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**Citation**

**Published Version**
doi:10.2337/db10-1550

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Cannabinoids Inhibit Insulin Receptor Signaling in Pancreatic β-Cells

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OBJECTIVE—Optimal glucose homeostasis requires exquisitely precise adaptation of the number of insulin-secreting β-cells in the islets of Langerhans. Insulin itself positively regulates β-cell proliferation in an autocrine manner through the insulin receptor (IR) signaling pathway. It is now coming to light that cannabinoid 1 receptor (CB1R) agonism/antagonism influences insulin action in insulin-sensitive tissues. However, the cells on which the CB1Rs act and their function in islets have not been firmly established. We undertook the current study to investigate if intraislet endogenous cannabinoids (ECs) regulate β-cell proliferation and if they influence insulin action.

RESEARCH DESIGN AND METHODS—We measured EC production in isolated human and mouse islets and β-cell line in response to glucose and KCl. We evaluated human and mouse islets, several β-cell lines, and CB1R-null (CB1R−/−) mice for the presence of a fully functioning EC system. We investigated if ECs influence β-cell physiology through regulating insulin action and demonstrated the therapeutic potential of manipulation of the EC system in diabetic (db/db) mice.

RESULTS—ECs are generated within β-cells, which also express CB1Rs that are fully functioning when activated by ligands. Genetic and pharmacologic blockade of CB1R results in enhanced IR signaling through the insulin receptor substrate 2-AKT pathway in β-cells and leads to increased β-cell proliferation and mass. CB1R antagonism in db/db mice results in reduced blood glucose and increased β-cell proliferation and mass, coupled with enhanced IR signaling in β-cells. Furthermore, CB1R activation impeded insulin-stimulated IR autophosphorylation on β-cells in a Gα2-dependent manner.

CONCLUSIONS—These findings provide direct evidence for a functional interaction between CB1R and IR signaling in the regulation of β-cell proliferation and will serve as a basis for developing new therapeutic interventions to enhance β-cell function and proliferation in diabetes. Diabetes 60:1198–1209, 2011

Insulin is the prime mediator of glucose homeostasis. A paucity (as occurs in type 1 diabetes) or surplus (due to excessive exogenous insulin administration or insulin-secreting tumors) of insulin causes somatic damage by energy deprivation and neuroglucopenic brain damage. Therefore, the number of insulin-secreting β-cells is tightly regulated to maintain a very narrow blood glucose range. Intriguingly, insulin also has major effects on its own secretory cells. Exogenously infused insulin increases β-cell mass (1), and mice lacking β-cell insulin receptors (IRs) develop insulin-dependent diabetes because of insufficient β-cell proliferation and defective insulin secretion (2,3). IR activation on β-cells, in addition to being necessary for optimal function of the glucose sensing machinery (3), causes phosphorylation of insulin receptor substrate 2 (IRS2), which then transduces the signal to the AKT-forkhead box protein O1 (FOXO1) cascade and increases β-cell proliferation (4).

The endogenous cannabinoids (ECs), 2-arachidonoylglycerol (2-AG), and anandamide (AEA), are lipid transmitters synthesized only on demand by Gα2i-dependent enzymes in the brain and the periphery (5,6). The biologic effects of ECs are mediated by two G protein-coupled receptors (CB1R and CB2R) that use the Gαi class of heterotrimeric proteins to regulate intracellular signaling pathways (5). ECs are key players of feeding behavior through the activation of the CB1Rs in the brain (5). Initial studies found that CB1Rs are expressed mainly in the brain and modulate food intake and energy balance.

However, new evidence has accumulated that suggests that ECs also influence insulin action through peripheral CB1Rs in insulin-sensitive tissues, such as adipose tissue, liver, and muscle, and that these effects are independent of food intake or central CB1R activation (6). Indeed, AEA impairs insulin-stimulated AKT phosphorylation and decreases glucose uptake in skeletal muscle cells (7), and CB1R antagonism enhances insulin responsiveness of skeletal muscle (8). However, the mechanism by which CB1R regulates insulin action remains unknown.

Recent studies have extended this notion to the endocrine pancreas, where CB1Rs and EC metabolic enzymes were found in rodent and human islets (9–15). The cells on which CB1Rs are expressed have not been firmly established, however. Initial studies suggested that CB1Rs are densely located in α-cells and to a lesser degree in β-cells (10,11), another reported the absence of CB1R in β-cells (13), whereas still other reports point to the presence of CB1R in β-cells (9,12,14,15). The presence of CB2R in β-cells is also controversial. Studies reported the presence of CB2R in β-cells (9,11,15), whereas other studies pointed to the absence of CB2R in β-cells (10,12). Here, we tried to settle the controversy over the existence of the EC receptors in β-cells and provide a novel, fundamental, and potentially exploitable function for CB1Rs in insulin-mediated β-cell proliferation. We found that an intraislet EC system (ECS) indeed exists and serves as a negative feedback on insulin-mediated β-cell proliferation. We also
demonstrate the therapeutic potential of manipulation of the ECS in a mouse model of type 2 diabetes.

RESEARCH DESIGN AND METHODS

Materials. Sources and dilutions of primary antibodies used in immunoblotting, immunoprecipitation, and immunostaining are listed in Supplementary Table 1. AEA, 2-AG, AEA-d8, 2-AG-d5, WIN55,212-2, arachidonyl-2-chloroethylamide (ACEA), AM251, and AM630 were obtained from Cayman Chemical (Ann Arbor, MI). GFP-PA-tagged CB1R was from K. Mackie (Indiana University). The human IR and Gαi3 cDNA were amplified by RT-PCR from a human pancreatic RNA (Stratagene, La Jolla, CA), with oligo-dT (18 bp) for the reverse transcription. The IR cDNA was incorporated into a 3×Flag vector and the Gαi3 cDNA was incorporated into an mVenus-C1 vector. IR mutant (IR-3YA), whose Tyr1158/1162/1163 residues were substituted to Ala, was previously described (17). Total RNAs were isolated using the PicoPure RNA isolation kit (Molecular Research Center). Mouse islets were isolated using collagenase digestion, as we previously described (9,10), increasing glucose concentrations (Fig. 2E) and human (Fig. 1E) islets. Thus, these results favor the presence of an entire self-contained ECS in mouse and human islets.

RESULTS

Ilets have a self-contained ECS. CB1Rs are present in β- and α-cells in both mouse (Fig. 1A) and human (Fig. 1B) islets. To confirm specificity of staining, we used pancreata from CB1R−/− mice (16) (Fig. 1A) and the corresponding blocking peptides (Fig. 1A). For added proof of our findings, we microdissected β-cells from islets of CB1R−/− and CB1R+/+ mice by laser-capture microscopy, and using qRT-PCR of the captured cells, we confirmed CB1R expression (Fig. 1C). Western blot analysis showed that CB1Rs are expressed in mouse insulina (β-Tc6 and MIN6) and glucagonoma (α-Tc1) cells (Supplementary Fig. 1A). CB2Rs are absent in β- and α-cells, but cellular CB2R staining is evident in islets (Fig. 1D). Of general interest, and as previously reported (10), the CB1s are present in somatostatin-containing cells in islets (Fig. 1E).

Also as previously reported (11), EC-synthetic enzymes, N-acyl-phosphatidyl ethanolamine phospholipase D (NAPE-PLD; Fig. 2A) and diacylglycerol lipase-α (DAGLα) (Fig. 2B) are present mainly in β-cells, with little if any expression in α-cells in both human and mouse islets. The EC-degrading enzyme, fatty acid amide hydrolase (FAAH), is present mainly in β-cells (Fig. 2C), and monoacyl glycerol lipase (MAGL) is present in both β- and α-cells (Fig. 2D) in human and mouse islets. In agreement with published literature (9,10), increasing glucose concentrations increased 2-AG and AEA levels in human (Fig. 2E) and mouse (Fig. 2F) islets, and membrane depolarization with KCl also increased 2-AG and AEA levels in human islets (Fig. 2E). Consistently, glucose and KCl also increased 2-AG levels in insulin-secreting immortalized β-cells (β-IRWT) established from mice (2,19,20) (Supplementary Fig. 1B).

Thus, these results favor the presence of an entire self-contained ECS in mouse and human islets.

Enhanced IR signaling and β-cell proliferation due to CB1R antagonism. The CB1R−/− mice are known to have a lean phenotype and are resistant to weight gain, even
when fed a high-fat diet, and to have improved glucose tolerance and insulin sensitivity compared with WT mice (22,23). Consistently, treatment with CB1R ligands leads to glucose intolerance and insulin resistance in rodents (23–25) and conversely, peripheral, but not central, CB1R antagonism caused weight-independent improvement in glucose tolerance, insulin sensitivity, fatty liver, and plasma lipid profile even in mice with genetic or diet-induced obesity (23,25,26). These effects are independent of food intake or central CB1R activation (6,23,26).

Their pancreata have not been previously studied. We found that the amount of phosphorylated IR at Y1162/1163 (p-IR), IRS1/2 at Y612 (p-IRS1/2), and AKT at S473 (p-AKT) were all higher in the islets of CB1R<sup>−/−</sup> mice compared with age-matched CB1R<sup>+/+</sup> mice (Fig. 3A). Because IR signaling is a key regulator of β-cell proliferation (1–4,27–29), we investigated β-cell area and islet size in CB1R<sup>−/−</sup> mice. In keeping with enhanced IR signaling in isolated islets of CB1R<sup>−/−</sup> mice, β-cell area (Fig. 3B) and islet size (Fig. 3C), but not pancreas wet weight of CB1R<sup>+/+</sup> (0.216 g ± 0.02 g) versus CB1R<sup>−/−</sup> (0.196 ± 0.02 g, n = 6 per genotype, P = 0.48), were increased, and the distribution of islet size (Fig. 3D) was shifted toward bigger islets in CB1R<sup>−/−</sup> compared with CB1R<sup>+/+</sup> mice. PCNA, a marker of cell proliferation, was more readily apparent in nuclei of β-cells in CB1R<sup>−/−</sup> mice than in CB1R<sup>+/+</sup> mice (Fig. 3E). Ki-67 staining, another marker of cell proliferation, generated similar results (data not shown). Concordant with these observations, CB1R blockade by AM251 also led to increases in β-cell area (Fig. 3F) and PCNA<sup>−/−</sup> β-cells (Fig. 3G), compared with DMSO-treated animals.

**CB1R blockade leads to increased β-cell mass in db/db mice.** Genetic and pharmacologic blockade of CB1R in mice with diet-induced obesity results in improved

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**FIG. 1.** The presence of CB1R in pancreatic β-cells. A: Immunostaining for CB1R in pancreatic sections from CB1R<sup>+/+</sup> and CB1R<sup>−/−</sup> mice. Boxed areas are magnified and shown on the bottom panel. Scale bar = 50 μm. B: Immunostaining for CB1R in human islets. The specificity of anti-CB1R antibody was assessed by antigen preabsorption with the corresponding blocking peptides. Boxed areas are magnified and shown on the bottom panel. Scale bar = 50 μm. C: qRT-PCR amplification of insulin (Ins2) and CB1R mRNA from laser-captured β-cells of CB1R<sup>+/+</sup> and CB1R<sup>−/−</sup> mice. Data were normalized to 18S levels. The upper panel shows a representative image of islets before and after laser capture of β-cells. Boxed areas are magnified and shown on the bottom panel. Scale bar = 50 μm. D: Immunostaining for CB2R in human islets. The specificity of anti-CB2R antibody was assessed by antigen preabsorption with the corresponding blocking peptides. Boxed areas are magnified and shown on the bottom panel. Scale bar = 50 μm. E: Immunostaining for somatostatin and CB2R in human islets. Scale bar = 50 μm. (A high-quality digital representation of this figure is available in the online issue.)
glucose tolerance and insulin sensitivity (23,25,26,30). Because genetic CB1R ablation resulted in larger islets and enhanced β-cell proliferation, despite improved insulin sensitivity, we investigated if CB1R modulation would be beneficial to β-cells in a mouse model of type 2 diabetes. We injected DMSO, AM251, or AM630 (a CB2R antagonist) daily into 4-week-old db/db mice for 4 weeks (Fig. 4A). Consistent with previous reports (23,25,26,30), AM251-treated mice had lower body weight (Fig. 4B) and blood glucose (Fig. 4C) and plasma insulin (Fig. 4D) levels than DMSO-treated mice, whereas AM630 had no obvious effects (Fig. 4B–D). Pancreatic sections showed increased intraislet insulin content and total β-cell mass in AM251-treated mice compared with DMSO-treated mice (Fig. 4E–G), which was most likely due to enhanced β-cell proliferation (Fig. 4H).

Given that AKT regulates p27Kip1 (p27) activity, an inhibitor of cell cycle progression, by affecting its abundance and subcellular localization (31,32), and that accumulation of p27 in the nuclei of β-cells contributes to deficient β-cell mass and proliferation during the development of type 2 diabetes in Irs2−/− and db/db mice (28), we examined the expression and subcellular localization of p27. Immunostaining of pancreatic sections from AM251-treated mice showed a significant decrease in the total amount and nuclear localization of p27 in β-cells, with most of the protein being localized in cytoplasm, compared with DMSO-treated mice (Fig. 4I). To evaluate whether the
increased β-cell proliferation seen by CB1R antagonism associates with any changes in IR signaling, we examined phosphorylation levels of IR. The amount of p-IR was significantly increased in AM251-treated mice compared with DMSO-treated mice (Fig. 4G).

CB1R inhibits β-cell proliferation by impeding IR autophosphorylation. Because pharmacologic and genetic blockade of CB1Rs led to enhanced IR signaling and β-cell proliferation, we next investigated the potential role of IRs as a mediator of CB1R-controlled β-cell proliferation. We used β-cell-specific IR knockout (β-IRKO) mice (2,19,20) in which expression levels of CB1Rs are similar (Fig. 5A). The selective synthetic CB1R agonist ACEA slowed proliferation of β-IRWT cells that was prevented by AM251 (Fig. 5B).

As previously reported (19), β-IRKO cells already had significantly reduced proliferation rates compared with β-IRWT cells (Fig. 5C). The proliferation rate of β-IRWT was increased by AM251 (Fig. 5D) and decreased by ACEA (Fig. 5E), whereas both compounds had no or a lesser effect on β-IRKO cells (Fig. 5D and E). Consistently, ACEA dose-dependently decreased levels of p-IRS1/2, p-AKT, and p-FoxO1 (Fig. 5F) and increased p27 expression (Fig. 5A) in β-IRWT cells, but not in β-IRKO cells. CB1R blockade by AM251 in normal mice also resulted in a significant decrease in both the amount and nuclear localization of p27 (Fig. 5G) compared with DMSO-treated animals. These results suggest that CB1R signaling functions as a negative regulator of the proliferative effects of endogenously secreted insulin from β-cells.
FIG. 4. Increased β-cell mass and proliferation in AM251-treated db/db mice. A: Experimental timeline for DMSO, AM251, or AM630 (CB2R antagonist) treatment in 4-week-old db/db mice. DMSO, AM251 (10 mg/kg), or AM630 (10 mg/kg), were administrated by daily intraperitoneal injection for 4 weeks. B: Body weight of DMSO-, AM251-, or AM630-treated db/db mice. C and D: Blood glucose (C) and plasma insulin (D) levels at the end of the 4-week period. E: Representative images for insulin in db/db mice injected with DMSO or AM251 for 4 weeks. Scale bar = 200 μm. F: Quantification of insulin intensity in islets of cohorts in E. G: Morphometric assessment of β-cell mass of cohorts in E. H: Representative images of PCNA+ β-cells in islets of cohorts in E. Arrows denote PCNA+ β-cells. Scale bar = 50 μm. Quantification of PCNA+ β-cells is shown on the right. The number of cells that are positive for both PCNA and insulin were quantified as a percentage of the total number of insulin-positive cells in the sections. I: Representative immunostaining for insulin and p27 in islets of cohorts in E. Scale bar = 50 μm. Relative signal intensity for p27 in islet is shown on the right. J: Representative immunostaining for IR and p-IR in islets of cohorts in E. Scale bar = 50 μm. Relative signal intensity for p-IR in islets is shown on the right. Data are shown as the mean ± SEM in all panels (n = 5 animals per group). *P < 0.05; **P < 0.01. (A high-quality digital representation of this figure is available in the online issue.)
To test the direct effect of CB1R activation on IR activity, isolated mouse islets (Fig. 6A) and β-IRWT cells (Fig. 6B) were pretreated with AEA or 2-AG and ACEA, respectively, before addition of exogenous insulin. All agonists markedly prevented exogenous insulin-stimulated IR autophosphorylation and downstream signaling. This was also true in BE(2)-M17 human neuroblastoma cells (data not shown), which express CB1Rs (Supplementary Fig. 1A). In addition, ACEA diminished exogenous insulin-stimulated IR autophosphorylation and levels of p-IRS1/2, p-PDK1, p-AKT, and p-FoxO1 in MIN6 cells (data not shown). The inhibitory effects of CB1R agonists on IR autophosphorylation and p-AKT were not observed in CHO cells (CHO cells lack CB1Rs, see Supplementary Fig. 1A; Fig. 6C), but ACEA treatment in CHO-IR (CHO cells stably transfected with IR) cells transfected with the expression vector containing GFP-HA–tagged CB1R led to reduced IR autophosphorylation (Fig. 6D).

To directly confirm the inhibitory effects of CB1R on IR autophosphorylation, we transfected Flag-tagged IR-WT and IR mutant (IR-3YA), whose Tyr1158/1162/1163 residues were substituted to Ala (Fig. 6E), into β-IRKO cells and then treated the cells with ACEA for 40 h (Fig. 6F). IR autophosphorylation was detected in IR-WT–transfected β-IRKO cells, presumably due to endogenous insulin secretion, and ACEA reduced levels of p-IR and p-AKT in...
those cells, but in IR-3YA–transfected β-IRKO cells, $p$-AKT levels were not altered (Fig. 6F). In sum, these results suggest a functional interaction between CB1R and IR signaling upon IR autophosphorylation.

**Inhibitory effect of CB1R on IR signaling depends on $G_{\alpha_i}$.** Activated CB1Rs mediate their intracellular actions through $G_{\alpha_i}$ proteins (5). $G_{\alpha_3}$ appears to be expressed mainly in β-cells of both human and mouse (Fig. 7A), and its activity was increased by CB1R activation in both β-IRWT and β-IRKO cells (Fig. 7B). ACEA dose-dependently increased the association between $G_{\alpha_3}$ and IR (Fig. 7C), whereas siRNA-mediated attenuation of CB1Rs (Supplementary Fig. 2A) reduced the association (Fig. 7C). Furthermore, exogenous insulin treatment led to a decrease in $G_{\alpha_3}/IR$ association, which was impeded by ACEA (Fig. 7D).

We further confirmed an EC-mediated $G_{\alpha_3}/IR$ association using IR-WT and IR-3YA–transfected β-IRKO cells with or without ACEA treatment for 15 min. As shown in Fig. 6E, ACEA reduced levels of $p$-IR and $p$-AKT in IR-WT–transfected β-IRKO cells, but $p$-AKT was not reduced in IR-3YA–transfected β-IRKO cells (Fig. 7E), and most interestingly, $G_{\alpha_3}$ association with IR-3YA was actually increased compared with IR-WT (Fig. 7F and G). ACEA increased $G_{\alpha_3}/IR$ association (Fig. 7F), which conversely was reduced by AM251 (Fig. 7G). These results suggest that $G_{\alpha}$ mediates the inhibitory effect of CB1R activation on IR autophosphorylation by its association with IR. Furthermore, over-expression of $G_{\alpha_3}$ in β-IRWT cells led to decreased levels of $p$-IR and $p$-IRS1/2 (Fig. 8A) and knockdown of CB1Rs (Supplementary Fig. 2A) or $G_{\alpha_3}$ (Supplementary Fig. 2B) by siRNA in β-IRWT cells abolished the ability of ACEA to inhibit insulin-stimulated phosphorylation of IR, IRS1/2, and AKT (Fig. 8B) as well as its ability to increase p27 expression (Fig. 8C). Consistently, knockdown of CB1Rs or $G_{\alpha_3}$ resulted in an increase in β-cell proliferation (Fig. 8D) and a loss of the inhibitory actions of ACEA (Fig. 8E). These results suggest that the CB1R-mediated effects on IR and downstream signaling involve EC-induced activation of $G_{\alpha}$.

**DISCUSSION**

In contrast to adipose tissue, liver, and muscle, the presence and effects of CB1Rs in β-cells have been inconclusive. Here, we demonstrate that β-cells contain all of the components of a self-contained ECS: CB1R, the
necessary enzymes for catalyzing EC biosynthesis and degradation, and the capacity to generate ECs in response to glucose stimulation and depolarization, even when isolated from the pancreas. We used several antibodies (33,34), including the L15 antibody to the C-terminus of G_{i-3}IRKO cells, to confirm that CB1Rs were mainly expressed in β-cells of mice and men. Bermúdez-Silva et al. (14) have very recently written that using the L15 antibody they also found a CB1R signal with insulin second messengers, are known to be generated from lipid precursors present on plasma membranes in response to IR activation and consequent downstream phospholipase activation (35). We are now suggesting that ECs, also generated from lipid precursors in β-cells, influence IR activation (Supplementary Fig. 3). This is especially relevant because insulin concentrations would be expected to be at their highest levels surrounding β-cells and therefore the islet ECS potentially evolved to prevent an over-exuberant β-cell IR signaling cascade. Favoring this view are our findings that in various β-cell lines, isolated islets and a mouse model of diabetes CB1R signaling counteracts the effects of insulin on β-cells by preventing IR autophosphorylation and downstream signals. This finding was not unique to pancreatic β-cells because activation of CB1Rs also impeded exogenous insulin-stimulated IR autophosphorylation in non-insulin-secreting cells.

We also found that G_{o{3}}i3 activity and G_{o{3}}i3 by siRNA abolished the ability of CB1Rs to inhibit exogenous insulin-stimulated IR autophosphorylation and β-cell proliferation. Furthermore, knockdown of G_{o{3}}i3 by siRNA abolished the ability of CB1R to inhibit exogenous insulin-stimulated IR autophosphorylation and β-cell proliferation. These results suggest a functional and physical crosstalk between CB1R and IR signaling upon IR autophosphorylation in a G_{o{3}}i3-dependent manner. Given that binding of insulin to the extracellular α-chains of IR causes a change
within the quaternary structure of IR that places the phosphorylation sites of one β-chain within reach of the active site of the other β-chain and that results in auto-phosphorylation at Tyr1158/1162/1163 residues in the activation loop of the β-chains (38,39), we propose that Ga<sub>i3</sub> activated by CB1R associates with unphosphorylated IR at the Tyr1158/1162/1163 residues, preventing a conformational change that secures the activation loop in a catalytically competent configuration upon ligand binding.

Because these receptors are found to be present within caveolae, a cholesterol-rich microdomain that performs a number of signaling functions (40), it is possible that the closeness of the CB1Rs causes them to be involved in modulating IR-mediated signaling. Although the detailed molecular mechanism underlying CB1R and Ga<sub>i3</sub> as regulatory components in the IR signaling pathway awaits further exploration, collectively, our results imply that the alteration in IR activity by CB1Rs is a reflection of a direct inhibition of IR autophosphorylation in a Ga<sub>i3</sub>-dependent manner and that ECs directly regulate proliferation through activation of CB1Rs expressed in β-cells. Through these actions, CB1Rs are likely to set a threshold level for IR-mediated responses, which depends on the level of expression or activation of CB1R. Alteration in IR activity by CB1Rs may additionally be due to the change in autocrine activation because of altered insulin secretion. CB1R-mediated suppression of insulin secretion in a Ca<sup>2+</sup>-dependent manner has been reported (12,41); however, there are also reports to the contrary (9,10,15,42,43).

We demonstrate the therapeutic advantage of CB1R modulation in a type 2 diabetic condition. Inhibition of CB1R activity in db/db mice led to reduced blood glucose and increased β-cell proliferation, coupled with enhanced IR signaling. There is also evidence that insulin itself reduces glucose-stimulated EC synthesis in β-cells, which would serve as a negative feedback loop to reduce intraislet EC levels (9). This would logically mean that when IR function is reduced, as in type 2 diabetes, such a robust feedback would also be impaired, leading to nonphysiologic EC levels in islets (in addition to in fat and liver) and consequent CB1R-mediated β-cell dysfunction through further impeding IR activity. Blocking CB1Rs would therefore be expected to improve β-cell function in db/db mice, as we found. CB2R antagonism had no such effects.

An inadequate expansion of β-cell mass or failure of the existing β-cell mass to compensate for the changing insulin demand are hallmarks of type 2 diabetes, and these prominent features may result from defective IR signaling (1–4,27–29). Therefore, our data should result in the resumption of attention being paid to ECS as a key factor in β-cell physiology and may lead to development of a new therapeutic strategy aiming to preserve better functioning β-cells.

FIG. 8. Inhibitory effects of CB1R on IR signaling require Ga<sub>i3</sub>. A: Effects of Ga<sub>i3</sub> over-expression on p-IR and p-IRS1/2 in β-IRWT cells. B: Phosphorylation of IR, IRS1/2, and AKT in β-IRWT cells exposed to insulin (10 nmol/L) with ACEA (10 μmol/L) or vehicle after transfection of the indicated siRNAs. C: Level of p27 in β-IRWT cells exposed to ACEA for 40 h after transfection of the indicated siRNAs. D: Comparison of the proliferation rate between β-IRWT cells transfected with scramble, CB1R, or Ga<sub>i3</sub> siRNA. The relative proliferation rate of β-IRWT cells was determined 3 days after transfection. Data are shown as the mean ± SEM from three independent experiments. **P < 0.01. E: Effects of ACEA on the proliferation of β-IRWT cells transfected with the indicated siRNAs. Data are shown as the mean ± SEM from three independent experiments. **P < 0.01 vs. vehicle; #P < 0.05; ##P < 0.01 vs. scramble siRNA.
Cannabinoids Counteract Insulin Action

EC levels, not only in the circulating blood but also in the pancreas, are said to be elevated in diabetes and obesity (9,11,44,45), and elevated EC levels are associated with increased DAGLy and decreased FAAH levels in β-cells (11). Thus, it is possible that increased EC tone (due to increased EC synthesis, receptor expression or activity) affects the well-described glucose-unresponsiveness of β-cells and the development of insulin resistance by impeding IR auto-phosphorylation in insulin-sensitive tissues. Indeed, AEA was recently found to impair insulin-stimulated AKT phosphorylation and decrease glucose uptake in skeletal muscle cells (7), and CB1R antagonism enhanced insulin responsiveness of skeletal muscle (8).

In addition, pharmacologic blockade of CB1R in obese fa/fa Zucker rats decreased blood glucose levels and preserved β-cell mass (46), and eliminating CB1Rs in liver protected against fatty liver and improved glucose tolerance and insulin sensitivity in high-fat diet–fed mice (23); IR function in those mice was not investigated. Peripherally, but not central, blockade of CB1R was recently reported to improve overall insulin sensitivity and glucose homeostasis (26) and a non-brain-penetrant CB1R antagonist improved glucose homeostasis, insulin sensitivity, and fatty liver in a weight-independent manner (25). This is a very important point, because a centrally acting CB1R antagonist, rimonabant, used for treating obesity, was removed from patient use because of potentially life-threatening psychiatric problems (47). Therefore, CB1R antagonists with poor brain penetrance might be useful therapies in type 2 diabetes where they would be expected to lessen insulin resistance in skeletal muscle and liver, ameliorate or prevent fatty liver, and improve β-cell function/proliferation.

ACKNOWLEDGMENTS

This work was supported by the Intramural Research Program of the National Institute on Aging (NIA)/NIH. R.N.K. is supported by NIH R01-DK-67536 and 68721. M.E.D. is supported by JDRF 26-2008-864. No potential conflicts of interest relevant to this article were reported.

W.K. designed and performed experiments, contributed to discussion, and wrote, reviewed, and edited the manuscript. M.E.D. designed and performed some experiments and provided advice and reagents. Z.L. performed some experiments and analyzed data. Q.L. designed and performed some experiments and provided advice and reagents. Y.-K.S., O.D.C., and H.S.K. performed some experiments and analyzed data. S.T. and J.K.N. analyzed data. E.K.L. contributed to the design of some experiments, the interpretation of data, and discussion. R.M. and Y.W. performed some experiments and analyzed data. S.M. and B.M. contributed to the design of some experiments, the interpretation of data, and discussion. R.N.K. provided advice and reagents and contributed to the interpretation of data and discussion. J.M.E. designed and performed experiments, contributed to the interpretation of data, and wrote, reviewed, and edited the manuscript.

The authors thank Dr. K. Mackie (Indiana University) for specific CB1R (L15 antibody, in particular) and DAGLy antibodies, and for the expression vector containing GFP-FAAH cDNA, and Dr. Benjamin Cravatt (Scripps Research Institute) for providing FAAH–/– mice. The authors are grateful to the staff of the Bioanalytical Chemistry Section/NIA (chief, Dr. I. Wainer) for developing the methodology for quantifying ECs in islets, to the staff in the Confocal Microscopy Unit/NIA (chief, Dr. F. Indig), and to the Histology Core/NIA (Dr. M. Xu, in particular). Dr. J. Pickel, NIMH Transgenic Core/NIH, provided the CB1R–/– mice and the animal facilities of NIA/NIH and carried out the genotyping and husbandry. The authors thank Dr. R. Broch (NIA/NIH) for discussions of technical procedures and manuscript readings. The ongoing support and encouragement of our Scientific Director, Dr. D. Longo, were vital for all stages of this work.

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