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Accessibility

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Growing evidence from published studies has shown increased cause-effect and specific-cause mortality from short-term exposures to air pollution (Fairley 1999; Katsouyanni et al. 1997; Pope at al. 1995; Schwartz 1993; Schwartz and Dockery 1992). An important piece of that evidence comes from the National Morbidity and Mortality Air Pollution Study (NMMAPS) conducted across 90 U.S. cities. That study assessed the independent associations of the selected pollutants with daily mortality in two-pollutant models. Excess mortality was associated with particulate matter of aerodynamic diameter ≤ 10 μm/m³ (PM₁₀), but not with other pollutants, in these two pollutant models. The extent of bias due to measurement error in these reported results is unclear. Schwartz and Coull recently proposed a method that deals with multiple exposures and, under certain conditions, is resistant to measurement error. We applied this method to reanalyze the data from NMMAPS. For PM₁₀, we found results similar to those reported previously from NMMAPS (0.24% increase in deaths per 10-μg/m³ increase in PM₁₀). In addition, we report an important effect of carbon monoxide that had not been observed previously.

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The situation is more complex in the case of multiple correlated pollutants. Here, the measurement error in one pollutant will tend to bias the risk coefficient of that pollutant toward the null. However, measurement error in the second pollutant will contribute some bias to the coefficient of the first pollutant. The direction of the bias will depend on the sign of the correlation between the pollutants. In rare cases, when the correlation is high between the two pollutants and the measurement error in the second is large, this can produce an upward bias in the risk coefficient of the first pollutant. This may lead to an overestimation of exposure effects of the better measured pollutant (bias away from the null). Zeger et al. (2000) showed that even with hypothetically large differences in the four parameters, upward bias was unlikely (Zege et al. 2000). Schwartz and Coull (2003) reported a similar finding in a simulation study, where under certain assumptions such as high correlation between the pollutants and their errors (> 0.95) and/or large difference in the error variances, upward bias was not likely to occur.

Why is there measurement error in air pollution studies? A recent development in air pollution epidemiology, called time-series design, is based on series of air pollution concentrations and health outcomes (events) over a certain period of observation (which may be months or years). Through this, one can estimate the average number of events that occur with changes in air pollution concentrations. The unit of analysis is the day, and the outcome data are the counts of events (mortality, or other health outcomes). Exposure data are usually ambient concentrations of different air pollutants measured continuously (hourly or daily) from fixed-site monitoring stations. However, monitored ambient concentrations of air pollutants are not representative of personal exposures, which are important when evaluating the relation of exposure and health outcome at the individual level. Unfortunately, in time-series studies of air pollution, there are no available calibration data (routinely measured series of personal exposure data) on which to base a measurement error correction. Dominici et al. (2000b) described a method to deal with this issue.

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estimate a correction factor, using information on ambient and personal exposures in several cities in the United States, addressing only one pollutant (PM$_{10}$). However, the applicability of that approach to the population-based time series is difficult because a more complex scenario of multiple air pollutants is generally present and usually information on only ambient exposures is available.

In recent reports, Schwartz and Coull (Schwartz 2000; Schwartz and Coull 2003) have developed an approach that uses hierarchical modeling to assess exposure–health outcome associations, which is resistant to exposure measurement error. The method is useful in studies with multiple exposures, such as air pollution time-series studies, and can provide bias-corrected estimates for the multiple exposures in the presence of measurement error. In the present study, we had two goals. First, to validate recent findings in air pollution epidemiology, we applied this approach to examine the independent effects of PM$_{10}$ and several gaseous air pollutants on daily deaths, using recent data and results from NMMAPS. Second, we demonstrated the method with the intention to make it compelling to other researchers as a useful tool in assessing causal relationships.

**Materials and Methods**

The NMMAPS study analyzed the association between air pollution and daily deaths in 90 U.S. cities. The cities included essentially the entire urban U.S. population living in counties with regular air pollution monitoring. Data on daily deaths in this study were obtained from records of the National Center for Health Statistics (Hyattsville, MD), and air monitoring data were obtained from the U.S. Environmental Protection Agency (Washington, DC), for the period from 1987 to 1994. This study conducted Poisson regressions, relating the daily death counts as a function of each day to air pollution concentrations on the same day, the previous day, and 2 days before the event, controlling for weather and season. Under such model, a Poisson process is assumed to describe the number of deaths per day, with events following a binomial process with low probability of occurrence. The model had the form

$$\log(E(Y)) = \alpha + \sum \beta_j X_j + \sum \beta_k Z_k,$$

where $E(Y)$ was the expected daily death count, $\beta_j$ represented the coefficients measuring the effects of $j$ pollutants, and $\beta_k$ represented the coefficients measuring the effects of $k$ predictors (weather, season). The study looked at the effects on daily mortality from ambient concentrations of PM$_{10}$, sulfur dioxide, nitrogen dioxide, carbon monoxide, and ozone. Further details have been published elsewhere (Dominici et al. 2003; Samet et al. 2000b, 2000c).

**The hierarchical model.** The approach from Schwartz and Coull (2003) applied to this study was as follows: If an outcome were linearly associated with two exposures—in our case two pollutants ($X_1$ and $X_2$) —then we would have a model such as

$$E(Y) = \beta_0 + \beta_1 X_1 + \beta_2 X_2,$$

where $E(Y)$ is the expected daily mortality and $\beta_1$ and $\beta_2$ are the unbiased effects of, respectively, $X_1$ and $X_2$. If $X_1$ and $X_2$ were correlated with each other, then we could also fit a model like the following:

$$X_2 = \gamma_1 X_1 + \epsilon.$$  

If we now substitute $X_2$ in Equation 1 with Equation 2, then we would obtain

$$E(Y) = (\beta_0 + \beta_2 \gamma_1) + (\beta_1 + \beta_2 \gamma_1) X_1.$$  

If we were to regress $Y$ against $X_1$ alone, then

$$E(Y) = \delta_0 + \delta_1 X_1.$$  

And by comparing Equations 3 and 4, we would obtain

$$E(\delta_1) = \beta_1 + \beta_2 \gamma_1.$$  

Hence, as Equation 5 shows, by regressing the coefficient relating $X_1$ to mortality ($\delta_1$) against the coefficient relating $X_2$ to $X_1$ ($\gamma_1$), we can recover $\beta_2$, the coefficient relating $X_2$ to mortality. If instead of substituting for $X_2$ we had substituted for $X_1$, then we would similarly have obtained an estimate of $\beta_1$.

The advantage of this method is seen when we consider the impact of measurement error. If $X_1$ and $X_2$ are both measured with error, then the coefficients $\gamma_1$ and $\delta_1$ in Equations 2 and 4 are both biased; however, that bias depends only on the variance of $X_1$ and its measurement error, which are the same in both equations and cancel out in Equation 5. This results in the estimate of $\beta_1$ in Equation 5 being unbiased. The extension of the approach to models with additional predictors, and Poisson regressions, is provided in Schwartz and Coull (2003).

We applied the hierarchical model to the NMMAPS study to estimate the unbiased independent effects of each of the five pollutants (PM$_{10}$, SO$_2$, NO$_2$, CO, and O$_3$) on daily mortality. One can think of the application of the hierarchical approach of Schwartz and Coull (2003) as a three-step analysis. As an example, we are presenting each step using two pollutants (e.g., SO$_2$ and PM$_{10}$). If we were to estimate the "true" effects of each of the two pollutants on daily mortality, then $\beta_1$ (in Equation 1) would represent the unbiased effect of SO$_2$, and $\beta_2$ the unbiased effect of PM$_{10}$. However, we are unable to estimate $\beta_1$ and $\beta_2$ directly, due to measurement error in each pollutant. The three-stage method then comes into play.

In the first stage, daily values of the various air pollutants, in each city, were regressed against each other to obtain regression slopes for each pollutant pair, using least-squares linear regression. In this step, we applied Equation 2, which in our example would take the form $\text{PM}_{10} = \gamma_0 + \gamma_1 \text{SO}_2 + \epsilon$. To enhance comparability with the original NMMAPS results, we obtained the daily air pollution data used by the NMMAPS researchers, so that their cleaning and averaging procedures would be reflected in our analysis. These data have been made publicly available as part of the Internet-based Health and Air Pollution Surveillance System (IHAPSS 2003).

The second stage involved fitting single-pollutant models to the mortality data, in each city, for each of the pollutants being examined (Equation 4). In such case, if estimating the effects of SO$_2$ on daily mortality, then $Y = \delta_0 + \delta_1 \text{SO}_2$. The NMMAPS study already provided results for the single-pollutant models in each city, relating daily death counts to daily concentration of each pollutant (PM$_{10}$, SO$_2$, NO$_2$, CO, and O$_3$) on the day before (lag 1) the event, using Poisson regression modeling (Dominici et al. 2003; Samet et al. 2000b). Therefore, the slopes relating mortality and each of the air pollutants the day before death, by city, as provided by the NMMAPS, were the coefficients ($\delta_0$) of the second stage of the hierarchical approach.

Finally, the slopes ($\delta_0$) obtained from the second stage were regressed against those ($\gamma_1$) obtained from the first stage, across the 90 U.S. cities (Equation 5), using least-squares linear regression. The slope of this final regression is, ideally, an unbiased estimate of $\beta_2$, the effect of PM$_{10}$ on daily mortality, controlling for the effect of SO$_2$ and of measurement error.

The method allows one to recover the independent effect of each pollutant, controlling for any other pollutant, using an approach that is, in principle, unbiased by measurement error and that, in simulations, appears to be relatively unbiased under moderate violations of the model assumptions (Schwartz and Coull 2003). Obviously, for this approach to work, the independent variable ($\gamma_1$) in Equation 5 must vary across the cities.

In the application of the three-stage analyses, the five pollutants were paired with each other. That is, for each pollutant, four unbiased independent estimates relating that pollutant to daily mortality were obtained, each estimate controlling for the effects of the other four pollutants. One limitation of the hierarchical modeling is loss in precision in these estimates, because the last regression (Equation 5) has only 90 observations. This is reflected in the confidence limits of the estimates. We could
improve power in the effect of each pollutant, by averaging its four estimates, using the following formula:

\[
\bar{\beta}_j = \frac{\sum_{i=1}^{k} w_{ji} \beta_{ji}}{\sum_{k} w_{ji}},
\]

where \( \bar{\beta}_j \) is the weighted average slope (meta-slope) for pollutant \( j \) (i.e., PM\(_{10}\)) defined over \( k \) number slopes (obtained from third-stage regressions), and \( \beta_{ji} \) is the unbiased slope of pollutant \( j \) (i.e., PM\(_{10}\)) controlling for pollutant \( i \) (i.e., SO\(_2\)), where \( i = 1 \) to \( k \). Weights for the slopes were defined as follows:

\[
w_{ji} = \frac{1}{v_j},
\]

where \( v_j \) is the variance of \( \beta_{ji} \). The variance of \( \bar{\beta}_j \) is calculated as

\[
\sigma^2_{\bar{\beta}_j} = \frac{\sum_{i=1}^{k} w_{ji} v_{ji}}{\sum_{j=1}^{k} w_{ji}}.
\]

### Table 1. Mean ± SD of the distribution of pollutant–pollutant regression slopes (\( \gamma_{ij} \)) and their coefficients of variation (CV), across 90 U.S. cities, for each pollutant pair.

<table>
<thead>
<tr>
<th>Pollutant–pollutant regression variables</th>
<th>Mean ± SD</th>
<th>CV (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>PM(_{10})</td>
<td>SO(_2)</td>
<td>1.31 ± 1.45</td>
</tr>
<tr>
<td></td>
<td>NO(_2)</td>
<td>0.83 ± 0.64</td>
</tr>
<tr>
<td></td>
<td>CO</td>
<td>0.01 ± 0.01</td>
</tr>
<tr>
<td></td>
<td>O(_3)</td>
<td>0.27 ± 0.38</td>
</tr>
<tr>
<td>SO(_2)</td>
<td>PM(_{10})</td>
<td>0.09 ± 0.08</td>
</tr>
<tr>
<td></td>
<td>NO(_2)</td>
<td>0.22 ± 0.20</td>
</tr>
<tr>
<td></td>
<td>CO</td>
<td>0.00 ± 0.003</td>
</tr>
<tr>
<td></td>
<td>O(_3)</td>
<td>−0.03 ± 0.10</td>
</tr>
<tr>
<td>NO(_2)</td>
<td>PM(_{10})</td>
<td>2.64 ± 5.09</td>
</tr>
<tr>
<td></td>
<td>CO</td>
<td>−0.22 ± 1.83</td>
</tr>
<tr>
<td></td>
<td>O(_3)</td>
<td>−0.01 ± 0.08</td>
</tr>
<tr>
<td>CO</td>
<td>SO(_2)</td>
<td>61.58 ± 74.64</td>
</tr>
<tr>
<td></td>
<td>NO(_2)</td>
<td>34.19 ± 19.39</td>
</tr>
<tr>
<td></td>
<td>PM(_{10})</td>
<td>13.73 ± 9.26</td>
</tr>
<tr>
<td></td>
<td>O(_3)</td>
<td>−9.58 ± 9.47</td>
</tr>
<tr>
<td>O(_3)</td>
<td>SO(_2)</td>
<td>136.66 ± 535.62</td>
</tr>
<tr>
<td></td>
<td>NO(_2)</td>
<td>24.76 ± 95.82</td>
</tr>
<tr>
<td></td>
<td>CO</td>
<td>−0.59 ± 3.26</td>
</tr>
<tr>
<td></td>
<td>PM(_{10})</td>
<td>−63.99 ± 292.61</td>
</tr>
</tbody>
</table>

*The slopes were obtained from first-stage regressions (Equation 2), pairing each of the five pollutants with the other four (pollutant pairs), for each U.S. city.

### Table 2. Percent increase in daily deaths associated with each pollutant, controlling for measurement error in other pollutants, based on data and results from the NMMAPS study, including the period between 1987 and 1994.

<table>
<thead>
<tr>
<th>Paired pollutant</th>
<th>( R^2 )</th>
<th>Slope</th>
<th>( T )</th>
<th>( R^2 )</th>
<th>Slope</th>
<th>( T )</th>
<th>( R^2 )</th>
<th>Slope</th>
<th>( T )</th>
<th>( R^2 )</th>
<th>Slope</th>
<th>( T )</th>
</tr>
</thead>
<tbody>
<tr>
<td>PM(_{10})</td>
<td>NA</td>
<td>NA</td>
<td>NA</td>
<td>0.048</td>
<td>1.14</td>
<td>1.77</td>
<td>0.008</td>
<td>0.033</td>
<td>0.69</td>
<td>0.029</td>
<td>0.078</td>
<td>1.56</td>
</tr>
<tr>
<td>SO(_2)</td>
<td>0.047</td>
<td>0.28</td>
<td>1.72</td>
<td>NA</td>
<td>NA</td>
<td>NA</td>
<td>&lt; 0.001</td>
<td>&lt; 0.004</td>
<td>0.06</td>
<td>0.154</td>
<td>0.086</td>
<td>3.25</td>
</tr>
<tr>
<td>NO(_2)</td>
<td>0.012</td>
<td>0.16</td>
<td>0.63</td>
<td>0.007</td>
<td>−0.29</td>
<td>0.54</td>
<td>NA</td>
<td>NA</td>
<td>NA</td>
<td>0.007</td>
<td>0.032</td>
<td>0.64</td>
</tr>
<tr>
<td>CO</td>
<td>0.006</td>
<td>0.14</td>
<td>0.69</td>
<td>0.030</td>
<td>0.65</td>
<td>1.33</td>
<td>0.001</td>
<td>&lt; 0.004</td>
<td>0.27</td>
<td>NA</td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td>O(_3)</td>
<td>0.036</td>
<td>0.35</td>
<td>1.70</td>
<td>0.309</td>
<td>−0.78</td>
<td>1.52</td>
<td>0.007</td>
<td>&lt; 0.025</td>
<td>0.53</td>
<td>0.002</td>
<td>−0.018</td>
<td>0.34</td>
</tr>
<tr>
<td>Meta-slope</td>
<td>NA</td>
<td>0.24</td>
<td>2.80</td>
<td>NA</td>
<td>0.10</td>
<td>0.34</td>
<td>NA</td>
<td>&lt; 0.004</td>
<td>0.27</td>
<td>NA</td>
<td>0.062</td>
<td>3.16</td>
</tr>
</tbody>
</table>

**Notes:**
- **PM\(_{10}\) Slope:** \( R^2 \) from regressions of the third stage (see text for details).
- **PM\(_{10}\) Slope:** presented as percent increase per 10 µg/m\(^3\). Slopes for other pollutants are presented as percent increase per 1 ppb (100 ppb for CO).
- **Correlated slopes (effects) removing the effect of each pollutant shown in the first column.
in both directions and with varying degrees. Underestimating the public health consequences of air pollution exposure can result in suboptimal measures to reduce these health consequences, particularly when cost–benefit or cost-effectiveness analysis is used as part of the decision process. Uncertainties about upward bias in the effect estimates can undermine the credibility of observed associations, raising questions about the appropriateness of proposed air quality standards. Hence, reducing both potential errors can improve environmental health.

Schwartz and Coull (2003) recently described a method that uses hierarchical modeling to deal with confounding and measurement error bias in epidemiologic studies. Their approach yielded an exposure–response estimate that was unbiased under certain assumptions and showed small downward biases when those assumptions were not met—for example, when the measurement errors among the multiple exposures were correlated. Although not entirely eliminated, the bias effect in this case was much less than the one produced by the two-pollutant model under the same circumstances (Schwartz and Coull 2003).

In the present study we applied the method of Schwartz and Coull (2003) to data and results from NMMAPS to estimate the independent effects of air pollutants on daily mortality. The application of this approach to the NMMAPS results was used in the case of two concurrent pollutants, both assumed to be measured with error. The method provided minimally biased independent effect estimates for each pollutant–daily mortality association. The price of this reduced bias was a reduction in precision. However, when we averaged over the results for each different pollutant, important associations appeared for PM$_{10}$ and CO.

Recent results of NMMAPS had shown positive associations between PM$_{10}$ and daily mortality for 90 U.S. cities (Dominici et al. 2003; Samet et al. 2000b, 2000c). The relative increase $\pm$ SE in daily mortality was $0.21 \pm 0.06\%$ per $10$-$\mu$g/m$^3$ increase of PM$_{10}$ concentration 1 day before the event. The presence of other pollutants in the model did not change this effect (Dominici et al. 2003). Our estimate for this pollutant was slightly greater after reducing measurement error bias ($0.24 \pm 0.09\%$ increase in mortality).

The NMMAPS had reported no independent associations between daily mortality and concentration of other air pollutants 1 day before the event, including SO$_2$, NO$_2$, CO, and O$_3$ (Dominici et al. 2003). The findings for gaseous pollutants from that study were based on two- and multiple-pollutant models. For comparison with our results, we report the estimates from this previous study for increments in concentration of 10 ppb. The estimates for SO$_2$ from the two- and multiple-pollutant models from the NMMAPS ranged between 0.4 and 0.5% increase in daily mortality. NO$_2$ showed relative increases in daily mortality from 0.3 to about 0.4%. Relative increase in daily mortality for O$_3$ varied between 0.08 and 0.2%. Percent increases of 0.02–0.06 in daily mortality were associated with increments of 100 ppb in CO concentrations. None of these reported effects was estimated precisely, which resulted in the summary of the evidence from this previous study of no association between any of the gaseous pollutants and daily mortality (Dominici et al. 2003).

We found the effects for SO$_2$, controlling for other pollutants, to vary greatly, with an overall estimate of 0.1% increase in daily mortality. For NO$_2$, we found essentially no effect on daily mortality (estimate = –0.004%). O$_3$ effects in our study were found to be between two and three orders of magnitude smaller than the observed effects for the same pollutant from the NMMAPS. However, none of these estimates was precise, which made our summary finding for these pollutants qualitatively similar to the one reported from the NMMAPS study.

Unlike in the NMMAPS finding, we observed an association between CO and daily mortality. The estimates, controlling for other pollutants, ranged from –0.02 to 0.09%, with the greater effects being estimated fairly precisely. The pooled effect of CO showed a 0.06% increase in mortality with a tight confidence interval (95% CI, 0.02–0.10% per 100 ppb).

One explanation for the different finding for CO in our study, compared with that of NMMAPS, could be related to the high degree of measurement error in this pollutant. There is a possibility that the spatial heterogeneity in ambient concentrations of CO is greater than that of any other air pollutant. This would produce a greater amount of measurement error when monitoring ambient concentrations of CO from a central monitoring site. Whether the greater effect seen using the hierarchical modeling approach reflects a true association with CO per se, or whether CO is a surrogate for traffic particles or some other component of vehicular exhaust (Sarnat et al. 2001), is not clear. Nevertheless, the results for CO indicate the potential use of the approach and suggest that attention should be focused on CO or on traffic pollution. The similar results of this study with those of NMMAPS for PM$_{10}$ were reassuring.

Several limitations in the application of the Schwartz and Coull (2003) approach must be acknowledged. First, because the third-stage regression had only 90 observations, the power of the method was reduced. The power depends in part on the $R^2$ values of the third-stage models. In our case, these were low (Table 2), forcing us to apply meta-analysis as an ad hoc approach to improve power. In other applications, $R^2$ may be larger, and this approach may be unnecessary. We are currently developing a multivariate version of the approach that is less ad hoc in improving power, by using multiple predictors at the last-stage regression.

Second, we did not have season-specific regression coefficients relating air pollution to mortality in the NMMAPS. The use of this approach with season-specific relationships offers increased power because of the increased number of risk coefficients by pollutant, and also because the relationship between many pollutants varies seasonally. We expect these to be available from NMMAPS in the future.

Third, in the present analyses we assumed that the concentration–response relation between air pollution and daily deaths is linear. This question has been subject to a number of investigations using splines and smoothing in single-city studies and combining splines or smooth curves in multicity studies (Schwartz and Zanobetti 2000; Schwartz et al. 2002). At least for PM$_{10}$, linear associations were seen in concentration ranges similar to those of the present study.

Finally, our model implies that each pollutant, as measured at a central site in each city, is a surrogate for exposure to the same pollutant. However, Sarnat et al. (2001) have proposed recently that ambient concentrations of gaseous air pollutants may be serving as surrogates not for exposure to those gases but for exposure to particles or particles from particular sources. For example, in Baltimore, CO was a good surrogate for exposure to particles from traffic (Sarnat et al. 2001). This suggests that there must be caution in interpreting the present results for CO. We think that personal exposure studies of intermediate outcomes may be necessary to resolve the question.

Despite these limitations, the approach of Schwartz and Coull (2003) is useful to studies of air pollution and mortality. In our study, it provided evidence of a slightly greater effect of PM$_{10}$ than that reported previously by NMMAPS, when controlling for measurement error in other pollutants, and suggested that greater attention be paid to CO and possibly traffic pollution.

**References**


