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Exogenous IFN-γ ex vivo shapes the alloreactive T-cell repertoire by inhibition of Th17 responses and generation of functional Foxp3+ regulatory T cells

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Interferon (IFN)-γ was originally characterized as a pro-inflammatory cytokine with T helper type 1-inducing activity, but subsequent work has demonstrated that mice deficient in IFN-γ or IFN-γ receptor show exacerbated inflammatory responses and accelerated allograft rejection, suggesting that IFN-γ also has important immunoregulatory functions. Here, we demonstrate that ex vivo IFN-γ conditioning of CD4 T cells driven by allogeneic immature dendritic cells (DC) results in the emergence of a Foxp3+ regulatory T-cell (Treg)-dominant population that can prevent allograft rejection. The development of this population involves conversion of non-Treg precursors, preferential induction of activation-induced cell death within the non-Treg population and suppression of Th2 and Th17 responses. The suppressive activity of IFN-γ is dependent on the transcription factor signal transducer and activator of transcription 1 and is mediated by induced nitric oxide. These data indicate not only how IFN-γ could be used to shape beneficial immune responses ex vivo for possible cell therapy but also provide some mechanistic insights that may be relevant to exacerbated inflammatory responses noted in several autoimmune and transplant models with IFN-γ deficiency.

Key words: Cellular therapy · IFN-γ · Regulatory T cells · Transplant rejection

Introduction

The role of interferon (IFN)-γ in cellular immunity is somewhat paradoxical in that, although it is usually considered to be a pro-inflammatory effector cytokine, increasing evidence suggests that it plays a non-redundant immunoregulatory role. For example, experimental autoimmune encephalomyelitis (EAE) and collagen-induced arthritis (CIA) have been historically associated with IFN-γ-producing Th1-dominant responses [1], but mice deficient in IFN-γ or IFN-γ receptor develop EAE at an accelerated rate [2–4] and, similarly, deficiency in IFN-γ or IFN-γ receptor leads to more severe CIA and the development of CIA in otherwise non-susceptible strains [5–7]. IFN-γ can also have immunomodulatory effects on antigen-presenting cells and a recent report has demonstrated that adoptive transfer of IFN-γ-stimulated monocyte-derived cells promotes the resolution of experimental colitis and is associated with an enrichment of CD25+ Foxp3+ T cells [8].

A paradoxical role for IFN-γ is also seen in organ transplantation [9–11]. Allograft rejection is a process frequently associated with a dominant Th1 IFN-γ response whereas the absence of...
intragraft IFN-γ often correlates with long-term graft survival [12, 13]. However, IFN-γ appears not to be essential for acute cellular rejection as both IFN-γ-deficient and wild-type mice reject cardiac allografts with similar kinetics [14, 15] and at least one study has demonstrated that IFN-γ−/− recipients reject skin allografts more rapidly than their wild-type littermates [9]. In fact, IFN-γ may be required for successful engraftment [9, 16, 17].

Although the classical view of IFN-γ is that it favors Th1 cell development [18, 19], IFN-γ also has regulatory functions. For example, IFN-γ can inhibit the proliferation of IL-4-producing Th2 cells [20] and suppress the development of Th17 effector cells now known to play an important role in many autoimmune models [21, 22]. In addition, IFN-γ also plays an important role in maintenance of T-cell homeostasis by inducing apoptosis-dependent activation-induced cell death (AICD) to limit T-cell expansion following antigen encounter [23–28]. In the context of adaptive regulation, we have recently shown that IFN-γ is produced rapidly and transiently by alloantigen-reactive Treg following reactivation and that this is required for their functional activity in vivo [29]. IFN-γ can induce indoleamine 2,3-dioxygenase in several cell types and this enzyme has been shown to play an important role in limiting T-cell responses in vivo [30–32].

In this study, we demonstrate that ex vivo exposure of CD4+ T cells to allogeneic bone marrow-derived dendritic cells (DC) in the presence of IFN-γ results in a Treg population that prevents allograft rejection without further manipulation. The data indicate that IFN-γ shifts the balance of the T-cell population in favor of an enhanced proportion of Foxp3+ Treg by selectively enhancing cell death in the non-Treg population and by promoting direct conversion of non-Treg precursors. Experiments using DC from IFN-γ receptor-deficient mice demonstrate that this does not depend on a DC response to IFN-γ but that T-cell signalling through the signal transducer and activator of transcription (STAT)1 pathway is essential for the emergence of a dominant Treg response. Significantly, inhibition of nitric oxide synthase (NOS) abolishes the emergence of the dominant Treg response and provision of a nitric oxide (NO) donor in the absence of IFN-γ replicates the IFN-γ effect, clearly indicating an important role for NO in this process. Overall, the data highlight a novel role of IFN-γ in the regulation of T-cell homeostasis and suggest additional possibilities for cell-based therapy in transplantation and autoimmunity.

Results

IFN-γ promotes the enrichment of functional Foxp3+ Treg

The counter-regulation of Th2 and Th17 responses mediated by IFN-γ, together with previous observations from this laboratory indicating that Treg generation in vivo is impaired in the absence of IFN-γ [29], prompted us to ask whether this cytokine could be used to drive the emergence of alloreactive regulatory T cells ex vivo. CBA.Ca (CBA) CD4+ T cells were stimulated by GM-CSF/TGF-β-conditioned irradiated C57BL/10 (B10) bone marrow-derived DC (BM DC) in the presence of exogenous IFN-γ for 7 days, restimulated under the same conditions and harvested 7 days later for phenotypic and functional analysis (Fig. 1A). Under neutral conditions, the proportion of Foxp3+ cells remains similar to that in the input CD4+ population (5–10%), but the presence of IFN-γ results in a dose-dependent increase in the proportion of Foxp3+ cells (Fig. 1B). Replicate experiments (n = 5) have indicated that the optimal concentration of IFN-γ in this system is 5 ng/mL, which results on average in a fivefold increase in the proportion of Foxp3+ cells (p < 0.05). Unless stated otherwise, this concentration was used throughout all subsequent experiments. During development of this protocol, it became clear that, although an increase in the proportion of Foxp3+ cells could be seen as early as day 7, this was rather variable and generally quite low. However, at day 14, this variability was much less marked and, as shown in representative FACS plots from a single culture assayed at days 7 and 14, the proportion of Foxp3+ cells was significantly greater than at day 7 (Fig. 1C). Therefore, a standardized stimulation and restimulation approach was used in all experiments with cell harvest at day 14.

To determine whether these IFN-γ-conditioned CD4+ T cells can regulate alloreactive T-cell responses in vivo, naive CBA CD4+ T cells were co-cultured with GM-CSF/TGF-β-differentiated B10 BM DC in the presence of 5 ng/mL IFN-γ, harvested on day 14 and then adoptively transferred (2 × 105) into CBA-Rag−/− mice with CD25+ CD4+ cells from naïve syngeneic mice as an effector population the day before transplantation of a B10 skin graft (Fig. 1D). Reconstitution with CD25+ CD4+ cells alone resulted in acute rejection [median survival time (MST) 22 days], but cotransfer of IFN-γ-conditioned cells prevented rejection, with all grafts surviving beyond 100 days (p < 0.01). This effect was alloantigen specific in that additional cohorts of mice reconstituted with CD25+ CD4+ cells and IFN-γ-conditioned cells driven by B10 BM DC rejected third-party B10.S (H2d) skin grafts at a rate not significantly different from those reconstituted with CD25+ CD4+ cells alone (MST 17.5 days versus 14 days, p = 0.13; not shown). Importantly, CD4+ T cells driven by GM-CSF/TGF-β B10 BM DC in the absence of IFN-γ were unable to regulate rejection in that all B10 skin allografts were rejected acutely (MST = 19 days, n = 4, p > 0.05; Fig. 1D).

Enrichment of Foxp3+ cells involves proliferation and conversion of Foxp3+ precursors

The emergence of an increased proportion of Foxp3+ regulatory cells in this system could be explained by apoptosis of responding non-Treg cells, expansion of endogenous Foxp3+ cells, or conversion of non-Treg precursors since total CD4+ cells from naive mice were used as the input population in these experiments. To look for evidence of Treg proliferation in this system, CBA CD4+ CD25- input cells were CFSE labeled and driven with B.10 GM-CSF/TGF-β-conditioned BM DC in
the presence of IFN-γ. As shown in Fig. 2A, at day 3, these cultures contained virtually no Foxp3+ cells (analysis at day 0 not possible due to high CFSE fluorescence intensity immediately after labeling). By day 14, there was a marked increase in the proportion of Foxp3+ cells and, importantly, virtually all of these were CFSE dull or negative, confirming a close correlation between Foxp3 enrichment and proliferation. Furthermore, this was dependent on endogenous IL-2 as shown by the fact that addition of neutralizing anti-IL-2 antibody practically abolished the enrichment of Foxp3+ cells (Fig. 2B).

Since it is not possible to determine whether the enrichment shown in Fig. 2A is due to direct conversion of Foxp3- cells or expansion of a small starting population of Foxp3+ cells contained in the sorted CD25+ input population, we took advantage of C57BL/6 (B6) Foxp3-GFP reporter mice [33] which allowed us to isolate GFP+CD4+Foxp3+ cells by flow sorting. As shown in Fig. 2C, this input (day 0) population was essentially devoid of Foxp3+ cells, but stimulation with DBA/2 (H2d) GM-CSF/TGF-β-conditioned BM DC in the presence of 5 ng/mL IFN-γ resulted in significant conversion such that 17% of the cells became Foxp3+ (Fig. 2D). The influence of IFN-γ on conversion is emphasized by the fact that when the input population was driven by GM-CSF/TGF-β-conditioned BM DC without exogenous IFN-γ but in the presence of 10 μg/mL anti-IFN-γ
antibody to neutralize endogenous cytokine, conversion was reduced by tenfold. Overall, these data show that the enrichment of Foxp3\(^+\) cells in the IFN-\(\gamma\) protocol involves IL-2-dependent Treg proliferation and direct conversion of Foxp3\(-\) precursors.

**IFN-\(\gamma\) induces cell death in alloreactive Foxp3\(-\) T cells**

Although the IFN-\(\gamma\) conditioning protocol described increases the proportion of Foxp3\(^+\) cells and can convert non-Treg precursors to Foxp3\(^+\) cells, there is no increase in the absolute number of Foxp3\(^+\) cells recovered at day 14 (55.3\(\pm\)15.5 \(\times\) 10\(^3\) versus 38.7\(\pm\)18.6 \(\times\) 10\(^3\) in the absence or presence of 5 ng/mL IFN-\(\gamma\), \(p > 0.05\); not shown). In addition, the presence of IFN-\(\gamma\) significantly reduces the overall number of cells recovered by 2–5-fold. Given that IFN-\(\gamma\) contributes to T-cell homeostasis in vivo through inhibition of proliferation and/or by increasing AICD [23–25, 28], a simple additional explanation for the increased proportion of Foxp3\(^+\) cells might be selective elimination of Foxp3\(^+\) cells and, indeed, preliminary results showed a clear correlation between proliferation and AICD in this system (not shown). To examine this in more detail, CBA CD4\(^+\) T cells were driven by GM-CSF/TGF-\(\beta\) B10 BM DC, harvested at various time points and stained for annexin V as marker of necrotic or apoptotic cell death, washed, fixed and stained for Foxp3, thus allowing analysis of apoptosis within both Foxp3\(^+\) and Foxp3\(^-\) populations. As shown in Fig. 2D, the presence of IFN-\(\gamma\) enhances cell death within the Foxp3\(^+\) population at days 7, 10 and 14, but a more comprehensive analysis at day 14 (the time of cell harvest for functional analysis; Fig. 1) showed that within the total T-cell population, the addition of IFN-\(\gamma\) resulted in a threefold increase in the proportion of annexin V\(^+\) cells. Importantly, when cells were analyzed separately

![Figure 2](https://www.eji-journal.eu/immunomodulation/2008/Eur.J.Immunol.2008.38.2512-2527.Fig2.jpg)

**Figure 2.** Enrichment of Foxp3\(^+\) cells in the IFN-\(\gamma\) protocol involves IL-2-dependent proliferation and conversion from Foxp3\(-\) precursors. (A) CBA CD25\(^-\) cells were flow sorted, CFSE labeled and stimulated with B10 GM-CSF/TGF-\(\beta\)-differentiated BM DC in the presence of IFN-\(\gamma\). Cells were harvested at day 3 to give a surrogate zero time point (CFSE intensity precluded analysis at day 0) or restimulated under the same conditions on day 7, harvested on day 14 and stained for Foxp3. (B) Purified naive CBA CD4\(^+\) T cells were co-cultured with B10 GM-CSF/TGF-\(\beta\)-differentiated BM DC in the presence of 5 ng/mL IFN-\(\gamma\) without or with 1 \(\mu\)g/mL anti-IL2 antibody (JES6-1A12), restimulated under the same conditions on day 7, harvested on day 14 and stained for CD25 and Foxp3. (C) FACS-sorted Foxp3/GFP \(-\)CD4\(^+\) T cells from naive Foxp3-GFP knock-in B6 mice were co-cultured with DBA/2 GM-CSF/TGF-\(\beta\)-differentiated BM DC in the presence of IFN-\(\gamma\) (5 ng/mL). Cells were restimulated on day 7 under the same conditions, harvested on day 14, and intracellular Foxp3/GFP expression was examined in the resultant population. In parallel, cells were stimulated in the absence of IFN-\(\gamma\) but the presence of anti-IFN-\(\gamma\) antibody. Data are representative of two independent experiments. Numbers in each dot plot indicate the frequency of cells in each quadrants. (D) Purified naive CBA CD4\(^+\) T cells were cultured with GM-CSF- and TGF-\(\beta\)-differentiated B10 BM DC (GT-DC) in the absence (left panel) or presence (right panel) of 5 ng/mL IFN-\(\gamma\). Cells were harvested on days 3 and 7 (before restimulation on day 7) and on days 10 and 14 (after restimulation), stained for annexin V, washed, then fixed for analysis of intracellular Foxp3 expression. Numbers in each dot plot indicate the frequency of cells in each quadrant. Data are representative of four independent experiments. The histogram shows an analysis (means \(\pm\) SD) of four independent experiments gated on Foxp3\(^+\) and Foxp3\(^-\) cells; \(p\) values were calculated with the Mann–Whitney test.
on the basis of Foxp3 expression, exogenous IFN-γ had little effect on the viability of Foxp3+ cells (6.3 ± 2.7 versus 9.5 ± 4.3%, absence and presence of IFN-γ, respectively) but resulted in a sixfold increase in cell death within the Foxp3+ population (right panel, Fig. 2D). Taken together, these data show that the increased proportion of Foxp3+ cells and acquisition of regulatory function that occurs in this system involves both Treg conversion and elimination of potential effector cells through AICD. However, it is important to note that the ability of the resultant population to prevent allograft rejection (Fig. 1D) is not due to effector cell elimination during ex vivo conditioning because in the adoptive transfer model, an adequate effector population is provided in the form of exogenous naive CD25+ T cells. Thus, the dominant regulation shown in Fig. 1D appears to be a direct consequence of Foxp3 induction.

**Suppression of IL-6 production by DC contributes to Treg generation ex vivo**

The IFN-γ-conditioning system described involves two distinct phases: conditioning of BM DC with GM-CSF and TGF-β followed by stimulation of naive CD4+ T cells with this re-isolated DC population in the presence of IFN-γ. To understand more about the mechanisms involved in this protocol, we interrogated the APC and T-cell components of this system independently. Although mature DC are regarded as key activators of productive T-cell responses, exposure to immature DC can induce T-cell unresponsiveness [34]. Phenotypic analysis of DC conditioned with GM-CSF or GM-CSF+TGF-β confirmed previous observations [35] that one effect of TGF-β is to maintain these cells in a relatively immature state as judged by reduced expression of CD40, CD80 and CD86 (not shown). In view of the fact that GM-CSF-conditioned DC produce significant amounts of IL-6, a cytokine implicated in the differentiation of Th17 cells and the negative regulation of Treg [33], we asked whether conditioning of DC with TGF-β also has an effect on IL-6 expression. BM DC were conditioned with GM-CSF only or with GM-CSF+TGF-β for 6 days, washed extensively, then stimulated with recombinant CD40L-Fc to mimic CD40-CD40L interactions without the confounding influence of other T-cell–APC interactions, and analyzed for IL-6 expression by both RT-PCR and ELISA. As shown in Fig. 3A, the addition of 2 ng/mL TGF-β as used in the DC-conditioning phase reduced both the transcription and secretion of IL-6 by approximately threefold. Since DC conditioned in the absence of TGF-β do not promote the emergence of a Foxp3-dominant response in the IFN-γ protocol (not shown), these data indicate that reduced IL-6 production is an important additional characteristic of the DC required for Treg development in this system. Furthermore, when GM-CSF-TGF-β-conditioned DC obtained from IL-6-deficient mice were used to stimulate CBA CD4+ T cells in the normal IFN-γ protocol, there was a twofold increase in the proportion of Foxp3+ cells recovered (Fig. 3B), again highlighting the reciprocal relationship between IL-6 and Treg selection in this setting.

The influence of TGF-β on IL-6 production in the APC population used in this conditioning protocol prompted us to examine the differentiation of Th17 cells, both under neutral conditions and in the presence of IFN-γ. As shown in Fig. 4, naive CBA CD4+ cells stimulated under neutral conditions with GM-CSF-conditioned DC make dominant Th2 and Th17 responses as judged by intracellular cytokine staining. However, when the same T-cell population is stimulated under identical conditions but with DC conditioned with GM-CSF+TGF-β these responses are reduced 4–6-fold, indicating that one important effect of TGF-β conditioning of the APC population is to skew the T-cell response away from both Th2 and Th17 pathways. It is interesting to note that, while the addition of IFN-γ has only a modest further effect on inhibition of Th17 responses, the production of IL-4 is reduced essentially to background levels. Thus, in addition to an enrichment of Foxp3+ Treg and the preferential elimination of Foxp3+ responders, stimulation of naive CD4+ T cells with TGF-β-conditioned APC in the presence of IFN-γ shapes the ex vivo T-cell response further by arresting the development of Th2 and Th17 cells, both of which have been implicated in destructive alloreactive responses.

**Endogenous TGF-β contributes to the emergence of Treg in this system**

In view of the important role of TGF-β in other systems of Treg generation ex vivo [36–39], we asked whether the impact of TGF-β in this system is restricted to the effect of exogenous TGF-β in the APC-conditioning phase or whether TGF-β from endogenous sources is involved during the T-cell response itself. As shown in Fig. 5A, BM DC conditioned with GM-CSF alone express and secrete TGF-β when ligated with CD40L-Fc in a T-cell-free system and, importantly, this is unaffected by the addition of TGF-β itself. Thus, although exogenous TGF-β is not added during the second phase of the Treg generation protocol, the population of DC used to drive the T-cell response in the presence of IFN-γ has the capacity to produce endogenous TGF-β. In order to ask whether endogenous TGF-β plays a role in the emergence of Foxp3+ cells in the IFN-γ protocol, CBA CD4+ cells were co-cultured with GM-CSF/TGF-β B10 BM DC in the presence of IFN-γ (5 ng/mL), without or with neutralizing anti-TGF-β (10 µg/mL), or SB 431542 (10 µM), a selective inhibitor of activin receptor-like kinase 5, the TGF-β type 1 receptor [40, 41]. Cells were restimulated on day 7, harvested on day 14, and intracellular Foxp3 expression was analyzed. As shown in Fig. 5B, the proportion of Foxp3+ cells decreased from 40.1 to 27.0% when the TGF-β signalling inhibitor SB 431542 was added, and to 21.2% in the presence of anti-TGF-β antibody. The absolute number of Foxp3+ cells also decreased from 61.5 ± 10.5 × 105 in the standard IFN-γ conditioning to 13.5 ± 2.5 × 105 when SB 431542 was added (means ± SD of two independent experiments). Although neither the inhibitor nor the antibody totally prevented an increase in the proportion...
of Foxp3+ cells, efficacy of this inhibitor concentration was confirmed by the fact that, when CD4+ cells were driven by APC in the presence of exogenous TGF-β alone, an increase in Foxp3+ cells was essentially abolished and the proportion remained virtually the same as in the starting population (Fig. 5B, lower panel). These data support previous reports that TGF-β signalling is important for the maintenance of Treg [36–39] and indicate that signalling by endogenous TGF-β also plays a role in this ex vivo IFN-γ-conditioning system. However, the TGF-β inhibitor data clearly show that the emergence of Foxp3+ cells in the IFN-γ protocol is the result if several interrelated factors of which endogenous TGF-β is an important but not predominant component.

STAT1 signalling is essential for a Treg-dominant response

CD4+ T cells and DC both express functional IFN-γ receptors and thus either population could be responding to IFN-γ in this ex vivo conditioning system. Since STAT1 phosphorylation is critical for IFN-γ signalling [42, 43], we took advantage of IFN-γ receptor- (IFNGR KO) and Stat1-deficient (Stat1−/−) mice to determine in which population an IFN-γ response was essential. Naive wild-type 129Sv/Ev (129) or Stat1−/− 129 CD4+ T cells were co-cultured with GM-CSF/TGF-β BM DC from either wild-type or IFNGR KO B6 mice. Although 129 and B6 mice are both H2b, these strains are mismatched for multiple minor histocompatibility antigens, demonstrated by the fact that 129 mice reject B6 skin grafts acutely (MST 16 days) and B6 APC drive vigorous proliferation of 129 CD4+ T cells in vitro as judged by CFSE dilution (64% of cells >1 division at day 7, data not shown). In order to identify the key responders to IFN-γ in this system, combinations were established where both populations can respond to IFN-γ (Fig. 6A, positive control), neither population can respond to IFN-γ (Fig. 6B, negative control), and where the IFN-γ response is restricted to either T cells or DC (Fig. 6C and D, respectively). Cells were restimulated on day 7, harvested on day 14, and intracellular Foxp3 expression was analyzed. As shown in Fig. 6A and C, the proportions of Foxp3+ cells were similar when CD4 T cells were driven by IFNGR KO B6 BM DC (32.1%) and when driven by wild-type B6 BM DC (31.8%), suggesting that a DC response to IFN-γ is not obligatory in this system. However, when Stat1−/− 129 CD4+ T cells were co-cultured with DC from wild-type B6 mice, exogenous IFN-γ failed to increase the proportion of Foxp3+ cells recovered (8.3 ± 1.0%, with and without IFN-γ, respectively; Fig. 6D). In fact, the proportion of Foxp3+ cells was essentially the same as that seen when neither cell population was capable of responding to IFN-γ (Fig. 6B). Similar results were obtained using wild-type or Stat1−/− 129 CD4+ T cells stimulated with GM-CSF/TGF-β BM DC from CBA (H2k) mice at each concentration of IFN-γ tested (Fig. 6E and F). Taken together, these results indicate that, in the IFN-γ-conditioning protocol described, T-cell signalling via STAT1 is essential for the enrichment of Foxp3+ T cells.

Non-redundant role for STAT1 signalling in Th17 and Foxp3+ T-cell development

Cytokine signalling through STAT transcription factors is essential for T-cell differentiation. For instance, STAT4 and STAT6 are historically linked with Th1 and Th2 development, respectively, while more recently STAT3 has been linked with the development of Th17 cells and STAT5 with regulatory T cells [44]. We wished to examine the impact of STAT1 deficiency on the emergence of Foxp3+ and Th17 T cells in the presence of IFN-γ, particularly since it has been shown that Th17 cell development is enhanced in
In the absence of exogenous cytokines (neutral conditions), Th17 cell development was enhanced in Stat1−/− T cells (Fig. 7A versus B, left panels and summary histogram), consistent with Stat1-dependent regulation of Th17 responses in normal T cells [45], possibly by endogenous IFN-γ. The fact that addition of exogenous IFN-γ did not markedly inhibit Th17 responses suggests that, although the level of endogenous IFN-γ in these cultures is too low to drive the enrichment of Foxp3+ Treg (Figs. 1B and D and 7A), it is sufficient to influence Th17 cell programming (Fig. 7A, left and center panels). As with IFN-γ, the addition of TGF-β as the only cytokine increased the proportion of Foxp3+ cells 5–7-fold in wild-type cells (Fig. 7A, left versus right panel) but had no effect in Stat1−/− cells (Fig. 7B, left versus right panels). These data indicate that STAT1 signalling plays an important role in Treg generation not only in the IFN-γ protocol but also in TGF-β-based protocols where T cells are driven by allogeneic APC. Indeed, STAT1 signalling may be a key factor in the balance between Treg and non-Treg populations in the wider context. In terms of absolute numbers, we have found that Stat1−/− mice have essentially normal numbers of Foxp3+ cells, but these mice have profound splenomegaly and approximately ten times more CD4+ T cells with an activated phenotype (CD25+ Foxp3−) than wild-type controls (not shown).

**NO mediates the IFN-γ-conditioning-related Foxp3-dominant response**

IFN-γ and STAT1 signals play an important role in the induction of NO [46, 47] and real-time PCR analysis revealed a clear positive correlation between inducible NO synthase (iNOS) and
Foxp3 expression in the ex vivo IFN-γ-conditioning system (data not shown). In order to ask whether NO is directly involved in the IFN-γ-conditioning protocol, naive CBA CD4+ T cells were co-cultured with GM-CSF/TGF-β B10 BM DC in the presence of IFN-γ (5 ng/mL), with or without N-methyl-l-arginine (L-NMMA) (0.1–1.0 mM), a widely used inhibitor of both constitutive and inducible forms of NOS [48, 49]. Cells were restimulated on day 7, harvested on day 14, and intracellular Foxp3 expression was analyzed. In the absence of L-NMMA, the proportion of Foxp3+ cells was 40.0 ± 6.3%, but NOS inhibition resulted in a striking dose-dependent decrease: 33.4 ± 7.6% with 0.1 mM, 18.2 ± 14.4% with 0.5 mM and 4.5 ± 2.6% with inhibitor at a final concentration of 1.0 mM (p < 0.05, no inhibitor versus 1 mM inhibitor; Fig. 8A). In addition, the absolute numbers of Foxp3+ cells recovered also decreased from 30.0 ± 8.5 × 10^3 in the absence of L-NMMA to 13.5 ± 2.1 × 10^3 in the presence of 1 mM L-NMMA.

Figure 5. Enrichment of Foxp3+ cells depends on exogenous IFN-γ and endogenous TGF-β. (A) BM cells were cultured in the presence of 2 ng/mL GM-CSF with (GT-DC) or without (G-DC) 2 ng/mL TGF-β, harvested at day 6 and stimulated in the absence of T cells with recombinant CD40L for 24 h to mimic reverse stimulation by CD40-CD40L interactions. TGF-β RT-PCR data are normalized to the housekeeping gene GAPDH and are means ± SD of two independent experiments (left panel). TGF-β production in supernatants was determined by ELISA and results were normalized to 4 × 10^5 input cells in 2 mL medium (right panel). (B) Upper panel: Purified naive CBA CD4+ T cells were co-cultured with B10 GM-CSF/TGF-β-differentiated bone marrow DC in the presence of 5 ng/mL IFN-γ alone, or with IFN-γ + SB 431542 (10 mM), or anti-TGF-β antibody (10 mg/mL). Lower panel: Purified naive CBA CD4+ T cells were co-cultured with B10 GM-CSF/TGF-β-differentiated BM DC in the presence of TGF-β (2 ng/mL), without or with SB 431542 (10 mM). Cells were restimulated on day 7 under the same conditions, harvested on day 14, and intracellular Foxp3 expression was analyzed. Numbers in each dot plot indicate the frequency of cells in the quadrant. Data are representative of two independent experiments.
Figure 6. IFN-dependent selection of Foxp3* cells is mediated via T-cell STAT1 signaling. (A) Purified naive wild-type (WT) 129 CD4+ T cells were co-cultured with wild-type B6 GM-CSF/TGF-β-differentiated BM DC in the absence or presence of IFN-γ (5 ng/mL). (B) Purified naive STAT1 knockout (KO) 129 CD4+ T cells were co-cultured with IFN-γ receptor knockout (IFNGR KO) B6 GM-CSF/TGF-β-differentiated BM DC in the absence or presence of IFN-γ (5 ng/mL). (C) Purified naive wild-type (WT) 129 CD4+ T cells were co-cultured with IFN-γ receptor knockout (IFNGR KO) B6 GM-CSF/TGF-β-differentiated BM DC in the absence or presence of IFN-γ (5 ng/mL). (D) Purified naive STAT1 knockout (KO) 129 CD4+ T cells were co-cultured with wild-type (WT) B6 GM-CSF/TGF-β-differentiated BM DC in the absence or presence of IFN-γ (5 ng/mL). Cells were restimulated on day 7, harvested on day 14, and intracellular Foxp3 expression was analyzed. Numbers in each dot plot indicate the frequency of cells in the quadrant; data are representative of two to three independent experiments. (E) Purified naive wild-type (WT) 129 CD4+ T cells were co-cultured with GM-CSF/TGF-β-differentiated CBA BM DC in the absence or presence of IFN-γ (0.5–50 ng/mL). (F) Purified naive STAT1 knockout (KO) 129 CD4+ T cells were co-cultured with GM-CSF/TGF-β-differentiated CBA BM DC in the absence or presence of IFN-γ (0.5–50 ng/mL). Cells were restimulated on day 7, harvested on day 14, and intracellular Foxp3 expression was analyzed.
inhibitor. These data indicate that induced NO plays an essential role in the development of Foxp3+ Treg driven by IFN-γ conditioning.

We then asked whether a non-cellular source of NO could substitute for exogenous IFN-γ in the ex vivo conditioning protocol. Naive CBA CD4+ T cells were co-cultured with GM-CSF/TGF-β B10 BM DC in the absence of exogenous IFN-γ (5 ng/mL), or TGF-β (2 ng/mL). Cells were restimulated under the same conditions on day 7, harvested on day 14, treated for 4 h with PMA and ionomycin, and analyzed for intracellular Foxp3 and IL-17 expression in gated (TCR-β+) T cells. Figures in representative dot plots indicate the frequency of cells in each quadrant and summary histograms show means and SD of three independent experiments.

Figure 7. Non-redundant role for STAT1 signalling in the reciprocal development of regulatory and Th17 cells ex vivo. Purified naive CD4+ T cells from wild-type 129 mice (A) or STAT1 knockout 129 mice (B) were co-cultured with B6 GM-CSF/TGF-β-differentiated BM DC in the absence or presence of IFN-γ (5 ng/mL), or TGF-β (2 ng/mL). Cells were restimulated under the same conditions on day 7, harvested on day 14, treated for 4 h with PMA and ionomycin, and analyzed for intracellular Foxp3 and IL-17 expression in gated (TCR-β+) T cells. Figures in representative dot plots indicate the frequency of cells in each quadrant and summary histograms show means and SD of three independent experiments.

As shown in Fig. 8B, the proportion of Foxp3+ cells increased in a concentration-dependent manner from 0.1 to 0.4 mM SNAP in that the proportion of Foxp3+ cells was 22.1 ± 16.9, 33.0 ± 24, 49.5 ± 14.9 and 67.9 ± 15.4% at 0.1, 0.2, 0.3 and 0.4 mM SNAP, respectively. Most striking is that the absolute number of Foxp3+ cells showed a clear concentration-dependent increase. The number of Foxp3+ cells recovered was 25.0 ± 2.8 x 10^3, 35.5 ± 2.1 x 10^3 and 52.5 ± 16.3 x 10^3 at SNAP concentrations of 0.1, 0.2 and 0.3 mM, respectively. The yield decreased dramatically when SNAP was used at higher concentrations (0.4–0.5 mM), identifying a concentration of 0.3 mM as the optimal dose in this ex vivo system. Collectively, these data demonstrate that induced NO is an indispensable soluble factor...
mediating the development of Foxp3+ cells driven by alloantigen in the IFN-γ-conditioning protocol. Interestingly, at optimal concentrations of either exogenous IFN-γ or NO donor, the proportion of Foxp3+ cells was similar, but the provision of NO increased the yield of both total cells and Treg. This is partly explained by the fact that, as judged by annexin V staining, the level of cell death seen in the presence of the optimal concentration of NO donor (0.3 mM) is substantially lower than that seen in the presence of the optimal concentration of IFN-γ (7.9 ± 4.0 and 16.6 ± 8.0% for +SNAP and +IFN-γ, respectively;
not shown), further reflecting the fact that exogenous IFN-γ in this system reduces the overall size of the responding T-cell pool due to its anti-proliferative and pro-apoptotic effects (Fig. 2 and [23–25, 27, 28]). Indeed, an overall reduction in the size of the responding T-cell population may be an important prerequisite for regulation [52, 53].

**Discussion**

Treg cells generated or expanded ex vivo have significant potential as cellular therapeutics [54]. Several such ex vivo protocols exist [37, 38, 55] and understanding the underlying mechanisms responsible for Treg generation will have an important influence in optimizing and identifying the most suitable protocols for clinical evaluation. In the current study, we have demonstrated that stimulation of mouse CD4⁺ T cells by allogeneic GM-CSF/TGF-β-conditioned immature DC in the presence of exogenous IFN-γ leads to a T-cell response dominated by the emergence of Foxp3⁺ regulatory T cells. Significantly, the resulting population can regulate rejection responses in vivo without further manipulation. Our working hypothesis at present is that regulation is mediated by Foxp3⁺ cells contained within the resulting population, but we cannot formally rule out a contribution by other regulatory populations such as IL-10-producing Tr1-like cells. However, as judged by intracellular cytokine staining, we have been unable to detect IL-10 production by IFN-γ-conditioned cells, and preliminary experiments conducted using other donor–recipient combinations have revealed a positive correlation between the degree of Foxp3 enrichment and regulation in vivo. We are currently conducting experiments in which sorted GFP/Foxp3⁺ cells will be used as the input population and resultant GFP⁺Foxp3⁺ and GFP/Foxp3⁻ cells will be assessed independently for functional regulatory capacity. We hope that this will allow us to determine definitively whether or not regulation is confined to allogeneic-driven Foxp3⁺ T cells.

The addition of exogenous IFN-γ appears to result in an overall selection for cells with a Treg phenotype via proliferation, conversion of non-Treg precursors and induction of cell death within the responding non-Treg population, but we have found little evidence for an increase in the absolute size of the Foxp3⁺ population compared with that recovered under identical conditions in the absence of IFN-γ. Despite this, the resulting cells regulate rejection in an allogeneic-specific manner and we speculate that allogeneic stimulation by GM-CSF/TGF-β BM DC in the presence of IFN-γ drives an overall shift in the specificity of Foxp3⁺ cells, resulting in a relatively oligoclonal population in much the same way as repeated in vitro stimulation selects for the survival of responding non-regulatory T cells in other settings. We are currently attempting to test this hypothesis by seeding TCR-transgenic T cells into polyclonal populations followed by allogeneic challenge in the presence of IFN-γ.

When total CD4⁺ T cells are used as the input population, there is clear evidence of preferential apoptosis or necrosis within non-Treg responders (Fig. 2D). The fact that IFN-γ can enhance apoptosis within activated T-cell populations has been known for many years [23–25], but the reasons why Treg appear to be less sensitive to IFN-γ-mediated cell death in this system are not known at present. One possibility is suggested by the fact that, in terms of class II and costimulatory molecule expression, BM DC conditioned with GM-CSF+TGF-β are much more heterogeneous than their classically derived counterparts and thus probably drive a similarly heterogeneous T-cell response resulting in fully activated Foxp3⁺ effector cells and those that have defaulted to express Foxp3⁻ because of suboptimal activation. The idea that suboptimal stimulation of responding T cells is a prerequisite for Treg generation in this system (as has been reported in the induction of Treg in vivo [56]) is supported by the fact that, in our hands, IFN-γ failed to promote the conversion of Foxp3⁺/GFP⁻CD4 cells to Foxp3/GFP⁺ cells driven by anti-CD3 mAb, a stimulus expected to provide supra-optimal T-cell activation (data not shown). Indeed, it was on this basis that GM-CSF/TGF-β-conditioned BM-derived DC were chosen as the preferred APC population in the IFN-γ-conditioning protocol because this pretreatment arrests DC maturation and retards MHC and costimulatory molecule upregulation. While we have not formally tested whether other isolated APC populations can also drive the selection of Foxp3⁺ Treg in the IFN-γ protocol, previous attempts using T-cell-depleted spleen cells as APC gave extremely unpredictable results. However, it seems likely that other immature APC would be capable of inducing the generation of Treg in this system, particularly if they retained the capacity for production of TGF-β (Fig. 5). It would be expected that suboptimally activated T cells would be less susceptible to AICD, but, indeed, we have found, using CFSE-based assays, a clear correlation between T-cell proliferation and death in the IFN-γ conditioning protocol (data not shown). Furthermore, the fact that Treg tend to be anergic might also confer a relative resistance to AICD. An additional possibility is that alloantigen-driven Treg have an increased expression of anti-apoptotic molecules such as Bel-x, as has recently been reported in naturally occurring Foxp3⁺ Treg [57]. We are currently investigating the expression of anti-apoptotic genes and IFN-γ receptors in Foxp3⁺ and Foxp3⁻ cells as a function of time in the IFN-γ-conditioning protocol.

Under neutral conditions, CD4⁺ T cells driven by allogeneic GM-CSF/TGF-β-differentiated DC tend to have an intrinsic bias toward Th2 and Th17 responses because these APC produce significant amounts of both TGF-β and IL-6. Significantly, this bias is prevented by the addition of exogenous IFN-γ without resulting in an overt Th1 response (Fig. 4), an observation entirely consistent with previous studies [58–60]. Again, these data suggest that IFN-γ selectively inhibits development of the effector T-cell population while maintaining the development of Treg. Thus, the effect of exogenous IFN-γ in this system is to influence the development of a dominant Treg response by inducing death within Foxp3⁺ responders and by skewing the overall T-cell response away from Th2 and Th17 cells. In this context, it is interesting to note that, in a rather different ex vivo system where the emergence of Foxp3⁺ T cells is dependent on exogenous TGF-β [61], IL-4 appears to be more antagonistic than...
IFN-γ. This appears to be consistent with observations in the current study where one of the effects of exogenous IFN-γ is to inhibit Th2 development (Fig. 4).

Our data show that NO is critically involved in the ex vivo IFN-γ-conditioning protocol. IFN-γ is an efficient inducer of NOS activity [46], an observation consistent with the described effects of NO, an important effector molecule in immunity, particularly against intracellular pathogens. However, data are emerging indicating that NO also plays a regulatory role in immune responses [62]. For example, iNOS-mutant mice develop significantly more pronounced Th1 responses than wild-type mice upon infection, and IFN-γ-induced NO can downregulate Bcl-2 expression and induce apoptosis of primed T cells [63, 64]. Williams et al. have shown that T cells can produce NO upon TCR signalling and that this is closely involved in AICD [65]. In addition, NO can induce upregulation of IFN-γ receptor 2 expression on T cells, and these T cells are thus susceptible to IFN-γ [66]. IFN-γ receptor signalling with subsequent STAT1 phosphorylation is critical for the function of IFN-γ [42, 43]. Stat1−/− mice develop EAE and show enhanced generation of Th1 cells, suggesting that STAT1 signalling is not only non-obligatory for Th1 development but may play a negative feedback role on effector cell responses [67, 68]. A potential explanation for such observations has recently been provided by studies demonstrating that Stat1−/− mice have enhanced Th17 responses [45], indicating that STAT1 signalling plays a critical negative role in Th17 cell differentiation. Indeed, both IFN-γ and IL-27 have been shown capable of suppressing Th1 development via signalling through STAT1 [69] and a recent report has demonstrated that STAT1 phosphorylation can lead to the transcription of iNOS [47]. Our data indicate that NO can play an important role as a downstream mediator of this effect since inhibition of NOS completely abrogated IFN-γ conditioning and provision of an NO donor in the absence of exogenous IFN-γ also resulted in a Foxp3+ Treg-dominant response.

The data presented in this study provide novel insights into the means and mechanism by which a dominant alloreactive regulatory T-cell population can be encouraged to develop ex vivo. The fact that the protocol results in partial selection of regulatory cells by shifting the balance between Treg and non-Treg populations suggests that, if used in concert, the IFN-γ protocol followed by polyclonal expansion might provide sufficient numbers of enriched regulatory cells for therapeutic use. Indeed, in this regard the preferential elimination of alloreactive non-Treg cells might confer a significant benefit. Recently, two other independent studies have demonstrated that exogenous IFN-γ can be used to influence Treg development ex vivo. In the first, Wang et al. demonstrated that polyclonal activation of mouse CD4+CD25+ T cells with anti-CD3 antibody in the presence of IFN-γ resulted in a population of CD25+ T cells that inhibited the development of EAE almost as effectively as naturally occurring Treg [70]. In the second study, Brem-Exner et al. showed that exposure of lymph node cells in vitro to IFN-γ-conditioned monocytes led to an expansion of CD25+Foxp3+ T cells, and while the ability of these ex vivo generated/expanded cells to regulate responses in vivo was not formally tested, the fact that adoptive transfer of the IFN-γ-conditioned monocyte population led to a resolution of colitis in a mouse model of inflammatory bowel disease is consistent with an in vivo conversion driven by this APC population [8].

The results of the current study extend these observations significantly by demonstrating that IFN-γ can be used to shape the ex vivo T-cell response to alloantigens away from effector cell differentiation in favor of Treg development and that without further manipulation the resultant population can control acute allograft rejection. Although such approaches have potential therapeutic use in both transplantation and autoimmune disease, we believe that transplantation offers the unique advantage that APC from the graft donor can be used to drive Treg selection. Such antigen-specific activation is unlikely to be possible in autoimmunity, except in those cases where the antigens are well defined. Although living donor transplantation offers the most immediate possibility for donor-reactive Treg generation, the observation that some immunosuppressive agents are permissive and may select for regulatory T cells [55] suggests the possibility of combining Treg generation with short-course immunosuppression, to extend this type of approach to deceased donor transplantation.

Materials and methods

Mice

CBA.Ca (CBA, H2k), C57BL/10 (B10, H2b), C57BL/6 (B6, H2b), 129Sv/Ev (129, H2b), CBA-recombination-activating gene 1 knockout (CBA-Rag−/−, H2b; kindly provided by Dr. D. Kioussis, Division of Molecular Immunology, National Institute for Medical Research, Mill Hill, London), IFN-γ receptor knockout B6 mice (IFNγR KO, H2b; kindly provided by Prof. Siamon Gordon, Sir William Dunn School of Pathology, Oxford, UK), and IL-6 knockout mice were obtained from and housed in the Biomedical Services Unit, John Radcliffe Hospital. Stat1−/− 129 mice were purchased from Taconic Farm (Hudson, NY). Foxp3gfp knock-in (Foxp3gfp.KI) B6 mice and DBA/2 mice were bred and housed in the Transplant Research Center, Beth Israel Deaconess Medical Center, Harvard Medical School (Boston, MA) [33]. Sex-matched mice between 6 and 12 wk of age at the time of first experimental procedure were used in all experiments.

Reagents and mAb

The hybridomas TIB120 (anti-MHC class II) and RA3.6B2 (anti-B220) were obtained from the American Type Culture Collection; YTS169 (anti-CD8) and YTA3.1 (anti-CD4) [71] were kindly provided by Prof. H. Waldmann (Sir William Dunn School of Pathology, Oxford, UK). RM4-5-PerCP, 11B11-PE, XMG1.2-FITC and JES-19F1-PE were purchased from BD Pharmingen. The anti-Foxp3 antibody FJK-16s was obtained from eBioscience and used
according to the manufacturer’s instructions. l-NMMA and SNAP were purchased from Sigma-Aldrich.

Cell purification

CD4⁺ T cells and CD25⁺CD4⁺ T cells were isolated using CD4 or CD25 MicroBeads (Miltenyi). Foxp3⁺ GFP⁺ CD4 T cells were flow-sorted (BD-Biosciences FACS-Vantage). On reanalysis, all populations were 95–99% pure.

In vitro generation of BM DC

BM DC were generated from donor mice according to published methods [35, 72]. DC precursor-enriched BM cells were cultured with 2 ng/mL each of rmGM-CSF and rhTGF-β1 (PeproTech, London, UK). At day 6, DC were harvested, washed and counted prior to use.

IFN-γ-conditioning protocol

Cell culture used RPMI 1640 containing 10% FCS, 2 mM L-glutamine, 0.5 mM 2-mercaptoethanol (Sigma) and 100 U/mL of penicillin and streptomycin (Sigma). Purified naive CD4⁺ T cells (5 × 10⁵) were co-cultured with 5 × 10⁶ allogeneic BM DC/2 mL well in RPMI 1640 medium containing 10% FCS in 24-well plates (Corning, NY), in the presence of 5 ng/mL exogenous rmIFN-γ (PeproTech). On day 7, half of the medium was replaced with fresh medium containing the same concentration of recombinant IFN-γ and the same number of DC. After two rounds of stimulation, cells were harvested for phenotypic analysis, or for functional evaluation in an adoptive transfer model.

Adoptive transfer and skin transplantation

CBA-Rag⁻/⁻ mice were reconstituted intravenously with 1 × 10⁵ CD25⁻CD4⁺ cells from naive CBA with or without 2 × 10⁵ ex vivo conditioned cells. The following day, full-thickness B10 tail skin allografts were transplanted onto graft beds prepared on the left flank.

Statistical analysis

Graft survival between transplant groups was compared using Kaplan–Meier survival curves and the Log-rank test (GraphPad Prism) with significance at p < 0.05. Two-tailed comparisons were made using the Mann–Whitney test.

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