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## A Soluble Form of the High Affinity IgE Receptor, Fc-Epsilon-RI, Circulates in Human Serum

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#### Abstract

Soluble IgE receptors are potential *in vivo* modulators of IgE-mediated immune responses and are thus important for our basic understanding of allergic responses. We here characterize a novel soluble version of the IgE-binding alpha-chain of Fc-epsilon-RI (sFc $\epsilon$ RI), the high affinity receptor for IgE. sFc $\epsilon$ RI immunoprecipitates as a protein of ~40 kDa and contains an intact IgE-binding site. In human serum, sFc $\epsilon$ RI is found as a soluble free IgE receptor as well as a complex with IgE. Using a newly established ELISA, we show that serum sFc $\epsilon$ RI levels correlate with serum IgE in patients with elevated IgE. We also show that serum of individuals with normal IgE levels can be found to contain high levels of sFc $\epsilon$ RI. After IgE-antigenmediated crosslinking of surface Fc $\epsilon$ RI, we detect sFc $\epsilon$ RI in the exosome-depleted, soluble fraction of cell culture supernatants. We further show that sFc $\epsilon$ RI can block binding of IgE to Fc $\epsilon$ RI expressed at the cell surface. In summary, we here describe the alpha-chain of Fc $\epsilon$ RI as a circulating soluble IgE receptor isoform in human serum.

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Competing Interests: Edda Fiebiger is on a pending patent for the ELISA method to quantify serum sFc-epsilon-RI in human serum.

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#### Introduction

Allergic patients are commonly characterized by high serum IgE and high IgE-receptor expression on effector cells of the innate and adaptive immune system [1,2]. In humans, three different IgE-receptors have been described: CD23, galectin-3 and FcERI [1,2]. CD23, also known as FcERII, is a low affinity IgE receptor and the classical IgE receptor on B cells. Galectin-3, formerly known as epsilon binding protein ( $\epsilon$ BP), is another low affinity IgE receptor; its role in allergy is rather poorly defined [3,4]. FcERI, the high-affinity receptor for IgE, induces activation of mast cells and basophils via IgE-antigen complexes during the acute phase of an allergic response [5,6]. In rodents, FcERI is constitutively expressed on the surface of basophils and mast cells as a tetrameric receptor composed of the ligand-binding alpha-chain, one betachain and a pair of disulphide-linked gamma-chains. Humans can express a trimeric version of FcERI lacking the beta-chain on eosinophils and antigen presenting cells, such as dendritic cells and Langerhans cells [6,7]. Additionally, expression of FcERI on bronchial and intestinal epithelial cells was described in humans [8,9]. Serum IgE binding stabilizes surface FcERI leading to the upregulation of receptor levels in allergic patients [10,11,12].

In addition to the transmembrane forms, CD23 and galectin-3 are found as soluble proteins in human serum. Soluble CD23 (sCD23) is a modulator of IgE responses *in vivo* and is generated by cleavage of membrane CD23 from the surface of B-cells [13]. sCD23 has been demonstrated to enhance IgE production

[14,15,16] and several reports show that high serum levels of sCD23 correlate directly with the severity of allergy and asthma [17]. Along this line, successful immune therapy is accompanied by a drop in sCD23 levels in the serum of allergic patients [18]. The role of sCD23 in modulating IgE production and its potential for monitoring allergic responses has been discussed for more than two decades [13,19,20]. However, sCD23 is currently approved as a prognostic parameter only for B-cell chronic lymphocytic leukemia [21,22,23]. Interestingly, soluble galactin-3 is also a common marker for tumor burden [4,24]. Why the production of these soluble IgE receptors is induced during malignant diseases is an interesting scientific question that has yet to be resolved. Thus, our limited understanding of the in vivo role of sCD23 and soluble galectin-3 highlights the need for continued research on soluble factors that modulate serum IgE responses in the context of an allergic response.

Fc $\epsilon$ RI is an activating immune receptor of the immunoglobulin superfamily, which includes the Fc receptors CD16, CD32, CD64 and CD89 [6,25,26]. Fc $\epsilon$ RI shares key structural characteristics and signaling features with these Fc receptors. For most IgE, IgG and IgA Fc receptors, soluble isoforms are found in humans. Fc $\epsilon$ RI, however, has so far not been reported as a soluble IgE receptor in human serum [1,6].

Here we describe a soluble form of the  $Fc\epsilon RI$  alpha-chain (sFc $\epsilon RI$ ). In human serum, this sFc $\epsilon RI$  is found as both a free form and bound to its ligand IgE. We show that IgE-mediated cell activation induces the release of sFc $\epsilon RI$  *in vitro* and that the soluble

form of the receptor can inhibit binding of IgE to  $\ensuremath{\mathsf{Fc}}\ensuremath{\mathsf{RI}}$  at the cell surface.

#### Results

## Detection of a soluble form of Fc $\epsilon RI$ alpha (sFc $\epsilon RI$ ) in human serum

To give a definitive answer whether a soluble form of the alpha chain of FcERI exists in humans, we performed immunoprecipitation experiments to isolate this protein from serum. Sera from patients with normal IgE levels and elevated IgE were run over IgE-columns. Eluates from these columns were analyzed with the FcERI alpha-chain specific mAb 19-1 by Western blot [12]. The IgE used for these precipitation is commonly used for detection of FceRI [12,27] and has a chimeric immunoglobulin containing the human IgE heavy chain and a murine Fab-anti NP fragment (referred to as cIgE from here on). Columns were prepared by coupling cIgE to NP sepharose. 10 ml serum was run over a gravity column packed with 0.5 ml beads. Figure 1A shows a representative positive (right lane) and a negative serum (left lane). A soluble form of FcERI-alpha (sFcERI) was precipitated as a protein of  $\sim 40$  kDa (Figure 1A). The higher molecular weight bands of the Western blot shown in Figure 1A (≥130 kDa) are a result of cross-reactivity of the secondary anti-mouse antibody used for immunoblotting and the precipitating cIgE. Only the lowmolecular weight protein from the serum precipitate is recognized specifically by the anti-FcERI alpha-chain specific mAb 19-1. Since this antibody recognizes the IgE binding epitope of FceRI alpha [12,28], these data show a soluble non-IgE bound form of the receptor in human serum. When the mAb 19-1 was replaced with an isotype control antibody, the sFcERI band was no longer detected (data not shown). Individuals with normal to moderately elevated IgE levels tested strongest positive in the immunoprecipitation assay. In such sera the sFcERI is likely still available for precipitation, whereas in patients with elevated IgE the soluble receptor is mainly bound to serum IgE and therefore cannot be immunoprecipated by the mAb19-1.

To perform a more detailed molecular characterization of sFc $\epsilon$ RI, we next compared sFc $\epsilon$ RI-alpha precipitated from serum to Fc $\epsilon$ RI-alpha precipitated from the cell surface of MelJuso- $\alpha\gamma$ 

cells. As expected for a soluble form, sFc $\epsilon$ RI has a lower molecular weight than the surface expressed protein. Unlike transmembrane Fc $\epsilon$ RI-alpha, which forms a multimeric complex with the common FcR-gamma chain (also called Fc $\epsilon$ RI-gamma) [1,6], sFc $\epsilon$ RI was not associated with Fc $\epsilon$ R-gamma (Figure 1B). This finding confirms that sFc $\epsilon$ RI is likely a soluble serum protein that is distinct from the membrane multimeric form of the receptor [6,28].

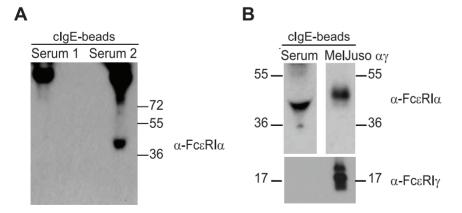
In summary, this set of results show that the Fc-portion of human IgE can interact with a soluble alpha-chain protein in serum and that this serum sFc $\epsilon$ RI does not have the molecular characteristics of the multimeric membrane-associated Fc $\epsilon$ RI.

#### Detection of sFccRI in human serum by ELISA

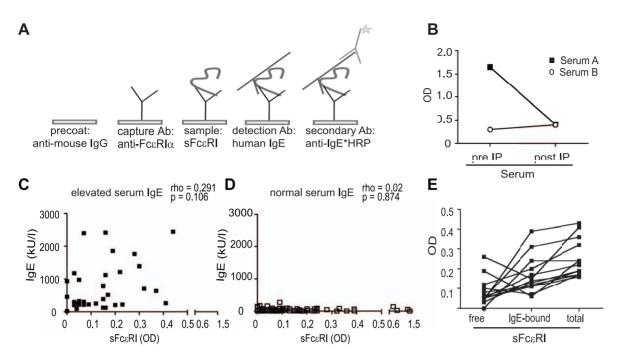
To allow for semi-quantitative analysis of sFcERI levels in human serum, we next established a sandwich-ELISA system (schematic model in Figure 2A). For this ELISA, the anti-FcERIalpha mAb CRA1 was used as the capture antibody. This mAb binds the stalk region of the alpha-chain and is expected to capture a serum alpha-chain without interfering with the IgE-binding epitope [29]. Levels of serum sFcERI dropped when comparing pre- and post-immunoprecipitation samples (Figure 2B), confirming the specificity of our ELISA. As a further control, capture and detection antibodies were omitted, which consistently resulted in a loss of sFcERI signal (data not shown). We were also able to detect sFcERI in plasma with this ELISA, (data not shown). Using a small collective of atopic pediatric patients (5 boys, 3 girls, mean age  $10.3 \pm -2.7$  years; detailed patient characteristics are found in Table S1), we established that this ELISA is a feasible method for detection of sFcERI in a larger patient set. In summary, this set of data describes a novel ELISA for the detection of serum sFcERI. Any conclusions about the clinical relevance of this finding are however not possible based on the small patient collective.

### Serum levels of sFc $\epsilon$ RI correlate with serum IgE levels in patients with elevated IgE

Due to the absence of a recombinant  $sFc\epsilon RI$  protein for the generation of a standard curve, the specific, blanked OD was used for semi-quantitative analysis of serum  $sFc\epsilon RI$  levels. To investigate the occurrence of  $sFc\epsilon RI$  and potential associations



**Figure 1. A soluble form of the high affinity IgE receptor, Fc** $\epsilon$ **RI, is found in human serum.** A. Immunoprecipitations from a negative (first lane, Serum 1) and a positive (right lane, Serum 2) serum specimens. Soluble Fc $\epsilon$ RI (sFc $\epsilon$ RI) was precipitated from serum with IgE-loaded NIP-beads and eluted with non-reducing Laemmli sample buffer. Eluates were separated on 12% non-reducing SDS-PAGE gels, transferred to PVDF membranes and probed with anti-Fc $\epsilon$ RI-alpha mAb 19-1 followed by peroxidase (HRP)-conjugated goat-anti-mouse IgG for detection of precipitated  $\alpha$ -chain. B. Comparison of sFc $\epsilon$ RI from serum (upper left blot) with Fc $\epsilon$ RI precipitated from the cell surface of MelJuso- $\alpha\gamma$  cells (upper right blot). In the low molecular weight range, blots were re-probed with an anti-Fc $\epsilon$ RI-gamma polyclonal serum. sFc $\epsilon$ RI does not associate with the gamma chain (lower panel). Molecular weight is given in kDa. doi:10.1371/journal.pone.0019098.q001



**Figure 2. Detection of sFccRI in human serum by ELISA.** A. Schematic of the ELISA established for the detection of sFccRI. B. ELISA measurements pre- and post-immunoprecipitation with IgE-loaded NIP-beads confirmed that IgE immunoprecipitation depleted serum of sFccRI. OD, optical density at 450 nm. C. In children with elevated IgE-levels, levels of sFccRI and total IgE levels correlate. D. In children with normal serum IgE-levels, sFccRI could be detected, but no correlation with total IgE levels was found. E. sFccRI circulates as a free or an IgE-complexed protein in human serum. By omitting the IgE-loading step in the ELISA protocol, circulating complexes of IgE and sFccRI were measured. The fraction of free sFccRI was then calculated as OD(total sFccRI)–OD(IgE-sFccRI complexes) = OD (free sFccRI). Graph displays the 14 patients with the highest OD (total sFccRI) with an arbitrary cut off of >0.15. doi:10.1371/journal.pone.0019098.g002

with serum IgE in pediatric patients, we screened sera from a cohort of 119 children (56 boys, 63 girls, mean age 10.6+/-5.3vears) with a wide range of normal and elevated serum IgE levels. Patients were categorized based on the specifications given in the Materials and Methods section into individuals with normal or elevated IgE. We found a weak correlation between serum IgE and sFc $\epsilon$ RI in patients with elevated IgE (n = 32, rho = 0.291, p = 0.106, Spearman's rank correlation, Figure 2C). In children with normal IgE levels, sFcERI was also found, but no correlation to serum IgE was detected (n = 87, rho = 0.02, p = 0.874, Spearman's rank correlation, Figure 2D). Interestingly, patients with highest levels of sFcERI did not show elevated serum IgE levels (Figure 2D). In an independent experiment, we confirmed that sFcERI itself did not interfere with detection of IgE and vice versa (data not shown). One limitation of the analyzed patient cohort is that it does not contain healthy individuals, because truly healthy children do not undergo upper GI tract endoscopy for diagnostic purposes. Our patients are controls with regards to the noninflamed esophageal tissue, but show clinical symptoms of yet unclassified nature. For conclusions on the clinical relevance of our findings it is therefore important to study sFcERI in sera from truly healthy controls.

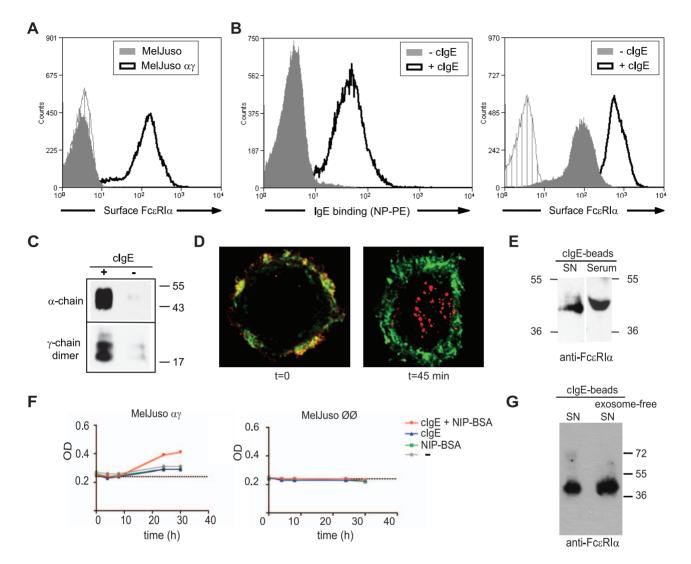
## $\mathsf{sFc}\epsilon\mathsf{RI}$ circulates as a free or an IgE-complexed protein in human serum

The alpha-chain of  $Fc \in RI$  has a high-affinity-binding site for IgE [6]. It is thus likely that  $sFc \in RI$  exists as a preformed complex with IgE in human serum. By omitting the IgE incubation step in our ELISA and detection with the anti-human IgE-HRP conjugate, our method allowed for the detection of  $sFc \in RI$ -IgE complexes in serum. Subtracting the signal without the *in vitro* IgE

incubation step from the signal with the IgE incubation step allowed us to determine how much sFc $\epsilon$ RI was complexed to IgE *in vivo*. We randomly selected 14 sera that were positive for sFc $\epsilon$ RI and found that in human serum, sFc $\epsilon$ RI is present as both a free and an IgE-bound protein (Figure 2E).

## IgE-antigen-mediated receptor crosslinking induces the production of sFccRI from an FccRI-expressing cell line

The mechanism of sFcERI production cannot be studied using primary human cells due to limited acess to patient material. We thus took advantage of a recently established cell line that allows studying the function of trimeric FcERI in vitro. This new cell line model is based on MelJuso cells, which were stably transfected with FcERI-alpha and FcERI-gamma cDNA. The resulting MelJuso- $\alpha\gamma$  cells express FcERI-alpha at the cell surface (Figure 3A) and can bind monomeric IgE (Figure 3B, left FACS histogram). In line with previous reports, IgE binding to MelJuso- $\alpha\gamma$  also induces upregulation of surface Fc $\epsilon$ RI-alpha, a key feature of this FC receptor (Figure 3B, right FACS histogram). Multimeric FcERI complexes containing FcERI-alpha and FcERI-gamma subunits can be precipitated from this cell line (Figure 3C) and receptor activation by crosslinking of FcERI induces efficient receptor internalization from the cell surface (Figure 3D). All of these features match the characteristics of trimeric human FcERI found in the literature [10,11,12]. Thus, we used this cell model to address whether IgE-mediated activation of cell-surface FcERI induces the release of the soluble form of the receptor. MelJuso- $\alpha\gamma$ cells were loaded overnight with hapten-specific cIgE. After removal of excess cIgE, surface FcERI was activated by crosslinking the receptor-bound ligand with haptenized antigen. 36 h after receptor crosslinking, sFcERI was precipitated from culture



**Figure 3. sFczRI is released from a cell line after IgE-antigen-mediated receptor crosslinking.** A. Surface FczRI $\alpha$  expression of MelJuso- $\alpha\gamma$  cells (black histogram) compared to MelJuso cells (filled gray histogram) and isotype control (grey hedged histogram). B. Detection of IgE binding of MelJuso- $\alpha\gamma$  cells with NP-PE (left overlay) and of increased surface FczRI $\alpha$  expression induced by IgE binding (right overlay). Cells were cultured for 16 h in the presence or absence of clgE. Black histograms represent cells incubated with clgE, grey filled histograms are non-clgE treated cells; isotype control is shown as gray, hedged histogram. C. Coimmunoprecipitation of FczRI alpha and gamma-chain dimers from MelJuso- $\alpha\gamma$  cells. D. FczRI internalization induced by antibody-mediated crosslinking. FczRI is shown in red and cell surface membranes were stained with WGA (in green). Representative images of cells with non-crosslinked FczRI (t = 0; left image) and cells 45 min after crosslinking of FczRI (t = 45 min; right image). E. After 36 h of crosslinking, sFczRI can be precipitated from supernatants of activated MelJuso- $\alpha\gamma$ . sFczRI proteins were precipitated with IgE-loaded beads, eluted with non-reducing Laemmli sample buffer, separated on 12% non-reducing SDS-PAGE gels, transferred to PVDF membranes, and probed with anti-FczRI-alpha (mAb 19-1) followed by peroxidase (HRP)-conjugated goat-anti-mouse IgG. F. Kinetics of sFczRI release into culture supernatants. Supernatants were harvested from MelJuso- $\alpha\gamma$  cell cultures 4, 8, 24 and 32 h after receptor activation (left graph). ELISA measurements showed an accumulation of sFczRI over time. MelJuso- $\alpha\gamma$  cell culture supernatants (right Igraph). G. sFczRI is a soluble protein as it could be detected in culture supernatants (left Iane) and in exosome-depleted culture supernatants (right Igraph). SN: supernatant; OD: optical density. Molecular weight is given in kDa.

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supernatants with a cIgE column and visualized by immunoblotting with mAb 19-1 and compared to  $sFc\epsilon RI$  precipitated from patient serum (Figure 3E). Next, the kinetics of  $sFc\epsilon RI$  release was studied by harvesting supernatants 4, 8, 24 and 32 h after receptor crosslinking for analysis by ELISA. Accumulation of  $sFc\epsilon RI$  was observed only after receptor crosslinking (Figure 3F, left graph).  $sFc\epsilon RI$  was not detected in supernatants of empty vectortransfected MelJusoOO cells that do not express  $Fc\epsilon RI$ (Figure 3F, right graph). To demonstrate that the detected protein was a soluble form of  $Fc\epsilon RI$  and not protein shedded with exosomes or derived from cell debris, sequential high-speed ultracentrifugation was performed to deplete the supernatants from cell debris and exosomes as established by Thery *et al.* [30]. sFc $\epsilon$ RI was detected in the exosome-depleted, soluble fraction after high-speed centrifugation confirming that the detected protein is a bona fide soluble form of the receptor (Figure 3G).

## sFccRI inhibits IgE loading of FccRI at the cell surface in vitro

Since we detected IgE-sFc $\epsilon$ RI complexes in serum, we speculated that sFc $\epsilon$ RI could interfere with IgE-binding to Fc $\epsilon$ RI

when expressed at the cell surface. If that indeed occurs, sFccRI could function as a potential modulator of IgE-mediated immune activation. We tested this hypothesis by loading FccRI-expressing MeJJuso- $\alpha\gamma$  cells with either a mix of cIgE and cell-culture derived sFccRI or with cIgE diluted with medium control. Cell-bound cIgE was visualized by flow cytometry with PE-conjugated hapten NP. sFccRI efficiently blocked binding of cIgE to FccRI expressed at the cell surface (Figure 4A). Binding of cIgE was blocked in a dose dependent manner as dilution curves with supernatants from sFccRI-containing MeJJuso- $\alpha\gamma$  cells and control supernatants from inactivated cells demonstrated (Figure 4B). In summary, these results show that sFccRI can interfere with binding of IgE to FccRI at the cell surface of immune cells.

#### Discussion

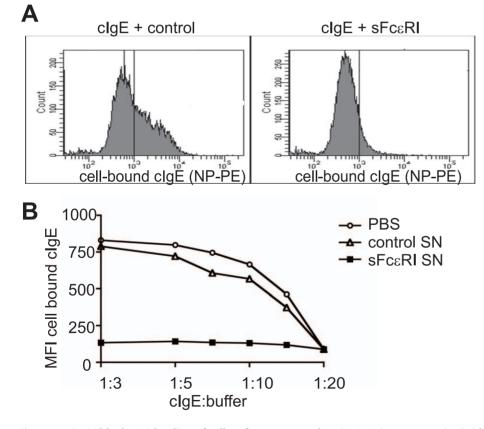
We here describe a soluble version of the Fc $\epsilon$ RI-alpha (sFc $\epsilon$ RI) chain that circulates in human serum as a free protein or bound to its natural ligand, IgE. We show that sFc $\epsilon$ RI is released upon IgE-antigen-mediated activation of cell surface Fc $\epsilon$ RI *in vitro* and, maybe most interestingly, that sFc $\epsilon$ RI interferes with IgE-binding to cellular Fc $\epsilon$ RI *in vitro*. The affinity of IgE with its high affinity receptor Fc $\epsilon$ RI was defined after crystallization of the ligand with recombinant version of the alpha chain [31,32]. It is therefore highly likely that the soluble form in human serum has equally high affinity as described in the literature.

Commonly, the reagents used to detect transmembrane forms of FccRI-alpha are directed against the IgE-binding epitope of the

protein. Thus, the identification of sFc $\epsilon$ RI could easily have been missed if the detection reagents were not selected carefully. We here established an ELISA system that uses a monoclonal antibody directed against the stalk region of the protein [29] to capture sFc $\epsilon$ RI and use human IgE combined with anti-IgE for detection [12]. By omitting the IgE incubation step, this ELISA also allows for an assessment of the amount of sFc $\epsilon$ RI that circulates as a preformed complex with serum IgE.

Several studies with recombinant versions of  $sFc\epsilon RI$  are found in the literature [33,34]. Since the recombinant  $sFc\epsilon RI$  used as a tool to interfere with allergic responses and a potential therapeutic agent, there have been some speculations about a soluble serum equivalent in the literature [8]. A single report is found in the literature that described a soluble complex of  $Fc\epsilon RI$  in cultures of human eosinophils [35]. Since the integrity of  $Fc\epsilon RI$  complexes requires the presence of cell membranes [28,36], Seminario *et al.* most likely described a version of the receptor that was released in an exosomal fraction rather than a bona fide soluble protein.

Based on our current understanding of the mechanism of  $sFc\epsilon RI$  generation, it is fair to assume that serum  $sFc\epsilon RI$  is a reflection of  $Fc\epsilon RI$  activation. In an independent study, we were able to confirm the observation of Liang *et al.* [37] showing that patients can carry substantial amounts of IgE on peripheral blood cells even in the absence of elevated serum IgE [27]. In summary, these two studies show that cells in the peripheral blood bind IgE from the serum and thereby can clear the serum of IgE. These IgE-loaded cells could be the source of  $sFc\epsilon RI$  when activated.



**Figure 4. sFccRI blocks IgE loading of cell surface-expressed FccRI.** A. MelJuso- $\alpha\gamma$  were loaded for 30 min on ice with a 1:2 dilution of clgE in PBS (left panel) or clgE in cell culture supernatant containing sFccRI (right panel). B. Serial dilutions of clgE in a cell culture supernatant containing sFccRI (black squares) or clgE in supernatants derived from unstimulated MelJuso- $\alpha\gamma$  that did not contain sFccRI (open triangles; control, open circles). Cell-bound clgE was stained with PE-conjugated hapten and measured by flow cytometry. sFccRI prevents clgE binding to cellular FccRI. MFI: mean fluorescence intensity.

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Our finding that the presence of  $sFc\epsilon RI$  correlates with serum IgE supports this hypothesis. On the other hand, IgE-mediated cell activation could also account for the detection of serum  $sFc\epsilon RI$  in the absence of high serum IgE levels. Whether patients that have high  $sFc\epsilon RI$  are protected from allergic diseases will have to be addressed in detail. Along this line of argument, it is tempting to speculate that serum  $sFc\epsilon RI$  is a predictive marker for the onset of allergies that may be detectable even before serum IgE levels are elevated. We are currently investigating this hypothesis in a prospective cohort study.

sFcɛRI is also an excellent candidate for an efficient *in vivo* modulator of IgE-mediated responses. While sCD23 has to trimerize to develop considerable affinity for its ligand [1], sFcɛRI can bind IgE with a one-to-one ligand-receptor ratio. Additionally, the affinity of the FcɛRI-IgE interaction is exceptionally high and disruption of a once formed contact requires low pH, which is physiologically found only in the stomach [1,6,7]. The finding that receptor crosslinking is required for the production of sFcɛRI also hints at a potential negative feedback mechanism. Antigen-IgE-mediated receptor crosslinking could induce shedding of sFcɛRI to remove IgE-binding sites from the cell surface and to terminate receptor-mediated signaling. In addition, we show here that sFcɛRI has the ability to prevent IgE-binding to surface expressed receptors. Thus the presence of serum sFcɛRI could inhibit IgE-loading of effector cells of allergy *in vivo*.

Our *in vitro* studies suggest that sFcɛRI may also prevent IgEmediated activation of the immune system by clearing the serum of IgE in a manner comparable to omalizumab. Omalizumab is a recombinant humanized monoclonal antibody directed against serum IgE and currently approved for the treatment of severe allergic asthma [38,39,40]. Omalizumab also downregulates cell surface levels of FcɛRI [41].

In summary we here describe a new soluble form of human Fc $\epsilon$ RI, the high affinity receptor for IgE (s Fc $\epsilon$ RI), in human serum. Establishing an improved quantitative ELISA with a standard protein is now highly important, because such a quantitative method will allow for an extensive comparative analysis of serum levels in various patient groups. Such studies will be of outmost importance to draw conclusions about the clinical relevance of this new serum IgE receptor. It will be also essential to gain a better understanding of how endogenous levels of sFc $\epsilon$ RI are regulated and how sFc $\epsilon$ RI is linked to IgE-mediated immune activation *in vivo*.

#### **Materials and Methods**

#### Ethics statement

Patient sera used for this study were obtained from an ongoing prospective cohort study on the role of  $Fc\epsilon RI$  in the gastrointestinal tract at Children's Hospital Boston or had been previously obtained as part of routine clinical care at the Medical University of Vienna. The prospective cohort study was approved by the Investigational Review Board of Children's Hospital Boston (Harvard Medical School, Boston, MA) and patients or their legal guardians provided written informed consent. The retrospective study of patient sera was approved by the Ethics Committee of Medical University of Vienna, Vienna, Austria.

#### Antibodies and reagents

Anti-human FcɛRI alpha mAb 19-1 was kindly provided by Dr. J.P. Kinet (Laboratory of Allergy and Immunology, Beth Israel Deaconess Medical Center, Boston, MA) and used as previously described [12,28,36]. Anti-human FcɛRI alpha mAb CRA1 (clone AER-37) was purchased from eBioscience, San Diego, CA. AntiFceRI-gamma polyclonal serum was purchased from Millipore, Billerica, MA. Chimeric IgE that contains the human Fc domain and recognizes the haptens 4-hydroxy-3-nitrophenylacetic acid (NP) and 4-hydroxy-3-iodo-5-nitrophenylacetic acid (NIP) with its Fab region (cIgE) was derived from Jw 8/5/13 cells (Serotec, Oxford, UK, kindly provided by Dr. D. Maurer, Department of Dermatology, Medical University of Vienna, Austria, [12,42]) and was used for immunoprecipitation of properly folded FcERI-alpha and for in vitro cell culture experiments. Phycoerythrin (PE)conjugated was purchased from Biosearch Technologies, Novato, CA, and used for flow cytometry analysis. Anti-mouse IgG (Fc specific, produced in goat; Sigma Aldrich, St. Louis, MO, #M3534-1 mL) was used for coating of the ELISA plates. High-IgE human serum (total IgE>2000 kU/L) was purchased from Bioreclamation, Hicksville, NY to assure the quality control of IgE used for detection of sFcERI by ELISA. Goat anti-human IgE HRP conjugated antibody (Caltag, Invitrogen, Carlsbad, CA) was used as a secondary antibody.

#### Cell lines and culture conditions

The MelJuso cell line was provided by Hidde L. Ploegh (Whitehead Institute, MIT, Cambridge, MA) and is well-established for studies on MHC class I and MHC class II trafficking [43]. MelJuso cells that stably express FcERI-alpha and FcERI-gamma (MelJuso- $\alpha\gamma$ ) were generated by viral transduction using a standard protocol (http://www.stanford.edu/group/nolan/) following the guidelines of Children's Hospital Boston. MelJuso cells transfected with empty vector (MelJusoOO) and MelJuso- $\alpha\gamma$  cells were maintained in Dulbecco's Modified Eagle Medium (DMEM, Cellgro, MediaTech, Herndon, VA) supplemented with 10% fetal calf serum (HyClone, Logan, UT), 2 mM glutamine (Cellgro), 100 U/ml penicillin, and 100 µg/ml streptomycin (Gibco BRL, Gaithersburg, MD). Cells were reselected using hygromycin (1 mg/ml) and puromycin (1 µg/ml, both Sigma). Jw 8/5/13 cells [12,42] were used for the production of cIgE and cultured in RPMI 1640 medium (Gibco, Invitrogen, Grand Island, NY) supplemented with 10% fetal calf serum (HyClone), 2 mM glutamine (Cellgro), 100 U/ml penicillin, and 100 µg/ml streptomycin (Gibco BRL).

#### Patient sera

Sera from adult individuals were tested for the presence of sFcɛRI by immunoblot and ELISA. Sera from eight polysensitized, highly atopic children were analyzed for sFcɛRI by ELISA. Total serum IgE and allergen-specific IgE were measured by solid phase immunoassay (Phadia ImmunoCAP<sup>®</sup>, Pharmacia Diagnostics, Uppsala, Sweden). Total serum IgE levels are given in kU/l, specific IgE is given in kUA/l and CAP RAST classes.

Sera from 119 children were obtained from an ongoing prospective cohort study on the role of  $Fc \in RI$  in the gastrointestinal tract. Patients between 1 and 19 years of age scheduled for an elective esophago-gastro-duodenoscopy at the Division of Gastroenterology at Children's Hospital Boston were randomly invited to participate. Subjects who used steroids in any form, immunomodulatory drugs, mast cell stabilizer, or leukotriene inhibitor within the last 3 months, as well as patients with an established diagnosis of autoimmune, inflammatory, or immunodeficiency disease were not enrolled. Total serum IgE levels were assessed according to standard procedures at Children's Hospital Boston using the Elecsys IgE II kit (Roche Diagnostics, Mannheim, Germany). IgE levels are given in kU/1. Expected normal ranges for this assay are 30 kU/1 for age 0–3 years, 200 kU/1 for 3–10 years, 500 kU/1 for 10–14 years, and 200 kU/1 for >14 years.

#### Immunoprecipitation and immunoblotting of sFccRI

To target the fully mature form of FcERI alpha as expressed on the cell surface, we loaded MelJuso-ay cells with cIgE (10 mg/ml in PBS) before solubilization in lysis buffer  $(3 \times 10^6 \text{ cells per ml};$ 0.5% Brij 96, 20 mM Tris, pH 8.2, 20 mM NaCl, 2 mM EDTA, 0.1% NaN<sub>3</sub>) containing protease inhibitors (Complete, Roche, Genentech, South San Francisco, CA) for 30 min on ice. Immunoprecipitation was next performed with NIP-beads (Sigma) as previously described [36,42]. Proteins were eluted from beads in non-reducing Laemmli sample buffer and samples were separated on 12% non-reducing SDS-PAGE gels, transferred to PVDF membrane (Pierce, Thermo Fisher Scientific, Rockford, IL) and probed with anti-FcERI-alpha (mAb 19-1 or CRA1 for reducing conditions, both 0.5 mg/ml) followed by peroxidase (HRP)conjugated goat-anti-mouse IgG for detection of precipitated  $\alpha$ chain. For immunoprecipitation of sFcERI from serum, 2-5 ml serum was used. cIgE-loaded NIP columns were also used for purification of sFcERI from supernatants of MelJuso-ay cells prior to immunoblotting. Peroxidase activity was detected by Super-Signal chemiluminescent substrate (Pierce). Accordingly, sFcERI was precipitated from serum with IgE-coupled beads and immunoblotting was performed.

For co-immunoprecipitation of Fc $\epsilon$ RI alpha and gamma chains from MelJuso- $\alpha\gamma$ , cells were loaded overnight with cIgE. Cell lysates were prepared and incubated with NIP sepharose beads as described above. Fc $\epsilon$ RI alpha-chain was detected with mAb 19-1, Fc $\epsilon$ RI gamma-chains with polyclonal rabbit anti-Fc $\epsilon$ RI $\gamma$  antibodies (Upstate).

## ELISA for the detection of sFccRI in cell culture supernatants and serum

To improve sensitivity, wells were first incubated with a goatanti-mouse coating antibody (5 mg/ml, Sigma), then with antialpha chain mAb (CRA1 0.5 mg/ml, clone AER-37; eBioscience). After a blocking step with 10% FCS in PBS, wells were incubated with sera (1:2 dilution) overnight. After repetitive washing, platebound sFcERI was loaded with IgE (Bioreclamation) and detected with a goat anti-human IgE-HRP conjugated second step (Caltag). Rather than using IgE purified from different patient sera, IgE was purchased to ensure the quality and consistency of this reagent in our ELISA. Conversion of 3,3',5,5'-tetramethyl-benzidine liquid substrate (TMB, Sigma) was measured at 450 nm. Results are given as optical density (OD). To control for intra-assay variability, we included on each plate a positive and a negative control sample consisting of a pool of three positive or three negative patients respectively. The levels of circulating IgE-sFcERI complexes were determined by omitting the IgE-loading step of the protocol. Levels of free sFcERI were then calculated as follows:  $OD_{total sFceRI} - OD_{IgE- sFceRI complexes} = OD_{free sFceRI}$ .

In a subset of patients, sFccRI was measured in plasma and serum in parallel. For conversion of plasma samples into serum, BD Serum Separation Tubes (Becton Dickinson) were used according to the manufacturer's guidelines.

### Production of sFc $\epsilon$ RI by MelJuso- $\alpha\gamma$ cells and detection in cell culture supernatants

MelJuso- $\alpha\gamma$  cells were grown to confluence and incubated with cIgE overnight. Excess cIgE was washed away and ligand-bound receptor was activated with haptenized antigen (BSA- or OVA-, 1 µg/ml, both from Biosearch Technologies, Novato, CA). Cell culture supernatants were collected after the indicated time periods and analyzed for the presence of soluble alpha chain by ELISA or by immunoprecipitation.

#### Exosome removal

To remove exosomes from cell culture supernatants, MelJuso- $\alpha\gamma$  supernatants were treated with a sequence of ultracentrifugation steps following the protocol published by Thery *et al.* [30]. Briefly, exosome-free supernatants were obtained by the following consecutive centrifugations: 300 g for 5 minutes, 1200 g for 20 min, and 10000 g for 30 min, followed by a final centrifugation step at 110000 g for 1 h.

#### Flow cytometry analysis

Surface expression of FcERI on MelJuso- $\alpha\gamma$  cells was determined by staining with the anti-human FcERI alpha mAb CRA1. IgE binding was tested by culturing MelJuso- $\alpha\gamma$  cells in the presence or absence of NP-specific cIgE and staining with phycoerythrin (PE)-conjugated NP (NP-PE; Biosearch Technologies). For the detection of sFcERI, cells were loaded with either a mix of cIgE (100 ng/ml) in culture supernatants that contained sFcERI or supernatants from unstimulated cell cultures for 30 min on ice. A number of different ratios of cIgE to culture supernatants was analyzed. FcERI-bound cIgE was stained with NP-PE. Analysis was performed on a BD FACScan<sup>TM</sup> flow cytometer using CellQuest software for acquisition and data analysis (both from Becton Dickinson).

#### Immunofluoresces Microscopy

For Fc $\in$ RI alpha internalization. MelIuso- $\alpha\gamma$  cells were grown on coverslips (No 1.5), stained first with purified mouse anti-FcERI alpha CRA1 antibody for 20 min at 37°C and subsequently with an anti-mouse Alexa Fluor 568 for 45 min at 37°C to induce receptor crosslinking. Cells were fixed with 4% paraformaldehyde for 20 min and mounted using Prolong Antifade reagent (Invitrogen). Both antibodies were diluted in HBSS supplemented with 10 mM HEPES (Invitrogen) and 5% NuSerum (Invitrogen). CRA1 was diluted at 1:100 and anti-mouse Alexa Fluor 568 was diluted at 1:400. Plasma membranes of fixed cells were stained with Alexa Fluor 647-conjugated wheat germ agglutinin (WGA, diluted at 1:1000) for 10 min. For time point t = 0 cells were fixed before incubation with anti-mouse Alexa Fluor 568 and WGA. All incubation steps were carried out in a humidified chamber. Confocal images were acquired on a Nikon TE2000 inverted microscope coupled to a Yokogawa spinning disk confocal unit (Perkin-Elmer Inc.) and an Orca AG scientific-grade cooled CCD camera (Hamamatsu Photonics K.K.). Slidebook software (Intelligent Imaging Innovations Inc.) was used for image capture, processing, and analysis.

#### Statistical Analysis

Correlations between serum IgE and serum sFc $\epsilon$ RI were calculated by Spearman's rank correlation test using SPSS for Windows (version 16.0, SPSS Inc., Chicago, IL). Spearman's rank correlation coefficients are displayed as 'rho', a p-value of >0.05 was considered significant.

#### Supporting Information

 Table S1
 Serum levels of sFccRI in atopic patients.

 (DOC)
 (DOC)

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#### **Author Contributions**

Conceived and designed the experiments: ED BP SN EF. Performed the experiments: ED BP AHB MP PD. Analyzed the data: ED BP SN EF.

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