Efficacy and safety of epratuzumab in patients with moderate/severe active systemic lupus erythematosus: results from EMBLEM, a phase IIb, randomised, double-blind, placebo-controlled, multicentre study

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EXTENDED REPORT

Efficacy and safety of epratuzumab in patients with moderate/severe active systemic lupus erythematosus: results from EMLEM, a phase IIb, randomised, double-blind, placebo-controlled, multicentre study

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ABSTRACT

Objective To identify a suitable dosing regimen of the CD22-targeted monoclonal antibody epratuzumab in adults with moderately to severely active systemic lupus erythematosus (SLE).

Methods A phase IIb, multicentre, randomised controlled study (NCT00624351) was conducted with 227 patients (37–39 per arm) receiving either: placebo, epratuzumab 200 mg cumulative dose (cd) (100 mg every other week (EOW)), 800 mg cd (400 mg EOW), 2400 mg cd (600 mg weekly), 2400 mg cd (1200 mg EOW), or 3600 mg cd (1800 mg EOW). The primary endpoint (not powered for significance) was the week 12 responder rate measured using a novel composite endpoint, the British Isles Lupus Assessment Group (BILAG)-based Combined Lupus Assessment (BICLA).

Results Proportion of responders was higher in all epratuzumab groups than with placebo (overall treatment effect test p=0.148). Exploratory pairwise analysis demonstrated clinical improvement in patients receiving a cd of 2400 mg epratuzumab (OR for 600 mg every other week (EOW), 800 mg cd (400 mg EOW), 2400 mg cd (600 mg weekly), 2400 mg cd (1200 mg EOW), or 3600 mg cd (1800 mg EOW). The primary endpoint (not powered for significance) was the week 12 responder rate measured using a novel composite endpoint, the British Isles Lupus Assessment Group (BILAG)-based Combined Lupus Assessment (BICLA).

Conclusions Treatment with epratuzumab 2400 mg cd was well tolerated in patients with moderately to severely active SLE, and associated with improvements in disease activity. Phase III studies are ongoing.

INTRODUCTION

Systemic lupus erythematosus (SLE) is a multisystem autoimmune disease with a wide range of clinical manifestations.1–4 Disease activity and rate of progression of organ system damage varies widely among patients with SLE.5 Owing to this heterogeneity, accurate prognosis in individual patients is difficult, and development of new therapies has been challenging.4 However, understanding of the underlying pathogenesis of SLE is increasing and a number of promising therapeutic targets have been identified,6 including B-cell function and activity.7 Of previously tested B-cell-targeted treatments, primary endpoints were not met in two phase III randomised controlled trials (RCTs) of rituximab,7,8 whereas the efficacy of belimumab was demonstrated in two phase III RCTs,9,10 with subsequent regulatory approval in the USA and in the European Union.11,12

Epratuzumab is the first humanised monoclonal antibody to target CD22, a transmembrane sialoglycoprotein expressed on mature B-cell lineages that influences migration and activation.13–15 The mechanism of action of epratuzumab is not yet fully defined, but data indicate that it selectively modifies B-cell activation and function.16–18 Epratuzumab was first studied in patients with SLE in a small open-label study19 and in two subsequent RCTs (ALLEVIATE-1 and -2) in which patients received standard of care plus epratuzumab (360 or 720 mg/m2) or placebo in 12-week cycles for up to 48 weeks.20–22 The ALLEVIATE trials were discontinued prematurely because of interruption of drug supply. Despite low overall numbers of patients treated, analyses of British Isles Lupus Assessment Group (BILAG) disease activity scores and corticosteroid doses at week 12 provided initial confirmation of efficacy at a dose of 360 mg/m2.20,22

Here we report the primary results of EMLEM (NCT00624351), a 12-week, multicentre, phase IIb RCT that assessed the efficacy and safety of epratuzumab in patients with moderate-to-severe SLE disease activity using a novel composite primary endpoint, the BILAG-based Combined Lupus Assessment (BICLA).23 EMLEM was designed to identify appropriate epratuzumab dosing regimens for study in phase III RCTs.

PATIENTS AND METHODS

Patients

All patients provided written informed consent. The trial recruited male or female patients aged ≥18 years with SLE diagnosis according to the revised classification criteria of the American College of Rheumatology and moderate-to-severe
Study design and treatment

The trial was conducted between January 2008 and August 2009 at 47 centres in Belgium, Brazil, Hong Kong, Hungary, India, Lithuania, Poland, Spain, Ukraine, UK and USA in accordance with International Conference on Harmonization and US Food and Drug Administration (FDA) guidance on good clinical practise. The study protocol and informed consent forms were approved by each centre’s independent ethics committee or institutional review board.

After a 14-day screening, patients were randomly assigned to one of six treatment groups: placebo or epratuzumab 200 mg cumulative dose (cd) (100 mg every other week (EOW)), 800 mg cd (400 mg EOW), 2400 mg cd (600 mg weekly), 2400 mg cd (1200 mg EOW), or 3600 mg cd (1800 mg EOW). These regimens were selected based on results of the prior ALLEViate studies with the aim of identifying effective and ineffective doses. Randomisation was via an interactive voice response system and was stratified according to disease activity (presence/absence of BILAG level A disease) and use of concomitant immunosuppressives (yes/no). All patients, investigators and study staff were blinded to treatment with the exception of an independent data safety monitoring board.

Epratuzumab (10 mg/ml) was prepared in glass vials for slow intravenous infusion with phosphate-buffered saline (PBS). Placebo was 0.04 M PBS, and was provided in vials identical in appearance to epratuzumab vials. Patients were premedicated with 25–50 mg diphenhydramine and 500–1000 mg acetaminophen 30–60 min before each infusion. Infusions occurred at weeks 0, 1, 2 and 3; those randomised to epratuzumab EOW received placebo on weeks 1 and 3. The main time-points for postbaseline efficacy evaluations were weeks 4, 8 and 12. At study completion, patients were offered entry into a long-term, open-label study, or had a safety visit 12 weeks later.

Statistical analyses

The trial was not powered to detect statistically significant differences between arms, but to detect clinical improvement and support pharmacokinetic/pharmacodynamic analyses. To achieve this, 30–35 patients per arm were required. The primary efficacy analysis comprised a logistic regression model of treatment response status (yes/no), which controlled for baseline disease activity (BILAG A presence/absence) and use of concomitant immunosuppressives at baseline (yes/no), and allowed estimation of the overall treatment effect of epratuzumab. Exploratory pairwise comparisons between individual epratuzumab dose arms and placebo were also defined, including OR, 95% CI and p values. The intention-to-treat (ITT) analysis included all randomised patients. The safety analysis included all ITT patients who received ≥1 dose of study medication.

RESULTS

Patients

Overall, 227 patients were randomised and included in the ITT efficacy analyses (figure 1). Two patients in the epratuzumab
600 mg weekly arm were randomised but did not receive study medication and were excluded from safety analyses, although not from efficacy analyses. Patient characteristics, including demographics, disease severity and medication use were similar between treatment groups at baseline (table 1).

**Efficacy**

At week 12, the responder rate in the placebo arm (21.1%) was lower than in the epratuzumab arms (figure 2A). The overall test of treatment effect was not statistically significant ($p=0.148$). However, exploratory pairwise analysis of responder rates demonstrated clinical improvements in patients receiving a cd of 2400 mg epratuzumab (OR for 600 mg weekly vs placebo: 3.2 (95% CI 1.1 to 8.8), $p=0.03$; OR for 1200 mg EOW vs placebo: 2.6 (95% CI 0.9 to 7.1), $p=0.07$). No notable improvements in response rates were observed with lower doses of epratuzumab (<2400 mg cd) or the 3600 mg cd (1800 mg EOW) dose. Further, the response rate in a post-hoc combined arm of all 74 patients who received epratuzumab 2400 mg cd (600 mg weekly or 1200 mg EOW) was higher than for placebo (OR 2.9 (1.2 to 7.1); nominal $p=0.02$) (figure 2A). Differences in BICLA response rates were seen as early as week 8 between patients receiving 2400 mg cd epratuzumab (600 mg weekly or 1200 mg EOW) and those in the placebo arm (figure 2B). No differences between the epratuzumab arms and placebo were noted at week 8 (data not shown).

BILAG improvement at week 12 was greatest in the epratuzumab 600 mg weekly and 1200 mg EOW arms, with 51.4% and 40.5% of patients, respectively, showing BILAG or enhanced BILAG improvement, compared with 28.9% in the placebo arm (figure 3; all $p>0.05$). In analyses of the six body systems for which five or more patients per treatment arm had baseline disease activity that allowed assessment of response, resolution of BILAG system disease activity (BILAG A/B at baseline to BILAG D at week 12) was more common among patients treated with epratuzumab 600 mg weekly than among those receiving placebo: musculoskeletal (28.6% (10/35) vs 19.4% (6/31)); mucocutaneous (28.1% (9/32) vs 12.9% (4/31)); cardiorespiratory (100% (7/7) vs 29.4% (5/17)); neuropsychiatric (83.3% (5/6) vs 18.2% (2/11)), constitutional (100% (7/7) vs 77.8% (7/9)) and renal (33.3% (2/6) vs 0% (0/3)). Epratuzumab 1200 mg EOW was associated with greater BILAG system improvements than placebo in musculoskeletal (32.4% (11/34) vs 19.4% (6/31)), mucocutaneous (21.9% (7/32) vs 12.9% (4/31)), and neuropsychiatric (62.5% (5/8) vs 18.2% (2/11)) systems. The incidence of individual BILAG items within each body system was small and not evenly distributed between treatment arms, so is not further analysed here.

Changes from baseline to week 12 in total SLEDAI-2K and PGA scores were also greatest in the 600 mg weekly and 1200 mg EOW arms, but not statistically significantly different from placebo. SLEDAI-2K mean±SD change from baseline in the placebo group was $-5.6±6.2$, compared with $-3.2±5.0$, 100 mg EOW; $-3.6±5.5$, 400 mg EOW; $-6.3±5.7$, 1200 mg EOW; $-5.7±6.7$, 600 mg weekly; and $-3.2±6.7$, 1800 mg EOW. PGA mean±SD change from baseline was $-22.0±19.5$ in the placebo group, compared with $-12.3±21.9$, 100 mg EOW; $-11.8±24.2$, 400 mg EOW; $-14.4±17.6$, 1200 mg EOW; $-16.0±18.6$, 600 mg weekly; and $-13.2±19.3$, 1800 mg EOW. Mean±SD changes in corticosteroid use (mg) at week 12 versus baseline were minimal: $-2.0±5.5$ (placebo); $-3.4±9.2$ (100 mg EOW); $-1.7±4.1$ (400 mg EOW); $-1.6±6.9$ (1200 mg EOW); $-0.3±4.0$ (1800 mg EOW); and $-0.9±7.4$ (600 mg weekly). The subsets of patients in each arm receiving high doses (>30 mg/day) of corticosteroids showed the same distribution of responses as the overall treatment arms.

**Safety**

The most common AEs across all arms were headache, nausea, upper respiratory tract infection and dizziness (table 2). Incidence rates of AEs, serious AEs (SAEs) and infusion reactions were similar across all arms and unrelated to epratuzumab dose. No effect of epratuzumab on standard laboratory parameters was observed. No deaths were reported.

At week 12, no placebo-treated patients and four epratuzumab-treated patients met the criteria for a positive HAHA result (one receiving 100 mg weekly; three receiving 400 mg EOW). There was no discernible relationship between AEs and a positive HAHA result. Median levels of immunoglobulins stayed within normal levels, although mild/moderate increases in median IgA
and IgG were observed over time with epratuzumab (see table in online supplementary material). At week 12, moderate reductions in B-cell counts relative to baseline were observed across all groups (figure 4A). Surface levels of CD22 on peripheral B cells were reduced in epratuzumab arms but not in patients receiving placebo (figure 4B). No consistent trends in T-cell counts were observed over time. No relationships between either autoantibodies or SLE-associated laboratory parameters (such as C3 and C4 levels) and treatment response were consistently observed.

**DISCUSSION**

This placebo-controlled phase IIb trial aimed to identify an efficacious and well-tolerated dosing regimen for epratuzumab in patients with moderately to severely active SLE. The test of overall treatment effect was not significant; however, the sample size for this study was not chosen based on statistical powering requirements. Exploratory pairwise analysis using the BICLA endpoint found a higher proportion of responders in all arms than with placebo (23.7–45.9%, vs 21.1% placebo), but most notably there were clinical improvements in the 600 mg weekly (OR 3.2 (95% CI 1.1 to 8.8), nominal p=0.03) and 1200 mg EOW arms (OR 2.6 (95% CI 0.9 to 7.1), nominal p=0.07) and in a combined analysis of the two 2400 mg cd arms vs placebo (OR=2.9 (1.2 to 7.1), nominal p=0.02). The beneficial effects of 2400 mg cd epratuzumab could be observed as early as week 8. Epratuzumab was well tolerated, with similar incidences of AEs, SAEs and infusion reactions as placebo and decreases in immunoglobulin levels outside normal ranges or changes in laboratory parameters.

These data build on the results of the ALLEVIATE trials, which provided preliminary evidence of the efficacy and safety of epratuzumab in patients with SLE.20–22 The BICLA composite endpoint used in EMBLEM was developed following an expert panel review of disease activity indices (DAIs) commonly used in SLE trials.23 BICLA is a robust, sensitive, composite, endpoint incorporating multiple DAIs, each of which emphasises different aspects of SLE activity. Composite endpoints have greater power than individual tools to identify differences between treatment groups, which is particularly useful in SLE, where patient populations are heterogeneous and disease

<table>
<thead>
<tr>
<th>Table 1</th>
<th>Patient characteristics at baseline (ITT analysis unless otherwise indicated)</th>
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<tbody>
<tr>
<td></td>
<td>Placebo (n=38)</td>
</tr>
<tr>
<td></td>
<td>200 mg cd (100 mg EOW) (n=39)</td>
</tr>
<tr>
<td></td>
<td>2400 mg cd (600 mg weekly) (n=37)</td>
</tr>
<tr>
<td></td>
<td>3600 mg cd (1800 mg EOW) (n=38)</td>
</tr>
<tr>
<td>Age, mean (SD)</td>
<td>41.1 (11.3)</td>
</tr>
<tr>
<td>Female, n (%)</td>
<td>33 (86.8)</td>
</tr>
<tr>
<td>Ethnicity, n (%)</td>
<td>0 (0)</td>
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<td>Hispanic or Latino, n (%)</td>
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</tr>
<tr>
<td>Race, n (%)</td>
<td>30 (78.9)</td>
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<tr>
<td>Caucasian</td>
<td>2 (5.3)</td>
</tr>
<tr>
<td>Black</td>
<td>5 (13.2)</td>
</tr>
<tr>
<td>Asian</td>
<td>0</td>
</tr>
<tr>
<td>American Indian/Alaskan Native</td>
<td>0</td>
</tr>
<tr>
<td>Mixed race</td>
<td>1 (2.6)</td>
</tr>
<tr>
<td>Severe (BILAG A) disease by organ/system, n (%)</td>
<td>16 (42.1)</td>
</tr>
<tr>
<td>Musculoskeletal</td>
<td>16 (42.1)</td>
</tr>
<tr>
<td>Cardiorespiratory</td>
<td>10 (26.3)</td>
</tr>
<tr>
<td>Neuropsychiatric</td>
<td>9 (23.7)</td>
</tr>
<tr>
<td>Constitutional</td>
<td>1 (2.6)</td>
</tr>
<tr>
<td>Renal</td>
<td>0</td>
</tr>
<tr>
<td>Ophthalmic</td>
<td>0</td>
</tr>
<tr>
<td>Gastrointestinal</td>
<td>0</td>
</tr>
<tr>
<td>Haematological</td>
<td>0</td>
</tr>
<tr>
<td>At least one BILAG A</td>
<td>29 (76.3)</td>
</tr>
<tr>
<td>Total BILAG-2004 index score, median (range)</td>
<td>15.0 (6, 28)</td>
</tr>
<tr>
<td>Total SLEDAI-2K score, median (range)</td>
<td>14.0 (6, 34)</td>
</tr>
<tr>
<td>Total SLICC-ACR score, median (range)</td>
<td>1.0 (0, 5)</td>
</tr>
<tr>
<td>Immunosuppressives, n (%)</td>
<td>18 (47.4)</td>
</tr>
<tr>
<td>Antimalarials, n (%)</td>
<td>18 (47.4)</td>
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<tr>
<td>Corticosteroid use, mg/day prednisone equivalent</td>
<td>13.4 (10.6)</td>
</tr>
<tr>
<td>Mean (SD)</td>
<td>3.4 (10.6)</td>
</tr>
<tr>
<td>No baseline dose (%)</td>
<td>0</td>
</tr>
<tr>
<td>Dosage &gt;30 mg/day, n (%)</td>
<td>3 (7.9)</td>
</tr>
</tbody>
</table>

*Safety analysis.
†The total BILAG-2004 index score was based on the original convention of A=9; B=3; C=1; D=0; E=0.28 updated numerical scoring was proposed for the BILAG-2004 index after this study was initiated.29

BILAG, British Isles Lupus Assessment Group; cd, cumulative dose; EOW, every other week; ITT, intention-to-treat; PGA, Physician’s Global Assessment; SLEDAI-2K, Systemic Lupus Erythematosus Disease Activity Index 2000; SLICC-ACR, Systemic Lupus International Collaborating Clinics American College of Rheumatology.
The BILAG-2004 index, used as the key component of BICLA in EMBLEM, is a comprehensive validated tool for assessing disease activity in all organ systems, and is capable of measuring incremental improvement. For a patient to be classified as a BICLA responder, improvements were required in all BILAG 2004 index organ systems affected by the disease at baseline, a relatively stringent response criterion. Notably, a low number of responders was observed in the placebo arm using the BICLA endpoint.

Rules on background medication use were stringent, with any increase from baseline dose of immunosuppressives, corticosteroids or antimalarial medication at any time during the study classified as a treatment failure. Following week 4, corticosteroid doses could be tapered off gradually according to the investigator’s assessment of disease activity. However, at week 12, changes from baseline in corticosteroid use were minimal across all arms, which may be because of the relatively low mean dose at baseline (13.7 mg) and/or the short duration of the study. Exploratory analyses showed that 600 mg weekly epratuzumab was associated with greater resolution of disease activity in BILAG 2004 systems than placebo in all six body systems that could be evaluated, including the cardiorespiratory and neuropsychiatric systems. The study was not of sufficient duration to assess the effects of epratuzumab on SLE-associated damage.

Epratuzumab is one of a number of biological agents in development for the treatment of SLE. Major targets of these agents include B cells, T cells and cytokines. To date, however, success has been limited by the challenges associated with measurement of disease activity, the need for active background therapy in clinical trials, and the importance of avoiding changes or increases in background immunosuppressives and corticosteroids. Epratuzumab is the first CD22-specific treatment to be tested in clinical trials of SLE. In the EMBLEM trial, surface levels of CD22 on peripheral B cells were reduced in patients.
treated with epratuzumab, but not in those receiving placebo. In vitro studies have shown that epratuzumab induces CD22 phosphorylation and internalisation, which in turn leads to modulation of B-cell activity. Indeed, a decrease in the phosphorylation of Syk and phospholipase γ2a downstream signalling events following activation of the B-cell receptor, as well as inhibition of calcium flux, have been observed following epratuzumab treatment of B cells in vitro. Unlike rituximab, epratuzumab only partially reduces B-cell numbers and, therefore, it is possible to speculate that this agent may not be

Table 2  Adverse events (AEs) in the safety analysis

<table>
<thead>
<tr>
<th>No. (%) patients</th>
<th>Epratuzumab</th>
</tr>
</thead>
<tbody>
<tr>
<td>Placebo (n=38)</td>
<td>28 (71.7)</td>
</tr>
<tr>
<td>Epratuzumab 200 mg cd (100 mg EOW, n=39)</td>
<td>23.1</td>
</tr>
<tr>
<td>Epratuzumab 800 mg cd (400 mg EOW, n=37)</td>
<td>15.8</td>
</tr>
<tr>
<td>Epratuzumab 2400 mg cd (600 mg weekly, n=37)*</td>
<td>29.7</td>
</tr>
<tr>
<td>Epratuzumab 2400 mg cd (1200 mg EOW, n=37)*</td>
<td>32.4</td>
</tr>
<tr>
<td>Epratuzumab 3600 mg cd (1800 mg EOW, n=39)</td>
<td>26.3</td>
</tr>
</tbody>
</table>

* 2 patients were randomised but never received epratuzumab

Figure 3  Percentage of patients meeting criteria for BILAG improvement and enhanced BILAG improvement at week 12.

*Placebo: 1 case each of small intestinal obstruction, SLE and venous thrombosis; epratuzumab 100 mg EOW: 1 each of angina pectoris and rib fracture; epratuzumab 400 mg EOW: 1 each of haemorrhagic diarhoea and anaphylactic reaction; epratuzumab 600 mg weekly: 1 each of non-cardiac chest pain, cholestasis and cervical carcinoma (diagnosed by biopsy before screening: the patient discontinued the study); epratuzumab 1200 mg EOW: 1 each of abdominal pain, abdominal abscess, urinary tract infection, loss of consciousness and lupus encephalitis; epratuzumab 1800 mg EOW: 1 each of headache and arterial thrombosis.

†Only AEs occurring in ≥5% of patients in the placebo or combined epratuzumab arms are shown. EOW, every other week; SLE, systemic lupus erythematosus.
associated with decreases in immunoglobulin levels or an increased risk of infection. Indeed, no decreases in immunoglobulin levels outside normal ranges were observed during EMBLEM. Of note, some modulatory effects of epratuzumab on B-cell activity are specific to SLE patients, such that the in vitro proliferation of B cells is reduced by epratuzumab in SLE patients but not in normal subjects. Other studies have shown that epratuzumab modulates expression of the adhesion molecules CD62L, β7 and β1 integrin, and enhances the migration of CD27-negative naive B cells towards the chemokine CXCL12. Median B-cell counts decreased only moderately from baseline in the active-treatment arms of EMBLEM. Additional work is needed to fully define the mechanism of action of epratuzumab. The mechanisms responsible for the low response rate seen with the highest tested dose (3600 mg cd), although consistent with the results of the earlier ALLEVIATE studies, also require further investigation. High doses of epratuzumab may affect a specific function of B cells, a particular subset of B cells, the trafficking of B cells into different anatomical compartments and/or induce alternative signalling events not seen at lower doses.

The results of the EMBLEM trial suggest that epratuzumab can improve SLE disease activity, and support continued development of this treatment. Phase III studies of epratuzumab have been initiated (NCT01261793; NCT01262365). These placebo-controlled studies will assess the efficacy and safety of both 2400 mg cd regimens in patients with moderately to severely active SLE over four 12-week treatment cycles. Such studies will also provide insights into factors such as the sustainability of treatment responses over time and the effects of epratuzumab on steroid use and quality of life.

Figure 4  Changes from baseline in B-cell and CD22 levels. (A) Changes in absolute B-cell counts (cells/μl) (B) Changes in mean fluorescent intensity of CD22+ memory B cells.


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Contributors DlW contributed to the design and execution of the study, interpretation of data and preparation of manuscript. He is the guarantor. KJ contributed to the design and execution of the study, interpretation of data and preparation of the manuscript. vs contributed to the design and execution of the study, interpretation of data and preparation of the manuscript. MP contributed to the design and execution of the study, interpretation of data and preparation of the manuscript. BK developed the statistical analysis of the data, and development of the manuscript. CG contributed to the design and execution of the study, interpretation of data and preparation of the manuscript. Daphnee S Pushparajah contributed to the preparation and review of the manuscript.

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Competing interests None.

Ethics approval Approved by each participating centre’s independent ethics committee or institutional review board.

Provenance and peer review Not commissioned; externally peer reviewed.

Data sharing statement The present manuscript reports all primary and secondary outcomes from the EMBLEM study. The CSR and full data tables are held by UCB Pharma, have been shared with manuscript authors, and are available on request to any study investigators.

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