



Health and Safety Toolbox Talks

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TOOLBOX TALK:

Narcan and Overdose Awareness

Speaker: Safety Manager/Foreman

Audience: Workers

I. Introduction

1 min

Narcan (naloxone) is a very effective drug for reversing opioid overdoses. The goals of today's toolbox talk are:

1. Understand the use and purpose of Narcan
2. Recognize where Narcan can be accessed on and off-site

II. Discussion Questions

5 min

- Do you know what Narcan is? Is it a pill? A spray? An injection?
- Do you know where to get Narcan?

III. Who can carry Narcan?

1 min

Police officers, emergency medical service providers, and non-emergency professional responders carry the drug, but civilians can also carry Narcan.

IV. Ways to Access Narcan

1 min

- Most construction sites will have a first aid kit that contains Narcan or a medical professional equipped and prepared to administer Narcan. Ask your safety representative, foreman, or site supervisor for more information about your specific job site.
- Go to your local pharmacy and request a Narcan Rescue Kit without a prescription.¹ (Information cited applies to Massachusetts)
- For those in the Boston, MA area, attend and complete a BPHC (Boston Public Health Commission) Overdose Prevention training. For those outside of the Boston area, consult your local Public Health Commission for training options.

1 min

IV. Conclusion

If you have any questions about what we discussed today, please reach out to the safety manager or your foreman.

Are there any questions?

Thanks for your time!