Introduction.— The hallmark of frustrated magnets is the existence of macroscopically degenerate classical ground states. It is believed that quantum fluctuations about such a highly degenerate manifold may lead to unexpected quantum ground states. Proposals for emergent quantum phases include various quantum spin liquid and valence bond solid (VBS) phases and there has been tremendous progress in a theoretical understanding of these phases during the last decade [2]. On the experimental front, ideal materials with spin-1/2 moments (without orbital degeneracy) on frustrated lattices have just become available, providing great opportunities for testing old and new theoretical proposals [2, 4, 5, 6].

One of the prime examples is a series of recent experiments [1, 6, 8, 9, 10, 11] on Zn-paratacamite, Zn$_x$Cu$_{4-x}$$(\text{OH})_6\text{Cl}_2$, with small Zn concentration has been interpreted as evidence for valence bond solid and Néel ordering [3]. We study the classical and quantum Heisenberg models on the distorted kagome lattice appropriate for Zn-paratacamite at low Zn doping. Our theory naturally leads to the emergence of the valence bond solid and collinear magnetic order at zero temperature. Implications of our results to the existing experiments are discussed. We also suggest future inelastic neutron and X-ray scattering experiments that can test our predictions.

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Recently, neutron scattering data on powder samples of Zn-paratacamite, Zn$_x$Cu$_{4-x}$$(\text{OH})_6\text{Cl}_2$, with small Zn concentration has been interpreted as evidence for valence bond solid and Néel ordering [3]. We study the classical and quantum Heisenberg models on the distorted kagome lattice appropriate for Zn-paratacamite at low Zn doping. Our theory naturally leads to the emergence of the valence bond solid and collinear magnetic order at zero temperature. Implications of our results to the existing experiments are discussed. We also suggest future inelastic neutron and X-ray scattering experiments that can test our predictions.

Our theory is motivated by a recent neutron scattering experiment on powder samples of Zn-paratacamite for small $x$ [1]. These experiments find two phase transitions at finite temperature for small $x$. In the low temperature phase, the neutron scattering data is consistent with collinear (or Néel) magnetic ordering while no magnetic ordering is observed in the intermediate phase. Furthermore, in both phases a heavy gapped spin-1 mode is found as well as evidence for dimerization. Finally, a weak distortion in the kagome planes is observed at this $x$ which vanishes sharply for $x > 0.33$. Based on these results, the authors of Ref. [1] propose that at small $x$ the intermediate phase is a VBS phase which then co-exists with magnetic ordering in the low temperature phase. It should be noted that identification of the intermediate phase as VBS ordered is not consistent with the interpretation of previous $\mu$SR data [7, 8] that suggests this phase can be described as weakly-coupled [1] distorted kagome lattices (see Fig. 1 for its structure).

The situation is very different near $x = 0$, where there is no intrinsic stoichiometric disorder. The magnetic lattice of the Cu$^{2+}$ spin-1/2 moments form stacks of alternating (distorted) kagome and triangular lattices. The lattice undergoes a structural change around $x \sim 0.33$; monoclinic (rhombohedral) structure for $x < 0.33$ ($x > 0.33$) [1, 11]. As a result, the magnetic lattice for $x < 0.33$
is magnetically ordered. As such, further experiments, preferably on single crystals, providing more direct measurements of VBS order in the intermediate phase is necessary to reconcile these experiments. It is our aim to provide useful predictions for such studies.

In the present work, we study the antiferromagnetic Heisenberg model on the distorted kagome lattice shown in Fig. 1. We consider two inequivalent exchange interactions, $J > J'$, consistent with the distortion seen in the experiment, where $J$ corresponds to the shorter bond-length (see Fig. 1). We are mostly interested in the zero temperature ground states of this model and their connection to Zn-paratacamite at $x = 0$ and possibly for small $x$. Using the Cu-O-Cu angles identified in the experiment, one can utilize the Goodenough-Kanamori rule to get $J'/J \approx 0.3$. In the classical Heisenberg model, we find that energetics chooses the collinear magnetically ordered state shown in Fig. 2 for $J'/J < 0.5$ and there exist highly degenerate classical ground states for $J'/J > 0.5$. The collinear state for $J'/J < 0.5$ has precisely the same magnetic order identified in the low temperature phase in Zn-paratacamite for small $x$. [1].

We then investigate the effect of quantum fluctuations and possible quantum paramagnetic phases. We use the well-documented method of the Sp(N)-generalized Heisenberg model where one can change the magnitude of “spin” to control the degree of quantum fluctuations [14, 16]. The large-$N$ mean field phase diagram of this model is presented in Fig. 2. Note that one gets the same collinear magnetically ordered state for large “spin” for $J'/J < 0.5$-0.8. Understanding of the nature of the quantum paramagnetic phase for small “spin”, however, requires careful analysis of the spin Berry’s phase and quantum fluctuation effect about the saddle point solution [16, 17]. We show that the resulting quantum paramagnetic state is a VBS phase depicted in Fig. 3a. We call this the “pin-wheel” VBS state. It is to be distinguished from the “columnar” VBS state (shown in Fig. 3b) which was suggested as a candidate valence bond order in the Ref. [1]. It can be shown [16] that the “pin-wheel” state can lower the energy by the resonating moves of dimers around the “pin-wheel” structures.

In order to provide definite predictions for the valence bond solid phase, we compute the triplon dispersions (shown in Fig. 3c-d) for both of the VBS phases and suggest that inelastic neutron scattering will be able to distinguish these phases via their quite different triplon dispersions when a single crystal sample becomes available. We also suggest that an X-ray scattering experiment may clearly distinguish the two VBS ordering patterns via their different further lattice distortions induced by the ordering. The expected X-ray structure factors for both phases are shown in Fig. 1.

Classical Heisenberg Model. Possible magnetic ordering patterns in the classical Heisenberg model can be investigated by studying the O(N) model in the large-$N$ limit [18] where the 3 component spin unit vector is replaced by an N-component real-valued vector $\vec{\phi}$, with $\vec{\phi} \cdot \vec{\phi} = N$. The collinear magnetic order shown in Fig. 2 the same magnetic order observed in the experiment, is chosen for $J'/J < 0.5$ by this method. When $J'/J > 0.5$, a highly degenerate set of wavevectors have the same lowest eigenvalue and energetics alone does not determine any particular magnetic order. Thus, if magnetic ordering occurs for $J'/J > 0.5$ at finite temperatures, it should arise via a thermal order by disorder phenomenon.

Quantum Sp(N) Model and Mean Field Theory. To investigate possible magnetically ordered and quantum paramagnetic states in the quantum antiferromagnetic Heisenberg model, it is useful to generalize the usual spin-SU(2) Heisenberg model to an Sp(N) model [16].

![Figure 2: The large-N Sp(N) mean field phase diagram. In the small (large) $J'/J$ regime, the Néel (incommensurate) long/short range ordered (LRO/SRO) phases arise. The inset represents the Néel ordering pattern.](image-url)

![Figure 3: Pin-wheel and columnar VBS states and their corresponding lowest energy triplon excitation spectra.](image-url)
Let us start with the Schwinger boson representation of the spin operator $\hat{S}_\ell = b_{\ell \alpha}^\dagger \sigma_{\alpha \beta} b_{\ell \beta}$, where $\alpha, \beta = \uparrow, \downarrow$, $\sigma$ are Pauli matrices, $b_{\ell \alpha}$ are canonical boson operators and a sum over repeated $\alpha$ indices is assumed. Note that we need to impose the constraint $n_b = b_{\ell \alpha}^\dagger b_{\ell \alpha} = 2S$ to satisfy the spin commutation relations, where $S$ is the spin quantum number. A generalized model is then obtained by considering $2N$ bosonic fields, $b_{\ell \alpha}$ with $\alpha = 1, 2, \ldots, 2N$ and the constraint $n_b = b_{\ell \alpha}^\dagger b_{\ell \alpha} = 2SN$. The simplest such model with Sp(N) symmetry is

$$\mathcal{H} = \frac{1}{2} \sum_{\ell \ell' \ell''} J_{\ell \ell'}(\mathcal{J}_{\alpha \beta} b_{\ell \alpha}^\dagger b_{\ell' \beta})(\mathcal{J}_{\gamma \delta} b_{\ell'' \gamma} b_{\ell' \delta}),$$

where $\mathcal{J}_{\alpha \beta}$ is a $2N \times 2N$ totally antisymmetric matrix which generalizes the Pauli matrix $i\sigma_2$ from $N = 1$. When $\kappa = n_b/N = 2S$ is fixed while taking the large-$N$ limit, the saddle point solution can be classified using both the valence bond order parameter $Q_{\ell \ell'} = \langle \mathcal{J}_{\alpha \beta} b_{\ell \alpha}^\dagger b_{\ell' \beta} \rangle$ and the magnetization induced by a finite condensate $x_{\ell \alpha} = \langle b_{\ell \alpha} \rangle$. The advantage of the large-$N$ mean field theory is that we can investigate both the large-$\kappa$ semiclassical limit and the small-$\kappa$ extreme quantum limit on an equal footing [16].

In the distorted kagome lattice, we need two inequivalent valence bond order parameters, $Q_{\ell \ell'}$ and $Q_{\ell \ell''}$, as depicted in Fig. 1. We also need two Lagrange multipliers for two inequivalent constraints to impose the spin parameters $b_{\ell \alpha}^\dagger b_{\ell \alpha} = \kappa N$. These parameters need to be determined self-consistently in the large-$N$ mean field theory. The large-$N$ Sp(N) mean field phase diagram for the distorted kagome lattice is shown in Fig. 2. For $\kappa > \kappa_c = 0.26$, the collinear magnetically ordered state (Fig. 2) appears in the $J'/J < 0.5-0.8$ regime; this is the same magnetic order as discovered in the experiment and in the classical model. For $J'/J > 0.5-0.8$ and at large $\kappa$, the ground state acquires an incommensurate coplanar order and becomes the $\sqrt{3} \times \sqrt{3}$ state at $J' = J$ [2]. The nature of the paramagnetic state for small $\kappa < \kappa_c$, however, cannot fully be determined within the mean field theory.

**Quantum Fluctuations and Valence Bond Solid in the Paramagnetic Phase.**—Understanding of the paramagnetic phase requires careful analysis of spin Berry’s phase and quantum fluctuation effects about the mean field solution [16, 17]. It is important to note that $Q_{\ell \ell'}^2 = 0$ in the paramagnetic phase for small $J'/J < 0.5-0.8$. Thus this phase is adiabatically connected to the $J' = 0$ limit, corresponding to the bipartite lattice depicted by the thick lines in Fig. 1. Using $Q_{\ell \ell'}^2 = Q_{\ell \ell'} e^{iA_{\ell \ell'}}$, one can clearly see that the action in this $Q_{\ell \ell'}^2 = 0$ paramagnetic phase is invariant under the U(1) gauge transformation: $b_{\ell \alpha} \rightarrow e^{i\theta} b_{\ell \alpha}$ for $\ell \alpha = 1, 2, \ldots, 2N$. The effective field theory of such a paramagnetic phase is given by the gapped bosonic spinons carrying $\pm 1$ gauge charges (depending on the sub-lattices) coupled to a U(1) gauge field $A_{\ell \ell'}$. Since the spinons are gapped in the paramagnetic phase, integrating them out in general produces a 2+1 dimensional compact U(1) lattice gauge theory captured by the simple partition function [2]

$$Z = \int \prod_{(ij)} dA_{ij} \exp \left[ \sum_p V(\text{curl}_p A) + i \sum_{(ij)} \eta_{ij} A_{ij} \right],$$

where $(ij)$ represent the nearest-neighbor sites of the space-time lattice (here we have discretized time) and $V(\Phi) = V(-\Phi) = V(\Phi + 2\pi)$ is an arbitrary periodic potential. Here $p$ labels the plaquette of the space-time lattice and $\text{curl}_p A = \sum_{(ij) \in p} \text{sgn}_p(ij) A_{ij}$, where $\text{sgn}_p(ij) = -\text{sgn}_p(ji) = 1$ if $j$ comes right after $i$ when one goes around a given plaquette $p$ and $\text{sgn}_p(ij) = 0$ otherwise. Here $\eta_{ij}$ is an external current determined by spin Berry’s phase and it is given by $\eta_{ij} = \eta_{(ij)(ij')} = \pm 6r_{ij}^2 \delta_{i+1,j'}$ (for spin-1/2) depending on whether $r$ belongs to the A- or B-sublattice. Thus the problem reduces to the compact U(1) gauge theory with background charges of $\pm 1$ at the A- and B-sublattice [2]. As well known, this compact U(1) gauge theory is confining and the resulting ground state would most likely be a VBS.

In order to find the nature of the VBS state, it is useful to construct the so-called height model on the dual lattice [2], which is equivalent to the compact U(1) gauge theory on the direct lattice. The height model can be derived using the well-documented duality transformation and written in terms of the integer-valued height fields $h_{\ell \ell'}$ defined on the sites $\ell \ell'$ of the dual space-time lattice [2]. In our case the dual lattice (in a given time slice) is a distorted dice lattice $\{\ell \ell'\}$ as shown in Fig. 1 (blue lattice). Note that the thick blue lines correspond to the dual lattice of the $J' = 0$ limit of the original distorted kagome lattice. The height model is found to have action

$$S_h = \sum_{\ell \ell'} \left[ h_{\ell \ell'} - h_{\ell \ell'} + \zeta_{\ell} - \zeta_{\ell'} \right]^2$$

where $\zeta_{\ell \ell'}$ are the thick bonds of the distorted dual space-time lattice and $g$ a non-universal coupling constant. Here the constraint $h_{\ell \ell'} = h_{\ell \ell'}$ must be imposed if $\zeta_{\ell \ell'}$ is a thin bond and the offset variables $\zeta_{\ell \ell'}$ are determined by the spin Berry’s phase and their time independent site-dependent values $\left(\frac{1}{8}, \frac{6}{8}, \frac{3}{8}, \frac{0}{8}, \frac{5}{8}, \frac{2}{8}, \frac{7}{8}, \frac{1}{8}\right)$ on the dice lattice are shown in Fig. 11. After solving the simple constraint, this height model can be understood using standard methods [16] and the average height fields can be determined up to an overall constant [2].

The nature of the VBS ground state can be studied by using the relation between the height fields and the VBS order parameter. It can be shown that the “electric field” (in the compact U(1) gauge theory) defined on the spatial dual-lattice links is related to the height fields via $e_{\ell \ell'} = \langle h_{\ell} \rangle - \langle h_{\ell'} \rangle$ [2]. The VBS order parameter defined on the direct-lattice link that intersects the spatial dual-
lattice link $⟨\bar{r}\bar{r}′⟩$ is given by the strength of $e_{\bar{r}\bar{r}′}$ [2]. The result is a “pin-wheel” pattern shown in Fig. 3a.

**Neutron Scattering: Triplon Dispersion.**— In the Ref. 1, a different VBS phase (see Fig. 3b) - the “columnar” phase—was suggested. Here we show that different triplon dispersions in the pin-wheel and columnar VBS phases can be used to distinguish them if inelastic neutron scattering experiments are done on single crystals.

To compute the triplon dispersion, consider letting $J$ be the exchange interaction between two spins within the same valence bond and $\lambda J$ between two spins on different nearby valence bonds. In the decoupled $\lambda = 0$ limit, the triplon dispersion would be completely flat with energy $J$. When $\lambda$ is finite, the triplon band disperses. Here we compute this dispersion to first order in $\lambda$. For this purpose, we apply the bond-operator formalism [19] to the valence bonds in the VBS phases where the Hilbert space can be represented via singlet and triplet states on the bonds of Fig. 3. At first order in $\lambda$, only the processes that preserve triplon number contribute, and to this order they become dispersing particles. These dispersions for the lowest band in both the pin-wheel and columnar states are shown in Fig. 3c-d. The minima in the two cases are clearly located at different positions, a feature that can be distinguished experimentally.

**X-ray Scattering.**— Assuming a lattice contraction where valence bonds exist, the pin-wheel state should break the lattice translational symmetry of the distorted kagome lattice in one of two directions, doubling the unit cell. This would lead to new peaks in the X-ray structure factor. However, the lattice translational symmetry would be intact in the columnar state, leading to no new Bragg peaks in the X-ray structure factor in addition to those associated with the distorted kagome lattice. The X-ray structure factors for the two VBS phases are shown in Fig. 3. Note that the hexagon symbols represent the new Bragg peaks in the pin-wheel state. All other peaks also exist in the columnar state.

**Summary and Conclusion.**— We have provided a theory of the zero temperature phases of an antiferromagnetic Heisenberg model on a distorted kagome lattice. The resulting VBS and Néel ordered phases are strikingly similar to those identified in the recent neutron scattering experiment on Zn-paratacamite at small doping $x$ [1]. In particular, our theory predicts that “pin-wheel” VBS ordering (see Fig. 3a) can occur as a result of quantum disordering of the Néel order. We have suggested future neutron and X-ray scattering experiments that can test our predictions for this “pin-wheel” VBS ordering. Our predictions may also be used for future resolution of the disagreement between the interpretations of the neutron scattering and $\mu$SR data in the intermediate temperature phase. Furthermore, here we focused on zero temperature ground states of a Heisenberg model so that an explanation of the coexistence of Néel and VBS ordering at finite temperature is beyond the scope of this work. However, we note that a phase transition between the two phases is likely to be first order leaving the possibility of a coexistence region in the phase diagram. Possible relation between the quantum phases on the distorted kagome lattice described here and the yet-to-be-determined quantum ground state of the Heisenberg model on a distorted kagome lattice is an important subject of future research.

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SUPPLEMENTARY INFORMATION

Electromagnetic duality on the distorted kagome lattice.
The electromagnetic duality of a U(1) lattice gauge theory on a two dimensional square lattice is well known and documented. Here we follow Ref. [S1] for the case of the duality of a U(1) lattice gauge theory on the strong bonds of the distorted kagome lattice of undoped paratcadamite. In this 2 + 1 dimensional model, this duality mapping connects the U(1) gauge theory with a scalar “height” model. An analysis of such a model is then straightforward and includes a clear picture for exactly how the confinement occurs: the spinons will bind into singlets and a valence bond solid (VBS) forms.

Recall the U(1) lattice gauge theory of Eq. 3:

$$Z = \prod_{\langle ij \rangle} dA_{ij} \frac{1}{2\pi} \exp \left\{ \sum_p V(\mathbf{B}_p) + \sum_{\langle ij \rangle} \mathbf{A}_{ij} \right\}.$$  \hfill (S1)

The first step in transforming to the dual theory is to Fourier transform the periodic function \( \exp\{V(\mathbf{A})\} \) on each plaquette:

$$\exp V(\mathbf{A}) = \sum_{\mathbf{e}_p \in \mathbb{Z}} \exp \left\{ \tilde{V}(\mathbf{e}_p) + i e_p \Phi_p \right\}$$  \hfill (S2)

where \( \tilde{V}(\mathbf{e}_p) \) is the fourier transform of \( \exp V(\mathbf{A}) \) and \( e_p \) are integer electric fields living on the plaquettes \( p \) of the direct lattice. After performing this transformation on each plaquette, we integrate out \( A_{ij} \) to obtain

$$Z = \prod_p \sum_{\mathbf{e}_p \in \mathbb{Z}} \delta \left\{ \text{div} \mathbf{e}_p - \eta_{ij} \right\} \exp \left\{ \sum_p \tilde{V}(\mathbf{e}_p) \right\}.$$  \hfill (S3)

where \( \text{div} \mathbf{e}_p \) is the lattice divergence of \( e_p \) with plaquettes \( p \) that share the bond \( \langle ij \rangle \). Thus we have replaced \( A_{ij} \) with the integer electric fields \( e_p \).

At this stage it is useful to switch to a description on a connected dual lattice whose bonds pierce the plaquettes of the direct lattice. Such a lattice is actually well known in the isotropic limit for the dual of the kagome lattice is the dice lattice. Fig. 1 of the main text extends both of these lattices to the distorted case.

The duality mapping is then completed by a suitable mapping that relates \( e_p \) to \( b_{\mathbf{r} \mathbf{\bar{r}}} = -b_{\mathbf{r} \mathbf{\bar{r}}} \) and \( \eta_{ij} \) to \( \eta_{\mathbf{r} \mathbf{\bar{r}}} \), where \( \mathbf{r} \) and \( \mathbf{\bar{r}} \) label the sites of the dual lattice of Fig. 1 that form the bond \( \langle \mathbf{r} \mathbf{\bar{r}} \rangle \) which pierces the plaquette \( p \) of the direct lattice and \( \mathbf{\bar{r}} \) labels a plaquette of the dual lattice. Note: we remove the ambiguity \( p \rightarrow \mathbf{r} \) or \( p \rightarrow \mathbf{\bar{r}} \) by associating an outward normal for each plaquette using the right hand rule on the A sublattice of the bipartite direct lattice. The resulting partition function is

$$Z = \prod_{\langle \mathbf{r} \mathbf{\bar{r}} \rangle} \prod_{j \in \text{thick}} \delta(\mathbf{b}_{\mathbf{r} \mathbf{\bar{r}}} - \eta_{\mathbf{r} \mathbf{\bar{r}}}) \exp \left\{ \sum_{\langle \mathbf{r} \mathbf{\bar{r}} \rangle \in \text{thick}} \tilde{V}(b_{\mathbf{r} \mathbf{\bar{r}}}) \right\}.$$  \hfill (S4)

Thus the Gauss’ law constraint on \( e_p \) in the direct description becomes Ampère’s law for \( b_{\mathbf{r} \mathbf{\bar{r}}} \) in the dual description, provided we set \( b_{\mathbf{r} \mathbf{\bar{r}}} = 0 \) on the thin bonds.

Aside from this one caveat, this electro-magnetic duality transformation directly follows that on square lattice [S1].

It remains to solve the constraints in Eq. (S4) to obtain a useful representation of the dual theory. In general, we can solve the Ampère’s law constraint for \( b_{\mathbf{r} \mathbf{\bar{r}}} \) by letting

$$b_{\mathbf{r} \mathbf{\bar{r}}} = b_{\mathbf{r} \mathbf{\bar{r}}}^0 + h_{\mathbf{r} \mathbf{\bar{r}}} - h_{\mathbf{\bar{r}} \mathbf{\bar{r}}}$$  \hfill (S5)

where \( h_{\mathbf{r} \mathbf{\bar{r}}} \) are integer “height” fields that live on the sites of the dual lattice and the integers \( b_{\mathbf{r} \mathbf{\bar{r}}}^0 \) satisfy

$$\sum_{\langle \mathbf{r} \mathbf{\bar{r}} \rangle \in \text{p}} \mathbf{b}_{\mathbf{r} \mathbf{\bar{r}}}^0 = \eta_{\mathbf{r} \mathbf{\bar{r}}}$$  \hfill (S6)

which can take any one of many gauge equivalent configurations. One possible solution is shown in Fig. S1a. Given such a solution, it is useful to split it up into its divergence free and curl free parts:

$$b_{\mathbf{r} \mathbf{\bar{r}}}^0 = \zeta_{\mathbf{r} \mathbf{\bar{r}}} - \zeta_{\mathbf{\bar{r}} \mathbf{\bar{r}}} + H_{\mathbf{r} \mathbf{\bar{r}}}$$  \hfill (S7)

where \( H_{\mathbf{r} \mathbf{\bar{r}}} \) is the divergence free part and \( \zeta_{\mathbf{r} \mathbf{\bar{r}}} \) and \( H_{\mathbf{r} \mathbf{\bar{r}}} \) are fractions whose sum give the integers \( b_{\mathbf{r} \mathbf{\bar{r}}}^0 \). For our solution \( H_{\mathbf{r} \mathbf{\bar{r}}} \) and \( \zeta_{\mathbf{r} \mathbf{\bar{r}}} \) are shown in Fig. S1b. In conjunction with this decomposition it is also useful to specialize to the Villain model \( \tilde{V}(e_p) = -\frac{\xi}{2}(e_p)^2 \) for

$$H_{\mathbf{r} \mathbf{\bar{r}}} = \zeta_{\mathbf{r} \mathbf{\bar{r}}} - \zeta_{\mathbf{\bar{r}} \mathbf{\bar{r}}} + H_{\mathbf{r} \mathbf{\bar{r}}},$$

$$\tilde{V}(e_p) = -\frac{\xi}{2}(e_p)^2$$

and terms that vanish in the sum over \( \mathbf{r}, \mathbf{\bar{r}} \)

so that \( H_{\mathbf{r} \mathbf{\bar{r}}} \) only contributes to an overall constant out front of the partition function.

Thus, the solution of the Ampère’s law constraint leaves us with the height model of Eq. 4 of the main text defined on the sites of the dual lattice:

$$Z = \prod_{\mathbf{r}} \prod_{\eta_{\mathbf{r} \mathbf{\bar{r}}} \in \text{thick}} \frac{1}{\eta_{\mathbf{r} \mathbf{\bar{r}}}} \exp \left\{ \sum_{\langle \mathbf{r} \mathbf{\bar{r}} \rangle \in \text{thick}} \Phi_{\mathbf{r} \mathbf{\bar{r}}} \right\} e^{-S_h},$$  \hfill (S9)

with

$$S_h = \sum_{\langle \mathbf{r} \mathbf{\bar{r}} \rangle \in \text{thick}} \frac{\xi}{2}(H_{\mathbf{r} \mathbf{\bar{r}}} - \zeta_{\mathbf{r} \mathbf{\bar{r}}} - \zeta_{\mathbf{\bar{r}} \mathbf{\bar{r}}})^2 + g \text{ a non-universal coupling constant.}$$

Confinement and the pin-wheel VBS phase. The remaining constraints, \( h_{\mathbf{r} \mathbf{\bar{r}}} - h_{\mathbf{\bar{r}} \mathbf{\bar{r}}} + b_{\mathbf{r} \mathbf{\bar{r}}}^0 = 0 \) if \( \langle \mathbf{r} \mathbf{\bar{r}} \rangle \) is a thin bond, reduce the number of independent height fields and fractional offsets \( \zeta \) to those living on the sites of a square lattice. An understanding of [S5] then proceeds by a series of mappings onto already known results.

The dual lattice, shown in Fig. S1, has two types of sites: black sites with four neighbors which lie on the vertices of a square lattice and gray sites with two neighbors
that are decorations which lie on the bonds of a square lattice. The constraint across the thin bonds relates two decorations to a vertex. Denoting \( v \) as a vertex site and \( d(v) \) as one of its decorations, we have

\[
h_{d(v)} = h_v, \quad \zeta_{d(v)} = \zeta_v - \frac{1}{8}
\]

where \( \zeta_v \in \{1/8, 3/8, 5/8, 7/8\} \) cyclicly around a plaquette of the square lattice. Utilizing this mapping, and shifting all \( \zeta_v \) by 1/8, the height model takes the form

\[
Z = \prod_v \sum_{h_v \in \mathbb{Z}} \exp \left\{ - \sum_{\langle vw \rangle} g \left( h_v - h_w + \zeta_v - \zeta_w \right)^2 - 2 \sum_{\langle \langle vw \rangle \rangle} g \left( h_v - h_w + \zeta_v - \zeta_w \right)^2 \right\}
\]

with \( \zeta_v \in \{0, 1/4, 2/4, 3/4\} \). This height model differs from the simple square lattice case studied by Sachdev and Park\cite{S1} by the addition of off diagonal terms that convert it to a model on the anisotropic triangular lattice.

To gain a simple understanding of the dual height model, consider softening the integer height fields, \( h_v \to \chi_v \), such that \( \chi_v \) is any real number. This necessarily introduces periodic potentials, \( \cos 2\pi \chi_v, \cos 4\pi \chi_v \), etc. The resulting model is then \( Z_\chi = \int \mathcal{D}\chi e^{-S} \) with

\[
S = \frac{g}{2} \int_0^3 dt \left[ \sum_v a^2 (\partial_t \chi_v)^2 + \sum_{\langle vw \rangle} (\chi_v - \chi_w)^2 + 2 \sum_{\langle \langle vw \rangle \rangle} (\chi_v - \chi_w)^2 + \sum_v M^2 \cos (2\pi (\chi_v - \zeta_v)) \right]
\]

where for simplicity we have taken the continuum limit along the imaginary time axis and we have shifted \( \chi_v \) by the fractional offsets \( \zeta_v \). A simple saddle point analysis for this model has already been studied in Ref. \textsuperscript{S2}. Since \( \zeta_v \) takes on 16 different values depending on four different sublattices of the square lattice labeled by \( W, X, Y, Z \) in Fig. \textsuperscript{S1}, this saddle point analysis simply sets \( \chi_v \) to one of \( \{\chi_W, \chi_X, \chi_Y, \chi_Z\} \) depending on the sublattice and minimizes the energy with respect to these four parameters. Following Ref. \textsuperscript{S1}, the result is

\[
2\pi \chi_W = -\frac{\pi}{4} + M^2 \frac{M^4}{8\sqrt{2}} \frac{M^4}{256}
\]

\[
2\pi \chi_X = \frac{\pi}{4} + M^2 \frac{M^4}{8\sqrt{2}} + \frac{M^4}{256}
\]

\[
2\pi \chi_Y = -\frac{\pi}{4} - M^2 \frac{M^4}{8\sqrt{2}} \frac{M^4}{256}
\]

\[
2\pi \chi_Z = -\frac{\pi}{4} - M^2 \frac{M^4}{8\sqrt{2}} + \frac{M^4}{256}
\]

so that the added terms on the diagonal bonds of the square lattice do not alter the ground state.

Given these mean field parameters, we are left with the task of determining the physical properties of the ground state in terms of quantities defined on the direct lattice. To this end, we compute the static magnetic fields in the ground state \( \langle b_{\text{TR}} \rangle \equiv \chi_{\text{TR}} - \chi_{\text{TR}} \) which are the gradient of the potential \( \chi_{\text{TR}} \). As stated earlier, each of these dual magnetic fields correspond to an electric field \( \langle b_{\text{TR}} \rangle = -\langle e_p \rangle \to \langle e_p \rangle \) on a plaquette of the direct lattice. Spatial plaquettes have a vanishing \( \langle e_p \rangle \), while temporal plaquettes have either \( \langle e_p \rangle \rangle > 0 \), \( \langle e_p \rangle \rangle = 0 \) or \( \langle e_p \rangle \rangle < 0 \). A plot of \( \langle e_p \rangle \) is shown in Fig. \textsuperscript{S2} and has the same symmetry as the pin-wheel state shown in Fig. 2 of the main text.

\[
\begin{align*}
W & \rightarrow x \rightarrow w \\
Z & \rightarrow y \rightarrow z \\
w & \rightarrow x \rightarrow w \\
0 & \rightarrow -1 \rightarrow 0 \\
1 & \rightarrow 1 \rightarrow 1 \\
3 & \rightarrow 2 \rightarrow 3 \\
0 & \rightarrow 1 \rightarrow 1 \\
\end{align*}
\]

(a)4-site sublattice

(b)“Electric” fields

FIG. S2: (a) The four sublattices \( W, X, Y, Z \) of the square lattice. (b) the numerator of the square lattice fractional offsets \( \zeta_v \in \{0, 1/4, 2/4, 3/4\} \). (c) The electric fields \( \langle e_p \rangle \). The thickness of the bonds (time-like plaquettes) represent the magnitude of \( \langle e_p \rangle \) while the dark bonds have \( \langle e_p \rangle > 0 \) and the light bonds have \( \langle e_p \rangle < 0 \). The pattern of dark bonds has the same symmetry as the pin-wheel state.
