Low-Loss Negative Refraction by Laser Induced Magneto-Electric Cross-Coupling

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We discuss the feasibility of negative refraction with reduced absorption in coherently driven atomic media. Coherent coupling of an electric and a magnetic dipole transition by laser fields induces magneto-electric cross-coupling and negative refraction at dipole densities which are considerably smaller than necessary to achieve a negative permeability. At the same time the absorption gets minimized due to destructive quantum interference and the ratio of negative refraction index to absorption becomes orders of magnitude larger than in systems without coherent cross-coupling. The proposed scheme allows for a fine-tuning of the refractive index. We derive a generalized expression for the impedance of a medium with magneto-electric cross coupling and show that impedance matching to vacuum can easily be achieved. Finally we discuss the tensorial properties of the medium response and derive expressions for the dependence of the refractive index on the propagation direction.

I. INTRODUCTION

Negative refraction of light, first predicted to occur in materials with simultaneous negative permittivity and permeability in the late 60’s [1], has become one of the most active fields of research in photonics in the last decade. Since the theoretical proposal for its realization in meta-materials [2, 3] and its first experimental demonstration [4] for RF radiation, substantial technological progress has been made towards negative refraction for shorter and shorter wavelengths [5, 6]. This includes various approaches based on split-ring resonator meta-materials [7, 8, 9], photonic crystals [10, 11, 12] as well as more unconventional designs like double rod [13, 14, 15] or fishnet structures [16, 17].

Despite the wide variety of implementations a major challenge is the large loss rate of these materials [5, 18]. Especially for potential applications such as subdiffraction limit imaging [19] or electromagnetic cloaking [20, 21, 22] the suppression of absorption proofs to be crucial [23, 24]. The usually adopted figure of merit

$$\text{FoM} = \frac{\text{Re}[n]}{\text{Im}[n]}$$ (1)

reaches only values on the order of unity in all current meta-material implementations [8] with a record value of $\text{FoM} = 3$ [25]. This means that the absorption length of these materials is only on the order of the wavelength.

Recently we have proposed a scheme in which coherent cross-coupling of an electric and a magnetic dipole resonance with the same transition frequencies in an atomic system [26] leads to negative refraction with strongly suppressed absorption [27] due to quantum interference effects similar to electromagnetically induced transparency [28, 29]. Furthermore, the value of the refractive index can be fine-tuned by the strength of the coherent coupling. In the present paper we provide a more detailed analysis of this scheme. In particular we will discuss under what conditions a magneto-electric cross coupling can induce negative refraction in atomic media without requiring $\text{Re}[\mu] < 0$. The model level scheme introduced in [27] will be analyzed in detail. Explicit expressions for the susceptibilities and cross-coupling coefficients will be derived and the limits of linear response theory explored. The important issue of non-radiative broadenings and local field corrections to the response will be discussed. Furthermore we will derive an explicit expression for the impedance of a medium with magneto-electric cross coupling and show that it can be matched to vacuum via external laser fields such that reflection losses at interfaces can be avoided. Finally we will give full account of the tensorial properties of the induced magneto-electric cross coupling and the resulting refractive index in the model system. We will show that in the model system discussed it is in general only possible to obtain isotropic negative refraction in 2D.

II. FUNDAMENTAL CONCEPTS

In the following we discuss the prospects of negative refraction in media with magneto-electric cross-
The electromagnetic constitutive relations between medium polarization $\mathbf{P}$ or magnetization $\mathbf{M}$ and the electromagnetic fields $\mathbf{E}$ and $\mathbf{H}$ are usually expressed in terms of permittivity and permeability only. Important aspects of linear optical systems such as optical activity, which describes the rotation of linear polarization in chiral media cannot be described in this way however. The most general linear relations that also include these effects read

$$\begin{align*}
\mathbf{P} &= \bar{\chi}_e \mathbf{E} + \frac{i}{4\pi} \mathbf{E} \times (\mathbf{H} \times \mathbf{E}) = \bar{\chi}_e \mathbf{E} + \frac{i}{4\pi} \mathbf{E} \times \mathbf{H} + \frac{i}{4\pi} \mathbf{E} \times \mathbf{E} = \bar{\chi}_e \mathbf{E} + \frac{i}{4\pi} \mathbf{E} \times \mathbf{H} \\
\mathbf{M} &= \bar{\xi}_H \mathbf{E} + \chi_m \mathbf{H}.
\end{align*}$$

Eqs. (2) describe media with magneto-electric cross couplings which are also known as bianisotropic media [30]. Here the polarization $\mathbf{P}$ gets an additional contribution induced by the magnetic field strength $\mathbf{H}$ and likewise the magnetization is coupled to the electric field component $\mathbf{E}$. $\bar{\xi}_{EH}$ and $\bar{\xi}_HE$ denote tensorial coupling coefficients between the electric and magnetic degrees of freedom, while $\bar{\xi}_e = 1 + 4\pi \bar{\chi}_e$ and $\bar{\mu}_m = 1 + 4\pi \bar{\chi}_m$ are the complex-valued permittivity and permeability tensors. As we use Gaussian units the coefficients $\bar{\chi}_e$, $\bar{\chi}_m$, $\bar{\xi}_{EH}$, and $\bar{\xi}_HE$ are unitless. The propagation properties of electromagnetic waves in such media are governed by the Helmholtz equation

$$\left(\bar{\varepsilon} + \left(\bar{\xi}_{EH} + \frac{c}{\omega} \mathbf{k} \times \right) \bar{\mu}^{-1} \left(\frac{c}{\omega} \mathbf{k} \times -\bar{\xi}_{HE}\right)\right) \mathbf{E} = 0. \tag{3}$$

A general solution of this equation for the wave vector $\mathbf{k}$ is very tedious [31] and a comprehensive discussion of the most general case almost impossible. For the sake of simplicity we therefore assume the permittivity $\bar{\varepsilon}$ and the permeability $\bar{\mu}$ to be isotropic $\bar{\varepsilon} = \varepsilon I$, $\bar{\mu} = \mu I$. We furthermore restrict ourselves to a one-dimensional theory by choosing the wave to propagate in the $z$-direction which leaves only the upper left 2 × 2-submatrices of the tensors $\bar{\xi}_{EH}$ and $\bar{\xi}_{HE}$ relevant. At this point we restrict the discussion to media which allow for conservation of the photonic angular momentum at their interfaces. In particular, we assume the response matrices $\xi_{EH}$ and $\xi_{HE}$ to be diagonal in the basis $\{\mathbf{e}_+, \mathbf{e}_-, \mathbf{e}_z\}$. Here $\mathbf{e}_\pm$ denote circular polarization basis vectors $\mathbf{e}_\pm = (\mathbf{e}_z \pm i \mathbf{e}_y) / \sqrt{2}$. This leads, e.g., for $\xi_{EH}$, to

$$\begin{align*}
\xi_{EH} &= \xi_{EH}^+ \mathbf{e}_+ \otimes \mathbf{e}_+^* + \xi_{EH}^- \mathbf{e}_- \otimes \mathbf{e}_-^* + \xi_{EH}\mathbf{e}_z \otimes \mathbf{e}_z \\
&= \begin{pmatrix}
\frac{(\xi_{EH}^+ - \xi_{HE}^-)}{2} & \frac{-i(\xi_{EH}^+ - \xi_{HE}^-)}{2} & 0 \\
\frac{i(\xi_{EH}^- - \xi_{HE}^+)}{2} & \frac{(\xi_{EH}^+ + \xi_{HE}^-)}{2} & 0 \\
0 & 0 & \xi_{EH}^z
\end{pmatrix}.
\end{align*} \tag{4}$$

Note that the tensor [41] includes also biisotropic media first discussed by Pendry [32] for negative refraction as a special case. Such biisotropic media display a chiral behavior, i.e., isotropic refractive indices which are different for the two circular eigen-polarizations. In section VI we will give an example which implements a polarization independent but anisotropic index of refraction.

Using (4) the propagation equation for a left circular polarized wave traveling in the $z$-direction can be expressed as

$$\varepsilon_{\mu} - \left(\xi_{EH}^+ + \frac{c}{\omega} k_z^+\right) \left(\xi_{HE}^+ - \frac{c}{\omega} k_z^+\right) = 0 \tag{5}$$

which can be solved for $k_z^+$. As $k_z^+$ is related to the refractive index via $n^+ = k_z^+ c / \omega$ we find

$$n^+ = \sqrt{\varepsilon_{\mu} - \left(\xi_{EH}^+ + \xi_{HE}^+\right)/2 + \frac{i}{2} \left(\xi_{EH}^+ - \xi_{HE}^+\right)}. \tag{6}$$

Note that for a vanishing cross-coupling ($\xi_{EH} = \xi_{HE} = 0$) this simplifies to the well known expression $n = \sqrt{\varepsilon_{\mu}}$.

Equation (6) has more degrees of freedom than the non-chiral version and allows for negative refraction without requiring a negative permeability. For example if we set $\xi_{EH} = -\xi_{HE} = \imath \xi$, with $\xi > 0$ the refractive index (6) reads

$$n = \sqrt{\varepsilon_{\mu} - \xi}. \tag{7}$$

Here and in the following we drop the superscript + for notational simplicity. Magnetic dipole transitions in atomic systems are a relativistic effect and thus magnetic dipoles are typically smaller than electric ones by a factor given by the fine structure constant $\alpha \approx 1/137$. Since furthermore magnetic resonances are typically not radiatively broadened the magnetic susceptibility $\chi_m$ per dipole is typically less than the electric susceptibility $\chi_e$ by a factor given by the fine structure constant squared $\alpha^2$. On the other hand, as we will show later on, the cross-coupling coefficients $\xi_{EH}$ and $\xi_{HE}$ scale only with one factor of $\alpha$. Thus Eq. (6) represents an improvement compared to non-chiral approaches, since a negative index can be achieved at densities where $\mu$ is still positive but $\xi > \sqrt{\varepsilon_{\mu}}$. Negative refraction with $\text{Re}[\mu] > 0$ comes with the requirements to find large enough chiral coupling coefficients $\xi_{EH}$ and $\xi_{HE}$ and additionally to control their phases in order to get close enough to $\xi_{EH} = -\xi_{HE} = \imath \xi$ necessary for negative refraction.

As in [27] we will analyze these fundamental concepts in more detail and consider a modified V-type three-level system (Fig. 1). It consists of an electric dipole transition which couples the ground state $|1\rangle$ and the excited state $|3\rangle$ as well as a magnetic dipole transition between $|1\rangle$ and the upper state $|2\rangle$. We assume states $|2\rangle$ and $|3\rangle$ to be energetically degenerate such that the electric ($E$) and magnetic ($B$) field components of the probe field can couple efficiently to the transitions $|1\rangle - |3\rangle$ and $|1\rangle - |2\rangle$, respectively. In order to couple the electric and magnetic dipoles, i.e., to induce a cross-coupling in the sense of equation (2) we add a strong resonant coherent coupling field between the two upper states $|2\rangle$ and $|3\rangle$ with a
Rabi-frequency $\Omega_c$. Note that the configuration of Fig. 1 complies with the requirements of parity rules. The magnetization of the system at the probe field frequency is given by the coherence of the $|1\rangle - |2\rangle$ transition which also gets a contribution induced by the electric field $E$ and likewise the polarization, connected to $|1\rangle - |3\rangle$, is not only induced by $E$ but also by the magnetic field $B$. Following the discussion above the level scheme of Fig. 1 should therefore show a negative refractive index without requiring $\text{Re}[\mu] < 0$.

Concerning the absorption we note that the main contribution to the imaginary part of $\mu$ stems from the permittivity $\varepsilon$. The radiative decay rate $\gamma_2$ of the magnetic dipole transition $|2\rangle - |1\rangle$ is typically a factor $\alpha^2$ smaller than $\gamma_3$, the decay rate of the electric dipole transition. As a consequence the strong field $\Omega_c$ couples state $|3\rangle$ strongly to the metastable state $|2\rangle$ which, on two-photon resonance, is the condition for destructive quantum interference for the imaginary part of the permittivity, known as electromagnetically induced transparency (EIT) \[28\]. Additionally, for closed loop schemes (Fig. 1) it is known from resonant nonlinear optics based on EIT \[28\] , \[32\], \[34\] that the dispersive cross-coupling, which in our case is the magneto-electric cross coupling, experiences constructive interference.

In essence the coupling of an electric to a magnetic dipole transition should lead to negative refraction for significantly smaller densities of scatterers compared to non-chiral proposals \[33\] , \[36\] , \[37\]. We additionally expect the imaginary part of $\varepsilon$, which represents the major contribution to absorption, to be strongly suppressed due to quantum interference effects while simultaneously the cross-coupling terms should be further enhanced.

Though conceptually easy the scheme of Fig. 1 has several drawbacks which demand a modification of the level structure. (i) As stated above the phase of the chirality coefficients $\xi_{EH}$, $\xi_{HE}$ must be adjustable to control the sign of the refractive index and induce $\text{Re}[\mu] < 0$. As $\Omega_c$ is a dc-field in the scheme of Fig. 1 the phases of $\xi_{EH}$, $\xi_{HE}$ are solely given by the intrinsic phase of the transition moments and therefore can not be controlled. (ii) To suppress the absorption efficiently there must be high-contrast EIT for the probe field. The critical parameter for this effect is the dephasing rate $\gamma_{21}$ of the coherence $\rho_{21}$ between the two EIT “ground”-states $|2\rangle$ and $|1\rangle$. Since state $|2\rangle$ has an energy difference to state $|1\rangle$ on the order of the probe field frequency, the coherence $\rho_{21}$ is highly susceptible to additional homogeneous or inhomogeneous broadenings which ultimately can destroy EIT. (iii) The level structure must be appropriate for media of interest (atoms, molecules, excitons, etc.). Although the scheme of Fig. 1 is not forbidden on fundamental grounds it is very restricting to require that electric and magnetic transitions be energetically degenerate while having a common ground state.

One possible alternative level structure which solves these problems is shown in Fig. 2. The former ground state $|1\rangle$ is now substituted by the dark state $|D\rangle$ as determined by the two coupling field Rabi frequencies $\Omega_1$ and $\Omega_2$: $|D\rangle = (\Omega_2|1\rangle - \Omega_1|4\rangle)/\sqrt{\Omega_1^2 + \Omega_2^2}$, which represents the major contribution to absorption, is strongly suppressed due to quantum interference effects while simultaneously the cross-coupling terms should be further enhanced. The critical parameter of EIT for this scheme is the dephasing rate $\gamma_{24}$ of the coherence $\rho_{24}$ between states $|2\rangle$ and $|4\rangle$. By assuming levels $|2\rangle$ and $|4\rangle$ to be close to degenerate $\rho_{24}$ can be taken to be insensitive to additional broadenings. Compared to the 3-level system of Fig. 1, the electric and magnetic transitions here do not share a common state while the transition frequencies are still degenerate. This leaves much more freedom regarding a realization in real systems.

In the next section we will analyze the 5-level-system in detail.
FIG. 3: 5-level scheme for the implementation of negative refraction via electromagnetically induced cross-coupling. The magnetic dipole transition [2] – [1] and the electric dipole transition [3] – [4] are coupled by $\Omega_c$ to induce chirality. The “ground”-state of the system is formed by the dark state $|D\rangle = (\Omega_2|1\rangle - \Omega_1|4\rangle)/\sqrt{\Omega_2^2 + \Omega_4^2}$ of the subsystem $\{1,4,5\}$.

III. 5-LEVEL SCHEME

A. Linear response

The level scheme in question is shown in greater detail in Fig. 3. The transition [2] – [1] is magnetic dipole by nature, all other transitions are electric dipole ones. Note that this complies with the demands of parity. It is assumed that for reasons of selection rules or absence of resonance no other transitions than the ones sketched in Fig. 3 are allowed. The Hamiltonian $H = H_{\text{atom}} - d \cdot E(t) - \mu \cdot B(t)$ of the system can be written explicitly as

$$H = \sum_{n=1}^{5} \hbar \omega_n |n\rangle \langle n| + \left\{ -\frac{1}{2} d_{34} E e^{-i\omega_p t} |3\rangle |4\rangle - \frac{1}{2} \mu_{21} B e^{-i\omega_c t} |2\rangle |1\rangle - \frac{\hbar}{2} \Omega_1 e^{-i\omega_2 t} |5\rangle |1\rangle - \frac{\hbar}{2} \Omega_2 e^{-i\omega_4 t} |3\rangle |2\rangle + \text{h.c.} \right\}. \tag{8}$$

Here $d_{34} = \langle 3| e \cdot \hat{E} |4\rangle$ and $\mu_{21} = \langle 2| e \cdot \hat{B} |1\rangle$ are the electric and magnetic components of the weak probe field which oscillates at a frequency $\omega_p$. The Rabi frequencies $\Omega_1$, $\Omega_2$ and $\Omega_c$ belong to strong coupling lasers which oscillate at frequencies $\omega_1$, $\omega_2$ and $\omega_c$, respectively. We choose $d_{34}$ and $\mu_{21}$ as well as $\Omega_1$ and $\Omega_2$ to be real whereas the strong coupling Rabi frequency $\Omega_c$ has to stay complex for the closed loop scheme.

To include losses in our description we solve for the steady state solutions of the Liouville equation of the density matrix. In doing so we introduce population decay rates $\gamma_i, i \in \{1,2,3,4,5\}$. As we focus on the linear response we treat the probe field amplitudes $E$ and $B$ as weak fields which allows to neglect the upper state populations $\rho_{34}$ and $\rho_{23}$. In contrast the subsystem $\{1,4,5\}$ contains strong fields with Rabi frequencies $\Omega_1$ and $\Omega_2$ and should be treated non-perturbatively.

We first solve the 3-level subsystem $\{1,4,5\}$ undisturbed by the probe field. Under the assumption that $|4\rangle$ is meta-stable and therefore $\gamma_4 \ll \gamma_5$ holds, the exact solution is:

$$\rho_{11}^{(0)} = \frac{|\Omega_2|^2}{|\Omega_1|^2 + |\Omega_2|^2}, \quad \rho_{44}^{(0)} = \frac{|\Omega_1|^2}{|\Omega_1|^2 + |\Omega_2|^2}, \quad \rho_{34}^{(0)} = \rho_{51}^{(0)} = \rho_{53}^{(0)} = 0. \tag{9}$$

This solution for the $A$-type subsystem indeed corresponds to the pure state $|D\rangle = (\Omega_2|1\rangle - \Omega_1|4\rangle)/\sqrt{\Omega_2^2 + \Omega_4^2}$ via $\rho_{\text{subs}} = |D\rangle \langle D|$. Note that density matrix components with tildas denote slowly varying quantities.

We proceed by solving for the polarizabilities of the complete 5-level-scheme up to first order in the probe field amplitudes $E$ and $B$. Since the induced Polarization $P$ is proportional to the coherence of the electric dipole transition $\tilde{\rho}_{34}$ whereas the induced Magnetization $M$ is proportional to the density matrix element $\tilde{\rho}_{21}$ we arrive at

$$P = 0 d_{34} \tilde{\rho}_{34} := \varrho \alpha^{EE} E + \varrho \alpha^{EB} B \tag{10}$$

where $\varrho$ is the number density of scatterers, $\alpha^{EE}$, $\alpha^{EB}$ and $\alpha^{BB}$ are the direct and the cross-coupling polarizabilities. They are given by:

$$\alpha^{EE} = \frac{i}{2\hbar} \left( \frac{d_{34}^{(0)} \rho_{11}^{(0)}}{\gamma_2 + i(\Delta_E - \delta_c)} \right) \tag{11}$$

$$\alpha^{BB} = \frac{i}{2\hbar} \left( \frac{\mu_{21}^{(0)} \rho_{11}^{(0)}}{\gamma_1 + i(\Delta_B - \delta_c)} \right) \tag{12}$$

as well as

$$\alpha^{EB} = -\frac{1}{4\hbar} \left( \frac{d_{34} \mu_{21} \rho_{11}^{(0)}}{\gamma_2 + i(\Delta_E - \delta_c)} \right) \tag{13}$$

$$\alpha^{BE} = -\frac{1}{4\hbar} \left( \frac{d_{34} \mu_{21} \rho_{11}^{(0)}}{\gamma_1 + i(\Delta_B - \delta_c)} \right) \tag{14}$$

Here the definitions $\gamma_{ij} = (\gamma_i + \gamma_j)/2$, $\Delta_E = \omega_{34} - \omega_p$, $\Delta_B = \omega_{21} - \omega_p$ and $\delta_c = \omega_{32} - \omega_c$ apply, with $\omega_{ij} = \omega_{ij}^A - \omega_{ij}^B$ being the transition frequencies between levels $|i\rangle$ and $|j\rangle$. Note that these solutions are only valid...
for \( \Delta_E = \Delta_B + \delta_c \) which corresponds to the resonance condition
\[
\omega_c = \omega_1 - \omega_2 \tag{15}
\]
which ensures the total frequency in the closed loop scheme to sum up to zero.

In order to visualize the polarizabilities we set the magnetic dipole decay rate to a typical radiative value for optical frequencies \(\approx 1\) kHz, the electric dipole decay rates correspondingly to \(\gamma_3 = \gamma_5 = 137^2 \gamma_2 \) and \(\gamma_1 = \gamma_4 = 0\) for the (meta-)stable states \(|1\rangle\) and \(|4\rangle\). The electric and magnetic dipole matrix elements \(d_{34}\) and \(\mu_{21}\) are determined from the radiative decay rates via the Wigner-Weisskopf result \(d_{34}(\mu_{21}) = \sqrt{3\gamma_3(\gamma_2)\hbar c^3/(4\omega^3)}\) for an optical frequency corresponding to \(\lambda = 600\) nm. The Rabi frequencies of the \(\Lambda\)-type subsystem attain real values \(\Omega_1 = \Omega_2 = 10^2 \gamma_2\) while the coupling Rabi frequency \(\omega_c\) is chosen complex, \(\omega_c = |\omega_c|e^{i\phi}\). We furthermore specialize to \(\delta_c = 0\) which implies \(\Delta_E = \Delta_B\). In order to have increasing photon energy from left to right in figures presented here all following spectra are plotted as a function of \(\Delta = -\Delta_E = -\Delta_B\).

For \(\omega_c = 0\) the cross-coupling coefficients \(\alpha^{EB}\) and \(\alpha^{BE}\) vanish exactly whereas the electric as well as the magnetic polarizability both show a simple Lorentzian resonance. Introducing a non-zero coupling strength \(\omega_c\) changes the response dramatically. As shown in Fig. \[3\] for \(\omega_c = 10^2 \gamma_2 e^{i\pi/2}\) the electric polarizability \(\alpha^{EE}\) indeed displays electromagnetically induced transparency (EIT). The value of \(|\omega_c|\) is optimized as will be discussed in section \[\text{III}\]. As long as the coupling field \(\omega_c\) is present \(\text{Im}[\alpha^{EE}]\) on resonance is proportional to the decoherence rate \(\gamma_{42}\) of the two EIT ground states \(|4\rangle\) and \(|2\rangle\) which can become very small. Thus the prominent feature of EIT emerges: suppression of absorption. In contrast the magnetic polarizability \(\alpha^{BB}\) still shows an ordinary Lorentzian resonance since \(\gamma_{31}\) is always large.

Due to the coupling to the strong electric dipole transition the magnetic resonance is broadened as compared to its radiative linewidth which is accompanied by a significant decrease of the magnetic response susceptibility on resonance.

For a non-vanishing \(\omega_c\) the two cross-couplings \(\alpha^{EB}\) and \(\alpha^{BE}\) show strongly peaked spectra. Note that the phase \(\phi = \pi/2\) has been chosen such that on resonance \(\alpha^{EB} = -\alpha^{BE} \times i\) holds, as demanded in section \[\text{III}\].

Note furthermore that we verified numerically that all polarizabilities and cross-coupling terms are causal and thus fulfill Kramers-Kronig relations.

### B. Limits of linear response theory

For radiatively broadened systems \(\gamma_{21}^{(B)} \approx \gamma_{21}^{(E)}\) holds. Thus magnetic transitions saturate at much lower field amplitudes than corresponding electric dipole transitions. For this reason we have to analyze the saturation behavior of the system.

To rule out saturation effects and validate the use of linear response theory we solve the Liouvillian equation for the 5-level system of Fig. \[3\] to all orders in the electric and magnetic field amplitudes \(E\) and \(B\) which can only be done numerically. We determine the polarizabilities \(\alpha^{EE}(E, B), \alpha^{BE}(E, B), \alpha^{BB}(E, B)\) and \(\alpha^{EB}(E, B)\) from the numerically accessible density matrix elements \(\hat{\rho}_{34}\) and \(\hat{\rho}_{21}\) (see Appendix A) for the worst case scenario of purely radiatively broadened transitions and compare to the results of the linear response theory. Fig. \[5\] shows the deviation of the exact solution to the linear response results
\[
\log \left| 1 - \frac{\alpha^{IJ}(E,B)}{\alpha^{IJ}} \right| \tag{16}
\]
for all polarizabilities. The solid lines correspond to \( \Omega_E = 137 \Omega_B = \gamma_2 \), the dashed lines to \( \Omega_E = 137 \Omega_B = 10 \gamma_2 \). Here \( \Omega_E = d_{34}E/h \) and \( \Omega_B = \mu_21B/h \) denote the electric and magnetic probe field Rabi frequencies for the 5-level system.

For a radiatively broadened electric dipole 2-level atom we can estimate the probe-field Rabi frequency required to lead to a 1% upper state population to be \( \Omega_E = \sqrt{0.01} \gamma_3 \approx 13.7 \gamma_2 \). From Fig. 3 we note that even for \( \Omega_E = 137 \Omega_B = 10 \times \gamma_2 \), i.e., the same order of magnitude as \( \Omega_E \), the deviation of the exact result from the spectrum obtained in linear response approximation never exceeds \( 10^{-2} \). As a result we conclude that the 5-level scheme is not significantly more sensitive to saturation effects than any ordinary electric dipole transition.

This behavior is a result of the coupling Rabi frequency \( \Omega_c \) due to which the \( |2\rangle - |1\rangle \) transition experiences an additional broadening which makes it less susceptible to saturation.

### C. Non-radiative broadenings

As noted in section II additional broadenings are essential for the description of spectral properties as soon as magnetic transitions are involved.

To add an additional homogeneous dephasing rate we formally add to every static detuning \( \Delta_E, \Delta_B, \delta_E \) an extra random term \( x_E, x_B, x_c \) (e.g. \( \Delta_E \rightarrow \Delta_E + x_E \)) which has to be convoluted with a Lorentzian distribution

\[
L(x) = \frac{1}{\pi} \frac{\gamma_p}{\gamma_p^2 + x^2}.
\]

For, e.g., \( \alpha^{EE} \) this amounts to

\[
\tilde{\alpha}^{EE} = \int dx_E dx_B dx_c \alpha^{EE}(x_E, x_B, x_c) L(x_E) L(x_B) L(x_c).
\]

Levels \( |2\rangle \) and \( |4\rangle \) are approximately degenerate and thus assumed to experience correlated phase fluctuations. As a consequence \( \gamma_{42} \), which is relevant for EIT, remains unchanged while the same width \( \gamma_p \) applies for both \( \Delta_E \) and \( \delta_c \). For simplicity we choose the same width for \( \Delta_B \).

The convolution integral can be solved analytically which results in the substitution of the off-diagonal decay rates \( \gamma_{ij}, i \neq j \) (11)-(14) according to

\[
\begin{align*}
\gamma_{42} & \rightarrow \gamma_{42} \\
\gamma_{34} & \rightarrow \gamma_{34} + \gamma_p \\
\gamma_{21} & \rightarrow \gamma_{21} + \gamma_p \\
\gamma_{31} & \rightarrow \gamma_{31} + 2\gamma_p.
\end{align*}
\]

In contrast \( \gamma_{21} \) and \( \gamma_{34} \) encounter a broadening \( \gamma_p \), likewise \( \gamma_{31} \) experiences a broadening \( 2\gamma_p \).

We choose the value \( \gamma_p = 10^3 \gamma_2 \) which is typical for rare-earth doped crystals at cryogenic temperatures. For a given broadening \( \gamma_p \) the cross-coupling terms reach a maximum for the coupling Rabi frequency attaining the optimal values \( 137 \gamma_2 \) and \( 1370 \sqrt{2} \gamma_2 \), respectively. Fig. 6 shows the polarizabilities for an intermediate value of \( |\Omega_c| = 10^4 \gamma_2 \). Since \( \gamma_{42} \) remains un broadened the electric polarizability \( \alpha^{EE} \) still shows EIT while the spectrum of \( \alpha^{BB} \) shows a simple but broadened resonance with \( \alpha^{EE} \approx 137^2 \alpha^{BB} \). Similarly \( \alpha^{EE} \approx 137 \alpha^{BB} \) and \( \alpha^{EE} \approx 137^2 \alpha^{BB} \) hold approximately.

To incorporate the effect of an inhomogeneous Doppler broadening mechanism on the spectrum the same formalism as for the homogeneous case, but with a Gaussian instead of a Lorentzian distribution, can be used.

### D. Local field correction

So far we have dealt with a single individual radiator (e.g., atom) responding to the locally acting fields. For large responses these local fields are known to differ from the averaged Maxwell field. We therefore have to correct the results of section II by the use of Clausius-Mossotti type local field corrections. Note that due to the cross-coupling the influence of the magnetic properties is enhanced by a factor of approximately 137. We therefore also include magnetic local field corrections in the treatment.

To add local field corrections to the response the fields \( E \) and \( B \) Eq. (10) are interpreted as local or microscopic ones:

\[
P = \theta \Omega^{EE} E^{\text{micro}} + \theta \Omega^{BB} B^{\text{micro}}
\]

\[
M = \theta \Omega^{EE} E^{\text{micro}} + \theta \Omega^{BB} B^{\text{micro}}
\]

\( (\theta \text{ number density of scatterers}) \). The relations between the local and the corresponding macroscopic field amplitudes can be obtained from phenomenological considerations [44] [41] which read

\[
E^{\text{micro}} = E + \frac{4\pi}{3} P, \quad H^{\text{micro}} = H + \frac{4\pi}{3} M
\]
1.5
1.0
0.5
0.0
−1.5
−1.0
−0.5
0.0
0.5
1.0
1.5
(a) \( q = 5 \cdot 10^{14} \text{cm}^{-3} \)

0.7
0.6
0.5
0.4
0.3
0.2
0.1
0.0
−0.1
−0.2
−0.3
−0.4
−0.5
−0.6
−0.7
−0.8
−0.9
(a) \( q = 5 \cdot 10^{16} \text{cm}^{-3} \)

FIG. 7: (color online) Real (solid lines) and imaginary (dashed lines) parts of the refractive index, including local field effects for two different densities.

for the electric and the magnetic field, respectively. Note that we need to replace \( B \) by \( H \) to find the permittivity \( \varepsilon \), permeability \( \mu \), and coefficients \( \xi_{EH} \) and \( \xi_{HE} \) of equation (2) in terms of the polarizabilities of equations \( 11 - 14 \). This can be done most easily for the local microscopic fields for which \( B^{\text{micro}} = H^{\text{micro}} \) holds \( 41 \). Solving Eq. (20) together with (21) for \( P \) and \( M \) in terms of the macroscopic field amplitudes \( E \) and \( H \) yields

\[
\varepsilon = 1 + 4\pi \frac{\varrho}{L^{\text{loc}}} \times \left\{ \alpha_{EE} + \frac{4\pi}{3} \varrho \left( \alpha_{EB} \alpha_{BE} - \alpha_{EE} \alpha_{BB} \right) \right\},
\]

\[
\mu = 1 + 4\pi \frac{\varrho}{L^{\text{loc}}} \times \left\{ \alpha_{BB} + \frac{4\pi}{3} \varrho \left( \alpha_{EB} \alpha_{BE} - \alpha_{EE} \alpha_{BB} \right) \right\},
\]

with the denominator

\[
L^{\text{loc}} = 1 - \frac{4\pi}{3} \varrho \alpha_{EE} - \frac{4\pi}{3} \varrho \alpha_{BB} + \left( \frac{4\pi}{3} \varrho \right)^2 \left( \alpha_{EB} \alpha_{BE} - \alpha_{EE} \alpha_{BB} \right).
\]

Note that for media without a magneto-electric cross-coupling a rigorous microscopic derivation \( 42 \) validates the phenomenological procedure adopted here.

E. Negative refraction with low absorption

With the permittivity \( \varepsilon \) and the permeability \( \mu \) given by Eq. (22) and the parameters \( \xi_{EH} \) and \( \xi_{HE} \) \( \text{Eq. } 23 \) we determine the index of refraction from Eq. (0). As an example, Fig. 7(a) shows the calculated real and imaginary parts of the refractive index as a function of the probe field detuning \( \Delta \) for a density of \( q = 5 \cdot 10^{14} \text{cm}^{-3} \) and otherwise using the parameter values defined in sections III A and III C. The shape of the spectrum is governed by the permittivity \( \varepsilon \) with the prominent features of EIT: suppression of absorption and steep slope of the dispersion on resonance. Clearly for this density there is no negative refraction yet.

In Fig. 7(b) the spectrum of \( n \) for an increased density of \( q = 5 \cdot 10^{16} \text{cm}^{-3} \) is shown. Note that in contrast to Fig. 7(a) the frequency axis is scaled in units of the broadening \( \gamma_p \) as local field effects start to influence the shape of the spectral line at this density. We find substantial negative refraction and minimal absorption for this density. The density is about a factor 10\(^2\) smaller than the density needed without taking chirality into account \( 43 \).

In order to validate that the negative index results from the cross-coupling we compare the spectrum of Fig. 7(b) to a non-chiral version. As setting \( \Omega_c = 0 \) influences the permittivity and permeability as well, we set \( \rho_{41}^{(0)} = 0 \) by hand such that the cross-couplings vanish identically. The resulting index of refraction is shown in Fig. 8(a) for a density \( q = 5 \cdot 10^{16} \text{cm}^{-3} \). We find that without cross-coupling no negative refraction occurs. Thus the negative index at this density is clearly a consequence of the cross-coupling.

Following the qualitative discussion in section III we have set the phase \( \phi \) of the coupling Rabi frequency \( \Omega_c \) to \( \phi = \pi/2 \). Fig. 8(b) shows the dependence of the refractive index on \( \phi \) taken at the spectral position \( \Delta = 0.045 \gamma_p \) at which Re\( |n| \) reaches its minimum for \( q = 5 \cdot 10^{16} \text{cm}^{-3} \). As expected the refractive index is strongly phase dependent. A change of the phase by \( \delta \phi = \pi \) for example reverses the influence of the cross-coupling and gives a positive index of refraction Re\( |n| \) > 0. Note that the symmetry Re\( |n(\phi)| = -\text{Re}|n(2\pi - \phi)| \) is coincidental since for the chosen parameters \( \varepsilon \approx 0 \).

By increasing the density of scatterers \( q \) further the optical response of the medium increases. For a spectral position slightly below resonance (\( \Delta = 0.045 \gamma_p \)) where negative refraction is obtained most effectively we show Re\( |\varepsilon| \) as well as Im\( |\xi_{EH}| \) and Im\( |\xi_{HE}| \) as functions of the density \( q \) [Fig. 9(a)]. Due to local field corrections the permittivity is of the same order of magnitude as the cross-coupling terms. The imaginary parts of the parameters \( \xi_{EH} \) and \( \xi_{HE} \) increase strongly with opposite signs
causing the refractive index to become negative. The corresponding density dependence of the refractive index is shown in Fig. 9(b).

As an example for higher densities the spectrum of $\varepsilon = 5 \cdot 10^{17} \text{cm}^{-3}$ is shown in Fig. 10. Compared to the case of $\varepsilon = 5 \cdot 10^{16} \text{cm}^{-3}$ [Fig. 9(b)] $|\text{Im}[n]|$ did not change much qualitatively while $\text{Re}[n]$ reaches larger negative values.

Remarkably, in Fig. 9(b) we find that the absorption $|\text{Im}[n]|$ reaches a maximum and then decreases with increasing density of scatterers. This peculiar behavior is due to local field effects which invariably get important at such high values of the response. As a consequence the spectral band with minimal absorption broadens with increasing density due to local field effects. Hence the chosen spectral position moves from the tail of the band edge to the middle of the minimal absorption band.

As a consequence of the low absorption and corresponding increasing values of $\text{Re}[n]$ the $\text{FoM}$ continues to increase with density and reaches rather large values. In Fig. 11 we show the $\text{FoM}$ as a function of $\Delta$ for $\varepsilon = 5 \cdot 10^{16} \text{cm}^{-3}$ and $\varepsilon = 5 \cdot 10^{17} \text{cm}^{-3}$. While the $\text{FoM}$ reaches for $\varepsilon = 5 \cdot 10^{16} \text{cm}^{-3}$ values of $\approx 35$ it climbs for $\varepsilon = 5 \cdot 10^{17} \text{cm}^{-3}$ up to $\text{FoM} \approx 350$. These results should be contrasted to previous theoretical proposals and experiments on negative refraction in the optical regime, for which the refraction/absorption ratio is typically on the order of unity.

### IV. Tunability

As first noted by Smith et al. \cite{Smith2002} and Merlin \cite{Merlin2009} sub-wavelength imaging using a flat lens of thickness $d$ requires not only some negative refractive index but an extreme control of the absolute value of $n$. For an intended resolution $\Delta x$ the accuracy with which the value $n = -1$ (assuming a vacuum environment) has to be met is given by

$$|\Delta n| = \exp \left\{ -\frac{2\pi d}{\Delta x} \right\}. \quad (24)$$

For a metamaterial with $\text{Re}[n] < 0$ Eq. (24) presents a considerable obstacle for the operation of a superlens approaching far field distances ($d \gg \lambda$) as it demands an extreme fine-tuning of the refractive index in order to achieve a resolution beyond the diffraction limit.

Our scheme allows to achieve such a fine tuning. In Fig. 12 we show the real and imaginary parts of $n$ as a function of $\log(|\Omega_c|/\gamma_3)$ for a density of $\varepsilon = 1.56 \cdot 10^{17} \text{cm}^{-3}$. As the coupling Rabi frequency approaches $\gamma_3$ we find small $|\text{Im}[n]|$ while $\text{Re}[n]$ attains negative values. The dispersion then changes only slightly with a small slope and values around $n = -1$. Therefore the refractive index can be fine tuned by relatively coarse adjustments of the strength of the coupling field $\Omega_c$. Note that the value and slope of $n$ for $|\Omega_c| \approx \gamma_3$ can be chosen by adjusting the density $\varepsilon$ of the medium and the spectral position of the probe light frequency.

Apart from potential imaging applications the 5-level quantum interference scheme allows for devices operating
in a wide range of positive and negative refractive indices with simultaneously small losses.

V. IMPEDANCE MATCHING

When considering the applicability of optical devices reflection at boundaries between different media play an important role. Impedance matching at these boundaries is often essential for the performance of the device. For sub-wavelength resolution imaging the elimination of reflection losses is particularly important, see Eq. (24).

In this section we thus derive conditions under which the boundary between non-chiral and chiral, negative refracting media is non or little reflecting.

We consider a boundary between a non-chiral medium 1 \((z < 0)\) with \(\varepsilon_1, \mu_1\) and medium 2 \((z > 0)\) which employs a cross-coupling \((\varepsilon_2, \mu_2, \xi_{EH}, \xi_{HE})\). We assume again a wave propagating in \(z\)-direction in a medium corresponding to the tensor structure \(\epsilon\) such that we can restrict to an effectively scalar theory for, e.g., left circular polarization.

We decompose the \(e_+\) field component in region 1 into an incoming \(E_i\) and a reflected part \(E_r\):

\[
E_i(\mathbf{r}) = (E_i e^{ik_1z} + E_r e^{-ik_1z})e_+ \tag{25}
\]

\((k_1 = |\mathbf{k}_i| = |\mathbf{k}_r|)\). In medium 2 \((z > 0)\) only a transmitted wave \(E_t\) exists due to the boundary condition at infinity

\[
E_t(\mathbf{r}) = E_t e^{ik_2z}e_+. \tag{26}
\]

The connection of these modes at the interfaces and similar ones for the magnetic field \(\mathbf{H}(\mathbf{r})\) is established by the boundary conditions \(\mathbf{n} \times (\mathbf{E}_2 - \mathbf{E}_1) = 0\) and \(\mathbf{n} \times (\mathbf{H}_2 - \mathbf{H}_1) = 0\). At \(z = 0\) we find

\[
E_i + E_r = E_t, \quad H_i + H_r = H_t. \tag{27}
\]

Moreover an independent set of equations is found from Maxwell’s equations in Fourier space together with the material equations \((2)\). For medium 1 we get

\[
\mathbf{k}_i \times e_+ E_i e^{ik_1z} + \mathbf{k}_r \times e_+ E_r e^{-ik_1z} = \frac{\omega}{c} \mu_1 (H_i e^{ik_1z} + H_r e^{-ik_1z})e_. \tag{28}
\]

Noting that \(e_+ \times e_+ = \pm ie_-\) holds, this simplifies for \(z = 0\) to the scalar equation

\[
 i k_1 (E_i - E_r) = \frac{\omega}{c} \mu_1 (H_i + H_r) \tag{29}
\]

where \(k_i = -k_r = k_1 e_z\) has been applied. Similarly we obtain for medium 2

\[
 i k_2 E_i = \frac{\omega}{c} (\xi_{HE} E_i + \mu_2 H_i). \tag{30}
\]

We eliminate the magnetic field amplitudes from \((27), \quad (29)\), and \((30)\) and solve for the ratio of reflected and incoming electric field amplitudes which yields

\[
\frac{E_r}{E_i} = 1 - \sqrt{\frac{\mu_1 n_2 + i\xi_{HE}}{\mu_2}} \frac{\varepsilon_1}{1 + \sqrt{\frac{\mu_1 n_2 + i\xi_{HE}}{\mu_2}} n_2} \tag{31}
\]

Here the wave numbers \(k_1\) and \(k_2\) have been replaced by \(k_1 = n_1 \omega/c = \sqrt{\varepsilon_1 \mu_1} \omega/c\) and \(k_2 = n_2 \omega/c\). Equation \((33)\) is a generalization of the well-known Fresnel formulas for normal incidence to a cross-coupled medium. Impedance matching is defined as the vanishing of the reflected wave \(E_r = 0\), i.e., a complete transfer of the incoming field into medium 2:

\[
\sqrt{\frac{\mu_1 n_2 + i\xi_{HE}}{\mu_2}} = 1. \tag{32}
\]

Using the explicit form of \(n_2\) for the particular polarization mode \((\epsilon)\) we find the more convenient expression

\[
\sqrt{\frac{\varepsilon_1}{\mu_2}} = \sqrt{\frac{\varepsilon_2}{\mu_1}} \left[ 1 - \frac{\left( \frac{\xi_{EH} + \xi_{HE}}{2 \sqrt{\varepsilon_2 \mu_2}} \right)^2 + \frac{i \xi_{EH} + \xi_{HE}}{2 \sqrt{\varepsilon_2 \mu_2}}}{2} \right] \tag{33}
\]

which obviously simplifies to the well known result \(\sqrt{\varepsilon_1/\mu_1} = \sqrt{\varepsilon_2/\mu_2}\) for the non-chiral case \(\xi_{EH} = \xi_{HE} = 0\). The right hand side of \((33)\) is the inverse impedance \(Z_2^{-1}\) of the cross-coupled medium. For causality reasons the square root in \(Z_2\) for passive media has to be taken such that \(\text{Re}[Z_2] \geq 0\) is obtained \([43]\). Fig. \(13\) shows the real and imaginary parts of \(Z_2^{-1}\) and of the index of refraction. For the case \(\varepsilon_1 = \mu_1 = 1\) the impedances of the two media are matched at the interface as soon as \(Z_2^{-1} = 1 + i0\) holds. Applying the density \(\varrho = 1.56 \cdot 10^{17}\) \(\text{cm}^{-3}\) we find \(Z_2^{-1} = 1.003 + i0.0006\) at the spectral position \(\Delta = 1.17 \cdot 10^{-2}\) \(\mu\). While the index of refraction attains \(n = -1.0003 + i0.009\). The corresponding figure of merit is about \(FaM \approx 110\).
VI. BEYOND 1D: ANGLE DEPENDENCE

In section II we specialized our discussion to an effectively scalar theory by restricting to a particular direction of propagation and left circular polarization \((\mathbf{e}_+)^\ast\). We now want to analyze the dependence of the refractive index on the propagation direction of the light, which requires to take into account the tensor properties of all linear response coefficients. To this end we consider a generalization of the 5-level scheme Fig. 3 that includes the full Zeeman sublevel structure shown in Fig. 13. The coupling field \(\mathbf{E}_c\) is assumed to be linear polarized in the \(z\)-direction. As the quantization axis we choose the propagation direction of the probe light. In this scheme the requirements of section II are fulfilled.

Let us first consider the case when the probe light propagates along the \(z\) axis. Due to Clebsch-Gordon rules this solely leads to couplings \(\Omega_{++}^z\) and \(\Omega_{--}^z\) between the transitions \(|3, +\rangle - |2, +\rangle\) and \(|3, -\rangle - |2, -\rangle\), respectively. As a result the two circular polarizations of a probe field traveling in \(z\)-direction are eigenmodes and the scalar treatment from section II is valid. We therefore get

\[
n^\pm = \sqrt{\varepsilon \mu - \frac{1}{4} \left( \xi_{EH}^+ + \xi_{HE}^+ \right)^2} \pm \frac{i}{2} \left( \xi_{EH}^+ - \xi_{HE}^+ \right) \tag{34}\]

for the left [cf. Eq. (13)] and right circular polarizations. The Wigner-Eckart theorem [38] implies that the electric dipole moments of the \(|3, +\rangle - |4\rangle\) and the \(|3, -\rangle - |4\rangle\) transition coincide: \(d_{34}^+ = d_{34}^-\). Similarly the matrix elements of the magnetic dipole transitions are independent of the polarization state: \(\mu_{24}^+ = \mu_{24}^-\). In contrast we find \(d_{32}^+ = -d_{32}^-\). Thus the coupling Rabi frequencies of the left and right circular branches \(\Omega_{c}^{\pm} = d_{32}^{\pm} |\mathbf{E}_c|/\hbar\) have a relative sign

\[
\Omega_{c}^{++} = -\Omega_{c}^{--}. \tag{35}\]

From (11) - (14) together with the results obtained in section III C we find the relations

\[
\varepsilon^+ = \varepsilon^- \quad \mu^+ = \mu^- \\
\xi_{EH}^+ = -\xi_{EH}^- \quad \xi_{HE}^+ = -\xi_{HE}^- \tag{36}\]

One recognizes that the refractive indices of \(\mathbf{e}_+\) and \(\mathbf{e}_-\) polarizations are identical

\[
n^+ = n^- \tag{37}\]

Hence the index of refraction of the scheme from Fig. 13 is independent of the polarization state of probe light propagating in \(z\)-direction. For this reason the electromagnetically induced cross-coupling in the scheme of Fig. 14 does not correspond to a chiral medium for which the circular components should have different refractive indices.

Next we allow for an angle between the propagation direction of the probe field and the direction of the coupling field vector \(\mathbf{E}_c\). In particular we employ a frame of reference whose \(z\)-direction is fixed to the \(\mathbf{k}\)-vector: \(\mathbf{k} \sim \mathbf{e}_z\). The direction of the coupling field which is fixed with regard to the laboratory frame is then given by polar angles \(\theta, \phi\):

\[
(E_{c,x}, E_{c,y}, E_{c,z}) = |\mathbf{E}_c| (\sin \theta \cos \phi, \sin \theta \sin \phi, \cos \theta). \tag{38}\]

As the atomic quantization axis is assumed to be given by the \(\mathbf{e}_z\)-axis of the \(\mathbf{k}\)-frame, the probe field will encounter an unchanged atomic level structure irrespective of the direction of propagation. As indicated in Fig. 14 the \(|1\rangle - |4\rangle\) transition is assumed to be a \(J = 0, M = 0\) to \(J = 0, M = 0\) transition and thus the dark state is spherically symmetric and does not depend on the polar angles \(\theta\) and \(\phi\).

In this framework angle-dependent propagation is taken into account by means of angle dependent coupling
Rabi frequencies

\[ \Omega_{e^+} = \Omega_{e,0} \cos \theta = -\Omega_{e^-}, \]
\[ \Omega_{e^0} = \Omega_{e,0} \frac{\sin \theta e^{-i\phi}}{\sqrt{2}} = \Omega_{e^-}, \]
\[ \Omega_{e^-} = \Omega_{e,0} \frac{\sin \theta e^{i\phi}}{\sqrt{2}} = \Omega_{e^+}. \]

(39) (40) (41)

according to [8]. Here \( \Omega_{e,0} = \langle 3|\mathbf{d}|2\rangle \cdot |\mathbf{E}_e|/\sqrt{\mu_0} \) is found from the Wigner-Eckart theorem where \( \langle 3|\mathbf{d}|2\rangle \) denotes the reduced dipole matrix element.

The angle-dependent cross coupling tensor for the electrically induced magnetization reads

\[
\tilde{\alpha}^{BE} = \alpha^{BE} \begin{pmatrix}
\cos \theta & 0 & \sin \theta e^{-i\phi} \\
0 & -\cos \theta & \sin \theta e^{+i\phi} \\
\sin \theta e^{+i\phi} & \sin \theta e^{-i\phi} & 0
\end{pmatrix}
\]

(42)

with \( \alpha^{BE} \) given by [14]. Note that the tensor is expressed in the \( \{+,-,z\} \)-basis. For example the coefficient \( \alpha^{+z} \) which describes the \( e_+ \)-polarized electric field induced by a \( e_z \)-polarized magnetic field (in the \( k \)-frame) is given by the upper right entry. For \( \alpha^{EB} \) we find [12] as well but with \( \alpha^{BE} \) replaced by \( \alpha^{EB} \) from equation [13]. On the other hand the electric polarizability is given by

\[
\tilde{\alpha}^{EE} = \alpha^{EE} \mathbb{I} + \frac{\alpha^{EE} |\Omega_{e,0}|^2}{D_{12} D_{34}} \times
\]

\[
\begin{pmatrix}
\sin^2 \theta & -\sin^2 \theta e^{2i\phi} & \sin \theta \cos \theta e^{i\phi} \\
-\sin^2 \theta e^{-2i\phi} & \sin^2 \theta & -\sin 2\theta e^{-i\phi} \\
\sin \theta \cos \theta e^{-i\phi} & -\sin 2\theta e^{i\phi} & \cos^2 \theta
\end{pmatrix}
\]

(43)

with \( \alpha^{EE} \) determined by Eq. [11] and \( D_{42} = (\gamma_{42} + i(\Delta_E - \delta_e)) \), \( D_{34} = (\gamma_{34} + i\Delta_E) \). For the magnetic polarizability \( \tilde{\alpha}^{BB} \) the same tensor structure applies. Again \( \alpha^{EE} \) has to be replaced by [12] and \( D_{12} D_{34} \) is substituted by \( D_{31} D_{24} = (\gamma_{31} + i(\Delta_B + \delta_e))(\gamma_{21} + i\Delta_B) \).

For incidence in the \( z \)-direction the tensors simplify significantly. The cross-couplings reduce to a tensor proportional to \( e_z \otimes e_z^* - e_+ \otimes e_-^* \) which identically corresponds to [11] for \( \xi^z = 0 \) and \( \xi^+ = -\xi^- \). In the same limit (\( \theta = 0 \)) the electric and magnetic polarizabilities become diagonal. In particular \( \alpha^{EE} \) and \( \alpha^{BB} \) are given by [11] and therefore potentially display EIT while the \( \alpha^{EE} \) entry simplifies to a simple Lorentzian resonance structure.

In contrast the diagonal elements of \( \tilde{\alpha}^{BB} \) always display a Lorentzian resonance with \( (\alpha^{BB}_{++}, \alpha^{BB}_{--}) \) and without \( (\alpha^{BB}_{zz}) \) coherent coupling.

\[ n^+ = n^- = \sqrt{\epsilon \mu - \xi_E \xi_H - (\xi_E - \xi_H)^2 \cos^2(\theta)} + \frac{i}{2} (\xi_E - \xi_H) \cos(\theta). \]

(44)

From the angle dependent response tensors we find an angle dependent index of refraction. The true index of refraction which takes the full form of [13] into account, i.e., the angle dependent correction to \( \epsilon \) and \( \mu \), gets very complicated. We here note that under the assumption of isotropic permittivity and permeability we find the fairly simple result

\[ n^+ = n^- = \sqrt{\epsilon \mu - \xi_E \xi_H - (\xi_E - \xi_H)^2 \cos^2(\theta)} + \frac{i}{2} (\xi_E - \xi_H) \cos(\theta). \]

(44)

independent of the polarization state. We conclude that even the idealized case \( \tilde{\epsilon} \sim \mathbb{I} \sim \tilde{\mu} \) does not give an isotropic index of refraction.

In Fig. [15] we show the index of refraction [44] as a function of the polar angle \( \theta \). We use values of the response functions taken at a spectral position \( \Delta = -0.035 \gamma_p \) for a density \( \rho = 5 \cdot 10^{10} \text{ cm}^{-3} \). We emphasize that the angle dependence in [14] results in an index of refraction which varies over a broad spectrum of positive and negative values for different angles.

VII. CONCLUSION

In conclusion we have shown that coherent magneto-electric cross-coupling improves the prospects to obtain low-loss negative refraction in several ways. The densities needed to get \( \text{Re}[n] < 0 \) are small enough to consider implementations in, e.g., doped crystals. The presence of quantum interference effects similar to electromagnetically induced transparency suppresses absorption and at the same time enhances the magneto-electric cross-coupling. As a result our scheme allows for a tunable low-loss negative refraction which can be impedance matched by means of external laser fields.
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Appendix A. EXACT NUMERICAL SOLUTION OF THE LIOUVILLE EQUATION

To solve the Liouville equation to all orders in the probe field amplitudes $E$ and $B$ we first transform to a rotating frame and specialize to steady state solutions. This gives a set of 25 algebraic equations which we cast into a matrix form by arranging the 5 diagonal $\rho_{11} \ldots \rho_{55}$ and 20 off-diagonal density matrix elements $\tilde{\rho}_{21} \ldots$ into a 25-dimensional vector $\vec{\rho}$. We end up with an inhomogeneous matrix equation

$$M \vec{\rho} = \vec{a} \quad (A.1)$$

where the inhomogeneity is given by the 25-dimensional vector $\vec{a} = (1, 0, 0, \ldots)$. The matrix $M$ contains all couplings, detunings and decay rates for the system in question. To solve equation (A.1) for the sought density matrix elements $\tilde{\rho}_{34}$ and $\tilde{\rho}_{21}$ we have to invert $M$ which can only be done numerically after specifying explicit numbers for all parameters.

In general we find that $\tilde{\rho}_{34}$ and $\tilde{\rho}_{21}$ are functions of both, the electric and the magnetic field amplitude

$$\tilde{\rho}_{34} = f(E, B) \quad \tilde{\rho}_{21} = g(E, B). \quad (A.2)$$

We emphasize that the analytical form of the functions $f(E, B)$ and $g(E, B)$ is unknown. As we want to compare with the result of linear response theory we have to bring (A.2) in the form of Eq. (10)

$$d_{34} \tilde{\rho}_{34} = \alpha^{EE}(E, B)E + \alpha^{EB}(E, B)B \quad (A.3)$$

$$\mu_{21} \tilde{\rho}_{21} = \alpha^{BE}(E, B)E + \alpha^{BB}(E, B)B. \quad (A.4)$$

In contrast to the linear response theory here we deal with the exact solution of the Liouville equation and therefore the polarizabilities are still functions of the fields $E$ and $B$. At first glance the separation does not seem to be unique. To determine $\alpha^{EE}(E, B)$, $\alpha^{EB}(E, B)$, $\alpha^{BE}(E, B)$, and $\alpha^{BB}(E, B)$ numerically we formally expand $f$ and $g$ in a power series in $E$ and $B$

$$f(E, B) = \sum_{n,m} f_{nm} E^n B^m \quad (A.5)$$

$$g(E, B) = \sum_{n,m} g_{nm} E^n B^m. \quad (A.6)$$

To separate the electric and magnetic properties uniquely we use the fact that physically there must be an odd power of field amplitudes. In fact all but one (fastly rotating) factors $e^{-i\omega_p t}$ must be compensated by factors $e^{i\omega_p t}$. Otherwise the (untransformed) polarizabilities would not oscillate with the probe field frequency $\omega_p$. Since an odd power of field amplitudes can only be realized by an odd power in $E$ and an even power in $B$ or vice versa an even power in $E$ and an odd power in $B$ we formally split into even and odd subseries

$$f(E, B) = \sum_{n,m} f^E_{nm} |E|^{2n} |B|^{2m} E + \sum_{n,m} f^B_{nm} |E|^{2n} |B|^{2m} B,$$

$$g(E, B) = \sum_{n,m} g^E_{nm} |E|^{2n} |B|^{2m} E + \sum_{n,m} g^B_{nm} |E|^{2n} |B|^{2m} B.$$

The polarizabilities are therefore given by the appropriate subseries, e.g.

$$\alpha^{EE}(E, B) = d_{34} \sum_{n,m} f^E_{nm} |E|^{2n} |B|^{2m},$$

and similarly for $\alpha^{EB}(E, B)$, $\alpha^{BE}(E, B)$ and $\alpha^{BB}(E, B)$. The utilization of symmetry properties then gives

$$\alpha^{EE}(E, B) = \frac{d_{34}}{2E} [f(E, B) + f(E, -B)] \quad (A.7)$$

$$\alpha^{EB}(E, B) = \frac{d_{34}}{2B} [f(E, B) + f(-E, B)] \quad (A.8)$$

$$\alpha^{BE}(E, B) = \frac{\mu_{21}}{2E} [g(E, B) + g(E, -B)] \quad (A.9)$$

$$\alpha^{BB}(E, B) = \frac{\mu_{21}}{2B} [g(E, B) + g(-E, B)] \quad (A.10)$$

which represents a unique numerical solution for the polarizability coefficients.