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Accessibility
Depletion of Rictor, an essential protein component of mTORC2, decreases male lifespan

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Summary

Rapamycin, an inhibitor of the mechanistic target of rapamycin (mTOR), robustly extends the lifespan of model organisms including mice. We recently found that chronic treatment with rapamycin not only inhibits mTOR complex 1 (mTORC1), the canonical target of rapamycin, but also inhibits mTOR complex 2 (mTORC2) in vivo. While genetic evidence strongly suggests that inhibition of mTORC1 is sufficient to promote longevity, the impact of mTORC2 inhibition on mammalian longevity has not been assessed. RICTOR is a protein component of mTORC2 that is essential for its activity. We examined three different mouse models of Rictor loss: mice heterozygous for Rictor, mice lacking hepatic Rictor, and mice in which Rictor was inducibly deleted throughout the body in adult animals. Surprisingly, we find that depletion of RICTOR significantly decreases male, but not female, lifespan. While the mechanism by which RICTOR loss impairs male survival remains obscure, we find that the effect of RICTOR depletion on lifespan is independent of the role of hepatic mTORC2 in promoting glucose tolerance. Our results suggest that inhibition of mTORC2 signaling is detrimental to males, which may explain in part why interventions that decrease mTOR signaling show greater efficacy in females.

Key words: aging; gender dimorphism; longevity; mTORC2; Rictor; Rapamycin.

Introduction

mTOR (mechanistic Target of Rapamycin) is a protein kinase that functions as a central mediator of growth and metabolism in response to environmental stimuli (Laplante & Sabatini, 2012). mTOR is found in two different complexes with distinct substrates. mTOR complex 1 (mTORC1) is sensitive to the availability of amino acids and glucose, and promotes growth and mRNA translation through numerous substrates that include S6K1, 4E-BP1, and ULK1 (Kang et al., 2013). mTOR complex 2 (mTORC2) is regulated by growth factor signaling and regulates a diverse set of substrates, including specific regulatory residues of AKT, serum/glucocorticoid regulated kinase (SGK), and protein kinase C α (PKCα).

Rapamycin, a small molecule that is FDA-approved as an immunosuppressant and for the treatment of certain cancers, promotes longevity in yeast, worms, flies, and in mice (Medvedik et al., 2007; Bjedov et al., 2010; Miller et al., 2011; Robida-Stubble et al., 2012). Rapamycin is an acute inhibitor of the mechanistic target of rapamycin (mTOR) complex 1, and experiments in model organisms up to and including mice demonstrate that inhibition of mTORC1 signaling is sufficient to extend lifespan (Selman et al., 2009; Lamming et al., 2012). Intriguingly, female mice treated with rapamycin show a greater extension of lifespan than do male mice, a trait shared by mice lacking the mTORC1 substrate S6K1 (Selman et al., 2009; Miller et al., 2013; Zhang et al., 2013).

We have demonstrated that chronic, long-term administration of rapamycin results in inhibition of not only mTORC1, but also mTORC2, in vitro in cancer cell lines as well as in vivo in mice (Barbassov et al., 2006; Lamming et al., 2012). Long-term rapamycin treatment results in glucose intolerance in humans, rats, and C57BL/6 mice as well as genetically heterogeneous HET3 mice (Houde et al., 2010; Gyrus et al., 2011; McCormack et al., 2011; Lamming et al., 2013). We found that this effect is mediated in part by decreased hepatic insulin sensitivity, an effect that can be reproduced by depletion of RICTOR, an essential protein component of mTORC2, in the whole body (Lamming et al., 2012) or specifically in the liver (Hagiwara et al., 2012; Lamming et al., 2012; Yuan et al., 2012). We have recently shown that Rictor deletion specifically in the liver has significant effects at both the mRNA and phosphoproteomic level that are distinct from those seen with acute rapamycin treatment (Lamming et al., 2014).

Although mice treated with rapamycin have a significant increase in lifespan, the effect of decreased mTORC2 signaling on mammalian longevity is unclear. In C. elegans, RNAi against Rictor in adult worms results in a significant increase in lifespan (Robida-Stubble et al., 2012). In contrast, a Rictor-null mutant strain of C. elegans has decreased longevity on some diets (Soukas et al., 2009). The impact of mTORC2 disruption on mammalian longevity is unknown; understanding the consequences of this inhibition will significantly inform the development of mTOR inhibitors as potential therapies for age-related diseases.

To elucidate the role of mTORC2 in mammalian lifespan, we used three different mouse models of RICTOR depletion: mice heterozygous...
for Rictor, mice in which Rictor was deleted specifically in the liver, and mice in which Rictor was inducibly deleted in an adult mouse through the use of a ubiquitously expressed tamoxifen-responsive Cre recombinase. We find that deletion of RICTOR significantly decreases male, but not female, lifespan. Both male and female mice lacking hepatic Rictor showed decreased glucose tolerance, while both male and female mice heterozygous for Rictor have normal glucose tolerance, suggesting the male-specific decrease in lifespan does not result from decreased glucose tolerance or insulin resistance.

Results
Depletion of RICTOR impairs male, but not female, longevity
To determine the role of mTORC2 signaling in mammalian lifespan, we first examined two different mouse models with decreased expression of RICTOR, an essential protein component of mTORC2. We examined the lifespan of male and female mice that were either heterozygous for Rictor (rictor+/–) or in which Rictor was deleted specifically in the liver (L-RKO); the pooled wild-type littermates of both rictor+/– and L-RKO mice were used as controls. Male rictor+/– mice had a significantly decreased lifespan, with a 40% decrease in median lifespan compared to wild-type controls (Fig. 1A, Table S1 and S2 in Supporting Information). In contrast, female rictor+/– mice had a lifespan that was indistinguishable from wild-type (Fig. 1B). We observed a similar effect in L-RKO mice, with a 30% decrease in median lifespan in male L-RKO mice, while female L-RKO survival was indistinguishable from wild-type (Fig. 1C, 1D). Aged male rictor+/– and L-RKO mice were indistinguishable from wild-type controls and had equivalent rotarod performance to age-matched control mice (Figure S1 in Supporting Information). There was a significant decrease in the incidence of cancer observed at death in rictor+/– and L-RKO male mice compared to wild-type controls, likely due to their death prior to the onset of cancer; there was no statistically significant effect of genotype on cancer in females (Table S3).

These first two mammalian models of RICTOR depletion we studied lacked normal expression of RICTOR starting early in life. To address the possibility that RICTOR depletion starting later in life would prove more beneficial to males than constitutive depletion, we bred mice with a conditional allele of Rictor and a ubiquitously expressed tamoxifen-inducible Cre recombinase (UbC-RKO). We treated UbC-RKO mice with tamoxifen for 1 week at 10 weeks of age (Fig. 2A), and observed a significant decrease in lifespan; indeed, mice with Rictor deleted at 10 weeks of age had a median survival of less than a year (Table S1). Many studies of rapamycin have commenced treatment at 9 months of age or later. To explore the possibility that deletion of Rictor later in life would prove beneficial, we aged control and UbC-RKO mice to 9 months of age, and then treated these mice with tamoxifen for 1 week. We found that depletion of RICTOR significantly impaired survival even when begun late in life (Fig. 2B).

We were unable to determine cause of death of male UbC-RKO mice; however, only a single mouse with Rictor deleted at 10 weeks of age was found to have cancer upon necropsy, suggesting that cancer was not the cause of death. We observed a number of interesting phenotypes in UbC-RKO male mice treated with tamoxifen, including the development of gray hair, hunching, and dermatitis around the neck, with inflammation of the pinna (Fig. 2C). UbC-RKO male mice were also significantly lighter than their wild-type littermates, gaining less weight following treatment with tamoxifen (Fig. 2D). Although we were unable to conduct a formal lifespan study of female UbC-RKO mice, UbC-RKO mice treated with tamoxifen at 10 weeks of age to excise Rictor appeared phenotypically normal, and we did not observe premature death in these mice.

In parallel with the UbC-RKO lifespan study performed starting at 10 weeks of age shown in Figure 2(A), in which mice were fed ad libitum

![Figure 1](https://example.com/fig1.png)

Fig. 1 Depletion of RICTOR impairs male, but not female, lifespan. (A,B) Kaplan–Meier plots showing lifespans of (A) male and (B) female mice heterozygous for Rictor. (C, D) Kaplan–Meier plots showing lifespans of (C) male and (D) female mice in which Rictor was deleted specifically in the liver (L-RKO). Littermate control mice (wt) of rictor+/– and L-RKO mice were pooled for analysis, and control lifespan curves are duplicated in A/C and B/D. The survival of 155 mice was analyzed as follows: Females (39 wild-type, 21 rictor+/–, 33 L-RKO), Males (30 wild-type, 14 rictor+/–, 18 L-RKO). Raw data and statistical information can be found in Tables S1 and S2.
we placed a cohort of wild-type and UbC-RKO mice on a calorie-restricted (CR; 60% of AL food intake) diet starting at 12 weeks of age. We found that a CR diet did not rescue the short lifespan of the UbC-RKO mice (Figure S2A), despite UbC-RKO mice achieving a similar weight loss compared to wild-type mice on a CR diet (Figure S2B). UbC-RKO mice on a CR diet had a trend toward improved rotarod performance and glucose tolerance, but did not benefit as much as wild-type mice on a CR diet (Figure S2C, S2D). UbC-RKO mice on a CR diet had a trend toward improved rotarod performance and glucose tolerance, but did not reach the same high level of physical performance that wild-type mice on a CR diet do during a rotarod test; similarly, wild-type mice on a CR diet had a lower area under the curve during a glucose tolerance test than UbC-RKO mice on a CR diet (Figure S2C, S2D).

Decreased phosphorylation of AKT T450 and S473 in both male and female L-RKO mice

In search of an explanation for the sexually dimorphic effect of Rictor depletion on longevity, we analyzed mTORC1 and mTORC2 signaling in male and female rictor+/- and L-RKO mice (Fig. 3). We focused on the liver, as deletion of Rictor in this single tissue is sufficient to impact male lifespan. We observed a significant decrease in protein levels of RICTOR in both male and female rictor+/- mice, as well as in male and female L-RKO mice (Fig. 3A–C). Depletion of RICTOR was similar in female and male mice, demonstrating that the sexually dimorphic effect of RICTOR depletion is not due to differential depletion of hepatic RICTOR.

mTORC2 directly phosphorylates two distinct sites on AKT T450 and S473 and has also been reported to regulate AKT protein levels (Sarbassov et al., 2005; Ikenoue et al., 2008; Hagiwara et al., 2012). Despite the decreased levels of RICTOR in rictor+/- mice, we did not observe decreased phosphorylation of either mTORC2 site or a significant change in AKT protein levels (Fig. 3A–C). In contrast, we found a significant decrease in AKT protein expression in L-RKO mice, along with a dramatic decrease in phosphorylation of AKT T450 and S473 (Fig. 3B–C). Interestingly, we did not observe a significant effect of RICTOR depletion on the phosphorylation of AKT T308, demonstrating that phosphorylation of AKT T450 and S473 is not absolutely required for phosphorylation of this site in hepatic tissue.

We also considered the possibility that decreased levels of RICTOR could lead to increased mTORC1 activity, as we have previously shown that mTOR1 and mTOR2 can compete for limiting amounts of the mTOR protein kinase (Lamming et al., 2012), and chronic activation of mTORC1 would likely decrease longevity (Auricchio et al., 2012; Menon et al., 2012). Focusing again on the livers of the L-RKO mice, we examined the phosphorylation of the mTORC1 substrate 4EBP-1 T37/46 and S65, as well as S240/244 of ribosomal protein S6 (Fig. 3D). We found no significant differences in the phosphorylation of any of these residues in L-RKO mice compared to control mice.

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Male and female L-RKO mice are glucose intolerant

We have previously demonstrated that deletion of Rictor specifically in the liver results in hepatic insulin resistance, as well as hyperglycemia and hyperinsulinemia, in young male L-RKO mice (Lamming et al., 2012). While the effect of insulin sensitivity on lifespan is complex – some insulin-resistant mice, such as mice lacking IRS1, are long lived (Taguchi et al., 2007; Selman et al., 2008, 2011) – many long-lived mouse models have increased insulin sensitivity, and diet-induced insulin resistance shortens mammalian lifespan (Kenyon, 2001). We examined glucose tolerance in young male and female rictor+/− and L-RKO mice and were surprised to find that while 10-week-old male L-RKO mice were glucose intolerant, L-RKO female mice and rictor+/− mice of both sexes had normal glucose tolerance (Fig. 4A,B). However, upon examining older L-RKO and rictor+/− mice, we found that while rictor+/− mice of both sexes continued to maintain wild-type glucose tolerance as they aged, both male and female L-RKO mice developed glucose intolerance (Fig. 4C,D). Further investigation revealed that L-RKO females develop glucose intolerance by four months of age (Fig. 4E). We also tested insulin sensitivity in aged male and female mice by means of an insulin tolerance test (Fig. 3).
tolerance test (Figure S3A, S3B). We found that aged female L-RKO mice were significantly more insulin resistant than aged-matched wild-type or rictor+/- mice (Figure S3B).

**Discussion**

Inhibition of mTOR signaling by rapamycin has been shown to significantly increase lifespan in mice and other organisms, but the specific role of mTORC1 and mTORC2 in this process has until now been unclear. While inhibition of mTORC1 clearly extends mammalian lifespan, the effect of mTORC2 inhibition on longevity has not been examined previously. In this study, we demonstrate that inhibition of mTORC2 signaling, either specifically in the liver or in the entire body, decreases male lifespan but not female lifespan.

Herein, we used three different mouse models of Rictor depletion to examine the effect of decreased mTORC2 signaling on longevity. The commonality of these models is that all three – L-RKO, rictor+/- and UbC-RKO mice – have a significant decrease in male lifespan. L-RKO and rictor+/- female mice have a normal lifespan, despite comparable deletion of Rictor, while UbC-RKO female mice are visually indistinguishable from wild-type mice and are not obviously short lived. We also observed that a CR diet does not rescue the short lifespan of UbC-RKO male mice and that Rictor deletion may impair the effect of CR on glucose homeostasis and physical performance. The interpretation of this data is complicated by the short lifespan and deleterious phenotype of the UbC-RKO mice, but suggests that future studies on the role of mTORC2 in the response to CR may be worthwhile.

The pathologic and molecular mechanism by which RICTOR depletion shortens male lifespan remains obscure. We initially suspected that the sexually dimorphic effect of RICTOR depletion on lifespan was due to differential expression of RICTOR, but we found no effect of gender upon hepatic RICTOR depletion in either rictor+/- or L-RKO mice (Fig. 3A–C). L-RKO mice of both genders have a significant decrease in the phosphorylation of the mTORC2 targets AKT T450 and S473, while displaying normal phosphorylation of AKT T308. Interestingly, the Hall and Soukas labs have recently found that expression of active AKT is displaying normal phosphorylation of AKT T308. Interestingly, the Hall and Soukas labs have recently found that expression of active AKT is significantly impaired in 9-month-old male L-RKO mice, but not rictor+/- mice (n = 10 wt, 8 rictor+/-, 8 L-RKO). (D) Glucose tolerance is impaired in 15-month-old female L-RKO, but not rictor+/- mice (n = 7 wt, 10 rictor+/-, 6 L-RKO). (E) Impaired glucose tolerance in female L-RKO mice at 4 months of age (n = 5 wt, 8 L-RKO). In all panels, * = P < 0.05, # = P < 0.06 L-RKO vs. wild-type, two-tailed t-test; error bars indicate standard error. (F) Model for the regulation of lifespan by mTORC1 and mTORC2.
Animals and treatments

Rictor floxed mice were generated as described in (Guertin et al., 2009) and backcrossed to C57BL/6 at least 6 generations. Albumin-Cre mice on the C57BL/6 strain background were obtained from the Koch Institute Transgenic Facility. Mice heterozygous for Rictor were generated by crossing Rictor floxed mice with CMV-Cre mice obtained from the Jackson Laboratory (Strain Name: B6.C-Tg(CMV-cre)1Cgn/J, Stock Number: 006054) and crossing the progeny to C57BL/6 mice to remove the CMV-Cre transgene. Ubiquitin C-CreERT2 mice were obtained from the Jackson Laboratory (Strain Name: B6;129S-Tg(UBC-Cre/ERT2)1Jv/J, Stock Number: 007001). Tamoxifen was suspended in sunflower seed oil at a concentration of 10 mg mL⁻¹ and 200 μL per 25 g of body weight was injected intraperitoneally once daily for 7 days. Control animals received an equal volume of the tamoxifen suspension, but did not express the CreERT2 fusion protein. Following tamoxifen treatment, mice for the CR diet study were allowed to recover for 1 week and were then placed on an ad-libitum diet or CR (80% of AL food intake) diet. After one additional week, CR animals were further restricted to 60% of AL food intake. Glucose and insulin tolerance tests were performed by fasting the mice overnight for 16 h and then injecting either glucose (2 g kg⁻¹) or insulin (0.75 U kg⁻¹) intraperitoneally. Glucose measurements were performed using a Bayer Contour blood glucose meter and test strips.

Lifespan statistics

Lifespan was performed using the L-RKO, rictor⁻/⁻ and UbC-RKO mouse strains. The genetic background was C57BL/6, and wild-type littermates were used for the control groups. Mice were housed with no more than five mice per cage, except for the UBC-RKO CR diet study, in which there was no more than five mice per cage. Genotyping was performed as previously described (Guertin et al., 2006; Lamming et al., 2012). For the L-RKO and rictor⁻/⁻ mice lifespan studies, the survival of 155 mice was analyzed as follows: Females (39 wild-type, 21 rictor⁻/⁻, 33 L-RKO); Males (30 wild-type, 14 rictor⁻/⁻, 18 L-RKO). For the UBC-RKO CR lifespan study, the survival of 52 mice was analyzed as follows: Males (11 wild-type AL, 9 wild-type CR, 15 UBC-RKO AL, 13 UBC-RKO CR). For the UBC-RKO lifespan study starting at 9 months of age, the survival of 25 mice was analyzed as follows: Males (10 wild-type, 15 UBC-RKO CR). Mice were fed a diet of either RMH 3000 chow diet (Prolab), or for the CR study, NIH31, in MIT’s specific pathogen-free facility, with minimal disease status during the lifespan study. Survival was calculated using the date each mouse was found dead or was determined to be moribund by veterinary technicians. Criteria for euthanasia included a low body condition score (BC < 2, or less than 2- in the case of CR mice), visible tumors > 1 cm in diameter, severe dermatitis penetrating to the fascia, and inability to feed or drink. Survival statistics were calculated using freem (Graphpad Software).

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Conflict of interest
None declared.

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Yaffe MB, Sabatini DM (2013) mTORC1 phosphorylation sites encode their function in adipose tissue.


Memorial Veterans Hospital. This work does not represent the views of the Department of Veterans Affairs or the United States Government.

Supporting Information

Additional Supporting Information may be found in the online version of this article at the publisher’s web-site.

Fig. S1 Raptor performance of wild-type, rictor−/− and L-RKO mice.

Fig. S2 Depletion of RICTOR blunts the beneficial effects of a CR diet.

Fig. S3 Insulin tolerance test on mice depleted for RICTOR.

Table S1 Statistical analysis of the lifespans shown in Figure 1, 2, and S2.

Table S2 Raw lifespan data for Figure 1, 2, and S2.

Table S3 Analysis of causes of death for the lifespans in Figure 1.