, we found contrasting views between physicians and patients in their support for making ratings of physicians publicly available and in the accuracy of information based on the source. Physicians were less supportive than patients of sharing data publicly, and more commonly supported the

Table 3 Physician and Patient Views on Accuracy of or Trust in Physician Rating Website Content

			Strongly or somewhat agree	
			N (%)	[95% CI]
Physician*	Independent website	The numerical ratings about me on public websites accurately reflect the quality of care that I provide.	123 (36)	[31–41]
		The open-ended comments about me on public websites accurately reflect the quality of care that I provide.	102 (36)	[30–42]
	Health system patient experience data	The numerical ratings from patient experience surveys accurately reflect the quality of care that I provide.	104 (53)	[46–60]
		The open-ended comments from patient experience surveys accurately reflect the quality of care that I provide.	136 (62)	[55–68]
Patient	Independent website†	I trust the reviews that I read online about doctors.	107 (57)	[49–64]
	Health system patient experience data	I would trust the reviews about doctors from standardized patient surveys if they were posted on the hospital website where the doctor works.	212 (45)	[41–50]

\*Among physicians reporting having viewed such ratings and comments

†Among patients reporting having read individual physician ratings on independent websites such as Healthgrades.com



Table 4 Physician Perceived Impact of Health System Physician Rating Websites

Physicians responded to the question: “As health systems make numerical ratings and open-ended comments about individual physicians publicly available, what effect do you believe it will have on the following aspects of care?”	Very or somewhat negative effect, N (%)	No effect, N (%)	Very or somewhat positive effect, N (%)
Physician job stress	603 (78)	110 (14)	65 (8)
Physician–patient relationship	358 (46)	212 (27)	208 (27)
Over-utilization of health care	263 (34)	450 (58)	65 (8)
Patient-reported experiences of care	260 (33)	246 (32)	271 (35)

accuracy of data from health system patient experience surveys compared to data from independent websites. Neither physicians nor patients expressed a difference in their support for sharing data publicly based on whether it included numerical ratings or narrative comments. This latter finding is particularly important as health system leaders are actively debating whether to publish narrative comments online.

The usage of physician rating websites by patients appears to have grown from one-fourth in 2012 to above one-third of patients.<sup>1</sup> We found that decreasing age, female sex, having a college education, and reporting regular Internet access were associated with a higher odds of visiting physician rating websites, consistent with previous research.<sup>12</sup> This suggests that as health system leaders and independent websites make ratings of physicians publicly available, strategies to make these websites more accessible to older, poor, less educated populations should be considered.

We found that over one-half of physicians reported having visited a website to look up reviews about themselves. Physicians practicing in the ambulatory setting, as opposed to inpatient care, demonstrated a higher odds ratio for visiting a rating websites. This is likely a reflection of the fact that patients have more choice regarding the selection of ambulatory physicians than do inpatient physicians; hence, ambulatory physicians are more interested in how they are portrayed in online venues.

Our survey further expands the literature by assessing physicians' and patients' opinions of physician rating websites based on the source of information. Physicians largely supported the accuracy of data obtained from health system patient experience surveys over independent websites, likely due to a longer historical experience with such data, as well as the scientific benefits related to the standardized sampling frames, larger sample sizes, and use of standardized tools. Patients, however, more commonly reported trust in the data obtained on independent websites compared to that of health system patient experience surveys. It is possible that patient views reflect increased familiarity with other crowd-sourced review processes such as Yelp.com and Amazon.com. In addition, patients may lack trust in health system websites due to concerns regarding bias, as health systems are publishing reviews regarding their own physicians. Health systems seeking to publish patient experience survey data will need to

work to engage their patients' trust in what is very likely a new and complicated data source to them.

Interestingly, we did not identify notable differences between physician or patient support for numerical ratings compared to narrative comments. Health system leaders should consider including both types of reviews on websites in the future, since both are equally supported, and the narrative comments are likely to provide additional context for patients.

Publishing health system patient experience data publicly is not without significant challenges. Physicians were less supportive than patients about sharing data publicly, perhaps related to the finding that over three-fourths of physicians felt that posting these data would increase job stress. Adding to job stress might be that physicians may receive only a limited number of reviews and therefore have concern about a non-representative sample of reviews being published publicly. Physician burnout is a real problem that is leading to threats to patient safety, as well as physician turnover, and other challenges to the delivery of high quality care.<sup>13</sup> As health systems seek to make patient experiences of care data publicly available, careful attention must be paid to establishing resources to support physicians in change management. This should include allowing physicians to become comfortable with the likely positive nature of these data before they are published,<sup>14</sup> as well as permitting physicians to play an ongoing role in how the data are released and displayed—responding to negative comments, advocating for removal of inappropriate comments, and agreeing on a minimum number of reviews required per physician in order to publish reviews online. Over one-third of physicians also expressed concern about over-utilization of health care, their concern likely being that physicians will accede to patient requests for unnecessary or marginally necessary tests to avoid poor ratings. Health system leaders should consider monitoring the impact of public ratings of physicians on over-utilization of care.

Patients also expressed important concerns related to public availability of physician ratings from health system patient experience surveys. Over one-fourth of patients reported that publishing patient experience data publicly would affect their ability to give open feedback. Survey developers and policymakers need to consider how this might affect the results of pay-for-performance programs and other initiatives that rely on historical trends and relative comparisons between

health systems that may or may not publicly share ratings of physicians.

Despite the challenges highlighted by our survey, making patient experience data publicly available has the potential to improve quality and engage patients as better-informed consumers. Patients clearly desire this information, with over one-half of patients in our survey supporting the online availability of health system patient experience data. One-fourth of physicians in our study felt that sharing ratings of physicians online would improve the physician–patient relationship, and one-third anticipated improvements in patient experiences of care measures. Such improvement has been the anecdotal experience of other health systems that have published physician-level numerical ratings and narrative comments online.<sup>3</sup>

Our findings have limitations. Our survey was conducted within a single accountable care organization in Massachusetts, and therefore the findings may not be generalizable to other systems. In addition, our survey response rates were less than 50% for both physicians and patients. However, we did capture the viewpoints of a large number of both physicians and patients. While we conducted extensive pre-survey cognitive testing of our instruments, the questions represented theoretical constructs, as many of the patients and physicians had not been exposed to the public release of patient experience survey ratings or narrative comments. Specifically, our findings regarding patient trust in health system data and physician and patient perceived impact of publishing health system data online were hypothetical in nature. The accountable care organization that served as our study site has not posted the results of routinely collected patient experience data, and it is possible that physicians' and patients' views would be different with such exposure. Finally, our study focused on patients over 30 years old, and therefore may not represent the views of those younger than 30 years.

## CONCLUSIONS

Our study adds to our understanding of how physicians and patients perceive independent and health system physician rating websites, including the reported use of, trust in, and potential consequences of both numerical ratings and narrative comments. Physicians and patients have discordant viewpoints, with physicians expressing more trust in data on health system websites, and patients expressing more trust in data on independent websites. Their views on whether such data

should be shared on public websites also differ, with more patients versus physicians expressing support for making health system patient experience data available publicly. Our study stresses the importance of monitoring the impact of independent and health system physician rating websites on both physicians and patients.

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**Compliance with Ethical Standards:**

**Conflict of Interest:** The authors declare that they do not have a conflict of interest.

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