Higher versus lower positive end-expiratory pressure in acute lung injury and acute respiratory distress syndrome: systematic review and individual patient data meta-analysis

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Accessibility
PaO2/FIO2 ≤150 also had their extravascular lung water index (EVLWi) and pulmonary vascular permeability index (PVPI) monitored using the PiCCO system (Pulsion, Munich, Germany) when required by their attending physician. Statistical analysis was performed using the Spearman correlation coefficient (R) with \( P \leq 0.05 \) assumed to be significant.

**Results**

Fourteen patients were enrolled in the study. In six of these patients, the EVLWi and PVPI were measured simultaneously. At baseline, the elastase level and the PVPI showed a strong and significant correlation (\( R = 1.000, n = 6, P \leq 0.05 \)). All of the plot data of the six patients showed strong correlations of the PVPI with the PVPI (\( R = 0.750, n = 25, P < 0.01 \)) and the PVPI (\( R = 0.881, n = 25, P < 0.01 \)).

**Conclusions** The plasma neutrophil elastase level and the PVPI measured by PiCCO were strongly correlated in patients with pneumonia. This suggests that a rise in the blood level of elastase may elevate the PVPI, resulting in an increased EVLWi. (UMIN Clinical Trials Registry: ID UMIN000002803.)

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**Evaluating the fibroproliferative response to ventilator-induced lung injury**

G Curley1, M Contreras1, B Higgins1, D O’Toole2, C O’Kane2, JG Laffey1
1National University of Ireland, Galway, Ireland; 2Queens University Belfast, UK

**Introduction**

Acute lung injury (ALI), and its more severe subset acute respiratory distress syndrome (ARDS), are a major cause of mortality in the ICU [1]. Mechanical ventilation, a supportive therapy necessary to sustain life in many cases, may contribute to and worsen ALI, termed ventilator-induced lung injury (VILI). Fibroproliferation is an early response to lung injury [2]. Indeed, dysregulated repair resulting in pulmonary fibrosis may be at the heart of ventilator dependence in ARDS. Characterising the role of excessive lung stretch in contributing to aberrant repair mechanisms would assist in developing strategies to hasten recovery from ARDS.

**Methods**

Male Sprague–Dawley rats were anaesthetised, orotracheally intubated and subjected to injurious ventilation until a defined worsening of compliance was noted. The rats were then recovered and extubated. The level of ongoing injury/repair was characterised at time periods of 6, 24 and 48 hours and at 4, 7 and 14 days. Systemic oxygenation, lung compliance, wet/dry ratio, BAL total protein, cytokines and cell count and histological analysis was carried out at each time point.

**Results**

The results demonstrated a time-course-dependent improvement in compliance and oxygenation, together with clearance of neutrophil infiltration at 96 hours. TNFa, and IL-1β, IL-6 and IL-10 were significantly elevated in BAL fluid early post injury. Although total lung collagen remained similar at all time points, evidence of an early fibroproliferative response was present in the form of transforming growth factor-β activation and pro-collagen I and III peptide mRNA levels. Matrix metalloproteinase 3 and 9 zymography demonstrated increased levels of these matrikines. Histological assessment of injury revealed increased alveolar tissue fraction up to and including 96 hours post injury. Myofibroblasts were present in α-smooth muscle actin stained sections in significantly increased numbers post injury.

**Conclusions**

This rat model of repair of VILI demonstrates some of the mechanisms by which excessive lung stretch can contribute to fibroproliferation in ARDS and will serve to improve our knowledge of aberrant lung tissue remodelling as well as provide a useful paradigm for testing strategies to hasten recovery in ALI.

**References**


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**Effects of severe hemorrhage on pulmonary mechanics in ventilated pigs with ARDS**

N Siegenschmid1, R Giraudi1, D Morel1, C Wiklund1, K Bendjestrol1
1Hospital Cantonal Universitaire, Genève, Switzerland; 2Karolinska University Hospital, Stockholm, Sweden

**Introduction**

The effects of hemorrhagic shock on respiratory system mechanics have rarely been investigated and published data are controversial. Pulmonary compliance depends in part on intrapulmonary blood and interstitial fluid volume. When compliance is severely reduced, small modulations of these components may have important effects. The present analysis explored the effect of hemorrhagic shock on respiratory system mechanics and oxygenation parameters in a model of pigs with ARDS.

**Methods**

We evaluated the dynamic respiratory system compliance (\( C_{rs} = V_{T} / (P_{aw} – PEP) \)) of 10 domestic pigs. Animals were mechanically ventilated: tidal volume (VT) set at 10 ml/kg; respiratory rate at 15 bpm; PEEP at 0 cmH2O. Animals were separated into a control group (\( n = 9 \)) and an ARDS group (\( n = 5 \)). ARDS was induced by lung lavage with NaCl 0.9%. During hemorrhage 40% of the total blood volume was removed. The blood was then infused during the re-transfusion phase.

**Results**

In the control group, \( C_{rs} \) (ml/cmH2O) did not change during hemorrhage or re-transfusion (Figure 1). In the ARDS group, \( C_{rs} \) decreased with lung lavage (31.2 ± 5.7 (baseline) to 16.4 ± 3.0 (P < 0.01)). After hemorrhage \( C_{rs} \) increased (21.5 ± 2.9; **P <0.001 compared with lavage) and then decreased again after re-transfusion (18.7 ± 2.7; **P < 0.001). In the same group PaO2/FIO2 (mmHg) decreased after ARDS (469 ± 50 (baseline) to 105 ± 38; P < 0.001), increased during hemorrhage (218 ± 105; P < 0.05) and did not change after re-transfusion (207 ± 125; P = 0.82). The shunt fraction (%) decreased during hemorrhage in the ARDS group (26.2 ± 14.9 (lavage) to 6.4 ± 6.6; P < 0.05) but did not change significantly after re-transfusion (13.9 ± 17.0; P = 0.3).

**Conclusions**

Acute reduction of blood volume is associated with an increase of respiratory system compliance and oxygenation parameters. Reduction of intrapulmonary blood and interstitial fluid volume or thoracic cage compliance could be responsible for this effect.

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**Higher versus lower positive end-expiratory pressure in acute lung injury and acute respiratory distress syndrome: systematic review and individual patient data meta-analysis**

MB Briel1, MO Meade1, A Mercat1, RG Brower1, D Talbot2, AS Slutsky1, DJ Cook1, L Brochard1, JC Richard1, F Lamontagne1, T Stewart1, GH Guyatt1
1University Hospital Basel, Switzerland; 2McMaster University, Hamilton, Canada; 3University Hospital Angers, France; 4Johns Hopkins University, Baltimore, MD, USA; 5Harvard Medical School, Boston, MA, USA; 6University of Toronto, Canada; 7Paris 12 University, Creteil, France; 8University Hospital Charles Nicolle, Rouen, France; 9University of Sherbrooke, Canada

**Introduction**

Trials comparing higher versus lower levels of positive end-expiratory pressure (PEEP) in adults with acute lung injury or acute respiratory distress syndrome (ARDS) were underpowered to detect small but important effects on mortality, overall or in any subgroups.

**Methods**

We searched MEDLINE, Embase, and the Cochrane Central Register for trials randomly assigning adults with acute lung injury or ARDS to higher versus lower levels of PEEP (minimal difference of 3 cmH2O over first 3 days), while using low tidal volume ventilation, and comparing mortality. Data from 2,299 individual patients in three trials...
were analyzed using uniform outcome definitions. We tested prespecified effect modifiers using multivariable hierarchical regression, adjusting for important prognostic factors and clustering effects.

**Results** Overall, there were 374 hospital deaths (32.9%) in the higher PEEP group and 409 (35.2%) in the lower PEEP group (adjusted relative risk, 0.94; 95% confidence interval (CI), 0.86 to 1.04; P = 0.25). Treatment effects varied with the presence or absence of ARDS, defined by a ratio of partial pressure of oxygen to fractional inspired oxygen concentration equal to or less than 200 mmHg (interaction P = 0.02). The relative risks of hospital mortality for patients with and without ARDS were 0.90 (95% CI, 0.81 to 1.00; P = 0.049) and 1.37 (95% CI, 0.98 to 1.92, P = 0.065), respectively. Patients with ARDS were more likely to achieve unassisted breathing earlier (hazard ratio, 1.16 (95% CI, 1.03 to 1.30, P = 0.01)), whereas the hazard ratio for time to unassisted breathing was 0.79 (95% CI, 0.62 to 0.99, P = 0.04) in patients without ARDS at baseline. Rates of pneumothorax and the use of neuromuscular blockers, vasopressors and corticosteroids were similar.

**Conclusions** Higher levels of PEEP are likely to improve survival for patients with ARDS, but not for patients with less severe acute lung injury.

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**Effect of different recruitment maneuvers on bacterial translocation**

P Ergin Ozcan, I Edipoğlu, IO Akinci, E Senturk, S Baylan, AA Cagatay, F Esen, L Telci, N Cakar
Istanbul Faculty of Medicine, Istanbul University, Istanbul, Turkey


**Introduction** Experimental and clinical studies have shown beneficial effects of recruitment maneuvers (RMs) (sustained inflation (SI) or SIGH) on ventilatory and gas exchange parameters. In this study we investigated the effect of different RMs on bacterial translocation from lung to blood.

**Methods** Thirty-two rats were anesthetized, after tracheotomy was performed ventilation was started with 10 cmH2O Paw, 0 cmH2O PEEP, 60 breaths/minute, I/E: 1/2 on pressure-controlled ventilation (PCV) mode. As the parameter C1 represents a static constant compliance of the lung, the lungs were extirpated; the left lung was taken for culture, the right lung was taken for gas sample was taken. Subsequently 0.5 ml of 105 cfu/ml Pseudomonas aeruginosa was inoculated through the tracheotomy tube and PEEP was increased to 3 cmH2O and ventilated for 30 minutes before randomization. Then rats were randomized into four groups: G1; SI was performed four times in an hour (15-minute intervals) as 40 cmH2O Paw, 3 cmH2O PEEP for 20 seconds, four times in an hour (15-minute intervals), G3; SIGH was performed four times in 1 hour (15-minute intervals) as 40 cmH2O Paw, 3 cmH2O PEEP for 60 seconds, G4; control group that was ventilated with Paw 10 cmH2O, PEEP 0 cmH2O, 60 seconds, G1, G2, and G3, but only in G3 was statistically significant to compared baseline values. The WW/DW ratio was found higher in G3 when compared with G1, and G2, but this difference was not significant. The amount of positive blood culture was higher in G3 at early study periods.

**Conclusions** SIGH as a recruitment maneuver causes a high probability of bacterial translocation from the lung to the bloodstream.

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**P184**

**Nonlinear recruitment model with viscoelastic component fit respiratory mechanics in ARDS**

C Schranz1, J Guttmann2, K Möller1
1Department of Biomedical Engineering, Furtwangen University, Villingen-Schwenningen, Germany; 2Section of Experimental Anesthesiology, University Hospital Freiburg, Germany


**Introduction** Alveolar recruitment/de-recruitment (R/D) seems to play an important role in the development of VILI [1]. Many clinicians base their determination of PEEP settings during mechanical ventilation of ARDS/ALI patients on an estimate of alveolar recruitability [2]. This project aims to establish an online tool that provides estimates of R/D in patients at the bedside.

**Methods** In volume-controlled ventilated piglets as ARDS models, the airway pressure Pw, (SI-Special Instruments, Nördlingen, Germany) and the flow rate Q (F+G GmbH, Hechingen Germany) were continuously recorded at 200 Hz. The pressure curve shows high nonlinearity being a suspect of recruitment effects during inspiration and a relaxation process during the end inspiratory pause. Based on the obtained data, the parameters of the linear viscoelastic model [3] are calculated by a LSE fitting process. Since the nonlinear model has far more variable parameters to fit, experimental and clinical studies have shown beneficial effects of recruitment maneuvers (RMs) (sustained inflation (SI) or SIGH) on ventilatory and gas exchange parameters. In this study we investigated the effect of different RMs on bacterial translocation from lung to blood.

**Results** Since the nonlinear model has far more variable parameters to be optimized in the fitting process than the linear model, an approach via fitting the linear model first is helpful. Therefore, the estimated parameters of the linear model fit can be used as starting values for fitting the nonlinear model where the focus can be put on the recruitment phenomena. With the new nonlinear model, using the estimated values of R, R, C, from the linear model (Figure 1 left), it is now possible to reproduce the nonlinear characteristics (Figure 1 right).

**Conclusions** Using this new model it is possible to fit nonlinear behavior due to alveolar recruitment separately from viscoelastic effects with minimized error.

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**Figure 1 abstract P184**